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I am sending you by this mail a copy of the book Miss & I have just brought out and a reprint of my last paper. Before long we will be able to produce leucocyte extracts here at the laboratory, & I hope that then both you & Dr. Rixford may be able to utilize them in some of your cases.

Dr. Stanley Stillman
with kind regards

I appreciated much the opportunity of meeting some of my new colleagues at your luncheon and spent a most pleasant afternoon. I am

Very sincerely
Yours
Hans Zinsser

A TEXT-BOOK OF BACTERIOLOGY

A PRACTICAL TREATISE
FOR STUDENTS AND PRACTITIONERS
OF MEDICINE

BY

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WITH ONE HUNDRED AND FIFTY-SIX ILLUSTRATIONS IN THE TEXT, SOME OF WHICH ARE COLORED

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PREFACE

THE volume here presented is primarily a treatise on the fundamental laws and technique of Bacteriology, as illustrated by their application to the study of pathogenic bacteria.

So ubiquitous are the bacteria and so manifold their activities that Bacteriology, although one of the youngest of sciences, has already been divided into special fields—Medical, Sanitary, Agricultural, and Industrial—having little in common, except problems of general bacterial physiology and certain fundamental technical procedures.

From no other point of approach, however, is such a breadth of conception attainable, as through the study of bacteria in their relation to disease processes in man and animals. Through such a study one must become familiar not only with the growth characteristics and products of the bacteria apart from the animal body, thus gaining a knowledge of methods and procedures common to the study of pathogenic and non-pathogenic organisms, but also with those complicated reactions taking place between the bacteria and their products on the one hand and the cells and fluids of the animal body on the other—reactions which often manifest themselves as symptoms and lesions of disease or by visible changes in the test tube.

Through a study and comprehension of the processes underlying these reactions, our knowledge of cell physiology has been broadened, and facts of inestimable value have been discovered, which have thrown light upon some of the most obscure problems of infection and immunity and have led to hitherto unsuspected methods of treatment and diagnosis. Thus, through Medical Bacteriology—that highly specialized offshoot of General Biology and Pathology—have been given back to the parent sciences and to Medicine in general methods and knowledge of the widest application.

It has been our endeavor, therefore, to present this phase of our subject in as broad and critical a manner as possible in the sections

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dealing with infection and immunity and with methods of biological diagnosis and treatment of disease, so that the student and practitioner of medicine, by becoming familiar with underlying laws and principles, may not only be in a position to realize the meaning and scope of some of these newer discoveries and methods, but may be in better position to decide for themselves their proper application and limitations.

We have not hesitated, whenever necessary for a proper understanding of processes of bacterial nutrition or physiology, or for breadth of view in considering problems of the relation of bacteria to our food supply and environment, to make free use of illustrations from the more special fields of agricultural and sanitary bacteriology, and some special methods of the bacteriology of sanitation are given in the last division of the book, dealing with the bacteria in relation to our food and environment.

In conclusion it may be said that the scope and arrangement of subjects treated of in this book are the direct outcome of many years of experience in the instruction of students in medical and in advanced university courses in bacteriology, and that it is our hope that this volume may not only meet the needs of such students but may prove of value to the practitioner of medicine for whom it has also been written.

It is a pleasure to acknowledge the courtesy of those who furnished us with illustrations for use in the text, and our indebtedness to Dr. [illegible] Hopkins and Professor Francis Carter Wood for a number of photomicrographs taken especially for this work.

P. H. H., Jr.,
H. Z.

August, 1910.

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SECTION I

THE GENERAL BIOLOGY OF BACTERIA AND THE TECHNIQUE OF BACTERIOLOGICAL STUDY

CHAPTER I

THE DEVELOPMENT AND SCOPE OF BACTERIOLOGY

As we trace back to their ultimate origins the lines of development of living beings of the animal and plant kingdoms, we find them converging toward a common type, represented by a large group of unicellular organisms, so simple in structure, so unspecialized in function, that their classification in either the realm of plants or that of animals becomes little more than an academic question. However, even such microorganisms, in which the functions of nutrition, respiration, locomotion, and reproduction are concentrated within the confines of a single cell, and in which adaptation to special conditions more readily brings about modifications leading to the production of a multitude of delicately graded transitional forms, fall into groups which, either in structure or in biological attributes show evidence of a tendency toward one or the other of the great kingdoms.

Most important of these unicellular forms, for the student of medical science, are the bacteria and the protozoa.

The former, by reason of their undifferentiated protoplasm, their occasional possession of cellulose membranes, their biological tendency to synthetize, as well as to break down organic compounds, and because of the transitional forms which seem to connect them directly with the lower plants, are generally placed in the plant kingdom. The latter, chiefly on the basis of metabolism, are classified with the animals.

Knowledge of the existence of microorganisms as minute as the ones under discussion, was of necessity forced to await the perfection of instruments of magnification. It was not until the latter half of the seventeenth century, therefore, that the Jesuit, Kircher, in 1659, and the Dutch linen-draper, van Leeuwenhoek, in 1675, actually saw and described living beings too small to be seen with the naked eye. There can be no doubt that the small bodies seen by these men and their many immediate successors were, at least in part, bacteria. And indeed the descriptions and illustrations of several of the earliest workers correspond with many of the forms which are well known to us at the present day.

During the century following the work of these pioneers, the efforts of investigators lay chiefly in the more exact morphological description of some of the forms of unicellular life, already known. Conspicuous among the work of this period is that of Otto Friedrich Müller. In the generation following Müller's work, however, a marked advance in the study of these forms was made by Ehrenberg,[1] who established a classification which, in some of its cardinal divisions, is retained until the present day.

Meanwhile the regularity with which these "animalcula" or "infusion animalcula" were demonstrable in tartar from the teeth, in intestinal contents, in well-water, etc., had begun to arouse in the minds of the more advanced physicians of the time a suspicion as to a possible relationship of these minute forms with disease. The conception of "contagion," or transmission of a disease from one human being to another, was, however, even at this time, centuries old. The fact had been recognized by Aristotle, had been reiterated by medieval philosophers, and had led, in 1546, to the division of contagious diseases by Fracastor, into those transmitted "per contactum," and those conveyed indirectly "per fomitem." It was for these mysterious facts of the transmissibility of disease, that clinicians of the eighteenth century, with remarkable insight, saw an explanation in the microorganisms discovered by Leeuwenhoek and his followers.

In fact, Plenciz of Vienna, writing in 1762, not only expressed a belief in the direct etiological connection between microorganisms and some diseases, but was the first to advance the opinion that each malady had its own specific causal agent, which multiplied enormously in the diseased body. The opinions of this author, if translated into the language of our modern knowledge of the subject, came remarkably near to the truth, not only as regards etiology and transmission, but also in their suggestion of a specific therapy for each disease.

The conception of a "contagium vivum" was thus practically established with the work of Plenciz and many others who followed in his train, but the astonishingly shallow impression which the acute reasoning of these men left upon the medical thought of their day furnishes an excellent example of the futility of the most penetrating speculation when unsupported by experimental data.

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[1] "Die Infusionstierchen," etc., Leipzig, 1838.

The real advancement in the scientific development of the subject was destined to be carried on along entirely different lines. In 1837, Schwann, a botanist, showed that the yeasts, found in fermenting substances, were living beings, which bore a causal relationship to the process of fermentation. At almost the same time, similar observations were made by a French physicist, Cagniard-Latour. The opinions advanced by these men on the nature of fermentation aroused much interest and discussion, since, at that time and for a long period thereafter, fermentation was ascribed universally to proteid decomposition, a process which was entirely obscure but firmly believed to be of a purely chemical nature.

Although belief in the discovery of Schwann did not completely master the field until after Pasteur had completed his classical studies upon the fermentations occurring in beer and wine, yet the conception of a "fermentum vivum" aroused much speculation, and the attention of physicians and scientists was attracted to the many analogies existing between phenomena of fermentation and those of disease.

The conception of such an analogy, however, was not a new thought in the philosophy of the time. Long before Schwann and Cagniard-Latour, the philosopher Robert Boyle, working in the seventeenth century, had prophesied that the mystery of infectious diseases would be solved by him who should succeed in elucidating the nature of fermentation.

Nevertheless, the diligent search for microorganisms in relation to various diseases which followed, led to few results, and the successes which were attained were limited to the diseases caused by some of the larger fungi, favus (1839), thrush (1839), and pityriasis versicolor (1846). During this time of ardent but often poorly controlled etiological research, it was Henle who formulated the postulates of conservatism, almost as rigid as the later postulates of Koch, requiring that proof of the etiological relationship of a microorganism to a disease could not be brought merely by finding it in a lesion of the disease, but that constant presence in such lesions must be proven and isolation and study of the microorganism away from the diseased body must be carried out.

It was during this period also that one of the most fundamental questions, namely, that of the origin of these minute living beings, was being discussed with much passion by the scientific world. It was held by the conservative majority that the microorganisms described by Leeuwenhoek and others after him, were produced by spontaneous generation. The doctrine of spontaneous generation, in fact, was solidly established and sanctified by tradition, and had been applied in the past not alone to microorganisms.[1] And it must not be forgotten that without the aid of our modern methods of study, satisfactory proof for or against such a process was not easily brought.

Needham, who published in 1749, had spent much time in fortifying his opinions in favor of spontaneous generation by extensive experimentation. He had placed putrefying material and vegetable infusions in sealed flasks, exposing them for a short time to heat, by immersing them in a vessel of boiling water, and had later shown them to be teeming with microorganisms. He was supported in his views by no less an authority than Buffon. The work of Needham, however, showed a number of experimental inaccuracies which were thoroughly sifted by the Abbé Spallanazani. This investigator repeated the experiments of Needham, employing, however, greater care in sealing his flasks, and subjecting them to a more thorough exposure to heat. His results did not support the views of Needham, but were answered by the latter with the argument that by excessive heating he had produced chemical changes in his solutions which had made spontaneous generation impossible.

The experiments of Schulze, in 1836, who failed to find living organisms in infusions which had been boiled, and to which air had been admitted only after passage through strongly acid solutions, and similar results obtained by Schwann, who had passed the air through highly heated tubes, were open to criticism by their opponents, who claimed that chemical alteration of the air subjected to such drastic influences, had been responsible for the absence of bacteria in the infusion. Similar experiments by Schroeder and Dusch, who had stoppered their flasks with cotton plugs, were not open to this objection, but had also failed to convince. The question was not definitely settled until the years immediately following 1860, when Pasteur conducted a series of experiments which were not only important in incontrovertibly refuting the doctrine of spontaneous generation, but in establishing the principles of scientific investigation which have influenced bacteriological research since his time.[1]

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[1] Valleri-Radot, in his life of Pasteur, stated that Van Helmont, in the sixteenth century, had given a celebrated prescription for the creation of mice from dirty linen and a few grains of wheat or pieces of cheese. During the centuries following, although, of course, such remarkable and amusing beliefs no longer held sway, nevertheless the question of spontaneous generation of minute and structureless bodies, like the bacteria, still found learned and thoughtful partisans.

Pasteur attacked the problem from two points of view. In the first pace he demonstrated that when air was filtered through cotton-wool, innumerable microorganisms were deposited upon the filter. A single shred of such a contaminated filter dropped into a flask of previously sterilized nutritive fluid, sufficed to bring about a rapid and luxuriant growth of microorganisms. In the second place, he succeeded in showing that similar, sterilized "putrescible" liquids, if left in contact with air, would remain uncontaminated provided that the entrance of dust particles were prohibited. This he succeeded in doing by devising flasks, the necks of which had been drawn out into fine tubes bent in the form of a U. The ends of these U-tubes, being left open, permitted the sedimentation of dust from the air as far as the lowest angle of the tube, but, in the absence of an air current, no dust was carried up the second arm into the liquid. In such flasks, he showed that no contamination took place but could be immediately induced by slanting the entire apparatus until the liquid was allowed to run into the bent arm of the U-tube. Finally, by exposing a series of flasks containing sterile yeast infusion, at different atmospheric levels, in places in which the air was subject to varying degrees of dust contamination, he showed an inverse relationship between the purity of the air and the contamination of his flasks with microorganisms.

The doctrine of spontaneous generation had thus received its final refutation, except in one particular. It was not yet clear why complete sterility was not always obtained by the application of definite degrees of heat. This final link in the chain of evidence was supplied, some ten years later, by Çohn, who, in 1871, was the first to observe and correctly interpret bacterial spores and to demonstrate their high powers of resistance against heat and other deleterious influences.

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[1] In a letter to his foremost opponent, at this period, Pasteur writes: "In experimental science, it is always a mistake not to doubt when facts do not compel affirmation."

The critical spirit pervading the scientific thought of that time in France is also well expressed by Oliver Wendell Holmes, who said that he had learned three things in Paris: "Not to take authority when I can have facts, not to guess when I can know, and not to think that a man must take physic because he is sick."

Meanwhile, Pasteur, parallel with his researches upon spontaneous generation, had been carrying on experiments upon the subject of fermentation along the lines suggested by Cagniard-Latour. As a consequence of these experiments, he not only confirmed the opinions both of this author and of Schwann concerning the fermentation of beer and wine by yeasts, but was able to show that a number of other fermentations, such as those of lactic and butyric acid, as well as the decomposition of organic matter by putrefaction, were directly due to the action of microorganisms. It was the discovery of the living agents underlying putrefaction, especially, which exerted the most active influence upon the medical research of the day. This is illustrated by Lister's work. The suppurative processes occurring in infected wounds had long been regarded as a species of putrefaction, and Lord Lister, working directly upon the premises supplied by Pasteur, introduced into both the active and prophylactic treatment of surgical wounds, the antiseptic principles which alone have made modern surgery possible.

There now followed a period in which bacteriological investigation was concentrated upon problems of etiology. Stimulated by Pasteur's successes, the long-cherished hope of finding some specific microorganism as the causal agent in each infectious disease was revived.

Pollender, in 1855, had reported the presence of rod-shaped bodies in the blood and spleen of animals dead of anthrax. Brauell, several years later, had made similar observations and had expressed definite opinions as to the causative relationship of these rods to the disease. Convincing proof, however, had not been brought by either of these observers. Finally, in 1863, Davaine, in a series of brilliant investigations, not only confirmed the observations of the two authors mentioned above, but succeeded in demonstrating that the disease could be transmitted by means of blood containing these rods and could never be transmitted by blood from which these rods were absent. Anthrax, thus, is the first disease in which definite proof of bacterial causation was brought.

Speaking before the French Academy of Medicine at this time, Davaine suggested that the manifestations of the disease might in reality represent the results of a specific fermentation produced by the bacilli he had found. This, in a crude way, expresses the modern conception of infectious disease.

Within a few years after this, 1868, the adherents of the parasitic theory of infectious diseases were further encouraged by the discovery, by Obermeier, of a spirillum in the blood of patients suffering from relapsing fever. It is not surprising that the successes attained in these diseases, fostering hope of analogous results in all other similar conditions, but without the aid of adequate experimental methods, should have led to many unjustified claims and to much fantastic theorizing. Thus Hallier, at about this time, advanced a theory as to the etiology of infectious diseases, in which he attributed all such conditions to the moulds or hyphomycetes, regarding the smaller form or bacteria as developmental stages of these more complicated forms. Extravagant conjectures of this kind, however, did not maintain themselves for any length of time in the light of the critical attitude which was already pervading bacteriological research.

Progress was made during the years immediately following, chiefly in the elucidation of suppurative processes. Rindfleisch, von Recklinghausen, and Waldeyer, almost simultaneously, described bodies which they observed in sections of tissue containing abscesses, and which they believed to be microorganisms. Notable support was given to their opinion by similar observations made upon pus by Klebs, in 1870. In view, however, of the purely morphological nature of their studies, the opinions of these observers did not entirely prevail. Satisfactory methods of cultivation and isolation had not yet been developed, and Billroth and his followers, with a conservatism entirely justified under existing conditions, while admitting the constant presence of bacteria in purulent lesions, denied their etiological significance. The controversy that followed was rich in suggestions which greatly facilitated the work of later investigators, but could not be definitely settled until 1880, when Koch introduced the technical methods which have made bacteriology an exact science. By the use of solid nutritive media, the isolation of bacteria and their biological study in pure culture were made possible. At about the same time the use of anilin dyes, developed by Weigert, Koch, and Ehrlich, was introduced into morphological study and facilitated the observation of the finer structural details which had been unnoticed while only the grosser methods employed for tissue staining had been available.

With the publication of Koch's work, there began an era unusually rich in results held in leash heretofore by inadequate technical methods. The discovery of the typhoid bacillus in 1880, of the bacillus of fowl cholera and the pneumococcus in the same year, and of the tubercle bacillus in 1882, initiated a series of etiological discoveries which, extending over not more than fifteen years, elucidated the causation of a majority of the infectious diseases.

Coincident with the elucidation of etiological facts began the inquiry into that field which is now spoken of as the science of immunity. The phenomena which accompany the development of insusceptibility to bacterial infections in man and in animals, first studied by Pasteur, have become the subject of innumerable researches and have led to results of the utmost practical value.

The problems which were encountered were first studied from a purely bacteriological point of view, but their solution has shed light upon biological principles of the broadest application. Investigations into the properties of immune sera, while making bacteriology one of the most important branches of diagnostic and therapeutic medicine, have, at the same time, inseparably linked it with physiology and experimental pathology.

By the revelations of etiological research, and by the study of the biological properties of pathogenic bacteria, contagion, an enemy hitherto unseen and mysterious, was unmasked, and rational campaigns of public sanitation and personal hygiene were made possible. Upon the same elucidations has depended the development of modern surgery—a science which without asepsis and antisepsis would have been doomed to remain in its medieval condition.

Apart from its importance in the purely medical sciences, the study of the bacteria has shed beneficial light, moreover, upon many other fields of human activity. In their relationship to decomposition, the conditions of the soil, and to diseases of plants, the bacteria have been found to occupy a position of great importance in agriculture. Knowledge of bacterial and yeast ferments, furthermore, has become the scientific basis of many industries, chiefly those concerned in the production of wine, beer, and dairy products.

The scope of bacteriology is thus a wide one, and none of its various fields has, as yet, been fully explored. The future of the science is rich in allurement of interest, in promise of result, and in possible benefit to mankind.

CHAPTER II

GENERAL MORPHOLOGY, REPRODUCTION, AND CHEMICAL AND PHYSICAL PROPERTIES OF THE BACTERIA

BACTERIA are exceedingly minute unicellular organisms which may occur perfectly free and singular, or in larger or smaller aggregations, thus forming multicellular groups or colonies, the individuals of which are, however, physiologically independent.

The cells themselves have a number of basic or ground shapes which may be roughly considered in three main classes: The cocci or spheres, the bacilli or straight rods, and the spirilla or curved rod forms.

The cocci are, when fully developed and free, perfectly spherical. When two or more are in apposition, they may be slightly flattened along the tangential surfaces, giving an oval appearance.

The bacilli, or rod-shaped forms, consist of elongated cells whose long diameter may be from two to ten times as great as their width, with ends squarely cut off, as in the case of bacillus anthracis, or gently rounded as in the case of the typhoid bacillus.

The spirilla may vary from small comma-shaped microorganisms, containing but a single curve, to longer or more sinuous forms which may roughly be compared to a corkscrew, being made up of five, six, or more curves. The turns in the typical microorganisms of this class are always in three planes and are spiral rather than simply curved.

Among the known microorganisms, the bacilli by far outnumber other forms, and are probably the most common variety of bacteria in existence. Many variations from these fundamental types may occur even under normal conditions, but contrary to earlier opinions it is now positively known that cocci regularly reproduce cocci, bacilli bacilli, and spirilla spirilla, there being, as far as we know, no mutation from one form into another.

The size of bacteria is subject to considerable variation. Cocci may vary from .15 μ to 2. μ in diameter. The average size of the ordinary pus coccus varies from .8 μ to 1.2 μ in diameter. Fischer has given a graphic illustration of the size of a staphylococcus by calculating that one billion micrococci could easily be contained in a drop of water having a volume of one cubic millimeter. Among the bacilli the range of size is subject to even greater variations. Probably the smallest of the common bacilli is the bacillus of influenza which measures about .5 μ in length by .2 μ in thickness. The limit of the optical possibilities of the modern microscope is almost reached by some of the known microorganisms, and it is not at all out of question that some of the diseases, for which, up to the present time, no specific microorganisms have been found, may be caused by bacteria so small as to be invisible by any of our present methods. In fact, the virus causing the peripneumonia of cattle has been shown to pass through the pores of a Berkefeld filter, which are impenetrable to the smallest of the known bacteria.[1]

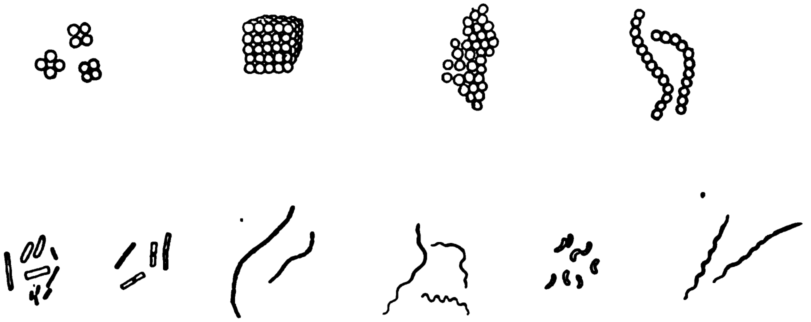

FIG. 1.—TYPES OF BACTERIAL MORPHOLOGY.

MORPHOLOGY OF THE BACTERIAL CELL

When unstained, most bacteria are transparent, colorless, and apparently homogeneous bodies with a low refractive index. The cells themselves consist of a mass of protoplasm, surrounded, in most instances, by a delicate cell membrane.

The presence of a *nucleus*[2] in bacterial cells, though denied by the earlier writers, has been demonstrated beyond question by Zettnow, Nakanishi,[3] and others. The original opinion of Zettnow was that the entire bacterial body consisted of nuclear material intimately intermingled with the cytoplasm. The opinion now held by most observers who have studied this phase of the subject favors the existence of an ectoplasmic zone which includes cell membrane and flagella, but is definitely a part of the cytoplasm, and an entoplasm in which is concentrated the nuclear material. Bütschli[1] claims to have demonstrated within this entoplasmic substance a reticular meshwork, between the spaces of which lie granules of chromophilic or nuclear material. Confirmation of this opinion has been brought by Zettnow[2] and others. Nakanishi, working with a special staining method, asserts that some microorganisms show within the entoplasmic zone a well-defined, minute, round or oval nucleus, which possesses a definitely characteristic staining reaction.[3]

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[1] *Nocard* and *Roux*, Ann. Past., 12, 1898.

[2] *A. Fischer*, Jahrbücher f. wissen. Botanik, xxvii.

[3] *Nakanishi*, Munch. med. Woch., vi, 1900.

In the bodies of a large number of bacteria, notably in those of the diphtheria group, Ernst,[4] Babes,[5] and others have demonstrated granular, deeply staining bodies now spoken of as *metachromatic granules*, or *Babes-Ernst granules*, or, because of their frequent position at the ends of bacilli, as *polar bodies*. These structures are irregular in size and number, and have a strong affinity for dyes. They are stained distinctly dark in contrast to the rest of the bacterial cell with methylene blue, and may be demonstrated by the special methods of Neisser and of Roux.[6] Their interpretation has been a matter of much difficulty and of varied opinion. Those who first observed them held that they were a part of the nuclear material of the cell. Others have regarded them as an early stage in spore formation, or as arthrospores.[7] Again, they have been interpreted as structures comparable to the centrosomes of other unicellular forms. As a matter of fact, the true nature of these bodies is by no means certain. They are present most regularly in microorganisms taken from young and vigorous cultures or in those taken directly from the lesions of disease. It is unlikely that they represent structures in any way comparable to spores, since cultures containing individuals showing metachromatic granules are not more resistant to deleterious influences than are others. Their abundant presence in young and vigorous cultures, on the other hand, seems to indicate a relationship between them and the growth energy of the microorganisms. There is no evidence, however, to prove that these bodies have any bearing upon the virulence of the bacteria.

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[1] *Bütschli*, "Bau der Bakterien," Leipzig, 1890. [2] *Zettnow*, Zeit. f. Hyg., xxiv, 1897.

[3] The method of Nakanishi is carried out as follows: Thoroughly cleansed slides are covered with a saturated aqueous solution of methylene blue. This is spread over the slide in an even film and allowed to dry. After drying, the slide should be of a transparent, sky-blue color. The microorganisms to be examined are then emulsified in warm water, or are taken from the fluid media, and dropped upon a cover slip. This is placed, face downward, upon the blue ground of the slide. In this way, bacteria are stained without fixation. Nakanishi claims that by this method the entoplasm is stained blue, while the nuclear material appears of a reddish or purplish hue.

[4] *Ernst*, Zeit. f. Hyg., iv, 1888. [5] *Babes*, Zeit. f. Hyg., v, 1889.

[6] See section on stains, p. 107. [7] See section on sporulation, p. 16.

Cell Membrane and Capsule.—Actual proof of the existence of a cell membrane has been brought in the cases of some of the larger forms only,[1] but the presence of such envelopes may be inferred for most bacteria by their behavior during plasmolysis, where definite retraction of the protoplasm from a well-defined cell outline has been repeatedly observed. The occurrence, furthermore, of so-called "shadow forms" which appear as empty capsules, and of, occasionally, a well-outlined cell body, after the vegetative form has entirely degenerated in the course of sporulation, make the assumption of the presence of a cell membrane appear extremely well founded. Differing from the cell membranes of plant cells, cellulose has not, except in isolated instances, been demonstrable for bacteria, and the membrane is possibly to be regarded rather as a peripheral protoplasmic zone, which remains unstained by the usual manipulations. Zettnow,[2] who has carefully studied the structure of some of the larger forms, takes the latter view, and regards the "ectoplasmic" zone as a part of the cell protoplasm, which, however, is entirely devoid of nuclear material. The opinion of Zettnow is, furthermore, borne out by the greatly increased size of the bacterial cells as seen by means of special stains.

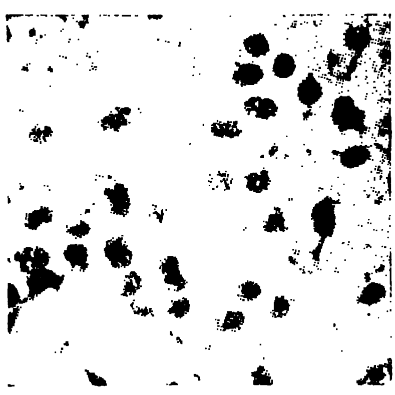

FIG. 2.—BACTERIAL CAPSULES.

Many bacteria have been shown to possess a mucoid or gelatinous envelope or *capsule*. According to Migula,[3] such an envelope is present on all bacteria, though it is in only a few species that it is sufficiently well developed and stable to be easily demonstrable and of differential value. When stained, the capsule takes the ordinary anilin dyes less deeply than does the bacterial cell body, and varies greatly in thickness, ranging from a thin, just visible margin to dimensions four or five times exceeding the actual size of the bacterial body itself. This structure is perfectly developed in a limited number of bacteria only in which it then becomes an important aid to identification. Most prominent among such bacteria are Diplococcus pneumoniæ, Micrococcus tetragenus, the bacilli of the Friedländer group, and B. aërogenes capsulatus. The development of the capsule seems to depend intimately upon the environment from which the bacteria are taken. It is most easily demonstrable in preparations of bacteria taken directly from animal tissues and fluids, or from media containing animal serum or milk. When cultivated for any prolonged period upon artificial media, many otherwise capsulated microorganisms no longer show this characteristic structure.

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[1] *Bütschli*, loc. cit.

[2] *Zettnow*, loc. cit.

[3] *Migula*, "Systeme d. Bakterien." I. p. 56.

Capsules may be demonstrated on bacteria taken from artificial media most successfully when albuminous substances, such as ascitic fluid or blood serum, are present in the culture media, or, as Hiss has pointed out, when the bacteria are smeared upon cover slip or slide in a drop of beef or other serum.[1]

It is believed by most observers that the capsule represents a swelling of the ectoplasmic zone of bacteria. By others it is regarded as an evidence of the formation of a mucoid intercellular substance, some of which remains adherent to the individual bacteria when removed from cultures. It is noticeable, indeed, that some of the capsulated bacteria, especially Streptococcus mucosus and B. mucosus capsulatus, develop such remarkably slimy and gelatinous colonies that, when these are touched with a platinum wire, mucoid threads and strings adhere to the loop.

Exactly what the significance of the capsules is can not be decided as yet. A definite relation to virulence, although suggested, has not been satisfactorily demonstrated. Whether they are protective in function or whether they are evidences of degeneration is a question which must be left open until further evidence is at hand.

Organs of Locomotion.—When suspended in a drop of fluid many bacteria are seen to be actively motile. It is important, however, in all cases to distinguish between actual motility and the so-called Brownian or molecular movement which takes place whenever small particles are held in suspension in a fluid.

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[1] *Hiss*, Jour. Exp. Med., vi, 1905.

Brownian or molecular movement is a phenomenon entirely explained by the physical principles of surface tension, and has absolutely no relation to independent motility. It may be seen when particles of carmine or any other insoluble substance are suspended in water, and consists in a rapid to and fro vacillation during which there is actually no permanent change in position of the moving particle except inasmuch as this is influenced by currents in the drop.

The true motility of bacteria, on the other hand, is active motion due to impulses originating in the bacteria themselves, where the actual position of the bacterium in the field is permanently changed.

The ability to move in this way is, so far as we know, limited almost entirely to the bacilli and spirilla, there being but few instances where members of the coccus group show active motility. In all cases, with the exception of some of the spirochetes, where motility may occasionally be due to an undulating membrane marginally placed along the body, bacterial motility is due to hair-like organs known as *flagella*. These flagella have rarely been seen during life, and their recognition and study has been made possible only by special staining methods, such as those devised by Loeffler, van Ermengem, Pitt, and others.

In such stained preparations, the bacterial cell bodies often appear thicker than when ordinary dyes are used, and the flagella apparently are seen to arise from the thickened ectoplasmic zone.

The flagella are long filaments, averaging in thickness from one-tenth to one-thirtieth that of the bacterial body, which often are delicately waved and undulating, and, judging from the positions in which they become fixed in preparations, move by a wavy or screw-like motion. In length they are subject to much variation, but are supposed to be generally longer in old than in young cultures. Very short flagella have been described only on nitrosomonas, one of the nitrifying bacteria discovered by Winogradsky.[1]

As to the finer structures of flagella, little can be made out except that they possess a higher refractive index than the cell body itself, and that they can be stained only with those dyes which bring clearly into view the supposedly true cytoplasm of the cell. Whether they penetrate this cytoplasmic membrane or whether they are a direct continuation of this peripheral zone of the bacterial body, can not be decided.

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[1] *Winogradsky*, Arch. des sci. biologiques, St. Petersburg, 1892, I, 1 and 2.

The manner in which bacteria move is naturally subject to some variation depending upon the number and position of the flagella possessed by them. Whether bacteria exercise or not the power of motility depends to a large extent upon their present or previous environment. They are usually most motile in vigorous young cultures of from twenty-four to forty-eight hours' growth in favorable media. In old cultures motility may be diminished or even inhibited by acid formation or by other deleterious products of the bacterial metabolism.

At the optimum growth-temperature motility is most active, and a diminution or increase of the temperature to any considerable degree diminishes or inhibits it. Thus actively motile organisms, in the fluid drop, may be seen to diminish distinctly in activity when left for any prolonged time in a cold room, or when the preparation is chilled. Any influence, in other words, chemical or physical, which tends to injure or depress physiologically the bacteria in any way, at the same time tends to inhibit their motility.

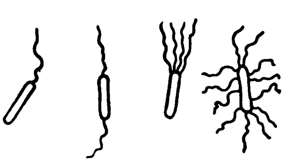

FIG. 3.—ARRANGEMENT OF BACTERIAL FLAGELLA.

Messea[1] has proposed a classification of bacteria which is based upon the arrangement of their organs of motility, as follows:

I. Gymnobacteria, possessing no flagella.
II. Trichobacteria, with flagella.
  1. Monotricha, having a single flagellum at one pole.
  2. Lophotricha, having a tuft of flagella at one pole.
  3. Amphitricha, with flagella at both poles.
  4. Peritricha, with flagella completely surrounding the bacterial body.

Bacterial Spores.—A large number of bacteria possesses the power of developing into a sort of encysted or resting stage by a process commonly spoken of as sporulation or spore formation. The formation of spores by bacteria depends largely upon environmental conditions, and the optimum environment for spore formation differs greatly for various species. It is usually necessary that a temperature of over 20° C. exist in order that spores may be formed. Unfavorable factors, like acid formation, accumulation of bacterial products in old cultures, or lack of nutrition, frequently seem to constitute the stimuli which lead to sporulation. In the case of some species, notably the anthrax bacillus, spores are formed only in the presence of free oxygen and are therefore never formed within the tissues of infected animals. It is claimed that some of the pathogenic anaërobes, like B. tetani and the bacillus of malignant edema, may form spores anaërobically. Nevertheless it has been observed that when an *absolute* exclusion of oxygen is practiced in the cultivation of these bacteria, vegetative forms only are seen in the cultures.[1]

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[1] *Messea*, Cent. f. Bakt., I, Ref. ix, 1891.

The process of sporulation is by no means to be regarded as a method of multiplication, since it rarely occurs that a single bacillus produces more than one spore. In some species of bacteria the formation of several spores in one individual has occasionally been observed, but there can be no question about the fact that such a condition is exceptional.

Varieties of spores are often recognized, the so-called arthrospores and the true spores or endospores. It is seriously in doubt whether the structures once spoken of as arthrospores should be considered as in any way comparable to true spores. They are represented by the granular and globular appearances occasionally observed in old cultures of some bacteria, notably streptococcus, cholera spirillum, diphtheria bacillus, and others. It was believed that they were due to a transformation of certain individuals of the cultures into more resistant forms. It is probable, however, that such structures are merely to be regarded as evidences of involution or degeneration, since it has never been demonstrated that cultures containing them are more resistant either to disinfectants or to heat, than cultures showing no evidences of such forms. The true spores or endospores are most common among bacilli, and are rarely observed among the spherical bacteria. They arise within the body of the individual bacterium as a small granule which probably represents a concentration of the protoplasmic substance. Nakanishi[2] claims that there is a definite relation between these sporogenic globules and the nuclear material of the bacterial cell. At the time at which sporulation occurs there is usually a slight and gradual thickening of the bacillary body. After the formation of this thickening, a spore membrane appears about the same thickened area. The completed spore is usually round or oval, has an extremely high refractive index, and a membrane which is very resistant. Muhlschlegel[1] believes that the spore membrane is a double structure, and, as stated before, Nakanishi believes that the spore contains nuclear material.

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[1] *Zinsser*, Jour. Exp. Med., viii. 1906, p. 542.

[2] *Nakanishi*, Münch. med. Woch., 1900, p. 680.

The position of the spore in the mother cell is of some differential importance in that it is usually constant for one and the same species. Thus, the spores of the tetanus bacillus are regularly situated at the extreme ends of the bacillary bodies, while those of anthrax are situated at or near the middle.

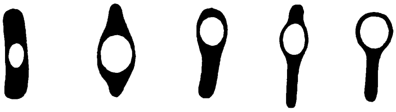

Fig. 4.—Various Positions of Spores in Bacterial Cell.

Physiologically, sporulation is probably to be regarded as a method of encystment for the purpose of resisting unfavorable environment, and it is indeed true that species of bacteria the vegetative forms of which are rather easily injured by heat, light, drying, and chemicals have a comparatively enormous resistance to these agents after the formation of spores. Thus, while a 10-per-cent solution of carbolic acid will kill the vegetative forms of anthrax bacilli within twenty minutes, anthrax spores are able to resist the same disinfectant for a long period in a concentration of over 50 per cent; and while the vegetative forms of the same bacillus show little more resistance against moist heat than other vegetative forms, the spores will withstand the action of live steam for as long as ten to twelve minutes and more.

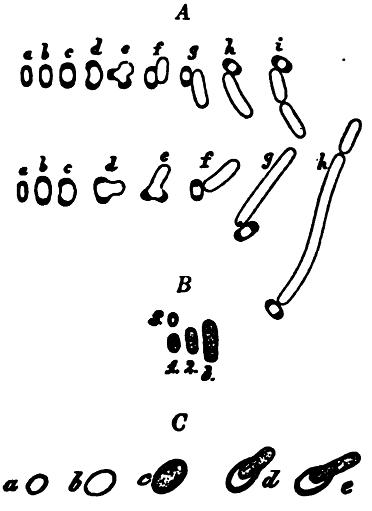

Fig. 5.—Germination of Spores. A, Bacillus subtilis, equatorial spore germination; B, Bacillus anthracis, germination by simple transition; C, Clostrydium butyricum, polar germination.

Whenever the spores of any microorganism are brought into an environment suitable for bacterial growth as to temperature, moisture, and nutrition, the spores develop into vegetative forms. This process differs according to species. In general it consists of an elongation of the spore body with a loss of its highly refractile character and resistance to staining fluids. The developing vegetative cell may now rupture and slip out of the spore membrane at one of its poles, leaving the empty spore capsule still visible and attached to the bacillary body. Again, a similar process may take place equatorially instead of at the pole. In other species again, there may be no rupture of the spore-membrane at all, the vegetative form arising by gradual elongation of the spore and an absorption or solution of the membrane which is indicated by change in staining reaction. Division by fission in the ordinary way then ensues.

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[1] *Muhlschlegel*, Cent. f. Bakt., II Abt., vi, 1900, p. 65.

REPRODUCTION OF BACTERIA

Bacteria multiply by cell division or fission. A young individual increases in size up to the limits of the adult form, when, by simple cleavage, at right angles to the long axis, without any discoverable process of mitosis or nuclear changes, it divides into two individuals. In spite of the claims of various bacteriologists, notably Nakanishi,[1] traceable analogy to the karyokinesis of other cells has not been definitely established. In the case of the spherical bacteria a slight change to the elliptical form takes place just before cleavage and this cleavage may occur in one plane only, in two planes, or in three planes. According to the limitations of cleavage direction, the cocci assume a chained appearance (streptococci), a grape-like appearance (staphylococci), or an arrangement in packets or cubes having three dimensions (sarcinæ). In the cases of bacilli and spirilla, cleavage takes place in the direction of the short axis. The individuals, after cleavage, may separate from each other, or may remain mutually coherent. The cohesion after cleavage is pronounced in some species of bacteria and slight in others, and, together with the plane of cleavage, determines the morphology of the cell-groups. Thus among the cocci diplo- or double forms, long chains and short chains may arise and furnish a characteristic of great aid in differentiation. Similarly among the bacilli there are forms which appear characteristically as single individuals and others which form chains of varying length.

The rate of growth varies to a certain extent with the species, and also with the favorable or unfavorable character of the environment. A generation, that is, the time elapsing in the interval between one cleavage and the next, has been estimated by A. Fischer[1] as being about twenty minutes for the cholera spirillum and 16–20 minutes for bacillus coli communis, under the most favorable conditions. The same author has calculated that under these conditions a single cholera spirillum would yield 1600 trillions in a single day. Such a multiplication rate, however, is probably not usual under natural or even artificial conditions, both on account of lack of nutritive material and because of inhibition of the growth of the bacteria by their own products.

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[1] *Nakanishi,* Cent. f. Bakt., I, xxx, 1901.

VARIATIONS OF BACTERIAL FORMS

Variations from the basic forms considered in the preceding section may occur, but are not common among bacteria under normal conditions. Thus the formation of club shapes by a thickening of the bacillary body at one or both ends has been frequently observed among bacteria of the diphtheria group, and in the glanders bacillus, and an irregular beading is not infrequently observed in tubercle bacilli under normal conditions. Such pictures can not, in these cases, be regarded as degeneration or involution forms, since they are visible in young, actively growing cultures under ordinary conditions. It is a well-known

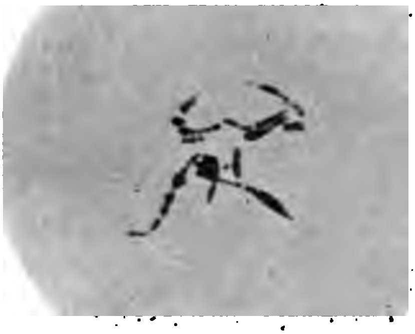

FIG. 6.—DEGENERATION FORMS OF BACILLUS DIPHTHERIÆ. (After Zettnow.)

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[1] *A. Fischer,* " Vorlesungen über Bakt.," Jena, 1903.

fact, furthermore, that the sizes and contours of bacteria may vary to some extent according to the medium on which they are grown. This may, to a certain degree, be due to osmotic relations. On fluid media, for instance, many bacteria may appear larger and of a less dense consistency than do members of the same species cultivated upon solid media.

Degeneration Forms.—When bacteria are grown under conditions which are not entirely favorable for their development, or when they are grown for a prolonged period upon artificial culture media without transplantation, there may occur variations which often depart considerably from the ground type, known as degeneration or involution forms.

FIG. 7.—DEGENERATION FORMS OF BACILLUS PESTIS. (After Zettnow.)

Thus, in the case of the diphtheria bacillus, old cultures may contain long, irregularly beaded forms with broad expansions at the ends. In the case of bacillus pestis the formation of oval, vacuolated bodies in old cultures occurs so regularly and in such numbers that the fact has become of differential value.[1]

Among the cocci, marked evidences of involution are often seen in cultures of the meningococcus in the form of large, swollen poorly-staining spheres, and in the case of the pneumococcus in the so-called shadow forms which have the appearance of empty capsules. There are few microorganisms indeed, in which prolonged cultivation on artificial media or other unfavorable influences do not produce variations from the ground type which may often make the cultures morphologically unrecognizable. In the case of many of the spirilla (spirillum Milleri, spirillum Metchnikovi, etc.) the degeneration forms may appear within so short a time as two or three days after transplantation.

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[1] *Hankin* and *Leumann*, Cent. f. Bakt., I, xxii, 1897.

CHEMICAL AND PHYSICAL PROPERTIES OF THE BACTERIAL CELL

Chemical Constituents.—The quantitative chemical composition of bacteria is subject to wide variations, dependent upon the nutritive materials furnished them.

Approximately 80 to 85 per cent of the bacterial body is water. The remainder consists chiefly of proteids which constitute roughly from 50 to 80 per cent of the dry substances. Remaining, after extraction of these, are fats, and in some cases true wax (fatty acid combinations with higher alcohols), traces of cellulose (in some bacteria only), and the ash which makes up usually about 1 to 2 per cent of the dry substances.

The extensive researches of Cramer[1] have shown how widely at variance quantitative analyses may be when made of cultures of the same species of bacteria grown upon different media. Thus the dry substances of the cholera vibrio were found to be made up of 65 per cent of proteids when the microorganisms were grown upon nutrient broth as against 45 per cent when the same bacteria had been grown upon the proteid-free medium of Uschinsky. Analyses made by Kappes[2] of B. prodigiosus and by Nencki[3] and Scheffer of some of the putrefactive bacteria, may serve to illustrate the approximate proportions of the substances making up the bacterial body.

	B. prodigiosus	Putrefactive Bacteria
Water	85.45 per cent.	83.42 per cent.
Proteids	10.33 " "	13.96 " "
Fats	0.7 " "	1. " "
Ash	1.75 " "	0.78 " "
Residue	1.77 " "	0.84 " "

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[1] *Cramer*, Arch. f. Hyg., xii, xiii, xvi, xxii, xxviii.

[2] *Kappes*, "Analyse der Massenkulturen," etc. Diss., Leipzig, 1889.

[3] *Nencki* und *Scheffer*, Jour. f. prakt. Chemie, new ser. xix, 1880.

Analyses of the tubercle bacillus by Ruppel,[1] Hammerschlag,[2] Weyl,[3] and others, have yielded the following approximate results (calculated from results of above-mentioned authors).

	Tubercle bacillus	
Water	85 to 86	per cent.
Proteids	8.5 to 9	" "
Fat and waxes	3.5 to 4	" "
Ash and carbohydrates	1.2 to 1.4	" "

The proteids which are contained in the bacterial dry substances consist partly of nucleoproteids, globulins, and proteids differing materially from those ordinarily met with. Ruppel, in an analysis of the tubercle bacillus, obtained the following values, for 100 grams of dried tubercle bacilli:

Nucleic acid (Tuberculinic acid)	8.5	grams.
Nucleoprotamin	25.5	"
Nucleoproteid	23	"
Albuminoids (Keratin, etc.)	8.3	"
Fat and wax	26.5	"
Ash	9.2	"

A true globulin has been isolated from bacteria by Hellmich,[4] and true proteids, coagulable by heat, have been demonstrated by Buchner,[5] in the "Presssaft" or juice obtained by subjecting bacteria to mechanical pressure. In this connection, too, we should not fail to consider the thermolabile toxic substances contained in many bacteria, the endotoxins, which though of uncertain chemical nature, are probably proteid in composition.[6]

The fats which are demonstrable both by microchemical methods, staining with Sudan III., Scharlach R., Osmic acid, and by alcohol-ether extraction, consist of fatty acids, true fats, and, in the case of the tubercle bacillus at least, of waxy substances.[7]

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[1] *Ruppel*, Zeit. f. physiol. Chemie, xxvi, 1898.
[2] *Hammerschlag*, Zeit. f. klin. Med., 1891.
[3] *Weyl*, Deut. med. Woch., 1891.
[4] *Hellmich*, Arch. f. exper. Pathol., etc., xxvi.
[5] *Buchner*, Münch. med. Woch., 1897.
[6] *Shattock*, Lancet, May, 1898.
[7] *De Schweinitz* and *Dorset*, Cent. f. Bakt., I, xxii, 1897.

The carbohydrates isolated from various bacteria consist chiefly of small quantities of cellulose and allied bodies, presumably concerned in the formation of the bacterial cell membrane. The demonstration of these substances has been successful only in isolated cases and has not found universal confirmation.

Glycogen-like substances have been demonstrated, according to A. Fischer,[1] in B. subtilis and B. coli. These bacteria stained a reddish brown color when stained with iodin, and after treatment with weak acids were shown to contain dextrose.

The bacterial ash, remaining after removal of other substances, consists largely of phosphates and chlorides of potassium, sodium, calcium, and magnesium.

Osmotic Properties of the Bacterial Cell.—Like all other animal and vegetable cells, the bacterial cell forms in itself a small osmotic unit which reacts delicately to differences of pressure existing between its own protoplasm and the surrounding medium. The perfect and normal morphology of a microorganism, therefore, can exist only when the osmotic pressure within the protoplasm of the cell is isotonic or equal to that of its own environment. The changes produced in the morphological relations of a cell when transferred from one environment into another of varying osmotic pressure, depend intimately upon the "permeability" of the cell membrane for different substances. When such a membrane is permeable for water and not for substances in solution, it is technically spoken of as "semi-permeable." Now, as a matter of fact, the bacterial cell membrane is easily permeable for water, but its permeability differs greatly in various species of bacteria for other substances. Thus, for instance, the cholera vibrio shows great permeability for common salt and B. fluorescens liquefaciens shows a lower permeability for potassium nitrate than do many other bacteria.[2]

When a microorganism is suddenly removed from an environment of low osmotic pressure into one showing a high pressure, say, from a dilute to a concentrated solution of NaCl, an abstraction of water from the cell occurs, with a consequent shrinkage of the protoplasm away from the cell membrane. This process is spoken of as "plasmolysis." Cell death does not usually occur with plasmolysis, but by slow diffusion of the salt itself into the protoplasm, the equilibrium may eventually be restored and the normal morphology of the cell resumed. In all cases the speed and completeness of the return to normal depends upon the permeability of the cell membrane for the dissolved substances. There is no evidence to support the view that the internal pressure of a cell may be in any way increased by an inherent power of the protoplasm independently of the laws of diffusion. As a general rule, old cultures are more susceptible to plasmolysis than are young and vigorous strains. Spores and, according to A. Fischer,[1] flagella are much less susceptible to osmotic changes than are the vegetative bodies.

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[1] *A. Fischer*, "Vorlesungen über die Bakt.," Jena, 1903.

[2] *Gottschlich*, in Flügge, "Mikroorganismen," i, p. 91.

When, on the other hand, bacteria are suddenly removed from a medium possessing a high osmotic pressure to one comparatively low, say, from a concentrated salt solution to distilled water, a bursting of the cell may occur, a process spoken of as "plasmoptysis." Plasmoptysis leads to cell death, and is probably the cause of the death of microorganisms so often observed in distilled-water emulsions of bacteria.

Other Physical Properties of Bacteria.—The refractive index of the vegetative bacterial body is low, in contrast to the highly refractive character of the spores and flagella. According to Fischer, the ectoplasm or cell membrane shows a higher index than does the endoplasm.

The specific gravity of various microorganisms has been investigated by Bolton,[2] Rubner,[3] and others. Some of Rubner's results are the following:

Gelatin fluidifiers	Sp.	gr.	1.0651
Gas formers	"	"	1.0465
Cultures from potato	"	"	1.038
M. prodigiosus	"	"	1.054

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[1] *A. Fischer*, quoted from Gottschlich in Flügge, "Mikroorganismen," I, p. 91.

[2] *Bolton*, Zeit. f. Hyg., i, 1886.

[3] *Rubner*, Arch. f. Hyg., xi, 1890.

CHAPTER III

THE RELATION OF BACTERIA TO ENVIRONMENT, AND THEIR CLASSIFICATION

NUTRITION OF BACTERIA

Like all protoplasmic bodies, bacteria consist of carbon, oxygen, hydrogen, and nitrogen, to which are added inorganic salts and varying quantities of phosphorus and sulphur. In order that bacteria may develop and multiply, therefore, they must be supplied with these substances in proper quantity and in forms suitable for assimilation. To formulate definite laws based on chemical structure as to the compounds suitable, and those unsuitable for use by the bacteria, is obviously impossible owing to the great metabolic variations existing within the bacterial kingdom, and notable attempts to do so, such as those by Loew,[1] have not successfully withstood critical inquiry.

Carbon.—The carbon necessary for bacterial nourishment or anabolism may be obtained either directly from proteids, carbohydrates, and fats, or from the simpler derivatives of these substances. Thus, the amido-acids, leucin and tyrosin, ketons, and organic acids, like tartaric, citric, and acetic acids, glycerin, and even some of the alcohols, may furnish carbon in a form suitable for bacterial assimilation. A limited number of bacterial species, furthermore, notably the nitrobacteria of Winogradsky, are capable of obtaining their required carbon from atmospheric CO_2, and possibly from other simple carbon compounds added to culture media.[2]

Oxygen.—Oxygen is obtained, by the large majority of bacteria, directly from the atmosphere in the form of free O_2. For many microorganisms, moreover, the presence of free oxygen is a necessary condition for growth. These are spoken of as the "obligatory aërobes." Among the pathogenic bacteria proper, many, like the gonococcus, bacillus influenzæ, and bacillus pestis, show a marked preference for a well-oxygenated environment. Probably there is no pathogenic microorganism which, under certain conditions of nutrition, is entirely *unable* to exist and multiply in the complete absence of this gas. The conditions existing within the infected animal organism cause it to seem likely that all incitants of infection may, at times, thrive in the complete absence of free oxygen.

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[1] *Loew,* Cent. f. Bakt., I, xii, 1892.

[2] *Muntz,* Compt. rend. de l'acad. des sciences, t. iii.

There is another class of organisms, on the other hand, for whose development the presence of free oxygen is directly injurious. These microorganisms, known as "obligatory anëarobes," obtain their supply of oxygen indirectly, by enzymatic processes of fermentative and proteolytic cleavage, from carbohydrates and proteids, or by reduction from reducible bodies. Among the pathogenic microorganisms the class of "obligatory anaërobes" is represented chiefly by Bacillus tetani, the bacillus of malignant edema, the bacillus of symptomatic anthrax, Bacillus aërogenes capsulatus, and Bacillus botulinus.

Intermediate between these two classes is a large group of bacteria which thrive well both under aërobic and anaërobic conditions. Some of these, which have a preference for free oxygen but nevertheless possess the power of thriving under anaërobic conditions, are spoken of as "facultative anaërobes." In others the reverse of this is true; these are spoken of as "facultative aërobes." These varieties of bacteria are by far the most numerous and comprise most of our parasitic and saprophytic bacteria.

The relation of microorganisms to oxygen is extremely subtle, therefore, and not to be biologically dismissed by a rigid classification into aërobes, facultative anaërobes, and obligatory anaërobes. Both Engelmann,[1] by a method of observing motile bacteria in the hanging drop as to their behavior in relation to the oxygen given off by a chlorophyll-bearing alga, and Beijerinck,[2] by a macroscopic method of observing similar bacteria as to their motion away from or toward an oxygenated area, were able to demonstrate delicately graded variations between species, favoring various degrees of oxygen pressure.

The discovery by Pasteur that certain bacteria develop only in the absence of free oxygen, produced a revolution in our conceptions of metabolic processes, since up to that time it was believed that life could be supported only when a free supply of O_2 was obtainable. Pasteur's original explanation for this phenomenon was that anaërobic conditions of life were always associated with some form of carbohydrate fermentation and that oxygen was obtained by these microorganisms by a splitting of carbohydrates. As a matter of fact, for a large number of microorganisms, this is actually true, and the presence of readily fermentable carbohydrates not only increases the growth energy of a large number of anaërobic bacteria, but in many cases permits otherwise purely aërobic bacteria to thrive under anaërobic conditions.[1] On the other hand, the basis of anaërobic growth can not always be found in the fermentation of carbohydrates or in the simple process of reduction.

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[1] *Engelmann*, Botanische Zeitung, 1881.

[2] *Beijerinck*, Cent. f. Bakt., I, xiv, 1893.

The favorable influence of certain actively reducing bodies, like sodium formate or sodium-indigo-sulphate, upon anaërobic cultivation is probably referable to their ability to remove free oxygen from the media and thus perfect the anaërobiosis.[2] A number of strictly anaërobic bacteria, however, may develop in the entire absence of carbohydrates or reducing substances, obtaining their oxygen supply from other suitable sources, some of which may be the complex proteids. Thus the tetanus bacillus may[3] thrive when the nutritive substances in the media are entirely proteid in nature. (See p. 28.)

As Hesse[4] has shown, the respiratory processes of aërobic bacteria consist in the taking in of oxygen and the excretion of CO_2. The CO_2 excretion has been shown, in these cases, to be markedly less than is represented in the intake of oxygen.

Anaërobes, likewise, show an excretion of CO_2 which must, in these cases, be a result of bacterial katabolism.

Certain bacteria, like the red sulphur bacteria, have the power of utilizing atmospheric oxygen in the same way in which this process takes place in the chlorophyll-bearing plants.

While a profuse supply of oxygen absolutely inhibits the growth of most anaërobes, a number of these may, nevertheless, develop when only small quantities of oxygen are present. Minute quantities of free oxygen in culture media have been shown by Beijerinck[5] and others not to inhibit the growth of Bacillus tetani and Theobald Smith[6] has recently demonstrated that when suitable nutritive material in the form of fresh liver tissue is added to bouillon, a number of anaërobic bacteria may be induced to grow in indifferently anaërobic environment. Ferran,[1] moreover, succeeded in gradually adapting the tetanus bacillus to an aërobic environment. In this case, however, the virulence of the bacillus was lost.

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[1] *Theobald Smith*, Cent. f. Bakt., I, xviii, 1895.

[2] *Kitasato* and *Weyl*, Zeit. f. Hyg., viii, 1890.

[3] *Chudiakow*, Cent. f. Bakt., Ref., II, iv, 1898.

[4] *Hesse*, Zeit. f. Hyg., xv, 1897.

[5] *Beijerinck*, Cent. f. Bakt., II, vi, 1900.

[6] *Th. Smith*, *Brown*, and *Walker*, Jour. Med. Res., ix, 1906.

Nitrogen.—The nitrogen required by bacteria is taken, in most cases, from proteids. Most important in this respect, of course, are the diffusible proteids; but many of the non-diffusible albumins may be rendered assimilable by the proteolyzing enzymes possessed by many microorganisms. Among the pathogenic, more strictly parasitic bacteria, moreover, a delicate specialization may be observed as to the particular varieties of animal albumin which may be utilized by them. Thus the gonococcus grows more readily only upon uncoagulated human blood serum; the Pfeiffer bacillus requires hemoglobin, and the diphtheria bacillus outgrows other bacteria upon a medium composed for the greater part of coagulated beef serum. For bacteria that do not absolutely require native animal proteid for their development, the most common nitrogenous ingredient of culture media is pepton, added in solutions of varied concentration.

A large number of bacteria (pathogenic and saprophytic), on the other hand, may thrive on media containing absolutely no proteid, in which case, of course, a synthetic proteid production by the microorganisms must be assumed. A medium which has been extensively used to demonstrate this phenomenon is that devised by Uschinski,[2] containing ammonium lactate, glycerin, asparagin (the amide of amidosuccine acid), and inorganic salts.

Creatin, creatinin, urea and urates, and even ammonia compounds and nitrates, may serve as adequate sources of nitrogen for many of the less parasitic bacteria. A limited number of species, moreover, the bacilli in the root tubercles of the leguminosæ and the nitrogen-fixing organisms of the soil, possess the power of obtaining their supply of nitrogen directly from the free N_2 of the atmosphere.

Although the sources of carbonaceous and of nitrogenous food supply have been separately treated in the preceding paragraphs, it should not be forgotten that, in many instances, both elements are taken up within the same compound, and that separate supplies are a necessity in isolated cases only.

Hydrogen.—Hydrogen is obtained by bacteria largely in combination as water and together with the carbon and nitrogen containing substances.

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[1] *Ferran*, Cent. f. Bakt., I, xxiv, 1898.

[2] *Uschinski*, Cent. f. Bakt., I, xiv, 1893.

Salts.—The phosphatic constituents of the bacterial body are taken in, chiefly, as phosphates of magnesium, calcium, sodium, or potassium. The phosphates seem to be necessary constituents of culture media, while chlorides, on the other hand, according to Proskauer[1] and Beck are not absolutely essential. Sodium salts, as a rule, seem to be more advantageous for purposes of bacterial cultivation than potassium salts.

The uncombined sulphur, which is a constituent of the bacterial body in many cases, is usually supplied by soluble sulphates. In the case of the thiobacteria of Winogradsky, however, the presence of free H_2S is necessary for its formation.[2]

The iron contained in some of the higher bacteria is taken in in the form of ferrous compounds, and is oxidized in the bacterial body into ferric compounds.

The relative quantities of the various nutritive substances in culture media are of importance only in so far as too high concentrations may have a distinctly inhibitory influence. In this respect, however, separate species may show widely divergent tastes.

The development of bacteria in any given medium, it may be noted, is far oftener arrested by the accumulation of waste products than by an exhaustion of nutrient materials.

PARASITISM AND SAPROPHYTISM

When we speak of bacteria as parasites or as saprophytes, we classify them, primarily, according to their relationship to the bodies of higher animals. "Parasites" are those bacteria which are capable of living and multiplying within the human or animal body, whereas the term "saprophytes" refers to the multitude of microorganisms which are unable to hold their own under the environmental conditions found in the tissues of higher animals, but are found, almost ubiquitously, in air, soil, manure, and water. The separation is by no means a sharp one and carries with it other implications, which the use of these terms always conveys. While parasites are usually very fastidious as to nutritional and temperature requirements, most saprophytes are easily cultivated upon the simplest media. Thus certain parasitic bacteria, such as the bacillus of influenza, the gonococcus, and others, are dependent upon specific forms of animal proteids for their food supply, while typical saprophytes, like Bacillus proteus, may thrive and multiply upon even the simplest organic proteid derivatives.

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[1] *Proskauer* and *Beck*, Zeit. f. Hyg., xviii, 1895.

[2] *Voges*, Cent. f. Bakt., I, xviii, 1893.

Between the strict parasites and the saprophytes, however, there is a large class of bacteria, to which the majority of our pathogenic varieties belong, the members of which are capable of developing luxuriantly under both conditions. These bacteria are often spoken of as facultative parasites.

More recently the question of parasitism and saprophytism has become closely interwoven with our conceptions of virulence. Bail (see section on Aggressins) has classified parasites into strict parasites and half parasites. By the first term he designates bacteria like Bacillus anthracis, which actually invade all the tissues of their host, while, by the term "half parasites," he refers to microorganisms like the spirillum of cholera which gain a foothold upon some part of the body of the host, but do not actually penetrate into the general circulation.

All pathogenic bacteria, therefore, must be grouped as parasites, strict or facultative, while the saprophytes, as a class, perform the far more thankful task of breaking up organic matter outside of the animal body, by putrefaction and fermentation. Absolute separation between the two classes, however, can not be maintained, since many ordinarily saprophytic bacteria may display parasitic qualities if administered in large numbers to animals or man in whom resistance to bacterial invasion is at a low ebb.

ANTAGONISM AND SYMBIOSIS OF BACTERIA

The ubiquity of bacteria in nature naturally carries with it the simultaneous presence of many species in all places where special conditions have provided a favorable environment for growth. Thus bacteriological investigation of water, milk, manure, soil, or organic infusions, always reveals the presence of a large number of different varieties within the same substance. If the food supply in such a natural culture is at all limited in quantity, or the removal of waste products is prohibited, it will usually be found that gradually the numbers of varieties will diminish and a few species, or even only one, will prevail. In the case of milk, for instance, after standing for three or four days at a suitable temperature, two or three varieties will be found to have taken the place of the twenty or thirty, which may have been present originally.

This behavior is due to the influences which various microorganisms exert upon each other and is known as antagonism. Such antagonism probably depends upon the fact that the metabolic products of the predominant species (the one or ones for whom the special cultural conditions are most favorable) inhibit the growth of the less vigorous varieties. Many examples, experimentally supported, of such antagonism, can be given. Thus, the gonococcus is distinctly inhibited by the soluble products of Bacillus pyocyaneus,[1] while in the presence of pyogenic cocci it develops luxuriantly, and the bacillus of plague is completely inhibited when streptococci are present in the culture.[2]

Mutual inhibition may also be due to the monopolizing of the nutrition in the medium by the predominating species or to the change in reaction produced by its growth. This last consideration is probably the secret of the frequently noticed inhibitory effect exerted by acid-producers upon bacteria of putrefaction, and has received practical therapeutic application in Metchnikoff's lactic-acid bacillus therapy, which see.

When the simultaneous presence of two bacterial species within the same environment favors the development of both species, the condition is spoken of as symbiosis. Such dependence is not so frequent as antagonism, but it does occur. Examples of such a condition have been observed in cultures containing diphtheria bacilli and streptococci [3] and have been frequently observed in cultures containing both aërobic and anaërobic bacteria, where the former favor the development of the latter by monopolizing the supply of free oxygen. Symbiosis may also take place in cultures in which complex food products are split up by one species, furnishing substances for ingestion by species with a lesser digestive ability.

RELATIONS OF BACTERIA TO PHYSICAL ENVIRONMENT

Relation to Temperature.—Like all other living beings, bacteria develop and multiply by virtue of a series of chemical and physical processes, by means of which growth energy is obtained by destruction or catabolism, and the lost tissues resupplied by absorption of nutritive materials. It is natural, therefore, that the conditions of external temperature should intimately affect the metabolic processes. The range of temperature at which bacteria may grow is subject to wide variations among different species. Each species, on the other hand, may thrive within a more or less elastic range of temperature, each one having an optimum, a minimum, and a definite maximum temperature. When the optimum temperature is present in the environment, the functions of absorption and excretion keep pace with each other, and the chemical balance is well preserved. When the temperature is lower than the optimum, all metabolic processes take place more slowly, and the bacterium gradually enters into a resting or latent stage, at which actual growth may be exceedingly slow or entirely inhibited. When the temperature is higher than the optimum, the destructive processes are carried on more rapidly than the substitution of waste products by absorption, and a gradual weakening of vital energy, or even a gradual death of the bacterium, may take place. When certain bacteria form spores, they become very much more resistant against both high and low temperatures, probably because a true resting stage has been reached, during which metabolism has been reduced to a minimum, there being practically no nutritive material taken in and correspondingly little destruction taking place within the body of the microorganism.

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[1] *Schafer*, Fortschr. d. Med., 5, 1896.

[2] *Bitter*, Rep. Egypt Plague Com., Cairo, 1897.

[3] *Hilbert*, Zeit. f. Hyg., xxix, 1895.

The optimum temperature for various bacteria depends upon the habitual environment, in which the particular species is accustomed to exist. Thus, for the large majority of bacteria pathogenic for human beings, the optimum temperature is at or about 37.5° C. There are a large number of bacteria common in water, however, which grow hardly at all at the body temperature, but thrive most luxuriantly at temperatures of about 20° C. F. Forster,[1] moreover, described certain phosphorescent bacteria, isolated from sea-water, which grow readily at 0° C., or a little above. On the other hand, Miquel[2] has described nonmotile bacilli, which he isolated from the water of the Seine, which grew rapidly at temperatures ranging about 70° C., and the so-called "mucedinées thermophiles," described by Tsiklinski,[3] develop most readily at temperatures very little above this. It is thus plain that the temperatures favored by various bacteria depend to a large extent upon an adaptation of these bacteria through many generations to specific environmental conditions. A good illustration of this is furnished by the bacillus of avian tuberculosis, a microorganism differing essentially from the bacillus of human tuberculosis in that its optimum growth temperature lies at 41°–42° C., a temperature which exceeds the optimum temperature for the human type by as much as the normal temperature of birds exceeds that of man. The same principle is illustrated by the facts that the bacteria which have a very low optimum temperature are usually those isolated from water, and the so-called thermophile or high-temperature bacteria are obtained from hot springs and from the upper layers of the soil, where, according to Globig,[1] occasionally temperatures ranging from about 55° C. occur.

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[1] *F. Forster*, Cent. f. Bakt., ii, 1887.

[2] *Miquel*, Bull. de la Stat. Munic. de Paris, 1879.

[3] *Tsiklinski*, Ann. Past., 1889.

As stated before, one and the same species may develop within a wide temperature range, and it may be possible, by persistent cultivation at special temperatures, to adapt certain bacteria to grow luxuriantly at temperatures removed by several degrees from their normal optimum. In such cases it may often occur that special characteristics of the given species may be lost. An example of this is the loss of virulence and of spore-formation which takes place when anthrax bacilli are cultivated at 42° C., or the loss of the power to produce pigment when bacillus prodigiosus is grown at temperatures above 30° C.

The vegetative forms of most of the pathogenic bacteria may grow at temperatures ranging between 20° C. and 40° C. This can, however, by no means be regarded as applicable to all of the pathogenic bacteria, as some of these, like the gonococcus, the pneumococcus, the tubercle bacillus, and others, are delicately susceptible to temperature changes and have the power of growing only within limits varying but a few degrees from their optimum. Others, on the other hand, like bacilli of the colon group, Bacillus anthracis, Spirillum choleræ asiaticæ, etc., may develop at temperatures as low as 10° C. and as high as 40° C., or over. The range of temperature at which saprophytic bacteria may develop is usually a far wider one. When temperatures exceed in any considerable degree the maximum growth temperature, the vegetative forms of bacteria perish. Thus, ten minutes' exposure to a temperature of between 55° and 60° C. causes death of the vegetative forms of most microorganisms. Death in such cases is due probably to a coagulation of the protoplasm, and since all such processes of coagulation take place best in the presence of water, the thermal death point of most bacteria is lower when heat is applied in the form of boiling water or steam, than when employed as dry heat. (See section on Sterilization.)

When spores are present in cultures, the resistance to heat is enormously increased. Exactly what the explanation of this is can not be at present stated. It may be that the high concentration in which the protoplasmic mass is found in the spores renders it less easily coagulable than is the protoplasm of the vegetative body. A more detailed discussionof these relations will be found in the section on Heat sterilization.

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[1] *Globig*, Zeit. f. Hyg., iii.

The thermal death points of a large number of bacteria have been very carefully studied by Sternberg,[1] by a special technique described elsewhere.

The thermal death points ascertained by him in this way, with an exposure of ten minutes in a fluid medium, for some of the more common non-sporogenic bacteria are as follows:

Spirillum choleræ asiaticæ	52° C.
Diplococcus pneumoniæ	52° C.
Streptococcus pyogenes	54° C.
Bacillus typhosus	56° C.
Bacillus pyocyaneus	56° C.
Bacillus mucosus capsulatus	56° C.
Bacillus prodigiosus	58° C.
Staphylococcus pyogenes aureus	58° C.
Gonococcus	60° C.
Staphylococcus pyogenes albus	62° C.

The bacillus tuberculosis, though not a spore bearer, seems to be slightly more resistant to heat than other purely vegetative microorganisms. Thus, according to the researches of Smith [2] and others, ten and twenty minutes' exposure to a temperature of 70° C. is necessary to destroy tubercle bacilli in a fluid medium. For the effectual destruction of spores by moist heat, a temperature of 100° C., or boiling point, is usually necessary.

Low temperatures are much less destructive than the high ones, and are even in a number of cases useful in keeping bacteria alive for long periods, inasmuch as metabolic processes are inhibited and life is maintained without actual development in a sort of resting state. Actual destruction by low temperatures rarely takes place. The exposure of diphtheria, typhoid, and other bacilli to temperatures as low as 200° C. below zero has been carried out without destruction of the microorganisms, a fact which is of great importance in considering the possibility of infection by the vehicle of ice. Meningococci and gonococci, on the other hand, die out rapidly when exposed to 0° C.

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[1] *Sternberg*, "Textbook of Bacteriology," New York, 1901.

[2] *Th. Smith*, Jour. of Experimental Med., No. 3, 1899.

Relation to Pressure.—High pressure does not exert any noticeable effects upon bacteria. In the experiments of Certes,[1] a pressure of two atmospheres seemed to have no influence upon the growth and motility of anthrax bacilli suspended in blood.

Relation to Moisture.—For the growth and development of all bacteria, the presence of water in the culture medium is necessary. It is self-evident that nutritive materials can not be absorbed by an osmotic process unless in a state of solution. While complete dryness does not permit growth, its destructive action upon various bacteria is subject to great differences. The effect of complete drying upon bacteria will be found more fully discussed in the section upon the destruction of bacteria by physical agents. (See page 62.)

In the same section may be found a discussion of the effects of light, electricity, *x*-ray, and radium rays upon bacteria.

THE CLASSIFICATION OF BACTERIA

Too simple in structure, too varied in biological properties to be definitely identified with either the vegetable or animal kingdom, the bacteria are placed at the bottom of the scale of all living beings. Closely linked on the one hand to the plant kingdom by the yeasts and the molds, and on the other to the animal kingdom by the protozoa, they themselves combine, within one and the same division, attributes so widely divergent as to structure, metabolism, and biological activity that their grouping is more a matter of working convenience than of actual scientific classification. Thus, for instance, all stages of metabolic activity fill in the gap between the synthetizing sulphur and nitrifying bacteria and the purely katabolic activities of some of the aërobic and anaërobic microorganisms which cause putrefaction. Growth takes place within the limits of a wide temperature range, and the specific modes of life and cultural conditions are subject to the widest variations, from those of an indisputably useful saprophytism to those of the most exquisite parasitism. Although, therefore, strictly speaking, the bacteria can be classified as a whole neither in the animal nor in the vegetable realms, being nonchlorophyll-bearing, they are for convenience classified with the fungi or colorless plants.

The relationship of the bacteria to other simple plants may be graphically represented by the following scheme:

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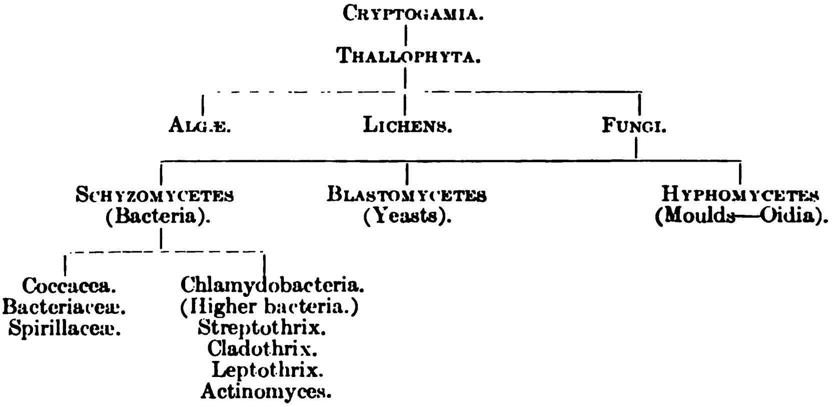
[1] *Certes*, Compt. rend. de l'acad. d. sc., 99, Paris, 1884.



CRYPTOGAMIA.
THALLOPHYTA.
ALGÆ. LICHENS. FUNGI.
SCHYZOMYCETES (Bacteria). BLASTOMYCETES (Yeasts). HYPHOMYCETES (Moulds—Oidia).
Coccacea. Bacteriaceæ. Spirillaceæ.
Chlamydobacteria. (Higher bacteria.) Streptothrix. Cladothrix. Leptothrix. Actinomyces.

The special classification of the bacteria has offered still greater difficulties, for the lower we proceed in the phylogenetic scale of living beings, the less specialized the morphological and biological characteristics of any group become, and the more difficult it is to establish a classification which can in any way be regarded as final. It is, therefore, quite impossible to classify the bacterial varieties or species on any basis which can hope to satisfy all the demands of scientific accuracy and it is necessary to resort to the expedient of utilizing some one characteristic which remains constant for the individual genus and to base upon this an attempt at grouping. When bacteria were first discovered, and for many years following, numerous observers contended that the form of the microorganism observed was not a constant one for each genus, but that cocci could be converted into bacilli or spirilla according to environmental conditions. It was Cohn[1] who, in 1872, first recognized the constancy of the morphology of bacteria and established, upon morphological basis, a classification which, with minor changes, has been retained until the present day. Such classifications can not, however, be regarded as anything more than a convenient make-shift pending the day when the finer structure and true biological relations of the various bacteria shall have been more accurately investigated. The scheme most commonly accepted at present is the one given below, proposed by Migula[2]:

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[1] *Cohn*, "Beiträge zur Biol. d. Pflanzen," Heft 1 u. 2, 1872.

[2] *Migula*, "System d. Bakt.," Jena, 1897.

Bacteria (Schizomycetes).—Fission fungi (chlorophyll free) with cell division in one, two, or three directions of space. Many varieties possess the power of forming endospores. Whenever motility is present, it is carried on by means of flagella, or, more rarely, by undulating membranes.

FAMILY I. COCCACEÆ.—Cells in free state perfectly spherical. Division in one, two, or three directions of space, by which each spherical cell divides into two, four, or eight segments, each of which again develops into a perfect sphere. Endospore formation rare.

Genus I. Streptococcus.—Cells divide in one direction of space only, for which reason, if they remain connected after fission, bead-like chains may be formed. No organs of locomotion.

Genus II. Micrococcus (Staphylococcus).—Cells divide in two directions of space, whereby, if the cells remain connected after fission, tetrad and grape-like clusters may be formed. No organs of locomotion.

Genus III. Sarcina.—Cells divide in three directions of space, whereby, if they remain connected after fission, bale-like packets are formed. No organs of locomotion.

Genus IV. Planococcus.—Cells divide in two directions of space, as in micrococcus, but possess flagella.

Genus V. Planosarcina.—Cells divide in three directions of space as in sarcina, but possess flagella.

FAMILY II. BACTERIACEÆ.—Cells long or short, cylindrical, straight, never spiral. Division in one direction of space only, after preliminary elongation of the rods.

Genus I. Bacterium.—Cells without flagella, often with endospores.

Genus II. Bacillus.—Cells with peritrichal flagella, often with endospores.

Genus III. Pseudomonas.—Cells with polar flagella. Endospores occur in a few species, but are rare.

FAMILY III. SPIRILLACEÆ.—Cells spirally curved or representing a part of a spiral curve. Division in one direction of space only, after preceding elongation of cell.

Genus I. Spirosoma.—Cells without organs of locomotion. Rigid.

Genus II. Microspira.—Cells rigid, with one or, more rarely, two or three polar undulated flagella.

Genus III. Spirillum.—Cells rigid, with polar tufts of five to twenty flagella usually curved in semicircular or flatly undulating curves.

Genus IV. Spirochæte.—Cells sinously flexible. Organs of locomotion unknown, perhaps a marginal undulating membrane.

FAMILY IV. CHLAMYDOBACTERIACEÆ.—Forms of very varying stages of evolution, but all distinguished by a rigid sheath (Hülle) or covering, which surrounds the cells. The cells are united in branched or unbranched threads.

Genus I. Streptothrix.—Cells united in simple, unbranched threads. Division in one direction of space only. Reproduction by non-motile conidia.

Genus II. Cladothrix.—Cells united or pseudodichotomously branching threads. Division in one direction of space only. Vegetative multiplication by separation of entire branches. Reproduction by swarming forms with polar flagella.

Genus III. Crenothrix.—Cells united in unbranched threads, at first with division in one direction of space only. Later the cells divide in all three directions of space. The daughter cells become rounded and develop into reproductive cells.

Genus IV. Phragmidiothrix.—Cells at first united in unbranched threads, dividing in three directions of space, thus forming a rope of cells. Later some of the cells may penetrate through the delicate sheath, and thus give rise to branches.

Genus V. Thiothrix.—Unbranched, non-motile threads, inclosed in fine sheaths. Division of cells in one direction only. Cells contain sulphur granules.

FAMILY V. BEGGIATOACEÆ.—Cells united in sheathless threads. Division in one direction of space only. Motility by undulating membrane as in Oscillaria.

Genus Beggiatoa.—Cells with sulphur granules.

It will be seen in reviewing the classification just given that the subdivisions are based upon questions of form, motility, and situation of flagella. While these characteristics, so far as we know, are constant, there are, nevertheless, many instances in which types entirely similar in these respects must be differentiated. This can be done only by careful study of staining reactions, finer structure, cultural characteristics, and biological activities.

As a matter of fact, while the botanical classification of the bacteria offers almost insurmountable difficulties, actual identification is not so complicated a task as this would indicate. Identification, once roughly made on a morphological basis, is further carried on by the aid of cultural characteristics, such as the conditions favorable and unfavorable for growth, appearance of growth on different media, and pigment formation, by biochemical reactions and by pathogenic properties. The bacteria occupy so important a place in agriculture, in medicine, and in hygiene, that it rarely becomes necessary for a worker in any particular field to survey the entire group. The habitat of a large number of species is so well known that this consideration alone often gives a clew invaluable for actual identification.

CHAPTER IV

THE BIOLOGICAL ACTIVITIES OF BACTERIA

WHILE the bacteria pathogenic to man and animals largely usurp the attention of those interested in disease processes, this group of microorganisms is after all but a small specialized off-shoot of the realm of bacteria, and, broadly speaking, actually of minor importance. Surveying the existing scheme of nature, as a whole, it is not an extravagant statement to say that without the bacterial processes which are constantly active in the reduction of complex organic substances to their simple compounds, the chemical interchange between the animal and vegetable kingdoms would fail, and all life on earth would of necessity cease. To understand the full significance of this, it is necessary to consider for a moment the method of the interchange of matter between the animal and vegetable kingdoms.

All animals require for their sustenance organic compounds. They are unable to build up the complex protoplasmic substances which form their body cells from chemical elements or from the simple inorganic salts. They are dependent for the manufacture of their food-stuffs, therefore, directly or indirectly, upon the synthetic or anabolic activities of the green plants.

These plants, by virtue of the chlorophyll contained within the cells of their leaves and stems, and under the influence of sunlight, possess the power of utilizing the carbon of the carbonic acid gas of the atmosphere, and of combining it with water and the nitrogenous salts absorbed by their roots, building up from these simple radicles the highly complex substances required for animal sustenance.

These products of the synthetic activity of the green plants, then, are ingested by members of the animal kingdom, either directly, in the form of vegetable food, or indirectly, as animal matter. They are utilized in the complex laboratory of the animal body and are again broken down into simpler compounds, which leave the body as excreta and secreta.

The excreta and secreta of animals, however, are, in a small part only, made up of substances simple enough to be directly utilized by plants. The dead bodies, moreover, of both animals and plants would be of little further value as stores of matter unless new factors intervened to reduce them to that simple form in which they may again enter into the synthetic laboratory of the green plant. Agents for further cleavage of these compounds are required, and these are supplied by the varied activities of the bacteria.

On the other hand, bacteria are also important in the process of synthesis. The main supply of nitrogen available for plant life is found in the elementary state in the atmosphere—a condition in which it can not be utilized as a raw product by the plant. This gap again is bridged by the bacteria found in the root bulbs of the leguminous plants —bacteria which possess the power of assimilating or aiding in the assimilation of atmospheric nitrogen and its preparation for further use by the plant itself. Another bacterial activity which may be classified as an anabolic process is the oxidation of the ammonia, released by decomposition, into nitrites and nitrates. This is carried on by certain bacteria of the soil. These are to be treated of in greater detail in another section.

There is a constant circulation, therefore, of nitrogen and carbon compounds, between the plant and the animal kingdoms, by virtue of an anabolic or constructive process in the one, and a katabolic or destructive process in the other, rendering them mutually interdependent and indispensable. The circuit, however, is not by any means a closed one; there are important gaps, both in the process of cleavage and in that of synthesis, which, if left unbridged by the bacteria, would effectually arrest all life-activity of plants and eventually of animals.

Far from being scourges, therefore, these minute microorganisms are paramount factors in the great cycle of living matter, supplying necessary links in the circulation of both nitrogenous and carbon compounds.

KATABOLIC ACTIVITIES OF BACTERIA

The katabolic activities of bacteria, then, consist in the fermentation of carbohydrates and in the cleavage of proteids and fats.

Fermentation is carried out to a large extent by the yeasts, but also to no inconsiderable degree by bacteria. Proteid decomposition and the cleavage of fats are carried out almost exclusively by bacteria.

For our knowledge of the fundamental laws underlying these phenomena of fermentation and proteid decomposition, we are indebted to the genius of Pasteur,[1] who was the first to prove experimentally the exclusive and specific parts played by various microorganisms in these processes. While the observations and deductions made by Pasteur have not been greatly modified, a large store of information has been gained since his time, which has thrown additional light upon the chemical details and the more exact manner of action of the factors involved.

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[1] *Pasteur*, "Étude sur la bière," Paris, 1876.

The actual work of cleavage in both fermentation and proteid cleavage is carried out by substances known as enzymes or ferments, the nature of which we must further discuss before their manner of action can be fully comprehended.

Bacterial Enzymes or Ferments.—A ferment or enzyme is a substance produced by a living cell, which brings about a chemical reaction without entering into the reaction itself. The enzyme itself is not bound to any of the end products and is not appreciably diminished in quantity after the reaction is over, although its activity may be finally inhibited by one or another of the new products. The action of bacterial enzymes is thus seen to be closely similar to that of the chemical agents technically spoken of as "katalyzers," represented chiefly by dilute acids. Thus, if an aqueous solution of saccharose is brought into contact with a dilute solution of sulphuric acid, the disaccharid is hydrolyzed and is decomposed into levulose and dextrose.

Thus:

$$\underset{\text{In contact with dilute } H_2SO_4}{C_{12}H_{22}O_{11} + H_2O} = \underset{\text{Dextrose}}{C_6H_{12}O_6} + \underset{\text{Levulose}}{C_6H_{12}O_6}$$

During this process, which is known as "inversion," the concentration of the sulphuric acid remains entirely unchanged. While theoretically the changes brought about by enzymes and katalyzers are usually such as would occur spontaneously, the time for the spontaneous occurrence would be, at ordinary temperatures, infinitely long. The definition for enzymes and katalyzers is given by Ostwald, therefore, as "substances which *hasten* a chemical reaction without themselves taking part in it." Exactly the same result which is obtained by the use of dilute sulphuric acid is caused by the ferment "invertase" produced, for instance, by B. megatherium. Were a solution of saccharose subjected to heat, without katalyzer or ferment, a similar change would occur, but by the mediation of these substances the inversion is produced without other chemical or physical reinforcement.

This analogy between enzymes and katalyzing agents is very striking. Thus, as stated, both katalyezrs and enzymes bring about changes without themselves being used up in the process, both act without the aid of heat, and the reactions brought about by both have occasionally been shown to be *reversible.* While this last phenomenon has been variously shown for katalyzers, the process of reversibility has been demonstrated for bacterial enzyme action only in isolated cases. Thus, it has been found that by the action of the yeast enzyme maltase upon concentrated dextrose solutions, a re-formation of maltose may occur. In both cases, moreover, the quantity of enzyme or katalyzer is infinitely small in proportion to the amount of material converted by their action.

There is a close similarity, furthermore, between the bacterial enzymes and the ferments produced by specialized cells of the higher animals and plants. For instance, the action of the ptyalin of the saliva or of the diastase obtained from plants is entirely analogous to the starch-splitting action of the amylase produced by many bacteria.

The action of all enzymes depends most intimately upon environmental conditions. For all of them the presence of moisture is essential. All of them depend for the development of their activity upon the existence of a specifically suitable reaction. Strong acids or alkalies always inhibit, often destroy them. Temperatures of over 70° C. permanently destroy most enzymes, whereas freezing, while temporarily inhibiting their action, causes no permanent injury, so that upon thawing, their activity may be found almost unimpaired. Direct sunlight may injure, but rarely destroys, ferments. Against the weaker disinfectants in common use, enzymes often show a higher resistance than do the bacteria which give rise to them.

The optimum conditions for enzyme action, then, consist in the presence of moisture, the existence of a favorable reaction, weakly acid or alkaline, as the case may be, and a temperature ranging from 35°–45° C.[1]

Proteolytic Enzymes.—In nature, the decomposition of dead animal and vegetable matter occurs only when the conditions are favorable for bacterial development. Thus, as is well known, freezing, sterilizing by heat, or the addition of disinfectants will prevent the rotting of organic material.

In the laboratory, the presence of proteolytic enzymes is determined chiefly by the power of bacteria to liquefy gelatin, fibrin, or coagulated blood serum. These ferments are not always secretions from the bacterial cell, but in some cases may be closely bound to the cell-body and separable only by extraction after death. In such cases they are spoken of as endoenzymes. Whenever they are true secretory products, however, they can be obtained separate from the microorganisms which form them by filtration through a Berkefeld candle. From such filtrates they may, in some cases, be obtained in the dry state by precipitation with alcohol. When obtained in this way the precipitated enzyme is usually much more thermostable than when in solution, for while soluble enzymes in filtrates are usually destroyed by 70° C., and even less, the dried powder may occasionally withstand 140° C. for as long as ten minutes.[1]

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[1] *Oppenheimer,* "Die Fermente," etc. Leipzig, 1900.

Apart from the general conditions of temperature and moisture, the development of these enzymes seems to depend directly upon the presence of proteids in the culture media. The number of bacterial species which produce proteolytic enzymes is legion. Among those more commonly met with are staphylococci, B. subtilis, B. proteus, B. fæcalis liquefaciens, Spirillum choleræ asiaticæ, B. anthracis, B. tetani, B. pyocyaneus, and a large number of others. The inability of any given microorganism to liquefy gelatin or fibrin by no means entirely excludes the formation by it of proteolytic enzymes, since these ferments may often be active for one particular class of proteid only.

In order to study the qualitative and quantitative powers of any given bacterial proteolyzing enzyme or protease, it is, of course, necessary to study these processes in pure culture in the test tube with media of known composition. In the refuse heap, in sewage, or in rotting excreta, the process is an extremely complicated one, for besides the bacteria which attack the proteid molecule itself, there are many other species supplementing these and each other, one species attacking the more or less complex end-products left by the action of the others.

Exactly what the chemical reactions are which take place in these cleavages is not entirely clear. It is believed, however, that most of the cleavages are of an hydrolytic nature.

In general, the action of the proteid-splitting ferments is comparable to that of the pancreatic ferment trypsin, and they are most often active in an alkaline environment. They differ, among themselves, chiefly in the form of proteid which they are competent to attack, and in the extent to which they are able to reduce it toward its simple radicles.

A distinction is occasionally made between the terms *putrefaction and decay*, the former being used to refer to the decomposition taking place under anaërobic conditions, that is, in the absence of oxygen, a process usually resulting in incomplete cleavage of the proteid medium; the latter being used to signify decompositions under aërobic conditions and leading to a more complete splitting, the end-products often being represented by such simple compounds as carbon dioxide, water, and ammonia. In general, the products of putrefaction are largely represented by the amino-acids, leucin and tyrosin, fatty acids, mercaptan, indol, and skatol. The gases generated in such decomposition are largely made up of CO_2, hydrogen, NH_4 and H_2S. The coincident presence, furthermore, of the carbohydrate-splitting bacteria and of denitrifying microorganisms renders the actual process of putrefaction a chaos of many activities in which the end-products and by-products are qualitatively determinable only with much inexactitude, and which completely defies any attempt at quantitative analysis.

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[1] *Fuhrmann*, "Die Bakterienzyme," p. 45.

Ptomains.—There are certain products, however, resulting from the proteolytic action of bacterial enzymes upon proteids which claim more than a purely chemical interest because of their toxic action upon the animal organism, and their consequent importance as incitants of disease. Pre-eminent among these are the *ptomains*. The word ptomain (from πτῶμα, a dead body) is used to designate organic chemical compounds produced by the action of bacteria, which are basic in character; that is, are able to combine with an acid to form a salt. They should be definitely distinguished from the so-called leucomains, a term employed to designate similar substances formed in the course of proteid metabolism within the animal body, and not bacterial in origin. Both in their basic characters and in their nitrogenous constitution, the ptomains resemble the vegetable alkaloids, and for this reason are sometimes spoken of as "animal alkaloids."

The ptomains must be sharply distinguished from the bacterial toxins, which are products of the bacterial growth irrespective of the medium in which they are grown, except in so far as this hinders or abets the development of the microorganisms. Thus, toxins may be developed by diphtheria organisms, for instance, in proteid-free media. As will be seen in a subsequent section, the true toxins are comparable to the enzymes themselves, rather than to their cleavage products, represented in this instance by the ptomains.

A great number of ptomains are chemically known. Many of these possess little or no toxicity. Others, however, like putrescin (tetramethylenediamin, $C_4H_{12}N_2$) and cadaverin ($C_5H_{14}N_2$) are very highly poisonous. It is to one or another of these ptomains that most cases of so-called meat poisoning (kreatoxismus), cheese poisoning (tyrotoxismus), or vegetable poisoning (sitotoxismus) are due.

In each individual case the variety of ptomain resulting from a bacterial decomposition varies with the individual species of microorganism taking part in the process and with the nature of the proteid upon which its development takes place.

In breaking down animal excreta, the task of the bacteria is rather a simpler one than when dealing with the cadavers themselves, for here a part of the cleavage has already been carried out either by the destructive processes accompanying metabolism, or by partial decomposition by bacteria begun within the digestive tract. This material outside of the body is further reduced by bacterial enzymes into still simpler substances, the nitrogen usually being liberated in the form of ammonia. One example of such an ammoniacal fermentation may be found in the case of the urea fermentation by Micrococcus ureæ, in which the cleavage of the urea takes place by hydrolysis according to the following formula:

$$(NH_2)_2CO + 2H_2O = CO_2 + 2NH_3 + H_2O$$

Similar ammoniacal fermentations are carried out, though perhaps according to less simple formulæ, by a large number of microorganisms. Perhaps the most common species which possesses the power is the group represented by B. proteus vulgaris (Hauser).

From what has been said it follows naturally that, so far, the decomposition of the proteid molecule from its complex structure to ammonia or simple ammonia compounds is an indispensably important function, not only for agriculture, but for the maintenance of all life processes. It is clear, on the other hand, that a further decomposition of ammonia compounds into forms too simple to be utilized by the green plants would be a decidedly harmful activity. And yet this is brought about by the so-called denitrifying bacteria which will be considered in a subsequent section.

Lab Enzymes.—There are a number of ferments produced by bacteria which, although affecting proteids, can not properly be classified with the proteolytic enzymes. These are the so-called coagulases or lab enzymes, which have the power of producing coagulation in liquid proteids. Just what the chemical process underlying this coagulation is, is not known. If Hammarsten's[1] conclusions as to the hydrolytic nature of the changes produced by them are true, these enzymes are brought into close relationship to the proteolyzers, although a coagulation can hardly be regarded as a true katabolic process. In milk where the lab-action becomes evident by precipitation of casein, a strict differentiation must be made between this coagulation and that brought about by acids or alkalies. In the former case, casein is not only precipitated and converted into paracasein, but is actually changed so that when redissolved it is no longer precipitated by lab.[1]

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[1] *Hammarsten*, "Textbook of Physiol. Chemistry." Translation by Mandel.

Coagulating enzymes for milk proteids, blood, and other proteid solutions are produced by a large variety of bacteria. They have been observed in cultures of the cholera vibrio, B. prodigiosus, B. pyocyaneus, and several others.[2]

The lab enzymes are easily destroyed by temperatures of 70° C. and over, and are very susceptible to excessive acidity or alkalinity.

Fat-Splitting Enzymes (*Lipase*).—The fat-splitting powers of bacteria have been less studied than some of the other bacterial functions and are correspondingly more obscure. It is known, nevertheless, that the process is due to an enzyme and that it is probably hydrolytic in nature. The following formula represents the simplest method in which some of the molds and bacteria produce cleavage of fats into glycerin and fatty acid.

$$C_3\,H_5\,(C_n\,H_{2n-1}\,O_2)_3 + 3H_2\,O = \underset{\text{Glycerin}}{C_3\,H_5\,(OH_3)} + \underset{\text{Fatty acid}}{3C_n\,H_{2n}\,O_2}$$

Some of the bacteria endowed with the power of producing lipase are the spirillum of cholera, B. fluorescens liquefaciens, B. prodigiosus, B. pyocyaneus, Staphylococcus pyogenes aureus, and some members of the streptothrix family. The methods of investigating this function of bacteria, originated by Ejkmann,[3] consists in covering the bottom of a Petri dish with tallow and pouring over this a thin layer of agar. Upon this, the bacteria are planted. Any diffusion of lipase from the bacterial colonies becomes evident by a formation of white, opaque spots in the tallow. Carrière[4] was able to demonstrate a fat-splitting ferment for the tubercle bacillus. Apart from the importance of these enzymes in nature for the destruction of fats, they are industrially important because of their action in rendering butter, milk, tallow, and allied products rancid, and are medically of interest for their action upon fats in the intestinal canal.

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[1] *Oppenheimer*, "Die Fermente u. ihre Wirkung," Leipzig. 1903.

[2] *Torini*, Atti dei laborat. d. sanita, Rome, 1890.

[3] *Ejkmann*, Cent. f. Bakt., I, xxix, 1901.

[4] *Carrière*, Comptes rend. de la soc. de biol., 53, 1901.

Enzymes of Fermentation (*The Cleavage of Carbohydrates by Bacteria*).—The power to assimilate carbon dioxide from the atmosphere is possessed only by the green plants and some of the colored algæ, and the sulphur or Thiobacteria. All other living beings are thus dependent for their supply of carbon upon the synthetic activities carried on by these plants to the same degree in which they are dependent upon similar processes for their nitrogen supply. The return of this carbon to the atmosphere is, of course, brought about to a large extent by the respiratory processes of the higher animals. The carbon, which, together with nitrogen, forms a part of proteid combinations, is freed, as we have seen in a previous section, by the processes of proteid cleavage. That, however, which is inclosed in the carbohydrate molecule, is set free by the action of yeasts, molds, or bacteria, by an enzymatic process similar in every respect to that described above for the process of proteid cleavage.

FERMENTATION.—The power of carbohydrate cleavage is possessed by a large number of the yeasts and bacteria. The process, as has been indicated, is of great importance in the cycle of carbon compounds for the return of carbon to its simplest forms, and is, furthermore, as will be seen in a later section, of great utility in the industries. In each case the power to split a particular carbohydrate is a more or less specific characteristic of a given species of microorganism, and for this reason has been extensively used as a method for the biological differentiation of bacteria. In the course of much careful work upon this question it has been ascertained that the specific carbohydrate-splitting powers of any given species are constant and unchanged through many generations of artificial cultivation. Thus, differentiation of the Gram-negative bacteria, the members of the pneumococcus-streptococcus group, and the diphtheria group, can now largely be made by a study of their sugar fermentations.

In most of these cases, as far as we know, the cleavage is produced by a process of hydrolysis. A convenient nomenclature which has been adopted for the designation of these ferments is that which employs the name of the converted carbohydrate adding the suffix "ase" to indicate the enzyme. There are thus ferments known as amylase, cellulase, lactase, etc.

Amylase (*Diastase or Amylolytic Ferment*).—Amylases or starch-splitting enzymes are formed by many plants (malt) and by animal organs (pancreas, saliva, liver). Among microorganisms amylase is produced by many of the streptothrix group, by the spirilla of Asiatic cholera and of Finkler-Prior, by B. anthracis, and many other bacteria. A large number of the bacteria found in the soil, furthermore, have been shown to produce amylases. By cultivating bacteria upon starch-agar plates, amylase can be readily demonstrated by a clearing of the medium immediately surrounding the colonies.[1]

Since, of course, there are several varieties of starches, it follows that the exact chemical action of amylase differs in individual cases. The determination of the structural disintegration of starch by these ferments is fraught with much difficulty, owing to the polymeric constitution of the starches. Primarily, however, a cleavage takes place into a disaccharid such as maltose (hexobiose), and the non-reducing sugars and dextrin. Beyond this point, however, the further cleavages are subject to much variation and are not entirely clear. The dextrins upon further reduction yield eventually dextrose.

Cellulase.—Cellulose is fermented by a limited number of bacteria, most of them anaërobes. The chemical process by which this takes place is but poorly understood.[2]

Gelase.—An agar-splitting ferment has been found by Gran.[3]

Invertase.—The enzymes which hydrolytically cause cleavage of saccharose into dextrose and levulose are numerous. The chemical process takes place according to the following formula:

$$\underset{\text{Saccharose}}{C_{12}H_{22}O_{11}} + H_2O = \underset{\text{Dextrose}}{C_6H_{12}O_6} + \underset{\text{Levulose}}{C_6H_{12}O_6}$$

Invertase is produced by many of the yeasts. It is one of the most common of the enzymes produced by bacteria, and has been found in cultures of B. megatherium, B. subtilis, pneumococcus, some streptococci, B. coli, and many others. Invertase is usually very susceptible to heat, being destroyed by temperatures of 70° C. and over. A slightly acid reaction of media abets the inverting action of these enzymes. Strong acids and alkalies inhibit them. Inverting enzymes may be precipitated out of solution by alcohol. Antiseptics even in weak concentrations will inhibit their action.

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[1] *Ejkmann*, Cent. f. Bakt., xxix, 1901, and xxxv, 1904.

[2] *Omelianski*, Lafar's "Handb. d. techn. Mykologie," Bd. iii, Chap. 9.

[3] *Gran*, Bergens Museum Aarbog, 1902, Hft. I.

Lactase.—Lactose-splitting ferments are extremely common both among bacteria and among the yeasts. The process is here again a hydrolytic cleavage resulting in the formation of the monosaccharids as dextrose and galactose.

Maltase.—A maltose-splitting ferment has also been found in the cultures of many bacteria, leading to the formation of dextrose.

Lactic Acid Fermentation.—Lactic acid (oxyproprionic acid, $C_3H_6O_3$) is one of the most common substances to appear among the products of bacterial activity, both in media containing carbohydrates and in those consisting entirely of albuminous substances. In most of these cases, the lactic acid is formed merely as a by-product accompanying many other more complicated chemical cleavages. In some instances, however, lactic acid is produced from carbohydrates, both disaccharids and monosaccharids, as an almost pure product due to a specific bio-chemical process. The reactions taking place in this phenomenon may be briefly expressed according to the following formulæ:

$$\underset{\text{Lactose}}{C_{12}H_{22}O_{11}} + H_2O = \underset{\text{Lactic acid}}{4C_3H_6O_3}$$

or

$$\underset{\text{Dextrose}}{C_6H_{12}O_6} = \underset{\text{Lactic acid}}{2C_3H_6O_3}$$

In the same way lactic acid may be produced by bacteria from levulose.

Examples of lactic acid formation are furnished by the streptococcus lacticus, and B. lactis aërogenes. In the case of the former, the fermentation may indeed proceed by the simple chemical process indicated in the formulæ, since the action of the bacillus is entirely unaccompanied by the evolution of gas.

Numerous other bacteria produce large amounts of lactic acid from lactose, possibly by chemical processes less simply formulated. Among these are bacilli of the colon group, B. prodigiosus, B. proteus vulgaris, and many others. Although lactic acid is usually the chief product in the bacterial fermentation of the simpler carbohydrates, acetic, formic, and butyric acids may often be found as by-products in variable amounts.[1]

Oxydases (Oxydizing Enzymes).—The most common example of oxidation by means of bacterial ferments is the production of acetic acid from weak solutions of ethyl alcohol. This process, which is the basis of vinegar production, is universally carried out by bacterial ferments. While possessed to some extent by a considerable number of microorganisms, acetic acid formation is a function pre-eminently of the bacterial groups described by Hansen, including "Bacterium aceti" and "Bacterium pasteurianum." To these two original groups a number of others have since been added.

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[1] *Buchner* und *Meisenheimer*, Ber. d Deut. chem. Gesellsch., xxxvi, 1903.

The organisms are short, plump bacilli, with a tendency to chain-formation, and occasionally showing characteristically swollen centers and many irregular involution forms. In the production of vinegar, as generally practiced by the farmer with cider or wine, these bacteria accumulate on the surface of the fluid as a pellicle or scum which is popularly known as the "mother of vinegar." Destruction of these bacteria by disinfectants or by sterilization with heat promptly arrests the process of vinegar formation. Chemically, the conversion of the alcohol consists in a double oxidation through ethyl aldehyde into acetic acid as shown in the following formulæ:

$$1.\ \underset{\text{Alcohol}}{C_2H_5\,(OH)} + O = \underset{\text{Ethyl aldehyde}}{CH_3\,(COH)}$$

$$2.\ CH_3\,(COH) + O = \underset{\text{Acetic acid}}{CH_3\,(COOH)}$$

Alcoholic Fermentation (*Zymase*).—The formation of alcohol as an end product of fermentation is of great importance in a number of the industries, primarily in the production of wine and beer. While accomplished by a number of bacteria, this form of fermentation is carried out chiefly by the yeasts.

Expressed in formulæ the simplest varieties of alcoholic fermentation, from mono- and disaccharids, may be represented as follows:

$$\underset{\text{Dextrose}}{C_6H_{12}O_6} = \underset{\text{Ethyl alcohol}}{2C_2H_5\,(OH)} + 2\,CO_2$$

or

$$\underset{\text{Saccharose}}{C_{12}H_{22}O_{11}} + H_2O = \underset{\text{Ethyl alcohol}}{4C_2H_5(OH)} + 4CO_2$$

In all cases the process may not be so simple as indicated by the equations, since by-products, such as higher alcohols, glycerin, succinic and acetic acids, may often be found in small traces among the end-products of such fermentations. The conditions which favor alcoholic fermentation by the yeasts are extremely important, since, upon obserservance of these, depends much of the uniformity of result which is so desirable in the industries mentioned above. The optimum concentration of sugar for the production of the highest quantity of alcohol is at or about 25 per cent. The temperature favoring the process ranges about 30° C. Under such conditions fermentation may continue until the alcohol forms almost a 20-per-cent solution. Most of the fermentations important in the wine, beer, and spirit industries, take place under anaërobic conditions, since the carbon dioxide which is formed soon shuts out any excess of air.

In the industrial employment of yeasts for fermentative purposes, it is necessary to work with specific strains, and in scientifically conducted vineyards, breweries, and distilleries the study and pure cultivation of the yeasts form no unimportant part of the work. Certain races of yeasts are more uniform in their fermentative powers than others, and the by-products formed by some races differ sufficiently from those of other races to cause material differences in the resulting substances. In the wine industries, the yeasts differ much from one another according to climatic and other environmental conditions. In vineyards, natural inoculation of the grapes occurs by transportation of the yeast from the soil to the surface of the grapes by wasps, bees, or other insects, through whose alimentary canals the microorganisms pass uninjured. In the autumn the yeast is returned to the soil by falling berries and remains alive in the upper layers of the ground throughout the winter months. In actual practice this natural yeast inoculation is not depended upon, but pure cultures of artificially cultivated yeasts are employed for inoculation. In some of the wine-growing countries these are supplied by special government experiment stations.

Denitrifying Bacteria.—Nitrogen is most readily absorbed by plants in the form of nitrates. These are furnished to the soil chiefly by the proteid decomposition induced by the proteolytic bacterial enzymes. It is self-evident, therefore, that any cleavage which reduces nitrogenous matter beyond the stage of nitrates, to nitrites and ammonia, detracts from the value of the nitrogen as a food stuff for plants, and the eventual setting free of nitrogen in the elementary state renders it entirely valueless for any but the leguminous plants.

Nevertheless, this process of nitrogen waste or denitrification is constantly going on in nature. In the course of ordinary decomposition, there is a constant reduction of nitrogenous matter to nitrites and salts of ammonia, actively taken part in by a host of bacteria, as many as

85 out of 109 investigated by Maassen [1] being found to possess this power. This, however, is not nearly so harmful a source of nitrogen waste as the process technically spoken of as true denitrification, in which nitrates are reduced, through nitric and nitrous oxides, to elementary nitrogen.

This phenomenon, more widely spread among bacteria than at first believed, depends essentially upon simple oxygen extraction from the nitrates by the bacteria, and for this reason goes on most actively when the supply of atmospheric oxygen is low. The first bacteria described as possessing this power of denitrification were the so-called B. denitrificans I and II, the first an obligatory anaërobe, the other a facultative aërobe. Since then numerous other bacteria, among them B. coli and B. pyocyaneus, have been shown to exhibit similar activities. It is important agriculturally, therefore, to know that many species which are able to utilize atmospheric oxygen when supplied with it, will get their oxygen by the reduction of nitrates and nitrites when free oxygen is withheld. It is thus clear that a loss of nitrogen is much more apt to proceed rapidly in manure heaps which are piled high and poorly aërated. There are other factors, however, in regard to the physiology of these microorganisms, which must be considered for practical purposes.

In order that these bacteria may develop their denitrifying powers to the best advantage, it is necessary to supply them with some carbon compound which is easily absorbed by them. This, in decomposing material, is furnished by the products of the carbohydrate cleavage going on side by side with the proteolytic processes. It is still more or less an open question whether the facilitation of denitrification brought about in manure heaps by the presence of hay and straw is due to the carbon furnished by these materials, or whether it is due to the fact that bacilli of this group are apt to adhere to the straw which acts in that case as a means of inoculation.

The actual danger of nitrogen depletion of the soil by denitrifying processes is probably much less threatening than was formerly supposed; for, in the first place, the conditions for complete denitrification are much more perfect in the experiment than they ever can be in nature, and the nitrifying processes going on side by side with denitrification make up for much of the loss sustained.

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[1] *Maassen*, Arb. a. d. kais. Gesundheitsamt, 1, xxviii, 1901.

ANABOLIC OR SYNTHETIC ACTIVITIES OF BACTERIA

Nitrogen Fixation by Bacteria.—The constant withdrawal of nitrogenous substances from the soil by innumerable plants would soon lead to total depletion were it not for certain forces continually at work replenishing the supply out of the large store of free nitrogen in the atmosphere. This important function of returning nitrogen to the soil in suitable form for consumption by the plants is performed largely by bacteria.

It is well known that specimens of agricultural soil when allowed to stand for any length of time without further interference will increase in nitrogenous content, but that similar specimens, if sterilized, will show no such increase.[1] The obvious conclusion to be drawn from this phenomenon is that some living factor in the unsterilized soil has aided in increasing the nitrogen supply. Light was thrown upon this problem when Winogradsky,[2] in 1893, discovered a microorganism in soil which possessed the power of assimilating large quantities of nitrogen from the air. This bacterium, which he named "Clostridium Pasteurianum," is an obligatory anaërobe which in nature always occurs in symbiosis with two other facultatively anaërobic microorganisms. In symbiosis with these, it can be cultivated under aërobic conditions and thus grows readily in the upper well-aërated layers of the soil.

Although, until now, no other bacteria with equally well-developed nitrogen-fixing powers have been discovered, yet it is more than likely that Clostridium Pasteurianum is not the only microorganism endowed with this function. In fact, Penicillium glaucum and Aspergillus niger, two molds, and two other bacteria described by Winogradsky, have been shown to possess this power slightly, but in an incomparably less marked degree than Clostridium Pasteurianum.[3] According to the calculations of Sachse,[4] unsterilized soil may, under experimental conditions, gain as much as 25 milligrams of nitrogen in a season, a statement which permits the calculation of a gain of twelve kilograms of nitrogen per acre annually.[5] It is very unlikely, however, that such gains actually occur in nature, where nitrogen-fixation and nitrogen-loss usually occur side by side.

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[1] *Berthelot*, Compt. rend. de la soc. de biol., cxvi, 1893.

[2] *Winogradsky*, Compt. rend. de la soc. de biol., cxvi, 1893, ibid., t. cxviii, 1894.

[3] *Tacke*, Landwirtsch. Jahresber., xviii, 1889.

[4] *Sachse*, "Agr. Chem.," 1883.

[5] *Pfeffer*, Pflügers Physiologie, p. 395.

Agriculturally of even greater importance than the free nitrogen-fixing bacteria of the soil are the bacteria found in the root tubercles of a class of plants known as "leguminosæ." It has long been known that this class of plants, including clover, peas, beans, vetch, etc., not only does not withdraw nitrogen from the soil, but rather tends to enrich it. Upon this knowledge has depended the well-known method of alternation of crops employed by farmers the world over. The actual reason for the beneficial influence of the leguminosæ, however, was not known until 1887, when Hellriegel and Wilfarth[1] succeeded in demonstrating that the nitrogen-accumulation was directly related to the root tubercles of the plants, and to the bacteria contained within them.

These tubercles, which are extremely numerous—as many as a thousand sometimes occurring upon one and the same plant—are formed by the infection of the roots with bacteria which probably enter through the delicate root-hairs. They vary in size, are usually situated near the main root-stem, and, in appearance, are not unlike fungus growths. Their development is in many respects comparable to the development of inflammatory granulations in animals after infection, inasmuch as the formation of the tubercle is largely due to a reactionary hyperplasia of the plant tissues themselves. They appear upon the seedlings within the first few weeks of their growth as small pink nodules, and enlarge rapidly as the plant grows. At the same time, later in the season, when the plants bear fruit, the root tubercles begin to shrink and crack. When the crops are harvested, the tubercles with the root remain, rot in the ground, and re-infect the soil.

Histologically the tubercles are seen to consist of large root cells which are densely crowded with microorganisms.

The microorganism itself, "Bacillus radicicola," was first observed within the tubercles by Woronin[2] in 1866. The bacilli are large, slender, and actively motile during the early development of the tubercles, but in the later stages assume a number of characteristic involution forms, commonly spoken of as "bacteroids." They become swollen, T and Y shaped, or branching and threadlike. Their isolation from the root tubercles usually presents little difficulty, since they grow readily upon gelatin and agar under strictly aërobic conditions. On the artificial media the bacillary form is usually well retained, involution forms appearing only upon old cultures.

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[1] *Hellriegel* und *Wilfarth,* Cent. f. Bakt., 1887.

[2] *Woronin*, Bot. Zeit., xxiv, 1866.

The classical experiments of Hellriegel and Wilfarth conclusively demonstrated the important relation of these tubercle-bacteria to nitrogen assimilation by the leguminosæ.

These observers cultivated various members of this group of plants upon nitrogen-free soil—sand—and prevented the formation of root tubercles in some, by sterilization of the sand, while in others they encouraged tubercle formation by inoculation. An example of their results may be given as follows:[1]

Lupinus luteus was cultivated upon sterilized sand. Some of the pots were inoculated with B. radicicola, others were kept sterile. Comparative analyses were made of the plants grown in the different pots with the following striking result:

	Harvested dry weight	*N. present*	*N. added in seed, soil, and soil-extract*	*Gain or loss of N.*
Root tubercles present	(a) 38.919	.998	.022	+.975
	(b) 33.755	.981	.023	+.958
No root tubercles.....	(c) 0.989	.016	.020	—.004
	(d) 0.828	.011	.022	—.009

The great importance of this process in agriculture is demonstrated, furthermore, by a comparison made by the same observers between a legume, the pea, and one of the common nitrogen-consuming crops, oats.[2]

Nitrogen contents of seed and soil.	*Nitrogen contents of crop.*	*Gain or loss.*
Oats 0.027 grams	0.007 grams	—.020
Peas 0.038 "	0.459 "	+.421

Exactly what the process is by which the bacteria supply nitrogen to the plant is as yet uncertain. Although the degenerating bacteroids in old nodules are bodily absorbed by the plant, this can not be conceived as the only method of supply, since the total nitrogen gain many times exceeds the total weight of bacteria in the nodules. It is probable that the microorganisms during life take up atmospheric nitrogen and secrete a nitrogenous substance which is absorbed by the plant cells.

Although formerly the relationship between plant and bacterium was regarded as one of symbiosis and of mutual benefit, the opinions as to this subject show wide divergence. While, according to some authors, the entrance of the bacteria into the plants is regarded as a true infection against which the plant offers at first a determined opposition as evidenced by tissue reactions, other observers, notably A. Fischer, regard the plant as a parasite upon the bacteria, in that it derives the sole benefit from the relationship and eventually bodily consumes its host.

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[1] *Pfeffer*, "Planzenphysiologie," Leipzig, 1897.

[2] *Hellriegel* und *Wilfarth*, Zeit. d. Ver. f. d. Rübenzucker Industrie, 1888. Quoted from *Fischer*, "Vorles. über die Bakt.," Jena, 1903.

Nitrifying Bacteria.—A process diametrically opposed in its chemistry to denitrification and reduction is that which brings about an oxidation of ammonia to nitrites and nitrates. The actual increase of nitrates in soil allowed to stand for any length of time and examined from time to time has been a well-established fact for many years; but it was believed until a comparatively short time ago that this increase was due to a simple chemical oxidation of ammonia by atmospheric oxygen. The dependence of nitrification upon the presence of living organisms was finally proved by Muntz and Schlossing[1] in 1887, who demonstrated that nitrification was abruptly stopped when the soil was sterilized by heat or antiseptics. It remained, however, to isolate and identify the organisms which brought about this ammonia oxidation. This last step in our knowledge of nitrification was taken in 1890, by Winogradsky. Winogradsky[2] found that the failures experienced by others who had attempted to isolate nitrifying bacteria were due to the fact that they had used the common culture media largely made up of organic substances. By using culture media containing no organic matter Winogradsky succeeded in isolating free from the soil, bacteria which have since that time been confirmed as being the causative factors in nitrification. During his first experiments this author observed that in some of his cultures the oxidation of ammonia went only as far as the stage of nitrite formation, while in others complete oxidation to nitrates took place. Following the clews indicated by this discrepancy, he finally succeeded in demonstrating that nitrification is a double process in which two entirely different varieties of microorganisms take part, the one capable of oxidizing ammonia to nitrites, the other continuing the process and converting the nitrites to nitrates. The nitrite-forming bacteria discovered by Winogradsky, and named Nitromonas or Nitrosomonas, are easily cultivated upon aqueous solutions containing ammonia, potassium sulphate, and magnesium carbonate. According to their discoverer they develop within a week in this medium as a gelatinous sediment. After further growth this sediment seems to break up and the bacteria appear as oval bodies, which swim actively about and develop flagella at one end. Upon the solid media in ordinary use they can not be cultivated. Special solid media suitable for their cultivation and composed of silicic acid and inorganic salts have been described by Winogradsky and by Omeliansky.[1]

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[1] *Muntz* und *Schlossing*, Compt. rend. de l'acad. des sciences, 1887.

[2] *Winogradsky*, Ann. Past. Inst., iv and v, 1890, 1891.

Other nitrite-forming bacteria have since been described by various observers, all of them more or less limited to definite localities. Some of these are similar to nitrosomonas in that they exhibit the flagellated, actively motile stage. In others this stage is absent.

The nitrite-forming bacteria, apart from their great agricultural importance, claim our attention because of their unique position in relation to the animal and vegetable kingdoms. Extremely sensitive to the presence of organic compounds, they are able to grow and develop only upon media containing nothing but inorganic material; and this entirely without the aid of any substances comparable to the chlorophyll of the green plants. The source of energy from which this particular class of bacteria derive the power of building up organic compounds from simple substances is to some extent a mystery. The carbon which they unquestionably require for the building up of organic material may be, as Winogradsky believed, derived to a certain extent from ammonium carbonate. But it is also quite certain that they are capable of utilizing directly atmospheric CO_2. In the absence of chlorophyll or of any highly organized chemical compound, it seems likely that the energy necessary for the utilization of the carbon obtained in this simple form is derived from the oxidation of ammonia during the process of nitrification.

The conversion of nitrites into nitrates is carried on by other species of bacteria also discovered by Winogradsky. These bacteria are much more generally distributed than nitrosomonas and probably include a number of varieties. The organism described by Winogradsky is an extremely small bacillus with pointed ends. Capsules have occasionally been made out. It may be cultivated upon aqueous solutions containing:

Sod. nitrite	.1	per cent.
Potass. phosphate	.05	" "
Magnesium sulph.	.03	" "
Sodium carbonate	.1	" "
Ferrous sulphate	.04	" "

The development of the organism is slow and sparse, and is directly inhibited by the presence of organic matter. It is strongly inhibited by the presence of ammonia.

The Liberation of Energy by Bacteria.—Like all other living beings, bacteria in their metabolic processes liberate energy. It has been shown by several observers that slight quantities of heat are given off from actively growing cultures. The functions, furthermore, of reproduction, motility, and enzyme formation may be looked upon as forms of energy liberation. In addition to this, certain bacteria have been observed which may liberate energy in the form of light.

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[1] *Omeliansky*, Cent. f. Bakt., II, 5, 1899.

Light Production by Bacteria.—The production of light by bacteria is a power possessed chiefly by certain species inhabiting salt water. Thus, much of the phosphorescence observed at sea, though more frequently due to Medusa and other invertebrate animals, is caused by these bacteria. Numerous species which produce this phenomenon have been isolated, too many, and too unimportant, to be individually described. All of them are aërobes and require highly complex food stuffs. They are closely allied to the putrefactive bacteria, and in the sea are usually found upon rotting animal matter.[1] The production of light seems directly dependent upon the free access of oxygen, since no light appears under anaërobic conditions. Their luminous quality, moreover, is not a true phosphorescence, in that it does not depend upon previous illumination and develops as well in cultures kept in the dark as in those which have been exposed to light.[2]

The Formation of Pigment by Bacteria (*Chromobacteria*).—A large number of bacteria, when cultivated upon suitable media, give rise to characteristic colors which are valuable as marks of differentiation. For each species, the color is usually constant, depending, to a certain extent, upon the conditions of cultivation. In only a few of the pigmented bacteria is the pigment contained within the cell body, and in only one variety, the sulphur bacteria, does the pigment appear to hold any distinct relationship to nutrition. In most cases, the coloring matter is found to be deposited in small intercellular granules or globules. The absence of any relationship of the pigment to sunlight, as is the case with the chlorophyll of the green plants, is indicated by the fact that most of the chromobacteria thrive and produce pigment equally well in the dark as they do in the presence of light. Among the most common of the pigment bacteria met with in bacteriological work are Staphylococcus pyogenes aureus, Bacillus pyocyaneus, Bacillus prodigiosus, and some of the green fluorescent bacteria frequently found in feces.

The chemical nature of these pigments has been investigated quite thoroughly and it has been shown that they vary in composition.

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[1] *Pflüger's* Arch. f. Phys., xi, 1875. [2] *Fischer*, Cent. f. Bakt., iii, 1888.

Some of the pigments, like that of Staphylococcus aureus, are probably non-proteid and of a fatty nature.[1] They are insoluble in water but soluble in alcohol, ether, and chloroform. Because of their probable composition, they have been spoken of as "lipochromes." Other pigments, like the pyocyanin, which lends the green color to cultures of Bacillus pyocyaneus, are water soluble and are probably of proteid composition. Pyocyanin may be crystallized out of aqueous solution in the form of fine needles. The crystals may be redissolved in chloroform. Aqueous solutions retain their color. Solutions in chloroform, however, are changed gradually to yellow.

The power of pigment production of various bacteria depends in each case upon cultural conditions. In most cases, this simply signifies that pigment is produced only when the microorganism, finding the most favorable environmental conditions, is enabled to develop all its functions to their fullest extent. Thus, a too high acidity or alkalinity of the culture medium may inhibit pigment formation. Oxygen is necessary for the production of color in some bacteria, since the bacteria themselves often produce the pigment only as a leuko-body which is then oxydized into the pigment proper. A notable example of this is the pigment of B. pyocyaneus. In other cases, temperature plays an important rôle in influencing color production. Thus, Bacillus prodigiosus refuses to produce its pigment when growing in the incubator. By persistent cultivation in an unfavorable environment, colored cultures may lose their power of pigment production.

Sulphur Bacteria.—Wherever the decomposition of organic matter gives rise to the formation of H_2S, in cess-pools, in ditches, at the bottom of the sea, and in stagnant ponds, there is found a curiously interesting group of microorganisms, the so-called sulphur or thiobacteria. Red, purple, and colorless, these bacteria all possess the power of utilizing sulphuretted hydrogen and by its oxidation into free sulphur obtain the energy necessary for their metabolic processes. The colorless sulphur bacteria, the Beggiatoa and Thiothrices, usually appear as threads or chains which, in media containing sufficient H_2S, are usually well-stocked with minute globules of sulphur. If found upon decomposing organic matter, they often cover this as a grayish mold-like layer. The red sulphur bacteria, of which numerous species have been described by Winogradsky, may appear as actively motile spirilla (Thiospirillum) or as short, thick bacillary forms.

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[1] *Schroeter*, Cent. f. Bakt., xviii, 1895.

The physiology of all the sulphur bacteria, and especially of the colored varieties, is of the greatest interest in that these microorganisms are among the few members of the bacterial group which behave metabolically like the green plants. The higher organic substances play little or no part in the nutrition of these microorganisms. Strictly aërobic, the colorless thiobacteria are independent of sunlight, while the red and purple varieties exhibit their physiological dependence upon light by accumulating under natural conditions in well-lighted spots. Both varieties possess equally the power of oxidizing sulphuretted hydrogen as a source of energy. The sulphur is then stored as elemental sulphur within the bacterial body and when a lack of food stuffs sets in, the store of sulphur can be further oxidized into sulphurous or sulphuric anhydrides. With this sole source of energy, these bacteria are capable of flourishing aërobically, while an absence of H_2S, even in the presence of organic food stuffs, leads to a rapid disappearance of their sulphur contents and an inability to develop.

In the case of the colored thiobacteria, the red pigment appears to fulfil, to some extent, a function comparable to that of the chlorophyll of the green plants.

Engelmann,[1] who has studied this pigment spectroscopically, has found that besides absorbing the red spectral rays there is an absorption of rays on the ultra-red end of the spectrum. The absorption of the red rays between the lines B and C of the spectrum, and of violet rays at the line F, is the same as that of the absorption spectrum of chlorophyll, and it is in the zone of these rays that the physiological effects of chlorophyll are most active. In addition to these absorption bands, the bacteriopurpurin of the red sulphur bacteria shows absorption of the invisible ultra red rays of the spectrum.

Engelmann, with a microspectroscope, projected a spectrum into a miscroscopic field in which green algæ or, in the case under discussion, red sulphur bacteria had been placed. Other sources of light were, of course, excluded. By adding emulsions of strictly aërobic bacteria to such preparations, an accumulation of microorganisms was observed at those points in the spectrum at which most oxygen was liberated. In the case both of chlorophyll and of the red sulphur bacteria such areas of bacterial accumulation (in oxygen liberation) occurred in the zones of the absorption bands mentioned above.

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[1] *Engelmann*, Bot. Zeit., 1888.

CHAPTER V

THE DESTRUCTION OF BACTERIA

GENERAL CONSIDERATIONS

No branch of bacteriology has been more fruitful in practical application than that which deals with the factors which bring about the destruction of microorganisms. Upon the study of this branch has depended the growth and the development of modern surgery.

The agents which affect bacteria injuriously are many, and are both physical and chemical in nature.

When a procedure completely destroys bacterial life it is spoken of as sterilization or disinfection, the term disinfection being employed more especially to designate the use of chemical agents. When the procedure destroys vegetative forms only, leaving the more resistant spores uninjured, it is spoken of as "incomplete sterilization." When an agent, on the other hand, does not actually kill the microorganisms, but merely inhibits their growth and multiplication, it is spoken of as an antiseptic. The term deodorant is indiscriminately applied to substances which mask or destroy offensive odors, and may or may not possess disinfectant or antiseptic value. Some deodorants act chemically on the noxious gases, destroying them.

PHYSICAL AGENTS INJURIOUS TO BACTERIA

The principal *physical agents* which may exert deleterious action upon bacteria are: drying, light, electricity, and heat.

Drying.—Complete desiccation eventually destroys most of the pathogenic bacteria, yet great differences in resistance to this condition are shown by various microorganisms. Ficker,[1] who has made a systematic study of the influence of complete drying upon bacteria, concludes that the resistance of bacteria to desiccation is influenced by the age of the culture investigated, the rapidity with which the withdrawal of moisture is accomplished, and the temperature at which the process takes place. Microorganisms like the gonococcus and the Pfeiffer bacillus, are destroyed by drying within a few hours. The cholera vibrio dried upon a coverslip was found by Koch [1] to be killed within four hours; by Burckholtz,[2] to survive about twenty-four hours. The spore-forms of bacteria are infinitely more resistant to this influence than are the vegetative forms, though they may be destroyed by rapid and complete drying in a desiccator.

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[1] *Ficker,* Zeit. f. Hyg., xxix, 1896.

It is self-evident that many discrepancies in the experimental results of various authors may depend upon the technique of investigation, since the degree of drying attained depends intimately upon the thickness and consistence of the material investigated, and upon the methods employed for desiccation.

Light.—Direct sunlight is a powerful germicide for all bacteria except a limited number of species like the thio- or sulphur bacteria, which utilize sunlight for their metabolic processes as do the green plants.

Koch [3] has shown that exposure to sunlight will destroy the tubercle bacillus within two hours or less, the time depending upon the thickness of the exposed layers and the material surrounding the bacilli. Confirmatory researches have been published by Mignesco [4] and others. The powerful disinfecting influence of sunlight upon bacteria suspended in water has been shown by Buchner.[5] Observations in regard to the influence of sunlight upon anthrax spores have been made by Arloing,[6] and similar observations upon a number of other microorganisms have been carried out by Dieudonné, Janowski, v. Esmarch, and many others. All these observers, while differing somewhat as to the time necessary for bacterial destruction, agree in finding definite and powerful bactericidal action of sunlight. Diffuse light, of course, is less active than direct sunlight. According to Buchner, typhoid bacilli are inhibited by direct sunlight in one and one-half hours, by diffuse light in five hours. A remarkable statement is made by Arloing, who claims to have found that anthrax spores are more quickly destroyed by direct sunlight than are the vegetative cells. This fact would call for further confirmation.

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[1] *Koch*, Arb. a. d. kais. Gesundheitsamt. iii, 1887.

[2] *Burkholtz*, Arb. a. d. kais. Gesundheitsamt, v, 1889.

[3] *Koch*, X Internat. Med. Congress, Berlin, 1890.

[4] *Mignesco*, Arch. f. Hyg., xxv, 1896.

[5] *Buchner*, Cent. f. Bakt., I, xi, 1892.

[6] *Arloing*, Compt. rend. de l'acad. d. sci., c, 1885.

It has been shown by various authors that the influence of sunlight is not to be attributed in any way to temperature, nor always to a direct action of the light upon the bacteria, but depends largely upon photochemical changes produced by the light rays in the media. Richardson [1] and Dieudonné [2] conclude that under ordinary aërobic conditions in fluid environment peroxide of hydrogen is formed under the influence of light. Novy and Freer [3] believe that the bactericidal effects in fluids noticed as a result of exposure to light are too strong to be explained by the formation of small quantities of peroxide of hydrogen, and attribute this action to organic peroxides formed under the described conditions, such as the peroxides of diacetyl, benzoylacetyl, and others. These views are somewhat strengthened by the fact that exclusion of oxygen from media markedly diminishes the bactericidal power of light.[4] That the photochemical changes alone, however, do not explain this action follows from the fact that dried bacteria, not surrounded by media, are subject to a similar action.[5]

In analyzing sunlight in regard to its bactericidal power, it has been found by various observers that the most powerful action is exerted by the ultraviolet spectral rays, whereas the yellow, red, and ultra-red rays are practically innocuous.[6]

It is of importance to note that sunlight has been found also to have a strong attenuating influence [7] upon some bacterial poisons, as shown by the experiments of Ferri and Celli upon tetanus toxin.

Electric light exerts a distinct bactericidal action when applied in strengths of 800 to 900 candle power for seven or eight hours.[8]

Röntgen or *x*-rays are said by Zeit,[9] Blaise [10] and Sambac, and others to be without appreciable germicidal power. Rieder,[11] on the other hand, has reported definite inhibition of bacterial growth after exposures of half an hour to *x*-rays.

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[1] *Richardson*, Jour. Chem. Soc., i, 1893, Ref. Deut. chem. Gesells., xxvi.

[2] *Dieudonné*, loc. cit.

[3] *Novy* and *Freer*, 3d Ann. Meeting Assn. Amer. Bacteriologists, Chicago, 1901.

[4] *Roux*, Ann. Inst. Past., ix, 1887.

[5] *Dieudonné*, loc. cit.

[6] *Ward*, Proc. Royal Soc., 52, 1893.

[7] *Ferri* and *Celli*, Cent. f. Bakt., I, xii, 1892.

[8] *Dieudonné*, loc. cit.

[9] *Zeit*, Jour. Amer. Med. Assn., xxxvii, 1901.

[10] *Blaise* and *Sambac*, Compt. rend. de la soc. de biol., 1896.

[11] *Rieder*, Münch. med. Woch., 1898.

Radium rays have a distinct inhibitory and even bactericidal power when applied at distances of a few centimeters for several hours.[1]

Electricity.—If we exclude the indirect actions of heat and electrolysis, it can hardly be said that the direct bactericidal action of electric currents has been satisfactorily demonstrated. Such action, however, has been claimed by d'Arsonville and Charrin,[2] and by Spilker and Gottstein.[3]

Heat.—The most widely applicable and efficient physical agent for sterilization is heat.

The dependence of bacteria for growth and vitality upon the maintenance of a proper temperature in their environment, and the ranges of variation within which bacteria may thrive, have been discussed in a preceding section, in which a table of so-called "thermal death points" has been given. In the method of expressing these values it was seen that two elements entered into the destruction of bacteria by heat, namely, that of the degree of temperature which is applied, and that of the time of application.

The prolonged application of moderately high temperatures, in other words, may in certain instances, accomplish the same result as the brief use of extremely high ones. In general, the death of bacteria following prolonged exposure to temperatures but slightly exceeding the optimum is due to the inability of the anabolic processes to keep pace with the accelerated katabolic processes, gradual attenuation resulting in death. At somewhat higher temperatures death results from coagulation of the bacterial protoplasm, and at still higher degrees of heat, applied in the dry form, direct burning of the bacteria may be the cause of their destruction.

Heat may be applied in the form of dry heat or as moist heat, these methods being of great practical value, but differently applicable according to the nature of the materials to be sterilized. The two methods, moreover, show a marked difference in efficiency, temperature for temperature. For the recognition of this fact we are largely indebted to the early researches of Koch and Wolffhügel,[4] and of Koch, Gaffky, and Loeffler.[5]

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[1] Personal observations.

[2] *D'Arsonville* and *Charrin*, Compt. rend. de la soc. de biol.

[3] *Spilker* and *Gottstein*, Cent. f. Bakt., I, 9, 1891.

[4] *Koch* und *Wolffhügel*, Mitt. a. d. kais. Gesundheitsamt, 1, 1882.

[5] *Koch*, *Gaffky* and *Loeffler*, ibid.

These observers were able to show that the spores of anthrax were destroyed by boiling water at 100° C. in from one to twelve minutes, whereas dry hot air was efficient only after three hours' exposure to 140° C. Extensive confirmation of these differences has been brought by many workers. An explanation of the phenomena observed is probably to be found in the changes in the coagulability of proteids brought about in them by the abstraction of water. Lewith,[1] working with various proteids, found that these substances are coagulated by heat at lower temperatures when they contain abundant quantities of water, than when water has been abstracted from them. On the basis of actual experiment with egg albumin he obtained the following results,[2] which illustrate the point in question:

Egg albumin in dilute aqueous solution, coagulated at 56° C.
" " with 25 per cent water, " " 74–80° C.
" " " 18 " " " " " 80–90° C.
" " " 6 " " " " " 145° C.

Absolutely anhydrous albumin, according to Haas,[3] may be heated to 170° C. without coagulation. It is thus clear that bacteria exposed to hot air may be considerably dehydrated before the temperature rises sufficiently to cause death by coagulation, complete dehydration necessitating their destruction possibly by actual burning.

Bacteria exposed to moist air or steam, on the other hand, may absorb water and become proportionately more coagulable.

The same principle, as Lewith points out, probably explains the great resistance to heat observed in the case of the highly concentrated protoplasm of spores.

Apart from the actually greater efficiency of moist heat when compared with dry heat of an equal temperature, an advantage of great practical significance possessed by moist heat lies in its greater powers of penetration. An experiment carried out by Koch and his associates illustrates this point clearly. Small packages of garden soil were surrounded by varying thicknesses of linen with thermometers so placed that the temperature under a definite number of layers could be determined. Exposures to hot air and to steam were then made for comparison, and the results were as tabulated:[1]

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[1] *Lewith*, Arch. f. exp. Path. u. Pharm., xxvi, 1890.
[2] *Lewith*, loc. cit., p. 351.
[3] *Haas*, Prag. med. Woch., 34–36, 1876.

	Temperatures.	Time of Application.	Temperatures Reached within Thicknesses of Linen.			
			Twenty Thicknesses.	Forty Thicknesses.	One Hundred Thicknesses.	
Hot air.....	130–140° C.	4 hours.	86°	72°	Below 70°	Incomplete sterilization.
Steam......	90–105.3°	3 hours.	101°	101°	101.5°	Complete sterilization.

This great penetrating power of steam is due presumably to its comparatively low specific gravity which enables it to displace air from the interior of porous materials, and also to the fact that as the steam comes in contact with the objects to be disinfected a condensation takes place with the consequent liberation of heat. When a vapor passes into the liquid state it gives out a definite amount of heat, which in the case of water vapor, at 100° C., amounts to about 537 calories. This brings about a rapid heating of the object in question. Following this process the further heating takes place by conduction, and it is, of course, well known that steam is a much better heat conductor than air.[2]

Moist heat may be applied as boiling water, in which, of course, the temperature varies little from 100° C., or as steam. Steam may be used as live, flowing steam, without pressure, the temperature of which is more or less constant at 100° C., or still higher efficiency may be attained by the use of steam under pressure, in which, of course, temperatures far exceeding 100° C. may be produced, according to the amount of pressure which is used.

The spores of certain bacteria of the soil which can not be killed in live steam in less than several hours may be destroyed in a few minutes, or even instantaneously, in compressed steam at temperatures ranging from 120° to 140° C.[3]

In all methods of steam sterilization, it is of great practical importance, as v. Esmarch [1] has pointed out, that the steam shall be saturated, that is, shall contain as much vaporized water as its temperature permits. Unsaturated, or so-called "super-heated steam" is formed when heat is applied to steam, either by passage through heated piping or over heated metal plates. In such cases the temperature of the steam is raised, but no further water-vapor being supplied, the steam exerts less pressure and contains less water in proportion to its volume than saturated steam of an equal temperature. The super-heated steam, therefore, is heated considerably over its condensation temperature and becomes literally dried. In consequence, its action is more comparable to hot air than to saturated steam, and up to a certain temperature its disinfecting power is actually less than that of live steam at 100° C. v. Esmarch, who has made a thorough study of these conditions, concludes that up to 125° C., the efficiency of superheated steam is lower than that of live steam at 100° C. Above this temperature, of course, it is again active as in the case of ordinary dry heat.

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[1] *Koch, Gaffky* und *Loeffler*, loc. cit., p. 339.

[2] *Gruber*, Cent. f. Bakt., iii, 1888.

[3] *Christen*, Ref. Cent. f. Bakt., V. xiii, 1893.

PRACTICAL METHODS OF HEAT STERILIZATION.—*Burning.*—For objects without value, actual *burning* in a furnace is a certain and easily applicable method of sterilization. Flaming, by passage through a Bunsen or an alcohol flame, is the method in use for the sterilization of platinum needles, coverslips, or other small objects which are used in handling bacteria in the laboratory.

Hot air sterilization is carried out in the so-called "hot air chambers," simple devices of varied construction. The apparatus most commonly used (Fig. 8) consists of a sheet-iron, double-walled chamber, the joints of which, instead of being soldered, are closed by rivets. The inner case of this chamber is entirely closed except for an opening in the top through which a thermometer may be introduced, while the outer has a large opening at the bottom and two smaller ones at the top. A gas-burner is adjusted under this so as to play directly upon the bottom of the inner case. A thermometer is fitted in the top in such a way that it penetrates into the inner chamber. The air in the chamber is heated directly by the flame and by the hot air, which, rising from the flame, courses upward within the jacket between the two cases and escapes at the top. To insure absolute sterilization of objects in such a chamber, the temperature should be kept between 150° and 160° C. for at least an hour. In sterilizing combustible articles in such a chamber, it should be remembered that cotton is browned at a temperature of 200° C. and over. This method is used in laboratories for the sterilization of Petri dishes, flasks, test tubes, and pipettes, and for articles which may be injured by moisture. Both heating and subsequent cooling should be done gradually to avoid cracking of the glassware.

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[1] *v. Esmarch,* Zeit. f. Hyg., iv 1888.

Moist Heat.—Instruments, syringes, and other suitable objects may be sterilized by *boiling* in water. Boiling for about five minutes is amply sufficient to destroy the vegetative forms of all bacteria. For the destruction of spores, boiling for one or two hours is usually sufficient, though the spores of certain saprophytes of the soil have been found occasionally to withstand moist heat at a temperature of 100° C. for as long as sixteen hours.[1] The addition of 1 per cent of sodium carbonate to boiling water hastens the destruction of spores and prevents the rusting of metal objects sterilized in this way. The addition of carbolic acid to boiling water in from 2 to 5 per cent usually insures the destruction of anthrax spores, at least, within ten to fifteen minutes.

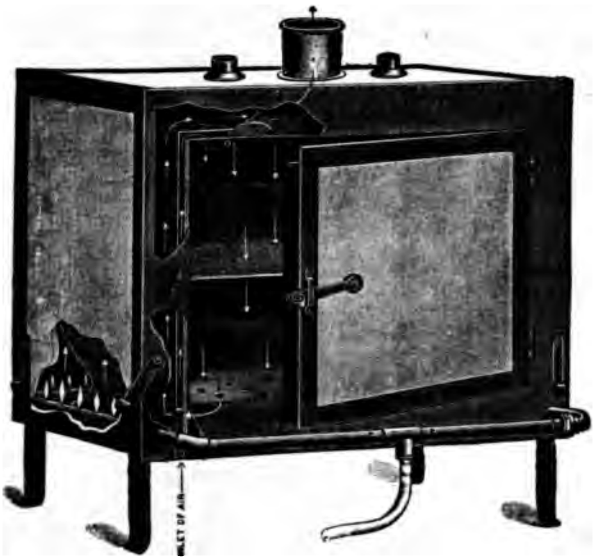

FIG. 8.—HOT AIR STERILIZER.

Exposure to *live steam* is probably the most practical of the methods of heat sterilization. It may be carried out by simple makeshifts of the kitchen, such as the use of potato-steamers or of wash-boilers. For laboratory purposes, the original steaming device introduced by Koch has been almost completely displaced by devices constructed on the plan of the so-called "Arnold" sterilizer (Fig. 9). In such an apparatus, water is poured into the reservoir *A* and flows from there into the shallow receptacle *B*, formed by the double bottom. The flame underneath rapidly vaporizes the thin layer of water contained in *B*, and the steam rises rapidly, coursing through the main chamber *C*. Steam which escapes through the joints of the lid of this chamber is condensed under the hood and drops back into the reservoir. Exposure to steam in such an apparatus for fifteen to thirty minutes insures the death of the vegetative forms of bacteria.

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[1] *Christen*, loc. cit.

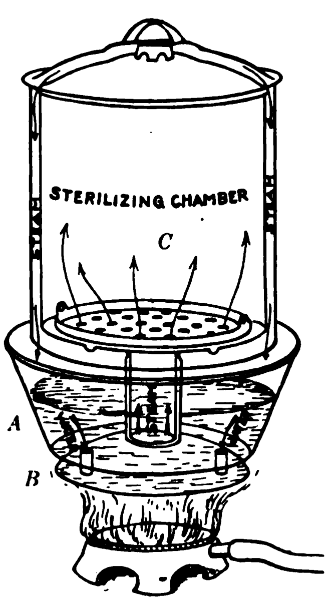

FIG. 9.—ARNOLD STERILIZER.

In the sterilization of media by such a device, the method of *fractional sterilization* at 100° C. is employed. The principle of this method depends upon repeated exposure of the media for fifteen minutes to one-half hour on three succeeding days. By the first exposure all vegetative forms are destroyed. The media may then be left at room temperature, or at incubator temperature (37.5° C.) until the following day, when any spores which may be present will have developed into the vegetative stage. These are then killed by the second exposure. A repetition of this procedure on a third day insures sterility. It must always be remembered, however, that this method is applicable only in cases in which the substance to be sterilized is a favorable medium for bacterial growth in which it is likely that spores will develop into vegetative forms.

Exceptionally the method may fail even in favorable media when anaërobic spore-forming bacteria are present. Thus, it has been observed that anaërobic spores, failing to develop under the aërobic conditions prevailing during the intervals of fractional sterilization, have developed after inoculation of the media with other bacteria, when symbiosis had made their growth possible. Tetanus bacilli have, in this way, occurred in cultures of diphtheria bacilli employed for toxin production.

In noting the time of an exposure in an Arnold sterilizer, it is important to time the process from the time when the temperature has reached 100° C. and not from the time of lighting the flame.

The principle of *fractional sterilization* at low temperatures is applied also to the sterilization of substances which can not be subjected to temperatures as high as 100° C. This is especially the case in the sterilization of media containing albuminous materials, when coagulation is to be avoided, or when both coagulation of the medium and sterilization are desired.

In such cases fractional sterilization may be practiced in simply constructed sterilizers, such as a Koch inspissator or, in the case of fluids, such as blood serum, by immersion in a water-bath at a temperature varying above 55° C., according to circumstances. Exposures at such low temperatures may be repeated on five or six consecutive days, usually for an hour each day.

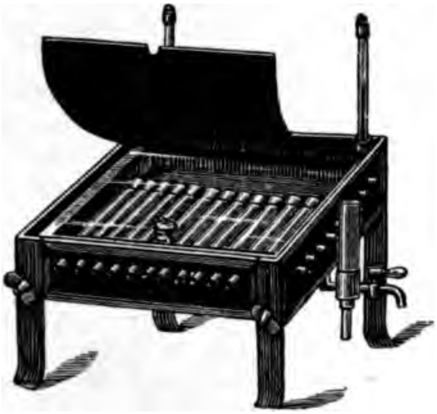

FIG. 10.—LOW TEMPERATURE STERILIZER (INSPISSATOR).

The use of *steam under pressure* is the most powerful method of heat-disinfection which we possess. It is applicable to the sterilization of fomites, clothing, or any objects of a size suitable to be contained in the apparatus at hand, and which are not injured by moisture. In laboratories this method is employed for the sterilization of infected apparatus, such as flasks, test tubes, Petri plates, etc., containing cultures. The device most commonly used in laboratories is the so-called autoclave, of which a variety of models may be obtained, both stationary and portable. The principle governing the construction of all of these is the same. The apparatus usually consists of a gun-metal cylinder supplied with a lid, which can be tightly closed by screws or nuts, and supplied with a thermometer, a safety-valve, and a steam pressure gauge. In the simpler autoclaves, water may be directly filled into the lower part of the cylinder, and the objects to be sterilized supported upon a perforated diaphragm. In this case the heat is directly applied by means of a gas flame. In the more elaborate stationary devices, steam may be let in by piping it from the regular supply used for heating purposes. Exposure to steam under fifteen pounds pressure (fifteen in addition to the usual atmospheric pressure of fifteen pounds to the square inch) for fifteen to twenty minutes, is sufficient to kill all forms of bacterial life, including spores.

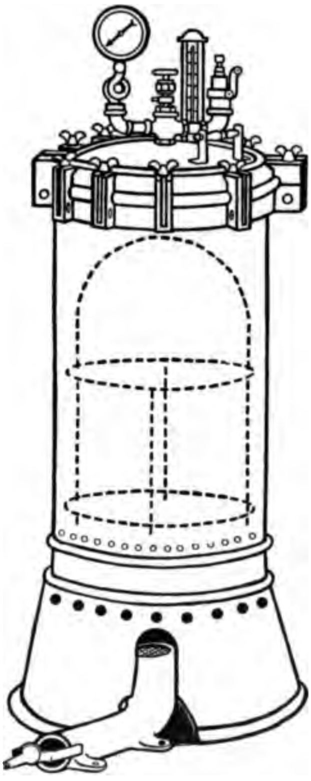

FIG. 11.—AUTOCLAVE.

In applying autoclave sterilization practically, attention must be paid to certain technical details, neglect of which would result in failure of sterilization. It is necessary always to permit all air to escape from the autoclave before closing the vent. If this is not done, a poorly conducting air-jacket may be left about the objects to be sterilized, and these may not be heated to the temperature indicated by the pressure. It is also necessary to allow the reduction of pressure, after sterilization, to take place slowly. Any sudden relief of pressure, such as would be produced by opening the air-vent while the pressure gauge is still above zero, will usually result in a sudden ebullition of fluid and a removal of stoppers from flasks.

The temperature attained by the application of various degrees of pressure is expressed in the following table:

Lbs. Pressure	Temperature	Lbs. Pressure	Temperature
1	102.3°	5	108.8°
2	104.2	6	110.3
3	105.7	7	111.7
4	107.3	8	113

Lbs. Pressure	Temperature
9	114.3°
10	115.6
11	116.8
12	118
13	119.1
14	120.2
15	121.3
16	122.4
17	123.3°
18	124.3
20	126.2
22	128.1
24	129.3
26	131.5
28	133.1
30	134.6

CHEMICAL AGENTS INJURIOUS TO BACTERIA

Since the time of Koch's[1] fundamental researches upon chemical disinfectants, the known number of these substances has been enormously increased, and now embraces chemical agents of the most varied constitution. It is thus manifestly impossible to refer the injurious influence which these substances exert upon bacteria to any uniform law of action. The efficiency of a disinfecting agent, furthermore, is not alone dependent upon the nature and concentrations of the substance itself, but depends complexly upon the nature of the solvent in which it is employed, the temperature prevailing during its application, the numbers and biological characteristics of the bacteria in question, and the time of exposure. All these factors, therefore, must be considered in testing the efficiency of any given disinfectant. While it is true, furthermore, that all substances which in a given concentration exert bactericidal or disinfecting action upon a microorganism, will in greater dilution act antiseptically or inhibitively, no definite rules of proportion exist between the two values, which in each case must be determined by experiment.

Disinfectants Used in Solution.—The actual processes which take place in the injury of bacteria by disinfectants are to a large extent unknown. In the case of strong acids, or strongly oxidizing substances, there may be destruction of the bacterial body as a whole by rapid oxidation. Other substances may act by coagulation of the bacterial protoplasm; others again by diffusion through the cell membrane are able to enter into chemical combination with the protoplasm and exert a toxic action. Again, in other cases, a difference in tonicity between cell protoplasm and disinfectant may tend to withdrawal of water from the bacterial cell and consequent injury of the microorganism.

Among the inorganic disinfectants the most important are the metallic salts, acids, and bases, the halogens and their derivatives, and certain oxidizing agents like peroxide of hydrogen and permanganate of potassium.

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[1] *Koch*, Arb. a. d. kais. Gesundheitsamt, i, 1881.

It has been shown by Scheuerlen and Spiro,[1] Krönig and Paul,[2] and others, that in the case of the salts, acids, and bases, there is a distinct and demonstrable relationship between the disinfecting power of these substances and their dissociation in solution.

According to the theory of electrolytic dissociation, when bodies of this class go into solution they are broken up or dissociated into an electro-positive and an electro-negative ion. Thus, metallic salts are broken up into the kation, or positive metal, and into the anion, or negative acid radicle ($AgNO_3$ = Ag, + ion and NO_3, − ion). In the case of the acids, ionization takes place into the hydrogen ions and the acid radicles, while in the case of the bases the dissociation occurs into the metal, on the one hand, and the OH group on the other. The degree of dissociation taking place depends upon the nature of the substance in solution, its concentration, and the nature of the solvent. Thus, in any such solution there appear three substances, the undissociated compound as such, its electro-negative ion, and its electropositive ion, their relative concentrations depending upon an interrelationship calculable by definite laws. It goes without saying, therefore, that any chemical or physical reaction, taken part in by such a solution, may be participated in, not only by the dissolved undissociated residue as a whole, but by its separate ions individually as well. In the case of many disinfectants, the writers referred to above have been able to demonstrate a relationship between the degree of dissociation and the bactericidal powers. According to Krönig and Paul, double metallic salts, in which the metal is a constituent of a complex ion and in which the concentration of the dissociated metal-ions is consequently low, have very little disinfecting power. Thus potassium-silver-cyanide, which is a comparatively weak disinfectant, dissociates into the kation K and the complex anion $Ag(CN)_2$, this latter further dissociating to a very slight degree only. The same writers conclude that the bactericidal action of mercuric chloride and of halogen combinations with metals is directly proportionate to the degree of dissociation. This consideration, moreover, explains why aqueous solutions of such substances are more active than are solutions in the alcohols or in ether, since it is well known that metallic salts are ionized in these substances to a much slighter degree than they are in water.[1]

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[1] *Scheuerlen* und *Spiro*, Münch. med. Woch., 44, 1897.

[2] *Krönig* und *Paul*, Zeit. f. Hyg., xxv, 1897.

On the other hand, the addition of moderate quantities of ethyl and methyl alcohol or acetones to aqueous solutions of silver nitrate or mercuric chloride, definitely increases the disinfecting action of such solutions. In the case of mercuric chloride, Krönig and Paul obtained the most powerful effects in solutions to which alcohol had been added in a concentration of 25 per cent. For this empirical fact a satisfactory explanation has not yet been found. Krönig and Paul suggest that low percentages of alcohol may facilitate the penetration of the disinfectant through the cell membrane and thus increase its efficiency, while high percentages of alcohol have the opposite effect, by decreasing the degree of dissociation. In this connection it has been suggested, however, that absolute and strong alcohols possibly act as desiccating agents, thus actually rendering the bacteria dry and less susceptible to deleterious chemical influences.

In the case of acids and bases the same authors have determined that the powers of disinfection of these substances are again directly proportionate to the degree of their dissociation: that is, to the concentration of the hydrogen or hydroxyl ions, respectively. The hydrogen ions are more powerfully active than the hydroxyl ions in equal contration; the acids, therefore, are more efficient disinfectants than the bases.

A fact which appears to strengthen the opinion as to the relationship between bactericidal powers and dissociation, is that brought forward by Scheuerlen and Spiro, that the addition of NaCl to bichloride of mercury solutions reduces the disinfecting power of such solutions, inasmuch as it diminishes the concentration of free ions. In practice, however, NaCl or ammonium chloride is added to bichloride of mercury solutions, since these substances aid in holding in solution mercury compounds formed in the presence of alkaline albuminous material such as blood serum, pus, etc.

In regard to the halogens, Krönig and Paul have shown that the germicidal power of this class of elements is inversely proportionate to their atomic weights. Thus, chlorine with the lowest atomic weight is the strongest disinfectant of the group. Next, and almost equal to this, is bromin. Iodin with a much heavier atomic weight than either of the former is distinctly less bactericidal.

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[1] Water is the strongest dissociant known. Methyl alcohol has about one-half to two-thirds the dissociating power of water (*Zelinsky*, Zeit. f. physiol. Chemie, xx, 1896). Ethyl alcohol allows dissociation much less than methyl alcohol; ammonia allows dissociation to about one-third to one-fourth the extent of water. See *Jones*, "Elements of Physical Chemistry," p. 371. Macmillan, New York, 1902.

CHLORIDE OF LIME.—Of the halogen compounds commonly used in practice, the most important is what is popularly known as *chloride of lime* or bleaching powder. As to the composition of this substance, there is some difference of opinion. It was formerly believed to be a mixture of calcium hypochlorite, $Ca (ClO_2)$, and of calcium chloride, $Ca Cl_2$. The fact that the substance is not deliquescent, however, speaks against the presence of calcium chloride as such, and it is probable that it consists of a single compound with the formula $CaOCl_2$. The action of acids or even of atmospheric CO_2 upon this substance results in the liberation of chlorine. Thus with hydrochloric acid, the action would be as follows:

$$Ca (Cl_2O) + 2HCl = CaCl_2 + 2HClO.$$
$$2H\,Cl\,O + 2HCl = 2H_2 + 2Cl_2.$$

Bleaching powder is readily soluble in about twenty parts of water. According to Nissen,[1] solutions of 2 in 1,000 of this substance, destroy vegetative forms of bacteria in five to ten minutes.

TERCHLORIDE OF IODINE (ICl_3), another halogen derivative, is an extremely strong disinfectant, being efficient for vegetative forms in solutions of 0.1 per cent in one minute and a 1 per cent solution destroying spores within a few minutes.[2]

The oxidizing agents most commonly employed are peroxide of hydrogen (H_2O_2) and permanganate of potassium ($KMnO_4$).

PEROXIDE OF HYDROGEN is formed by the action of dilute sulphuric acid upon peroxide of barium. It readily gives up oxygen and acts upon bacteria probably by virtue of the liberation of nascent oxygen. In the presence of organic matter such as blood, pus, etc., associated with bacteria, H_2O_2 is quickly reduced and weakened. It is important that the H_2O_2 come in immediate contact with the bacteria. In practice, therefore, it is necessary either to remove blood and pus from wounds when applying the peroxide or continuously to add fresh peroxide until a large excess has been used.

PERMANGANATE OF POTASSIUM, acting probably in the same way, is a powerful germicide. It also is readily reduced by many organic substances often associated with bacteria, being rendered weaker thereby.

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[1] *Nissen,* Zeit. f. Hyg., viii, 1890.

[2] *v. Behring,* Zeit. f. Hyg., ix, 1891.

Among organic disinfectants those of most practical importance are the alcohols, formaldehydes, iodoform, members of the phenol group and its derivatives, carbolic acid, cresol, lysol, creolin, salicylic acid, certain ethereal oils, and, more recently introduced, organic silver salts such as protargol, argyrol, argonin, and others.

THE ALCOHOLS are but indifferent disinfectants. Koch[1] in 1881 found that anthrax spores remained alive for as long as four months when immersed in absolute and in 50 per cent ethyl alcohol. On the other hand, while absolute alcohol possesses practically no germicidal powers, possibly because of the formation of a protecting envelope by the coagulation of the bacterial ectoplasm, or, as suggested above, by desiccation due to the abstraction of water, dilute alcohol in a concentration of about 50 per cent is distinctly germicidal, destroying the vegetative forms of bacteria in from ten to fifteen minutes or less.[2] Attention has already been called to the fact that moderate additions of alcohol to aqueous solutions of mercuric chloride enhance the germicidal power of this disinfectant. Additions of ethyl and methyl alcohol to carbolic acid or formaldehyde solutions, on the other hand, progressively decrease the bactericidal activities of these substances.[3]

The value of boiling alcohol for the destruction of spores—especially in the sterilization of catgut—has been investigated by Saul,[4] who found that boiling in absolute ethyl, methyl, or propyl alcohol is practically without effect, while spores are destroyed readily in boiling dilute alcohol, the most effectual being propyl alcohol of a concentration of from 10–40 per cent.

IODOFORM (CHI_3)[5] is weakly antiseptic in itself, but when introduced into wounds where active reducing processes are taking place—often as the result of bacterial growth—iodine is liberated from it and active bactericidal action results.

CARBOLIC ACID (C_6H_5OH), at room temperature, consists of colorless crystals which become completely liquefied by the addition of 10 per cent of water. In contradistinction to most inorganic disinfectants, the action of carbolic acid and other members of the phenol group is not in any way dependent upon dissociation.[1] According to Beckmann[2] and others, carbolic acid acts as a molecule and not by individual ions. The proof of this is brought out by the fact that the addition of NaCl to carbolic acid solutions, an addition which would tend to decrease the concentration of free ions, markedly increases the bactericidal powers of such solutions. On the other hand, as stated above, additions of alcohol progressively diminish the efficiency of the phenols.

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[1] *Koch.* Arb. a. d. kais. Gesundheitsamt, i, 1881.

[2] *Epstein*, Zeit. f. Hyg., xxiv, 1897.

[3] *Krönig* und *Paul*, loc. cit.

[4] *Saul*, Archiv f. klin. Chir., 56, 1898.

[5] *v. Behring*, " Bekaempfung d. Infektions-Krankh.," Leipzig, 1894.

Other members of this group of disinfectants are ORTHO-, META-, and PARACRESOL ($C_6H_4CH_3OH$), isomeric compounds differing only in the position of the OH radicle. Tricresol is a mixture of these three. The cresols are relatively more powerfully germicidal than is carbolic acid, but are less soluble in water. LYSOL is a substance obtained by the solution of coal-tar cresol in neutral potassium-soap. Dissolved in water it forms an opalescent easily flowing liquid. According to Gruber,[3] its germicidal action is slightly greater than that of carbolic acid. CREOLIN, another combination of the cresols with potassic soap, forms with water a turbid emulsion. v. Behring[4] expressed the relative germicidal powers of carbolic acid, cresol, and creolin for vegetative forms by the numbers 1 : 4 : 10, in the order named.

FORMALDEHYDE (H-COH), or methyl aldehyde, is a gas which is easily produced by the incomplete combustion of methyl alcohol. The methods of actually generating it for purposes of fumigation will be discussed in a subsequent paragraph. In aqueous solution this substance forms a colorless liquid with a characteristic acrid odor, and in this form is largely used as a preservative for animal tissues and as a germicide. It is marketed as "formalin," which is an aqueous solution containing from 35 to 40 per cent of the gas and which exerts distinctly bactericidal action on vegetative forms in further dilutions of from 1 to 10 to 1 to 20 (formaldehyde gas 1 : 400 to 1 : 800). Anthrax spores are killed in 35 per cent formaldehyde in ten to thirty minutes.[5] Unlike the phenols, the addition of salt to formaldehyde solutions does not increase its efficiency, but similar to them, additions of ethyl and methyl alcohol markedly reduce its germicidal powers.

THE ESSENTIAL OILS which are most commonly used in practice—largely as intestinal antiseptics—are those of cinnamon, thyme, eucalyptus, and peppermint. Omeltschenko [1] believes that the employment of these oils in emulsions is illogical, inasmuch as their bactericidal powers depend upon their vaporization. He classifies the oils in decreasing order of their efficiency as follows: Oil of cinnamon, prunol, oil of thyme, oil of peppermint, oil of camphor, and eucalyptol.

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[1] *Scheuerlen* und *Spiro*, Münch. med. Woch., 44, 1897.

[2] *Beckmann*, Cent. f. Bakt., I, xx, 1896.

[3] *Gruber*, Cent. f. Bakt. I., xi, 1892.

[4] *v. Behring*, loc. cit., p. 111.

[5] *Krönig* und *Paul*, loc. cit.

Methods of Testing the Efficiency of Disinfectants.—The efficiency of any given disinfectant depends, as we have seen, upon a number of factors, any one of which, if variable, may lead to considerable differences in the end result. Thus, as far as the bacteria themselves are concerned, it is necessary to remember that not only do separate species differ in their resistance to disinfectants, but that different strains within the same species may show such variations as well. This fact largely accounts for the widely varying reports made by different investigators as to the resistance of anthrax spores, and depends possibly upon temporary or permanent biological differences produced in bacteria by the conditions of their previous environment.

The numbers of bacteria exposed to the disinfectant, furthermore, is a factor which should be kept constant in comparative tests. The medium, moreover, in which bacteria are brought into contact with the disinfectant is a matter of great importance, inasmuch as either by entering into chemical combination with the disinfectant it may detract from its concentration or by coagulation it may form a purely mechanical protection for the microorganism. Thus bacteria which may be destroyed in distilled water or salt-solution emulsion with comparative ease, may evince an apparently higher resistance if acted upon in the presence of blood serum, mucus, or other albuminous substances. Temperature influences bactericidal processes in that most chemical disinfectants are more actively bactericidal at higher than at lower temperatures, a fact due most likely to the favorable influence of temperature upon all chemical reactions.[2] As far as merely inhibitory or antiseptic values are concerned, however, the temperature least favorable for the reaction of the antiseptic is that which represents the optimum growth temperature for the microorganism in question and the inhibitory effects of any substance are less marked at this point than at temperatures above or below it.

The important influence exerted by the solvent in which the disinfectant is employed has already been discussed. For ordinary work it is customary to express absolute and comparative antiseptic and bactericidal values in terms of percentages based upon weight, and this, beyond question, is both simple and practical. For strictly scientific comparisons, however, as Krönig and Paul[1] have pointed out, it is by far more accurate to work with equimolecular solutions.

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[1] *Omeltschenko*, Cent. f. Bakt., I, ix, 1891.

[2] *v. Behring.* "Bekaempf. der Infektions-Krankh., Infektion u. Desinfection," Leipzig. 1894.

Rideal and Walker[2] have devised a method of testing disinfectants, in which an attempt is made to establish a standard for comparisons. They choose, as the standard, carbolic acid, and establish what they call the "carbolic-acid coefficient." This coefficient they obtain in the following way: the particular dilution of the disinfectant under investigation which will kill in a given time, is divided by the strength of carbolic acid which, under the same conditions, will kill the same bacteria in the same time. We quote an example of such a test, given by Simpson and Hewlett,[3] comparing formalin and carbolic acid.

BACILLUS PESTIS.

Sample.	Dilution.	Time in Minutes.					
		2.5	5	7.5	10	12.5	15
Formalin	1 in 30	growth	growth	......	......	......	......
	1 in 40	growth	growth	growth	......	......	......
Carbolic acid.....	1 in 100	......	......	......	......	......	......
	1 in 110	growth	growth	......	......	......	......

In the above table, formalin 1 in 30 killed in the same time as carbolic acid 1 in 110. Thus the carbolic-acid coefficient of formalin in this test = $\frac{30}{110}$ = .27.

The Rideal-Walker method has been much used and is recommended by many workers.[4] Its value, however, is doubtful.

Determination of Antiseptic Values.—The antiseptic or inhibitive strength of a chemical substance, sometimes spoken of as the "coefficient of inhibition," is determined by adding to definite quantities of a given culture medium, graded percent-

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[1] *Krönig* und *Paul*, loc. cit.

[2] *Rideal* and *Walker*, Jour. of the Sanitary Ins. London, xxiv.

[3] *Simpson* and *Hewlett*, Lancet, ii, 1904.

[4] *Sommerville*, Brit. Med. Jour., 1904.

INHIBITION STRENGTHS OF VARIOUS ANTISEPTICS.

ADAPTED FROM FLÜGGE, LEIPZIG, 1902.

	Anthrax Bacilli.	Other Bacteria.	Putrefactive Bacteria in Bouillon.
ACIDS			
Sulphuric	1 : 3,000	Chol. spir. 1 : 6,000	
Hydrochloric	1 : 3,000	B. diph. 1 : 3,000 B. mallei 1 : 700 B. typh. 1 : 500	
Sulphurous	...	Chol. spir. 1 : 1,000	1 : 6,000
Arsenous	...	...	1 : 200
Boric	1 : 800	...	1 : 100
ALKALIES			
Potass. hydrox.	1 : 700	B. diphth. 1 : 600 Chol. spir. 1 : 400 B. typh. 1 : 400	
Ammon. hydrox.	1 : 700	Chol. spir. 1 : 500 B. typh. 1 : 500	
Calcium hydrox.	...	Chol. spir. 1 : 1,100 B. typh. 1 : 1,100	
SALTS			
Copper sulphate	...	...	1 : 1,000
Ferric sulphate	...	...	1 : 90
Mercuric chlorid	1 : 100,000	B. typhosus 1 : 60,000	1 : 20,000
Silver nitrate	1 : 60,000	Chol. spir. B. typhosus 1 : 50,000	
Potass. perman.	1 : 1,000	...	1 : 500
HALOGENS AND COMPOUNDS			
Chlorin	1 : 1,500	...	1 : 4,000
Bromin	1 : 1,500	...	1 : 2,000
Iodin	1 : 5,000	...	1 : 5,000
Potass. iodid	...	...	1 : 7
Sodium chlor.	1 : 60		
ORGANIC COMPOUNDS			
Ethyl alcohol	1 : 12	...	1 : 10
Acetic and oxalic acids	...	B. diph. 1 : 500	1 : 400
Carbolic acid	1 : 800	B. typh. 1 : 400 Chol. spir. 1 : 600	
Benzoic acid	1 : 1,000		
Salicylic acid	1 : 1,500		
Formalin (4% formaldehyde)	...	Chol. spir. 1 : 20,000 Staphylo. 1 : 5,000	1 : 1,000
Camphor	1 : 1,000		
Thymol	1 : 10,000	...	1 : 3,500
Oil mentha pip	1 : 3,000		
Oil of terebinth	1 : 8,000		
Peroxide of hydrogen	...	...	1 : 2,000

ages of the chemical substance which is being investigated and planting in these mixtures equal quantities of the bacteria in question. The medium used for the tests may be nutrient broth or melted gelatin or agar. If broth is used, growth is estimated by turbidity of the medium and by morphological examination; if the agar or gelatin are employed plates may be poured and actual growth observed.

Thus, in the case of carbolic acid, for instance, a five per cent or ten per cent solution of the antiseptic is prepared and this is added in gradually decreasing quantities to tubes of the medium in the following way:

Tube 1 contains 5% carbolic 2 c.c. + broth 8 c.c. = 1 : 100 carbolic acid.
" 2 " 5 " 1 c.c. + broth 9 c.c. = 1 : 200 " "
" 3 " 5 " .5 c.c. + broth 9.5 c.c. = 1 : 400 " "
" 4 " 5 " 7 c.c. + broth 9.8 c.c. = 1 : 1,000 " "
" 5 " 5 " .1 c.c. + broth 9.9 c.c. = 1 : 5,000 " "

To each of these tubes a definite quantity of the bacteria is added either by means of a standard loopful of a fresh agar culture, or better by a measured volume of an even emulsion in sterile salt solution. In practice, it is often regarded as sufficiently accurate to add the graded quantities of the disinfectant to a constant 10 c.c. of the medium. This, however, is naturally not so accurate as the method given above. The inoculated tubes are then incubated at a temperature corresponding to the optimum growth temperature for the microorganism in question. The tubes are examined for growth from day to day. From the tubes containing the higher dilutions, in which no growth is visible, transplants are made to determine the presence of living bacteria. This serves to distinguish between simple inhibition or antisepsis and bacterial death or disinfection.

DETERMINATION OF DISINFECTANT VALUES.—The determination of the bactericidal or disinfectant value of a chemical substance may be carried out by a variety of methods. Koch,[1] using anthrax spores as the indicator, dried the spores upon previously sterilized threads of silk. These were exposed to the disinfectant at a definite temperature for varying times, the disinfectant was then removed by washing in sterile water, and the threads planted upon gelatin or blood-serum media and incubated. A serious objection to this method was pointed out by Geppert,[2] who maintains that it is impossible by simple

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[1] *Koch*, Arb. a. d. kais. Gesundheitsamt, 1, 1881.

[2] *Geppert*, Berl. klin. Woch., xxvi, 1889.

BACTERICIDAL STRENGTHS OF COMMON DISINFECTANTS.

ADAPTED FROM FLÜGGE, LEIPZIG, 1902.

	Strepto- and Staphylococci.	Anthrax and Typhoid Bacilli. Cholera Spirillum.		Anthrax Spores.
	5 Minutes.	5 Minutes.	2–24 Hours.	
ACIDS				
Sulphuric	1 : 10	1 : 100	1 : 1,500	1 : 50 in 10 days
Hydrochloric	1 : 10	1 : 100	1 : 1,500	1 : 50 in 10 days
Sulphurous	....	....	(Typhoid 1 : 700)	
Sulphurous	....	....	1 : 300 (Gas 10 vol. %)	
Boric	....	....	1 : 30	Conc. sol. incomplete disinfection
ALKALIES				
Potass. hydrox.	1 : 5	1 : 300		
Ammon. hydrox.	....	1 : 300		
Calcium	....	1 : 1,000		
SALTS				
Copper sulphate	....	....	....	1 : 20 (5 days)
Mercuric chlor.	1 : 10,000 to 1,000	1 : 2,000	1 : 10,000	1 : 2,000 (26 hours)
Silver nitrate	1 : 1,000	....	1 : 4,000	
Potass. permang.	1 : 200	....	....	1 : 20 (1 day)
" Calc. chlorid "	....	1 : 500	....	1 : 20 (1 hour)
HALOGENS AND COMPOUNDS				
Chlorin	1 per cent.	.1 per cent.	....	2 per cent (in 1 hr.)
Trichlorid of iodin	1 : 200	1 : 1,000	....	1 : 1,000 (in 12 hrs.)
ORGANIC COMPOUNDS				
Ethyl alcohol	70%–15 minutes	70%–10 mins	1 : 2–300	Alcol. 50% for 4 months without killing spores. Koch.[1]
Acetic and oxalic acids				
Carbolic acid	1 : 60	Cholera 1 : 200 Typh. 1 : 50	1 . 300	1 : 20 (4–45 days) (at 40° in 3 hrs.)
Lysol	1 : 300	1 : 300		
Creolin	....	1 : 100	1 : 3,000	(10% in 5 hrs.)
Salicylic acid	1 : 1,000			
Formalin (40% formaldehyde)	1 : 10	1 : 20	1 : 1,000	1 : 20 (in 6 hrs.)
Peroxide of hydrogen	Conc.	1 : 200	1 : 500	1 : 100 (in 1 hr.) 3 : 100 (in 1 hr.)

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[1] *Koch*, Arb. a. d. kais. Gesundheitsamt, 1, 1881.

washing to remove completely the disinfectant in which the thread has been soaked. This author suggests that, whenever possible, the disinfectant, at the end of the time of exposure, should be removed by chemical means. In the case of bichloride of mercury Geppert exposes emulsions of the bacteria to aqueous solutions of the disinfectant, and at the end of exposure precipitates out the bichloride of mercury with ammonium sulphid. In the case of a large number of disinfectants, however, this is not possible, and, when the thread method is used, removal of the chemical agent by washing must be practiced. Complete removal of the disinfectant is especially desirable, since spores previously exposed to these substances are more easily inhibited by dilute solutions than are normal spores.

To do away with the source of error introduced by the difficulty of washing a disinfectant out of a silk thread, the spores may be dried upon the end of a glass rod, which, after exposure, is washed in distilled water or salt solution and then immersed in sterile broth.[1]

A simple method often practiced is that in which graded percentages of the disinfectant are added to the menstruum, such as blood, blood serum, broth, etc., in which the disinfectant is to be tested, and equal quantities of bacteria thoroughly emulsified in water or salt solution are added. Such an emulsion may be obtained by filtering through cotton, glass wool, or filter paper. Loopfuls of these mixtures are then planted from time to time in agar or gelatin plates upon which colony counts can afterward be made.

In all such tests it is of primary importance to remember that the presence of organic fluids, blood serum, mucus, etc., considerably alters the efficiency of germicides, and whenever practical deductions are made, experimental imitation of the actual conditions should be attempted.

Practical Disinfection.—In practical disinfection with chemical agents, the disinfectant must be chosen to a certain extent in accordance with the material to be disinfected.

Sputum is a substance extremely difficult to disinfect because the bacteria present are surrounded by dense envelopes of mucus, through which disinfectants do not easily diffuse. For sputum disinfection, especially tuberculous sputum, carbolic acid—5 per cent solution—or any of the phenol derivatives in similar concentration, may be used. Bichloride of mercury is of very little use in sputum disinfection because of the dense protective layers of albuminated mercury which form about the microorganisms. Sputum should always be received into cups containing the disinfectant, and contaminated handkerchiefs should be soaked in the solution.

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[1] *Hill*, Rep. Am. Pub. Health Assn., xxiv, 1898.

Feces from typhoid, dysentery, and cholera patients should be sterilized by burning, if possible, or by thoroughly mixing with large quantities of boiling water; but if chemical disinfectants are to be used, five per cent carbolic acid or dilute formalin are convenient. Milk of lime and chlorid of lime are useful, though somewhat inconvenient. Bichlorid of merurcy is of little value in this case for the same reason that it is valueless in sputum disinfection. In all cases of feces disinfection it is extremely important that the chemical agent should be added in large quantities and thoroughly mixed with the discharge.

Linen, napkins, and other *cloth materials* which have come into contact with patients should be soaked for one or two hours in one per cent formaldehyde, five per cent carbolic acid, or 1 : 5,000 or 1 : 10,000 bichlorid of mercury. After this, the material may be taken from the sick-room and boiled. It is extremely important that cloth material should never be removed from the sick-room in a dry state.

Urine may be easily disinfected by the addition in proper concentration of any of the disinfectants named above.

The methods for sterilization of surgical instruments and the preparation of the skin of the patient for operation are subject to so many local variations that it is hardly within the scope of a textbook on bacteriology to mention them. Metal instruments are usually sterilized by boiling in soda solution and may be subsequently immersed in five per cent carbolic acid solution. Catgut may be sterilized by boiling in alcohol or by subjecting it to temperatures of 140° C. and over, for several hours in oils (albolin).

The disinfection of the *hands* is also a matter of much variation. Two methods which are frequently quoted are that of Welch and that of Fürbringer.

In Welch's method the hands are brushed with green soap in water as hot as it can be borne for at least five minutes. They are then rinsed and immersed for two minutes in a warm saturated solution of permanganate of potash in which they are rubbed with a sponge or sterile cotton. They are then transferred to a saturated solution of oxalic acid, until the red color has entirely disappeared. Following this, they are rinsed in sterile water and then immersed in a 1 : 500 bichlorid of mercury solution for one to two minutes.

According to Fürbringer's method, the finger nails are carefully cleaned with an orange-wood stick or nail file; the hands are then thoroughly brushed with a nail brush in green soap and hot water for five minutes. Following this they are immersed in 60 per cent alcohol for one minute, then in 3 per cent carbolic acid solution for one minute; after which they are rinsed in sterile water and dried.

Rooms, closets, and other *closed spaces* which are contaminated, must be disinfected largely by gaseous disinfectants. After such disinfection in the case of cellars, privies, and other places where feasible, walls and ceilings should be whitewashed.

Gaseous Disinfectants for Purposes of Fumigation.—There are a large number of gaseous agents which are harmful to bacteria. Only a few, however, are of sufficient bactericidal strength to be of practical importance.

Oxygen, especially in the nascent state, may exert distinct bactericidal action upon some bacteria. That strictly anaërobic strains are inhibited by its presence, has already been mentioned.

Ozone was shown by Ransome and Fullerton[1] to exert considerable germicidal power when passed through a liquid medium in which bacteria were suspended, but was absolutely without activity when employed in the dry state.

Chlorin because of its powerful germicidal action was once looked upon with favor, but has been found quite inadequate from a practical point of view because of its injurious action upon materials, and its irregularity of action. Chlorin, too, is but weakly efficient unless in the presence of moisture.[2]

Sulphur dioxide or sulphurous anhydrid (SO_2), which was formerly much used for room disinfection, is no longer regarded as uniformly efficient for general use. The gas is produced by burning ordinary roll sulphur. In order that it shall be at all effective, water should be vaporized at the same time, since the disinfectant action is dependent upon the formation of suphurous acid. The concentration of the gas should be at least 8 per cent of the volume of air in the room. For this purpose about three pounds of sulphur should be burned for every thousand cubic feet of space. It should be allowed to act for not less than twenty-four hours. The researches both of Wolffhügel[3] and of

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[1] *Ransome* and *Fullerton,* Rep. Public Health, July, 1901.

[2] *Fischer* und *Proskauer,* Mitt. a. d. kais. Gesundheitsamt, x, 11, 1882.

[3] *Wolffhügel,* Mitt. a. d. kais. Gesundheitsamt. i, 1881.

Koch[1] have shown that the gas is not sufficient for the destruction of spores, under the best circumstances, probably because of its lack of penetrating power. Park[2] believes that sulphur dioxide used in quantities of four pounds of sulphur to 1,000 cubic feet is of practical value for fumigating purposes in cases of diphtheria and the exanthemata.

Of all known gaseous disinfectants by far the most reliable is formaldehyde. There are many methods of generating this gas, and many devices for its practical use have been introduced. In all cases where formaldehyde fumigation is intended, clothing, bed-linen, and fabrics should be spread out, cupboards and drawers freely opened. The cracks of windows and doors should be hermetically sealed with paper strips or by calking with cotton. The generation of gas may be carried out in an apparatus left within the room or it may be generated outside and the gas introduced by a tube passed within the keyhole. In all cases moisture should be provided for, either in the generating apparatus or by a separate boiler.

The first of the methods of generating formaldehyde for fumigation purposes was that of Trillat,[3] who devised a lamp in which formaldehyde was produced by the incomplete combustion of methyl alcohol. This method has proved expensive because of the complete oxidation of a large percentage of the alcohol.

Direct evaporation of formaldehyde from formalin solutions has been the principle underlying some other devices. If such evaporation is attempted from an open vessel, however, polymerization of formaldehyde to the solid trioxymethylene occurs. To prevent this, Trillat[4] and others have constructed special autoclaves in which 20 per cent of calcium chloride is added to formalin which is then vaporized under pressure. By this means polymerization is practically eliminated.

The Trillat autoclave, as well as others constructed on the same principle, consists of a strong copper chamber of a capacity of about a gallon, fitted with a cover which can be tightly screwed into place. The cover is perforated by an outlet vent, a pressure gauge, and a thermometer. The whole apparatus is adjusted upon a stand and set over a kerosene lamp. Into the chamber is put about one-half to three-quarters its capacity of 40 per cent formaldehyde (commercial formalin) containing 15–20 per cent calcium chloride. The solution used should be free from methyl alcohol, since this leads to the formation, with formaldehyde, of methylal, which is absolutely without germicidal action. The flame is lighted and the exit tube kept closed until the pressure gauge indicates a pressure of three atmospheres. Then the vapor is allowed to escape through the tube. For a room of about 3,000 cubic feet Trillat advises the continuance of the gas flow for about an hour. The method is not uniformly reliable.

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[1] *Koch*, Mitt. a. d. kais. Gesundheitsamt, i, 1881.
[2] *Park*, "Pathogen. Bact.," N. Y., 1908.
[3] *Trillat*, Compt. rend. de l'acad. des sc., 1892.
[4] *Trillat*, Compt. rend. de l'acad. des sc., 1896.

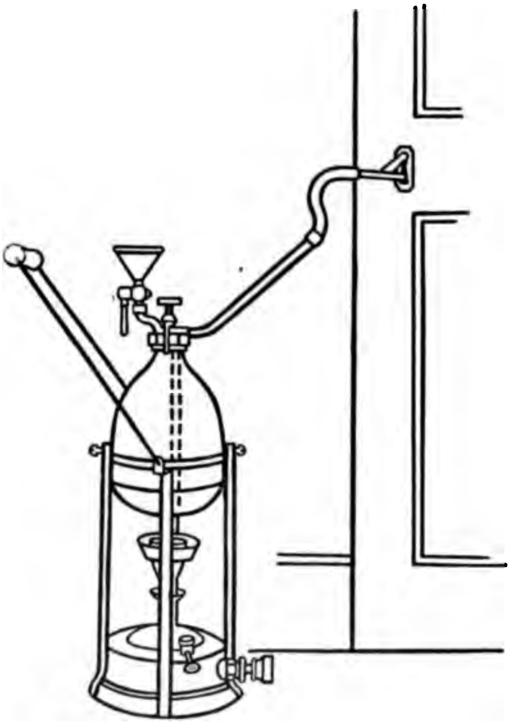

FIG. 12.—LENTZ FORMALIN APPARATUS.

A method which has found much favor is that in which glycerin—usually in a concentration of 10 per cent—is added to formalin. According to Schlossmann[1] the presence of glycerin hinders polymerization. An apparatus in which this mixture is conveniently utilized is that of Lentz (see Fig. 12). Formalin with 10 per cent glycerin is placed in the copper tank and heated by a burner. Formaldehyde leaves the nozzle (which can be introduced through the keyhole) mixed in a fine spray with steam. This apparatus has been favorably endorsed by the War Department of the United States.

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[1] *Schlossmann*, Münch. med. Woch., 45, 1898.

The so-called Breslau method of generating formaldehyde depends upon the evaporation of formaldehyde from dilute solutions. v. Brunn[1] claims that where formalin in 30 to 40 per cent strength is evaporated, water vapor is generated more rapidly than formaldehyde is liberated, and a concentration leading to polymerization occurs. If, however,

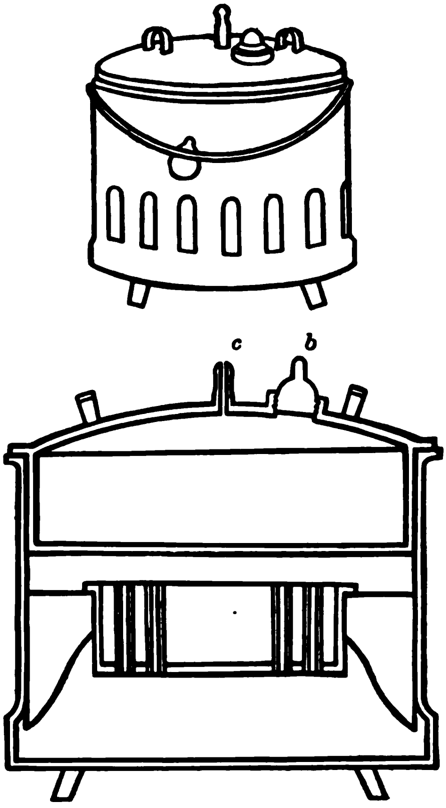

Fig. 13.—Breslau Formaldehyde Generator and Section of Same. (After v. Brunn.) *a*, Formalin tank; *b*, Inlet; *c*, Exit vent; *d*, Alcohol lamp.

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[1] *v. Brunn*, Zeit. f. Hyg., xxx, 1899.

dilution is carried out until the formaldehyde in the solution is not more than 8 per cent, the generation of water vapor and formaldehyde takes place at about equal speed and no concentration occurs. Schlossmann [1] furthermore claims that polymerization in the vaporized formaldehyde does not occur if sufficient water vapor is present—a principle which may also contribute to the efficiency of the Breslau method. In practice, the apparatus devised by v. Brunn (Fig. 13) consists of a strong copper kettle of about 34 cm. diameter by 7.5 cm. height. This is completely closed except for two openings in the slightly domed top, one of which is the exit vent, the other, laterally placed, is for purposes of filling and is closed by a screw stopper. The kettle is set up on a metal stand over an alcohol lamp, so arranged with a double circle of burners that heating may be carried out rapidly. The tank is filled with a solution of formalin of a strength of from 8 to 10 per cent (commercial formalin 1 : 4). The apparatus permits the evaporation of large quantities of fluid in a short time (3 liters in one hour). When the lamp is left in a closed room care should be taken to fill it with a quantity of alcohol about proportionate to the amount of fluid to be evaporated. This, according to v. Brunn, is about one-quarter of the volume of formalin solution used. By using 1.5 liters of 8 per cent formalin for each 1,000 cubic feet of space, this apparatus is said to yield a concentration of formaldehyde of about 25 grams to the cubic meter, a strength sufficient to complete surface disinfection within seven hours.

To do away with the use of liquid formalin solutions, a method has been devised which depends in principle upon the breaking up by heat of the solid polymer of formaldehyde (trioxymethylene). The apparatus (trade name, "Schering's Paraform Lamp") as described by Aronson[2] consists of a cylindrical mantle of sheet-iron placed upon a stand and supplied below with an alcohol lamp. Set into the top of the mantle is a small chamber, into which 1 gram tablets of trioxymethylene are placed. The alcohol lamp, so placed that the wicks project but slightly—to avoid overheating—is lighted, and the formalin generated passes out through slits in the upper case, mingling with the water vapor and other gases liberated by the alcohol flame. The more modern devices have water-boiler attachments to insure sufficient moisture. Two tablets are sufficient for the fumigation of about thirty-five cubic feet, and 2 c.c. of alcohol are filled into the lamp for each tablet. One hundred to one hundred and fifty tablets are usually enough for the ordinary room. Modifications of this method are in common use, some well-known firms preparing so-called "paraform candles," in which paraform, in the powdered state, is volatilized by heat.

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[1] *Schlossmann*, loc. cit.

[2] *Aronson*, Zeit. f. Hyg., xxv, 1897.

A simple method of generating formaldehyde is that which is known as the "lime method." In a wide shallow pan 40 per cent formaldehyde solution (commercial formalin) is poured over quicklime (CaO). According to Park, the previous addition of concentrated sulphuric acid to the formalin, in proportions of one to ten, increases the speed of formalin liberation, and aids in limiting polymerization. About one and one-half to two pounds (one-half to one kilogram) of quicklime are used for every 500 c.c. of the formalin solution. The heat generated in the slaking of the lime produces volatilization of the formalin.

A modification of this method is that of Schering[1] in which tablets of paraform and unslaked lime are together laid into a pan and warm water is poured over them.

A highly efficient method, which has universal approval because of its simplicity, is the potassium permanganate method of Evans and Russell.[2] This method depends upon the active reaction occurring when formalin and potassium permanganate are mixed. In practice, about 300s gram of small crystals of potassium permanganate are poured into a half liter of 40 per cent formalin. The mixture results in an active evolution of heat and the evaporation of formalin together with water vapor. Because of the active foaming which takes place, high cylindrical vessels should be used about one foot in height, preferably with a funnel-like flare at the top. The yield of gas by this method is said to be about 80 per cent of the amount present in the solution, and within the first five minutes most of this is liberated.

In gauging the amount of formalin to be used for definite spaces by the various methods, it is safe to follow, as a general rule, the calculations made by Harrington,[3] who states that the equivalent of 110 c.c. of formalin suffices to produce sterility within two and a half hours in a space of one thousand cubic feet.

In practice, whenever the formalin generators are left in a closed room, it is a point of great importance to place the apparatus upon a large piece of sheet-iron in order to avoid accidents from fire.

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[1] *Schering*, Hyg. Rundschau, 1900.

[2] *Evans* and *Russell*, Rep. State Bd. Health, Maine, 1904.

[3] *Harrington*, "Practical Hygiene," Phila., 1905.

The room in which formaldehyde has been liberated is kept sealed, in the manner already described, for at least twelve hours, after which the windows and doors are opened and thorough airing practiced. The odor which remains after formaldehyde fumigation may be removed by sprinkling with ammonia, or by the use of some one or another of the various sorts of apparatus devised for the liberation of ammonia.

CHAPTER VI

METHODS USED IN THE MICROSCOPIC STUDY AND STAINING OF BACTERIA

MICROSCOPIC STUDY OF BACTERIA

BACTERIA may be studied microscopically, in the living and unstained state, and, after the application of dyes, in colored preparations. For the manipulation of bacteria for such study, glass slides and cover-slips of various design are used. These must be perfectly clean if the preparations are to be of any value.[1]

The Study of Bacteria in the Living State.—Living bacteria may be studied in what is spoken of as the "hanging-drop" preparation. For this purpose a so-called hollow slide is employed, in the center of which there is a circular concavity about three-quarters of a centimeter to one centimeter in diameter. The preparation is manipulated as follows: If the bacteria are growing in a fluid medium a drop of the culture fluid is transferred to the center of a cover-slip. If taken from solid media, an emulsion may be made in broth or in physiological salt solution, and a drop of this transferred to the cover-slip, or the bacteria may be emulsified in a drop of salt solution, or broth, directly upon the cover-slip. The concavity on the slide, having first been rimmed with vaseline, by means of a small camel's-hair brush, the cover-slip is inverted over the slide in such a way that the drop hangs freely within the hollow space. The preparation is then ready for examination under the microscope.

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[1] Although the silicates of which glass is composed are extremely stable, nevertheless alkaline silicates which are said to separate out on the surface, together with grease and dirt left upon the glass by handling, during blowing and cutting, necessitate cleansing before use. This may be accomplished by a variety of methods. A simple one suitable for general application is as follows: (1) The slides and cover-slips are thrown singly into boiling water and left there for half an hour; (2) wash in twenty-five per cent sulphuric acid; (3) rinse in distilled water; (4) wash in alcohol; (5) wipe with a clean cloth and keep dry under a bell-jar. Another method convenient for routine use is to immerse, after thorough washing in soap-suds and acid, in ninety-five per cent alcohol and to leave in this until the time of use.

Another method, known as the "hanging block method," devised by Hill,[1] for the study of living bacteria in solid media is carried out as follows: Nutrient agar is poured into a Petri dish and allowed to solidify. Out of this layer a piece about a quarter of an inch square is cut. This is placed on a sterile slide. The upper surface of the agar block is then inoculated with bacteria by surface smearing, and the preparation covered with a sterile dish and allowed to dry for a few minutes in the incubator. A sterile cover-slip is then dropped upon the surface of the block and sealed about the edges with agar. Block and cover-slip are then taken from the slide and fastened over a moist chamber with paraffin. The entire preparation can be placed upon the stage of a microsocpe. This method is especially designed for the study of cell-division.

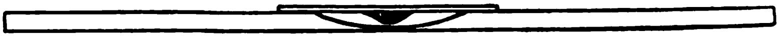

Fig. 14.—Hanging Drop Preparation.

Living bacteria may also be studied in stained preparations by the so-called "intravital" method of Nakanishi. Thoroughly cleaned slides are covered with a saturated aqueous solution of methylene-blue. This is spread over the slide in an even film and allowed to dry. After drying the slide should appear of a transparent sky-blue color. The micro-organisms which are to be examined are then emulsified in water, or are taken from a fluid medium and placed upon a cover-slip. This is dropped, face downward, upon the blue ground of the slide. In this way bacteria may be stained without being subjected to the often destructive processes of heat or chemical fixation. According to Nakanishi, cytoplasm is stained blue, while nuclear material assumes a reddish or purplish hue.

The Study of Bacteria in Fixed Preparations.—Stained preparations of bacteria are best prepared upon cover-slips, the process consisting of the following steps: (1) Spreading on cover-slip; (2) drying in air; (3) fixing; (4) staining; (5) washing in water; (6) blotting; (7) mounting.

(1) *Smearing.*—Bacteria from a fluid medium are transferred in a small drop of the fluid, with a platinum loop, to a cover-slip and carefully spread over the surface in a thin film. If taken from a solid medium a small drop of sterile water is first placed upon the cover-slip and the bacteria are then in very small quantity carefully emulsified in this drop with the platinum needle or loop and spread in an extremely thin film.

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[1] *Hill*, Jour. of Med. Research, vii, 1902.

(2) The film is allowed to dry in the air.

(3) When thoroughly dried, fixation is carried out by passing the preparation, film side up, three times through a Bunsen flame, at about the rate of a pendulum swing. Fixation by heat in this manner is most convenient for routine work, but is not the most delicate method, inasmuch as the degree of heat applied can not be accurately controlled. The other methods which may be employed are immersion in methyl alcohol, formalin, saturated aqueous bichloride of mercury, Zenker's fluid, or acetic acid. If chemical fixatives are used, they must be removed by washing in water before the stain is applied. If a preparation is made upon a slide instead of a cover-slip, passage through the flame should be repeated eight or nine times.

(4) *Staining.*—The dyes used for the staining of bacteria are, for the greater part, basic anilin dyes, such as methylene-blue, gentian-violet, and fuchsin. These may be applied for simple staining in 5 per cent aqueous solutions made up from filtered saturated alcoholic solutions, or directly by weight. They are conveniently kept in the laboratory as saturated alcoholic solutions. The strengths of some saturated solutions are as follows:

Saturated Solutions [1] (Stains Gruebler or Merck).

Fuchsin (aqueous), 1.5 per cent.
Fuchsin (alcohol 96 per cent), 3 per cent.
Gentian-violet (aqueous), 1.5 per cent.
Gentian-violet (alcohol 96 per cent), 4.8 per cent.
Methylene-blue (aqueous), 6.7 per cent.
Methylene-blue (alcohol 96 per cent), 7 per cent.

The staining solution, in simple routine staining, is left upon the fixed bacterial film for from one-half to one and one-half minutes according to the efficiency of the stain used. Methylene-blue is the weakest of the three stains mentioned; gentian-violet the strongest.

(5) The excess stain is removed by washing with water.

(6) The preparation is thoroughly dried by a blotter or between layers of absorbent paper.

(7) A small drop of Canada balsam is placed upon the film side of the dry cover-slip, which is then inverted upon a slide. The preparation is now ready for microscopical examination.

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[1] After *Wood,* "Chemical and Microscopical Diagnosis," Appendix. N. Y., 1909.

The chemical principles which underlie the staining process are still more or less in doubt.[1] Suffice it to say here that most of the dyes in common use by bacteriologists and pathologists are coal-tar derivatives belonging to the aromatic series, all of them containing at least one "benzolring" combined with what Michaelis terms a "chromophore group," chief among which are the nitro-group (NO_2), the nitroso-group (NO), and the azo-group ($N = N$). Just what the actual process of staining consists in, is a question about which various opinions are held, some believing that the phenomenon is purely chemical, in which a salt is formed by the combination of the dye and the protoplasm of the cells, others that there is no such salt formation, and that the process takes place by purely physical means. To support the latter view it is argued that certain substances like cellulose are stainable without possessing the property of salt formation, and that staining may often be accomplished without there being a chemical disruption of the dye itself. Michaelis sums up his views by stating that probably both processes actually take place. A dye stuff, as a whole, may enter into and be deposited upon a tissue or cell by a process which he speaks of as "insorption." In such a case the coloring matter may be subsequently extracted by any chemically indifferent solvent. On the other hand, a dye after being thus deposited upon or within a cell, may become chemically united to the protoplasm by the formation of a salt, and in such a case the color can be removed only by agents which are capable of decomposing salts, such as free acids.

The staining power of any solution may be intensified either by heating while staining, by prolonging the staining process, or by the addition of alkalies, acids, anilin oil, and other substances which will be mentioned in the detailed descriptions of special staining methods.

One of the most common examples of such an intensified stain is the so-called *Loeffler's alkaline methylene-blue.* This is made up in the following way:

Saturated alcoholic solution of methylene-blue, 30 c.c.
1 : 10,000 solution potassium hydrate in water, 100 c.c.

Another solution designed with a similar purpose is the *Koch-Ehrlich anilin-water solution.* Anilin oil, one part, is shaken up with distilled water, nine parts; after thorough shaking, the mixture is filtered through a moist filter paper until perfectly clear. A saturated alcoholic solution of either fuchsin or gentian-violet is added to this anilin water in proportions of about one to ten or until a slightly iridescent pellicle appears upon the surface of the solution.

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[1] For comprehensive reviews of the subject, the reader is referred to dissertations such as those of *Mann* (" Physiol. Hist. Methods and Theory," Oxford, 1902) and of *Michaelis* (" Einführung in die Farbstoffchemie," etc., Berlin, 1902).

An extremely useful and very strong staining solution is the *Ziehl carbol-fuchsin solution*, made up as follows: [1]

Fuchsin (basic)	1 gm.
Alcohol (absolute)	10 c.c.
Five per cent carbolic acid	100 c.c.

To make up this staining solution, mix 90 c.c. of a five per cent aqueous solution of carbolic acid with 10 c.c. of saturated alcoholic basic fuchsin.

It may also be made up as follows:

Weigh out

Basic fuchsin	1 gram
Carbolic acid	5 grams

Dissolve in

Distilled water	100 c.c.

Filter and add

Absolute alcohol	10 c.c.

SPECIAL STAINING METHODS

Spore Stains.—ABBOTT'S METHOD.[2]—Cover-slips are smeared and fixed by heat in the usual manner.

Cover with Loeffler's alkaline methylene-blue and heat the stain until it boils, repeat the heating at intervals but do not boil continuously. Keep this up for one minute.

Rinse in water.

Decolorize with a mixture of alcohol eighty per cent 98 c.c. and nitric acid 2 c.c., until all blue has disappeared.

Rinse in water.

Dip from three to five seconds in saturated alcoholic solution of eosin 10 c.c., and water 90 c.c.

Rinse in water, blot, and mount in balsam.

By this method the spores are stained blue, the bodies of the bacilli are stained pink.

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[1] *Ziehl*, Deut. med. Woch., 1882.

[2] *Abbott*, "Prin. of Bact.," Phila., 1905.

MOELLER'S METHOD.[1]—Cover-slips are prepared as usual and fixed in the flame.

Wash in chloroform for two minutes.

Wash in water.

Cover with five per cent chromic acid one-half to two minutes.

Wash in water. Invert and float cover-slip on carbol-fuchsin solution in a small porcelain dish and heat gently with a flame until it steams; continue this for three to five minutes. (This step can also be done by covering the cover-glass with carbol-fuchsin and holding over flame.)

Decolorize with five per cent sulphuric acid five to ten seconds.

Wash in water.

Stain with aqueous methylene-blue one-half to one minute. By this method spores will be stained red, the body blue.

Capsule Stains.—WELCH'S METHOD.[2]—Cover-slips are prepared as usual and fixed by heat.

Cover with glacial acetic acid for a few seconds. Pour off acetic acid and cover with anilin water gentian-violet, renewing stain repeatedly until all acid is removed. This is done by pouring the stain on and off three or four times and then finally leaving it on for about three minutes.

Wash in two per cent salt solution and examine in this solution.

HISS' METHODS.[3]—(1) *Copper Sulphate Method.*—Cover-slip preparations are made by smearing the organisms in a drop of animal serum, preferably beef-blood serum.

Dry in air and fix by heat.

Stain for a few seconds with—

Saturated alcoholic solution of fuchsin or gentian-violet 5 c.c., in distilled water 95 c.c.

The cover-slip is flooded with the dye and the preparation held for a second over a free flame until it steams.

Wash off dye with twenty per cent aqueous copper sulphate solution.

Blot (do not wash).

Dry and mount.

By this method permanent preparations are obtained, the capsule appearing as a faint blue halo around a dark purple cell body.

(2) *Potassium Carbonate Method.*—This method consists in using as a dye a half-saturated solution of gentian-violet. Gentian-violet in

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[1] *Moeller*, Cent. f. Bakt., I, x, 1891.

[2] *Welch*, Johns Hopkins Hosp. Bull., 1892.

[3] *Hiss*, Cent. f. Bakt., xxxi, 1902; Jour. Exper. Med., vi, 1905.

substance is added in excess to distilled water and allowed to dissolve to its full extent. The solution is then filtered and diluted to twice its volume.

Cover-glass preparations are made by spreading the bacteria on a cover-slip in a drop of animal serum as in preceding method. They are allowed to dry in the air and fixed by heat as usual. The dye is then poured upon the preparation and allowed to remain for a few seconds. It is then washed off with a twenty-five-hundredth per cent solution of potassium carbonate in water, and studied in this solution. The cover-slip inverted on a slide may be rimmed with vaseline to prevent evaporation.

BUERGER'S METHOD.[1]—Cover-slip preparations are made by smearing in serum as in Hiss' method.

As the edges of the smear begin to dry, pour over it Mueller's fluid and warm in flame for three seconds.

(Mueller's fluid is composed of potassium bichromate 2.5 gm., sodium sulphate 1 gm., water 100 c.c., saturated with bichloride of mercury.)

Wash in water.

Flush with ninety-five per cent alcohol.

Cover with tincture of iodin, U. S. P., one to three minutes.

Wash with ninety-five per cent alcohol.

Dry in the air.

Stain with anilin water gentian-violet two to five seconds.

Wash with two per cent salt solution.

Mount and examine in salt solution.

WADSWORTH'S METHOD.[2]—Wadsworth has devised a method of staining capsules which depends upon the fixation of smears with formalin. After such fixation capsules may be demonstrated both with simple stains and by Gram's method. The technique is as follows:

Smear preparations, made as usual, are treated as follows:

1. Formalin, 40 per cent, two to five minutes.
2. Wash in water, five seconds.

SIMPLE STAIN.	DIFFERENTIAL STAIN (Gram's Method).
3. Ten per cent aqueous gentian-violet.	3. Anilin gentian-violet, two minutes.
4. Wash water, five seconds.	4. Iodin solution, two minutes.
5. Dry, mount in balsam.	5. Alcohol, 95 per cent, decolorize.
	6. Fuchsin, dilute aqueous solution.
	7. Wash water, two seconds.
	8. Dry, mount in balsam.

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[1] *Buerger*, Med. News, Dec., 1904

[2] *Wadsworth*, Jour. Inf. Dis., 1906.

It is important that the formalin be fresh and the exposure to water momentary. When decolorizing in the Gram method, strong alcohol only should be used. Wadsworth also found that encapsulated pneumococci could be demonstrated in celloidin sections of pneumonic lesions hardened in strong formalin. The lungs should be distended with the formalin or the lesions cut in very thin bits, hardened, dehydrated, embedded, and cut in the usual way. The celloidin sections may be fixed on the slides by partially dissolving the celloidin in alcohol and ether and setting the celloidin quickly in water before staining. Failure to obtain pneumococci encapsulated in such sections is usually due to improper or inadequate fixation in the formalin.

The differential method employed by Wadsworth for tissue staining is as follows:

1. Fix in formalin forty per cent, two to five minutes.
2. Wash in water.
3. Anilin gentian-violet, two minutes.
4. Iodin solution, two minutes.
5. Alcohol, ninety-five per cent, decolorize.
6. Eosin alcohol, counterstain.
7. Clear in oil of origanum.
8. Mount in balsam.

Flagella Stains.—All flagella stains, in order to be successful, necessitate particularly clean cover-slip preparations, best made from young agar cultures emulsified in sterile salt solution. Scrupulous care should be exercised in cleaning the glassware used.

LOEFFLER'S METHOD.[1]—The preparation is dried in the air and fixed by heat. It is then treated with the following mordant solution:

Twenty per cent aqueous tannic acid	10 parts.
Ferrous sulphate aq. sol. saturated at room temperature	5 parts.
Saturated alcoholic fuchsin solution	1 part.

This solution, which should be freshly filtered before using, is poured over the cover-glass and allowed to remain there for one-half to one minute, during which time it should be gently heated, but not allowed to boil.

Wash thoroughly in water.

Stain with five per cent anilin water fuchsin or anilin water gentian-violet made slightly alkaline by the addition of one-tenth per cent sodium hydrate.

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[1] *Loeffler*, Cent. f. Bakt., I, vi, 1889.

The stain should be filtered directly upon the cover-slip. Warm gently and leave on for one to two minutes. Wash in water. Mount in balsam.

VAN ERMENGEM'S METHOD.[1]—This method requires the preparation of three solutions.

(1)	Twenty per cent tannic acid solution	60 c.c.
	Two per cent osmic acid solution	30 c.c.
	Glacial acetic acid	4–5 drops.

The cover-slip carrying the fixed preparation is placed in this solution for one hour at room temperature, or for five minutes at 100° C. (boiling).

Wash in water.

Wash in absolute alcohol.

Immerse the cover-slip for one to three seconds in

(2) Silver nitrate, 0.25–0.5 per cent solution.

Without washing, transfer to

(3)	Gallic acid	5 gm.
	Tannic acid	3 "
	Fused potassium acetate	10 "
	Distilled water	350 c.c.

Immerse in this for a few minutes, moving the cover-slip about.

Return to the silver nitrate solution until the preparation turns black.

Wash thoroughly in water.

Blot and mount.

SMITH'S MODIFICATION OF PITFIELD'S METHOD.[2]—A saturated solution of bichloride of mercury is boiled and is poured while still hot into a bottle in which crystals of ammonia alum have been placed in quantity more than sufficient to saturate the fluid. The bottle is then shaken and allowed to cool. Ten c.c. of this solution are added to 10 c.c. of freshly prepared ten per cent tannic acid solution. To this add 5 c.c. carbol-fuchsin solution. Mix and filter.

To stain, filter the above mordant directly upon the fixed cover-slip preparation. Heat gently for three minutes, but do not allow to boil. Wash in water and stain with the following solution:

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[1] *Van Ermengem*, Cent. f. Bakt., I, xv, 1894.

[2] *Smith*, Brit. Med. Jour., I, 1901, p. 205.

Saturated alcoholic solution gentian-violet	1 c.c.
Saturated solution ammonia alum	10 c.c.

Filter the stain directly upon the preparation and heat for three or four minutes. Wash in water, dry, and mount in balsam.

Differential Stains.—GRAM'S METHOD.[1]—By this method of staining, which is extremely important in bacterial differentiation, bacteria are divided into those which retain the initial stain and those which are subsequently decolorized and take the counterstain. The former are often spoken of as the Gram-positive, the latter as Gram-negative bacteria.

Preparations are made on cover-slips or slides in the usual way.

The preparation is then covered with an anilin gentian-violet solution which is best made up freshly before use.

The staining fluid is made up, according to Gram's original directions,[2] as follows:

Five c.c. of anilin oil are shaken up thoroughly with 125 c.c. of distilled water. This solution is then filtered through a moist filter paper.

To 108 c.c. of this anilin water, add 12 c.c. of a saturated alcoholic solution of gentian-violet. The stain acts best when twelve to twenty-four hours old, but may be used at once. It lasts, if well stoppered, for three to five days. A more convenient and simple method of making up the stain is as follows:

To 10 c.c. of distilled water in a test tube add anilin oil until on shaking the emulsion is opaque; roughly, one to ten. Filter this through a wet paper until the filtrate is clear. To this add saturated alcoholic solution of gentian-violet until the mixture is no longer transparent, and a metallic film on the surface indicates saturation. One part of alcoholic saturated gentian-violet to nine parts of the anilin water will give this result. This mixture may be used immediately and lasts two to five days if kept in a stoppered bottle.

Cover the preparation with this; leave on for five minutes.

Pour off excess stain and cover with Gram's iodin solution,

Iodin	1 gm.
Potassium iodid	2 gm.
Distilled water	300 c.c.

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[1] *Gram*, Fortschr. d. Med., ii, 1884.

[2] *Gram*, loc. cit.

Decolorize with ninety-seven per cent alcohol until no further traces of the stain can be washed out of the preparation. This takes usually thirty seconds to two minutes, according to thinness of preparation.

Wash in water.

Counterstain with an aqueous contrast stain, preferably Bismarck brown.[1]

PALTAUF'S MODIFICATION OF GRAM'S STAIN.[2]—The staining fluid as prepared by this modification possesses the advantage of retaining its staining power for a longer period than does the anilin-water-gentian-violet described in the original method.

The staining fluid is prepared as follows:

3–5 c.c. anilin oil are added to
90 c.c. distilled water and
7 c.c. absolute alcohol.

This mixture is thoroughly shaken and filtered through a moist filter paper until clear. Then add:

Gruebler's gentian-violet 2 gm.

The fluid should stand twenty-four hours, during which a precipitate forms. This is filtered before use.

This gentian-violet solution retains its staining power for from four to six weeks. It is good only when a metallic luster develops on the surface.

It is used in the following way: Spreads on cover-slips or slides are dried and fixed as usual.

Then apply:—

Anilin water gentian-violet (as above), three minutes.

Gram's iodin solution, two minutes.

Absolute alcohol (with stirring), thirty seconds.

Counterstain, without washing in water, in aqueous fuchsin or in weak carbol-fuchsin.

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[1] To make up Bismarck brown solution, prepare a saturated aqueous solution of the powdered dye by heating. Allow it to cool, and filter. Dilute one to ten with distilled water.

[2] *Sharnosky*, Proc. N. Y. Pathol. Soc., Oct., 1909, n. s., ix, 5.

Classification of the Most Important Pathogenic Bacteria According to Gram's Stain.

Gram-positive. (*Retain the Gentian-violet.*)	Gram-negative. (*Take Counterstain.*)
Micrococcus pyogenes aureus	Meningococcus
Micrococcus pyogenes albus	Gonococcus
Streptococcus pyogenes	Micrococcus catarrhalis
Micrococcus tetragenus	Bacillus coli
Pneumococcus	Bacillus dysenteriæ
Bacillus subtilis	Bacillus typhosus
Bacillus anthracis	Bacillus paratyphosus
Bacillus diphtheriæ	Bacillus fecalis alkaligenes
Bacillus tetanus	Bacillus enteritidis
Bacillus tuberculosis and other acid-fast bacilli	Bacillus proteus (proteus)
	Bacillus mallei
Bacillus aërogenes capsulatus	Bacillus pyocyaneus
Bacillus botulinus	Bacillus influenzæ
	Bacillus mucosus capsulatus
	Bacillus pestis
	Bacillus maligni œdematis
	Spirillum choleræ
	Bacillus Koch-Weeks
	Bacillus Morax-Axenfeld

Stains for Acid-Fast Bacteria.—These methods of staining are chiefly useful in the demonstration of tubercle bacilli. These bacteria because of their waxy cell membranes are not easily stained by any but the most intensified dyes, but when once stained, retain the color in spite of energetic decolorization with acid. For this reason they are known as acid-fast bacilli. The first method devised for the staining of tubercle and allied bacilli was that of Ehrlich.

Ehrlich Method.[1]—This method is now rarely used. Cover-slip preparations are prepared as usual and fixed by heat.

Stain with anilin water gentian-violet, hot, three to five minutes, or twenty-four hours at room temperature.

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[1] *Ehrlich,* Deut. med. Woch., 1882.

Decolorize with thirty-three per cent nitric acid one-half to one minute.

Treat with sixty per cent alcohol, until no color can be seen to come off.

Counterstain with aqueous methylene-blue.

Rinse in water, dry, and mount.

Ziehl-Neelson Method.[1]—Thin smears are made upon cover-slips or slides.

Fix by heat.

Stain in carbol-fuchsin solution as given on page 97. The slide or cover-slip may be flooded with the stain, and this gently heated with the flame until it steams, or else the cover-slip may be inverted upon the surface of the staining fluid, in a porcelain dish or watch-glass, and this heated until it steams. This is continued for three to five minutes. Decolorize with either five per cent nitric acid, five per cent sulphuric acid, or one per cent hydrochloric acid for three to five seconds. The treatment with the acid is continued until subsequent washing with water will give only a faint pink color to the preparation.

Wash with ninety per cent alcohol until no further color can be removed. If, after prolonged washing with alcohol, a red color still remains in very thick places upon the smear, while the thin areas appear entirely decolorized, this may be disregarded.

Wash in water and counterstain in aqueous methylene-blue for one-half to one minute.

Rinse in water, dry, and mount.

By this method the tubercle bacilli are colored red, other bacteria and cellular elements which may be present are stained blue.

Gabbet's Method.[2]—Gabbet has devised a rapid method in which the decolorization and counterstaining are accomplished by one solution. The specimen is prepared and stained with carbol-fuchsin as in the preceding method. It is then immersed for one minute directly in the following solution:

Methylene-blue	2 gms.
Sulphuric acid 25 per cent (sp. gr. 1018)	100 c.c.

Then rinse in water, dry, and mount.

This method, while rapid and very convenient, is not so reliable as the Ziehl-Neelson method.

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[1] *Ziehl*, Deut. med. Woch., 1882; *Neelson*, Deut. med. Woch., 1883.

[2] *Gabbet*, Lancet, 1887.

Pappenheim's Method.[1]—The method of Pappenheim is devised for the purpose of differentiating between the tubercle bacillus and the smegma bacillus. Confusion may occasionally arise between these two microorganisms, especially in the examination of urine where smegma bacilli are derived from the genitals, and less frequently in the examination of sputum where smegma bacilli may occasionally be mixed with the secretions of the pharynx and throat.

Preparations are smeared and fixed by heat in the usual way.

Stain with hot carbol-fuchsin solution for two minutes.

Pour off dye without washing and cover with the following mixture:

Corallin (rosolic acid)	1 gm.
Absolute alcohol	100 c.c.
Methylene-blue added to saturation	
Add glycerin[2]	20 c.c.

This mixture is poured on and drained off slowly, the procedure being repeated four or five times, and finally the preparation is washed in water. The combination of alcohol and rosolic acid decolorizes the smegma bacilli, but leaves the tubercle bacilli stained bright red.

Bunge and Trautenroth Method.[3]—This method is designed to differentiate between the tubercle and smegma bacilli.

Smear and fix by heat in the usual way.

Wash with absolute alcohol to remove fat.

Treat with five per cent chromic acid for fifteen minutes.

Wash in several changes of water.

Stain with hot carbol-fuchsin for five minutes.

Decolorize with sixteen per cent sulphuric acid for three minutes.

Counterstain with alcoholic methylene-blue for five minutes.

Wash in water, dry, and mount.

By this method the tubercle bacillus remains red, the smegma bacillus is decolorized.

Baumgarten's Method.[4]—This method is recommended by the author for differentiation between the bacillus of tuberculosis and the bacillus of leprosy and depends upon the fact that the tubercle bacillus is less easily stained than Bacillus lepræ.

Smears are prepared and fixed by heat in the usual way.

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[1] *Pappenheim*, Berl. klin. Woch., 1898.

[2] The glycerin is added after the other constituents have been mixed.

[3] *Bunge* und *Trautenroth*, Fortschr. d. Med., xiv, 1896.

[4] *Baumgarten*, Zeit. f. wissensch. Mikrosk., 1, 1884.

Stain in dilute alcoholic fuchsin for five minutes.

Decolorize for twenty seconds in alcohol, ninety-five per cent, ten parts, nitric acid one part.

Wash in water.

Counterstain in methylene-blue.

Wash in water, dry, and mount.

The tubercle bacillus should be blue and the bacillus of leprosy red.

Special Stains for Polar Bodies.—These staining methods are designed to bring into view polar bodies as found, for instance, in the bacilli of diphtheria and plague.

NEISSER'S METHOD.[1]—Smear and fix in the usual manner.

Stain for two to five seconds in the following solution:

Methylene-blue	1 gm.
Absolute alcohol	20 c.c.
Glacial acetic acid	50 c.c.
Distilled water	1,000 c.c.

Wash in water.

Counterstain in two per cent aqueous Bismarck brown solution for five seconds.

By this method polar bodies are stained blue, while the bacillary bodies are stained brown.

ROUX'S METHOD.[2]—Two solutions are necessary.

(1)	Dahlia violet	1 gm.
	Alcohol 90 per cent	10 c.c.
	Aqua destillata ad	100 c.c.
(2)	Methyl-green	1 gm.
	Alcohol 90 per cent	10 c.c.
	Aqua destillata ad	100 c.c.

Before use, one part of solution No. 1 is mixed with three parts of solution No. 2. The preparation is stained with the mixture for two minutes in the cold.

Polychrome Stains.—The various polychrome stains are of value to the bacteriologist chiefly for the staining of pus and exudates where the relation of bacteria to cellular elements is to be demonstrated. They are also extremely useful in the study of fixed specimens of protozoan parasites. There is a large number of these stains in use; a few only, however, can be given here. In principle, all these stains depend upon a combination of eosin and methylene-blue, these elements staining not only as units, but acting together in combination. One and the same solution, therefore, contains at least three elements which color the various structures of the preparation selectively.

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[1] *Neisser*, Zeit. f. Hyg., xxiv, 1897.

[2] *Roux* and *Yersin*, Annal. de l'inst. Past., 1890.

JENNER'S METHOD.[1]—This stain, because of its simplicity, is useful for routine use. It is made up as follows: Equal parts of eosin (Gruebler, "W. G.") one and two-tenths per cent aqueous solution, and methylene-blue (medicinal, Gruebler) one per cent aqueous solution, are mixed and allowed to stand for twenty-four hours. A coarse granular precipitate is formed which appears dark, with a metallic luster on its surface. This is separated by filtration and washed with distilled water until the filtrate appears almost clear.

To make up the stain 0.5 gram of the dry precipitate is dissolved in 100 c.c. of methyl alcohol.

In using the stain, preparations are not fixed, but simply dried in the air and immersed in the stain for one to two minutes. After this, wash in distilled water and examine.

WRIGHT'S MODIFICATION OF LEISHMAN'S METHOD.[2]—A one per cent solution of methylene-blue (Gruebler) in five-tenths per cent solution of sodium bicarbonate in distilled water is steamed in a sterilizer at 100° C. for one hour. After this has cooled, a one-tenth per cent aqueous solution of eosin (Gruebler, W. G.) is added until a metallic scum appears on the surface of the mixture. (About five parts of eosin solution to one of methylene-blue is necessary.) The precipitate which forms is collected by filtration, dried, and a saturated solution then made in methyl alcohol. This is filtered and diluted with one-quarter its bulk of methyl alcohol.

To stain, cover the dried preparation with the stain for one to one and one-half minutes. Dilute by dropping upon the stain distilled water from a pipette until a metallic film appears upon the top. Leave this on for three to fifteen minutes. Wash in distilled water.

GIEMSA'S METHOD.[3]—The method of Giemsa is really a modification of the Romanowsky method. It is widely applicable, being of great value in the staining of the Spirochæte pallida, Vincent's spirilla, protozoa, and Negri bodies. The stain has been modified several times by its originator, the following being the formula given by him in 1904: The substance referred to as azur II and purchasable under that name, consists of pure methylenazur chloralhydrate combined with an equal quantity of methylene-blue chloralhydrate. The substance referred to as azur II-eosin is a combination of this substance with eosin.

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[1] *Jenner*, Lancet, i, 1889.

[2] *Wright*, Jour. Med. Research, ii, 1902.

[3] *Giemsa*, Cent. f. Bakt., I, xxxvii, 1904.

The staining fluid is made up as follows:[1]

Azur II-eosin	3 gms.
Azur II	8 gms.

This mixture is thoroughly dried over sulphuric acid in a desiccator, finely powdered, and rubbed through a fine sieve. It is then dissolved in 250 gms. of C. P. glycerin (Merck), at 60° C. To this is added methyl alcohol (Kahlbaum) 250 c.c., previously warmed to 60° C. This mixture is well shaken and allowed to stand at room temperature for twenty-four hours. The mixture is now ready for use.

For use 10 c.c. of distilled water are poured into a test tube and one to two drops of a one per cent potassium carbonate solution are added. Ten drops of the staining solution described above (one drop to the c.c.) are mixed with this slightly alkaline water. The preparation which is to be stained is fixed in methyl alcohol, dried, and covered with the diluted staining solution. For the staining of protozoa and exudates containing bacteria, ten to fifteen minutes are sufficient. For the staining of Negri bodies or Spirochæte pallida, one or more hours of staining should be employed. After staining, wash in running tap water and blot.

WOOD'S METHOD.[2]—Wood has devised a simple staining method based on the principles of the Giemsa stain, in which azur II and eosin may be used in separate solutions. Preparations are fixed in strong methyl alcohol for five minutes and are then stained in a 0.1 per cent aqueous solution of eosin until the preparation is pink. The eosin is then poured off and the preparation is covered with a 0.25 per cent aqueous solution of azur II for one-half to two minutes. Following this, it is washed in tap water and dried by blotting.

When an intense stain is desired, the solution of eosin and azur II may be flooded over the preparation together, using an excess of azur II. They are then left on from five to ten minutes. At the end of this time washing and drying as before completes the process.

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[1] It is best not to attempt to make up the undiluted staining fluid, since this is purchasable under the name of "Giemsa Lösung für Romanowsky Färbung."

[2] *Wood*, Med. News, 83, 1903.

The Staining of Bacteria in Tissues.—The preparation of tissue for bacterial staining is, in general, the same as that employed for purposes of cellular studies, in histology. For bacteriological studies the most useful fixative is alcohol; other fixations, such as that by formalin, Zenker's fluid, or Mueller's fluid, give less satisfaction. In other respects the details of dehydration and embedding are the same as those used in histological studies, except that it is desirable that the tissues should be handled rather more carefully than is necessary for ordinary pathological work, and the changes from the weaker to the stronger alcohols should be made less abruptly.[1]

Embedding in paraffin is preferable to celloidin, although the latter method is not unsuccessful if carefully carried out. The chief disadvantages of celloidin are the retention of color by the celloidin itself and the consequent unclearness of differentiation. It is also easier to cut thin sections from paraffin blocks than from those prepared with celloidin.

When staining tissue sections for bacteria, it is most convenient to carry out the process with the section attached to a slide. For celloidin sections this may be accomplished by means of ether vapor. For paraffin sections it is necessary to cover the slide with an extremely thin layer of a filtered mixture of equal quantities of egg albumin and glycerin, to which a small crystal of camphor or a drop or two of carbolic acid has been added. The sections are then floated upon a slide so prepared, and set away in the thermostat for four or five hours.

LOEFFLER'S METHOD.[2]—Stain in alcoholic methylene-blue solution five to fifteen minutes, or in Loeffler's alkaline methylene-blue solution one to twenty-four hours.

Wash in one to one-thousand acetic acid solution for about ten seconds.

Treat with absolute alcohol by pouring the alcohol over the preparation for ten to twenty seconds.

Clear with xylol.

Mount in balsam.

When celloidin sections are stained in this way ninety-five per cent alcohol should be substituted for the absolute. A number of other staining solutions may be used in the same way, aqueous fuchsin or aqueous gentian-violet yielding good result.

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[1] For details of such work reference should be had to the standard textbooks on pathological technique, notably the very excellent one of Mallory and Wright.

[2] *Loeffler*, Mitt. a. d. kais. Gesundheitsamt, ii. 1884.

Nicolle advises the use of a ten per cent aqueous solution of tannic acid for a few seconds after washing with the acetic acid. This fixes the stain and prevents a too vigorous decolorization during the process of dehydration.

METHOD OF STAINING GRAM-POSITIVE BACTERIA IN TISSUE SECTIONS. —*Celloidin Sections.*—After fixing section to the slide by pressure with a filter paper or by ether vapor, cover with anilin-water gentian-violet five minutes.

Pour off excess of stain and cover with Gram's iodin solution for two minutes.

Decolorize with ninety-five per cent alcohol until no more color comes out.

Stain quickly with eosin-alcohol (ninety-five per cent alcohol to which enough eosin has been added to give a transparent pink color; about 1 : 15). Clear in eosin-oil of origanum (oil of origanum, 25 c.c. and eosin alcohol, as above, about 3 c.c.).

Blot and mount in balsam.

Paraffin Sections.—Stain with anilin-water gentian-violet five to ten minutes.

Wash in water.

Cover with Gram's iodin solution one minute.

Wash in water.

Decolorize with absolute alcohol until no more color comes out.

Clear in xylol.

Mount in balsam.

Gram-Weigert Method.[1]—(For celloidin sections.)—Stain for one-half hour in the following freshly filtered solution:

Carmine	3–5 grams.
Saturated aqueous solution of lithium carbonate	100 c.c.

Dehydrate in ninety-five per cent alcohol.

Stick section to slide with ether vapor.

Stain in anilin-water gentian-violet for five to fifteen minutes (or in a saturated solution of aqueous crystal violet diluted with water one to ten, five to fifteen minutes).

Wash in physiological salt solution.

Cover with Gram's iodin solution one to two minutes.

Wash in water and blot.

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[1] *Weigert,* Fortschr. d. Med., v, 1887.

Decolorize with anilin oil until no more color comes off.

This both decolorizes and dehydrates.

Treat with xylol. Mount in balsam.

METHOD OF STAINING FOR TUBERCLE BACILLI IN SECTIONS.[1]—*Paraffin Sections.*—Stain in carbol-fuchsin solution hot for five minutes (or better cold, for twenty-four hours).

Wash in water.

Decolorize and counterstain in Gabbet's methylene-blue sulphuric acid mixture for one minute.

Wash in water.

Dehydrate in absolute alcohol.

Clear in xylol.

Mount in balsam.

Celloidin Sections.[2]—Stain lightly in alum hematoxylin.

Wash in water.

Dehydrate in ninety-five per cent alcohol.

Attach the slide by ether vapor.

Stain with steaming carbol-fuchsin two to five minutes.

Wash in water.

Wash with Orth's acid alcohol (alcohol ninety per cent., 99 c.c.; conc. HCl, 1 c.c.) one-half to one minute.

Wash in water several changes.

Treat with ninety-five per cent alcohol until red color is entirely gone.

Blot and cover with xylol until clear. Mount in balsam.

METHOD OF STAINING ACTINOMYCES IN SECTIONS.—*Mallory's Method*[3].—1. Stain deeply in saturated aqueous eosin ten minutes.

2. Wash in water.
3. Anilin gentian-violet two to five minutes.
4. Wash in normal saline solution.
5. Weigert's iodin solution (iodin 1, KI 2, and water 100 parts) one minute.
6. Wash in water and blot.
7. Clear in anilin oil.
8. Xylol several changes.
9. Mount in balsam.

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[1] *Mallory* and *Wright*, "Pathol. Tech.," p. 413.

[2] After *Mallory* and *Wright*.

[3] *Mallory* and *Wright*, "Pathol. Tech.," 1904.

CHAPTER VII

THE PREPARATION OF CULTURE MEDIA

GENERAL TECHNIQUE

THE successful cultivation of bacteria upon artificial media requires the establishment of an environment which shall be suitable in regard to the presence of assimilable nutritive material, moisture, and osmotic relations. These requirements are fulfilled in the composition of the nutrient media described in another section, media which are to some extent varied according to the special requirements of the bacteria which are to be cultivated. If cultivation, furthermore, is to have any value for scientific study of individual species, it is necessary to obtain these species free from other varieties of microorganisms, that is, in pure culture, and to protect such cultures continuously from contamination with the other innumerable species which are everywhere present.

The technique which is employed for these purposes has been gradually evolved from the methods originally devised by Pasteur, Koch. Cohn, and others.

Bacterial cultivation is carried out in glassware of varied construction, the forms most commonly employed being test tubes of various sizes, Erlenmeyer flasks, the common Florence flasks, and Petri dishes. All glassware, of course, must be thoroughly cleansed before being used.

Preparation of Glassware.—The cleansing of glassware may be accomplished by any one of a number of methods. New glassware may be immersed in a one per cent solution of hydrochloric or nitric acid in order to remove the free alkali which is occasionally present on such glass. It is then transferred to a one per cent sodium hydrate solution for a few hours, and following this is washed in hot running water.

In the case of old glassware which has contained culture media, sterilization in the autoclave is first carried out, then the glassware is boiled in five per cent soda solution or in soapsuds. After this, thorough mechanical cleansing is practiced, and the glassware may be treated by acid and alkali followed by running water, as given above. These last steps, however, are not essential, thorough washing in hot water after the soapsuds or soda solution being usually sufficient to yield good results. Other workers have recommended immersion of the glassware after mechanical cleansing in five per cent to ten per cent potassium bichromate solution in twenty-five per cent sulphuric acid. This is followed by thorough washing in hot running water, and drying.

Clean flasks and test tubes are then stoppered with cotton, which has been found to be a convenient and efficient seal against the bacteria of the air, catching them in the meshes of the fibers as in a filter. The technique of the stoppering or plugging of glass receptacles is important, in that, when poorly plugged, sterility is not safeguarded, and the purpose of culture study is defeated.

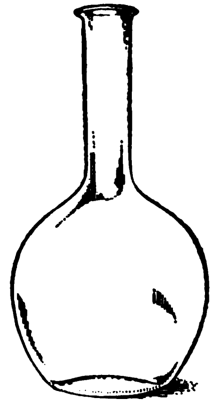

FIG. 15.—FLORENCE FLASK.

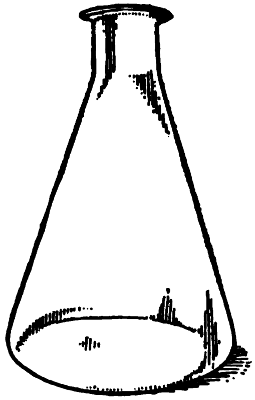

FIG. 16.—ERLENMEYER FLASK.

In almost all laboratories in this country non-absorbent cotton or "cotton batting" is used for the plug. In a few of the German laboratories the absorbent variety is employed. The disadvantages of the latter, especially in the case of fluid media, are obvious. The plugs should fit snugly, but not so tightly that force is necessary to remove them. Care should be taken, furthermore, that no creases are left between the surface of the glass and the periphery of the plug; for these, if present, may serve as channels for the entrance of bacteria. Fig. 18, accompanying, will illustrate some of the more common and undesirable defects in poorly made plugs. The plugging itself is carried out by tearing a small piece of cotton, about 2 × 2 inches, from the roll, folding over one of its corners, and, applying the smooth end of a glass rod to the folded portion, gently pushing it into the mouth of the tube.

After plugging and before media are introduced into the tubes and flasks, these should be sterilized. This is best done in one of the "hot-air sterilizers" (see Fig. 8, p. 69), by exposing the tubes for one hour to a temperature of 150° C. If greater speed is desired exposure to 180° to 190° C. for half an hour is usually safe. If by mistake, however, the temperature is allowed to rise above 200° C., a browning of the cotton plugs occurs and the glassware is apt to be stained by the burning of the fat and other organic material derived from the cotton. Petri dishes after cleansing are fitted together in the manner shown in Fig. 17, and are sterilized in the hot-air chamber at 150° C. for one hour.

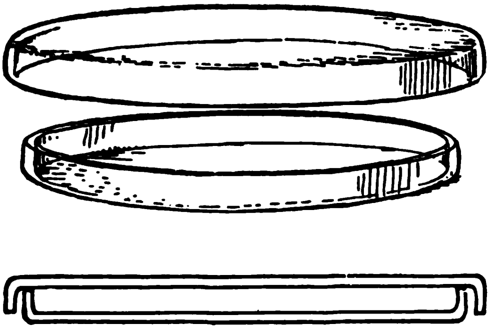

FIG. 17.—PETRI DISH.

Glassware so prepared is ready for the reception of media.

Ingredients of Culture Media.—The food requirements of bacteria have been discussed in another section. From what has there been said, it is apparent that artificial culture media must, to a certain extent, be adjusted to the peculiarities of individual bacteria. In the cases of the more strictly parasitic microorganisms growth can be obtained only by the most rigid observance of special requirements. For the large majority of pathogenic bacteria, however, routine or standard media may be employed, which, while slightly more favorable for one species than for another, are sufficiently general in their composition to permit the growth of all but the most fastidious varieties.

The basis of many of our common media is formed by the soluble constituents of meat. These substances are best obtained by macerating 500 grams of lean beef in 1,000 c.c. of distilled water. The mixture is allowed to infuse in the ice chest over night, and then strained through cheese-cloth. To this infusion are added the other required constituents in the manner given in the detailed instructions below. The soluble constituents of meat, however, may also be procured in a simpler way by the use of the commercial meat extracts, such as that of Liebig. These extracts are dissolved in quantities of five grams to the liter, and other constituents are added to this nutrient basis.

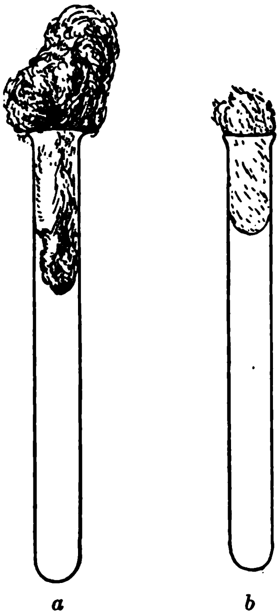

Fig. 18.—Test Tube (*a*) incorrectly stoppered; (*b*) correctly stoppered.

Though simpler to make, the meat-extract media are less favorable for the cultivation of the more delicate organisms than are the media made directly from fresh meat. Nevertheless, they suffice for the cultivation of the large majority of the more saprophytic pathogenic microorganisms and hold an important place in laboratory technique.

The ingredients and methods used in various laboratories in the preparation of such standard media should be, as much as possible, uniform, in order that confusion in results may be avoided; for, as is well known, the biological characteristics of one and the same bacterial species may vary considerably if grown on media differing in their composition.

A committee of the American Public Health Association,[1] appointed in 1897 for the sake of standardizing the methods of preparation of media, recommended that the following rules should govern the choice of ingredients:

1. Distilled water should be used in all cases.
2. The meat used should be fresh, lean beef (when veal or chicken is substituted the change should be stated).
3. The pepton used should be Witte's pepton, dry, made from meat.
4. Only C. P. NaCl should be used.
5. For alkalinizing C. P. sodium hydrate should be used in normal solutions.

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[1] Rep. Com. of Amer. Bact. to Com. of Amer. Pub. Health Assn. Meeting, Philadelphia, Sept., 1897.

6. For acidification C. P. hydrochloric acid in normal solution should be used.

7. When glycerin is used, this should be of the redistilled variety.

8. The agar-agar employed should be of the finest grade of commercial thread agar.

9. The gelatin should be the commercial sheet gelatin washed as free as possible of acid and impurities.

10. Chemicals and carbohydrates which are used should be as nearly chemically pure as possible.

Titration of Media.—Next in importance to the actual composition of media is the adjustment of their reaction. Bacteria are highly susceptible to variations in the acidity and alkalinity of media, excessive degress of either may completely inhibit development or moderate variations may lead to marked modifications of cultural characteristics. It is necessary, therefore, to adjust the reaction both for the sake of favoring growth and in order to insure uniformity of growth characters. This is accomplished by titration which is best carried out according to the recommendations of the committee mentioned above.

The color indicator employed for the titration is a five-tenths per cent solution of phenolphthalein in fifty per cent alcohol. The chief advantage of this indicator over others is due to the fact that it indicates the presence of organic acid and acid compounds in its reaction. For actual titration $\frac{N}{20}$ ($\frac{1}{20}$ normal) solutions of sodium hydrate or of hydrochloric acid are used. Since media in the process of preparation are usually acid, the NaOH solution is the one most frequently needed. Five c.c. of the medium to be tested is measured accurately in a care-

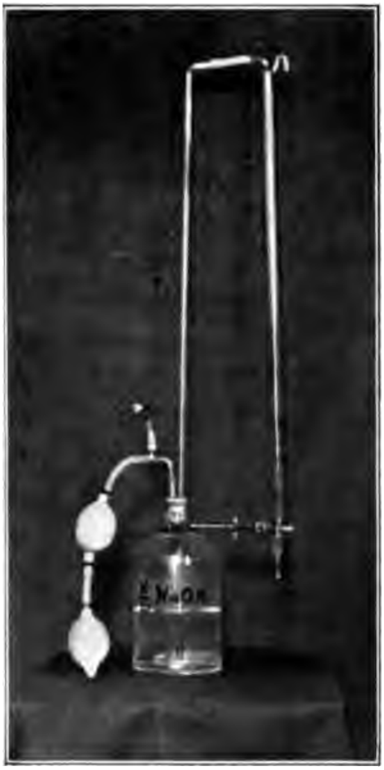

FIG. 19.—BURETTE FOR TITRATING MEDIA.

fully washed pipette and transferred into a porcelain evaporating dish. To this are added 45 c.c. of distilled water. The mixture is thoroughly boiled for three minutes over a free flame. The boiling drives off CO_2, giving the true neutral point, and approximates the conditions prevailing during the further sterilization of the medium from which the 5 c.c. have been taken. After boiling, 1 c.c. of the phenolphthalein is added. If the medium is acid, no color is present; if alkaline, a pink or red color appears. The $\frac{N}{20}$ alkali or acid solution is allowed to drop into the dish from a graduated burette. When the neutral point is approached in an acid solution, each drop of sodium hydrate added brings forth at first a deep red, which, however, upon slight stirring with a clean rod, completely disappears.[1] The end reaction is reached when a faint but clear and distinct pink color remains in the fluid after stirring.

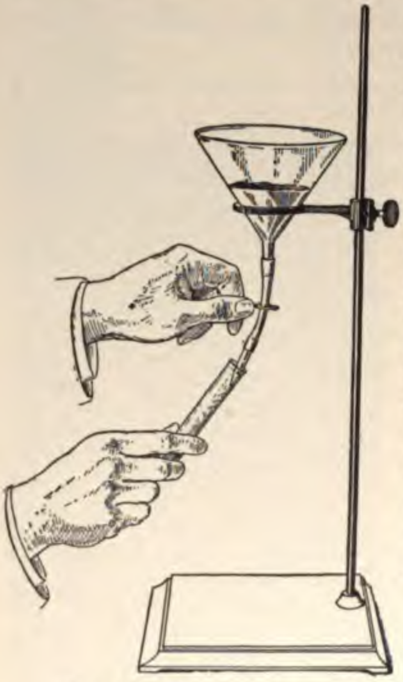

FIG. 20.—TUBING MEDIA.

When titrating alkaline media, the addition of the phenolphthalein produces a red color in the hot medium which gradually fades upon the addition of $\frac{N}{20}$ HCl, becoming colorless at the end point of titration. Titration should be done quickly and in a hot solution. From the result of the titration the computation for the neutralization of the entire bulk of the medium can be made by a simple arithmetical process as illustrated in the following example:

Let us suppose that we have used:

2.5 c.c. of $\frac{N}{20}$ NaOH to neutralize 5 c.c. of the medium,
then 2.5 c.c. of $\frac{N}{1}$ NaOH will neutralize 100 c.c. " "
and 25 c.c. of $\frac{N}{1}$ NaOH will neutralize 1,000 c.c., or one liter.

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[1] See standard textbooks on volumetric analysis.

The adjustment of the reaction of media is largely determined by the particular uses for which the media are designed. For examinations in the practice of sanitation, such as analyses of water, ice, and milk, etc., the American Public Health Association recommends a standard reaction of + 1 per cent (the plus sign is used to indicate acidity, the minus alkalinity; + 1 per cent is the expression used to indicate that one per per cent of $\frac{N}{1}$ sodium hydrate solution would be required to neutralize the medium or 10 c.c. to the liter). For general work with pathogenic bacteria, the most favorable reaction for routine media is slight alkalinity, neutrality, or an acidity not exceeding + 1 per cent.

Methods of Clearing Media.—*Clearing with Eggs.*—When culture media are prepared from substances containing no coagulable proteid, it is often necessary, for purposes of clearing, to add the whites of eggs, and then to heat for forty-five minutes in the Arnold sterilizer. In the following detailed descriptions, the direction "clear with egg" has been given whenever such a step is deemed necessary. The exact technique of such a procedure is as follows:

In a small pot or pan, the whites of several eggs (one or two eggs to each liter of medium) are beaten up thoroughly with a little water (20 c.c.). This egg white is then poured into the medium, which, if hot, as in the case of melted agar or gelatin, must first be cooled to about 50° to 55° C. The mixture is then thoroughly shaken and steamed in the Arnold sterilizer for thirty minutes. At the end of this time the flask containing the medium is removed from the sterilizer and thoroughly shaken so as completely to break up the coagulum which has formed. It is then replaced and allowed to steam for another fifteen minutes. At the end of this time the medium between the coagula should be clear. It is now ready for filtration through cotton.

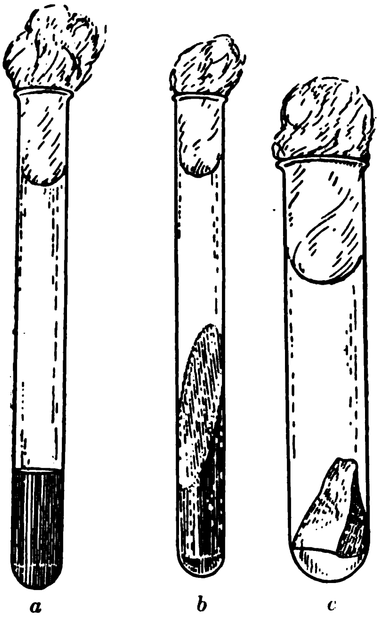

FIG. 21.—MEDIA IN TUBES: *a*, broth; *b*, agar slant; *c*, potato.

Filtering Media through Cotton.—The filtration of media after clearing, either by the addition of eggs or by the coagulation of the proteids originally contained in it, is best done through absorbent cotton. A small spiral, improvised of copper wire, is placed as a support in the bottom of a large glass funnel. A square piece of absorbent cotton is then split horizontally, giving two squares of equal size. Ragged edges and incisures should be avoided. These two layers of cotton are then placed in the funnel, one piece above the other in such a way that the direction of the fibers of the two layers is at right angles one to the other. They are then gently depressed into the filter with the closed fist. The

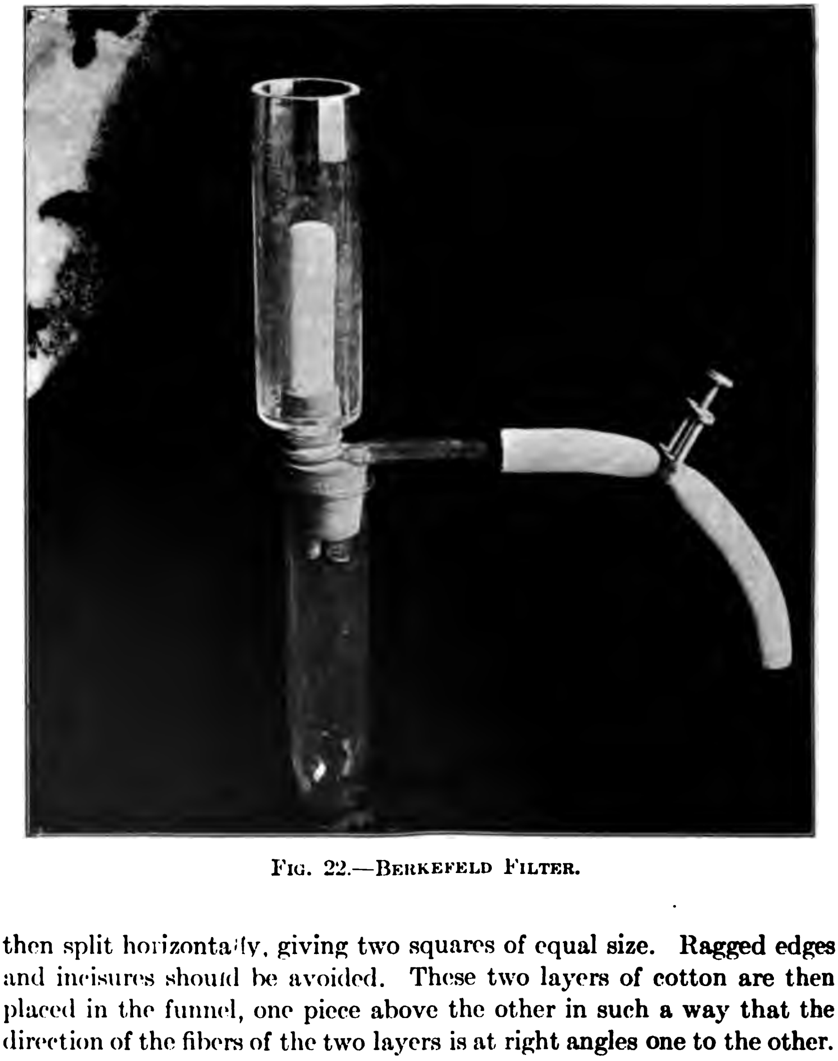

FIG. 22.—BERKEFELD FILTER.

f the cotton are made to adhere to the sides of the funnel by g a thin stream of tap water to run over them, while smoothing gainst the glass with the hand.

medium, when poured into such a filter, should be poured along rod at first, to avoid running down the sides or bursting the filter. iltration has begun, the filter should t as full as possible. The first liter hich comes through may not be clear, filter gains in efficiency as the coagticles into the fibers of the cotton, st yield may be sent through a [illegible] Filtration of agar or gelatin is in a warm room with windows closed, and the filter covered with void too rapid cooling. The funnel should be warmed just before use.

through Paper.—Many media efficiently cleared by filtration close filter paper without the aid of

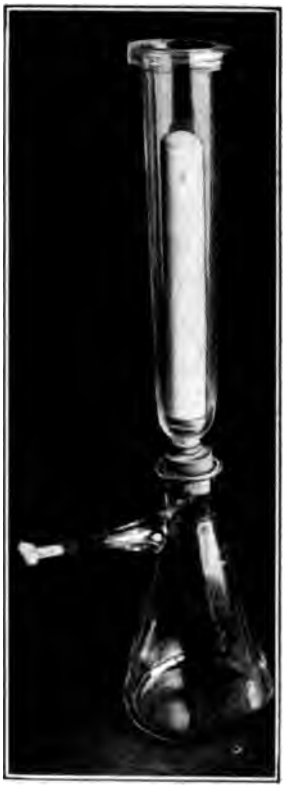

FIG. 23.—BERKEFELD FILTER.

[illegible] of Media.—Most of the media ed in the foregoing section are used tubes. In order to fill these tubes, dia are best poured into a large glass to which a glass discharging tube has itted by means of a short piece of tubing (see Fig. 20). Upon this is a thumb cock. The plug is then refrom the test tube by catching it bethe small and ring fingers of the right and the glass outlet is thrust deeply e test tube, in order to prevent the n from touching the upper portion test tube where the cotton plug lodged. About 7 to 8 c.c. is put in each test tube.

rilization of Media.—*By Heat.*—Media which contain neither gelatin, glycerin, nor animal serum may be sterilized in the autot fifteen pounds pressure for fifteen minutes to half an hour. which contain these or other substances subject to injury from h temperature, must be sterilized by the fractional method, *i.e.*, by twenty minutes' exposure in the live steam sterilizer (Arnold, Fig. 9, p. 70) on each of three consecutive days. During the intervals between sterilizations, they should be kept at room temperature or in the incubator, to permit the germination of spores which may be present. Media containing animal serum or other albuminous solutions which are to be sterilized without coagulation, may be sterilized in water baths, or in hot-air chambers (Fig. 10, p. 71), at temperatures varying from 60° to 70° C., by the fractional method. In such cases five or six exposures of one hour on succeeding days should be employed.

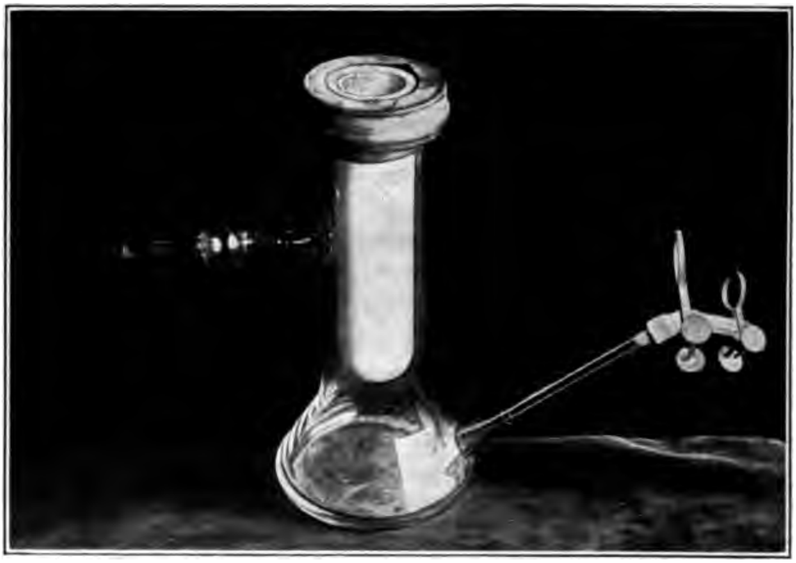

FIG. 24.—REICHEL FILTER.

By Filtration.—It is often desirable in bacteriological work to free fluid from bacteria. This is frequently necessary for the sterilization of blood-serum or exudate fluids, or for obtaining toxins free from bacteria. For these purposes a large variety of filters are in use. Those most commonly employed are of the Chamberland[1] or Berkefeld type, which consist of hollow candles made of unglazed porcelain or diatomaceous earth. Both these types are made in various grades of fineness, upon which depend both the speed of filtration and the efficiency. They are made in various forms and models, some of which are shown accompanying figures. In most of the methods of filtration ly employed the fluid which is to be filtered is sucked through s of the filter, either by a hand suction-pump or by some form m-pump attached to an ordinary water-tap.

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[1] *Pasteur* and *Chamberland*, Compt. rend. de l'acad. des sci., 1884.

hollow candle-filter may either be firmly fitted into a cylin- lass chimney and surrounded by the ich is to be filtered, or else the candle connected to the collecting flask erile rubber tubing and suspended the fluid. Perfect filters of these vill hold back any of the bacteria to us at present.

ss before use must be sterilized. ndles themselves are subjected to n the hot-air sterilizer for one hour. ssware and washers necessary for up the apparatus may be sterilized ng. In order that filters may be re- y used with good result, it is neces- at they should be carefully cleaned me to time. This is best done in the g way:

ers through which fluids from living s have passed are first sterilized in nold steam sterilizer. Their exterior carefully cleaned with a fine brush. ng this a five-tenths per cent solu- potassium permanganate is passed n them and this again removed by through a five per cent solution of ite of soda. This last is washed out ding a considerable quantity of dis- ater through the filter, which is then dried and sterilized by

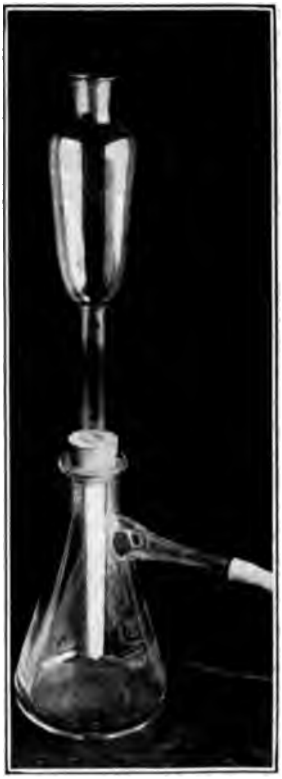

FIG. 25.—KITASATO FILTER.

suction necessary for filtration through these filters is usually by means of the ordinary suction-pump attached to a running

ting of Media.—Solid media which are to be used in slanted form tubes should be inclined on a ledge (easily improvised of glass at the proper slant, after the last sterilization. Agar, the medium most frequently employed in this way, should be left in this position for two or three days. (See Fig. 21, *b*.)

ACTUAL STEPS IN THE PREPARATION OF NUTRIENT MEDIA

Broth.—*Meat Extract Broth.*—1. To 1,000 c.c. of distilled or clear tap water add 5 gms. Liebig's meat extract, 10 gms. Witte's pepton, and 5 gms. common salt (NaCl).

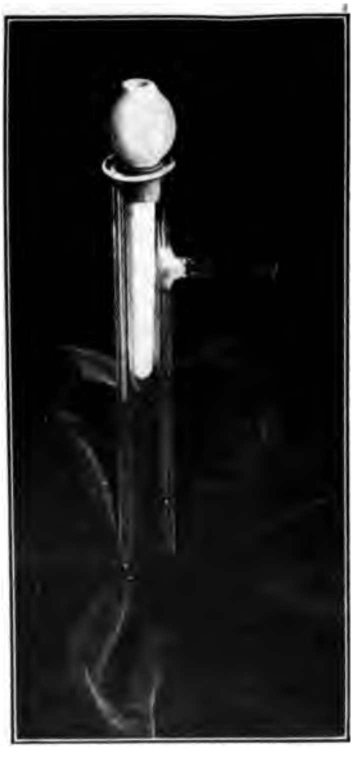

FIG. 26.—MAASSEN FILTER, FOR SMALL QUANTITIES OF FLUID.

2. Weigh solution with containing vessel (any suitable agate-ware vessel or glass flask will do).

3. Heat over free flame until thoroughly dissolved, stirring constantly.

4. Weigh again and make up loss by evaporation.

5. Determine volume.

6. Titrate and adjust to required reaction, heating over free flame for five minutes.

7. Filter through paper until clear.

8. Sterilize.

If medium can not be cleared by filtering through paper, clearing by white of egg may be resorted to and the medium filtered through cotton.

Meat Infusion Broth.—1. Infuse 500 gms.[1] of lean meat, twelve to twenty-four hours, with 1,000 c.c. of distilled water in refrigerator.

2. Strain through wet cotton flannel or wet cheese-cloth and make up volume to 1,000 c.c.

3. Add 5 gms. common salt and 10 gms. Witte's pepton.

4. Weigh with containing vessel.

5. Warm over flame or water bath, stirring until pepton is dissolved, not allowing temperature to rise above 50° C.

6. Determine volume.

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[1] Roughly, 1 pound (1¼ lb.).

7. Titrate and adjust reaction to neutral.

8. Heat in Arnold sterilizer for thirty minutes; shake or stir well and heat again for fifteen minutes.

9. Determine weight and restore loss by evaporation.

10. Determine volume, titrate, and adjust reaction to desired point (usually one per cent acid).

11. Heat again for five minutes if adjustment of reaction has been necessary.[1]

12. Filter through absorbent cotton, passing the filtrate through the *same* filter until clear.

13. Titrate and record the final reaction.

Place in cotton-plugged sterile flasks or plugged sterile test tubes, and sterilize for thirty minutes in the Arnold sterilizer on three successive days, leaving at room temperature in the intervals.

Sugar-Free Broth.—1. Make 1 liter of meat infusion broth, following steps 1, 2, 3, 4, 5, 6, 7, and 8[2]; then filter through thin cotton filter to remove gross particles—total clearing is not necessary.

2. Put the broth in a flask and cool. Then add 10 c.c. of a twenty-four-hour broth culture of B. coli communis.

3. Place the flask, stoppered with cotton, in the incubator at 37° C. for eighteen hours. (The bacteria will ferment and thus destroy any sugar [monosaccharid] which may be present in the broth, and thus render the broth sugar-free and acid.)

4. Heat thoroughly to kill the bacteria.

5. Determine weight and bring to 1,015 gms. Then determine volume and titrate, and adjust to neutral. Heat thoroughly again.

6. Filter through filter paper until clear.

7. The pure sugars, dextrose, lactose, saccharose, etc., are then added to separate portions (250 c.c.) of the broth in the proportion of one per cent.

8. When the sugars are dissolved, tube the broth immediately in fermentation tubes, and sterilize by discontinuous sterilization, never heating over twenty minutes at a time, as heat tends to destroy or change the sugars.

Glycerin Broth.—To ordinary, slightly acid or neutral meat infusion broth, add six per cent of C. P. glycerin. Sterilize by fractional method.

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[1] Media become more acid on boiling, probably because of a driving out of CO_2, and a second titration therefore becomes necessary.

[2] These steps refer to the regular directions for making infusion broth. One liter of previously made infusion broth may be used instead.

Calcium Carbonate Broth.—This medium is designed for obtaining mass cultures of pneumococcus or streptococcus for purposes of immunization or agglutination.

To 100 c.c. of meat infusion broth in small flasks, add one per cent of powdered calcium carbonate, and one per cent of glucose. It is a wise precaution to sterilize the dried calcium carbonate in the hot-air chamber before using. Small pieces of marble may be used as suggested by Bolduan.

Pepton-Salt Solution (Dunham's solution):

1. Distilled water	1,000	c.c.
Pepton (Witte)	10	gms.
NaCl	5	"

2. Heat until ingredients are thoroughly dissolved.
3. Filter through filter paper until perfectly clear.
4. Tube twenty-five tubes, and store remainder in 250 c.c. flasks.

Sterilize by discontinuous method.

Nitrate Solution.—

1. Distilled water	1,000	c.c.
Pepton	1	gm.
Potassium nitrate	0.2	"

2. Heat until ingredients are thoroughly dissolved.
3. Filter through filter paper until perfectly clear.
4. Tube twenty-five tubes, and store remainder in 250 c.c. flasks.

Sterilize by discontinuous sterilization.

Uschinsky's Proteid-Free Medium.[1]—To one liter of distilled water add:

Asparagin	3.4	grams.
Ammonium lactate	10	"
Sodium chloride	5	"
Magnesium sulphate	0.2	"
Calcium chloride	0.1	"
Potassium phosphate	1.0	"

When these substances are thoroughly dissolved, add 40 c.c. of glycerin Tube and sterilize.

Gelatin.—*Meat-Extract Gelatin.*—1. To 1,000 c.c. of distilled water add Liebig's extract 5 gms., pepton 10 gms., NaCl 5 gms., and 120 gms. of the finest French sheet gelatin.[2]

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[1] *Uschinsky*, Cent. f. Bakt., 1, xiv, 1893.

[2] The acidity and consistence of the different commercial gelatins vary considerably and care should be taken in selecting a uniform and suitable brand, such as Hesterberg's gold label gelatin. It is advisable, when working during the summer or in hot climates, to add 130 instead of 120 grams.

2. Weigh with containing vessel.

3. Dissolve by warming.

4. Adjust weight, determine volume, titrate, and adjust reaction.

5. Cool to 60° C., add whites of two eggs, and stir thoroughly.

6. Heat for thirty minutes, stir thoroughly, and heat for fifteen minutes.

7. Adjust weight.

8. Filter through cotton.

9. Sterilize.

Meat-Infusion Gelatin.—1. Infuse 500 gms. lean meat twelve to twenty-four hours with 1,000 c.c. of distilled water in refrigerator.

2. Strain through wet cotton flannel or wet cheese-cloth and make up volume to 1,000 c.c.

3. Add 5 gms. common salt, 10 gms. Witte's pepton, and 120 gms. of the finest French sheet gelatin.

4. Weigh with containing vessel.

5. Warm over flame or water bath, stirring till pepton and gelatin are dissolved and not allowing temperature to rise above 50° C.

6. Determine volume.

7. Titrate and adjust reaction to neutral.

8. Heat in Arnold sterilizer for thirty minutes; shake or stir well and heat again for fifteen minutes.

9. Determine weight and restore loss by evaporation.

10. Determine volume, titrate, and adjust reaction to desired point, if necessary (one per cent acid).

11. Heat five minutes over free flame, constantly stirring, if adjustment of reaction has been necessary.

12. Filter through absorbent cotton, passing the filtrate through the *same* filter until clear.

13. Titrate and record the final reaction.

Place gelatin in cotton-plugged sterile 250 c.c. flasks or about 8 c.c. in plugged sterile test tubes and sterilize for thirty minutes in the Arnold sterilizer on three successive days, leaving at room temperature in the intervals. Never heat the gelatin for longer than is necessary to comply with directions, or it may not be solid enough for use. With some brands of gelatin it may be necessary to add thirteen per cent in order to obtain sufficient stiffness.

Agar.—*Meat-Extract Agar.*—1. To 1,000 c.c. of distilled water (or tap water) add 15 gms. of thread agar, 10 gms. of Witte's pepton, and 5 gms. of Liebig's meat extract, and 5 gms. of common salt.

2. Weigh with containing vessel.

3. Heat over free flame until agar is dissolved, thirty to forty-five minutes. (Great care should be exercised in determining that agar is completely in solution.)

4. Determine weight and make up loss by evaporation.

5. Determine volume, titrate, and adjust to desired reaction.

6. Cool to 60° C.

7. Add whites of two eggs and stir thoroughly.

8. Heat in Arnold sterilizer thirty minutes, stir, and reheat fifteen minutes.

9. Weigh and make up loss by evaporation.

10. Determine volume, titrate, and correct reaction if necessary.[1]

11. Heat for five minutes, if reaction is corrected.

12. Filter through cotton, tube, and sterilize.

Meat-Infusion Agar.[2]—(A) 1. Infuse 500 gms. lean meat twelve to twenty-four hours in 500 c.c. of distilled water in refrigerator.

2. Strain through wet cotton flannel or wet cheese-cloth, and make up volume to 500 c.c.

3. Add 10 gms. of Witte's pepton and 5 gms. of common salt.

4. Weigh solution and containing vessel.

5. Warm over free flame or water bath till pepton and salt are dissolved, not allowing temperature to rise above 50° C.

6. Determine volume, titrate, and neutralize.

(B) 7. Add 15 gms. of thread agar to 600 c.c. of distilled water and boil over free flame for thirty to forty-five minutes, watching and stirring constantly till agar is completely dissolved. This will lose weight by evaporation; final weight should be 515 gms.

8. Cool this to about 60° C.

(C) 9. Then to the solution A of meat infusion (at 50° C.) add the solution B of agar (at 60° C.).

10. Heat for thirty minutes in Arnold sterilizer. Shake or stir thoroughly, and heat fifteen minutes more. Adjust weight by adding water.

11. Determine volume, titrate, and adjust reaction to plus one per cent acid or any desired reaction.

12. Boil for two minutes over free flame, constantly stirring.

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[1] While titrating, care should be taken that medium does not solidify along sides of vessel. Agar may be made more quickly and successfully in autoclave.

[2] Glycerin agar is made by adding 6 per cent of C. P. glycerin to meat-extract or meat-infusion agar.

13. Filter through absorbent cotton, passing the filtrate through the same filter until clear.

14. Titrate and record final reaction.

Place agar in cotton-plugged sterile flasks or plugged sterile test tubes and sterilize for thirty minutes on three successive days.

Lactose-Litmus-Agar (Wurtz).—1. Put 1,500 c.c. distilled water in previously weighed agate-ware vessel.

2. Add 15 gms. thread agar and boil over free flame for thirty to forty-five minutes, watching and stirring constantly till the agar is completely dissolved.

3. Add 5 gms. Liebig's extract of meat, 5 gms. NaCl, 10 gms. Witte's pepton, and dissolve completely.

4. Restore loss by evaporation to 1,035 gms.

5. Determine volume, titrate, and adjust reaction to one per cent acid.

6. Place in a flask and cool to 60° C.

7. Add the whites of two eggs beaten up in 50 c.c. of water and mix thoroughly.

8. Heat for thirty minutes in Arnold sterilizer, shake thoroughly, and heat again for fifteen minutes.

9. Adjust weight.

10. Filter through absorbent cotton to clear.

11. Add two per cent pure lactose (milk sugar).[1]

12. Add enough pure five per cent litmus solution[2] to bring to purple color when cold.

13. Tube and sterilize.

Welch's Modification of Guarnieri's Medium.[3]—This medium is made on a meat-infusion basis, according to the directions given for the preparation of meat-infusion agar. It contains 5 grams of agar, 80 grams of gelatin, 5 grams of NaCl, and 10 grams of pepton to one liter. It should be adjusted to a neutral reaction. It is used for stab cultures and is designed chiefly for pneumococcus cultivation and storage.

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[1] Add lactose and litmus to 250 c.c. for 25 tubes; keep the remainder, without lactose, stored in small sterile flasks for further use.

[2] The litmus solutions used in the preparation of media are best made up as follows: Litmus in substance—Merck's purified, or Kaulbaum's—is dissolved in water to the extent of 5 per cent. The solution is made by heating in an Arnold sterilizer for about one to two hours, shaking occasionally. The solution is then filtered through paper and sterilized. It should be kept sterile, as molds will grow in it otherwise.

A standard litmus solution, which is marketed for laboratory purposes, known as " Kubel and Thiemann's " solution, may be used.

[3] *Welch*, Bull. Johns Hopkins Hosp.

Dorsett Egg Medium.—This medium is chiefly useful for the cultivation of tubercle bacilli.

1. Carefully break eggs and drop the contents into a wide-mouthed flask. Break up the yolk with a sterile platinum wire, and shake up the flask until the whites and yolks are thoroughly mixed.
2. Add 25 c.c. of distilled water to every four eggs; strain through sterile cloth.
3. Pour 10 c.c. each into sterile test tubes and slant in an inspissator and expose to 73° C. for four to five hours on two days.
4. On the third day, raise the temperature to 76° C.
5. The sterilization may be finished by a single exposure to 100° C. in the Arnold sterilizer for fifteen minutes. Before inoculation, add two or three drops of sterile water to each tube.

Potato Media.—Large potatoes are selected, carefully washed in hot water, and scrubbed with a nail brush. They are then peeled, considerably more than the cuticle being removed. The peeled potatoes are again washed in running water for a short time, following which cylindrical pieces are removed from them with a large apple corer. The cylinders are cut into wedges by oblique cuts.

Since the reaction of the potato is normally acid, this should be corrected by washing the pieces in running water over night, or, better, by immersing them in a one per cent solution of sodium carbonate for half an hour.

The pieces are then inserted into the large variety of test tubes known as "potato tubes." (See Fig. 21, *c*.) In the bottom of the tubes a small amout of water (about 1 c.c.) or a small quantity of moist absorbent cotton should be placed in order to retard drying out of the potato. The tubes are sterilized by fractional sterilization, twenty minutes to half an hour in the Arnold sterilizer on three successive days.

Glycerin Potato.—In preparing glycerin potato the potato wedges are treated as above, and are then soaked in a ten to twenty-five per cent aqueous glycerin solution for one to three hours. A small quantity of a ten per cent glycerin solution should be left in the tubes. In sterilizing these tubes, thirty minutes a day in the Arnold after heating of the sterilizer should be regarded as sufficient, to avoid changes in the glycerin.

Milk Media.—Fresh milk is procured and is heated in a flask for fifteen minutes in an Arnold sterilizer. It is then set away in the ice chest for about twelve hours in order to allow the cream to rise. Milk and cream are then separated by siphoning the milk into another flask. It is rarely necessary to adjust the reaction of milk prepared in this way, since, if acid at all, it is usually but slightly so. If, however, it should prove more than 1.5 per cent acid, it should be discarded or neutralized with sodium hydrate. The milk may then be poured into test tubes without further additions, or litmus solution may be added in a quantity sufficient to give a purplish blue color. The tubes are sterilized by fractional sterilization in the Arnold sterilizer for thirty minutes on three successive days.

Serum Media.—*Loeffler's Medium.*—Beef blood is collected at the slaughter house in high cylindrical jars holding two quarts or more. While absolute sterility in getting such blood can not usually be assured, it is desirable that attempts should be made to avoid contamination as much as is feasible by previously sterilizing the jars, keeping them covered, and exercising care in the collection of the blood.

The blood is allowed to coagulate in the jars, and should not be moved from the slaughter house until coagulated. All unnecessary shaking of jars should be avoided. As soon as the coagulum is fully formed, adhesions between the clot and the sides of the jar should be carefully separated with a sterile glass rod or wire. The jars are then set away in the ice chest for twenty-four to thirty-six hours, to allow the serum to separate from the clot. At the end of this time clear serum will be found over the top of the clot, and between the clot and the jar, and this should be pipetted off, preferably with a large pipette of 50 to 100 c.c. capacity, or siphoned off with sterile glass tubing, and transferred to sterile flasks. If, by accident or through carelessness, many red cells have been taken off with the serum, the flasks may again be set away in the ice chest to permit settling out of the corpuscles, when the serum is again siphoned off.

To three parts of the clear serum is then added one part of a one per cent glucose beef infusion or veal infusion bouillon. The mixture is filled into tubes, preferably the short test tubes commonly used for diagnostic diphtheria cultures. The tubes are then placed in a slanting position in the apparatus known as an inspissator (see p. 71). This is a double-walled copper box covered by a glass lid, cased in asbestos, and surrounded by a water jacket. It is heated below by a Bunsen flame. Together with the tubes a small open vessel containing water should be placed in the inspissator to insure sufficient moisture. The temperature of the inspissator is now raised to 70°–75° C., care being taken that the rise of temperature takes place slowly. The temperature is maintained at this point for two hours, and the process is repeated, for the same length of time, at the same temperature, on six successive days, preferably without removing the tubes from the inspissator at any time. It is also possible, though less regularly yielding good results, to sterilize in the inspissator for one day, following this on the second and third days by exposure for thirty minutes to 100° C. in the Arnold steam sterilizer. In doing this, the Arnold should be very gradually heated, at first without outer jacket, this being lowered only after thorough heating has taken place. If such precautions are not taken, the medium will be spoiled.

Serum-Water Media for Fermentation Tests.—For the determination of the fermentative powers of various microorganisms for purposes of differentiation, Hiss has devised the following media in which the cleavage of any given carbohydrate is indicated, not only by the production of an acid reaction, but by the coagulation of the serum proteids.

Obtain clear beef serum by pipetting from clotted blood in the same way as this is obtained for the preparation of Loeffler's blood-serum medium. Add to this, two or three times its bulk of distilled water, making a mixture of serum and water in proportions of one to two or three. Heat the mixture for fifteen minutes in an Arnold sterilizer at 100° C. to destroy any diastatic ferments present in the serum. Add one per cent of a five per cent aqueous litmus solution (the variation in the different litmus preparations as obtained in laboratories necessitates a careful addition of an aqueous litmus solution until the proper color, a deep transparent blue, is obtained, rather than rigid adherence to any quantitative directions). Add to the various fractions of the medium thus made, one per cent respectively of the sugars which are to be used for the tests.

For the preparation of inulin medium, made in this way for pneumococcus-streptococcus differentiation, it is necessary to sterilize the inulin dissolved in the water to be added to the serum in an autoclave at high temperature (fifteen pounds for fifteen minutes) in order to kill spores before mixing with the serum. Before the serum is added, the inulin solution should be cooled.

The serum-water media are sterilized by the fractional method at 100° C., at which temperature they remain fluid.

Special Media for Colon-Typhoid Differentiation.[1]—*Hiss' Plating Medium.*[2]—The composition of this medium is as follows:

Agar	15 gms.
Gelatin	15 "
Liebig's meat extract	5 "
Sodium chloride	5 "
Dextrose	10 "
Distilled water	1,000 c.c.

The agar is thoroughly dissolved in 1,000 c.c. of distilled water, either over a free flame or in the autoclave. When the agar is melted, the gelatin, meat extract, and salt are added and dissolved by further heating. Any loss in weight is then adjusted by the addition of water. No titration or adjustment of reaction is necessary. The medium should be cleared, in the usual way, with the whites of two eggs, and filtered through cotton. To the cleared medium is added one per cent of dextrose, and the medium tubed, about 8 c.c. to each tube, and sterilized.

Hiss' Tube Medium.—The composition is as follows:

Agar	5 gms.
Gelatin	80 "
Liebig's meat extract	5 "
Sodium chloride	5 "
Dextrose	10 "
Distilled water	1,000 c.c.

The method of preparation is the same as for the plating medium. The agar is thoroughly dissolved, and then the gelatin, meat extract, and salt are added and dissolved. After adjusting the loss in weight, the volume should be determined, a careful titration made, and the reaction adjusted to one and five-tenths per cent acid by the addition of $\frac{N}{1}$ HCl solution. The medium is then cleared with the whites of eggs, filtered, and one per cent dextrose added. It is then tubed and sterilized.

Hesse's Medium.[3]—The medium devised by Hesse for typhoid-colon differentiation depends for its usefulness, as does the Hiss tube medium, upon the great motility of the typhoid bacillus. It may be used directly for the examination of feces or, as suggested by Jackson and Melia,[4] after preliminary enrichment of the material to be examined by the use of the lactose-bile medium of Jackson. (See p. 138.)

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[1] For details of use of these special media see also chapter on Bacillus typhosus.

[2] *Hiss*, Jour. Exp. Med., ii, 1897; Jour. Med. Research, viii, 1902.

[3] *Hesse*, Zeit. f. Hyg., lviii, 1908.

[4] *Jackson* and *Melia*, Jour. of Inf. Dis., vi, 1909.

The Hesse medium is made up as follows:

Agar	5 gms. (4.5 gms. absolutely dry.)
Pepton (Witte)	10 "
Liebig's beef extract	5 "
Sodium chloride	8.5 "
Distilled water	1,000 c.c.

Jackson and Melia, in studying this medium, have found that complete drying of the agar and the use of 4.5 gms. of this dried preparation give more uniform results, since the amount of moisture in commercial agar varies considerably. The preparation of the medium is as follows:

Dissolve 4.5 gms. of dry agar in 500 c.c. of distilled water over a free flame, making up for loss by evaporation. In another vessel 10 gms. of pepton, 5 gms. of beef extract, and 8.5 gms. of salt are dissolved in 500 c.c. of distilled water. This may be heated until complete solution has taken place and the loss by evaporation made up.

The two solutions are then mixed and heated for thirty minutes; loss by evaporation is then made up with distilled water and the solution is filtered through cotton until clear. The reaction is then adjusted to one per cent acidity and the medium tubed—10 c.c. to each tube. Sterilize in autoclave, cool, and store in ice chest.

The typhoid bacillus is characteristic on the Hesse medium only when the dilution poured in the plates is so high that only a few colonies appear. The typhoid colonies are much larger than are the colon colonies and may often be several centimeters in diameter. They show a small opaque center and a delicately opalescent body. Their form is perfectly circular.

Piorkowski's Urine Gelatin.[1]—Normal urine of a specific gravity of about 1.020 is collected for several days. At the end of this time, when its reaction has become alkaline, pepton five per cent and gelatin three and three-tenths per cent are added. This mixture is heated upon a water bath for one hour, filtered, and tubed. The tubes are sterilized by the fractional method.

This medium allows the differentiation of typhoid-bacillus colonies from those of the colon bacillus. In using it for the isolation of typhoid bacilli from the feces, two loopfuls of feces are placed into a tube of the melted urine gelatin, and from this, dilutions are made into other tubes, taking four loopfuls from the first into the second and six to eight from the second to the third. Plates are then poured and kept at about 20° C. The typhoid colonies show fine processes or filaments, while the colon colonies are quite compact.

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[1] *Piorkowski.* Deut. med. Woch., vol. 25, 1899.

Capaldi's Medium.[1]—The composition of this medium is as follows:

Distilled water	1,000	c.c.
Pepton (Witte)	20	gms.
Gelatin	10	"
Agar	20	"
Dextrose (or preferably mannit)	10	"
NaCl	5	"
KCl	5	"

It is advisable to dissolve the agar in 500 c.c. of water, making up the loss by evaporation with distilled water, and to dissolve the other ingredients in a similar quantity of water, finally mixing the solutions. The mixture is rendered alkaline by the addition of 10 c.c. of normal NaOH, and is cleared, filtered, and filled into test tubes.

Plates are made with this medium and surface smears made of the suspected material. B. typhosus grows in small, glistening, bluish translucent colonies. Colonies of B. coli are larger, more opaque, and show a brownish tinge.

Conradi-Drigalski Medium.[2]—The following are the directions given by the originators of this medium for its preparation. (a) Three pounds of meat are infused in two liters of water for twelve hours or more. After straining, boil for one hour and add 20 gms. of Witte's pepton, 20 gms. of nutrose, 10 gms. of NaCl; boil one hour and filter. To the filtrate add 60 gms. of agar. Boil for three hours (or one hour in an autoclave) until agar is dissolved. Render weakly alkaline to litmus paper, filter, and boil for half an hour more.

(b) Litmus solution: Two hundred and sixty c.c. of litmus solution are boiled for ten minutes. (The litmus solution used by Conradi and Drigalski is the very sensitive aqueous litmus recommended by Kubel and Thiemann, and purchasable under the name.) After boiling, 30 grams of chemically pure lactose are added to the litmus solution. The mixture is then boiled for fifteen minutes and, if a sediment has formed, is carefully decanted.

(c) Add the hot lactose mixture to the hot fluid agar solution; mix well and, if necessary, again adjust to a weakly alkaline reaction, litmus paper being used as an indicator. To this mixture add 4 c.c. of a hot, sterile, ten per cent solution of sodium carbonate, in order to render it alkaline, and 20 c.c. of a freshly made solution of violet crystal (c. p. Höchst), 0.1 gram in 100 c.c. of sterile distilled water.

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[1] *Capaldi*, Zeit. f. Hyg., xxiii, 1896.

[2] *Conradi-Drigalski*, Zeit· f. Hyg., xxxix, 1902.

The medium contains thirteen per cent of litmus solution, and one one-thousandth per cent of crystal violet.

Large plates are poured.

(The plates used by Conradi and Drigalski are large plates 15 to 20 cm. in diameter.) Surface smears are made upon the medium after solidification. These are incubated twenty-four hours. Typhoid colonies are small, blue, and transparent. Colon colonies are large, red, and opaque.

Endo's Medium.[1]—1. Prepare one liter of meat infusion three per cent agar, containing 10 grams of pepton and 5 grams of NaCl.

2. Neutralize and clear by filtration.

3. Add 10 c.c. of ten per cent sodium hydrate solution in order to render it alkaline.

4. Add 10 grams of chemically pure lactose.

5. Add 5 c.c. of alcoholic fuchsin solution, filtered before using. (Endo in his original contribution does not mention the strength of this fuchsin solution, which, however, should be saturated.)

This colors the medium red.

6. Add 25 c.c. of a ten per cent sodium sulphite solution. This again decolorizes the medium, the color not entirely disappearing, however, until the agar is cooled.

7. Put into test tubes, 15 c.c. each, and sterilize.

The medium should be kept in the dark. For use, plates are poured and surface smears of stools made. Endo claims that upon this medium the typhoid bacillus outgrows the colon bacillus and its colonies remain colorless, while those of bacilli coli become red.

Malachite-Green Media.[2]—The principle of these media is that malachite green inhibits the growth of the colon bacillus without exerting any such influence upon the typhoid bacillus. To make one liter:

1. Prepare a neutral, one-half strength, meat-infusion bouillon (500 grams of meat to 2 liters of water) by the usual technique.

2. Acidify this with 7.5 c.c. of normal hydrochloric acid (to facilitate the solution of agar).

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[1] *Endo*, Cent. f. Bakt., xxxv, 1904.

[2] *Loeffler*, Deut. med. Woch., 32, 1906.

3. Dissolve in this 30 grams of agar (three per cent) by boiling.

4. Neutralize with 7 c.c. normal KOH or NaOH (until neutral to litmus).

5. Add 5 c.c. of normal sodium carbonate solution to make it alkaline and heat in Arnold sterilizer for several hours.

6. Add 100 c.c. of a ten per cent nutrose solution (one per cent). This agar may be sterilized and stored in quantities of 100 c.c. without further manipulation.

7. Before use, redissolve, and to 100 c.c. add 2 to 2.9 c.c. of a two per cent solution of malachite green (trade mark, "Höchst 120"). This solution is made in sterilized water but is not boiled.

8. Fifteen to twenty c.c. of this medium are poured into Petri dishes, allowed to cool, and inoculated by surface smears.

It is extremely important to obtain the proper malachite green.

Leuchs' Modification of Loeffler's Malachite-Green Medium.[1]—1. To 100 c.c. of one-half strength bouillon made as for Loeffler's malachite-green medium, add—

0.5 grams..........NaCl
1. " ....dextrin
3. " ....agar

2. Neutralize to litmus.

3. Add 0.5 c.c. normal sodium carbonate.

4. Add 10 c.c. of ten per cent nutrose solution.

5. Boil, filter, and sterilize.

6. Add 1.6 c.c. of a one-tenth per cent solution of malachite green. The malachite green solution is prepared by dissolving 0.1 of a gram in 100 c.c. of hot sterile water.

Leuchs does not use the "Höchst 120" malachite green recommended by Loeffler, but prefers the purified malachite green in crystallized form, which is not the zinc double salt, but the oxalate, and is sent out by various firms marked "Malachite green, pure, crystalline, oxalate."

Malachite-Green Bouillon (Peabody and Pratt).[2]—To 100 c.c. of beef infusion broth, add 10 c.c. of one per cent solution of malachite green, Höchst 120, made with sterile water. This is tubed, 10 to 15 c.c. being put in each tube.

This medium is used merely as an enriching fluid. One drop of the suspected material (emulsified stool) is added to each tube and after incubation for eighteen to twenty-four hours inoculations may be made upon Conradi-Drigalski plates or other media.

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[1] *Leuchs*, Deut. med. Woch., 32, 1906.

[2] *Peabody* and *Pratt*, Boston Med. and Surg. Jour., clviii, 7, 1908.

According to Peabody and Pratt, the usefulness of the medium is largely dependent upon the reaction. In their work, they found a reaction of five-tenths per cent acidity to phenolphthalein most favorable.

Bile Medium.[1]—(Recommended for blood cultures by Buxton and Coleman.) The medium is prepared as follows:

900 c.c.	of ox bile
100 c.c.	glycerin and
20 grams	of pepton are mixed.

Put into small flasks containing quantities of about 100 c.c. each, and sterilized by fractional sterilization.

Jackson's Lactose-Bile Medium.[2]—Jackson has devised a medium, now in general use by water-analysts, which is of great use in isolating B. typhosus and B. coli from water, and serves as a valuable enriching medium in isolating these organisms from other sources, such as feces. Jackson and Melia [3] have found that in this medium B. typhosus and B. coli outgrow all other microorganisms and that eventually B. typhosus will even outgrow B. coli.

The medium consists of sterilized undiluted ox-bile (or an eleven per cent solution of dry, fresh ox-bile) to which has been added one per cent of pepton and one per cent of lactose. This is filled into fermentation tubes holding 40 c.c. of the liquid, and these are sterilized by the fractional method.

MacConkey's Bile-Salt Agar.—

Sodium glycocholate	5 per cent.
Pepton	1.5 " "
Lactose	3.5 " "
Agar	1.5 " "
Tap water	q.s.

The agar and pepton are dissolved and cleared in the usual manner and the lactose and sodium glycocholate added before tubing. In this medium the typhoid bacilli produce no change, while the bacillus coli, by producing acid from the lactose, causes precipitation of the bile salts.

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[1] *Conradi*, Deut. med. Woch., 32, 1906.

[2] *Jackson*, " Biol. Studies of Pupils of W. T. Sedgwick," 1906, Univ. Chicago Press.

[3] *Jackson* and *Melia*, Jour. Inf. Dis., vi, 1909.

Neutral-Red Medium.—To 100 c.c. of a one per cent or two per cent glucose agar, add 1 c.c. of a saturated aqueous solution of a neutral-red.

The medium is used in tubes, stab or shake cultures being made. The typhoid bacillus produces no change, while members of the colon group render the medium colorless by reduction of the neutral-red and produce gas by fermentation of the sugar.

Barsiekow's Medium.[1]—To 200 c.c. of cold water, add 10 grams of nutrose and allow to soak for one-half to one hour. Pour this into 800 c.c. of boiling water, and heat for twenty minutes in an Arnold sterilizer at 100° C. Filter through cotton and to the opalescent solution of nutrose add 5 grams of NaCl, 10 grams of lactose, and sufficient aqueous litmus solution to give a pale blue color.[2]

Enriching Substances Used in Media.—For the cultivation of microorganisms which are sensitive to their food environment, it is often necessary or advisable to add to the ordinary media enriching substances, which empirical study has shown to favor the growth of the organism in question. The substances most commonly used for such enrichment are glucose, nutrose (sodium caseinate), glycerin, sodium formate, and unsolidified animal proteids. As animal and blood serum and whole blood must frequently be used in this way, an understanding of the methods employed in obtaining these substances is necessary.

Method of Obtaining Blood and Blood Media.—Blood serum from beef and sheep may be collected in the manner recommended for the collection of such serum in the preparation of Loeffler's medium, pipetted into test tubes, and sterilized in the fluid state by exposure to temperatures ranging from 60° to 65° C., for one hour upon six consecutive days. It is not a simple matter to sterilize serum in this way and requires much time and care.

The method most commonly employed, in laboratories which have access to hospitals, for obtaining clear serum depends upon the collection of exudate or transudate fluids by sterile methods directly from the pleural cavity, the abdominal cavity, or the hydrocele cavity. Sterile flasks or test tubes are prepared and the fluid is allowed to flow directly out of the cannula into these. Whenever this is done, it is necessary to eliminate the use of carbolic acid or other disinfectants from the sterilization of the instruments and rubber tubing which are used during the operation. These should be brought into the ward in the water in which they have been boiled and not in strong antiseptic solutions as is frequently done. The fluid so obtained may be incubated and the contaminated tubes discarded. The serum may then be added with sterile pipettes or by direct pouring from tube to tube, in proportions of one to three, to sterile broth or melted agar or gelatin.

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[1] *Barsiekow*, Wien. klin. Rund., xliv, 1901.

[2] Filtration may be done through paper, but takes a long time.

Agar, if used in this way, is melted and cooled to 60° C., or below. One-third of its volume of warmed exudate fluid is added, and the plates are poured.

Serum may be rendered free of bacteria by filtration through a Berkefeld or Pasteur-Chamberland filter. This is an effectual method, but requires much time and care, and for practical work the direct collecting of the fluid from the patient into sterile glassware is preferable.

Whole blood may be obtained for cultural purposes by bleeding rabbits or dogs or other animals directly from a blood-vessel into tubes of melted agar. In the case of a rabbit, after the administration of an anesthetic (ether), an incision is made directly over the trachea, and, by careful section, the carotid artery is isolated, lying close to the side of the trachea. The artery is then closed off with a weak clamp and an incision made into its wall with a sharp-pointed pair of scissors. A small glass cannula to which a piece of rubber tubing is attached is inserted into the vessel and held in place by a thread ligature. The clamp is then removed and the blood, 1 to 2 c.c. at a time, is allowed to flow into melted agar tubes cooled to 60° C. and immediately mixed and slanted. After twenty-four hours the tubes are incubated and the contaminated ones are discarded. This method requires but little practice and yields anywhere from thirty to forty tubes per rabbit. If carefully done, very few of the tubes will be contaminated.[1]

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[1] At times in hospital work, the writers have found it convenient to utilize the blood agar plates obtained in sterile blood cultures in which no growth has taken place after three or four days of incubation. These may be kept on ice, best surrounded by a broad rubber band to prevent evaporation, and used as required.

CHAPTER VIII

METHODS USED IN THE CULTIVATION OF BACTERIA

INOCULATION OF MEDIA

The transference of bacteria from pathological material to media, or from medium to medium, for purposes of cultivation, is usually accomplished by means of a platinum wire or loop. The platinum wire used should be thin and yet possess a certain amount of stiffness and be about two to three inches in length. This is fused into the end of a glass rod six to eight inches long. It is an advantage, though not necessary, to use rods of so-called "sealing-in" glass which, having the same coefficient of expansion as platinum, does not crack during sterilization. For work with fluid media, the wire should be bent at its free end so as to form a small loop which will pick up a drop of the liquid. For the inoculation of solid media and the making of stab cultures, a straight "needle" or wire should be used. Other shapes of these wires and spatulæ from heavy wire have been devised for various purposes and are easily improvised as occasion demands. (See Fig. 27.)

When making a transfer from one test tube to another, the tubes should be held between the thumb and first and second fingers of the left hand, as shown in Fig. 28. The plugs are then removed by grasping them between the small and ring fingers and ring and middle fingers of the right hand, first loosening any possible adhesions between glass and plugs by a slight twisting motion. The platinum wire is held meanwhile by the thumb and index fingers of the right hand in the manner of a pen. The wire is heated red hot in a Bunsen flame, and is then passed into the culture tube without being allowed to touch the glass. It is held suspended within the tube for a few seconds to permit of cooling before touching the bacterial growth. The wire is then allowed to touch lightly the surface of the growth and a small amount is picked up. (See Fig. 29.) It is then removed from the tube without allowing it to touch the sides of the glass, and is passed into the tube which is to be inoculated. If the tube contains a slanted medium, such as agar, a light stroking motion from the bottom of the slant to its apex will deposit the bacteria upon the medium evenly along a central line. The needle may also be plunged downward into the substance of the nutritive material so that in the same tube both surface growth and deep growth may be observed. If a stab culture is to be made in unslanted agar or in gelatin, the needle is simply plunged straight downward as nearly as possible along the axis of the medium. If a fluid medium is being inoculated, the wire should be introduced only into the upper part of the liquid and the bacteria gently rubbed into emulsion against the side of the glass. The needle is then removed from the tube, the stopper carefully replaced, and the platinum wire immediately sterilized in the flame. This sterilization of platinum needles after they have been in contact with bacteria should become second nature to those working with bacteria, since an infraction against this rule may give rise to serious and widespread consequences. In burning off platinum needles it is well to remember that a part of the glass rod, as well as the wire itself, is introduced into the tubes and may become contaminated, and for this reason the rod itself, at least in its lower two or three inches, should be passed through the flame as well as the wire. As an extra precaution against contamination, the lips of test tubes and flasks and the protruding edges of cotton plugs may be passed through the flame and singed.

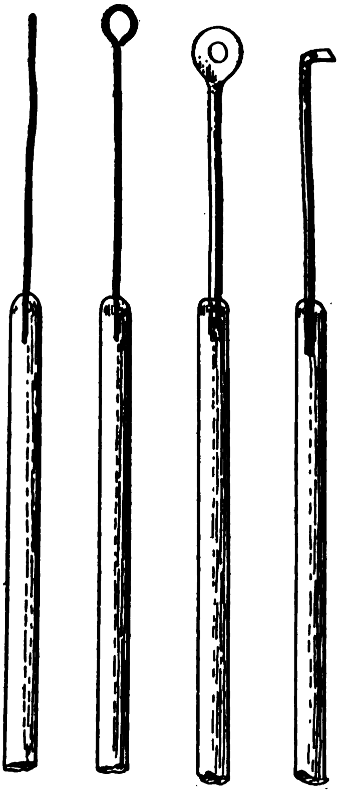

FIG. 27.—PLATINUM WIRES.

THE ISOLATION OF BACTERIA IN PURE CULTURE

It is obvious that in many cases where bacteria are cultivated from water, milk, pathological material, or other sources, many species may be present in the same specimen. It is likewise obvious that scientific bacteriological study of any bacterium can be made only if we obtain this particular species entirely apart from others, in what is known as "pure culture." The earliest methods for accomplishing this were the methods of Pasteur and of Cohn who depended upon the power of one species to outgrow all others, if cultivated for a sufficient length of time in fluid media. This method, of course, was inadequate in that it was often purely a matter of chance which one of the mixture of species was finally obtained by itself. A later method, by Klebs, depends upon serial dilution, in test tubes of fluid media, by which the eventual transference of one germ only, to the last tube was attempted. Such methods, none of them of great practical value, have been entirely displaced by those made possible by Koch's introduction of solid media which may be rendered fluid by heat.

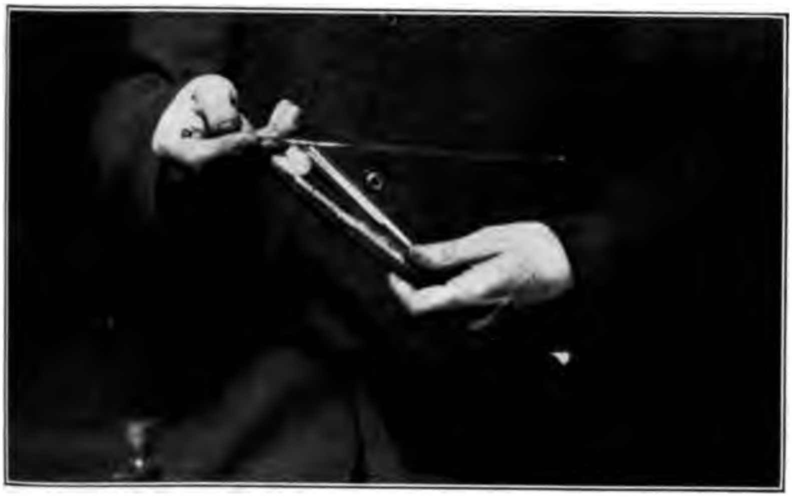

FIG. 28.—TAKING PLUGS FROM TUBES BEFORE INOCULATION.

The methods now employed for the isolation of bacteria depend upon the inoculation of gelatin or agar, when in the melted state, the thorough distribution of the bacteria in these liquids by mixing, and the subsequent congealing of these media in thin layers. By this means the individual bacteria, distributed in the medium when liquid, are held apart and separate when the medium becomes stiff. The masses of growth or "colonies" which develop from these single isolated microorganisms are discrete and are descendants of a single organism, and can be transferred, by means of a process known as "colony-fishing," to fresh sterile culture media.

Plaitng.—The first method employed by Koch for bacterial isolations was one that consisted in the use of simple plates of glass, about 3 x 4 inches in size, mounted upon a leveling stand. A wooden triangle, supported upon three adjustable screw-feet, formed the base of this apparatus. Upon this was set a covered crystallizing dish which could be filled with ice water. Upon the top of this rested the sterilized plates under a bell jar. By screwing up or down upon the supports of the triangle, leveling of the plate could be achieved and controlled by a spirit-level placed at its side. The inoculated gelatin was poured upon the plate and spread and rapidly cooled and hardened by the cold water contained in the crystallizing dish.

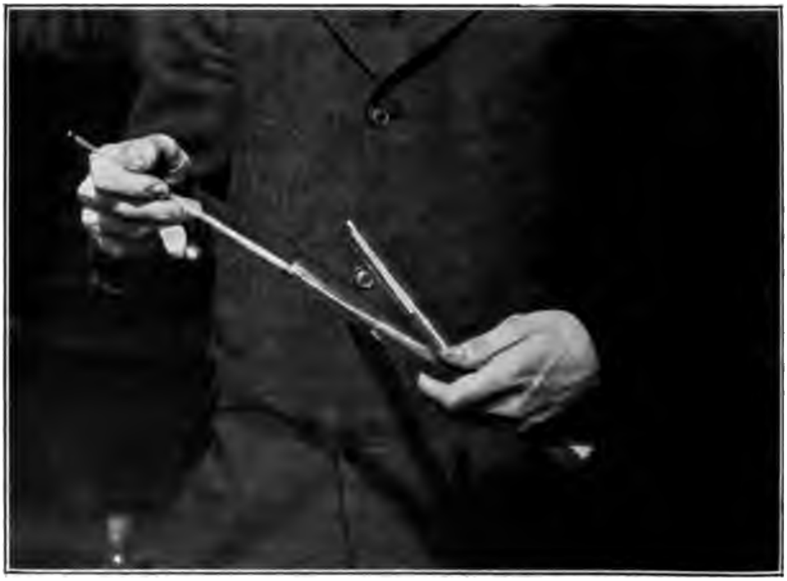

Fig. 29.—Inoculating.

The original method of Koch has been modified considerably and the method universally employed at present depends upon the use of circular covered dishes, the so-called *Petri dishes*. These obviate the necessity of a leveling stand and prevent contamination of the plate when once poured. Each Petri dish plate consists of two circular glass dishes; the smaller and bottom dish has an area of 63.6 square centimeters; the larger is used as a cover for the smaller, and forms a loosely fitting lid.

The plates when fitted together are sterilized and thus form a closed cell which, if properly handled, may remain sterile indefinitely.

The *technique for making a pour plate* for the purpose of isolating bacteria from mixed culture is as follows:

The actual "pouring" of plates is preceded by the preparation of usually three graded dilutions of the material to be examined. For this purpose three agar or gelatin tubes are melted and, in the case of the agar, are cooled to a temperature of about 42° C. in a water bath. A platinum loopful of the material to be examined is transferred to one of these tubes. The bacteria are then thoroughly distributed throughout the melted gelatin or agar by alternately depressing and raising the plugged end of the tube, giving it a rotary motion at the same time. This thoroughly distributes the bacteria throughout the medium without allowing the formation of air-bubbles. Two loopfuls of this mixture are then transferred to the second tube and a similar mixing process is repeated. This second tube contains the bacteria in much greater dilution than the first and the colonies which will form in the plate poured from this tube will be farther apart. A third dilution is then made by transferring five loopfuls of the mixture in the second tube to the third. This again is mixed as before. The contents of the tubes are then poured into three

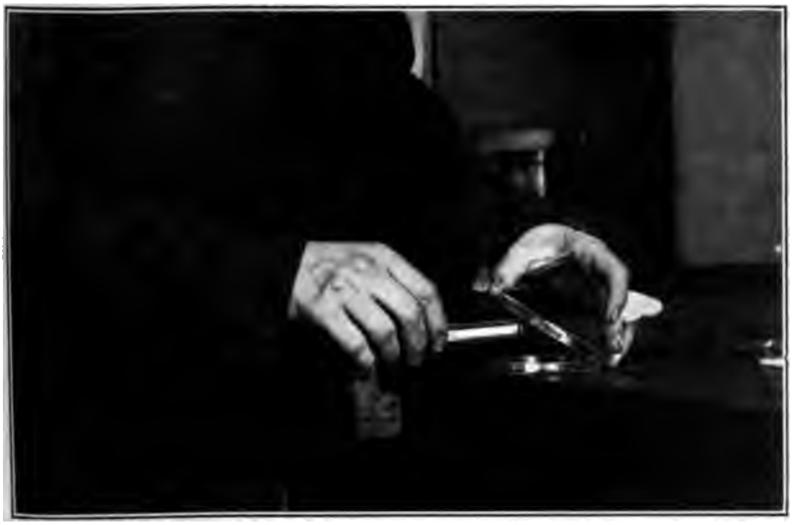

FIG. 30.—POURING INOCULATED MEDIUM INTO PETRI PLATE.

sterile Petri dishes. The pouring should be done with great care. The cover of the dish is raised along one margin simply far enough to permit the insertion of the end of the test tube, the plug of which has been removed and the lips passed, with a rotary movement, through the flame. The medium is poured into the dish without the lips of the tube being allowed to touch either the bottom or the cover of the dish. The cover is then replaced and the medium allowed to harden.

When agar has been used, the dishes may be placed in an incubator at 37° C. It is well to place the plates upside down in the incubator. This prevents the condensation water, squeezed out of the agar during hardening, from collecting on its surface, and forming channels for the diffuse spreading of bacteria. The same end may be attained by the use of Petri plates provided with porous earthenware lids, as suggested by Hill. Simple inversion of the plates, however, usually suffices. When gelatin has been used, the plates are allowed to remain in a dark place at room temperature or in a special thermostat kept at 22°–25° C.

Colonies in agar, kept at 37.5° C., usually develop in eighteen to twenty-four hours; those in gelatin or agar at room temperature in from twenty-four to forty-eight hours, depending upon the species of bacteria which are being studied. Often in the second dilution, more frequently in the third, the colonies will be found well apart and can then be "fished." The process of "colony-fishing" is one which requires practice and should always be done with care, for upon its success depends the purity of the sub-culture obtained. Colonies should never be fished under the naked eye, no matter how far apart and discrete they may appear, since not infrequently close to the edge of or just beneath a larger colony there may be a minute colony of another species which may be too small to be visible to the naked eye, but which, nevertheless, if touched by accident will contaminate the sub-culture.

For proper "fishing," the Petri plate with cover removed, should be placed upon the stage of the microscope and examined with a low power objective, such as Leitz No. 2 or Zeiss AA. The sterilized platinum needle, held in the right hand, is then carefully directed into the line of focus of the lens, while the small finger of the hand is steadied upon the edge of the microscope stage. When the point of the needle is clearly visible through the microscope, it is gently depressed until it is seen to touch the colony and to carry away a portion of it. The needle is then withdrawn without again touching the nutrient medium or the edges of the glass or the lens, and transferred to a tube of whatever medium is desired. In this way, individuals of one colony, descendants of a single bacterium of the original mixture,—are carried over to the fresh medium.

Esmarch Roll Tubes.[1]—A simple method of obtaining separate colonies is that devised by von Esmarch and known as "roll-tube" cultivation. Tubes of melted gelatin are inoculated with various dilutions of the bacterial mixture and, while still liquid, are laid in an almost horizontal position upon a block of ice, which has been grooved slightly by means of a test tube filled with hot water. The test tube containing the gelatin, after being placed in this groove, is rapidly revolved by passing the fingers of the right hand across it, while its base is carefully steadied with the left hand. If the revolving is carried out with

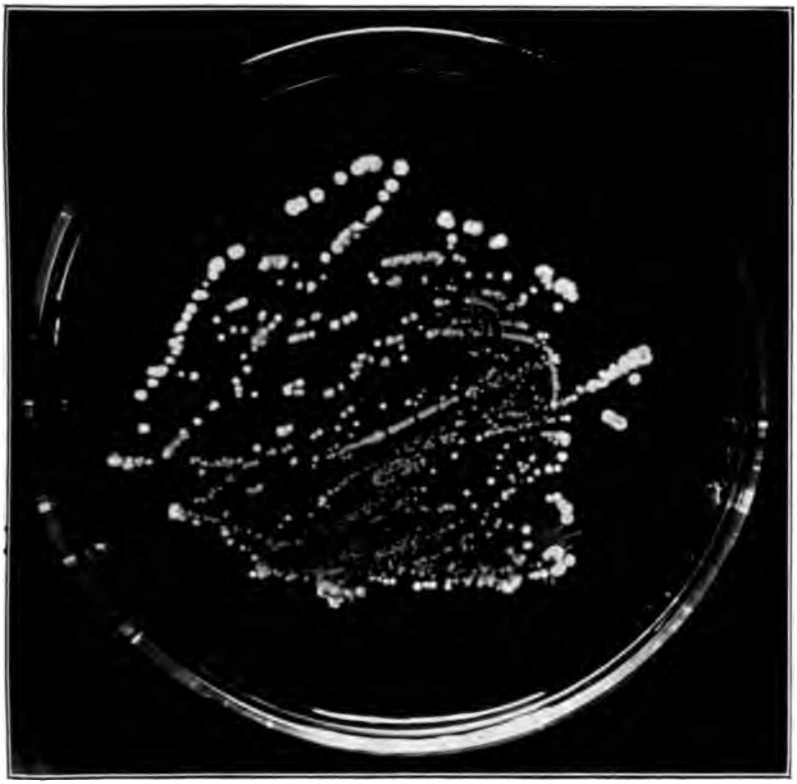

FIG. 31.—STREAK PLATE.

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[1] *Esmarch*, Zeit. f. Hyg., i, 1886.

sufficient speed, the gelatin will harden in a thin layer on the inner surface of the tube. The colonies will develop in this layer and may be "fished" by means of a platinum wire with bent point introduced into the tube. This method is useful for certain purposes, but is too inconvenient for routine work. It is now rarely used.

Separation of Bacteria by Surface Streaking.—When it is necessary to isolate bacteria like the gonococcus, Bacillus influenzæ, the pneumococcus, and others, which, because of great sensitiveness to environment and possibly a preference for free oxygen, are not readily grown in pour plates, it is often advantageous first to pour plates of suitable media, allow them to harden, and then gently smear over their surfaces dilutions of the infectious material, usually in three or four parallel streaks. (See Fig. 31.)

Upon such plates, if dilutions have been properly made, and this is only a question of judgment based upon an estimation of the numbers of bacteria in the original material, discrete colonies of the microorganisms sought for may develop, and can be "fished" in the usual manner.

The media most favorable for the cultivation of various microorganisms will be discussed in the sections dealing with the individual species.

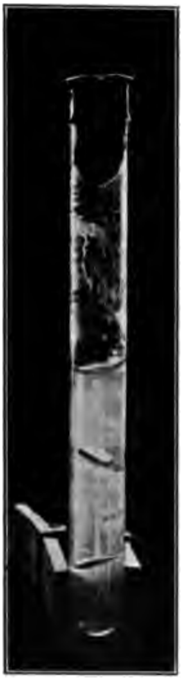

FIG. 32.— DEEP STAB CULTIVATION OF ANAËROBIC BACTERIA.

ANAËROBIC METHODS

We have seen in a preceding chapter (p. 26) that many bacteria, the so-called anaërobes, will develop only in an environment from which free oxygen has been excluded.

The exclusion of oxygen for purposes of anaërobic cultivation may be accomplished by a variety of methods, depending upon a few simple principles which have been applied, either separately or in combination, by many workers.

The earliest methods depended upon the simple exclusion of air by mechanical devices. In other methods, the oxygen of the air is displaced by inert gases (hydrogen), and others again depend upon the oxygen-absorbing qualities of alkaline solutions of pyrogallol.

Cultivation by the Mechanical Exclusion of Air.—Koch succeeded in growing anaërobic bacteria upon plates by simply dropping upon the surface of the inoculated agar or gelatin, a flat piece of sterile mica. This method, however, rarely succeeds in sufficiently excluding the air and is hardly to be recommended.

LIBORIUS' METHOD.[1]—This method consists in the use of deeply filled tubes of agar or gelatin, from which all oxygen has been removed by boiling for fifteen minutes or more. It is advantageous, as has been pointed out in the section on anaërobiosis, that media used for this purpose should contain carbohydrates in some form, preferably glucose. After boiling, the tubes are rapidly transferred to ice water in order to hasten the cooling process so that as little oxygen as possible may be absorbed during the hardening of the medium. The tubes are then inoculated by deep stabs. After inoculation, the top of the medium may be covered with a thin layer of agar, gelatin, or oil (albolin), and then further sealed with sealing-wax to prevent oxygen-absorption.

This method may be utilized for the isolation of anaërobes (as in the original method of Liborius) by inoculating the medium just before it solidifies. The tubes may be gently shaken in order to distribute the bacteria throughout the medium and then rapidly cooled. In this case colonies which develop may be scattered throughout the deeper layers of the agar or gelatin, and may be "fished" after breaking the tube.

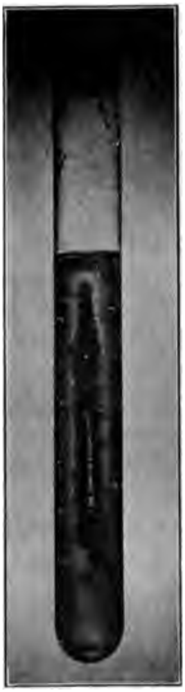

FIG. 33.—DEEP STAB CULTIVATION OF ANAËROBIC BACTERIA.

ESMARCH'S METHOD.[2]—von Esmarch has applied the principles of his roll-tube to the cultivation of anaërobic bacteria. Gelatin tubes are inoculated as above and roll-tubes prepared. The tubes are then set into cold water to prevent melting of the thin gelatin layer and the interior of the tube is filled with melted gelatin.

ROUX'S METHOD.[3]—Roux recommends the cultivation of anaërobic bacteria by sucking the inoculated gelatin or agar into narrow tubes, which are then closed at both ends by fusing in the flame. After growth has taken place the tubes may be broken at any desired place and the organism recovered by "fishing."

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[1] *Liborius*, Zeit. f. Hyg., i, 1886.

[2] *Von Esmarch*, loc. cit.

[3] *Roux*, Ann. Past., i, 1887.

FLUID MEDIA COVERED WITH OIL.—Erlenmeyer flasks or other vessels are partially filled with glucose-bouillon over which a thin layer of albolin or other oil is allowed to flow. The oxygen is driven out of the liquid by vigorous boiling for fifteen minutes or more.

The simple exclusion of air, also, is the principle underlying the cultivation of anaërobic bacteria in the closed arm of a Smith fermentation tube.

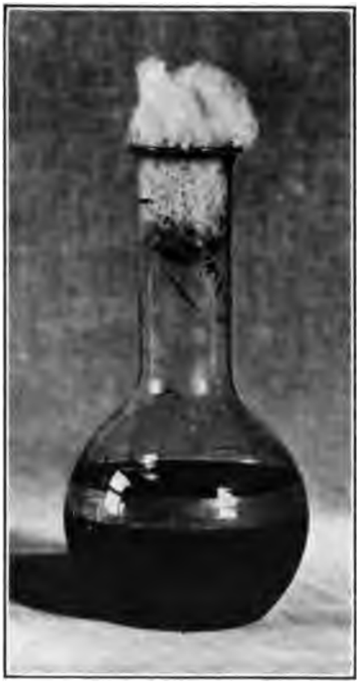
FIG. 34. — CULTIVATION OF ANAËROBES IN FLUID UNDER ALBOLIN.

WRIGHT'S METHOD.[1]—Wright has described a simple and excellent method for the cultivation of anaërobic bacteria in fluid media. The apparatus necessary is easily improvised with the materials at hand in any laboratory. A short piece of glass tubing, constricted at both ends and fitted at each end with a small piece of soft-rubber tubing, is inserted into a test tube containing nutrient broth. The upper end of the inserted glass tubing is connected by the rubber with a pipette passed through the cotton plug in the tube. The entire apparatus, plus broth, may be sterilized after being put together. When a cultivation is made, the fluid in the test tube is inoculated as usual. The fluid is then sucked up into the glass tubing until this is completely filled. A downflow of the fluid is then prevented by placing the finger over the pipette through which the suction has been made or by constricting a small piece of rubber tubing attached to the upper end of the pipette. The entire system of tubes is then pushed downward in such a way that both pieces of rubber tubing, attached to the ends of the little glass chamber, are kinked. The entire apparatus may then be incubated. Growth of anaërobic bacteria takes place within the air-tight chamber formed by the short glass tubing within the test tube. The fluid in the test tube, outside of this chamber, usually remains clear.

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[1] *Wright*, J. H. Quoted from Mallory and Wright, "Path. Technique," Phila., 1904.

When cultivation has been successful, the bacteria may be obtained either for morphological study or for further cultivation, by simply allowing the fluid to flow out of the little air-tight chamber back into the test tube. The method is simple and usually successful.

Methods Based upon the Displacement of Air by Hydrogen.—The principle of air-displacement by hydrogen, first utilized by Hauser,[1] has been widely applied to the cultivation of anaërobic bacteria. In substance it consists of the conduction of a stream of hydrogen through an air-tight chamber in which plates or tubes containing inoculated media have been placed.

For the production of the hydrogen, the most convenient apparatus is the Kipp hydrogen generator or some modification of it. Hydrogen is generated from zinc and sulphuric acid and this may be passed through a series of Woulfe-bottles, containing solutions of lead acetate and of pyrogallic acid, to remove traces of sulphuretted hydrogen and of oxygen, respectively. Some authors recommend also the interpolation of a bottle containing Lugol's solution to absorb traces of acid vapor, and of one with a silver-nitrate solution to take up any hydrogen arsenide which may be derived from impurities contained in the zinc.

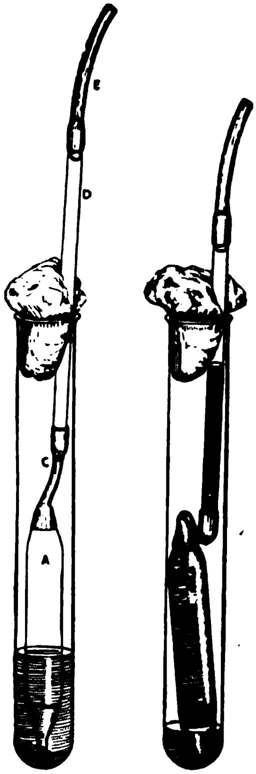

Fig. 35. — Wright's Method of Anaërobic Cultivation in Fluid Media.

For anaërobic cultivation upon solid media, the inoculated tubes or plates are placed in an apparatus such as the Novy jar. This is connected with the hydrogen apparatus and hydrogen allowed to flow through it for five or ten minutes, and the stop-cocks then closed.

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[1] *Hauser*, "Ueber Fäulnissbakterien," 1885.

In applying the hydrogen method to fluid media, flasks containing the broth are fitted with sterile, tightly fitting rubber stoppers perforated by two holes, through which glass tubes are passed. One of these tubes, the inlet, passes below the surface of the liquid. The other one, the outlet, extends only a short distance below the stopper and is always kept above the surface of the medium. The flasks are inoculated and hydrogen is passed through the medium so that it enters the long tube, bubbles up through the fluid, and leaves by the short tube. The broth may be covered with a thin layer of liquid paraffin or albolin.

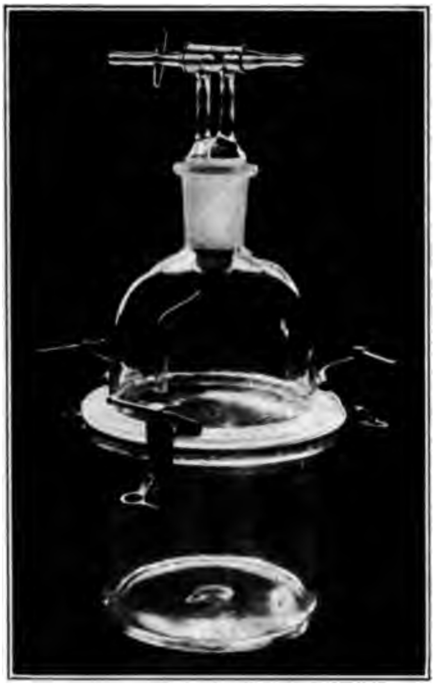

FIG. 36.—NOVY JAR.

The Use of Pyrogallic Acid Dissolved in Alkaline Solutions for Oxygen Absorption.—Buchner[1] has applied the principle of chemical absorption for the removal of oxygen to the cultivation of anaërobic bacteria. This has been made use of in a number of different ways. The method is based upon the fact that alkaline solutions of pyrogallol possess the power of absorbing large quantities of free oxygen. At first such solutions are of a light straw-color, which becomes dark brown as oxygen is absorbed. The absorption of all the oxygen in the environment may be assumed when there is no further deepening of the brown color.

Buchner first utilized this principle by placing a small wire or glass holder within a large test tube, dropping dry pyrogallol (pyrogallic acid) into the bottom of this tube, then running a five per cent sodium hydrate solution into it, and inserting within this large tube a smaller test tube containing the inoculated culture medium. The large tube was then tightly closed with a rubber stopper. In this way, the air space surrounding the smaller tube was rendered oxygen free.

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[1] *Buchner*, Cent. f. Bakt., I. iv, 1888.

A simple modification of the preceding method of Buchner has been devised by Wright.[1] Stab-cultures of gelatin or agar in test tubes are made in the usual way. The cotton stopper closing the tube is then thrust into the tube to such a depth that its upper end lies at least 1 cm. below the mouth of the tube. A small quantity of sodium or potassium hydrate solution in which some pyrogallic acid has been dissolved, is then allowed to flow on to the cotton of the plug and the mouth of the tube is immediately sealed by a tightly fitting rubber stopper. The cotton stopper in these cases must be made of absorbent cotton; 1.5 to 2.5 c.c. of the pyrogallic acid solution is usually sufficient for test tubes of ordinary size.

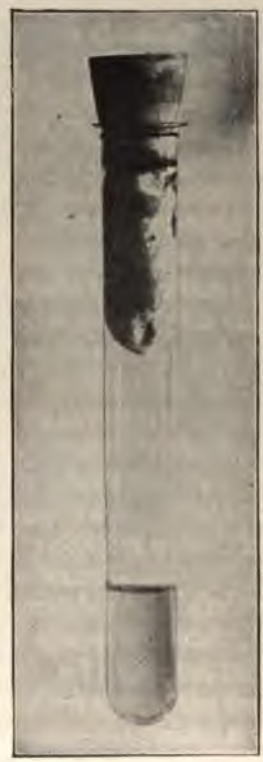

FIG. 37.—WRIGHT'S METHOD OF ANAËROBIC CULTIVATION BY THE USE OF PYROGALLIC ACID SOLUTION.

For cultivation of anaërobic bacteria upon agar slants, a simple technique may be applied and easily improvised in the laboratory as follows: The tube of slant agar is inoculated with the infectious material in the usual way. It is then, with stopper removed, inverted into a tumbler or beaker containing about a gram of dry pyrogallic acid. A small quantity of a five per cent or three per cent sodium hydrate solution is then run into the tumbler and this is covered with a thin layer of liquid paraffin or albolin before the pyrogallic acid has been completely dissolved. In this way, completely anaërobic conditions are obtained in the tube and the growth of anaërobes takes place upon the surface of the slant.

For the cultivation of anaërobes in Petri dishes, for purposes of separation, a combination of the pyrogallic acid method and the hydrogen displacement methods is often employed. For this purpose the jars devised by Novy and by Bulloch are extremely convenient.

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[1] *Wright*, Jour. of the Boston Soc. of Med. Sci., Dec., 1900.

In using the Novy jar, the inoculated plates are set upon a wire frame resting about an inch above the bottom of the jar. The cover is then tightly set in place and the air in the jar exhausted by means of a suction pump. The arrangement of the double stop-cock in the top renders it possible now, by simply turning this, to admit hydrogen from a Kipp generator into the jar. The process of alternate exhaustion and admission of hydrogen may be several times repeated.

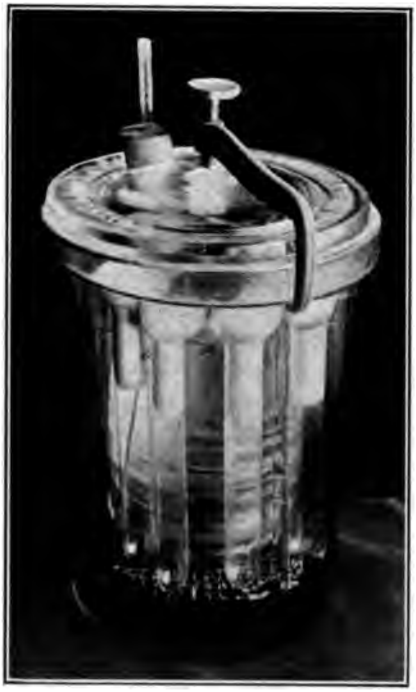

FIG. 38.—JAR FOR ANAËROBIC CULTIVATION.

A combination of air exhaustion, oxygen absorption, and hydrogen replacement may be practiced in jars such as that shown in Fig. 39. Tubes or plates after inoculation are placed in this jar, on a raised wire frame. Dry pyrogallic acid is placed in the bottom of the jar and the cover tightly fitted. An opening in the side of the jar connects its interior with a bottle containing sodium or potassium hydrate solution. Through the stopper of this bottle pass two glass tubes, one of them of such length that it can be pushed down into the alkaline solution, or pulled upward above the level of the fluid. This tube connects the jar with the bottle. The other glass tube is short, passing just through the stopper and at the top made in the form of a T, one arm of the T being connected with a Kipp hydrogen generator, the other with a suction-pump.

After the jar has been sealed, the glass tube connecting the jar and the bottle is raised above the level of the fluid in the bottle and, the connection to the hydrogen generator being closed, the air in the jar is exhausted with the suction-pump. Connection to the suction may then be closed, and the other arm of the T being open, hydrogen is allowed to flow into the jar. Alternate suction and hydrogen replacement may be carried out two or three times. After the last exhaustion, the glass tube in the bottle connecting it with the jar is pushed down into the fluid, and the vacuum will draw the sodium hydrate solution into the bottom of the jar, dissolving the pyrogallol, which will then absorb any traces of free oxygen remaining in the jar. Hydrogen is again introduced and the jar closed. If exhaustion of oxygen has been sufficiently thorough, the pyrogallic solution in the bottom of the jar will remain light brown.

A simple method for the separation of anaërobes in plates without the use of hydrogen or of specially constructed jars, may be carried out as follows[1]: The apparatus used consists of two circular glass dishes, fitting one into the other as do the halves of a Petri dish, and similar to these in every respect except that they are higher, and that a slightly greater space is left between their sides when they are placed together. The dishes should be about three-fourths to one inch in height, they need be of no particular diameter, although those of about the same size as the usual Petri dish are most convenient. An important requirement necessary for the success of the method is that the trough left between the two plates, when put together, shall not be too broad, a quarter of an inch being the most favorable.

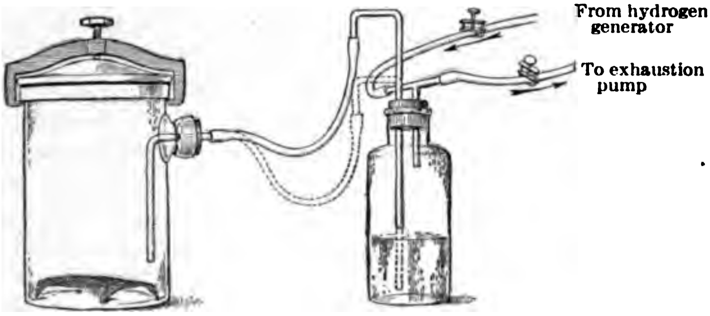

FIG. 39.—APPARATUS FOR COMBINING THE METHODS OF EXHAUSTION, HYDROGEN, REPLACEMENT, AND OXYGEN ABSORPTION.

Into the smaller of these plates the inoculated agar is poured exactly as this is done into a Petri dish in the ordinary aërobic work. Prolonged boiling of the agar before plating is not essential. When the agar film has become sufficiently hard on the bottom of the smaller dish, the entire apparatus is inverted. The smaller dish is now lifted out of the larger, and placed, still inverted, over a moist surface—a towel or the wet surface of the table—to prevent contamination. Into the bottom of the larger dish, which now stands open, there is placed a quantity (about 3 grams) of dry pyrogallic acid. Into this, over the pyrogallic acid, the smaller dish, still inverted, is then placed. A five per cent solution of sodium hydrate is poured into the space left between the sides of the two dishes, in quantity sufficient to fill the receiving dish one-half full. While this is gradually dissolving the pyrogallic acid, albolin, or any other oil (and this is the only step that requires speed), is dropped from a pipette, previously filled and placed in readiness, into the same space, thus completely sealing the chamber formed by the two dishes.

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[1] *Zinsser*, Jour. Exp. Med., viii, 1906.

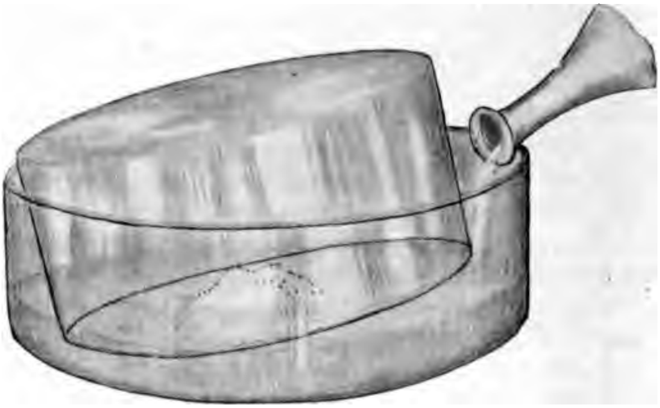

Fig. 40.—Simple Apparatus for Plate Cultivation of Anaërobic Bacteria. (Zinsser.)

If these steps have been performed successfully, the pyrogallic solution will at this time appear of a light brown color, and the smaller plate, with its agar film, will float unsteadily above the other. Very rapidly, as the pyrogallic acid absorbs the free oxygen in the chamber, this plate is drawn down close to the other, and the acid assumes a darker hue, which remains without further deepening even after three or four days' incubation.

THE INCUBATION OF CULTURES

After bacteria have been transferred to suitable culture media, it is necessary to expose them to a temperature favorable to their development. In the case of many saprophytes, the ordinary room temperature is sufficiently near the optimum to obviate the use of any special apparatus for maintaining a suitable temperature; in the case of most pathogenic bacteria, however, the body temperature of man, 37.5° C., is either a necessary requirement, or at any rate favors speedy and characteristic development.

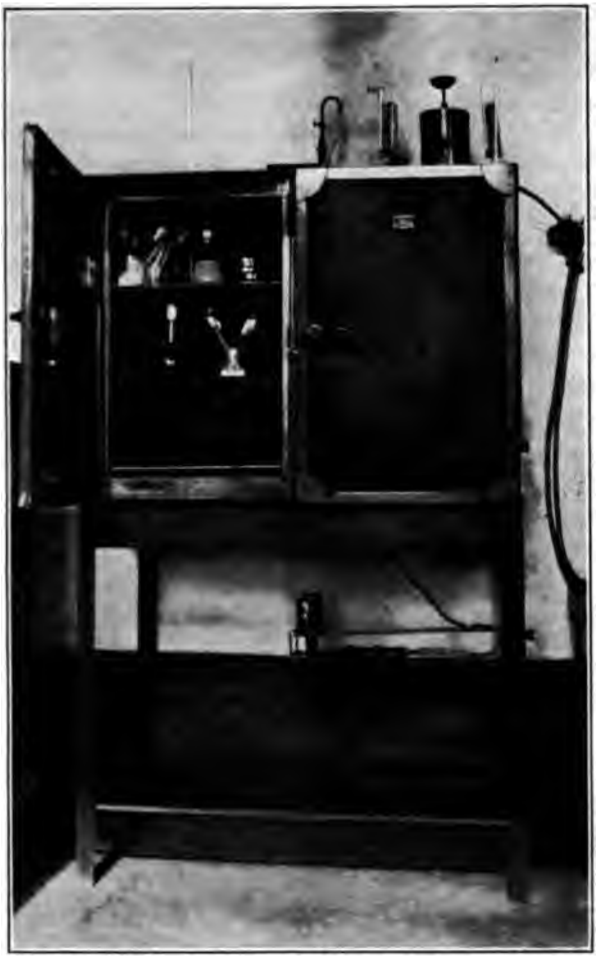

FIG. 41.—INCUBATOR.

For the purpose of obtaining a uniform temperature of any required degree, the apparatus in general use is the so-called incubator or thermostat. This may be adjusted for gelatin cultivation at 20 to 22° (for agar, broth, or other media at 37.5° C.

Incubators, while varying in detail, are all constructed upon same principles. They consist of double-walled copper chaml which are fitted with a set of double doors, the outer being made o bestos-covered metal, the inner of glass. (See Fig. 41.) The spac(

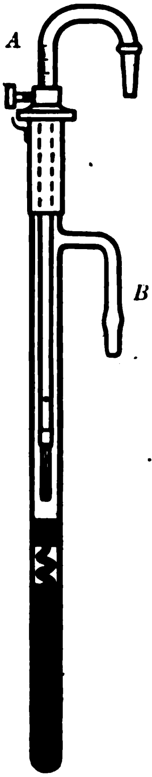

Fig. 42.—Thermo-regulator. (Lautenschläger.)

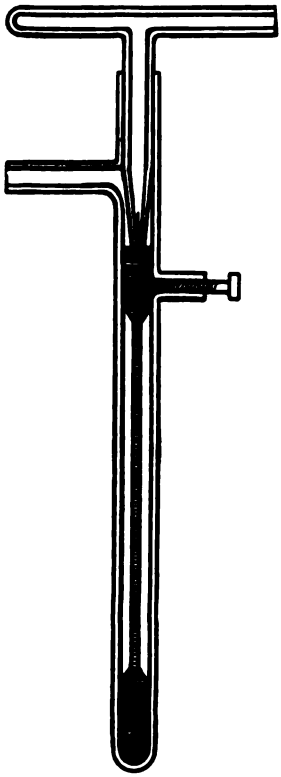

Fig. 43.—Thermo-regulator. (Reichert.)

tween the two walls is filled with water, which, being a poor heat con tor, tends to prevent rapid changes of temperature within the chaı as the result of changes in the external environment. Both ˈ are perforated above by openings to admit thermometers into the terior and one wall is perforated so that a thermo-regulator ma inserted into the water jacket. The under surface of the chamt heated by a gas flame, the size of which is automatically regulated by the thermo-regulator.

A number of *thermo-regulators* are on the market, all of them constructed upon modifications of the same principle. One of the most efficient of those in common use is that shown in Fig. 42. This consists of a long tube of glass fitted with a metal cap through which an inlet tube (*A*) projects into the interior. Slightly below the middle of the tube there is a glass diaphragm separating its interior into two compartments. In the middle of the diaphragm an aperture leads into a spiral of glass which projects into the lower compartment. The lower compartment is filled with ether and mercury. The lower end of the inlet tube (*A*) has a wedge-shaped slit. The gas from the supply pipe passing through the tube (*A*) is conducted through the slit-like opening in its lower end into the inner chamber and passes out to the burner through the elbow (*B*). When the temperature is raised, the ether and mercury in the lower chamber expand and the mercury rises in the upper chamber, gradually restricting the opening through the V-shaped slit in the inlet tube. Thus the gas supplied to the burner is diminished, the flame reduced, and the temperature again falls. The temperature can be arbitrarily adjusted by raising or lowering the inlet tube. A scale at the upper end of the inlet tube allows exact adjustment. Complete shutting off of the gas is prevented by a small circular opening placed in the inlet tube just above the slit.

Another cheaper and simpler thermo-regulator is shown in Fig. 43. This consists of a long tube open at the top and fitted about 1½ inches from the top with two hollow glass elbows. One of these elbows remains open, the other, situated on a slightly lower level, is closed by a brass screw-cap. The tube is filled with mercury to a point slightly above the level of the elbow containing the screw-cap. The height of the mercury can thus be increased or decreased by screwing in or out upon the cap. Into the upper end of the tube there is fitted another device which consists of a T-shaped system of glass tubes, one arm of the T being open and the other closed, the perpendicular leg of the T tapering to a minute opening at the bottom. The gas passes into one arm of the T down through the tapering leg and into the space immediately above the mercury. It then passes out through the open elbow of the main tube. As the mercury rises, it gradually diminishes the space between its surface and the small opening in the tapering tube above it, finally completely shutting off the gas from this source. Gas can now pass only through a minute hole perforating the vertical leg of the

T an inch above its end. The flame decreases and the temperature again sinks.

Since gas pressure in laboratories is apt to vary, it is convenient to interpose between the gas supply and thermo-regulator some one of the various forms of gas-pressure regulators. The use of these is not absolutely necessary but aids considerably in the maintenance of a constant temperature. The one most commonly employed is the so-called Moitessier apparatus. This consists of a cylindrical metal chamber within which there is fitted an inverted metal bell. Glycerin is poured into the cylinder to the depth of about two inches. An inlet pipe conducts gas into the open space between the top of the glycerin and the bell. From the top of the bell is suspended a conical piece of metal which hangs free in the outlet pipe. As the gas pressure under the bell increases, this is raised and the opening of the outlet pipe is gradually diminished by the cone. Thus the relation between the pressure in the inlet pipe and the actual quantity of gas passing through is equalized. A cup connected to the top of the bell through the roof of the cylinder by a bar can be filled with birdshot and the pressure against the gas can thus be modified to conform with existing conditions.

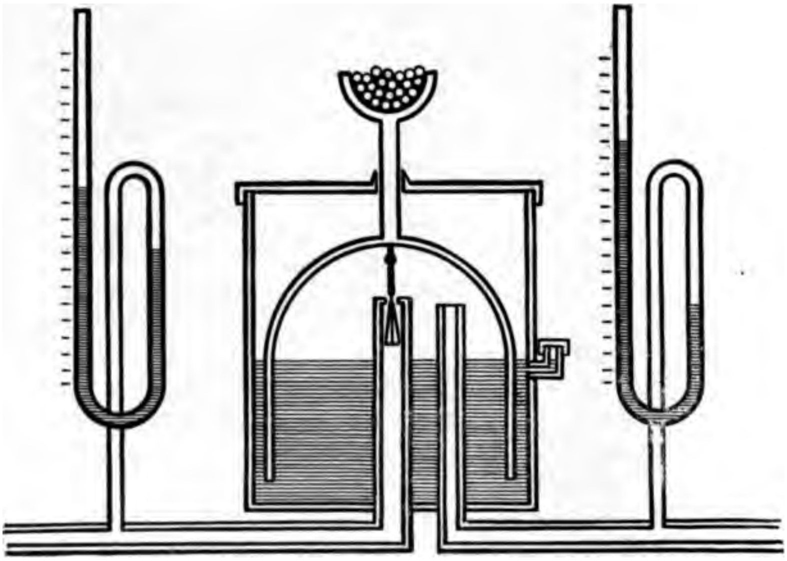

FIG. 44.—MOITESSIER GAS-PRESSURE REGULATOR.

Colony Study.—Cultures are usually incubated for from twelve to forty-eight hours. Considerable aid to the recognition of species is derived from the observation of both the speed of growth and the appearance of the colonies. It is therefore necessary to proceed in the study of developed colonies in a systematic way. The development of colonies should be observed in all cases both upon gelatin and upon agar. In forming any judgment about colonies, the acidity or alkalinity, and the special constitution of the media should be taken into account. The colonies are carefully examined with a hand lens and with the low power (Leitz No. 2, Zeiss AA, Ocular No. 2) of the microscope. The colonies should be observed as to size, outline, transparency, texture, color, and elevation from the surface of the media. Much information, also, can be obtained by observing whether a colony appears dry, mucoid, or glistening, like a drop of moisture. By a careful observation of these points, definite differentiation, of course, can not usually be made, but much corroborative evidence can be obtained which may guide us in the methods to be adopted for further identification and for a final summing up of species characteristic as a whole.

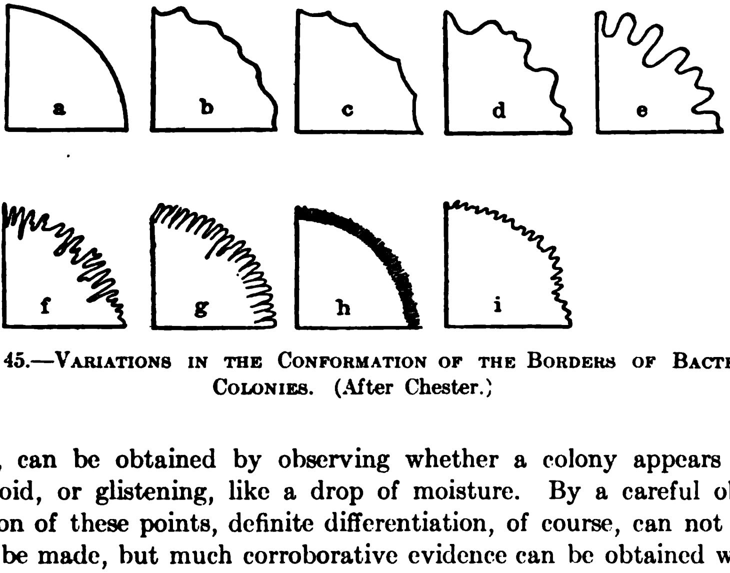

Fig. 45.—Variations in the Conformation of the Borders of Bacterial Colonies. (After Chester.)

The Counting of Bacteria.—It is often necessary to determine the number of bacteria per c.c. contained in water, milk, or other substances. For this purpose definite quantities of the material to be analyzed are mixed with gelatin or agar and poured into Petri plates. The exact dilutions of the suspected material must largely depend upon the number of germs which one expects to find in it. The plates, if prepared with gelatin, are allowed to develop at room temperature for twenty-four to forty-eight hours. If agar has been used, they are usually placed in the incubator at 37.5° C. At the end of this time, the colonies which have developed are enumerated. For this purpose, a Petri dish is placed upon a Wolffhügel plate. This plate consists of a disk or square of glass which is divided into small squares of one square centimeter each. Diagonal lines of these squares running at right angles to each other are subdivided into nine divisions each in order to facilitate counting when the colonies are unusually abundant. The Petri dish is placed upon the plate in such a way that the center of the dish corresponds to the center of the plate.

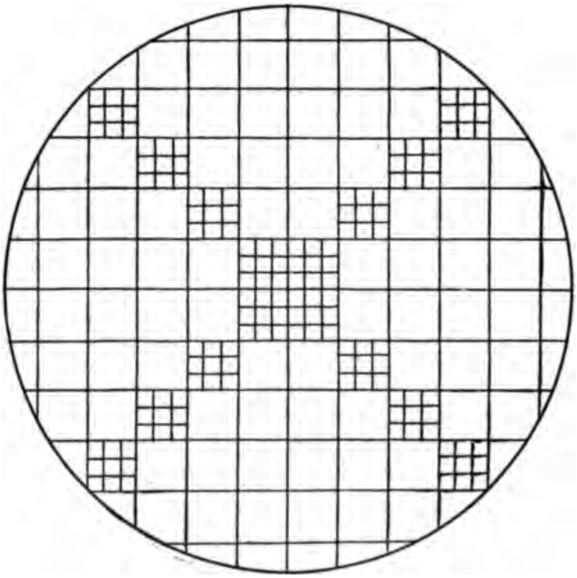

FIG. 46.—WOLFFHÜGEL COUNTING PLATE.

The colonies in a definite number of squares are then counted. The greater the number of squares that are counted the more accurate the estimation will be. When the growth is so abundant that only a limited number of squares can be counted, these should be chosen as much as possible from different parts of the plate, and in practice one counts usually six squares in one direction and six at right angles to these, so as to preclude errors arising from unequal distribution. The final calculation is then made by ascertaining the average number of colonies contained in each square centimeter. If standard Petri dishes have been used, this is multiplied by 63.6, the number of squares in the area of the dish, and then by the dilution originally used.

Thus if twelve squares have been counted with a total number of one hundred and forty-four colonies—the average for each square is twelve. Twelve times 63.6 is 763.2, which represents the total number of colonies in the plate. Now if 0.1 c.c. of the original material (water or milk) has been plated, this material may be assumed to have contained 10 × 763.2, or 7,632 bacteria to each cubic centimeter.

If dishes of an unusual size are employed, the square area must be ascertained by measuring the diameter and multiplying it by π ($\pi \times$ diameter = area) ($\pi = 3.141592$).

CHAPTER IX

METHODS OF DETERMINING BIOLOGICAL ACTIVITIES OF BACTERIA ANIMAL EXPERIMENTATION

Gas Formation.—Bacteria of many varieties produce gas from the proteid and the carbohydrate constituents of their environment.

Gas formation can be observed in a very simple manner by making stab cultures in gelatin or agar containing the fermentable nutrient substances. In such cultures bubbles of gas will form along the track of the inoculation, or, in the case of such semisolid media as the tube medium of Hiss, will spread throughout the tube. In the case of some anaërobes gas formation in stab cultures will occur to such an extent that the medium will split and break. It should be borne in mind in carrying out such methods that air is readily carried into the medium with the inoculating needle or loop by splitting of the medium, also that media which have been stored in the cold may absorb air. Expansion of the air in such tubes may simulate small amounts of gas formation and lead to error. It is advisable, therefore, whenever making stab inoculations with the above purpose, to heat the media and rapidly cool them before use.

A more accurate method of gas determination is by the use of fermentation tubes, such as those devised by Smith. The gas which is formed collects in the closed arm of the fermentation tube and may be quantitatively estimated. The fermentation, with gas production, of certain substances such as carbohydrates, may be determined by adding these materials in a pure state to the media before inoculation with organisms.

In the case of carbohydrates this method has proved of great differential value, since the power of splitting specific carbohydrates with gas production is a species characteristic of great constancy for many forms of bacteria.

ANALYSIS OF GAS FORMED BY BACTERIA.—*Carbon Dioxide.*—For the estimation both qualitatively and roughly quantitatively of carbon dioxide produced by bacteria, cultures are grown in fermentation tubes containing sugar-free broth (see page 125) to which one per cent of pure dextrose, lactose, saccharose, or other sugars has been added. The tubes are incubated until the column of gas formed in the closed arm no longer increases (twenty-four to forty-eight hours). The level of the fluid in the closed arm is then accurately marked and the column of gas measured.

The bulb of the fermentation tube is then completely filled with $\frac{N}{5}$ NaOH solution, the mouth closed with a clean rubber stopper, and the bulb inverted several times in order to mix the gas with the soda solution. The tube is then again placed in the upright position, allowing the gas remaining to collect in the closed arm. The gas lost may be roughly estimated as consisting of CO_2.

Hydrogen.—The gas remaining, after removal of the CO_2 in the preceding experiment, at least when working with carbohydrate solutions, may be estimated as hydrogen. When allowed to collect near the mouth, further evidence of its being hydrogen may be gained by exploding it with a lighted match.

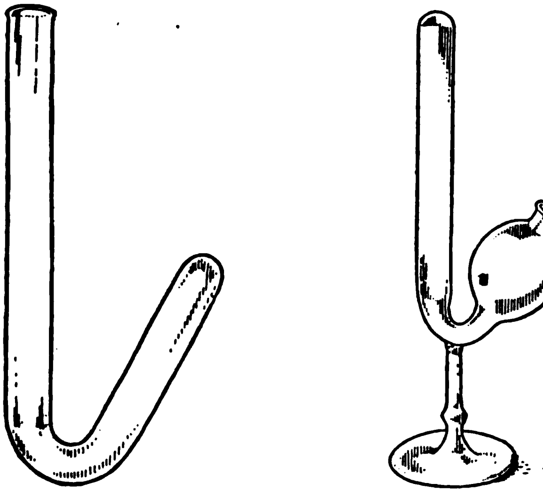

Fig. 47.—Types of Fermentation Tubes.

Hydrogen Sulphide (H_2S, Sulphuretted hydrogen).—In alkaline media sulphuretted hydrogen, if formed, will not collect as gas, but will form a sulphide with any alkali in the solution. For the estimation of the formation of hydrogen sulphide, bacteria are cultivated in a strong pepton solution to which 0.1 c.c. of a one per cent solution of ferric tartrate or lead acetate has been added. The addition of these substances gives rise to a yellowish precipitate in the bottom of the tubes. If, on subsequent inoculation, the bacteria produce H_2S, this precipitate will turn black. The solution recommended by Pake for this test is prepared as follows:

1. Weigh out 30 grams of pepton and emulsify in 200 c.c. of tap water at 60° C.
2. Wash into a liter flask with 80 c.c. tap water.
3. Add sodium chloride 5 grams and sodium phosphate 3 grams.
4. Heat at 100° C. for 30 minutes, to dissolve pepton.
5. Filter through paper.
6. Fill into tubes, 10 c.c. each, and to each tube add 0.1 c.c. of a one per cent solution of ferric tartrate or lead acetate. These solutions should be neutral.
7. Sterilize.[1]

ACCURATE QUANTITATIVE GAS ANALYSES of bacterial cultures can be made only by the more complicated methods used in chemical laboratories for quantitative gas analysis. The gas, in such cases, is collected in a bell jar mounted over mercury, and subjected to analysis by the usual method described in works on analytical chemistry.

Acid and Alkali Formation by Bacteria.—Many bacteria produce acid or alkaline reactions in culture media, their activity in this respect depending to a large extent upon the nature of the nutrient material. Many organisms which on carbohydrate media produce acid will give rise to alkali if cultivated upon media containing only proteids.

Information as to the production of acid or alkali can be obtained by the addition of one of a variety of indicators to neutral media. The indicators most often employed for this purpose are litmus or neutral red. Changes in the color of these indicators show whether acids or alkalis have been produced.

Great help in differentiation is obtained by adding chemically pure carbohydrates to media to which litmus has been added and then determining whether or not acid is formed from the substances by the microorganisms. These tests have been of special importance in the differentiation of the typhoid-colon groups of bacilli.

Quantitative estimation of the degree of acidity or alkalinity produced by bacteria may be made by careful titration of definite volumes of the medium before and after bacterial growth has taken place.

The variety of acid formed by bacteria depends largely upon the nature of the nutrient medium. The acids most commonly resulting from bacterial growth are lactic, acetic, oxalic, formic, and hippuric acids. Qualitative and quantitative estimation of these acids may be made by any of the methods employed by analytical chemists.

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[1] Quoted from *Eyre*, "Bact. Technique," Phila., 1903.

Indol Production by Bacteria.—Many bacteria possess the power of producing indol. Though formerly regarded as a regular accompaniment of proteid decomposition, later researches have shown that indol production is not always coexistent with putrefaction processes and occurs only when pepton is present in the pabulum.

Indol formation by bacteria is determined by the so-called nitroso-indol reaction. Organisms are grown in sugar-free pepton broth or in the pepton-salt bouillon of Dunham. (See page 126.) Media containing fermentable substances are not favorable for indol production since acids interfere with its formation. The cultures are usually incubated for three or four days at 37° C. At the end of this time, ten drops of concentrated sulphuric acid are run into each tube. If a pink color appears, indol is present, and we gather the additional information that the microorganism in question has been able to form nitrites by reduction (e.g., cholera spirillum). If the pink color does not appear after the addition of the sulphuric acid alone, nitrites must be supplied. This is done by adding to the fluid about 1 c.c. of a 0.01 per cent aqueous solution of sodium nitrite. The sodium nitrite solution does not keep for any length of time and should be freshly made up at short intervals.

Phenol Production by Bacteria.—Phenol is often a by-product in the course of proteid cleavage by bacteria. To determine its presence in cultures, bacteria are cultivated in flasks containing about 50–100 c.c. of nutrient broth. After three to four days' growth at 37° C., 5 c.c. of concentrated HCl are added to the culture, the flask is connected with a condenser, and about 10–20 c.c. are distilled over.

To the distillate may be added 0.5 c.c. of Millon's reagent (solution of mercurous nitrate in nitric acid), when a red color will indicate phenol; or 0.5 c.c. of a ferric chloride solution, which will give a violet color if phenol is present.

Reducing Powers of Bacteria.—The power of reduction, possessed by many bacteria, is shown by their ability to form nitrites from nitrates. This is easily demonstrated by growing bacteria upon nitrate broth (see page 126). Bacteria are transferred to test tubes containing this solution and allowed to grow in the incubator for four or five days. The presence of nitrites is then chemically determined as follows: Two test solutions are necessary.

I. Naphthylamin	0.1	gram.
Aq. dest.	20.	c.c.
Acetic acid (25 per cent)	150.	c.c.

The naphthylamin is dissolved in the water by boiling, is then cooled and filtered through paper, and to the clear filtrate is added the acetic acid.

II. Sulphanilic acid	0.5	grams
Acetic acid (dil. of 1 to 16)	150	c.c.

The solutions are kept separate and mixed in equal parts just before use.

To make this test about 4 c.c. of the culture fluid is poured into a clean test tube, and to it are gradually added 2 c.c. of the mixed test solutions. A pink color indicates the presence of nitrites, the intensity of the color being proportionate to the amount of nitrite present.

The reducing powers of bacteria may also be shown by their ability to decolorize litmus, methylene-blue, and some other anilin dyes, which on abstraction of oxygen form colorless leukobases.

Enzyme Action.—The action of the enzymes produced by bacteria may be demonstrated by bringing the bacteria, or their isolated ferments, into contact with the proper substances and observing both the physical and chemical changes produced. In obtaining enzymes free from living bacteria, it is convenient to kill the cultures by the addition either of toluol or of chloroform. Both of these substances will destroy the bacteria without injuring the enzymes. Enzymes may also be obtained separate from the bodies of the bacteria by filtration.

PROTEOLYTIC ENZYMES.—The most common evidences of proteolytic enzyme action observed in bacteriology are the liquefaction of gelatin, fibrin or coagulated blood-serum, and the peptonization of milk. This may be observed both by allowing the proper bacteria to grow upon these media, or by mixing sterilized cultures with small quantities of these substances.[1] The products of such a reaction may be separated from the bacteria by filtration and then tested for pepton by the biuret reaction.

Proteolytic [2] enzymes may also be determined by growing the bacteria upon fluid media containing albumin solutions, blood serum, or milk serum, then precipitating the proteids by the addition of ammonium sulphate (about 30 grams to 20 c.c. of the culture fluid) and warming between 50 to 60° C. for thirty minutes. The precipitate is then filtered off, the filtrate made strongly alkaline with NaOH, and a few drops of copper sulphate solution added. A violet color indicates the presence of pepton—proving proteolysis of the original albumin.

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[1] *Bitter*, Archiv f. Hyg., v, 1886.

[2] *Hankin* and *Wesbrook*, Ann. Past., vi, 1892.

Diastatic Enzymes.—The presence of diastatic ferments may be determined by mixing broth cultures of the bacteria with thin starch paste. It is necessary that both the cultures and the starch paste be absolutely free from sugar. After remaining in the incubator for five or six hours, the fluid is filtered and the filtrate tested by methods used for determining the presence of sugars.

Inverting Ferments.—Inverting ferments are determined by a procedure similar to the above in principle. Dilute solutions of cane sugar are mixed with old cultures or culture filtrates of the respective bacteria and the mixture allowed to stand. It is then filtered, and the filtrate tested for glucose, preferably by Fehling's solution.

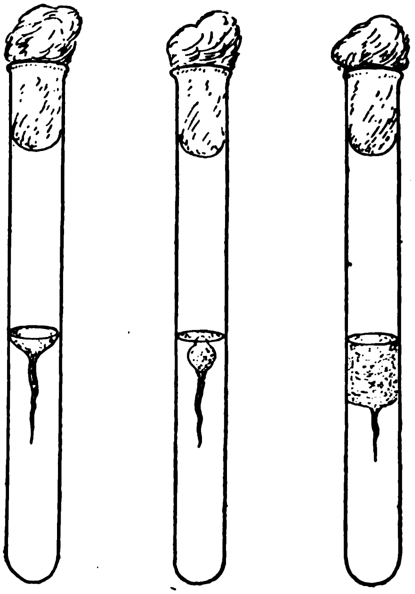

Fig. 48.—Types of Gelatin Liquefaction by Bacteria.

ANIMAL EXPERIMENTATION

In the study of pathogenic microorganisms, animal experimentation is essential in many instances. The virulence of any given organism for a definite animal species and the nature of the lesions produced are characteristics often of great value in differentiation. Isolation, moreover, of many bacteria is greatly facilitated by the inoculation of susceptible animals and recovery of the pathogenic organism from the heart's blood or from the lesions produced in various organs. That investigations into the phenomena of immunity would be absolutely impossible without the use of animal inoculation is, of course, self-evident, for by this method only can the action of bacteria in relation to living tissues, cells, and body-fluids be observed.

The animals most commonly employed for such observations are guinea-pigs, white mice, white rats, and rabbits. The method of inoculation may be either subcutaneous, intrapleural, intraperitoneal, intravenous, or subdural, etc. It must be borne in mind always that the mode of inoculation may influence the course of an infection no less than does the virulence of the microorganism or the size of the dose.

Inoculations are made with some form of hypodermic needle fitted to a syringe. The most convenient syringes are the all-glass Luer or the Debove syringes, which, however, are expensive. Any form of sterilizable syringe may be used. In making inoculations the hair of the

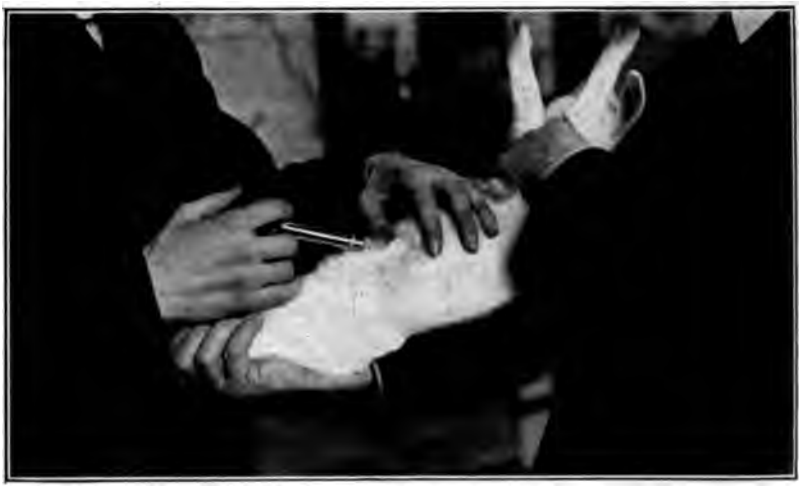

FIG. 49.—INTRAPERITONEAL INOCULATION OF RABBIT.

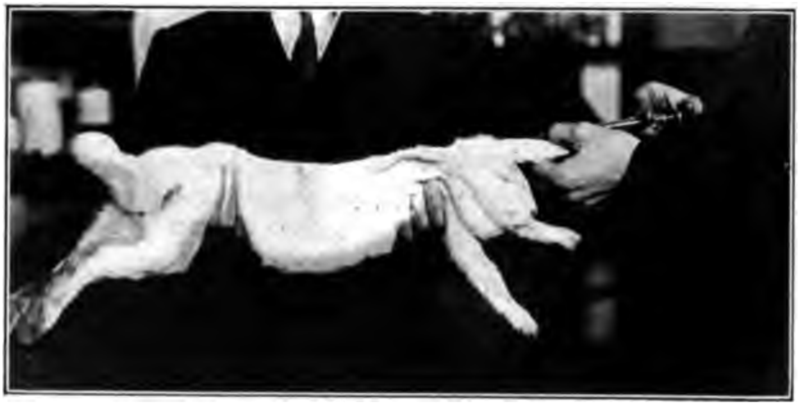

FIG. 50.—INTRAVENOUS INOCULATION OF RABBIT.

should be clipped and the skin disinfected with carbolic acid ɿol.

cutaneous inoculations are most conveniently made in the abdom-

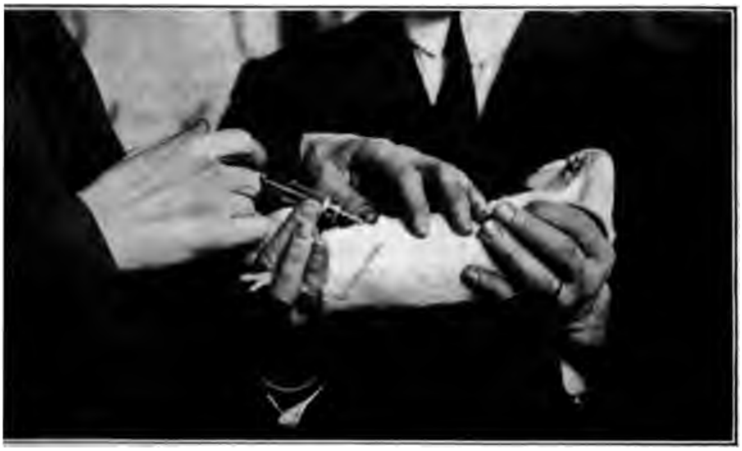

Fig. 51.—Intraperitoneal Inoculation of Guinea-pig.

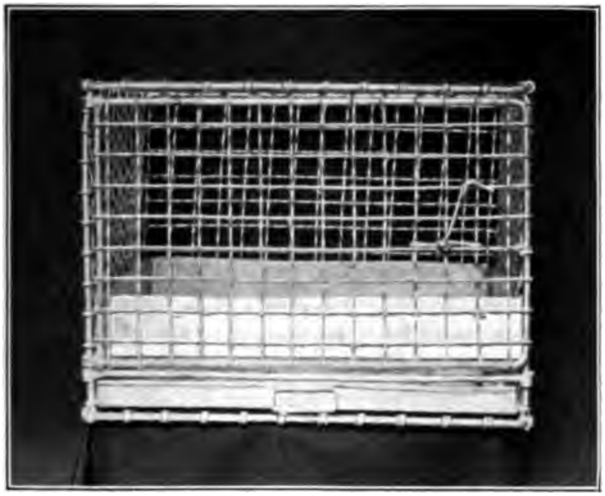

Fig. 52.—Guinea-pig Cage.

all, where the skin is thin. After clipping and sterilizing, the raised between the fingers of the left hand and the needle plunged in obliquely so as to avoid penetrating the abdominal wall and entering the peritoneum.

In making intraperitoneal inoculations, great care must be exercised not to puncture the gut. This can be avoided by passing the needle first through the skin in an oblique direction, then turning it into a position more vertical to the abdomen and perforating the muscles and peritoneum by a very short and carefully executed stab.

Intravenous inoculations in rabbits are made into the veins running along the outer margins of the ears. The hair over the ear is clipped and the animal held for a short time head downward so that the vessels of the head may fill with blood. An assistant holds the animal firmly in a horizontal position, the operator grasps the tip of the ears with the left hand, and carefully passes his needle into the vein in the direction as nearly as possible parallel to its course. (See Fig. 50.)

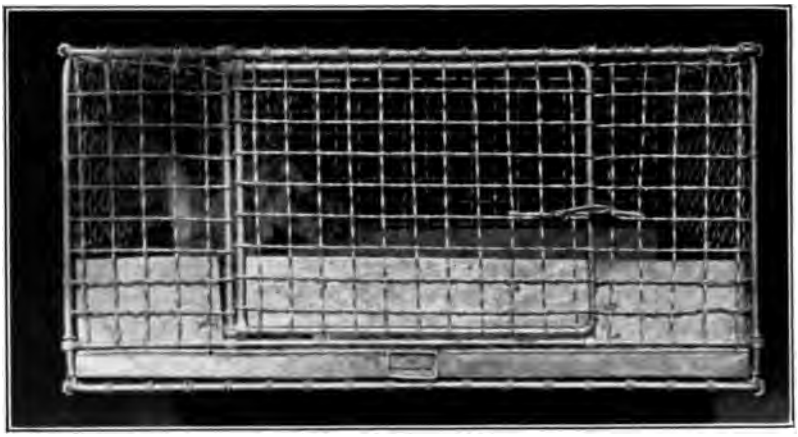

FIG. 53.—RABBIT CAGE.

Mice are usually inoculated under the skin near the base of the tail. They may be placed in a jar over which a cover of stiff wire-gauze is held. They are then grasped by the tail, by which they are drawn up between the side of the jar and the edge of the wire cover, so that the lower end of the back shall be easily accessible. The skin is then wiped with a piece of cotton dipped in carbolic solution and the needle is inserted. Great care must be exercised to avoid passing the needle too close to the vertebral column. Mice are extremely delicate, and any injury to the spine usually causes immediate death.

The various forms of animal holders which have been devised are rarely necessary in bacteriological work unless working unassisted, immobilization of the animals being easily accomplished by the hands of a skilled assistant.

Autopsies upon infected animals must be carefully made. The animals are tied, back down, upon pans fitted in the corners with clamps for the strings. They are then moistened either with hot water or with a weak solution of carbolic acid, so that contamination by hair may be avoided. A median cut is made, the skin is carefully dissected back, and the body cavities are opened with sterile instruments. Cultures may then be taken from exudates, blood, or organs under precautions similar to those recommended below for similar procedures at autopsy upon man.

Inoculated animals should be, if possible, kept separate from healthy animals. Rabbits and guinea-pigs are best kept in galvanized iron-wire cages, which are fitted with floor-pans that can be taken out and cleaned and sterilized. Mice may be kept in battery jars fitted with perforated metal covers. The mice should be supplied with large pieces of cotton upon batting since they are delicately susceptible to cold.

CHAPTER X

THE BACTERIOLOGICAL EXAMINATION OF MATERIAL FROM PATIENTS

In making bacteriological examinations of material taken from living patients, or at autopsy, the validity of result is as fully dependent upon the technique by which the material is collected, as upon proper manipulation in the later stages of examination.

Material taken at autopsy should be, if possible, directly transferred from the cadaver to the proper culture media. If cultures are to be taken from the liver, spleen, or other organs, the surface of the organ should first be seared with a hot scalpel and an incision made through the capsule of the organ in the seared area, with the same instrument. The platinum needle can then be plunged through this incision and material for cultivation be taken with little chance of surface contamination. When blood is to be transferred from the heart, the heart muscle may be incised with a hot knife, or else the needle of a hypodermic syringe may be plunged through the previously seared heart muscle and the blood aspirated. The same end can be accomplished by means of a pointed, freshly prepared Pasteur pipette. In taking specimens of blood at autopsy it is safer to take them from the arm or leg, by allowing the blood to flow into a broad, deep cut made through the sterilized skin, than from the heart, since it has been found that post-mortem contamination of the heart's blood takes place rapidly, probably through the large veins from the lungs. Exudates from the pleural cavities, the pericardium, or the peritoneum may be taken with a sterilized syringe or pipette.

Materials collected at the bedside or in the operating-room should be transferred directly to the proper media or else into sterile test tubes and so sent to the laboratory. When the material is scanty, it may be collected upon a sterile cotton swab, which should be immediately replaced in the sterilized containing tube and sent to the laboratory.

Syringes, when used for the collection of exudates or blood, should be of some variety which is easily sterilizable by dry heat, or boiling. Most convenient of the forms in common use are the all-glass "Luer" syringe, or the cheaper "Sub-Q" model. Instruments which can be sterilized only by chemical disinfectants should not be used. When fluids are collected for bacteriological examination, such as spinal fluid, paracentesis fluid, or pleural exudate, it is convenient to have them taken directly into sterilized centrifuge tubes, since it is often necessary to concentrate cellular elements by centrifugalization. By immediate collection in these tubes, the danger of contamination from a subsequent transference is avoided.

Examination of Exudates.—*Pus.*—Pus should first be examined morphologically by some simple stain, such as gentian-violet, and by the Gram stain. It is convenient, also, to stain a specimen by Jenner's stain, in order to show clearly the relation of bacteria to the cells. Such morphological examination not only furnishes a guide to future manipulation, but supplies a control for the results obtained by cultural methods. Specimens of the pus are then transferred to the proper media, and pour-plates made or streaks made upon the surface of previously prepared agar or serum-agar plates.

A guide to the choice of media is often found in the result of the morphological examination. In most cases, it is well also to make anaërobic cultures by some one of the simpler methods. (See page 148 *et seq.*)

The colonies which develop upon the plates should be studied under the microscope, and specimens from the colonies transferred to cover-glasses and slides for morphological examination and to the various media for further growth and identification. Animal inoculation and agglutination tests must often also be resorted to. A knowledge of the source of the material may furnish considerable aid in making a bacteriological diagnosis, though great caution in depending upon such aid is recommended.

In the examination of *peritoneal*, *pericardial*, or *pleural exudates* it is often advantageous to use the sediment obtained by centrifugalization. A differential count of the cells present may be of aid in confirming the bacteriological findings. Morphological examination and cultural examination are made as in the case of pus. Specimens should also in these cases be stained for tubercle bacilli. Whenever morphological examinations of such fluids are negative, no bacteria being found, and especially when among the cellular elements the lymphocytes preponderate, the search for tubercle bacilli should be continued by means of animal inoculation. Guinea-pigs should be inoculated intraperitoneally from specimens of the fluid. The chances for a positive result are considerably increased if the fluid is set away in the ice chest until a clot has formed and the animals are inoculated with the material from the broken-up clot.

The routine examination of *spinal fluid* is best made upon the sediment of centrifugalized specimens. The microorganisms with which we deal most frequently in this fluid are the meningococcus, the pneumococcus, the streptococcus, and the tubercle bacillus. If morphological examination reveals bacteria resembling the first three of these in appearance and staining-reaction, surface smears should preferably be made upon plates of serum agar, blood agar, or upon tubes of Loeffler's coagulated blood-serum. Failure to find organisms morphologically does not exclude their presence and careful cultivation should be done in all cases. When organisms are not found by simple morphological examination and the fluid and sediment are scanty, specimens should be stained by the Ziehl-Neelsen method for tubercle bacilli. In such cases it is often of advantage to set away the specimen until a thin thread-like clot of fibrin has formed in the bottom of the tube. In smears of such a clot, tubercle bacilli are found with far greater ease than they are found in centrifugalized specimens. If these examinations are without result, inoculation of guinea-pigs should be resorted to.

Examination of Urine.—Bacteriological examination of the urine is of value only when specimens have been taken with sterile catheters, and care has been exercised in the disinfection of the external genitals. Many of the numerous finds of bacillus coli in urine are unquestionably due to defective methods of collecting material. Urine should be centrifugalized and the sediment examined morphologically and pour-plates made and surface smears made upon the proper media. If necessary, animal inoculation may be done. In examining urine for tubercle bacilli, special care should be taken in staining methods so as to differentiate from Bacillus smegmatis.

Examination of Feces.—Human feces contain an enormous number of bacteria of many varieties. Klein,[1] by special methods, estimated that there were about 75,000,000 bacteria in one milligram of feces. It has been a noticeable result of all the investigations upon the feces, that although enormous numbers can be counted in morphological specimens, only a disproportionately smaller number can be cultivated from the same specimen. This is explicable upon the ground that special culture media are necessary for many of the species found in intestinal contents and upon the consideration that many of the bacteria which are present in the morphological specimen are dead, showing that there are bactericidal processes going on in some parts of the intestinal tract, possibly through the agency of intestinal secretions, bile, and the action of the products of metabolism of the hardier species present. By far the greater part of the intestinal flora consists of members of the colon group, bacilli of the lactis aërogenes group, Bacillus fæcalis alkaligenes, Bacillus mesentericus, and relatively smaller numbers of streptococci, staphylococci, and Gram-positive anaërobes. Many other species, however, may be present without being necessarily considered of pathological significance. Certain writers have recently laid much stress upon a preponderance of Gram-positive bacteria in specimens of feces, claiming that such preponderance signifies some form of intestinal disturbance. Herter [1] has recently advanced the opinion that the presence of Bacillus aërogenes capsulatus in the intestinal canal is definitely associated with pernicious anemia. The determination of these bacilli in the stools is made both by morphological examination by means of Gram stain and by isolation of the bacteria. Such isolation is easily done by the method of Welch and Nuttal.[2] A suspension of small quantities of the feces in salt solution is made and 1 c.c. of the filtered suspension is injected into the ear vein of a rabbit. After a few minutes the rabbit is killed and placed in the incubator. After five hours of incubation, the rabbit is dissected, and if the Welch bacillus has been present in the feces, small bubbles of gas will have appeared in the liver from which the bacilli may be cultivated in anaërobic stab-cultures.

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[1] *Klein*, Ref. Cent. f. Bakt., I, xxx, 1901.

Bacteriological examination of feces is most often undertaken for the isolation of Bacillus typhosus. This is accomplished with a great deal of difficulty because of the overwhelming numbers of colon bacilli which easily outgrow the typhoid germs, and because of the similarity of their colonies in most media. Many methods have been devised for this purpose, all of which depend upon the use of special media aimed at the inhibition of colon and other bacilli and the production of recognizable differences in the colonies of typhoid and colon bacilli. Such media are those of Elsner, Hiss, Conradi-Drigalski, Loeffler, Hesse, and others, which are described in the section upon special media. (See page 133.) The methods of using these media will be found described in the chapter on Bacillus typhosus (p. 399.)

Cholera spirilla may be recognized in and isolated from the stools of patients by morphological examination, and by cultivation. (See section on Sp. choleræ.)

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[1] *Herter*, "Common Bacterial Infections of the Digestive Tract," N. Y., 1907.

[2] *Welch* and *Nuttal*. See ref. p. 469.

For the isolation of dysentery bacilli from feces, no satisfac special methods have as yet been devised. Here we can depend only on careful plating upon agar and gelatin and extended colony "fishir and the study of pure cultures. The complete absence of motility these bacteria is of much aid in such identification.

The determination of tubercle bacilli in stools is difficult and questionable significance, in that they may be present in people suff ing from pulmonary tuberculosis as a consequence of swallowing sputu or infected food, and in that there may be other acid-fast bacilli, su as the timothy bacillus, present.

Blood Cultures.—The diagnosis of septicemia can be positively ma during life only by the isolation of bacteria from the blood. Such examinations are of much value and are usually successful if the techniqu is properly carried out. A large number of methods are recommende the writers giving, however, only the one which they have foun successful and simple for general use.

The blood is taken by preference from the median basilic vein of the arm. If, for some reason (both forearms having been used for saline infusion), these veins are unavailable, blood may be taken from the internal saphenous vein as it turns over the internal malleolus of the ankle joint. The skin over the vein should be prepared, preferably an hour before the specimen is taken, with green soap, alcohol, and bichlorid of mercury, as for a surgical operation. The syringe which is used should be of some sterilizable variety (the most convenient the Luer model), which is easily manipulated and does not draw with a jerky, irregular motion. Its capacity should be at least 10 c.c. It may be sterilized by boiling for half an hour, or preferably, when all-glass syringes are used, they may be inserted into potato-tubes and sterilized at high temperature in the hot-air chamber. Before drawing the blood, a linen bandage is wound tightly about the upper arm of the patient in order to cause the veins to stand out prominently. When the veins are plainly in view, the needle may be plunged through the skin into the vein in a direction parallel to the vessel and in the direction of the blood-stream. After perforation of the skin, while the needle is groping for the vein, gentle suction may be exerted with the piston. Great care should be exercised, however, that the piston is not allowed to slip back, and air be, by accident, forced into the vessel. In most cases no suction is necessary, the pressure of the blood being sufficient to push up the piston. After the blood has been drawn, it should be immediately transferred to the proper media. Epstein has recently recommended the mixture of the blood with sterile two per cent ammonium oxalate solution in test tubes, by which means the clotting is prevented, and transfers can be made more leisurely to culture media. While this method is convenient in cases where blood must be taken at some distance from the laboratory, it is preferable, whenever possible, to make cultures from the blood immediately at the bedside.

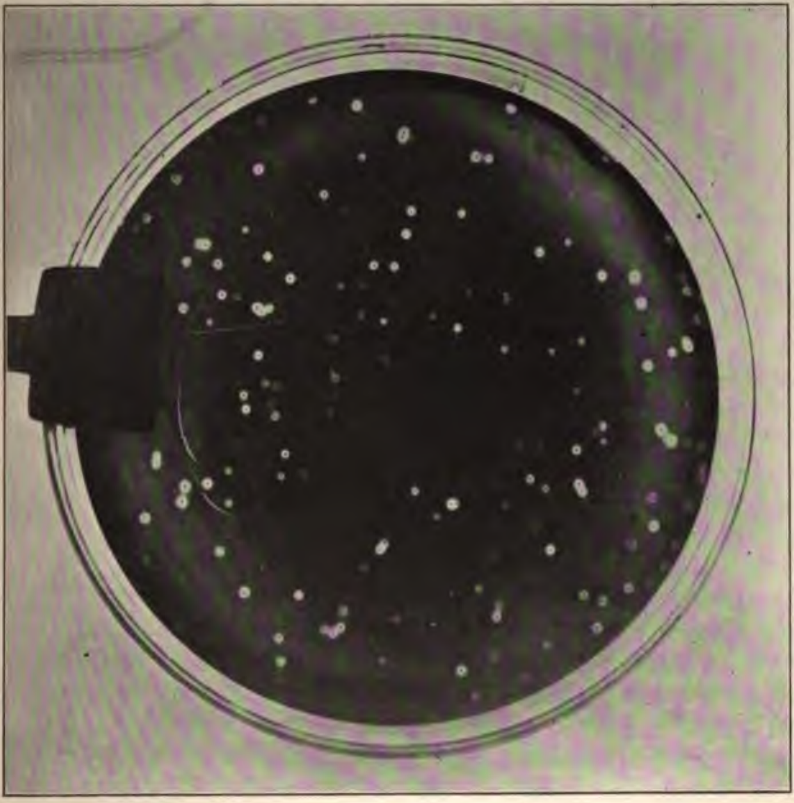

FIG. 54.—BLOOD-CULTURE PLATE SHOWING STREPTOCOCCUS COLONIES. Note halo of hemolysis about each colony.

The choice of culture media for blood cultures should, to a certain extent, be adapted to each individual case. For routine work, it is best to employ glucose-meat-infusion agar and glucose-meat-infusion broth. At least six glucose-agar tubes should be melted and immersed in water at 45° C. Before the blood is mixed with the medium, the agar should be cooled to 41° in order that bacteria, if present, may not be injured by the heat. The blood is added to the tubes in varying quantities, ranging from 0.25 to 1 c.c. each, in order that different degrees of concentration may be obtained. Mixing is accomplished by the usual dipping and rotary motion, the formation of air-bubbles being thus avoided. The mouth of each test tube should be passed through the flame before pouring the contents into the plates. Three flasks of glucose broth, containing 100 to 150 c.c. of fluid each, should be inoculated with varying quantities of blood—at least one of the flasks containing the blood in high dilution. The most stringent care in the withdrawal and replacement of the cotton stoppers should be exercised.[1] The writers have found it convenient to use, in place of one of these flasks, one containing, in addition to the glucose, 1 gm. of powdered calcium carbonate. This insures neutrality, permitting pneumococci or streptococci, which are sensitive to acid, to develop and retain their vitality.

In making blood cultures from typhoid patients, various methods have been recommended. Buxton and Coleman[2] have obtained excellent results by the use of pure ox-bile containing ten per cent of glycerin and two per cent of peptone in flasks. The writers have had no difficulty in obtaining typhoid cultures by the use of slightly acid meat-extract broth in flasks containing 200 or more c.c. to which comparatively little blood has been transferred in order to insure high dilution.

In estimating the results of a blood culture, the exclusion of contamination usually offers little difficulty. If the same microorganism appears in several of the plates and flasks, if colonies upon the plates are well distributed within the center and under the surface of the medium, and if the microorganisms themselves belong to species which commonly cause septicemia, such as streptococcus and pneumococcus, it is usually safe to assume that they have emanated from the patient's circulation. When colonies are present in one plate or in one flask only, when they are situated only near the edges of a plate or upon the surface of the medium, and when they belong to varieties which are often found saprophytic upon the skin or in the air, they must be looked upon with extreme suspicion. It is a good rule to look upon all staphylococcus blood cultures skeptically, discarding Staphylococcus albus as a contamination, and taking, if possible, another corroborative culture when the organism is Staphylococcus pyogenes aureus.

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[1] Small Florence flasks are preferable to the Erlenmeyer flasks usually employed.

[2] *Buxton* and *Coleman*, Am. Jour. of Med. Sci., 1907.

SECTION II

INFECTION AND IMMUNITY

CHAPTER XI

FUNDAMENTAL FACTORS OF PATHOGENICITY AND INFECTION

WHEN microorganisms gain entrance to the animal or human body, and give rise to disease, the process is spoken of as infection.

Bacteria are ever present in the environment of animals and human beings and some find constant lodgment on various parts of the body. The mouth, the nasal passages, the skin, the upper respiratory tract, the conjunctivæ, the ducts of the genital system, and the intestines are invariably inhabited by numerous species of bacteria, which, while subject to no absolute constancy, conform to more or less definite characteristics of species distribution for each locality. Thus the colon organisms are invariably present in the normal bowel, Döderlein's bacillus in the vagina, Bacillus xerosis in many normal conjunctivæ, and staphylococcus, streptococcus, various spirilla, and pneumococcus in the mouth. In contact, therefore, with the bodies of animals and man, there is a large flora of microorganisms, some as constant parasites, others as transient invaders; some harmless saprophytes and others capable of becoming pathogenic. It is evident, therefore, that the production of an infection must depend upon other influences than the mere presence of the microorganisms and their contact with the body, and that the occurrence of the reaction—for the phenomena of infection are in truth reactions between the germ and the body defenses—is governed by a number of important secondary factors.

In order to cause infection, it is necessary that the bacteria shall gain entrance to the body by a path adapted to their own respective cultural requirements, and shall be permitted to proliferate after gaining a foothold. Some of the bacteria then cause disease by rapid multiplication, progressively invading more and more extensive areas of the animal tissues, while others may remain localized at the point of invasion and exert their harmful action chiefly by local growth and the elaboration of specific poisons.

The inciting or inhibiting factors which permit or prohibit an infection are dependent in part upon the nature of the invading germ and in part upon the conditions of the defensive mechanism of the subject attacked.

Bacteria are roughly divided into two classes, saprophytes and parasites. The saprophytes are those bacteria which thrive best on dead organic matter and fulfill the enormously important function in nature of reducing by their physiological activities the excreta and dead bodies of more highly organized forms into those simple chemical substances which may again be utilized by the plants in their constructive processes. The saprophytes, thus, are of extreme importance in maintaining the chemical balance between the animal and plant kingdoms. Parasites, on the other hand, find the most favorable conditions for their development upon the living bodies of higher forms.

While a strict separation of the two divisions can not be made, numerous species forming transitions between the two, it may be said that the latter class comprises most of the so-called pathogenic or disease-producing bacteria. Strict saprophytes may cause disease, but only in cases where other factors have brought about the death of some part of the tissues, and the bacteria invade the necrotic areas and break down the proteids into poisonous chemical substances such as ptomains, or through their own destruction give rise to the liberation of toxic constituents of their bodies. It is necessary, therefore, that bacteria, in order to incite disease, should belong strictly or facultatively to the class known as parasitic. It must not be forgotten, however, that the terms are relative, and that bacteria ordinarily saprophytic may develop parasitic and pathogenic powers when the resisting forces of the invaded subject are reduced to a minimum by chronic constitutional disease or other causes.

Organisms that are parasitic, however, are not necessarily pathogenic, and there are certain more or less fundamental requirements which experience has taught us must be met by an organism in order that it may be infectious (or pathogenic) for any given animal; and by infectiousness is meant the ability of an organism to live and multiply in the animal fluids and tissues. For instance, an organism which is shown not to grow at the body temperature of warm-blooded animals may safely be assumed not to be infectious for such animals; and experience is gradually teaching us that strictly aërobic organisms, those thriving only in the presence of free oxygen and not able to obtain this gas in available combination from carbohydrates, can also be safely excluded from the infectious class. We have also learned that anaërobic organisms, although infectious when gaining entrance to tissues not abundantly supplied with blood, are practically unable to multiply in the blood stream and give rise to generalized infection.

The pathogenic microorganisms differ very much among themselves in the degree of their disease-inciting power. Such power is known as *virulence*. Variations in virulence occur, not only among different species of pathogenic bacteria, but may occur within the same species. Pneumococci, for instance, which have been kept upon artificial media or in other unfavorable environment for some time, exhibit less virulence than when freshly isolated from the bodies of man or animals. It is necessary, therefore, in order to produce infection, that the particular bacterium involved shall possess sufficient virulence.

Whether or not infection occurs depends also upon the *number of bacteria* which gain entrance to the animal tissues. A small number of bacteria, even though of proper species and of sufficient virulence, may easily be overcome by the first onslaught of the defensive forces of the body. Bacteria, therefore, must be in sufficient number to overcome local defenses and to gain a definite foothold and carry on their life processes, before they can give rise to an infection. The more virulent the germ, other conditions being equal, the smaller the number necessary for the production of disease. The introduction of a single individual of the anthrax species, it is claimed, is often sufficient to cause fatal infection; while forms less well adapted to the parasitic mode of life will gain a foothold in the animal body only after the introduction of large numbers.

The Path of Infection.—The portal by which bacteria gain entrance to the human body is of great importance in determining whether or not disease shall occur. Typhoid bacilli rubbed into the abraded skin may give rise to no reaction of importance, while the same microorganism, if swallowed, may cause fatal infection. Conversely, virulent streptococci, when swallowed, may cause no harmful effects, while the same bacteria rubbed into the skin may give rise to a severe reaction.

Animals and man are protected against invasion by bacteria in various ways. Externally the body is guarded by its coverings of skin and mucous membranes. When these are healthy and undisturbed, microorganisms are usually held at bay. While this is true in a general way bacteria may in occasional cases pass through uninjured skin and mucosa. Thus the Austrian Plague Commission found that guinea-pigs could be infected when plague bacilli were rubbed into the shaven skin, and there can hardly be much doubt of the fact that tubercle bacilli may occasionally pass through the intestinal mucosa into the lymphatics without causing local lesions.

Even after bacteria of a pathogenic species, in large numbers and of adequate virulence, have passed through a locally undefended area in the skin or mucosa of an animal or a human being by a path most favorably adapted to them, it is by no means certain that an infection will take place. The bodies of animals and of man have, as we shall see, at their disposal certain general, systemic weapons of defense, both in the blood serum and the cellular elements of blood and tissues which, if normally vigorous and active, will usually overcome a certain number of the invading bacteria. If these defenses are abnormally depressed, or the invading microorganisms are disproportionately virulent or plentiful, infection takes place.

Bacteria, after gaining an entrance to the body, may give rise merely to local inflammation, necrosis, and abscess formation. They may, on the other hand, from the local lesion, gain entrance into the lymphatics and blood-vessels and be carried freely into the circulation, where, if they survive, the resulting condition is known as *bacteriemia* or *septicemia*. Carried by the blood to other parts of the body, they may, under favorable circumstances, gain foothold in various organs and give rise to secondary foci of inflammation, necrosis, and abscess formation. Such a condition is known as *pyemia*. The disease processes arising as the result of bacterial invasion may depend wholly or in part upon the mechanical injury produced by the process of inflammation, the disturbance of function caused by the presence of the bacteria in the capillaries and tissue spaces, and the absorption of the necrotic products resulting from the reaction between the body cells and the microorganisms. To a large extent, however, infectious diseases are characterized by the symptoms resulting from the absorption or diffusion of the poisons produced by the bacteria themselves.

Bacterial Poisons.—It was plain, even to the earliest students of this subject, that mere mechanical capillary obstruction or the absorption of the products of a local inflammation were insufficient to explain the profound systemic disturbances which accompany many bacterial infections. The very nature of bacterial disease, therefore, suggested the presence of poisons.

It was in his investigations into the nature of these poisons that

Brieger [1] was led to the discovery of the *ptomains*. These bodies, first isolated by him from decomposing beef, fish, and human cadavers, have found more extended discussion in another section. Accurately classified, they are not true bacterial poisons in the sense in which the term is now employed. Although it is true that they are produced from proteid material by bacterial action, they are cleavage products derived from the culture medium upon the composition of which their nature intimately depends. The bacterial poisons proper, on the other hand, are specific products of the bacteria themselves, dependent upon the nature of the medium only as it favors or retards the full development of the physiological functions of the microorganisms. The poisons, produced to a greater or lesser extent by all pathogenic microorganisms, may be of several kinds. The true *toxins*, in the specialized meaning which the term has acquired, are soluble, truly secretory products of the bacterial cells, passing from them into the culture medium during their life. They may be obtained free from the bacteria by filtration and in a purer state from the filtrates by chemical precipitation and a variety of other methods. The most important examples of such poisons are those elaborated by Bacillus diphtheriæ and Bacillus tetani. If cultures of these bacteria or of others of this class are grown in fluid media for several days and the medium is then filtered through porcelain candles, the filtrate will be found toxic often to a high degree, while the residue will be either inactive or comparatively weak. Moreover, if the residue possesses any toxicity at all, the symptoms evidencing this will be different from those produced by the filtrate.

There are other microorganisms, however, notably the cholera spirillum and the typhoid bacillus, which act in an almost diametrically opposed manner. If these bacteria are cultivated and separated from the culture fluid by filtration in the method described above, the fluid filtrate will be toxic to only a very slight degree, whereas the residue may prove very poisonous. In these cases, we are dealing, evidently, with poisons not secreted into the medium by the bacteria, but rather attached more or less firmly to the bacterial body. Such poisons, separable from the bacteria only after death by some method of extraction, or by autolysis, are termed *endotoxins*. The greater number of the pathogenic bacteria seem to act chiefly by means of poisons of this class. The first to call attention to the existence of such intracellular poisons was Buchner, who formulated his conclusions from the results of experiments made with a number of microorganisms, notably the Friedländer bacillus and Staphylococcus pyogenes aureus, with dead cultures of which he induced the formation of sterile abcesses in animals and symptoms of toxemia. The conception of "endotoxins," subsequently, however, received its clearest and most definite expression in the work of Pfeiffer[1] on cholera poison.

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[1] *Brieger,* "Die Ptomaine," Berlin, 1885 and 1886.

Some clarity of conception, based on visual perception, may possibly be gained by comparing some of the products of pathogenic bacteria with bacterial pigments and with insoluble interstitial or intercellular substance, which may be seen accompanying bacteria in cover-glass preparations. Soluble toxic secretions are to be compared to such pigments as the pyocyanin of Bacillus pyocyaneus, which is so readily soluble in culture media; endotoxins proper, to pigments confined to the bacterial cell, or at least, when secreted, being insoluble in culture media, such for instance as the well-known red pigment of Bacillus prodigiosus, which may often be seen free among the bacteria in irregular red granules like carmine powder. That bodies such as this latter might be extruded from pathogenic bacteria and not be soluble in the usual culture fluids, is not improbable, and the fact that more or less insoluble interstitial substances are not infrequent among bacteria is well known.

In all bacterial bodies, after removal of toxins and endotoxins, a certain proteid residue remains which, if injected into animals, may give rise to localized lesions such as abscesses or merely slight temporary inflammations. The nature of this residue has been carefully studied, especially by Buchner, who has named it *bacterial protein* and he believes the substance to be approximately the same in all bacteria, without specific toxic action, but with a general ability to exert a positive chemotactic effect on the white blood cells, thereby causing the formation of pus. The nature of the bacterial proteins is by no means clear, and it is still in doubt whether the separation of these substances from the endotoxins can be upheld.

A number of bacteria may give rise to both varieties of poisons. Thus, recently, Kraus has claimed the discovery of a soluble toxin for the cholera spirillum and Doerr for the dysentery bacillus, both of which microorganisms were regarded as being purely of the endotoxin-producing type.

It is plain, moreover, that occasionally it may be very difficult to distinguish between a soluble toxin and an endotoxin. In the filtration experiment recorded above, it might well be claimed that the toxicity of the filtrate, when not very strong, may depend upon an extraction of endotoxins from the bodies of the bacteria by the medium. The final test, in such instances, lies in the power of true toxins to stimulate in animals the production of antitoxins; for, as we shall see later, the injection of true soluble toxins into animals gives rise to antitoxins, whereas the formation of such neutralizing bodies in the serum or plasma does not, it is claimed, follow the injection of endotoxins. This distinction will become clearer as we proceed in the discussion of immunity. It must not be forgotten, however, that our knowledge of bacterial poisons is by no means complete, and that sharp distinctions as those given above must be regarded to a certain extent as tentative.

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[1] *Pfeiffer*, Zeit. f. Hyg., xl, 1892.

In resistance to chemical action and heat, the various poisons show widely divergent properties. As a general rule, most true soluble toxins are delicately thermolabile, they are destroyed by moderate heating, and deteriorate easily on standing. Their chemical nature is by no means clear, but, on precipitation of toxic solutions with magnesium sulphate, these poisons come down together with the globulins. The nature of the endotoxins is still less clearly understood. Most of them, while less labile than the extracellular poisons, are, nevertheless, destroyed by exposure to 70° C. On the other hand, certain specific and powerful intracellular poisons, like those of the Gärtner bacillus of meat poisoning, may undergo exposure to even 100° C. and still retain their toxic properties. The nature of each individual poison will be discussed in connection with its microorganism.

The Mode of Action of Bacterial Poisons.—Close study of the toxic products of various microorganisms has shown that many of the bacterial poisons possess a more or less definite selective action upon special tissues and organs. Thus, certain soluble toxins of the tetanus bacillus and Bacillus botulinus attack specifically the nervous system. Again, certain poisons elaborated by the staphylococci, the tetanus bacillus, the streptococci, and other germs, the so-called "hemolysins," attack primarily the red blood corpuscles. Other poisons again act on the white blood corpuscles; in short, the characteristic affinity of specific bacterial poisons for certain organs is a widely recognized fact.

In explanation of this behavior, much aid has been given by the researches of Meyer,[1] Overton,[2] Ehrlich,[3] and others upon the causes for the analogous selective behavior of various narcotics and alkaloids. It seems probable, from the researches of these men, that the selective action of poisons depends upon the ability, chemical or physical or both, of the poisons to enter into combination with the specifically affected cells. From the nature of the combinations formed, it seems not unlikely that the physical factors, such as solubility in the cell plasma, may also play an important part.

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[1] *Meyer*, Arch. f. exper. Pathol., 1899, 1901.

[2] *Overton*, "Studien üb. d. Narkose," Jena, 1901.

[3] *Ehrlich*, "Sauerstoffs-Bedürfniss des Organismus," Berlin, 1885.

Observations of a more purely bacteriological nature have tended to bear out these conclusions. Wassermann and Takaki,[1] for instance, have shown that tetanus toxin, which specifically attacks the nervous system, may be removed from solution by the addition of brain substance. Removal of the brain tissue by centrifugation leaves the solution free from toxin. In the same way it has been shown that hemolytic poisons can be removed from solutions by contact with red blood cells, but only when the red blood cells of susceptible species are employed.

Similar observations have been made in the case of leukocidin, a bacterial poison acting upon the white blood cells specifically.[2]

That bacterial poisons injected into susceptible animals rapidly disappear from the circulation is a fact which bears out the view that a combination between affected tissue and toxin must take place. Dönitz,[3] for instance, has shown that within four to eight minutes after the injections of certain toxins, considerable quantities will have disappeared from the circulation. Conversely, Metchnikoff[4] has observed that tetanus toxin injected into insusceptible animals (lizards) may be detected in the blood stream for as long as two months after administration.

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[1] *Wassermann* und *Takaki*, Berl. klin. Woch., 1898.

[2] *Sachs*, Hofmeister's Beiträge, 11, 1902.

[3] *Dönitz*, Deut. med. Woch., 1897.

[4] *Metchnikoff*, "L'immunité dans les malad. infect."

CHAPTER XII

DEFENSIVE FACTORS OF THE ANIMAL ORGANISM

GENERAL CONSIDERATIONS

WE have seen that the mere entrance of a pathogenic microorganism into the human or animal body through a breach in the continuity of the mechanical defenses of skin or mucosa does not necessarily lead to the development of an infection. The opportunities for such an invasion are so numerous, and the contact of members of the animal kingdom with the germs of disease is so constant, that if this were the case, sooner or later all would succumb. It is plain, therefore, that the animal body must possess more subtle means of defense, by virtue of which pathogenic germs are, even after their entrance into the tissues and fluids, disposed of, or at least prevented from proliferating and elaborating their poisons. The power which enables the body to accomplish this is spoken of as resistance. When this resistance, which in some degree is common to all members of the animal kingdom, is especially marked, it is spoken of as "immunity."

From this it follows naturally that the terms resistance and immunity, as well as their converse, susceptibility, are relative and not absolute terms. Degrees of resistance exist, which are determined to a certain extent by individual, racial, or species peculiarities; and persons or animals are spoken of as immune when they are unaffected by an exposure or an inoculation to which the normal average individual of the same species would ordinarily succumb. The word does not imply, however, that these individuals could not be infected with unusually virulent or large doses, or under particularly unfavorable circumstances. Thus, birds, while immune against the ordinary dangers of tetanus bacilli, may be killed by experimental inoculations with very large doses of tetanus toxin.[1] Similarly, Pasteur rendered naturally immune hens susceptible to anthrax by cooling them to a subnormal temperature, and Canalis and Morpurgo did the same with doves by subjecting them to starvation.

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[1] Quoted from *Abel,* Kolle und Wassermann, "Handbuch," etc.

Absolute immunity is exceedingly rare. The entire insusceptibility of cold-blooded animals (frogs and turtles) under normal conditions to inoculation with even the largest doses of many of the bacteria pathogenic for warm-blooded animals, and the immunity of all the lower animals against leprosy, are among the few instances of absolute immunity known.[1] Apart from such exceptional cases, however, resistance, immunity, and susceptibility must be regarded as purely relative terms.

The power of resisting any specific infection may be the natural heritage of a race or species, and is then spoken of as *natural immunity*. It may, on the other hand, be acquired either accidentally or artificially by a member of an ordinarily susceptible species, and is then called *acquired immunity*.

Natural Immunity.—SPECIES IMMUNITY.—It is well known that many of the infectious diseases which commonly affect man, do not, so far as we know, occur spontaneously in animals. Thus, infection with B. typhosus, the vibrio of cholera, or the meningococcus occurs in animals only after experimental inoculation. Gonorrheal and syphilitic infection, furthermore, not only does not occur spontaneously, but is produced experimentally in animals with the greatest difficulty—the consequent diseases being incomparably milder than those occurring in man. Other diseases, like leprosy, influenza, and the exanthemata,[2] have never been successfully transmitted to animals.

Conversely, there are diseases among animals which do not spontaneously attack man. Thus, human beings enjoy immunity against Rinderpest, and, to a lesser degree, against chicken cholera.

Among animal species themselves great differences in susceptibility and resistance toward the various infections exist. Often-quoted examples of this are the remarkable resistance to anthrax of rats and dogs, and the immunity of the common fowl against tetanus.

The factors which determine these differences of susceptibility and resistance among the various species are not clearly understood. It has been suggested that diet in some instances may influence these relations, inasmuch as carnivorous animals are often highly resistant to glanders, anthrax, and even tuberculous infections, to which herbivorous animals are markedly susceptible.[3] It is likely, too, that the great differences between animals of various species in their metabolism, temperature, etc., may call for special cultural adaptation on the part

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Lubarsch, Zeit. f. klin. Mediz., xix.

With the possible exception of smallpox.

[3] *Hahn*, in Kolle und Wassermann, vol. iv.

of the bacteria. The fact that the bacillus of avian tuberculosis—whose natural host has a normal body temperature of 40° C. and above—will grow on culture media at 40 to 50° C., whereas B. tuberculosis of man can not be cultivated at a temperature above 40° C., would seem to lend some support to this view. The difference between warm- and cold-blooded animals has already been noted. The necessity for cultural adaptation, too, would seem to be borne out by the great enhancement observed in the virulence of certain microorganisms for a given species after repeated passage through individuals of this species.

Racial Immunity.—Just as differences in susceptibility and immunity exist among the various animal species, so the separate races or varieties within the same species may display differences in their reactions toward pathogenic germs. Algerian sheep, for instance, show a much higher resistance to anthrax than do our own domestic sheep, and the various races of mice differ in their susceptibility to anthrax and to glanders.

Similar racial differences are common among human beings. As a general rule, it may be said that a race among whom a certain disease has been endemic for many ages is less susceptible to this disease than are other races among whom it has been more recently introduced. The appalling ravages of tuberculosis among negroes, American Indians, and Esquimaux, bear striking witness to this fact. Conversely, the comparative immunity of the negro from yellow fever, a disease of the greatest virulence for Caucasians, furnishes further evidence in favor of this opinion. It must not be forgotten, however, in judging of these relations, that the great differences in the customs of personal and social hygiene existing among the various races may considerably affect the transmission of disease and lead to false conclusions.

In so far as the statement made above is true, however, it seems to indicate that the endemic diseases have carried in their train a certain degree of inherited immunity.

In other cases[1]—as in the instance of the malaria-immunity of negroes—the resistance seems to be acquired rather than inherited, for, as Hirsch was first to note, death from this disease occurred frequently among the children, while adult negroes were rarely attacked.

Differences in Individual Resistance.—In bacteriological experimentation with smaller test animals, a direct ratio may often exist between body weight and dosage in determining the outcome of an infection, provided the mode of inoculation has been the same and the virulence of the germ not excessive. It would seem, therefore, that among these animals the difference in resistance in the face of an artificial infection between individuals of the same race is very slight.

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[1] *Hahn*, in Kolle und Wassermann, loc. cit.

In higher animals, however, especially in the case of man, the existence of such apparent individual differences is a well-established fact, although in judging of them we must not forget that the conditions of infection are not subject to the uniformity and control which animal experimentation permits. Of a number of persons exposed to any given infection there are always some who are entirely unaffected and there are great variations in the severity of the disease in those who are attacked. In the absence of positive evidence in support of the direct inheritance of this individual immunity, the most reasonable explanation for such differences in resistance seems to lie in attributing them to individual variations in metabolism or body chemistry. Depressions, for instance, in the acidity of the gastric secretion would predispose to certain infections of gastro-intestinal origin. Anatomical differences, too, may possibly influence resistance. Thus, Birch-Hirschfeld believed that certain anomalous arrangements of the bronchial tubes predisposed to tuberculosis.

Instances of transient susceptibility induced by physical or mental overwork, starvation, etc., should hardly be classified under this heading, since the conditions in such cases correspond simply to experimental depression of natural species or race resistance.

Acquired Immunity.—It is a matter of common experience that many of the infectious diseases occur but once in the same individual. This is notably the case with typhoid fever, yellow fever, and most of the exanthemata, and is too general an observation to require extensive illustration. A single attack of any of the diseases of this class alters in some way the resistance of the individual so that further exposure to the infective agent is usually without menace, either for a limited period after the attack, or for life. Resistance acquired in this way is often spoken of as *acquired immunity*.

The protection conferred by certain diseases against further attack was recognized many centuries ago, and there are records which show that attempts were made in ancient China and India to inoculate healthy individuals with pus from small-pox pustules in the hope of producing by this process a mild form of the disease and its consequent immunity.

Pasteur, before all others, thought philosophically about the phenomena of acquired immunity, and, with adequate knowledge, realized the possibility of artifically bestowing immunity without inflicting the dangers of the fully potent infective agent. The first observation which, made by him purely accidentally, inspired the hope of the achievement of such a result, occurred during his experiments with chicken cholera. The failure of animals to die after inoculation with an old culture of the bacilli of chicken cholera, fully potent but a few weeks previously, pointed to the attenuation of these bacilli by their prolonged cultivation without transplantation. With this observation as a point of departure he carried out a series of investigations with the purpose of discovering a method of so weakening or attenuating various incitants of disease that they could be introduced into susceptible individuals without endangering life and yet without losing their property of conferring protection. The brilliant results achieved by Jenner, many years before, in protecting against smallpox by inoculating with the entirely innocuous products of the pustules of cowpox furnished an analogy which gave much encouraging support to this prospect.

The experimental work which Pasteur carried out to solve this problem not only reaped a rich harvest of facts, but gave to science the first and brilliant examples of the application of exact laboratory methods to problems of immunity.

ACTIVE IMMUNITY

Active Artificial Immunity.—The process of conferring protection by treatment with either an attenuated form or a sublethal quantity of the infectious agent of a disease, or its products, is spoken of as "active immunization."

Whatever the method employed, the immunized individuals gain their power of resistance by the unaided reactions of their own tissues. They themselves take an active physiological part in the acquisition of this new property of immunity. For this reason, Ehrlich has aptly termed these processes "active immunization."

There are various methods by which this can be accomplished, all of which were, in actual application or in principle, discovered by Pasteur and his associates, and can be best reviewed by a study of their work.

Active Immunization with Attenuated Cultures.—In the course of his experiments upon chicken cholera, as mentioned above, Pasteur[1] accidentally discovered that the virulence of the bacilli of this disease was greatly reduced by prolonged cultivation upon artificial media. This was especially noticeable in broth cultures which had been stored for long periods without transplantation. By repeated injections of such cultures into fowl, he succeeded in rendering the animals immune against subsequent inoculations with lethal doses of fully virulent strains.

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[1] *Pasteur*, Compt. rend. de l'acad. des sci., 1880, t. xc.

During the same year, 1880, in which Pasteur published his observations on chicken cholera, Toussaint[1] succeeded in immunizing sheep against anthrax by inoculating them with blood from infected animals, defibrinated and heated to 55° C. for ten minutes. Toussaint wrongly believed, however, that the blood which had been used in his immunizations was free from living bacteria. In repeating this work Pasteur showed that the protection in Toussaint's cases was conferred by living bacteria, the virulence of which had been reduced by their subjection to heat.

In following out the suggestions offered by these experiments, Pasteur[2] discovered that he could reduce the virulence of anthrax bacilli much more reliably than by Toussaint's method, by cultivating the organisms at increased temperatures (42° to 43° C.). By this process of attenuation he was able to produce "vaccines" of roughly measurable strength, with which he succeeded in immunizing sheep and cattle. A successful demonstration of his discovery was made by him at Pouilly-le-Fort, soon after, upon a large number of animals and before a commission of professional men.

It is a fact well known to bacteriologists that certain of the pathogenic microorganisms, when passed through several individuals of the same animal species, become gradually more virulent for this species. In his studies on the bacillus of hog cholera, Pasteur observed that when this microorganism was passed through the bodies of several rabbits it gained in virulence for rabbits, but became less potent against hogs. He succeeded, subsequently, in protecting hogs against fully virulent cultures by treating them with strains which had been attenuated by their passage through rabbits.

A further principle of attenuation for purposes of immunization was, at about this time, contributed by Chamberland and Roux,[4] who reduced the virulence of anthrax cultures by growing them in the presence of weak antiseptics (carbolic acid 1 : 600, potassium bichromate 1 : 5,000, or sulphuric acid 1 : 200). Cultivated under such conditions the bacilli lost their ability to form spores and became entirely avirulent for sheep within ten days. A similar result was later obtained by Behring [1] when attenuating B. diphtheriæ cultures by the addition of terchlorid of iodin.

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[1] *Toussaint*, Compt. rend. de l'acad. des sci., 1880, t. xci.

[2] *Pasteur, Chamberland* et *Roux*, Compt. rend. de l'acad. des sci., 1881, t. xcii.

[3] *Pasteur*, Compt. rend. de l'acad. des sci., 1882, t. xcv.

[4] *Chamberland* et *Roux*, Compt. rend. de l'acad. des sci., 1882, t. xcvi.

ACTIVE IMMUNIZATION WITH SUBLETHAL DOSES OF FULLY VIRULENT BACTERIA.—The use of fully virulent microorganisms in minute quantities for purposes of immunization was first suggested by Chauveau,[2] and is naturally inapplicable to extremely virulent organisms like B. anthracis. The principle, however, is perfectly valid, and has been experimentally applied by many observers, notably by Ferran [3] in the case of cholera. A similar method proved of practical value in the hands of Theobald Smith and Kilborne [4] in prophylaxis against the protozoan disease, Texas fever.

ACTIVE IMMUNIZATION WITH DEAD BACTERIA.—Suggested by Chauveau, the method of active immunization with gradually increasing doses of dead microorganisms has been successfully employed by various observers, chief among whom are Pfeiffer, Brieger, Wright, and Wassermann. The method is especially useful against that class of bacteria in which the cell bodies (endotoxins) have been found to be incomparably more poisonous than their extracellular products (toxins). From a practical point of view, the method is of the greatest importance in routine laboratory immunization against B. typhosus, Vibrio choleræ asiaticæ, B. pestis, and a number of other bacteria. In the therapy of human disease, this method has recently come into great prominence, chiefly through the work of Wright, whose investigations will be more fully discussed in a subsequent section.

ACTIVE IMMUNIZATION WITH BACTERIAL PRODUCTS.—Many bacteria when grown in fluid media produce extracellular, soluble poisons which remain in the medium after the microorganisms have been removed by filtration or centrifugalization. Since the diseases caused by such microorganisms are, to a large extent, due to the soluble poisons excreted by them, animals can be actively immunized against this class of bacteria by the inoculation of gradually increasing doses of the specific poison or toxin. This method is naturally most successful against those microorganisms which possess the power of toxin formation to a highly developed degree. Most important among these are B. diphtheriæ and B. tetani. The first successful application of this principle of active immunization, however, was made by Salmon and Smith[1] in the case of hog cholera.

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[1] *Behring*, Zeit. f. Hyg., xii, 1892.

[2] *Chauveau*, Compt. rend. de l'acad. des sci., 1881, t. xcii.

[3] *Ferran*, Compt. rend. de l'acad. des sci., 1895, t. ci.

[4] *Th. Smith* and *Kilborne*, U. S. Dept. of Agri., Bureau of Ani. Indust., Wash., 1893.

PASSIVE IMMUNITY

In Pasteur's basic experiments, as in those of the other scientists who followed in his footsteps, the methods of immunization were based upon the development of a high resistance in the treated subject by virtue of its own physiological activities. This process we have spoken of as "active immunization" and it is self-evident that a method of this kind can, in the treatment of disease, be employed prophylactically only against possible infection, or in localized acute infections, or at the beginning of a long period of incubation before actual symptoms have appeared, as in rabies or in chronic conditions in which the infection is not of a severe or acute nature.

A new and therapeutically more hopeful direction was given to the study of immunity when, in 1890 and 1892, v. Behring and his collaborators discovered that the sera of animals immunized against the toxins of tetanus[2] and of diphtheria[3] bacilli would protect normal animals against the harmful action of these poisons. The animals thus protected obviously had taken no active part in their own defense, but were protected from the action of the poison by the substances transferred to them in the sera of the actively immunized animals. Such immunity or protection, therefore, is a purely passive phenomenon so far as the treated animal is concerned, and the process is for this reason spoken of as "passive immunization."

Passive immunization of this description is practically applicable chiefly against diseases caused by bacteria which produce powerful toxins, and the sera of animals actively immunized against such toxins are called antitoxic sera. In the treatment of the two diseases mentioned above, diphtheria and tetanus, the respective antitoxic sera have reached broad and beneficial therapeutic application, and innumerable lives have been saved by their use.

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[1] *Salmon* and *Smith*, Rep. of Com. of Agri., Wash., 1885 and 1886.

[2] *v. Behring* and *Kitasato*, Deut. med. Woch., 49, 1890.

[3] *v. Behring* and *Wernicke*, Zeit. f. Hyg., 1892.

Passive immunization against microorganisms not characterized by marked toxin formation was attempted, even before Behring's discovery, by Richet and Hericourt,[1] experimenting with cocci, and by Babes,[2] in the case of rabies; and the underlying thought had been the basis of Toussaint's work upon anthrax. Microorganisms, however, which exert their harmful action rather by the contents of the bacterial cells than by secreted, soluble toxins, do not, so far as is known, produce antitoxins in the sera of immunized animals. The substances which they call forth in the process are directed against the invading organisms themselves in that they possess the power of destroying or of causing dissolution of the specific germs used in their production.

Such antibacterial sera are extensively used in the laboratory in the passive immunization of animals against a large number of germs, and are fairly effectual when used before, at the same time with, or soon after, infection. Their therapeutic use in human disease, however, has, up to the present time, been disappointing and their prophylactic and curative action has been almost invariably ineffectual or feeble at best, except when the antibacterial sera could be brought in direct contact with the germs, in closed cavities or localized lesions. Thus, in epidemic meningitis, such sera have proved extremely useful in the hands of Flexner, when injected directly into the spinal canal.

ANTIBODIES AND THE SUBSTANCES GIVING RISE TO THEM

In the foregoing sections we have seen that the process of active immunization so changes the animal body that it becomes highly resistant against an infection to which it had formerly in many instances been delicately susceptible. In the absence of visible anatomical or histological changes accompanying the acquisition of this new power, investigators, in order to account for it, were led to examine the physiological properties of the body cells and fluids of immunized subjects. While it was reasonable to suppose that all the cells and tissues were affected by, or might have taken part in, a physiological change so profoundly influencing the individual, the blood, because of its unquestionably close relation to inflammatory reactions, and because of the ease with which it could be obtained and studied, claimed the first and closest attention. The bactericidal properties of normal blood serum noted in 1886 by Nuttall,[1] v. Fodor,[2] and Flügge, moreover, aided in pointing to this tissue as primarily the seat of the immunizing agents. It is an interesting historical fact, that, long before this time, the English physician Hunter had noted that blood did not decompose so rapidly as other animal tissues.

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[1] *Richet* et *Hericourt.* Compt. rend. de l'acad. des sci., 1888.

[2] *Babes* et *Lepp.* Ann. de l'Inst. Pasteur, 1889.

The study of the blood serum of immunized animals as to simple changes in chemical composition or physical properties has shed little light upon the subject. Beljaeff[3] in a recent investigation found little or no alteration from the normal in the blood sera of immunized animals as to index of refraction, specific gravity, and alkalinity. Joachim[4] and Moll agree in stating that immune blood serum is comparatively richer in globulin than normal serum. Similar observations had been made by Hiss and Atkinson[5] and others. Important and significant as these purely chemical observations are, they have helped little in explaining the nature of the processes going on in immune sera. The first actual light was thrown upon the mysterious phenomena of immunity by the investigations of Nuttall,[6] v. Fodor, Buchner, and others, who not only demonstrated the power of normal blood serum to destroy bacteria, but also showed that this property of blood serum became diminished with age and was destroyed completely by heating to 56° C. The thermolabile substance of the blood serum possessing this power was called by Buchner,[7] *alexin.*

Soon after this work, Behring, in collaboration with Kitasato[8] and Wernicke,[9] in 1890 and 1892, made further important advances in the elucidation of the immunizing processes by showing that the blood sera of animals actively immunized against the toxins of diphtheria and tetanus would protect normal animals against the poisons of these diseases. He believed, at the time of discovery, that such sera contained substances which had the power of destroying the specific toxins which had been used in the immunization. He called these bodies *antitoxins*. While Behring's first conception of actual toxin destruction soon proved to be erroneous, his discovery of the presence in immune sera of bodies specifically antagonistic to toxins was soon confirmed and extended, and stands to-day as an established fact.

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[1] *Nuttall,* Zeit. f. Hyg., i. 1886.
[2] *v. Fodor,* Deut. med. Woch., 1886.
[3] *Beljaeff,* Cent. f. Bakt., xxxiii.
[4] *Joachim,* Pflügers Archiv, xciii.
[5] *Hiss* and *Atkinson,* Jour. Exper. Med., v, 1900.
[6] *Nuttall,* Zeit. f. Hyg., 1886.
[7] *Buchner,* Cent. f. Bakt., i, 1889.
[8] *Behring* und *Kitasato,* Deut. med. Woch., 1890, No. 49.
[9] *Behring* und *Wernicke,* Zeit. f. Hyg., 1892.

Ehrlich,[1] soon after Behring's announcement, showed that specific antitoxins could also be produced against the poisons of some of the higher plants (antiricin, antikrotin, antirobin), and Calmette[2] produced similar antitoxins against snake poison (antivenin). Stimulated by these researches, other observers have, since then, added extensively to the list of poisons against which antitoxins can be produced. Kempner[3] has produced antitoxin against the poison of Bacillus botulinus, and Wassermann,[4] against that of Bacillus pyocyaneus. Antitoxin has been produced by Calmette[5] against the poison of the scorpion, and by Sachs[6] against that of the spider. Thus a large number of poisons of animal, plant, or bacterial origin have been found capable of causing the production of specific antibodies in the sera of animals into which they are injected.

The formation of antitoxins directed against soluble poisons, however, did not explain the immunity acquired by animals against bacteria like Bacillus anthracis, the cholera vibrio, and others which, unlike diphtheria and tetanus, produced little or no soluble toxin. It was evident that the antitoxic property of immune blood serum was by no means the sole expression of its protective powers. Much light was shed upon this phase of the subject by the discoveries of Pfeiffer in 1894, who worked along the lines suggested by the investigations of Nuttall and Buchner. Pfeiffer[7] showed that when cholera spirilla were injected into the peritoneal cavity of cholera-immune guinea-pigs, the microorganisms rapidly swelled up, became granular, and often underwent complete solution. The same phenomenon could be observed when the bacteria were injected into a normal animal together with a sufficient quantity of cholera-immune[8] serum.

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[1] *Ehrlich*, Deut. med. Woch., 1891.

[2] *Calmette*, Compt. rend. de la soc. de biol., 1894.

[3] *Kempner*, Zeit. f. Hyg., 1897.

[4] *Wassermann*, Zeit. f. Hyg., xxii.

[5] *Calmette*, Ann. de l'inst. Pasteur, 1898.

[6] *Sachs*, Hofm. Beit., 1902.

[7] *Pfeiffer*, Zeit. f. Hyg., xviii, 1894.

[8] *Pfeiffer* und *Isaeff*, ibid.

This process he observed microscopically by abstracting, from time to time, a small quantity of the peritoneal exudate and studying it in hanging-drop preparations. The reaction was specific in that the destructive process took place to any marked extent only in the case of the bacteria employed in the immunization.

Metchnikoff,[1] Bordet, and others not only confirmed Pfeiffer's observation, but were able to show that the lytic process would take place *in vitro,* as well as in the animal body. The existence of a specific destructive process in immune serum was thus established for the vibrio of cholera and soon extended to other microorganisms. The constituents of the blood serum which gave rise to this destructive phenomenon were spoken of as *bacteriolysins.*

Following closely upon the heels of Pfeiffer's observation came the discovery of another specific property of immune serum by Gruber and Durham.[2] These workers noticed that certain bacteria, when brought into contact with the serum of an animal immunized against them, were clumped together, deprived of motility, and firmly agglutinated. They spoke of the phenomenon as agglutination and of the substances in the serum giving rise to it as *agglutinins.*

The list of antibodies was again enlarged by Kraus,[3] who in 1897 showed that precipitates were formed when filtrates of cultures of cholera, typhoid, and plague bacilli were mixed with their specific immune sera. He called the substances which bestowed this property upon the sera *precipitins.*

The treatment of the animal body, therefore, with bacteria or their products gives rise to a variety of reactions which result in the presence of the "antibodies" described above. Extensive investigation has shown, however, that the power of stimulating antibody production is a phenomenon not limited to bacteria and their products alone. Antitoxins, we have already seen, may be produced with a variety of poisons of plant and animal origin. Lysins, agglutinins, and precipitins, likewise may be produced by the use of a large number of different substances. Chief among these, because of the great aid they have given to the theoretical investigation of the phenomena of immunity, are the red blood cells. Bordet[4] and, independently of him, Belfanti and Carbone[5] showed in 1898 that the serum of animals repeatedly injected with the defibrinated blood of another species exhibited the specific power of dissolving the red blood corpuscles of this species. This was the first demonstration of "hemolysis"—a phenomenon which, because of the ease with which it can be observed *in vitro*, has much facilitated investigation.

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[1] *Metchnikoff,* Ann. de l'inst. Pasteur, 1895.

[2] *Gruber* und *Durham,* Münch. med. Woch., 1896.

[3] *Kraus, R.,* Wien. klin. Woch., 32, 1897.

[4] *Bordet,* Ann. de l'inst. Pasteur, 1898.

[5] *Belfanti* et *Carbone,* Giornale della R. Acad. di Torino, July, 1898.

The knowledge that specific "cytotoxins" or cell-destroying antibodies could be produced by injection of red blood cells naturally suggested the possibility of analogous reactions for other tissue cells. It was not long, therefore, before Metchnikoff [1] and, independently of him, Landsteiner [2] succeeded, by repeated injections of spermatozoa, in producing a serum which would seriously injure these specialized cells. Von Dungern [3] obtained similar results with the ciliated epithelium of the trachea. Since then a host of cytotoxins have been produced with the cells of various organs and tissues. Thus, Neisser and Wechsberg [4] produced leucotoxin (leucocytes); Delezenne,[5] neurotoxin and hepatotoxin; Surmont,[6] pancreas cytotoxin; and Bogart and Bernard,[7] suprarenal cytotoxin.

One of the most interesting of the cytotoxins, moreover, is nephrotoxin—produced by the treatment of animals with injections of emulsions of kidney tissue.

In all cases it was supposed by those first working with these bodies, that the injection of the sera of animals previously treated with any particular tissue substance would produce specific injury upon the organs homologous to the ones used in immunization. It need hardly be pointed out how very important such phenomena would be in throwing light upon the degenerative pathological lesions occurring in disease. As a matter of fact, however, sera so produced have been shown to be specific for certain organs in a limited sense only. The question of specific cytotoxins has been of especial importance in the case of nephritis, where Ascoli and Figari [8] and others have suggested an autonephrotoxin as the basis of the pathology of this disease. In the hands of Pearce and others, however, the strict specificity of nephrotoxin could not be upheld and the subject is still in the experimental stage.

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[1] *Metchnikoff*, Ann. de l'inst. Pasteur, 1898.

[2] *Landsteiner*, Cent. f. Bakt., i, 25, 1899.

[3] *v. Dungern*, Münch. med. Woch., 1899.

[4] *Neisser* und *Wechsberg*, Zeit. f. Hyg., xxxvi, 1901.

[5] *Delezenne*, Ann. de l'inst. Past. 1900; Compt. rend. de l'acad. des sci. 1900.

[6] *Surmont*, Compt. rend. de la soc. de biol., 1901.

[7] *Bogart* et *Bernard*, ibid., 1891.

[8] *Ascoli* and *Figari*, Berl. klin. Woch., 1902.

Recent experiments by Pearce [1] suggest that at least a part of the local injury to organs exerted by such "cytotoxic" sera may not be due to a specific action upon the organ cells so much as upon the hemagglutinating action of the sera causing embolism and necrosis.

It is a fact also that most cytotoxic sera are usually hemolytic as well. It is not easy to decide, therefore, how much of the action upon the organs is due to their true cytotoxic properties and how much is attributable to the concomitant action upon blood cells. The extravagant hopes at first based upon cytotoxin investigation, especially in regard to the problem of malignant tumors, have been disappointed, and much is still obscure in regard to the cytotoxins which calls for further research.

The many points of similarity existing between bacterial toxins and digestive ferments, by animal inoculation, suggested to several observers the possibility of producing antibodies against the latter. As a result, a number of antiferments have been obtained, chief among which are antilab (Morgenroth [2]), antipepsin (Sachs [3]), antisteapsin (Schütze [4]), and antilactase (Schütze).

The stimulation of antibody formation in the sera of animals is a consequence, therefore, of the injection of a large variety of substances—some of them poisonous, some of them entirely innocuous. The substances possessing this power have been conveniently named *antigens* or *antibody-producers* by German writers. The term *antigen*—though etymologically wrong, nevertheless is convenient and has crept into general usage. It signifies simply a substance which can stimulate the production or formation of an antibody. Such substances, so far as is known, belong to the group of proteids and are derivatives of animal or plant tissues. Being proteids, all antigens are colloids. Recently, however, some crystalloidal substances have been described as possessing antigenic properties.

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[1] *Pearce*, Jour. Exper. Med., viii, 1906.

[2] *Morgenroth*, Cent. f. Bakt., 1899.

[3] *Sachs*, Fort. d. Med., 1902.

[4] *Schütze*, Deut. med. Woch., 1904; Zeit. f. Hyg., 1905.

CHAPTER XIII

TOXINS AND ANTITOXINS

The Toxin-Antitoxin Reaction.—Apart from the therapeutic possibilities disclosed by the discovery of antitoxins, new light of inestimable value was thrown by these observations upon the biological processes involved in immunization. The most vital problem, of course, which immediately thrust itself upon all workers in this field was the question as to the nature of the reaction in which toxin was rendered innocuous by antitoxin.

The simplest conception of this process would be an actual destruction of the toxin by its specific antitoxin, and it is not unnatural, therefore, that this was the view which, for a short time, found favor with some observers. Roux, and more particularly Buchner,[1] however, under the sway of cellular pathology, advanced the opinion that the antitoxins in some way influenced the tissue cells, rendering them more resistant against the toxins. Antitoxin, according to this theory, did not act directly upon toxin, but affected it indirectly through the mediation of tissue cells. Ehrlich,[2] on the other hand, conceived that the reaction of toxin and antitoxin was a direct union, analogous to the chemical neutralization of an acid by a base—an opinion in which Behring soon joined him.

The conception of toxin destruction received unanswerable refutation by the experiments of Calmette.[3] This observer, working with snake poison, found that the poison itself (unlike most other toxins) possessed the property of resisting heat even to 100° C., while its specific antitoxin, like other antitoxins, was delicately thermolabile. He noted, furthermore, that non-toxic mixtures of the two substances, when subjected to heat, regained their toxic properties. The natural inference from these observations could only be that the toxin in the original mixture had not been destroyed, but had been merely inactivated by the presence of the antitoxin, and again set free after destruction of the antitoxin by heat. A similar observation, made soon after by Wassermann [1] in the case of pyocyaneus toxin and antitoxin, fully supported the results of Calmette.

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[1] *Buchner*, "Schutzimpfung," etc., in Penzoldt u. Stinzing, "Handbuch d. spez. Therap. d. Infektkrank.," 1894.

[2] *Ehrlich*, Deut. med. Woch., 1891. [3] *Calmette*, Ann. de l'inst. Past., 1895.

An ingenious proof of the direct action of antitoxin upon toxin was obtained by Martin and Cherry.[2] It was found by them that very dense filters, the pores of which had been filled with gelatin, permitted toxin to pass through under high pressure, while the presumably larger antitoxin molecule was held back. Through such filters they forced toxin-antitoxin mixtures, under a pressure of fifty atmospheres, at varying intervals after mixing. They found that, if filtered immediately, all the toxin in the mixtures came through, but that, as the interval elapsing between mixing and filtration was prolonged, less and less toxin appeared in the filtrate, until, finally, two hours after mixing, no toxin whatever passed through the filter. Besides demonstrating the direct action of antitoxin upon toxin, this work of Martin and Cherry showed that the element of time entered into the toxin-antitoxin reaction, just as it enters into reactions of known chemical nature. The absolute nonparticipation of the living tissue cells in these reactions was demonstrated by Ehrlich himself. Kobert and Stillmarck [3] had shown that ricin possessed the power of causing the red blood cells of defibrinated blood to agglutinate in solid clumps, a reaction which could easily be observed *in vitro.* Ehrlich,[4] who had obtained antiricin in 1891 by injecting rabbits with increasing doses of ricin, found that this antibody possessed the power of preventing the hemagglutinating action of ricin in the test tube. By a series of quantitatively graded mixtures of ricin and antiricin, with red blood cells as the indicator for the reaction, he succeeded in proving not only that the toxin-antitoxin neutralization was in no way dependent upon the living animal body, but that definite quantitative relations existed between the two substances entirely analogous to those which, according to the law of multiple proportions, govern reactions between different substances of known chemical nature. Similar quantitative results were subsequently obtained by Stephens and Myers [5] for cobra poison and its antitoxin, by Kossel [6] for the toxic eel blood serum, and by Ehrlich [1] for the hemolytic tetanus poison known as tetanolysin.

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[1] *Wassermann,* Zeit. f. Hyg., xxii, 1896.

[2] *Martin* and *Cherry,* Proc. Royal Soc., London, lxiii, 1898.

[3] *Kobert* und *Stillmarck,* Arb. d. phar. Inst. Dorpat, 1889.

[4] *Ehrlich,* Fort. d. Med., 1897.

[5] *Stephens* and *Myers,* Jour. of Path. and Bact., 1898.

[6] *Kossel,* Berl. klin. Woch., 1898.

The introduction of the test-tube experiment into the investigation of these reactions permitted of much more exact observations, and by this means, as well as by careful, quantitatively graded, animal experiments, the further facts were ascertained that toxin and antitoxin combined more speedily in concentrated than in dilute solutions, and that warmth hastened, while cold retarded, the reaction—observations [2] which in every way seem to bear out Ehrlich's conception of the chemical nature of the process.

Ehrlich's Analysis of Diphtheria Toxin.—Shortly after the discovery and therapeutic application of diphtheria antitoxin, it became apparent that no two sera, though similarly produced, could have exactly the same protective value. It was necessary, therefore, to establish some measure or standard by which the approximate strength of a given antitoxin could be estimated. Von Behring [3] attempted to do this for both tetanus and diphtheria antitoxins by determining the quantity of immune sera which, in each case, was needed to protect a guinea-pig of known weight against a definite dose of a standard poison. He ascertained the quantity of standard toxin-bouillon which would suffice to kill a guinea-pig of 250 grams, and called this quantity the "toxin unit." This unit was later more exactly limited by Ehrlich, who, considering the element of time, stated it as the quantity sufficient to kill a guinea-pig of the given weight in from four to five days.

Appropriating the terminology of chemical titration, v. Behring spoke of a toxin-bouillon which contained one hundred such toxin units in a cubic centimeter, as a "normal toxin solution" ("$DTN^1\ M^{250}$"), and designated as "normal antitoxin" a serum capable of neutralizing, cubic centimeter for cubic centimeter, the normal poison.[4] A cubic centimeter of such an antitoxic serum was sufficient, therefore, to neutralize one hundred toxin units, and was spoken of as an "antitoxin unit." In the experiments of v. Behring, toxin and antitoxin had been separately injected. Ehrlich [5] improved upon this method by mixing toxin and antitoxin before injection, thereby obviating errors arising from differences which may have existed in the depth of injection or rapidity of absorption.

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[1] *Ehrlich*, Berl. klin. Woch., 1898.

[2] *Knorr*, Fort. d. Med., 1897.

[3] *v. Behring*, Deut. med. Woch., 1893.

[4] $DTN^1\ M^{250}$ signifies: D, Diphtheria; TN^1, Normal Toxin solution; M^{250}, Meerschweinchen or guinea-pig weighing 250 grams.

[5] *Ehrlich, Kossel* und *Wassermann*, Deut. med. Woch., 1894.

In order, however, that any such method of standardization of antitoxin may be practically applicable, it is necessary to produce either a stable toxin or an unchangeable antitoxin. This Ehrlich achieved for antitoxin by drying antitoxic serum *in vacuo* and preserving it in the dark, at a low temperature and in the presence of anhydrous phosphoric acid. By the use of such a stable antitoxin, various toxins may be measured and other antitoxic sera estimated against these.

Given thus a constant antitoxin, the standardization of toxins would be a comparatively simple matter were the poison obtainable in a perfectly pure state. Unfortunately for the ease of measurement, however, this is not the case. The problem is rendered difficult by a number of complicating factors, many of which have been brought to light by Ehrlich [1] in his laborious researches into the quantitative relationship between the two reacting bodies.

As previously stated, it had been noted by Ehrlich and others that toxin solutions would deteriorate with time; that is, a toxin-bouillon which was found soon after production to contain, say, eighty toxin units in each cubic centimeter, would, after four or five months, be found to contain but forty units in the same gross quantity. It had lost, therefore, in this case, just one-half of its toxic power. In spite of this loss, however, Ehrlich found that such bouillon had retained its full original power of neutralizing antitoxin. If the reaction was purely one of chemical neutralization, there seemed to be but one explanation of this. The toxin molecule must contain two separate atom groups. One of these must possess the power of binding antitoxin and be stable; this

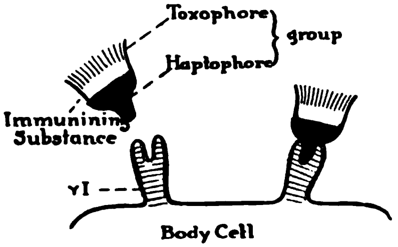

FIG. 55.—TOXIN AND BODY CELL.

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[1] *Ehrlich*, Klin. Jahrbuch, vi, 1897; Deut. med. Woch., 1898.

he designates as the "haptophore" or "anchoring" group. The other, the one by which the toxin molecule exerts its deleterious action, must be more easily changed or destroyed; this he calls the "toxophore" or "poison" group. In the altered toxin-bouillon in which a part of the poisonous action has been lost while the antitoxin-neutralizing power is intact, the toxophore group of some of the toxin must have been changed or destroyed. Such altered toxin he speaks of as "toxoid."

In support of this hypothesis and for the purpose of perfecting the methods of standardization, Ehrlich was led to determine, for a large variety of specimens of diphtheria toxin, the precise quantity, in cubic centimeters, which was necessary to neutralize exactly one unit of his standard antitoxin. This he accomplished by making a series of toxin-antitoxin mixtures, in each of which the quantity of antitoxin was exactly one unit, while the amount of toxin was gradually increased. These mixtures were injected into guinea-pigs of 250 grams weight. It is self-evident that in such an experiment the mixtures containing the smaller quantities of toxin would have no effect upon the guinea-pigs. Soon, however, a mixture would be reached in which toxin would be sufficiently in excess of antitoxin to produce the symptoms of slight poisoning, as evidenced in local edema, rise of temperature, etc. The largest quantity of toxin which could be added without producing such symptoms was then regarded as exactly neutralizing one antitoxin unit. This quantity of toxin Ehrlich speaks of as "Limes zero" (Limes = threshold) or, briefly, "L_0."

For instance:

One antitoxin unit	+	0.6 c.c. toxin	....	No symptoms of poisoning.
" " "		0.8 c.c.	....	" " " "
" " "		0.9 c.c.	....	" " " "
" " "		1. c.c.	....	" " " "
" " "		1.1 c.c.	....	Local edema. Paralysis in 30 days.
" " "		1.2 c.c.	....	Death in 10 days.

In this example, L_0, therefore, equals 1 c.c.

It is obvious, however, that because of the great difficulty in estimating the very slightest evidences of toxic action in guinea-pigs, a more exact method of standardizing the poisons against antitoxin would be to determine how much toxin would be required to neutralize one antitoxin unit and still be sufficiently in excess to cause the death of a guinea-pig of 250 grams in four to five days. This would then correspond to the action of one toxin unit, unmixed with antitoxin. *A priori* it would seem that this value (expressed by Ehrlich as "Limes death" or "L_+) must simply be L_0 plus one toxin unit. This, however, was found not to be the case. Thus, in the example given, in which T (the toxin unit—the quantity of the bouillon killing a guinea-pig of 250 grams in four to five days) was equal to 0.01c.c., L_0 (the quantity of toxin completely neutralizing one antitoxin unit) was found to be 1 c.c. or 100 T. In this same poison, however, L_+ (the quantity of toxin necessary both to neutralize one antitoxin unit and yet to be sufficiently in excess of neutralization to kill a guinea-pig of 250 grams in four or five days) was not found to be merely L_0 + 1 T; but on actual experiment proved to be L_0 + 101 T.

Expressed graphically, the conditions may be stated as follows:

T = .01 c.c. of the toxin bouillon.
L_+ (neutral. of 1 antitox. unit yet killing 1 pig) = 2.01 c.c. or 201 T.
L_0 (complete neutral. of 1 antitox. unit) = 1. c.c. or 100 T.

Difference = 1.01 c.c. or 101 T.

Ehrlich, at first, endeavored to explain this surprising phenomenon on the basis of toxoids. He argued that the toxoids formed by deterioration of toxin might be conceived as possessing three different degrees of affinity for antitoxin. If their affinity for antitoxin were equal to, or more marked than, that of the toxin itself, they could have no influence upon the dose L_+. If, however, their affinity for antitoxin were weaker than that of toxin, each fresh toxin unit added to the dose L_0 would, first uniting with antitoxin, replace a corresponding quantity of these nontoxic substances of weaker affinity, and L_+ would be reached only after all of these "epitoxoids," as Ehrlich called them, had been replaced, and toxin became free in the mixture.

Thus, in analyzing our example, we have:

100 tox.-antitox. + 100 epitox.-antitox. = L_0 ;
add 1 T, and we have 101 tox.-antitox. + 99 epitoxoid-antitoxin + 1 epitoxoid free;
add 101 T and we have 200 toxin-antitoxin + 100 epitoxoid free + 1 T free L_+.

Two facts, however, led Ehrlich to abandon the opinion that epitoxoid was merely a variety of toxoid. He found, in the first place, that the stated relations between L_0 and L_+ were true for perfectly, fresh toxin-bouillon in which little or no deterioration had taken place. He observed, furthermore, that in old, altered toxin bouillon, while T was very much affected, the quantity needed to kill a pig constantly increasing, and the number of actual fatal doses in L_0 constantly decreasing (by reason of toxoid formation), L_+ remained practically unchanged.

Simply stated, this means that the epitoxoids or substances which have weaker affinity for antitoxin than toxin itself are already present in fresh bouillon and are not increased with time. For this reason, Ehrlich has separated these substances from toxoids. He calls them "toxon" and believes them to be, like toxin, primary secretory products of the diphtheria bacilli. The toxoids themselves, Ehrlich believes, are of two kinds, those with a stronger affinity for antitoxin than toxin itself (protoxoids), and those whose affinity for antitoxin is equal to that of toxin. These latter he calls "syntoxoids."

The toxon (epitoxoid originally), as Ehrlich believes, has a haptophore or "binding" group similar to that of toxin, but a different toxophore or "poisoning" group. Qualitatively it has been shown to differ from toxin in that, lacking the power to produce acute symptoms, it causes gradual emaciation and paresis in animals.

That this difference in the poisonous action of toxin and toxon is not merely a quantitative difference, referable to small quantities of toxin, was proved by Dreyer and Madsen,[1] who showed that if they made a toxin-antitoxin mixture in which after injection the only evidence of incomplete neutralization lay in the emaciation and final paralysis of the test animals, the quantity of such a mixture could be increased five- and tenfold, without producing the true toxin symptoms in animals. These authors, too, claim to have been able to immunize against toxin with such mixtures, thereby proving the identity of the haptophore groups of the two substances. The importance of this observation will become more evident in connection with the section on the "side-chain theory."

METHOD OF PARTIAL ABSORPTION OF TOXIN.—Ehrlich[2] has gathered more exact data in support of his views from what he terms the "Method of Partial Absorption" of toxin by antitoxin.

In order to understand this method clearly, it is necessary to remember that Ehrlich[3] believes the union of toxin with antitoxin to take place according to the chemical laws of valency. Just as in H_2O oxygen has an atomic valency of 2 for hydrogen, so, in the fully neutralized toxin-antitoxin compound, he believes antitoxin to have a valency of 200 for toxin. It would require, according to this, 200 T or toxin molecules to satisfy the affinities of one antitoxin molecule.[1]

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[1] *Dreyer* und *Madsen*, Zeit. f. Hyg., xxxvii, 1901.
[2] *Ehrlich*, "Gesammelte Arbeiten zur Immunitätsforsch.," Berlin, 1904.
[3] *Ehrlich*, Deut. med. Woch., 1898.

This belief is based upon the following consideration: In determining the L_0 dose, or fully neutralized toxin-antitoxin union, Ehrlich, as well as Madsen, found that the number of T units contained in such a dose was almost regularly a multiple of one hundred, recurring again and again as 25, 33, 50, 75, etc. This pointed to more or less regularity in the deterioration of toxin into toxoid, and to a more or less regular relation of toxin to toxon. Now, as we have seen before, if we could procure a perfectly pure toxin, the L_0 dose plus one toxin unit would give us the L_+ dose; that is, one toxin unit in excess of full neutralization would suffice to kill a guinea-pig of 250 grams in four to five days. Since a perfectly pure toxin, however, has not been obtainable up to the present time, it is clear that the number of pure toxin bonds contained in L_+ must be less than the actual number of neutralizing units in the combination, a part of the antitoxin being bound by toxon and toxoid. The actual values obtained for the number of T units in L_+ has never exceeded 200, and has usually been more than 100, the highest value ascertained by Madsen being 160. Given, therefore, a combining value which, being a multiple of one hundred, is often more than one hundred, but in an obviously impure state has never reached 200, it is most likely that 200 represents the actual value sought for.

Assuming, therefore, upon the foregoing considerations, that the valency of antitoxin for toxin is 200, Ehrlich carries out his experiments in the following way:

Given a toxin, the unit (T) of which is 0.024 c.c., he first determines the L_+ dose which, tested against the standard antitoxin unit, in this case is 2.05 c.c. But 2.05 c.c. = 85 T. (or 2.05 ÷ .024) units. By mixing the L_+ dose of toxin and antitoxin in such a way that the quantity of antitoxin is gradually increased, while the toxin remains always L_+, and determining upon animals the amount of free toxin contained in each mixture, the following table may be constructed:[2]

0	antitox.	unit	representing	0	valencies	$+L_+ =$	85	free	T units.
.1	"	"	"	20	"	$+L_+ =$	85	"	" "
.25	"	"	"	50	"	$+L_+ =$	60	"	" "
.8	"	"	"	160	"	$+L_+ =$	10	"	" "
.9	"	"	"	180	"	$+L_+ =$	3.5	"	" "

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[1] *Ehrlich*, "Schlussbetrachtungen," Nothnagel's System.

[2] Example taken from *Ehrlich*, Deut. med. Woch., 1898.

It is plain that the substances with the strongest affinity for antitoxin must be bound first by the antitoxin. This does not diminish the toxic value of the mixture; and these are the protoxoids. Next are bound syntoxoids and toxins, and, finally, the toxons. It is plain that, by this method, the constitution of any given toxin may be ascertained, and Ehrlich has constructed, on the basis of these observations, what he terms his toxin spectrum. Minor differences of toxicity and affinity for the antibody have caused him, by the partial saturation method described, still further to divide toxin into proto-, deutero-, and trito-toxin.

His spectra graphically describe the constitution of any given toxic bouillon and trace its deterioration as follows:

Fig. 1.

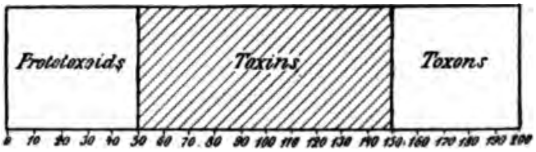


Fig. 2.

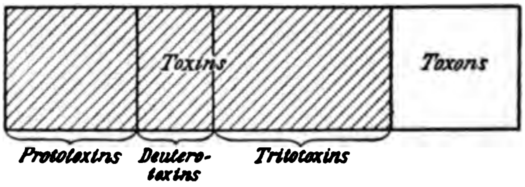
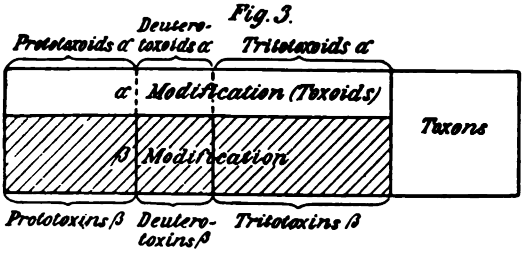


Fig. 3.



Ehrlich's opinion as to the constitution of toxin is by no means fully accepted. Arrhenius,[1] the great physical chemist, and Madsen, a bacteriologist who was once a pupil of Ehrlich, have recently opposed Ehrlich's theory on grounds of physical chemistry.

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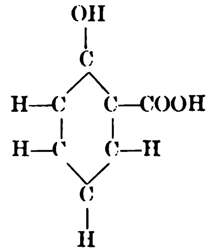
[1] *Arrhenius* und *Madsen*, Zeit. f. physik. Chem., 1902; Festschrift, Kopenhagen, 1902.

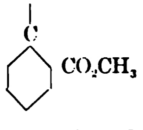
Modern theories of solution maintain that substances in solution are broken up into their atoms or atom-groups, known as ions. Thus, NaCl in solution would be "dissociated" into its Na ion and its Cl ion, the completeness of the dissociation depending upon the concentration of the solution. A solution of NaCl, therefore, contains, according to this view, three substances, NaCl undissociated and free ions of Na and Cl, the relative quantities of the three present in any given solution being calculable, and depend upon a law known as the law of mass-action of Guldberg and Waage. These free ions are the elements, therefore, which are active in the formation of further chemical combination. When a strong acid, in solution, acts upon a base, say HCl upon ammonia (NH_3), strong acid having the property of quite complete dissociation in relatively concentrated solutions, little or no ammonia would remain unbound. A weak acid, like boric acid, however, not being as completely dissociated, would leave some ammonia uncombined even after more than quantitatively sufficient boric acid had been added. Arrhenius and Madsen, on the basis of careful researches into the reaction between tetanolysin and its antibody, believe that toxin and antitoxin possess weak chemical avidity for each other, their interaction being comparable to that taking place between a weak acid and a base. Toxin-antitoxin solutions, therefore, would contain the neutral compound, but at the same time uncombined toxin and antitoxin. The qualities which Ehrlich ascribes to toxon, they believe, are due to the unbound toxin present in such mixtures. In careful studies in which they inhibited the hemolytic action of ammonia by gradual addition of boric acid, they were able to show complete parallelism between the conditions governing this neutralization and those concerned in their tetanus experiments. Their explanation has the advantage of extreme simplicity over that of Ehrlich, but since the differences of opinion are now the subject of active experimental controversy, a critical discussion must rest until further facts are revealed.

The Side-Chain Theory.—We have seen that the extensive researches of Ehrlich into the nature of the toxin-antitoxin reaction led him to believe that the two bodies underwent chemical union, forming a neutral compound. The strictly specific character of such reactions, furthermore, diphtheria antitoxin binding only diphtheria toxin, tetanus antitoxin only tetanus toxin, etc., led him to assume that the chemical affinity between each antibody and its respective antigen depended upon definite atom groups contained in each.

Ehrlich [1] had, in 1885, published a treatise in which he discussed the manner of cell-nutrition and advanced the opinion that in order to nourish a cell, the nutritive substance must enter directly into chemical combination with some elements of the cell protoplasm. The great number and variety of chemical substances which act as nutriment led him to believe that the highly complex protoplasmic molecules of cells were made up of a central atom-group (Leistungs-Kern) upon which depended the specialized activities of the cell, and a multiplicity of side chains (a term borrowed from the chemistry of the benzol group), by means of which the cell entered into chemical relation with food and other substances brought to it by the circulation. If we illustrate graphically by the chemical conception from which the term side chain was borrowed, in salicylic acid, the formula given, the



benzol ring represents the "Leistungs-Kern," or radicle, while COOH and OH are side chains by means of which a variety of other substances may be brought into relation with the "radicle," for instance, as in methyl salicylate.



Just as nutritious substances are thus brought into workable relation with the cell by means of the atom-groups corresponding to side chains, so Ehrlich believes toxins exert their deleterious action only because the cells possess side chains by means of which the toxin can be chemically bound. These side chains, Ehrlich in his later work calls "receptors." The receptors or side chains present in the cells and possessing by chance specific affinity for a given toxin, are, by their union with toxin, rendered useless for their normal physiological function. By the normal reparative mechanism of the body these receptors are probably cast off and regenerated. Regenerative processes of the body, however, do not, as a rule, stop at simple replacement of lost elements, but, according to the hypothesis of Weigert,[1] usually tend to overcompensation. The receptors eliminated by toxin absorption are not, therefore, simply reproduced in the same quantity in which they are lost, but are reproduced in excess of the simple physiological needs of the cell. Continuous and increasing dosage with the poison, consequently, soon leads to such excessive production of the particular receptive atom-groups that the cells involved in the process become overstocked and cast them off to circulate freely in the blood. These freely circulating receptors—atom-groups with specific affinity for the toxins used in their production—represent the antitoxins. These, by uniting with the poison before it can reach the sensitive cells, prevent its deleterious action. (Fig. 56.)

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[1] *Ehrlich*, "Das Sauerstoffbedürfniss des Organismus," Berlin, 1885.

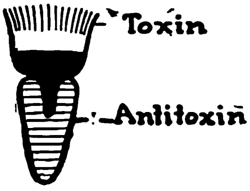

FIG. 56.—TOXIN AND ANTITOXIN.

The theory of Ehrlich, in brief, then, depends upon the assumptions that toxin and antitoxin enter into chemical union, that each toxin possesses a specific atom-group by means of which it is bound to a preexisting side chain of the affected cell, and that these side chains, in accordance with Weigert's law, under the influence of repeated toxin stimulation, are eventually overproduced and cast off by the cell into the circulation.

It stands to reason that this theoretical conception would be vastly strengthened were it possible to show that such receptors or toxin-binding atom-groups actually pre-existed in the animal body, and such support was indeed given by the experiments of Wassermann and Takaki.[2] These observers succeeded in showing that tetanus toxin could be rendered innocuous if, before injection into animals, it was thoroughly mixed with a sufficient quantity of the fresh brain substance of guinea-pigs. Similar observations were independently made by Asakawa,[3] and variously confirmed. Kempner and Schepilewsky [1] showed a similar relation to exist between brain tissue and botulismus toxin, and Myers [2] brought proof of analogous conditions in the case of suprarenal tissue and cobra poison.

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[1] *Weigert*, Verhandl. d. Ges. Deutsch. Naturf. u. Aerzte. Frankfurt. 1896.

[2] *Wassermann* und *Takaki*, Berl. klin. Woch., 1898.

[3] *Asakawa*, Cent. f. Bakt., 1898.

In the discussion of Ehrlich's toxin analysis, we have seen that he accounted for variations in the quantitative relations by the existence of toxoids and toxons. He explained the striking fact that toxoids had lost their poisonous nature and yet retained full powers to neutralize antitoxin by the assumption that toxin was made up of two separate atom-groups; one, the haptophore group which possessed the specific affinity for the antitoxin or cell receptor; the other, the toxophore group by means of which the actually harmful effects were produced. The haptophore groups of all three of these substances, toxin, toxoid, and toxon, by virtue of their antitoxin-binding power, he assumed to be alike; in toxoid, the toxophore group has been destroyed or altered; in toxon, the toxophore group is qualitatively different from that of toxin. The haptophore group, however, being alone concerned in neutralizing receptors, all three of these substances should, if Ehrlich's theory is to be tenable, produce antitoxin. Dreyer and Madsen,[3] accordingly, actually succeeded in producing diphtheria antitoxin by immunization with toxon. Attempts to produce antitoxin with toxoids have succeeded in the hands of Ehrlich and others. Such experiments have not, however, been always successful, a notable failure being that of Bruck.[4] On the basis of such negative results the theory was advanced by Wassermann that overproduction of receptors was stimulated by the irritation (Zellreiz) produced by the toxophore group—a stimulation not present in the case of toxoids.

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[1] *Kempner* und *Schepilewsky*, Zeit. f. Hyg., 1898.

[2] *Myers*, Cent. f. Bakt., i, 1899.

[3] *Dreyer* und *Madsen*, Zeit. f. Hyg., 1901.

[4] *Bruck*, Zeit. f. Hyg., 1904.

CHAPTER XIV

PRODUCTION AND TESTING OF ANTITOXINS

DIPHTHERIA ANTITOXIN

In spite of the great advances in our theoretical knowledge of antibodies, gained during the last three decades, extensive therapeutic application has been made of the antitoxins only. Pre-eminent among these from a practical point of view are the antitoxins against diphtheria and tetanus toxin. For diphtheria, careful statistical studies have demonstrated, beyond doubt, the therapeutic value of the serum treatment. Biggs and Guerard, in a general statistical review, arrived at the conclusion that the death rate of diphtheria had been reduced fifty per cent by the use of antitoxin. Approximately the same estimate is made by Dieudonné[1] who studied almost 10,000 treated cases.

Production of Diphtheria Antitoxin.—The methods for producing diphtheria antitoxin vary only in minor technical details. The first requisite for successful antitoxin production is the possession of a strong toxin. The various means of obtaining this are outlined in the section on diphtheria toxin. The toxin used should be of such potency that less than 0.01. c.c. will kill a guinea-pig of 250 grams weight in four to five days.[2]

For experimental purposes, goats or sheep may be used for immunization; for antitoxin production on a large scale, horses have been found to be the most useful animals. The horses should be young, four to six years old, vigorous, and healthy. It is advisable that they be subjected to the mallein test to exclude possible infection with glanders.

The toxin injections are made subcutaneously. Because of the differences in susceptibility noted in various horses, it is advisable that the first doses of toxin should be either very small or weakened by chemicals or heat, or combined with antitoxin. In the Pasteur Institute in Paris, the small initial dose of toxin (0.5 c.c.) is mixed before injection with an equal quantity of Lugol's solution (iodin-potassium iodid solution).

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[1] *Dieudonné*, Arb. a. d. kais. Gesundheitsamt, 1895 and 1897.

[2] *Park*, "Pathog. Bacteria and Protozoa," N. Y., 1908.

Park[1] advises an initial dose of 5,000 toxin units (about 20 c.c. of a strong toxin) combined with 100 units of antitoxin. The same amount is given with the second and third doses of toxin. The intervals between injections are from five days to a week, depending upon the time necessary for complete subsidence of the reaction (temperature). The doses of toxin are gradually increased until, at the end of two or three months, more than ten times the original dose is given (50,000 units).

Horses vary greatly in the strength of antitoxin which they will produce. At the end of three or four months in favorable animals one cubic centimeter of serum may contain 250 to 800 antitoxin units. Further immunization will often increase the antitoxin output to 1,000 and more units to the cubic centimeter of serum. Park states that none of the horses used by him has ever yielded 2,000 units to the cubic centimeter. The same writer advises a three months' period of rest from immunization at the end of every nine months. Given such resting periods, some horses have continued to furnish high-grade antitoxin for from two to four years.

In order to obtain serum from horses, a sharp cannula is introduced into the jugular vein. After leading the horse into a specially constructed stall, its head is slightly deflected and pressure is made upon the jugular vein below the point into which the needle is to be plunged. Compression can also be made by surrounding the neck of the horse close to the shoulders with a leather strap over a pad laid directly upon the vein. The vein becomes visible along the lower margin of the neck in a line running from the angle of the jaw to the edge of the scapula. The skin, of course, is previously shaved and sterilized. The cannula is then plunged into the vein, either with or without previous incision through the skin, and, through a sterile rubber tube, the blood is allowed to flow into high glass cylinders or slanted Erlenmeyer flasks. In this way, large quantities of blood may be obtained and, according to Kretz,[2] as much as six liters may be taken at a time at intervals of a month, without injuring the animal. Ligature of the vein after bleeding is unnecessary.

The cylinders and flasks are allowed to remain standing for two or three days in a cool place, preferably at or below 10° C. At the end of this time, the serum may be pipetted or siphoned away from the clot and stored in the refrigerator. In order to diminish the chances of contamination, five-tenths per cent of carbolic acid or four-tenths per cent of tri-cresol may be added.

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[1] *Park*, loc. cit., p. 212.

[2] *Kretz*, in "Handb. der Techn. u. Meth. d. Immun.," Kraus and Levaditi, vol. ii, 1908.

Antitoxin is fairly stable and if kept in a cool, dark place, may remain active, with but slight deterioration, for as long as a year. Kept in a dry state, *in vacuo*, over anhydrous phosphoric acid, by the method of Ehrlich, it retains its strength indefinitely.

Standardization.—Since antitoxin units are measured in terms of toxin, it is obvious that uniformity of measurement necessitates the possession by the various laboratories of a uniform toxin. Antitoxin being more stable than toxin, uniformity of toxin is obtained by means of a standard antitoxin distributed from a central laboratory. This was first done by Ehrlich in Germany, and is now done for the United States by the Public Health and Marine Hospital Service laboratories. Bottles of the distributed antitoxin are marked with the number of units contained in each cubic centimeter. Dilutions of this antitoxin are mixed with varying quantities of the toxin to be tested, the mixtures are allowed to stand for fifteen minutes to permit union of the two elements, and injections into guinea-pigs of 250 grams weight are made. In this way, the L_+ dose of the toxin is determined. (The L_+ dose, as we have seen in a previous section [p. 208], is the quantity of poison not only sufficient to neutralize one antitoxin unit,[1] but to contain an excess beyond this sufficient to kill a guinea-pig of 250 grams in four to five days. L_+ is chosen rather than L_0, the simple neutralizing dose, because of the difference between toxins in their contents of toxoid and toxon.[2])

The L_+ dose of the toxin having thus been determined, this quantity is mixed with varying dilutions of the unknown antitoxin.[3] Thus, given an antitoxin in which 300 to 400 units to the cubic centimeter are suspected, dilutions of 1 : 200, 1 : 250, 1 : 300, etc., are made. One cubic centimeter of each of these is mixed with the L_+ dose of the toxin, and the mixtures are injected into guinea-pigs of about 250 grams. If the guinea-pig receiving L_+ plus the 1 : 250 dilution lives and the one receiving L_+ plus the 1 : 300 dilution dies in the given time, we know that the unit sought must lie between these two values, and further similar experiments will easily limit it more exactly. The possibility of error in measurement is much diminished by the use of larger quantities of dilutions higher than those given. Four c.c. is the volume usually injected.

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[1] A unit of diphtheria antitoxin is a quantity of antitoxin sufficient to protect a guinea-pig of 250 grams against 100 times the fatal dose of diphtheria toxin.

[2] *Madsen*, in Kraus u. Levaditi, "Handbuch," etc., 1907.

[3] *Dönitz*, "Die Werthbem. der Heilsera," in Kolle u. Wassermann, "Handbuch," etc.

Since 1902, the production and sale of diphtheria antitoxin has been regulated by law in the United States. From time to time, antitoxin is bought in the open market and examined at the hygienic laboratories of the United States Public Health and Marine Hospital Service. Antitoxic serum which contains less than two hundred units to each cubic centimeter is not permitted upon the market.

In a previous section we have seen that Hiss and Atkinson[1] and others have shown an increase in the globulin contents of blood serum of immunized animals. It has been shown, furthermore, that the precipitation of such serum with ammonium sulphate carried down in the globulin precipitate all the antitoxic substances contained in the serum. Upon a basis of globulin precipitation, Gibson[2] has recently perfected a method of concentrating and purifying diphtheria antitoxin for therapeutic use. This procedure, as carried out at the New York Department of Health, is, in principle, as follows:

The serum, as taken from the horse, is heated to 56° C. for twelve hours. This converts about half of the pseudoglobulin into euglobulin, the antitoxin remaining in the pseudoglobulin fraction.[3] It is then[4] precipitated with an equal volume of a saturated ammonium sulphate solution. After two hours, the precipitate is caught in a filter and redissolved in a quantity of water corresponding to the original quantity of serum. After filtration, this solution is again precipitated with saturated ammonium sulphate solution and the precipitate again filtered off. The precipitate is then treated with a saturated solution of sodium chloride of double the volume of the original serum. This is allowed to stand for about twelve hours. At the end of this time the antitoxin-containing globulin is in solution and is pipetted away from the precipitate and filtered. This salt-solution extract is then precipitated with twenty-five hundredths per cent acetic acid. The resulting precipitate of globulin is thoroughly dried by pressure between filter papers and placed in a parchment dialyzer. Dialysis with running water is continued for seven to eight days, after neutralization with sodium carbonate, in order to remove the sodium chloride. At the end of this time, the globulin solution remaining in the dialyzer is filtered through a Berkefeld candle for the purpose of sterilization, after the addition of 0.8 per cent sodium chlorid. According to Gibson, this method produces a yield of antitoxin which equals about four-fifths of the original quantity but is concentrated five- to seven-fold. The method has more recently been modified as follows:

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[1] *Hiss* and *Atkinson*, Jour. Exper. Med., v, 1900.

[2] *Gibson*, Jour. of Biol. Chem., i, 1906.

[3] *Dr. Banzhaf*, personal communication.

[4] *Gibson* and *Collins*, Jour. of Biol. Chem., iii, 1907.

After heating to 56° C., as above, and cooling, ammonium sulphate is added to the serum to thirty per cent saturation. This brings down all the euglobulins. This is then filtered and the filtrate, which contains the pseudoglobulins with the antitoxin, is again precipitated with ammonium sulphate in a concentration of fifty-four per cent of saturation. The precipitate is then separated on a paper, pressed to dryness, and directly dialyzed.[1]

Park and Thorne[2] have found that the use of such concentrated antitoxin is, therapeutically, equally efficient as the unconcentrated, and possesses the advantage of less frequently giving rise to the secondary reactions in skin and mucous membranes occasionally noticed after the use of ordinary antitoxin, and referable, probably, to some other constituent of the horse serum.

Diphtheria antitoxin is therapeutically used in doses ranging from 3,000 to 20,000 units. For prophylactic immunization of healthy individuals, about 500 units should be used.

TETANUS ANTITOXIN

Production of Tetanus Antitoxin.—The production of tetanus antitoxin is, in every way, analogous to that of diphtheria antitoxin. It is necessary in the first place to produce a powerful tetanus toxin. The methods of procuring this will be discussed in the section upon tetanus toxin, page 458. Suffice it to say here that the most satisfactory method of obtaining toxins consists in cultivating the bacilli upon veal broth containing five-tenths per cent to two per cent sodium chlorid and one per cent pepton. It has been advised, also, that the broth should be neutralized by means of magnesium carbonate rather than with sodium hydrate. The bacilli are cultivated for eight to ten days at incubator temperature and the broth filtered rapidly through Berkefeld filters. The toxin may be preserved in the liquid form with the addition of five-tenths per cent carbolic acid, or may be preserved in the dry state after precipitation with ammonium sulphate.

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[1] *Dr. Banzhaf*, personal communication.

[2] *Park* and *Throne*, Amer. Jour. Med. Sci., Nov., 1906.

It is necessary to determine the strength of the poison. This is done according to Behring[1] by determining the smallest amount of toxin which will kill a white mouse of twenty grams weight within four days. This is most easily done by making dilutions of the toxin ranging from 1 : 100 to 1 : 1,000, and then injecting quantities of 0.1 c.c. of each of these dilutions subcutaneously into white mice. In this way, the minimal lethal dose is ascertained.

For the actual production of antitoxin, horses have been generally found to be the most favorable animals. The horses should be healthy and from five to seven years old. The first injection of toxin administered to these animals should be attenuated in some way. Various methods for accomplishing this have been in use. In America, the first injection of about ten to twenty thousand minimal lethal doses[2] (for mice of twenty grams weight) is usually made subcutaneously together with sufficient antitoxin to neutralize this quantity. In Germany, v. Behring uses, for his first injection, a much larger dose of toxin to which about 0.25 per cent of terchlorid of iodin has been added. Immediately after an injection, the animals will usually show a reaction expressed by a rise of temperature, refusal of food, and sometimes muscular twitching. A second injection should never be given until all such symptoms have completely subsided. This being the case, after five to eight days double the original dose is given together with a neutralizing amount of antitoxin or with the addition of terchlorid of iodin. Again after five to eight days, a larger dose is given and thereafter, at similar intervals, the quantity of toxin is rapidly increased. In America the neutralizing antitoxin is omitted after the third or fourth injection; in v. Behring's laboratory the quantity of terchlorid of iodin is gradually diminished. The increase of dosage is often controlled by the determination of the antitoxin contents of the animal's blood serum. The immunization is increased until enormous doses (500 c.c.) of a toxin in which the minimal lethal dose for mice is represented by 0.0001 c.c., or less, is borne by the horse without apparent harm.

The antitoxic serum is then obtained by bleeding from the jugular vein, as in the case of diphtheria antitoxin. It may be preserved in the liquid state by the addition of five-tenths per cent of carbolic acid or four-tenths per cent of tricresol.

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[1] *v. Behring*, Zeit. f. Hyg., xii, 1892 ; Deut. med. Woch., 1900.

[2] According to Park the "horses receive 5 c.c. as the initial dose of a toxin of which 1 c.c. kills 250,000 grams of guinea-pig, and along with this a sufficient amount of antitoxin to neutralize it."

Standardization.—The universal prophylactic use of tetanus antitoxin has, as in the case of diphtheria antitoxin, necessitated its standardization. A variety of methods are in use in different parts of the world. In the following description the American method only will be considered as laid down under the law of July, 1908, and based upon the work of Rosenau and Anderson [1] at the United States Hygienic Laboratories at Washington.

In conjunction with a committee of the Society of American Bacteriologists, these authors have defined the unit of tetanus antitoxin as follows:

The unit shall be ten times the least amount of serum necessary to save the life of a 350 gram guinea-pig for ninety-six hours against the official test dose of standard toxin. The test dose consists of 100 minimal lethal doses of a precipitated toxin preserved under special conditions at the hygienic laboratory of the Public Health and Marine Hospital Service. (The minimal lethal dose is in this case, unlike Behring's minimal lethal dose, measured not against 20 gram mice, but against 350 gram guinea-pigs.)

In the actual standardization of tetanus antitoxin, as in that of diphtheria antitoxin, the L_+ dose of toxin is employed. The L_+ dose is, however, in this case, defined as the smallest quantity of tetanus toxin that will neutralize one-tenth of an immunity unit, plus a quantity of toxin sufficient to kill a 350 gram guinea-pig in just four days. At the Hygienic Laboratory at Washington, a standard toxin and antitoxin are preserved under special conditions, and standard toxin and antitoxin, arbitrary in their first establishment, are kept constant by being measured against each other from time to time. In measuring the antitoxic serum thus preserved, at the Hygienic Laboratory, a mixture of one-tenth of a unit of antitoxin and 100 minimal lethal doses of the standard toxin must contain just enough free poison to kill the guinea-pig in four days. This L_+ dose of the standard toxin is given out to those interested commercially or otherwise in the production of antitoxin.

In measuring an unknown antitoxic serum against this L_+ dose of toxin, a large number of mixtures are made, each containing the L_+ dose of the toxin and varying quantities of the antitoxin. Dilutions must always be made with 0.85 per cent salt solution and the total quantity injected into the animals should always be brought up to

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[1] *Rosenau* and *Anderson*, Pub. Health and Mar. Hosp. Serv. U. S., Hyg. Lab. Bull. 43, 1908.

4 c.c. with salt solution in order to equalize the conditions of concentration and pressure. The mixtures are then kept for one hour at room temperature in diffused light. After this they are subcutaneously injected into a series of guinea-pigs weighing from 300 to 400 grams. The following example of a test is taken from the article by Rosenau and Anderson quoted above.

No. of Guinea-pig.	Weight of Guinea-pig (Grams.)	SUBCUTANEOUS INJECTION OF A MIXTURE OF		Time of Death.
		Toxin (Test Dose).	Antitoxin.	
		Gram.	c.c.	
1	360	0.0006	0.001	2 days 4 hours
2	350	.0006	.0015	4 days 1 hour
3	350	.0006	.002	Symptoms
4	360	.0006	.0025	Slight symptoms
5	350	.0006	.003	No symptoms

In this series the guinea-pig, receiving 0.0015 c.c. of the antitoxin, died in approximately four days; 0.0015 c.c. therefore represents one-tenth of an immunity unit.

In therapeutically employing antitoxin for prophylactic purposes, about 1,500 units should be employed.

CHAPTER XV

LYSINS, AGGLUTININS, PRECIPITINS, AND OTHER ANTIBODIES

LYSINS

IN the immediately preceding sections, we have dealt solely with immunity as it occurs where soluble toxins play an important part and in which antitoxins are developed in the immunized subject. There are many species of pathogenic bacteria, however, which stimulate the production of little or no antitoxic substance when introduced into animals, and the resistance of the immunized animal can not, therefore, be explained by the presence of antitoxin in the blood.

v. Fodor,[1] Nuttall,[2] Buchner,[3] and others had in 1886 and the years following carried on investigations which showed that normal blood serum possessed the power of killing certain of the pathogenic bacteria. Nuttall, working under the direction of Flügge, made the important discovery that this bactericidal power became gradually diminished with time, and could be experimentally destroyed by exposure of the serum to a temperature of 56° C. for one-half hour. Buchner, who confirmed and extended the observations of Nuttall, called this thermolabile substance upon which the bactericidal character of the serum seemed to depend "alexin."

Our knowledge of the bactericidal action of serum was, soon thereafter, extensively increased by the discovery, by Pfeiffer and Isaeff,[4] that cholera spirilla injected into the peritoneal cavity of a cholera-immune guinea-pig were promptly killed and almost completely dissolved. The same phenomenon could be observed when the spirilla, mixed with fresh immune serum, were injected into the peritoneum of a normal guinea-pig.

The processes observed by Pfeiffer as taking place intraperitoneally were soon shown by Metchnikoff,[5] Bordet,[6] and others to take place, though to a lesser extent, *in vitro*. Bordet, furthermore, observed that the bacteriolytic digestive power of such immune serum, when destroyed by heating, or after being attenuated by time, could be restored by the addition to it of small quantities of normal blood serum. It could, in other words, be "reactivated" by normal serum. From this observation Bordet drew the conclusion that the bactericidal or bacteriolytic action of the serum depended upon two distinct substances. The one present in normal serum and thermolabile, he conceived to be identical with Buchner's alexin. The other, more stable, produced or at least increased in the serum by the process of immunization, he called the "sensitizing substance." This substance, he believed, acting upon the bacterial cells, rendered them vulnerable to the action of the alexin. Without the previous preparatory action of the "sensitizing substance" the alexin was unable to act. Without the co-operation of alexin, the "sensitizing substance" produced no visible effects.

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[1] *v. Fodor*, Deut. med. Woch., 1886.

[2] *Nuttall*, Zeit. f. Hyg., 1886.

[3] *Buchner*, Cent. f. Bakt., 1889.

[4] *Pfeiffer* und *Isaeff*, Zeit. f. Hyg., 1894.

[5] *Metchnikoff*, Ann. de l'inst. Pasteur, 1895.

[6] *Bordet*, ibid., 1895.

Bordet's interpretation of the phenomenon of lysis differs essentially from that of Ehrlich, in that both active serum components are conceived by him, though independent, to act directly upon the bacterial cell. A few years later, Bordet was able to show that exactly analogous conditions governed the phenomenon known as "hemolysis" or disintegration of red blood cells.

It had been known for many years that in the transfusion of blood from an animal of one species into an animal of another species, injury was done to the red corpuscles which were introduced. Observed in the test tube, the red cells in the heterologous serum were seen to give up their hemoglobin in the fluid, the mixture taking on the red transparency characteristic of what is known as "laked" blood. Buchner,[1] in his alexin studies, had shown that the blood-cell destroying action of the normal serum was subject to the same laws as the bactericidal power of similar serum, in that it was destroyed by heating, and he assumed that both the bacteriolytic and the hemolytic action of normal serum were due to the same "alexin." Metchnikoff,[2] moreover, had pointed out the striking analogy between the two phenomena as early as 1889.

Bordet[3] now observed that the blood serum of guinea-pigs previously treated with the defibrinated blood of rabbits developed marked powers of dissolving rabbits' corpuscles, and that this hemolytic action could be destroyed by heating to 56° C., but "reactivated" by the addition of fresh normal serum. He had thus produced an immune hemolysin, just as Pfeiffer had produced immune bacteriolysin, and had demonstrated the complete parallelism which existed between the two phenomena.

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[1] *Buchner*, Arch. f. Hyg., xvii, 1893; *Warembery*, Arch. d. méd. exper., 1891.

[2] *Metchnikoff*, Ann. de l'inst. Pasteur, 1889.

[3] *Bordet*, Ann. de l'inst. Pasteur, t. xii, 1898.

A practical test-tube method was thus given for the investigation of the lysins, just as a practical test-tube method for antitoxin researches had been developed by Ehrlich in his ricin-antiricin experiments.

The path of investigation thus pointed out by Bordet was soon explored in greater detail by Ehrlich and Morgenroth.[1] The reasoning which Ehrlich had applied in explaining the production of antitoxins was thought, by these observers, to be equally applicable to the phenomena of bacteriolysis and hemolysis.

Since the thermolabile substance or alexin, renamed by Ehrlich "complement," was already present in normal serum and had been shown to be little, if at all, increased during the process of immunization, this substance could have but little relation to the changes taking place in the animal body as immunity was acquired. The more stable serum-component, however, the "substance sensibilisatrice" of Bordet, or, as Ehrlich now called it, the "immune body," was the one which seemed specifically called forth by the process of active immunization. Ehrlich argued, therefore, that when bacteria or blood cells were injected into the animal, certain atom-groups or chemical components of the injected substances were united to other atom-groups or "side chains" of the protoplasm of the tissue cells. These "side chains" or receptors, then reproduced in excess and finally thrown free into the circulation, constituted the "immune body." The immune body, therefore, he concluded, must possess atom complexes which endow it with specific chemical affinity for the bacteria or red blood cells used in its production. This contention was supported by Ehrlich and Morgenroth by an ingenious series of experiments.

Having in their possession, at that time, the blood serum of a goat immunized against the red blood cells of a sheep, they inactivated it (destroyed the complement or alexin) by heating to 56° C. The serum then contained only the "substance sensibilisatrice" or immune body. To this inactivated serum they added sheep's red corpuscles, without obtaining hemolysis. Having left the inactive serum and the sheep's corpuscles in contact with each other for some time, they separated them by centrifugalization. To the supernatant fluid, they now added sheep-blood corpuscles and normal goat serum (complement) and found that *no* hemolysis took place. The immune body had apparently gone out of the serum. The red cells which had been in contact with the serum and separated by the centrifuge were then washed in salt solution and to them complement was added in the form of fresh normal serum. Hemolysis occurred. It was plain, therefore, that the immune body of the inactivated serum had gone out of solution and had become attached to the red blood cells, or, as Ehrlich expressed it, the immune body by means of its "haptophore" atom-group had become united to the corpuscles. In contrast to this, if normal goat serum (containing complement only) was added to sheep corpuscles and separated again by centrifugalization, the supernatant fluid was found to be still capable of reactivating inactivated serum (immune body). This he interpreted as proving that the complement was *not* bound to the corpuscles directly.

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[1] *Ehrlich* und *Morgenroth*, Berl. klin. Woch., I. 1899.

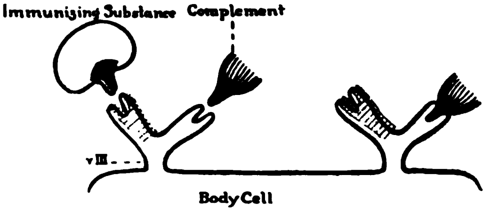

FIG. 57.—EHRLICH'S CONCEPTION OF CELL-RECEPTORS, GIVING RISE TO LYTIC IMMUNE BODIES (HAPTINES OF THE THIRD ORDER).

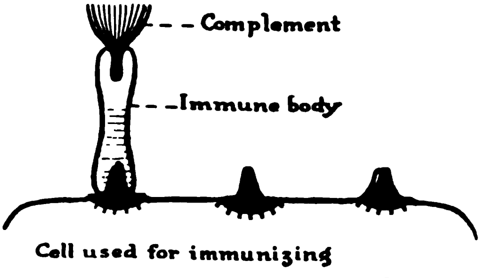

FIG. 58.—COMPLEMENT, AMBOCEPTOR OR IMMUNE BODY, AND ANTIGEN OR IMMUNIZING SUBSTANCE.

If the three factors concerned—corpuscles, immune body, and complement—were mixed and the mixture kept at 0° C., no hemolysis occurred; yet, centrifugalized at this temperature, immune body was found to have become bound to the corpuscles, the complement remaining free in the supernatant fluid. If the same mixture, however, was exposed to 37° C., hemolysis promptly occurred.

From these facts, Ehrlich concluded that complement did not directly combine with the corpuscles, but did so through the intervention of the immune body. This immune body, he reasoned, possessed two distinct atom-groups or haptophores; one, the cytophile haptophore group, possessing strong chemical affinity for the red blood cell; the other, or complementophile haptophore group, with weaker avidity for the complement. Because of this double combining power, Ehrlich speaks of the immune body as "amboceptor." His views as to the nature and action of immune body and complement are graphically represented in Figs. 57 and 58 (p. 227).

From what has been said before, it will be seen that the fundamental difference between the conceptions of the mechanism of the lytic processes as held by Bordet and by Ehrlich lies in the ability of the alexin or complement to act directly upon the antigen, as claimed by Bordet, or, as Ehrlich holds, only through the intermediation of the immune body. Bordet's views,[1] by no means disproved and still held by many bacteriologists, may be summed up in his own words as follows: "Neither immune body nor antigen (bacterium, blood cell, etc.) alone has any manifest affinity for alexin (complement); but, united, they form a complex which can absorb alexin." The absorption of complement is thus conceived as a property of the immune body or amboceptor (or, in Bordet's language, sensitizer) plus its specific antigen—acting as a complex and not through a complementophile group of the immune body.

AGGLUTININS

Although Metchnikoff[2] and Charrin and Roger[3] had noticed peculiarities in the growth of bacteria when cultivated in immune sera, which were unquestionably due to agglutination, the first recognition of the agglutination reaction as a separate function of immune sera was the achievement of Gruber and Durham. While investigating the Pfeiffer reaction with B. coli and the cholera vibrio, Gruber and Durham[4] noticed that if the respective immune sera were added to bouillon cultures of these two species, the cultures would lose their turbidity and flake-like clumps would sink to the bottom of the tube, the supernatant fluid becoming clear. Gruber, at the same time, called attention to the fact that immune sera would affect in this way not only the microorganism used in their production, but, to a less energetic extent, other closely related bacteria as well.

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[1] *Bordet*, A Résumé of Immunity in "Studies in Immunity." Transl. by Gay, Wiley & Son, 1909.

[2] *Metchnikoff*, "Études sur l'immunité," IV Memoir, 1891.

[3] *Charrin* et *Roger*, Compt. rend. de la soc. de biol., 1889.

[4] *Gruber* und *Durham*, Münch. med. Woch., 1896.

Widal, very soon after Gruber and Durham's announcement, applied the agglutination reaction to the practical diagnosis of typhoid fever, finding that the serum of patients afflicted with this disease showed agglutinating power over the typhoid bacillus at early stages in the course of the fever. The reaction, thus practically applied to clinical diagnosis, was soon shown to be of great importance in its bearing on bacteriological species differentiation. Since animals immunized against a definite species of bacteria acquire in their sera specific agglutinating powers for these bacteria and at best only slight agglutinating powers for other species, immune sera can be used extensively in differentiating between bacterial varieties.

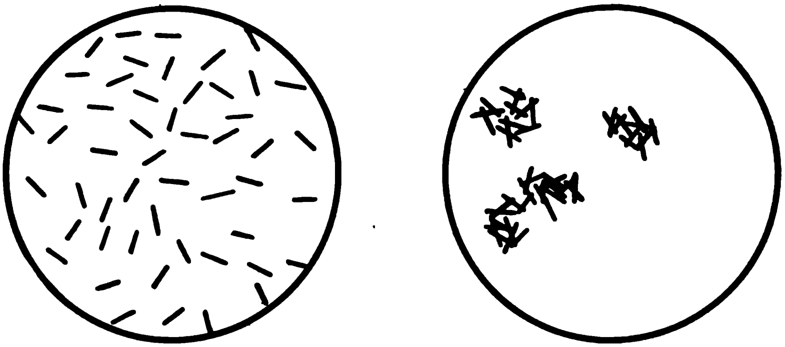

FIG. 59.—MICROSCOPIC AGGLUTINATION REACTION.

Agglutination may be observed microscopically or macroscopically. Bacteria brought into contact with agglutinating serum in the hanging drop rapidly lose their motility, if motile, as in the case of typhoid bacilli, and gather together in small clumps or masses. The microscopic picture is striking and easily recognized and the reaction takes place with varying speed and completeness, according to the strength of the agglutinating serum.

As the reaction approaches completeness, the clumps grow larger, individual microorganisms become more and more scarce, finally leaving the medium between clumps entirely clear. While the clumping of a motile organism suggests that motility has something to do with the coming together in clumps, it nevertheless has no relation whatever to agglutination, motile and non-motile organisms alike being subject to the reaction.

Macroscopically observed, in small test tubes or capillary tubes, agglutination evidences itself by the formation of flake-like masses which

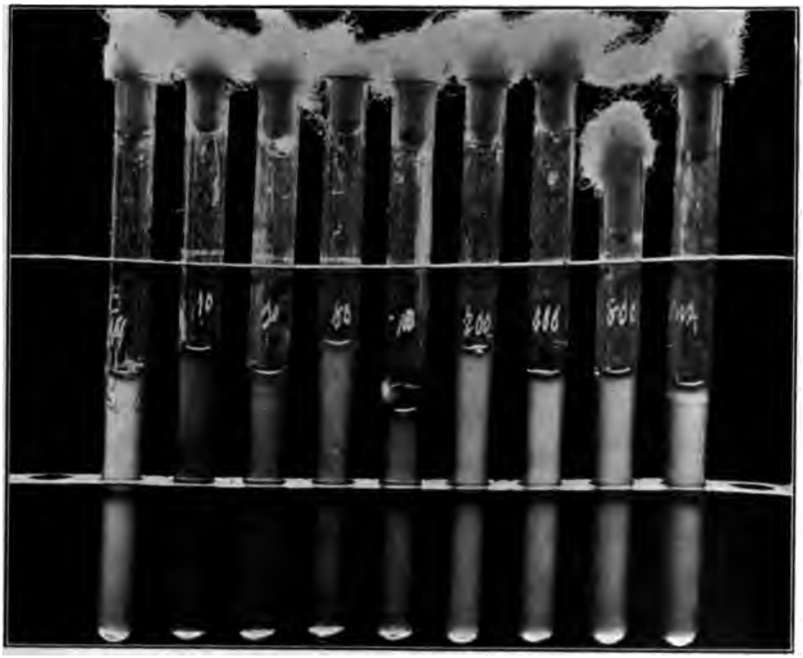

Fig. 60.—Macroscopic Agglutination. Dilutions from 1 in 10 to 1 in 1,000. The first tube contains a 1 : 20 control with the bacteria and normal serum. Agglutination complete in the tubes marked 10, 20, 50, 100.

settle into irregular heaps at the bottom, leaving the supernatant fluid clear, in distinct contrast to the even flat sediment and the clouded supernatant fluid of the control. Macroscopically, too, agglutination is evidenced when bacteria are grown in broth to which immune serum has been added. Instead of evenly clouding the broth, the microorganisms develop in clumps or chains.

Another phenomenon probably produced by agglutinins is the so-called "thread-reaction" of Pfaundler.[1] This consists in the formation of long convoluted threads of bacterial growth in the hanging drop of dilute immune serum after twenty-four hours. Very strict specificity is attributed to this reaction by Pfaundler.

Agglutinins act upon dead as well as upon living bacteria. For the microscopic tests bacterial emulsions killed by formalin were introduced by Neisser.

Ficker[2] has recently succeeded in preparing an emulsion of typhoid bacilli, which is permanent and may be kept indefinitely, and may be employed for macroscopic agglutinations.[3]

Attention has been called by various workers to a source of error in all these methods, known as pseudo-clumping.[4] The causes for such clumping not due to agglutinins seem to lie in the presence of blood cells in the serum or excessive alkalinity of the culture medium.[5]

While the microscopic methods are more suitable for clinical-diagnostic purposes, because of the smaller amounts of blood required, the macroscopic tests are far preferable for the purposes of bacterial differentiation and research. Greater exactitude of dilution is possible when dealing with larger quantities; microscopic unevenness in the bacterial emulsion does not become a source of error; and positive and negative reactions are more sharply defined.

Nature of Agglutinins.—Gruber and Durham,[6] the discoverers of agglutinins, at first advanced the opinion that the agglutinins were identical with the immune body concerned in the Pfeiffer reaction, which by injuring the bacteria rendered them susceptible to the alexins. Pfeiffer[7] and Kolle[8] soon showed, however, that by the addition of cholera vibrio to immune serum, the agglutinins could be completely absorbed, or used up, while bacteriolytic substances still remained. The same authors demonstrated that immune serum, preserved for several months, would lose its agglutinins without a corresponding loss of bacteriolytic power. It has been variously shown since then, by these and other authors, that the agglutinins and the bactericidal substances are in no way parallel in their development, and that strongly agglutinating sera may be extremely weak in bactericidal substances and *vice versa*, the relative quantity of either of these substances depending to a certain extent upon the method of immunization. Whether or not agglutinins possess any direct protective function can not at present be stated with certainty. Metchnikoff[1] assigns to them a purely secondary rôle. As a matter of fact, agglutinated bacteria[2] are not killed by the act of agglutination and are often as virulent as non-agglutinated cultures.

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[1] *Pfaundler*, Cent. f. Bakt., xxiii, 1898.

[2] *Ficker*, Berl. klin. Woch., 1903.

[3] The exact method of production of "Ficker's Diagnosticum" is a proprietary secret.

[4] *Savage*, Jour. of Path. and Bact., 1901.

[5] *Biggs* and *Park*, Amer. Jour. of Med. Sci., 1897; *Block*, Brit. Med. Jour., 1897.

[6] Loc. cit.

[7] *Pfeiffer*, Deut. med. Woch., 1896.

[8] *Pfeiffer* und *Kolle*, Cent. f. Bakt., xx, 1896.

The agglutinins, furthermore, unlike the bactericidal substances in sera, remain active after exposure to temperatures of over 55° C., some of them withstanding even 65° to 70°, and can not be reactivated by the subsequent addition of normal serum. These facts definitely preclude the participation in the reaction of the alexin or complement and have an important bearing upon Ehrlich's views of their structure[3] (see page 238).

As a result of these and a multitude of other studies, the agglutinins have come to be regarded as separate antibodies, closely related to the precipitins.

The agglutinins may be chemically precipitated out of serum together with the globulins. They do not dialyze. Bordet[4] made the observation that agglutinins do not act in the absence of NaCl. Whether the presence of the salt aids the reaction in a chemical or purely physical way, as Bordet supposed, is uncertain.

Production of Agglutinins.—Just as normal sera contain small quantities of bactericidal substances, so do they contain agglutinins in small amount. In a general way these "normal agglutinins" have the same nature as the immune agglutinins, and it is probable that their presence is traceable to the various microorganisms parasitic upon the human and animal body.

As a matter of fact, the blood serum of new-born guinea-pigs hardly ever contains agglutinin for B. coli, while that of adults acts upon these bacilli in dilutions of 1 : 20.[5] Similarly, infants show lower normal agglutinating values than adults.[6]

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[1] *Metchnikoff*, "L'immunité," etc., 1901, p. 214.

[2] *Mesnil*, Ann. de l'inst. Pasteur, 1898.

[3] *Pane*, Cent. f. Bakt., 1897; *Trumpp*, Arch. f. Hyg., 1898; *Förster*, Zeit. f. Hyg., xxiv.

[4] *Bordet*, Ann. de l'inst. Pasteur, 1899.

[5] *Kraus* und *Löw*, Gesell. d. Aerzte, Wien, 1899.

[6] *Pfaundler*, Jahrb. f. Kinderheilk., Bd. 50.

Agglutinins may be produced in the sera of animals by the introduction of microorganisms subcutaneously, intravenously, or intraperitoneally. The intravenous method seems to give the most abundant and speedy results.[1] The formation of agglutinins is a reaction to the body-substances of the bacteria themselves, rather than to their toxic products. Thus agglutinins are produced in response to the introduction of dead bacteria and soluble extracts of cultures. Pathogenicity [2] does not influence agglutinin formation to any great extent, non-pathogenic as well as pathogenic giving rise to these substances in serum. As a rule, however, agglutinins are more easily produced against avirulent than against fully virulent strains of bacteria of the same species.

While agglutinins can be produced with almost all the known bacteria, there are great differences between various species in the quantity and speed of production, and Nicolle and Thenel [3] have classified bacteria in three groups according to their power of stimulating the production of agglutinins in immunized animals. As a rule, the agglutinins appear in the blood of animals three to six days after the introduction of bacteria. From the third to the sixth day they rapidly increase to a maximum at the seventh to thirteenth day. They then fall off rapidly until they reach a level at which they remain for a long period without very considerable change. Curves to illustrate these phases have been constructed by Jorgensen and Madsen.[4]

The Reaction between Agglutinin and Agglutinin-Stimulating Substances (*Agglutinogen*).—The fact that agglutinin can be removed from, or absorbed out of, serum by the specific bacilli which have led to its formation indicates that there is in the act of agglutination a combination between the agglutinin and the agglutinin-stimulating substance (agglutinogen). It is likely that this combination is of a chemical nature, since, as we have mentioned, agglutinins result from the injection of bacterial extracts as well as from the introduction of living bacteria. The probability that the process follows chemical laws of combination is furthermore strengthened by the work of Joos [5] and others, who have demonstrated that definite quantitative relations exist between the agglutinin-stimulating substances and the agglutinins. Every agglutination reaction, therefore, will vary in its degree of completeness with the quantities of agglutinin and agglutinogen, a fact which makes it necessary, especially for clinical tests, to preserve a certain uniformity in the quantity and density of the bacterial culture or emulsion employed.

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[1] *Hoffmann*, Hyg. Rundschau, 1903.
[2] *Nicolle*, Ann. de l'inst. Pasteur, 1898.
[3] *Nicolle* et *Thenel*. Ann. de l'inst. Pasteur, 1902.
[4] *Jorgensen* and *Madsen*, Festschrift, Kopenhagen, 1902.
[5] *Joos*, Zeits. f. Hyg., xxxvi, 1901.

SPECIFICITY.—From the very beginning, Gruber and Durham[1] had claimed specificity for the agglutination reaction, and in this sense it was clinically utilized by Widal for the diagnosis of typhoid fever. It was noticed, however, even by these earliest workers, that the serum of an animal immunized against one microorganism would often agglutinate, to a less potent degree, other closely related species. Thus, the serum of a typhoid-immune animal may agglutinate the typhoid bacillus in dilutions of 1 : 1,000, and the colon bacillus in dilutions as high as 1 : 200; while the agglutinating power of normal serum for the colon bacillus rarely exceeds 1 : 20. The specificity of the reaction for practical purposes, thus, is not destroyed if proper dilution is carried out, the degree of agglutinin formation being always far higher for the specific organism used in immunization than it is for allied organisms. The specific immune-agglutinin in such experiments is spoken of as the chief agglutinin (hauptagglutinin), and the agglutinins formed parallel with it, as the partial agglutinin (metagglutinin), terms introduced by Wassermann. Hiss has spoken of these as major and minor agglutinins. The relative quantities of the specific chief agglutinin and partial agglutinins present in any immune serum depend upon the individual cultures used for immunization, and the phenomenon is probably dependent upon the fact that certain elements in the complicated bacterial cell-body may be common to several species and find common receptors in the animal body. Whenever an immune serum agglutinates a number of members of the group related to the specific organism used for its production, the reaction is spoken of "group agglutination."

The partial agglutinins (metagglutinins) have been extensively studied by Castellani[2] and others, by a method spoken of as the "absorption method." This consists in the separate addition of bacterial emulsions (agglutinogens) of the various species concerned in a group agglutination, to the agglutinating serum. In this way, specific and partial agglutinins can be separately removed from the immune serum by absorption—each by its corresponding agglutinogen. In such experiments all agglutinins will be removed by the organisms used for immunization, a partial removal only resulting from the addition of allied strains. This method has thrown much light upon the intimate relations existing between members of various bacterial species, and has been particularly valuable in the study of the typhoid-colon-dysentery group. It is important to mention, however, that "groups" as determined by agglutination tests, do not always correspond to classifications depending upon morphological and cultural characteristics.

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[1] *Gruber* und *Durham*, loc. cit.

[2] *Castellani*, Zeits. f. Hyg., xl, 1902.

An interesting phenomenon of great practical importance, which has been noticed by a number of observers, and which may often be encountered in routine agglutination tests, is the frequent failure of a strongly agglutinating serum to produce agglutination if used in concentration, while in dilutions it produces a characteristic reaction. This has been explained theoretically by what is known as the "proagglutinoid zone." It is assumed that agglutinins may deteriorate as do toxins and be converted into substances which are capable of combining with agglutinogen without causing agglutination. Such substances, as we will see in discussing Ehrlich's views on the structure of agglutinins, may have a stronger affinity for agglutinogen than the agglutinins themselves, and are, therefore, termed "proagglutinoids." In strongly agglutinating sera these proagglutinoids may be present in considerable quantities and prevent the combination of agglutinin with agglutinogen. In dilution, this proagglutinoid action would naturally become weaker and of no actual significance in obscuring the reaction.

Agglutination, like other immune phenomena, is a manifestation of broad biological laws and not limited to bacteria. Thus, as hemolysins are produced by the injection of red blood cells, so hemagglutinins, or substances which clump together red blood cells, are formed by the same process.

PRECIPITINS

(*Coagulins*)

In the year 1897, R. Kraus,[1] of Vienna, demonstrated that the sera of animals immunized against B. pestis, B. typhosus, and Vibrio choleræ, when mixed with the clear filtrate of bouillon cultures of the respective organisms, gave rise to macroscopically visible precipitates. The precipitates occurred only when filtrate and immune serum were homologous, that is to say, the animal from which the serum was obtained was immunized by the same species of microorganism as that used in the test; and for this reason Kraus spoke of them as "specific precipitates." It was evident, therefore, that during the process of active immunization with these organisms, a specific antibody had been produced in the serum of the treated animal, which, because of its precipitating quality, was named "precipitin." This peculiar reaction was soon found to hold good, not only for the bacteria used by Kraus, but also for other bacteria, few failing to stimulate the production of specific precipitins in the sera of immunized animals. The phenomenon of precipitation, however, is not limited to bacterial immunization, but has been found, like the phenomena of agglutination and lysis, to depend upon biological laws of broad application. Thus, Bordet [1] found that the blood serum of rabbits treated with the serum of the chicken gave a specific precipitate when mixed with chicken serum. Tchistovitch [2] demonstrated a similar reaction with the sera of rabbits treated with horse and eel sera. By the injection of milk, Wassermann,[3] Schütze,[4] and others produced an antibody which precipitated the casein of the particular variety of milk employed for immunization. The reaction was thus found applicable to many substances of albuminous nature. These substances, because of their precipitin-stimulating quality, are spoken of as "precipitinogens."

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[1] *Kraus*, Wien. klin. Woch., 1897.

Nature of Precipitins.—The precipitins, like the agglutinins, may be inactivated by heating to from 60° to 70° C., and can not be reactivated by the addition of normal serum or by any other known method. Such inactivated precipitin, however, while unable to produce precipitates, has not lost its power of binding the precipitinogen. This is shown by the fact that the inactivated precipitin, when mixed with precipitinogen, will prevent subsequently added fresh precipitin from causing a reaction. From these facts the conclusion has been drawn that precipitin, like toxin, is built up of two atom groups,[5] a stable haptophore and a labile precipitophore group. By the destruction of the latter, an inactive, yet neutralizing substance is produced which is spoken of as "precipitoid." The precipitoids, like protoxoids, have a higher affinity for precipitinogen than the unchanged precipitin, and thus are able to prevent the action of these.

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[1] *Bordet*, Ann. de l'inst. Pasteur, 1899.

[2] *Tchistovitch*, Ann. de l'inst. Pasteur, 1899.

[3] *Wassermann*, Deut. med. Woch., 29, 1900.

[4] *Schütze*, Zeit. f. Hyg., 1901.

[5] *Kraus* und *v. Pirquet*, Cent. f. Bakt., Orig. Bd., xxxii.

Specificity.—The specificity of precipitins is a question of the greatest importance, since, as we shall see, these bodies have been used extensively for the differentiation of animal proteids. In regard to bacterial precipitins it may be said that, just as in agglutination, there is in precipitation a certain degree of "group reaction." The precipitin obtained with a colon bacillus, for instance, will cause precipitation with culture-filtrates of closely allied organisms, though in a less marked degree. According to Kraus, such confusion may be easily overcome by the proper use of dilution and quantitative adjustment, similar to that used in agglutination tests. Similar results were obtained by Norris,[1] who found that the precipitates given by immune sera with the filtrates of the homologous bacteria were invariably heavier than those given with allied strains and that the latter could be eliminated entirely by sufficient dilution.

Specificity becomes of still greater importance in the forensic use of the precipitin reaction introduced by Uhlenhuth,[2] Wassermann and Schütze,[3] and Stern.[4] These authors found that the precipitin reaction furnished a means of distinguishing the blood of one species from that of another. Thus, blood spots, dissolved out in normal salt solution, could be recognized by this reaction as originating from man or from an animal, even after months of drying and in dilutions as high as 1 : 50,000. Since the value of this test depends entirely upon the strict specificity of the reaction, this question has been studied with especial care, notably by Nuttall.[5] All who have investigated the subject find the only important source of confusion in the blood of the anthropoid apes. The specificity of the reaction, too, has been found to depend very closely upon the amount of precipitin in the serum employed. If a highly immune serum is insufficiently diluted, the reaction loses much of its specific value.[6] This source of error, however, is easily eliminated in practical application by careful control and titration of the sera used for the tests.

Unlike agglutinins, precipitins have, so far, not been demonstrated in normal sera.[7]

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[1] *Norris*. Jour. Inf. Dis., i, 3, 1904.

[2] *Uhlenhuth*, Deut. med. Woch., xlvi, 1900; vi and xvii. 1901.

[3] *Wassermann* und *Schütze*, Berl. klin. Woch., vi, 1901.

[4] *Stern*, Deut. med. Woch., 1901.

[5] *Nuttall*, Brit. Med. Jour., i, 1901; ii, 1902.

[6] *Kister* und *Wolff*, Zeit. f. Medizinal-Beamte, 1902.

[7] *Kraus*, loc. cit., and *Norris*, loc. cit.

Theoretical Considerations Concerning Agglutinins and Precipitins.—We have seen that Ehrlich evolved his theories of antibody formation from his early views upon the absorption of nutritive substances by the body cells, and we have followed, in more or less detail, the steps of his reasoning as he developed his hypothesis in its application to the antitoxic and the lytic substances. There still remained the agglutinins and precipitins, bodies which because of their individual characteristics can be classed neither with the group of antitoxic, nor with that of the lytic substances. These two antibodies, while by no means identical, possess the common characteristics of being more thermostable than the bacteriolytic substances, and of being insusceptible to reactivation by normal serum. It is plain, therefore, that both agglutinating and precipitating reactions take place without the co-operation of complement. The substances which give rise to precipitins and agglutinins, moreover, are not of the relatively simple soluble character of the toxins, but are intrinsic portions of complex albuminous molecules, comparable to and often identical with the true nutritive substances. For these reasons Ehrlich believes that the cell-receptors for the various substances which give rise to agglutinins and precipitins are neither of the simple structure of the toxin receptor, nor of the double-haptophore nature of the bacteriolytic receptors, but contain a single haptophore group for the anchorage of the ingested material and at the same time a constantly attached zymophore group or ferment by means of which the anchored substance is transformed preparatory to its absorption by the cell protoplasm. For the sake of clearness, this form of receptor may be compared to a bacteriolytic or hemolytic amboceptor with a permanently attached and inseparable complement.

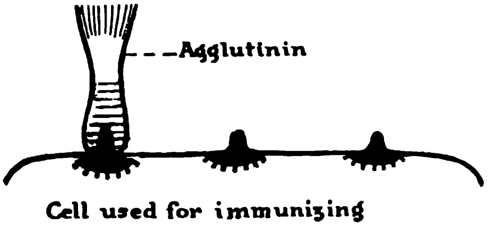

FIG. 61.—EHRLICH'S CONCEPTION OF THE STRUCTURE OF AGGLUTININS AND PRECIPITINS.

Three forms of receptors, then, are proposed by Ehrlich in explanation of all known varieties of antibodies. The first, the simplest side

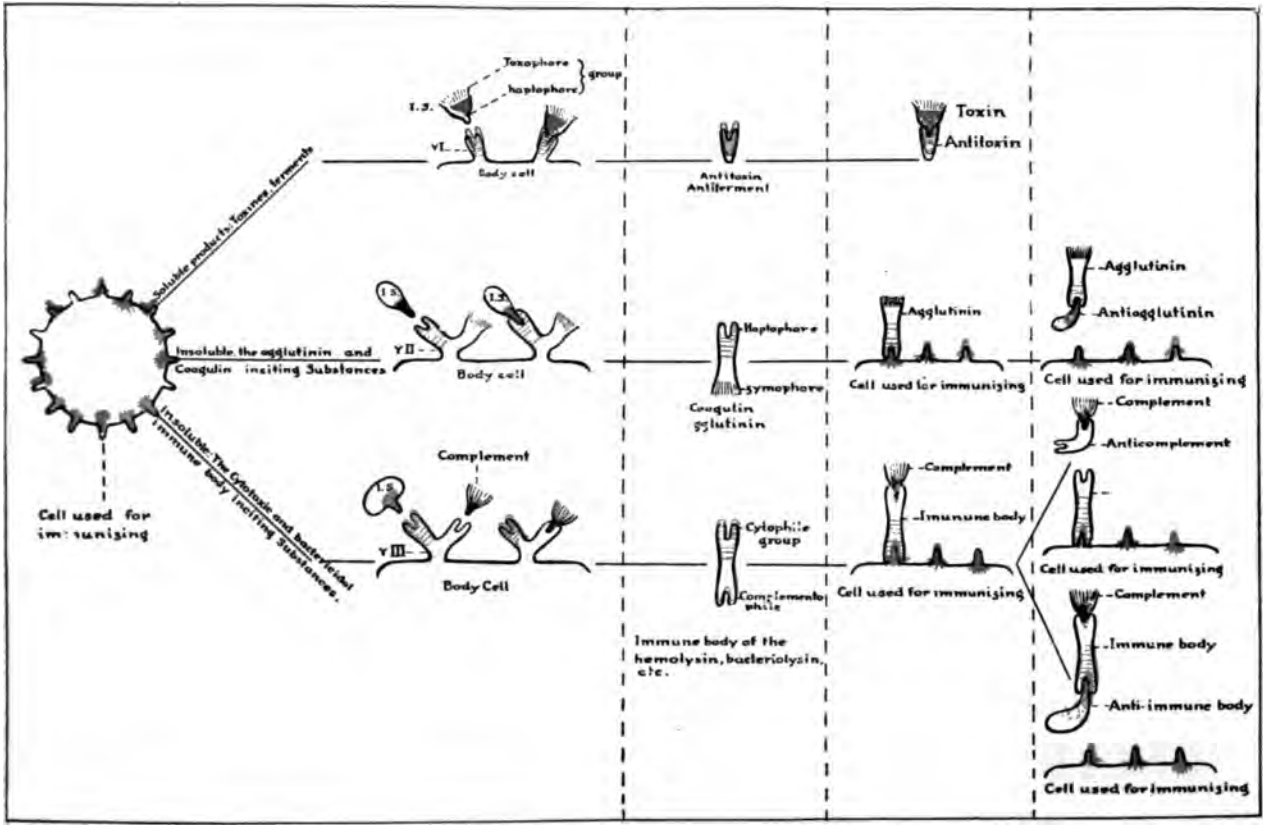

FIG. 62.—THE STRUCTURE OF CELL-RECEPTORS AND IMMUNE BODIES, ACCORDING TO EHRLICH'S CONCEPTION. (After Aschoff.)

chains of the body cells, he calls "receptors or haptines of the first order." These, overproduced and cast off, constitute the antitoxin and antiferments. Next "haptines of the second order" are the receptors planned both for the anchorage and further digestion of antigens. These, free in the circulation, are the precipitins and agglutinins. "Haptines or receptors of the third order" are merely able to anchor a suitable substance, but exert no further action upon it until re-enforced by the complement normally present in the serum. These, free in the circulation, with a chemical group having avidity for the antigen, and another complementophile group, are the amboceptors or immune bodies of bacteriolytic, cytolytic, and hemolytic sera. (See Fig. 62.)

It is plain that all these receptors while still parts of their respective cells, serve by their chemical affinity to attract and hold the foreign substances injected; freely circulating, on the other hand, they serve in preventing these substances from reaching the cells. As Behring has aptly expressed it, the very elements which situated in the animal cells render the body susceptible to toxic substances serve to protect when circulating freely in the blood.

Bordet,[1] at present the strongest antagonist of Ehrlich's point of view, claims that the conception of Ehrlich rests upon the basis of a number of undemonstrated hypotheses. He asserts, and with justice, that it has never been shown beyond question that the antibodies, free in the serum, are identical with the receptors of the body cells upon which the antigen originally acts.

In regard to agglutinins, Ehrlich, as we have seen, believes that it is the agglutinin itself which, first uniting with its antigen by its haptophore group, then causes clumping by its zymophore group. Now, as a matter of fact, Bordet[2] has shown that it is not the agglutinin itself which agglutinates, but that agglutinin with its antigen forms a complex which is then agglutinable by the salt present in the solution. This conclusion seems borne out by the later work of Gengou,[3] Landsteiner and Jagic,[4] and others, who have shown that bacteria which have absorbed other substances, such as uranium compounds, colloidal silicic acid, etc., are subsequently agglutinable by salts. In consequence, from these and other observations, Bordet concludes that it is neither necessary nor accurate for the explanation of these phenomena, to assume the conditions conceived by Ehrlich, but that the phenomenon of agglutination consists primarily of the union of the antibody with its antigen in a colloidal solution, and that the actual subsequent agglutination is a purely secondary phenomenon which depends possibly upon a change in the physical properties of the emulsion—upon, as he expresses it, its colloidal stability. A similar condition he assumes for precipitins.

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[1] *Bordet*, Résumé of Immunity in Bordet's "Studies in Immunity," transl. by Gay, Wiley & Sons, 1909.

[2] *Bordet*, Ann. de l'inst. Pasteur, 1899.

[3] *Gengou*, Annal. Past., 1904.

[4] *Landsteiner* und *Jagic*, Wien. klin. Woch., iii, 1904.

FURTHER FACTS AND THEORIES CONCERNING ANTIBODIES

Multiplicity of Amboceptors.—Fresh normal serum, as Nuttall[1] was first to show, possesses moderate bactericidal powers which are lost when the serum is subjected to heat. Since such inactivated normal serum can be reactivated by the addition of fresh peritoneal exudates, as the experiments of Moxter[2] have demonstrated, it is plain that the bactericidal power of normal serum must depend, like that of immune serum, upon amboceptor and complement. But normal serum often exerts lytic powers upon several species of bacteria, or, in the case of hemolytic tests, upon the red blood cells of several species of animals. It is supposed that this multiplicity of action is due to the presence in the normal serum of a variety of different amboceptors or immune bodies. The method for proving this was devised by Ehrlich and Morgenroth.[3] They worked with normal goat's serum, which has the power of hemolyzing the red blood cells of guinea-pigs as well as those of rabbits. Goat serum, inactivated by heat, was mixed with rabbits' corpuscles. After the mixture had been allowed to stand for a short time, the corpuscles were removed by centrifugalization. The serum was then reactivated and found still to possess its hemolytic power for guinea-pigs' blood, but to have lost this power for rabbits' blood. By a similar technique, Pfeiffer and Friedberger[4] were able to demonstrate the multiplicity of bactericidal immune bodies in normal sera.

The immunity acquired by an animal as the result of treatment with any of the various antigens is specific. An animal immunized against the cholera vibrio, for instance, possesses marked bactericidal powers for the cholera vibrio only.

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[1] *Nuttall*, loc. cit. [2] *Moxter*, Cent. f. Bakt., xxvi, 1896.

[3] *Ehrlich* und *Morgenroth*, Berl. klin. Woch., 1901.

[4] *Pfeiffer* und *Friedberger*, Deut. med. Woch., 1901.

According to Ehrlich's views, the amboceptor or immune body *alone* enters into direct relation with the substance used for immunization, and it would seem natural therefore that the specificity of immune sera depends entirely upon the increase of amboceptor or immune body.

Von Dungern,[1] indeed, was able to show that the specific amboceptor was increased as immunity was acquired, without there being a corresponding enhancement of the complement. The chief difference between a normal and an immune serum in this respect, therefore, consists in an enormous increase, in the latter, of the specific amboceptor.

Multiplicity of the Complement.—A number of very complicated experiments have been carried out by Ehrlich, Morgenroth,[2] Sachs,[3] and others, which seem to show that the same serum may contain a variety of complements. Similar conclusions have been drawn by Wechsberg[4] and by Wassermann,[5] who demonstrated separate complements for bactericidal and hemolytic amboceptors in the same serum. Bordet[6] and his school, on the other hand, deny the multiplicity of the complement, and, basing their views upon numerous experimental data, contend that any given serum contains but one alexin or complement. Buchner and Gruber share the views of Bordet, and, in the light of recent work, especially with complement fixation (see below), it seems more likely that one and only one alexin exists in any given serum.

Anticomplements and Antiamboceptors.—Hemolytic sera, having the power of destroying red blood cells, must necessarily prove in the presence of sufficient complement to be powerful poisons when introduced into animals whose corpuscles they are able to injure. By careful and gradual dosage with such hemolytic sera, Ehrlich and Morgenroth,[7] as well as Bordet,[8] have been able to produce immunity against the hemolytic action. Thus antihemolytic sera have been produced, the action of which may depend either upon the presence of anticomplement or of antiamboceptor. The presence of anticomplement in such sera, it is believed, has been demonstrated by mixing inactivated hemolytic serum with its respective red blood cells, then adding the antiserum and later complement. After centrifugalization and separation of the corpuscles, these may be dissolved by the addition of fresh complement. This proves conclusively that there was no obstacle in the original mixture to the absorption of the immune body by the red blood cells, and that the antihemolytic properties of the serum must be attributed to an anticomplement. This was the method of experimentation employed by Ehrlich and Morgenroth.[1] Antiamboceptors have been produced by the same authors as well as by Bordet [2] and Müller,[3] against hemolytic amboceptors.

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[1] *v. Dungern,* Münch. med. Woch., xx, 1900.

[2] *Ehrlich* und *Morgenroth,* Berl. klin. Woch., 1900.

[3] *Ehrlich* und *Sachs,* Berl. klin. Woch., 1902.

[4] *Wechsberg,* Zeit. f. Hyg., 1902.

[5] *Wassermann,* Zeit. f. Hyg., 1901.

[6] *Bordet,* Ann. de l'inst. Pasteur, 1900 and 1901.

[7] *Ehrlich* und *Morgenroth,* Berl. klin. Woch., xxxi, 1900.

[8] *Bordet,* Ann. de l'inst. Pasteur, t. 14, 1900.

Complementoids.—Ehrlich and Morgenroth and Müller have succeeded in producing anticomplements by the treatment of animals with normal heated serum. They explain this by assuming that the heating has not entirely destroyed the complement in the normal serum, but that this, analogous to toxin, possesses two groups, a haptophore and a zymophore group. Heating destroys the zymophore without affecting the haptophore group. The resulting body, which corresponds to toxoid, they call "complementoid."

Further evidence for the existence of such complementoids has been claimed by Ehrlich and Sachs [4] in working with dog serum. Unheated dog serum hemolyzes guinea-pig corpuscles. Heated to 52° C. for thirty minutes, however, it no longer hemolyzes these corpuscles owing to complement destruction. Such heated dog serum can be reactivated by fresh guinea-pig serum (fresh complement). If, however, the corpuscles are left in contact with the heated dog blood for two hours, reactivation by the guinea-pig serum no longer occurs—that is, the addition of guinea-pig serum no longer causes hemolysis. They conclude from this that the hemolytic amboceptor of the dog serum has been attached by its complementophile group to complementoids produced in the heating—leaving no point of attachment for the complement added later. These experiments have failed of confirmation by Gay [5]—who with Bordet denies the existence of complementoids.

Muir, on the other hand, claims to have demonstrated the existence of complementoids by experiments too complicated to be detailed in this place. The question of complementoids must be left undecided until further work has been done.

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[1] *Ehrlich* und *Morgenroth*, loc. cit.

[2] *Bordet*, loc. cit.

[3] *P. Th. Müller*, Cent. f. Bakt., 1901.

[4] *Ehrlich* and *Sachs*, "Ehrlich Collected Studies on Immunity," trans. by Boldnau.

[5] *Gay*, Cent. f. Bakt., I, xxxix, 1905.

Filtration of Immune Body and Complement.—Muir and Browning have recently shown that, on the filtration of serum, amboceptor or immune body will pass through the filter, whereas alexin or complement is held back. The amboceptor filters equally well, whether or not mixed with the complement.

The Fixation of Complement by Precipitates.—It has been found by Gengou [1] and confirmed by Gay [2] and others, that when the serum of an animal immunized with the serum of another species or with a foreign albumin is mixed with a solution of the substance used in the immunization, the precipitate formed will remove complement from the mixture. In other words, precipitates formed by the reaction of precipitin with its antigen will fix complement. This phenomenon is of great importance in complement-fixation tests such as those of Wassermann or Noguchi (see below); for because of insufficient washing, the blood cells used in producing the hemolytic amboceptor, may, from the presence of serum, give rise to a precipitin as well as a hemolysin. In the test done subsequently, a precipitin reacion may take place and by thus removing complement may give a false result. The absorption of complement by such precipitates takes place when the two reacting factors, the precipitin and its antigen, are in extremely high dilution—in fact, when a visible precipitate can not be observed.

Quantitative Relationship Between Amboceptor and Complement.—Morgenroth and Sachs,[3] in studying the quantitative relationship existing between hemolytic amboceptor and its complement, have succeeded in showing that within certain limits an inverse relationship exists between these two bodies. If for a given quantity of red blood cells a certain quantity of amboceptor and complement suffices to produce complete hemolysis, reduction of either the complement or the amboceptor necessitates an increase of the other factor. As amboceptor is increased, in other words, complement may be reduced and *vice versa*. This result is of great importance in arguing against the original conception of Ehrlich in supposing these substances to act together multiple for multiple as do compounds in chemical reactions.

Deviation of the Complement (Complement-Ablenkung).—It was noticed by Neisser and Wechsberg [4] that in mixing together bacteria, inactivated bactericidal immune serum (immune body), and complement in the test tube, a great excess of immune body hindered rather than helped bactericidal action. As the amount of immune body in the mixture was carried beyond the experimental optimum, bactericidal action became less and less pronounced, and was finally completely suspended. They explain this by assuming that free immune body, uncombined with complement, has a greater affinity for the bacterial receptor than the immune body combined with complement. The complement is consequently diverted and prevented from activating the amboceptor attached to the bacterial cell. Graphically, the conditions may be illustrated as follows:

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[1] *Gengou*, Ann. Past., 1902.

[2] *Gay*, Cent. f. Bakt., I, xxix, 1905.

[3] *Morgenroth* und *Sachs*, "Gesammel. Arb. für Immunitätsforschung." Berlin, Hirschwald, 1904.

[4] *Neisser* und *Wechsberg*, Münch. med. Woch., xviii, 1901.

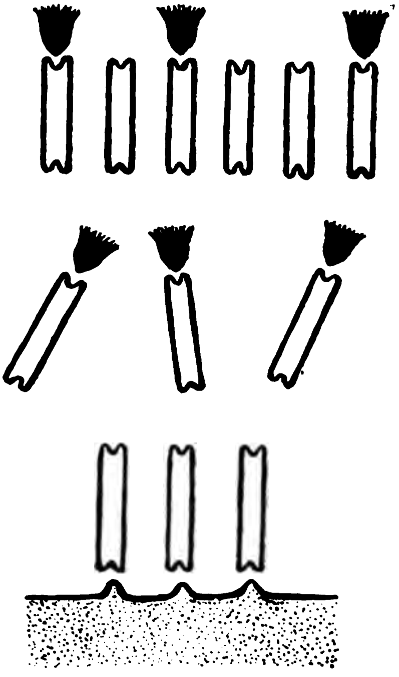

FIG. 63.—NEISSER AND WECHSBERG'S CONCEPTION OF COMPLEMENT DEVIATION.

The above theory of Neisser and Wechsberg is here stated simply because of the wide discussion it has aroused. In the light of our present knowledge concerning the relations between antigen, amboceptor, and complement, their conception is obviously erroneous.

Fixation of the Complement.—Bordet and Gengou [1] in 1901, devised an ingenious method of experimentation by which even very small quantities of any given immune body (amboceptor) can be demonstrated in serum. The term "fixation of complement," by which their method of investigation is now generally known, explains itself, as the steps of experimentation are followed. They prepared the following mixtures:

(a)	(b)
Bacteriolytic amboceptor	Normal serum, heated
(*Plague immune serum, heated*)	
+	+
Plague emulsion	Plague emulsion
+	+
Complement	Complement
(*Fresh normal serum*)	(*Fresh normal serum*)

To both of these after five hours was added
Hemolytic amboceptor
(*Heated hemolytic serum*)
+
Red blood cells

Results:
(a) showed no hemolysis.
(b) showed hemolysis +.

The conclusion to be drawn from this was that in (a) the presence of immune body had led to absorption of all the complement. In (b), there being no bacteriolytic immune body to sensitize the bacteria and enable them to absorb complement, the latter substance was left free to activate the subsequently added hemolytic amboceptors. The Bordet-Gengou phenomenon has been extensively used by Wassermann and Bruck,[1] Neisser and Sachs,[2] and others to demonstrate the presence of immune bodies in various sera. (See p. 262.)

It should be noted that this method, if valid, must presuppose the identity of the hemolytic and bactericidal complement in the activating serum.

Complement fixation will be more extensively discussed in the section dealing with the Wassermann reaction.

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[1] *Bordet* et *Gengou*, Ann. de l'inst. Pasteur, 1901.

[1] *Wassermann* und *Bruck*, Med. Klin., 1905.

[2] *Neisser* und *Sachs*, Berl. klin. Woch., xliv, 1905, and i, 1906.

The Specificity of Hemolysins.—In the sections preceding we have seen that the blood cells of one animal, injected into an animal of another species, give rise to a hemolytic substance in the blood serum of the second animal, which is strictly specific for the variety of cells injected. Such hemolysins, when produced in one animal against blood cells of another species, are spoken of as *heterolysins.* In studying the nature of hemolysis, Ehrlich and Morgenroth[3] now discovered that hemolysins could also be produced if an animal was injected with red blood cells of a member of its own species. Such hemolytic substances they called *isolysins.* In their experiments they injected goats with the washed red blood corpuscles of other goats and found that the serum of the recipient developed the power of

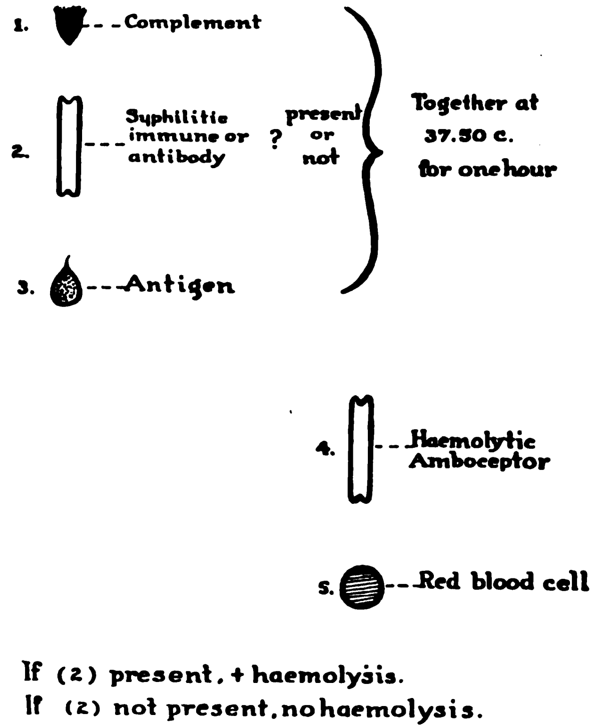
1. Complement
2. Syphilitic immune or antibody
? present or not
3. Antigen
Together at 37.50 c. for one hour
4. Haemolytic Amboceptor
5. Red blood cell
If (2) present, + haemolysis.
If (2) not present, no haemolysis.

FIG. 64.—SCHEMATIC REPRESENTATION OF COMPLEMENT FIXATION IN THE BORDET-GENGOU REACTION.

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[3] *Ehrlich* und *Morgenroth,* Berliner klin. Woch., xxi, 1900.

causing hemolysis of the red blood cells of the particular goat whose blood had been used for injection. It did not, however, possess the power of producing hemolysis in the blood of all goats, nor did it produce hemolysis with the red corpuscles of its own blood. It is thus shown that the specificity of the hemolysins extends even within the limits of species, and is, to a certain extent at least, an individual property.

The production of *autolysins*, that is, of substances in the blood serum which will produce hemolysis of the individual's own corpuscles, has, so far, been unsuccessful.

Ehrlich and Morgenroth, in the course of these experiments, furthermore succeeded in showing that the injection of isolysins into animals produced antiisolysins, and that these again were strictly specific.

The almost universal failure of autolysin production has found no satisfactory explanation. It is supposed by Ehrlich and Morgenroth that autolysins may be formed, but are probably speedily neutralized by the production of antiautolysins.

The clinical significance of the presence of isolysins and possibly of autolysins in human beings, is too evident to require much discussion. A practical and extremely interesting result which these investigations have yielded is that of Donath and Landsteiner,[1] who discovered an autolysin in the blood serum of patients suffering from paroxysmal hemoglobinuria. In these cases the sensitizing substance or amboceptor appeared to be absorbed by the red blood cells only at low temperatures—probably in the capillaries during exposure to the cold, and hemolysis subsequently resulted in the blood stream by the action of complement. These observations have been confirmed by other writers, but the phenomenon is surely not present in all cases of paroxysmal hemoglobinuria. The writers have had occasion to examine carefully several clinically typical cases with negative results.

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[1] *Donath* und *Landsteiner*, Münch. med. Woch., xxxvi, 1904.

CHAPTER XVI

THE TECHNIQUE OF SERUM REACTIONS

Obtaining Serum from Animals and Man.—To obtain blood serum from man, the blood may be taken from the finger or the ear, either into a sterile centrifuge tube or into a Wright capsule. (See section on Opsonins, page 284.) When taken into a centrifuge tube, the blood is allowed to clot and the serum separated from the coagulum by a few revolutions of the centrifuge. When larger quantities of blood are desired, it may be taken with a syringe from the median basilic vein and either slanted in sterile test tubes in the ice chest or put into centrifuge tubes and centrifugalized.

In bleeding small laboratory animals, a number of methods may be employed, depending upon whether a large or small amount of serum is required.

The animals most frequently used for laboratory purposes are rabbits. To obtain small quantities of serum from rabbits, the animals may be bled from the marginal vein of the ear. In doing this, a satisfactory yield of blood may be obtained by following a simple method devised by Wadsworth. The animal is strapped upon a tray and underneath it is placed a rubber bag filled with warm water. This keeps the body temperature of the rabbit somewhat higher than normal, causes dilatation of the vessels, and thus facilitates the flow of blood. The tray is then placed upon a simply constructed easel so that the animal's head hangs downward. The skin over the ear vein is shaved and sterilized, and an incision is made into the vein in its long axis with a sharp knife. The blood is caught in test tubes or centrifuge tubes.

When larger quantities of blood are desired, the animal is strapped down, anesthetized, and the neck shaved and sterilized. The carotid artery is then isolated by dissection. In rabbits, the carotid artery may be found lying just lateral to the trachea and deeply placed, and must be carefully separated from the pneumogastric nerve by blunt dissection. The distal end of the artery is then tied off and the proximal end temporarily closed with a small clamp. (This clamp should be rather weak and not exert sufficient pressure to injury the artery and cause thrombosis.) The artery is then raised out of the wound on a knife or forceps handle and, with sharp-pointed scissors, a small incision is made into but not through the vessel. A small glass cannula is now introduced into the proximal end of the artery through the incision and tied into place by a thread. To this cannula a small rubber tube fitted with a pinchcock should have been attached, the whole being sterilized. The clamp on the artery is then released and the blood allowed to flow into sterile test tubes which are slanted and placed in the cold for separation of the serum. A larger yield of serum will be obtained if, after coagulation, the clot is separated from the glass with a sterile platinum wire.

In obtaining blood from larger animals, horses, sheep, etc., a cannula may be introduced into the jugular or internal saphenous veins. The skin is shaved and sterilized and a rubber tourniquet placed about the neck or thigh, as the case may be, in order to cause the vein to stand out. A small incision may be made through the skin over the vein, but is not necessary. A cannula, with rubber tubing attached, is then plunged into the vein and the blood caught in sterile high cylindrical jars, allowed to clot, and placed in the refrigerator. The serum is taken off after twenty-four to forty-eight hours with sterile pipettes.

Agglutination Tests.—For the determination of the agglutinating power of serum it is necessary to make suitable dilutions of the serum, and to prepare an even emulsion of the microorganisms to be tested. The test may be made microscopically or macroscopically. The microscopic test is the one in general use in the diagnosis of typhoid fever, and is occasionally applied to some other diseases. In its application to typhoid fever it is usually spoken of as the Gruber-Widal reaction.

Twelve- to eighteen-hour broth cultures of the typhoid bacillus, grown at incubator temperature, may be used. It is preferable, however, to use an emulsion of a twelve to twenty-four hour old agar culture in physiological salt solution (0.85 per cent). The salt-solution emulsion is made by adding about 10 c.c. of normal salt solution to the fresh agar slant culture, carefully detaching the culture from the surface of the agar with a flexible platinum wire, and pipetting off the emulsion thus made. With some microorganisms it is sufficient simply to allow the larger clumps to settle and to pipette off the supernatant turbid emulsion. With other microorganisms, the tendency to form clumps makes it necessary to resort to further methods of securing an even distribution of the bacteria. This may be done either by sucking the emulsion in and out through a narrow pipette held perpendicularly against the bottom of a watch glass, as in Wright's technique for the opsonic test (see section on Opsonins, p. 285), or by carefully rubbing the clumps against the watch glass with a stiff platinum wire. In the case of the tubercle bacillus not even this suffices, but it becomes necessary to grind the moist bacillary masses in a mortar before emulsifying. With the tubercle bacillus, too, it is preferable to use salt solution at 1.5 per cent concentration.

In preparing cultures of streptococcus and pneumococcus for agglutination tests, it has been found convenient by Hiss to grow microorganisms for about four days in flasks of a one per cent glucose, two per cent pepton meat-infusion broth, to which has been added one per cent of calcium carbonate. (See page 126.) The insoluble calcium carbonate sinks to the bottom, but by neutralizing the inhibiting acid formed in the broth by the microorganisms, permits the development of a mass culture. The flasks should be shaken thoroughly at least once a day. The broth may be pipetted off and the clumps may be removed by a few revolutions of a centrifuge. Without this technique it is sometimes difficult to get sufficient growths of these bacteria for any quantity of emulsion unless large surfaces of agar are employed in special receptacles or by making many slant cultures.

The serum dilutions are obtained by first making a one to ten dilution of serum with normal salt solution. The serum used for this purpose may be cleared of red blood corpuscles by centrifugalization. From the one to ten dilution any number of higher dilutions may be made, simply by mixing given parts of the one to ten dilution with normal salt solution; thus one part of a one to ten dilution plus an equal quantity of salt solution gives a dilution of one to twenty. One part of one to ten dilution plus two parts of normal salt solution gives one to thirty, and one part of one to twenty dilution plus one part normal salt solution gives one to forty, etc. It must not be forgotten that, when equal parts of the serum and bacillary emulsion have been mixed, each one of these dilutions is doubled.

In making the *microscopic agglutination test*, minute equal quantities of serum dilution and bacterial emulsion are mixed upon the surface of a cover-slip. The mixture may be made either by measuring out a drop of each substance with a standard platinum loop, depositing them close together on the cover-slip, and mixing; or, more exactly, equal quantities may be sucked up, each to a given mark, in a capillary pipette, mixed by suction in and out, and then deposited upon the cover-slip. The cover-slip is inverted over a hollow glass slide, the rim of which has been greased with vaseline. The drop is then observed, preferably through a (Leitz) No. 7 lens, ocular No. 3.

The *macroscopic agglutination* test, always preferable for exact laboratory research, is made in narrow test tubes especially designed for the purpose, measuring about 0.5 cm. in diameter and about 5 cm. in length (Fig. 60, p. 230).

In these test tubes equal quantities, usually 1 c.c. each, of serum dilution and emulsion are mixed. A series of tubes is prepared, in each subsequent one of which the dilution is higher. These mixtures may be placed in the incubator for a few hours and then kept at room temperature. It has been observed by Hiss that after removal from the incubator agglutination is in some instances hastened by transference to the ice chest. When agglutination takes place in these tubes, clumps of bacteria may be seen to form, which settle to the bottom of the tube, very much like snow-flakes. The surface of the sediment is heaped up and irregular. The supernatant fluid becomes entirely clear. When the reaction does not occur the sediment is an even, granular one with a flat surface, and the emulsion remains turbid.

Instead of using test tubes as described above, Wright has suggested the use of throttle pipettes of comparatively large diameter into each of which at least three or four different dilutions can be sucked with a nipple, a small air bubble being left between the mixtures. By sealing the distal end of these pipettes in a flame the various dilutions are kept at a distance from each other, and the pipettes may be set on end in a tumbler and observed just as are the test tubes (Fig. 68, p. 285).

Precipitin Tests.—In an earlier section on precipitins we have seen that precipitates are formed when clear filtrates of bacterial extracts or of broth cultures are mixed with their specific immune sera. Such precipitin reactions are not limited to the realm of bacteria, but have a broad biological significance, in that specific precipitating sera may be produced with proteids of varied source.

For actually carrying out a precipitin test, the following reagents are required:

1. A specific precipitating antiserum (antibacterial or antiproteid);
2. A bacterial filtrate or proteid solution.

The Production of Precipitating Antisera.[1]—Antibacterial precipitins may be produced in animals by any one of a variety of methods. Animals, preferably rabbits, are injected either with broth cultures or with salt solution emulsions of agar cultures of the bacteria, in gradually increasing quantities. Five or six injections are given intraperitoneally or intravenously, at intervals of from five to six days, the dosage and mode of administration being adapted in each case to the pathogenic properties of the microorganisms in question. It has been asserted by Myers[1] that when pepton-broth cultures are used for immunization a specific precipitin for pepton may be formed which by giving a precipitate with a culture filtrate containing pepton may lead to error. This observation could not be confirmed by Norris.[2]

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[1] *R. Kraus*, Wien. klin. Woch., 1897; *Norris*, Jour. Inf. Dis., 1 and 3, 1904.

The immunized animals should be bled about seven to twelve days after the last injection of bacteria.

Specific precipitating antisera against proteid solutions are prepared by methods analogous to those employed for the production of antibacterial sera. A variety of methods have been described. The sera or proteid solutions used should be sterile. This may be accomplished by filtration through small porcelain filters. The injections into animals may be made subcutaneously, intraperitoneally, or intravenously. The subcutaneous route has no advantages unless the substances to be used are contaminated.

Nuttall advises the use of rabbits. The animals should be weighed from time to time, and if considerable loss of weight ensues during immunization, the intervals between injections should be increased. Dosage should be carefully graded, beginning, in the case of an animal serum, for instance, with 2 c.c. and increasing gradually through 3, 5, and 8 c.c. to possibly 15 c.c. at the last injection. A single injection of a large quantity has occasionally yielded a precipitating serum of considerable strength,[3] but this method is not usually successful. Injections are made at intervals of from five to seven days. Seven to twelve days after the last injection the animals may be bled, and a preliminary test made to ascertain the precipitating value of the serum. If this is insufficient for the desired purposes, more injections may be made before the animal is finally bled. Bleeding should be done seven to twelve days after the last injection. Such sera may be preserved by sealing in glass bulbs and keeping in the dark and at a low temperature. If a preservative is to be added, Nuttall recommends chloroform, but disapproves of the phenols, because of occasional turbidity produced by these.

The precipitating antisera used for the tests should be absolutely clear. If turbidity is present, the sera should be filtered through small Berkefeld or porcelain candles.

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[1] *Myers*, Lancet, ii, 1900.

[2] *Norris*, loc. cit.

[3] *Michaelis*, Deut. med. Woch., 1902.

PREPARATION OF BACTERIAL FILTRATES AND PROTEID SOLUTIONS FOR PRECIPITIN TESTS.—Bacteria may be grown in broth made of Liebig's beef extract five-tenths per cent, pepton one per cent, NaCl five-tenths per cent, and having an initial reaction of neutrality or five-tenths per cent acidity to phenolphthalein. The cultures are incubated for times varying from a week to several months, and are then filtered through porcelain or Berkefeld candles until perfectly clear. Bacterial extracts may also be made by emulsifying agar cultures in salt solution, placing at 37.5° C. in the incubator for a week or longer, and filtering. More rapid extraction of bacteria may be accomplished by repeated, rapid freezing and thawing of salt-solution emulsions. This is easily and simply done by placing the test tubes in battery jars filled with brine and cracked ice.

Proteid solutions to be tested should be made in salt solution. When dealing with blood stains, as is frequently the case in doing the test for forensic purposes, the stains should be dissolved out in salt solution, an approximate dilution of one in five hundred being aimed at. This solution if turbid should be filtered through a small porcelain filter. Before use it should be perfectly clear and colorless, should show a faint cloud on boiling with dilute acetic acid, and, according to Müller, should show distinct frothing when shaken.

When the reaction is to be done with the purpose of determining the nature of meat (detection of horse-meat substitution for beef, etc.), about 20 to 40 grams of the suspected meat are macerated by being placed in a flask, and covered with 100 c.c. of physiological salt solution. This mixture is allowed to infuse at room temperature for three to four hours, and is then placed in the refrigerator for twelve hours or more. At the end of this time 2 c.c. may be poured into a test tube and shaken. If frothing[1] appears easily and profusely, the extract is ready for use. It is then filtered clear, either through paper, or, if this is unsuccessful, through infusorial earth in a Buchner or Nutsche filter. Berkefeld filters may also be used, but their use is less simple. The clear solution is then further diluted until the addition of concentrated HNO_3 produces only a slight even turbidity. Before use, furthermore, the reaction of the meat extract should be tested, and if necessary adjusted to neutrality or slight acidity or alkalinity.

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[1] *P. Th. Müller,* "Technik d. serodiagnos. Methoden."

In the actual test with bacterial filtrate, the procedure is as follows: In a series of narrow test tubes, the following mixtures are made:

Tube 1. Antibacterial serum .5 c.c. + bacterial filtrate 1. c.c.
" 2. Normal serum .5 c.c. + bacterial filtrate 1. c.c.
" 3. Antibacterial serum .5 c.c. + salt solution 1. c.c.
" 4. Salt solution .5 c.c. + bacterial filtrate 1. c.c.

Place the tubes in the incubator at 37.5° C. In a positive test, tube 1 only should show a haziness which develops into a distinct cloudiness or even a flocculent precipitate within one hour. Tubes 2, 3, and 4 should remain clear.

For the testing of an unknown proteid with the serum of an animal immunized with the proteid sought for, the technique of the test is as follows:

1. 0.1 c.c. immune serum + 2 c.c. unknown proteid solution.
2. 0.1 c.c. immune serum + 2 c.c. known proteid solution of variety suspected (similarly diluted).
3. 0.1 c.c. immune serum + 2 c.c. proteid solution of different nature (similarly diluted).
4. 0.1 c.c. immune serum + 2 c.c. salt solution.
5. 2 c.c. unknown proteid solution.

The test is positive when a precipitate appears in tube 1 and in tube 2, but not in any of the others. The precipitate should appear definitely within fifteen to twenty minutes.

Bactericidal and Bacteriolytic Tests.—The bactericidal and bacteriolytic powers of serum may be tested either in the animal body or in the test tube. The most common bacteriolytic test, *in vivo*, is that which is known as Pfeiffer's test. This test depends upon the fact considered in a previous section, that bacteria, when injected into the peritoneal cavity of a guinea-pig, together with a homologous immune serum, undergo dissolution.

As practiced in bacteriological work, the test finds a double application. It may be carried out either for the determination of the specific bacteriolytic power of a given serum against a known microorganism, or for the identification of a particular microorganism by means of its susceptibility to lysis in a known immune serum.

1. *Determination of the bacteriolytic power of serum against a known microorganism in vivo :*[1]

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[1] *P. Th. Müller*, " Technik d. serodiagnos. Methoden," Jena, 1909.

A number of dilutions of the serum are made with sterile neutral bouillon or salt solution, ranging from 1 in 20 to 1 in 500, or higher. It is convenient to make a first solution of 1 in 20. One c.c. of this mixed with 4 c.c. of broth will give 1 in 100. One c.c. of the 1 in 100 dilution with 1 c.c. of broth, 2 c.c. of broth and 4 c.c. of broth will give 1 in 200, 1 in 300, and 1 in 500, respectively. Into *one* cubic centimeter of each of these dilutions there is placed one platinum loopful of a twenty-four-hour agar culture of the microorganism against which the serum is to be tested. Into another test tube is placed 4 c.c. of broth, without serum, and with one loopful of the microorganisms. The mixtures are thoroughly emulsified in each case by rubbing the bacteria against the sides of the tube with the platinum loop.

Intraperitoneal injections into guinea-pigs are then made of 1 c.c. of each of the serum-dilution-bacterial-emulsions. A control guinea-pig (better two or three) receives 1c. c. of the broth emulsion—one-fourth as many bacteria, therefore, as the animals receiving the serum dilutions.

Before making the injections, areas on the lateral abdominal walls of the guinea-pigs are shaved, and small incisions made through the skin, down to the muscular layers. The needle of the syringe is then introduced perpendicular to the skin until it has penetrated the peritoneum, and then carefully slanted to avoid puncturing the gut. The animals need not be strapped down during this procedure and afterward may be allowed to run about.

FIG. 65.—CAPILLARY PIPETTE FOR REMOVAL OF EXUDATE IN DOING THE PFEIFFER TEST.

After one-half hour, and again after one hour has elapsed, a drop of peritoneal exudate is removed from each guinea-pig and examined in the hanging drop for granulation and swelling of the bacteria. The method of obtaining the peritoneal exudate is as follows: Small glass tubing is drawn out into capillary pipettes, the ends of the capillaries being again drawn to fine points in a small yellow flame. A number of such pipettes should be prepared before the test is begun. The guinea-pig is then held down upon a table, either by an assistant or by the left hand of the operator, and the point of the pipette pushed through the cut in the abdominal wall into the peritoneum by a sharp, quick thrust-ing motion. A column of peritoneal fluid will run into the glass tubing by capillary attraction; this can then be blown out upon a cover-slip for hanging-drop examination or may be blown upon a slide, smeared, and examined after staining. The reaction is regarded as positive if within thirty minutes to an hour the peritoneal exudates of the animals receiving immune sera contain only swollen or disintegrated microorganisms, while in that of the control animals only well-preserved and undegenerated bacteria are found. In dealing with typhoid bacilli and cholera spirilla, in connection with which the test is most often used, active motility in the controls is of much help. Should there be extensive degeneration of the bacteria in the exudate of the control animals the test is of no value.

2. *Identification of a microorganism by observing its a susceptibility to lysis in a known immune serum in vivo:*

The technique for this test is practically the same as that of the preceding except that in this case we require a potent known immune serum and normal serum for control. It is necessary, furthermore, that by previous tests we should know the degree of dilution in which the immune serum will cause complete bacteriolysis of the microorganism used in its production. Thus, if we are employing a typhoid immune serum and are about to test by this method an unknown Gram-negative bacillus, we must know the titer of the serum for the typhoid bacillus itself.

Mixtures are then made of dilutions of this serum and definite quantities of the microorganism to be tested. It is best, always, to employ from ten to one hundred times the amount of immune serum which suffices to produce lysis with its homologous microorganism. Thus, if the serum has been found to be active in dilutions of 1 : 1,000, it is employed in the test in dilutions of 1 : 1,000, 1 : 100, and 1 : 10. These dilutions are then injected into guinea-pigs in quantities of 1 c.c. together with the bacteria to be tested, and control guinea-pigs are injected with undiluted normal serum mixed with the bacteria and with salt solution and the bacteria. The exudates are then observed in the same way as in the preceding experiment.

Bactericidal Reactions in the Test Tube.—Bactericidal reactions in the test tubes may be made by mixing in small sterile test tubes, definite quantities of the bacteria with inactivated serum and complement, the latter in the form of unheated normal serum. The mixtures, diluted with equal volumes of neutral broth or salt solution, are set away for a definite time three to four hours in an incubator at

37.5° C., and equal quantities from all the tubes are then inoculated into melted agar at 40° C., and plates are poured. Control plates must be made in each case with mixtures of similar quantities of bacteria in salt solution, and similar quantities of bacteria in normal serum. By colony counting after the plates have developed, it is then possible to estimate the degree of bacterial destruction in any of the given dilutions.

In actually carrying out the test, dilutions of the inactivated serum are first made, ranging from 1 : 10 to 1 : 1,000 and over. An emulsion of bacteria from a twenty-four-hour agar slant is then made in salt solution, or a twenty-four-hour broth culture properly diluted may be used. Complement is obtained by taking fresh normal rabbit serum and diluting it with salt solution 1 : 10 or 1 : 15. Into a series of test tubes, then, 1 c.c. of each of the serum dilutions is placed, and to each tube is added 0.5 c.c. of the diluted fresh normal rabbit serum (complement). To these mixtures the bacteria are then added. In adding the bacterial emulsion to these tubes, the writers have found it more accurate to discard the use of the platinum loop and to measure the bacterial emulsion in a marked capillary pipette such as that used in the opsonin test. (See page 285, Fig. 68.) The controls are set up in a similar way, all of them containing a similar quantity of bacterial emulsion, one control containing 1.5 c.c. of salt solution, another control containing 1 c.c. of salt solution + 0.5 c.c. of the diluted complement, and the third control containing inactivated normal serum 1 c.c. + 0.5 c.c. of diluted complement. Definite quantities of these mixtures, taken with a standard loop, or preferably with a capillary pipette, are plated in agar immediately after mixing.

BACTERICIDAL TEST IN VITRO

(TO DETERMINE THE BACTERICIDAL POWER OF A TYPHOID IMMUNE SERUM AGAINST TYPHOID BACILLI).

				Plates Poured After 3 Hrs. at 37° C.
1 c.c. Immune Typh. Ser.	1:200	+0.5 c.c. Typh. Emulsion	+0.5 c.c. Rab. Ser. 1:15	0 Colonies.
1 " " " "	1:400	+0.5 " " "	+0.5 " " " "	
1 " " " "	1:800	+0.5 " " "	+0.5 " " " "	100–1,000 Colonies
1 " " " "	1:1600	+0.5 " " "	+0.5 " " " "	
1 " " " "	1:3200	+0.5 " " "	+0.5 " " " "	
1 " " " "	1:6400	+0.5 " " "	+0.5 " " " "	More than 10,000 Colonies
1 " " " "	1:12800	+0.5 " " "	+0.5 " " " "	
1 " " " "	1:25600	+0.5 " " "	+0.5 " " " "	

CONTROLS

Ia	1.5 c.c. NaCl + 0.5 Typh. Emulsion		Plated immediately	More than 10,000 Colonies
	1.5 " " + 0.5 " "		" after 3 hrs.	
IIb	1. " " + 0.5 " "	+0.5 c.c. Rab. Ser. 1:15	" " " "	

After incubation for two or three hours similar quantities are again measured into tubes of melted agar with the capillary pipette. With a little practice, great accuracy in these measurements can be acquired. The inoculated agar tubes are very thoroughly mixed, and plates are poured. At the end of twenty-four hours' incubation, an enumeration of the colonies in the various plates is made and the results are compared.

The *in vitro* bactericidal tests have been employed, practically, chiefly in the diagnosis of typhoid fever by Stern and Korte.[1] While the serum of normal individuals shows practically no bactericidal power for typhoid bacilli, the sera of typhoid patients may be actively bactericidal in dilutions as high as 1 : 50,000.

Hemolytic Tests.—Determination of the hemolytic action of blood serum, bacterial filtrates, and of a variety of other substances, such as tissue extracts and animal and plant poisons, is frequently made in bacteriological laboratories. Familiarity with the methods of carrying out such tests is especially essential since hemolytic tests are also employed in determining other serum reactions, such as the "complement-fixation tests" discussed in another section.

For these tests it is necessary to prepare washed red corpuscles of the species of animal against which the hemolysins are to be tested, and to obtain these, blood may be taken in one of the following ways:

A. If small quantities of blood corpuscles are desired, the blood may be received into a sterile test tube into which a copper or other wire bent into a loop at the lower end has been introduced. This is used to prevent clotting and to remove the fibrin. Immediately after receiving the blood into this tube, the wire is twirled between the fingers so that the blood is beaten by the wire as by an egg-beater. At the end of five minutes of continuous agitation, the fibrin adhering in a mass to the wire may be lifted out. The corpuscles are then washed and centrifugalized in several changes of salt solution to remove all traces of serum, and are finally emulsified in salt solution.

B. The blood may be taken into a centrifuge tube and immediately centrifugalized before clotting has taken place. The plasma is then poured off and the corpuscles are washed with salt solution, as before, to remove the serum.

C. The blood may be taken directly into a solution containing five-tenths per cent sodium chlorid and one per cent sodium citrate.

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[1] *Stern* und *Korte*, Berl. klin. Woch., 1904.

The corpuscles are concentrated by centrifugalization, the citrate solution is decanted, and corpuscles are washed with salt solution, as before, to remove the serum.

D. When large quantities of blood are desired, either from man or from an animal, the blood may be received directly into a flask into which a dozen or more glass beads or short pieces of glass tubing have been placed. The flask is shaken for five or ten minutes, immediately after the blood has been taken and, in this way, defibrination is accomplished.

Since, for comparative tests, it is necessary to establish some standard concentration of red blood cells, it is customary in these tests to employ a five per cent emulsion of corpuscles in salt solution. To obtain this, the thoroughly washed corpuscles from one volume of the original blood are mixed with nineteen parts of 0.85 per cent salt solution.[1] Such an emulsion, if kept sterile and in the refrigerator, will serve for hemolytic tests for from one to three days. An emulsion should not be used if the supernatant salt solution shows any transparent redness, as this indicates hemolysis.

If the substance in which hemolysins are to be determined is serum, this may be used either as such or it may be inactivated by exposure to 56° C. in a water bath, and to each test, complement may be added in the form of fresh guinea-pig or rabbit's serum. No absolute rule for the quantity of complement to be used in these tests can be given. As a starting-point, however, when 1 c.c. of a 5 per cent emulsion of red corpuscles is used, it is best to use about 0.1 to 0.2 c.c. of fresh guinea-pig serum as complement.

In the actual test, mixtures are made of the corpuscle emulsion, the inactivated immune serum, and complement in small test tubes and the volumes of the various tubes made equal by the addition of definite quantities of salt solution. The contents of the tubes are thoroughly mixed and the tubes put in the incubator or in a water bath at 37.5° C. If complete hemolysis occurs, the fluid in the tube will assume a deep Burgundy red. If no hemolysis occurs, the fluid will remain uncolored and the corpuscles will settle out. Incomplete hemolysis will be evidenced by a lighter tinge of red in the tube and by the settling out of a varying quantity of blood corpuscles.

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[1] The method here given was formerly much employed. It is now the general practice, however, to use one volume of the actual sediment to nineteen volumes of salt solution.

In all hemolytic tests the time element is important. No hemolysis should be adjudged as incomplete unless at least one hour has elapsed.

It is often necessary to carry out hemolytic tests on the blood corpuscles of one human being with the serum of another in order to determine the advisability of performing transfusion. In this case, the serum of the recipient is mixed with a corpuscle emulsion of the cells of the donor, and *vice versa*. Since it is often difficult to obtain much blood for these tests, the writers have found it convenient to make the test in throttle pipettes, instead of in test tubes. By this technique, ten or fifteen drops of blood and a very small amount of serum will suffice. It should be stated, however, that whenever sufficient quantities of serum can be obtained this technique should not be employed.

The Determination of Antibodies in Sera by Complement Fixation.— The principle of complement fixation, discovered by Bordet and Gengou[1] in 1901, has been utilized both in bacteriological investigations, and in practical diagnosis for the determination in serum of the presence of specific antibodies. Although spoken of in another section of this book, it may be well to review, briefly, the principles of the Bordet-Gengou phenomenon. The reaction depends upon the fact that when an antigen, *i.e.*, a substance capable of stimulating the formation of antibodies in animals or man, is mixed with its inactivated antiserum, in the presence of complement, the complement is firmly fixed by the combined immune body and antigen in such a way that it can no longer be found free in the mixture. If such a mixture is allowed to stand at a suitable temperature for an hour or more, and to it is then added an emulsion of red blood cells together with a suitable quantity of inactivated hemolytic serum, no hemolysis will take place, since there is no free complement available to complete the hemolytic system. If, on the other hand, the original mixture contains no antibody for the antigen used, the complement present is not fixed and is available for the activation of the hemolytic serum later added.

The reaction thus depends, in principle, intimately upon the fact that neither antigen[2] alone, nor amboceptor (antibody) alone, can fix complement, but that this fixation is carried out only by the combination of antigen plus amboceptor. Any specific amboceptor can be determined by this method, provided the homologous or stimulating antigen is used; and *vice versa*, by the use of a known antibody a suspected antigen may be determined..

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[1] *Bordet* and *Gengou*, Ann. de l'inst. Pasteur, xv, 1901.

[2] *Bordet* and *Gay*, Ann. de l'inst. Pasteur, xx, 1906.

When testing immune sera for amboceptors given rise to in man or animals by microorganisms which can be cultivated, either the whole bacteria or extracts of the bacteria may be used as an antigen.

For the diagnosis of syphilis by this method, in the so-called "Wassermann reaction," the antigen employed was originally obtained by the extraction of syphilitic organs, in which free syphilitic antigens, *i.e.*, uncombined products of Spirochæte pallida, were assumed to be present. As this reaction has recently become prominent and has proven of no inconsiderable diagnostic value, the technique given below for immune-body determination by complement fixation will be that utilized in the Wassermann test for syphilis.

The reader will, however, bear in mind that the test may be applied to other diseases simply by the substitution of the suitable, specific antigen. Thus, when cultivatable bacteria are used as antigens, Bordet and Gengou make use of a thick salt-solution emulsion of a twenty-four-hour agar-slant culture of the microorganisms. In the case of the tubercle bacilli, these authors emulsify 80 milligrams of the bacilli in 1 c.c. of the salt solution. Wassermann and Bruck,[1] on the other hand, prepare their bacterial antigen in the following way: The growths of about ten agar slant cultures are emulsified in 10 c.c. of sterile, distilled water. This emulsion is shaken for twenty-four hours in a shaking apparatus. At the end of this time 0.5 per cent of carbolic acid is added and the fluid cleared by centrifugalization. These antigens become slightly weaker during the first ten or fourteen days, but after that remain fairly constant. For the determination of tuberculosis antibody, these authors make use of either old tuberculin or the new tuberculins "TR" or "Bazillen Emulsion."

The Wassermann Test for the Diagnosis of Syphilis.[2]—The substances for the test are the following:

I. *The Antigen.*—In their original experiments, Wassermann and his collaborators made use of salt-solution extracts of the organs (chiefly of the spleen) of a syphilitic fetus. The tissue substance was cut into small pieces and to one part by weight of this substance, four parts of normal salt solution and 0.5 per cent of carbolic acid were added. This mixture was shaken in a shaking apparatus for twenty-four hours, and after this the coarser particles were removed by centrifugalization. The reddish supernatant fluid was used as the antigen and could be preserved for a long time in dark bottles in the ice chest.

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[1] *Wassermann* und *Bruck*, Med. Klinik, 55, 1905, and Deut. med. Woch., xii, 1906.

[2] *Wassermann*, *Neisser* und *Bruck*, Deut. med. Woch., xix, 1906; *Wassermann*, *Neisser*, *Bruck* und *Schucht*. Zeit. f. Hyg., lv, 1906.

Michaelis[1] obtained the antigen in the following way: The liver of a syphilitic fetus was preserved in a frozen state and from time to time small quantities of extract were prepared for the purpose of obtaining antigen. This was obtained by thoroughly grinding up a small piece of the liver in a mortar and adding five parts of salt solution and about 0.5 per cent of carbolic acid. This mixture was shaken in a shaking apparatus for several hours and was then allowed to stand at a temperature slightly above 0° C. for several days. Finally it was cleared by filtration or centrifugalization.

Alcoholic extracts of syphilitic organs have been used by a number of authors. Porges and Meier[2] extract the chopped-up syphilitic liver for twenty-four hours with five times the volume of absolute alcohol. This is then filtered through paper and the alcohol evaporated *in vacuo* at a temperature not above 40° C. The greenish sticky residue should have an alkaline or neutral reaction. About 1 gram of this material is then emulsified in 100 c.c. of salt solution to which 0.5 per cent of carbolic acid has been added. The fine emulsion which results is filtered through thin paper and the filtrate used as the antigen.

Porges and Meier, as well as a number of others, have discovered that in actual practice it is not necessary to make use of syphilitic organs in order to obtain an antigen which will combine with syphilitic immune body. This fact, of course, has thrown much suspicion upon the specificity of the phenomenon. In practice, however, it appears as a purely empirical fact that many of the non-specific antigens, nevertheless, give reasonably reliable results. The authors mentioned above have found that a 1 per cent emulsion of commercial lecithin (Kahlbaum) in carbolized salt solution furnishes a suitable antigen. This has not been universally confirmed. The same authors have obtained good results by extracting a normal fetal liver by alcohol in the same way as they extracted the syphilitic organ. Landsteiner, Müller, and Poetzl[3] have successfully employed an alcoholic extract of the heart substance of a guinea-pig.

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[1] *Michaelis*, Berl. klin. Woch., 1907.

[2] *Porges* und *Meier*, Berl. klin. Woch., xv, 1908.

[3] *Landsteiner*, *Müller* und *Poetzl*, Wien. klin. Woch., 50, 1907.

Similar alcoholic extracts of normal human spleen or of normal rabbit's liver may be employed. Although often claimed that the antigen in such extracts is furnished by the lipoids, as a matter of fact it is at the present day unknown to which ingredient the immune-body binding power is to be attributed.

The antigen used in several hundred reactions by the writers with satisfactory result is one prepared according to the method of Noguchi,[1] as follows:

Fresh normal liver or spleen is covered and thoroughly macerated with five times its volume of absolute alcohol. This is allowed to extract in the incubator for six to eight days, being thoroughly stirred up at least once a day. It is then pressed through cheese-cloth and filtered through paper. This alcoholic extract is evaporated to dryness at room temperature with the aid of a wind fan. The sticky, brownish residue resulting is taken up in a small quantity of ether and the solution poured into four times its volume of C. P. acetone. A heavy flocculent precipitate forms which settles to the bottom as a sticky brown mass. This is retained as antigen and may be preserved under acetone. The acetone-soluble fraction is thrown away. For use, about 0.2 gram of the sticky paste is dissolved in about 5 c.c. of ether and 100 c.c. of salt solution added. This is shaken until the ether has evaporated. The resultant antigen, ready for use, is a slightly opalescent greenish fluid from which nothing settles out on standing.

Before an antigen can be used for the actual test, it is necessary to determine the quantity which will furnish a valid result. The substances which are used as antigens often have the power, if used in too large quantity, of themselves binding complement. It is necessary, therefore, to determine the largest quantity of each given antigen which may be used without exerting an anti-complementary action, *i.e.*, which will not inhibit in the presence of normal serum but which will at the same time inhibit hemolysis when syphilitic serum is used. This is done by mixing graded quantities of the antigen with a constant quantity of complement (0.1 c.c. of fresh guinea-pig serum), in duplicate sets, adding to each tube of one set 0.2 c.c. of a normal serum, and to the other 0.2 c.c. of a known syphilitic serum. These substances are allowed to remain together for one hour and then red blood corpuscles and inactivated hemolytic serum are added. The quantity which has given complete inhibition with the syphilitic serum, but absolutely no inhibition with normal serum, is the one to be employed in subsequent reactions. Before actual use, it is convenient to make a dilution of antigen in salt solution in such a way that 1 c.c. shall contain the amount required. Thus if 0.05 c.c. is wanted, mix 0.5 c.c. with 9.5 c.c. salt solution. Then 1 c.c.of this can be added to each tube in the test.

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[1] *Noguchi*, Personal communication.

II. *The Hemolytic Serum.*—The hemolytic amboceptor, for the reaction, is obtained by injecting into rabbits the washed red blood corpuscles of a sheep. A 5 per cent emulsion of the corpuscles is made and of this 5 c.c., 10 c.c., 15 c.c., etc., are injected at intervals of five or six days. Three or four graded injections of this kind are usually sufficient to furnish a serum of adequate hemolytic power. The injections may be made intraperitoneally or intravenously. About nine or ten days after the last injection of corpuscles, the rabbit is bled from the carotid artery and the serum obtained by pipetting it from the clot.

It is best to have a hemolytic serum of high potency in order that the quantities used for the reaction may be as small as possible. This is desirable because of the fact that the serum may contain small amounts of precipitins for sheep's serum, due to insufficient washing of the corpuscles employed in the immunization. If such precipitins should be present in any quantity in the serum used for the reaction, precipitates might be formed, and these, as we know, have a tendency to carry down complement from a mixture.

While the quantitative relations of the complement and antigen in the Wassermann reaction are important, they are vastly more so in the case of the hemolytic amboceptor. For the actual reaction most observers make use of two hemolytic units. A hemolytic unit is the quantity of inactivated immune serum which, in the presence of complement, suffices to cause complete hemolysis in 1 c.c. of a 5 per cent emulsion of washed blood corpuscles. Noguchi[1] has pointed out very clearly the dangers of not delicately adjusting the quantity of amboceptor used in the reaction. In a recent communication upon the subject, he has called attention to the experiments of Morgenroth and Sachs[2] who have shown that the relationship between complement and amboceptor necessary for hemolytic reactions is one of inverse proportions. To state it more clearly, in their own words, "in the presence of larger quantities of amboceptor, smaller quantities of complement suffice," and *vice versa*. Noguchi, in his work, has found that, while, in the presence of one unit of amboceptor, 0.1 c.c. of guinea-pig's complement is required to produce hemolysis, by using four, eight, and twenty units of amboceptor, complete hemolysis is obtainable with one-third, one-fifth, and one-tenth of the 0.1 c.c. of complement, respectively. For this reason an excess of amboceptor might result in complete hemolysis in a test, if a small fraction of the complement were left unfixed by the syphilitic antibody. Another result of an excess of amboceptor would consist in a partial dissociation of the complement from its combination with the antigen-antibody compound. As Noguchi puts it, "a quantity of syphilitic antibody just sufficient to fix 0.1 c.c. of the complement against two units of the amboceptor is no longer efficient in holding back the complement from partial liberation against the influence exerted by more than four units of the amboceptor."

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[1] *Noguchi*, Proc. Soc. for Exper. Biol. and Med., VI., 3, 1909.

[2] *Morgenroth* und *Sachs*, in Ehrlich's "Gesammelte Arbeiten," etc., Berlin, 1904.

From these considerations it follows that the serum from rabbits immunized against sheep corpuscles must, in each case, be titrated in order to determine the hemolytic unit. For this purpose a number of mixtures are made in test tubes, containing each 0.1 c.c. of complement (fresh guinea-pig serum), 1 c.c. of a 5 per cent emulsion of sheep's corpuscles, and diminishing quantities of the inactivated hemolytic serum, thus:

.1 c.c. of complement fresh guinea-pig serum + 1. c.c. of 5 per cent emulsion sheep's corpuscles + Inactivated hemolytic serum.

.01 c.c. = complete hemolysis.
.009 c.c. = complete hemolysis.
.005 c.c. = complete hemolysis.
.003 c.c. = complete hemolysis.
.001 c.c. = complete hemolysis.
.0009 c.c. = partial hemolysis.
.0005 c.c. = no hemolysis.
.0003 c.c. = no hemolysis.[1]

In the given case, 0.001 c.c. of the serum represents one unit, and 0.002 c.c., two units, is the quantity to be used for each test.

III. *The Complement.*—The complement for the Wassermann reaction is used in the form of fresh guinea-pig serum. This may be obtained in one of the following ways: A guinea-pig may be killed by an incision in the throat and the blood allowed to flow into a large Petri dish. This is set away in the ice chest until clear beads of serum have formed upon the surface, and these are then carefully removed with a pipette. The writers have found it convenient, however, to anesthetize the guinea-pigs, then, by a longitudinal incision into the neck to lay bare the carotid artery and, severing this, to allow the blood to flow into a sterile centrifuge tube. When clotting has occurred, the clot is loosened from the glass with a platinum needle and the serum separated by centrifugalization. Such serum should be used for no longer than three days after being taken and should be kept, except when in actual use, at a low temperature. The complement in guinea-pig serum is sufficiently constant in quantity for practical purposes.

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[1] In each tube the volume of the mixture should be made up to 5 c.c. with 0.85 per cent salt solution.

IV. *The Sheep Corpuscles.*—The sheep corpuscles for the actual reaction are obtained by receiving the blood of a sheep in a small flask containing a sterile solution of a 0.5 per cent sodium citrate and 0.85 per cent sodium chloride, or into one containing glass beads or short pieces of glass tubing. In the former case, the citrate solution prevents clotting and the corpuscles may be washed free from the citrate solution and emulsified in salt solution before use in the test. In the latter case, it is necessary to shake the blood in the flask immediately after taking, and to continue the shaking motion for about ten minutes. At the end of this time, the blood will be defibrinated and the corpuscles are washed free from serum by centrifugalization in salt solution. A 5 per cent emulsion of the corpuscles in salt solution is employed for the test, made by measuring the bulk of centrifugalized corpuscles and adding nineteen parts of sterile salt solution. Thorough washing of the corpuscles is essential both in order to preclude the occurrence of precipitates and to remove any traces of complement present in the serum.

V. *The Serum to be Tested for Syphilitic Antibody.*—The serum of the patient upon whom the test is to be made is best obtained in the same way that blood is obtained for blood cultures. After surgical precautions as to sterilization, a needle is plunged into the median basilic vein and 3 or 4 c.c. of blood are removed. Whenever circumstances do not permit such procedure, blood may be obtained from the finger or the ear, always in sufficient quantity to furnish at least 1 c.c. of clear serum. Before use for the test, the patient's serum must be inactivated by heating in a water bath to 56° C. for twenty minutes to half an hour. As, according to some observers, 56° C. destroys the syphilitic antibody in part, Noguchi advises inactivation at 54° C.

THE TEST.—The actual test for antibody in a suspected serum is carried out in the following way: In a test-tube of suitable size, 0.1 c.c. of complement, 0.2 c.c. of the inactivated suspected serum, and the antigen, in quantity determined by titration, are mixed, and the total volume brought up to 3 c.c. with normal salt solution. This mixture is thoroughly shaken, and placed for one hour in a water bath or in the incubator at 37.5° C. At the end of this time, there is added 1 c.c. of a 5 per cent emulsion of sheep's corpuscles, and two units of hemolytic amboceptor, determined by a titration of the inactivated hemolytic rabbit serum, as described above. This mixture is again placed at 37.5° C. for one to two hours. If the antibody is present in the suspected serum, no hemolysis takes place. If absent, hæmolysis is complete.

No test is of use unless suitable controls are made. The controls set up should be as follows:

Control 1. For each serum tested the mixture described above, omitting antigen.

Controls 2 and 3. The mixture made as in the test but with *known* syphilitic serum (2) with and (3) without antigen.

Controls 4 and 5. The mixture made as in the test, but with normal serum (4) with and (5) without antigen.

Control 6. Antigen and complement alone, left together for an hour before the addition of blood cells and amboceptor in order to preclude the possibility of the antigen itself fixing complement. When working with a well-controlled antigen this control may be omitted.

Controls 7 and 8. The hemolytic system, complement, blood cells and amboceptor, set up in order to show that the system is in working order (7) with and (8) without antigen. It is convenient to set the tubes in two rows in a rack, the front row containing antigen, the back row containing the same mixture without antigen.

In a positive test, the test itself, and Control 2, alone, should show inhibited hemolysis. The other tubes should show complete solution of the hemoglobin. (See scheme, p. 259.)

Modifications of the Wassermann Test.—*Bauer's Modification.*—Bauer[1] utilizes the fact that normal human serum contains a certain amount of hemolytic amboceptor for sheep's corpuscles. In consequence he omits in his reaction the use of specifically immunized hemolytic rabbit serum. In carrying out the test he uses but four tubes:

1. Contains 0.1 c.c. of complement, the titrated amount of antigen, and 0.2 c.c. of the inactivated serum to be tested.
2. Contains the same mixture without antigen.
3. Is like one, except that normal serum is substituted for that of the patient.

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[1] *Bauer*, Deut. med. Woch., xii, 1908, and Berl. klin. Woch., xvii, 1908.

4. Is like three, except that antigen is omitted.

If this modification is used at all (and its value is by no means established), a fifth control should be added in which known syphilitic serum is used.

These tubes are exposed to 37.5° C. for one hour, at the end of which time 1 c.c. of a 5 per cent emulsion of sheep's corpuscles are added.

If the test is positive, tube one should be without hemolysis, as well as the fifth control with known syphilitic serum. Tubes two, three, and four, on the other hand, should show complete hemolysis. This modification of the Wassermann test has not found universal adoption and is little used at present.

SCHEME FOR WASSERMANN TEST.

ADAPTED TO ORIGINAL WASSERMANN SYSTEM AFTER SCHEME OF NOGUCHI.

	Test with Unknown Serum.		Test with Known Positive Syphilic Serum.	Test with Known Negative Normal Serum.	Test without Serum to Control Efficiency of Hemolytic System.
BACK ROW. Without Antigen.	Serum .2 c.c. + O Complement .1 c.c. + Salt sol. 3. c.c. 2.	Total volume .3 c.c.	Serum .2 c.c. + O Complement .1 c.c. + Salt sol. 3. c.c. 4.	Serum .2 c.c. + O Complement .1 c.c. + Salt sol. 3. c.c. 6.	O Complement .1 c.c. + Salt sol. 3. c.c. 8.
FRONT ROW. With Antigen.	Serum .2 c.c. + O Complement .1 c.c. + Antigen (required amount in 1 c.c. salt sol.). + Salt sol. 2. c.c. 1.	Total volume .3 c.c.	Serum .2 c.c. + O Complement .1 c.c. + Antigen + Salt sol. 2. c.c. 3.	Serum .2 c.c. + O Complement .1 c.c. + Antigen + Salt sol. 2. c.c. 5.	O Complement .1 c.c + Antigen + Salt. sol. 2. c.c. 7.

O = test tube.

Place in water bath at 40° C. for one hour, then add to all tubes red blood cells and amboceptor. These are previously mixed so that 2 c.c. contains the equivalents of 1 c.c. of a 5 per cent emulsion of sheep corpuscles and 2 units of amboceptor. Again expose to 40° C. If the serum tested is positive, tubes 1 and 3 should show no hemolysis, all the other tubes showing complete hemolysis in one hour.

Noguchi's Modification.—Noguchi[1] has much simplified the test by making use of an anti-human hemolytic amboceptor instead of an anti-sheep amboceptor. In this way, he avoids the necessity of procuring fresh sheep corpuscles for each test by using the corpuscles of the patient himself. He has determined empirically that human serum contains, normally, no amboceptor active against the human red corpuscles. This fact is extremely important and has a decided advantage over the original Wassermann test, in that in any reaction in which sheep corpuscles are used as an indicator with human serum, the actual amount of hemolytic amboceptor used in the test is uncertain. For, as we have mentioned above, human serum, normally, may contain a variable quantity of amboceptor for sheep corpuscles. In Noguchi's test, therefore, the actual quantity of amboceptor is exactly known by previous titration. The hemolytic amboceptor for Noguchi's test is obtained by four or five injections of washed human corpuscles into rabbits. These corpuscles may be obtained from the heart's blood at autopsies, or better, if possible, from placentæ at childbirth. The unit for this amboceptor is obtained by titration as in the case of the sheep-blood amboceptor for the original Wassermann test. In setting up Noguchi's test, the following substances are used:—

(*a*) Patient's serum. Obtained in small glass capsule. About 2 c.c. should be taken.

(*b*) Complement. Fresh guinea-pig serum: 0.1 c.c. of a forty per cent, fresh, guinea-pig serum in salt solution is used in the test. Obtain by adding 1 part of guinea-pig serum to one and one-half parts of salt solution.

(*c*) Antigen. Substance prepared as in the Wassermann test by extraction of syphilitic or normal organ.

(*d*) Human corpuscles. Normal corpuscles or those of the patient himself may be employed. If the patient's red cells are chosen, these should not be used for other tests than that on the patient's own serum; 1 c.c. of a one per cent emulsion of washed corpuscles is used for the test.

(*e*) Anti-human amboceptor prepared by the injection of washed human corpuscles into rabbits and titrated against human corpuscles. Two units are used in the test.

The test itself is set up as follows:

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[1] *Noguchi*, Jour. of Exper. Medicine, 1909.

Tube 1. 1 drop patient's serum + complement (.1 c.c. of 40 per cent guinea-pig serum + antigen.

Tube 2. 1 drop patient's serum + complement (no antigen).

Tube 3. 1 drop known syphilitic serum + complement + antigen.

Tube 4. 1 drop known syphilitic serum + complement (no antigen).

Tube 5. 1 drop known normal serum + complement + antigen.

Tube 6. 1 drop known normal serum + complement (no antigen).

Tube 7. Complement alone (for hemolytic system control).

To each tube then add 1 c.c. of the one per cent emulsion of human corpuscles. Shake mixtures thoroughly and incubate or place in water bath at 38–40° C. for one hour. Then add to each tube two units of amboceptor and replace in water bath for one hour. At the end of this time in a positive test there will be no hemolysis in tubes one and three while all the other tubes will show hemolysis.

Noguchi has simplified the technique of complement fixation further by drying measured amounts of antigen and amboceptor upon small squares of blotting paper. These may be dropped into the tubes directly, obviating the necessity of preparing fresh dilutions of the concentrated substances for each test. The substances in the dried state, moreover, may be preserved for longer periods than when kept in the liquid form.

The Determination of Antigen by Complement Fixation.—The principles underlying the preceding tests for the determination of suspected antibodies may be equally applied to the determination of suspected antigen. In the former case it was necessary to bring the serum to be tested into contact with the antigen specific for the suspected antibody, in the presence of complement, and at a suitable temperature. At the end of an hour the mixture was tested for free complement by the addition of hemolytic amboceptor and red blood cells. In testing for antigen, the procedure is reversed, in that the serum or other substance (bacterial extract) to be tested is brought into contact with an antibody specific for the antigen, in the presence of complement; and at the end of an hour at suitable temperature, free complement is again determined by hemolytic reaction as before.

When dealing with bacterial antigen, it is necessary, therefore, to prepare a highly potent immune serum against the bacteria which contain the specific antigen which is sought.

Thus in testing for typhoid-bacillus antigen in the serum of a patient, the substances required are as follows:

1. Complement: obtained from fresh guinea-pig serum. It is best to titrate the complement when possible, using for the test double the

quantity necessary to produce complete hemolysis of 1 c.c. of a five per cent emulsion of blood cells, in the presence of two units of amboceptor. When titration is omitted 0.1 c.c. may be used in routine work, and is sufficiently accurate.

2. Hemolytic amboceptor: rabbit serum hemolytic for sheep corpuscles. Inactivated and titrated as for Wassermann test. Two units are used in the test.

3. A five-per-cent emulsion of sheep corpuscles in salt solution, prepared as for Wassermann test.

4. A highly potent typhoid antiserum obtained from an immunized rabbit. In this case the smallest quantity of the immune serum which will cause the fixation of complement in the presence of an emulsion or extract of typhoid bacilli is determined by experiment. The bacillary emulsion is prepared by scraping the growth from twenty-four-hour agar slant cultures, drying it, and macerating in a mortar with salt solution until a slightly opalescent emulsion is formed. A series of tubes is prepared into each of which is placed 0.1 c.c. of the emulsion of bacteria, 0.1 c.c. of fresh guinea-pig serum, as complement, and gradually diminishing quantities of the inactivated specific immune serum, ranging from 0.1 c.c. downward. These tubes are left for one hour at 38° to 40° C., and, following this, there are added the required quantities of red blood cells and hemolytic immune serum. The smallest quantity of immune serum which has completely inhibited hemolysis is the unit and a quantity slightly greater than this should be used in the actual test.[1]

5. Serum from the patient, inactivated at 56° C. for twenty minutes.

In the actual test a series of tubes are prepared each of which contains:

1. Complement, the determined quantity or 0.1 c.c.
2. Antiserum, the determined quantity.
3. Diminishing quantities of the serum to be tested for antigen beginning with 1 c.c.

Salt solution is added for dilution to 3 c.c.

These substances are left together at 40° C. for one hour and then the required quantities of amboceptor and red cells are added. The reaction is controlled by tubes containing the same ingredients without the typhoid antiserum. In a positive test there will be no hemolysis in the tubes containing the patient's serum.

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[1] *Müller*, "Technik d. serodiagnos. Methoden." Jena, 1909; *Leidke*, "Zur Kenntniss d. Komplemente," Würzburg, 1908.

Proteid Differentiation by Complement Fixation.—That the technique of complement fixation was applicable to the determination of specific proteid antigen—such as human or animal blood—was shown by Gengou[1] in 1902. The principles worked out by him have been practically applied by Neisser and Sachs[2] and others to the forensic differentiation of animal proteids and these tests are said to be more delicate and reliable than precipitation tests made for the same purpose.

The substances necessary for the reaction are as follows:

1. Complement, titrated as above.
2. Hemolytic amboceptor as above.
3. A five-per-cent emulsion of sheep corpuscles as above.
4. Specific antiserum.

This is obtained from a rabbit immunized with the proteid for which the test is to be made; viz.: human or animal blood serum. This must be titrated. In order to do this, diminishing quantities of the antiserum are mixed in a series of tubes with the determined quantity of complement, and the antigen which is to be tested for, *i.e.*, the homologous serum with which the antiserum has been produced. Since the test should be sufficiently delicate to determine 0.0001 c.c. of the antigen, this quantity is added to each tube. The actual titration is as follows:[3]

1. Antiserum, undiluted .1 + homologous serum .0001 + complement.
2. Antiserum diluted by 10 .75 + homologous serum .0001 + complement.
3. Antiserum diluted by 10 .75 + homologous serum .0001 + complement.
4. Antiserum diluted by 10 .3 + homologous serum .0001 + complement.
etc., down to .1

These tubes are incubated for one hour and hemolytic amboceptor and red blood cells are added. The smallest quantity of antiserum which has completely inhibited hemolysis is the "unit" and one and a half to two times this quantity is used for the test.

5. A solution of the blood spot or other material to be tested prepared as for precipitin test. (See page 254.)

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[1] *Gengou*, Ann. de l'inst. Pasteur, 1902.

[2] *Neisser* und *Sachs*, Berl. klin. Woch., 1905 and 1906. See also *Citron*, in Kraus and Levaditi "Handbuch," etc.

[3] *Citron*, loc. cit.

For the actual test the following mixtures are made in a series of tubes, each of which contains:

1. Complement } quantity determined by titration.
2. Antiserum }
3. Diminishing quantities of the substance in which the antigen is suspected, ranging from 0.1 c.c. downward to 0.0001 c.c.

Salt solution is added as a diluent up to 3 c.c. and the tubes are placed in the incubator or water-bath at 37.5° to 40° C. At the end of this time red blood cells and amboceptor are added as before.

The tubes are controlled by a series containing all the above ingredients except the antiserum.

CHAPTER XVII

PHAGOCYTOSIS

THE studies on immunity which we have outlined in the preceding sections have dealt entirely with the phenomena occurring in the reaction between bacteria or bacterial products and the body fluids. These studies, we have seen, have formed the basis of a theoretical conception of immunity formulated chiefly by the German school of bacteriologists under the leadership of Ehrlich, Pfeiffer, Kruse, and others. Parallel with these developments, however, investigations on immunity have been carried on which have brought to light many important facts concerning the participation of the cellular elements of the body in its resistance to infectious germs.

The inspiration for this work and the greater part of the theoretical considerations which have been based upon it have emanated from Metchnikoff[1] and his numerous pupils at the Pasteur Institute in Paris. The phenomenon which these observers have studied in great detail and upon the occurrence of which they have based their conceptions of immunity, is known as phagocytosis.

It is well known that among the lowest unicellular animals the nutritive process consists in the ingestion of minute particles of organic matter by the cell. The rhizopods, which may be found and studied in water from stagnant pools or infusions, when observed under the microscope, may be seen to send out short protoplasmic processes, the pseudopodia, by means of which they gradually flow about any foreign particle with which they come in contact. If the ingested particle is of an inorganic nature and indigestible, it will be again extruded after a varying period. If, however, the ingested substance is of a nature which can be utilized in the nutrition of the protozoon, it is rapidly surrounded by a small vacuole within which it is gradually dissolved and becomes a part of the cellular protoplasm. This digestion within the unicellular organism is probably due to a proteolytic enzyme[2] which acts in the

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Metchnikoff, " L'Immunité dans les maladies infectueuses."

[2] *Mouton*, Ann. de l'inst. Pasteur, xvi. 1902.

presence of a weakly alkaline reaction. This has been shown by the actual extraction, from amebæ, of a trypsin-like ferment.

As we proceed higher in the scale of the animal kingdom, we find that this power of intracellular digestion, while not uniformly an attribute of all the body cells, is still well developed and a necessary physiological function of certain cells which have retained primitive characters. In animals like the cœlenterata, in which there are two cell layers, an entoderm and an ectoderm, the ectodermal cells have lost the power of intracellular digestion, while the entodermal cells are still able to ingest and digest suitable foreign particles. It is only as we proceed to animals of a much higher organization that the function of cell ingestion of crude food is entirely removed from the process of general nutrition. Nevertheless, in these animals also, the actual cell ingestion of foreign particles occurs, but it is now limited entirely to a definite group of cells. In the higher animals and in man, this function of phagocytosis is limited to the white blood cells of the circulation, or leucocytes, to certain large endothelial cells lining the serous cavities and blood-vessels, and to cells of a rather obscure origin, which contribute to the formation of giant cells within the tissues. A convenient division of these phagocytic cells is that into "wandering cells" and "fixed cells." The wandering cells are the polymorphonuclear leucocytes, called "microphages" by Metchnikoff, and certain large mononuclear elements or "macrophages." Fixed cells, also called macrophages by Metchnikoff and possessing the power of ameboid motion, include the cells lining the serous cavities, and the blood and lymph spaces. The small lymphocytes, so far as we know, have no phagocytic functions.

In studying the cellular activities which come into play whenever foreign material of any description gains entrance into the animal body, a definite reaction on the part of the phagocytic cells may be observed. When we inject into the peritoneal cavity of a guinea-pig a small quantity of nutrient broth, and examine the exudate within the cavity from time to time, we can observe at first a diminution from the normal of the cells present in the peritoneal fluid. This may be due either to an injury of the leucocytes by the injected substance, or to an actual repellent influence which the injected foreign material exerts upon the wandering cells.[1] Very soon after this, however, the exudate becomes extremely rich in leucocytes, chiefly of the polymorphonuclear variety, the maximum of the reaction being reached about eighteen to twenty-four hours after the injection. After this, there is a gradual diminution in the leucocytic elements until the fluid in the peritoneal cavity again reaches its normal condition. It is plain, therefore, that the presence of the foreign material in the peritoneal cavity has, after a primary repellent action upon the phagocytes, attracted them in large numbers to the site of the foreign substance. Such repelling or attracting influences upon the leucocytes are spoken of as negative or positive chemotaxis. The reasons for chemotaxis are not well understood. In the case of bacteria, which chiefly interest us in the present connection, chemotactic attraction or repulsion is intimately dependent upon the nature of the microorganism, and very probably has a definite relationship to its virulence. Whether or not the principles of chemotaxis may serve to explain the hypo- and hyper-leucocytoses, observed and diagnostically utilized in clinical medicine, is by no means positive. It is likely, however, that the two phenomena are closely associated. Levaditi[1] believed that he obtained some evidence that negative chemotaxis may take place within the blood-vessels when he noticed that the intravenous injection of cholera spirilla into immunized guinea-pigs resulted in an immediate disappearance of leucocytes from the circulating blood, and their accumulation in the internal organs. On the other hand, this may possibly be more logically explained by a concentration of both bacteria and leucocytes in the capillary system of such an organ as the liver, as it is known that injected bacteria rapidly disappear from the general circulation, but may be demonstrated in the various organs for some time after injection.

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[1] *Pierrallini*, Ann. de l'inst. Pasteur, 1897.

We have seen, therefore, that the invasion of the animal body by foreign material, living or dead, is followed by a prompt response on the part of the phagocytic cells. In the case of bacteria, when these are deposited in the subcutaneous areolar tissues, the inflammatory reaction which follows brings with it an emigration of microphages (polynuclear leucocytes) from the blood-vessels—and these are the so-called pus cells. When the injection of bacteria is intraperitoneal, after a primary diminution, there is an increase of leucocytes in the peritoneal cavity which soon results in the formation of a copious turbid exudate. If the pus of an abscess or the exudate from an infected peritoneum is examined microscopically, it will be seen that many of the microphages have taken bacteria into their cytoplasm. That fully virulent living bacteria can be so taken up has been variously proven. The phagocytosis is, therefore, not simply a removal of the dead bodies of bacteria previously killed by the body-fluids, but represents an actual attack upon living and fully virulent microorganisms. That the ingested bacteria are often alive after ingestion is proved by the fact that the injection of exudate containing, so far as can be determined, only intracellular bacteria, has, in several instances, been found to give rise to infection.

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[1] *Levaditi*, Presse méd., 1900.

After the bacteria have remained for some time within the cytoplasm of the leucocyte, vacuoles may be seen to form about them, similar to those mentioned in discussing the digestive processes of amebæ. If the preparations are, at this stage or later, stained with a one-per-cent solution of neutral red, it will be found that the bacteria, colorless under normal conditions, will be stained pink, an evidence of their beginning disintegration. At a later stage in the process of intracellular digestion, the bacteria will lose their form, and appear swollen, granular, and vacuolated, and finally will be no longer distinguishable. If, on the other hand, the ingestion of bacteria brings about the death of a leucocyte, the neutral red will not stain the bacteria, the digestive vacuoles will not form, and the leucocyte itself will disintegrate.

It must not be forgotten, however, that not all microorganisms are equally susceptible to phagocytosis. Some may resist ingestion more energetically than others by agencies not fully understood. Others again, like the tubercle bacillus and the anthrax bacillus for instance, may, after ingestion, oppose great difficulties to intracellular digestion.

To a certain extent, moreover, the variety of the bacterium determines the variety of phagocyte attracted to the point of invasion. In the cases of most of the bacteria of acute diseases, the microphages or polymorphonuclear leucocytes are the ones upon which the brunt of the battle devolves. Other invaders, like the Bacillus tuberculosis, blastomyces, and others, find themselves opposed chiefly by the macrophages. Cells of animal origin, such as the dead or injured cells of the animals' own body or the cells of other animals artificially introduced, are ingested by macrophages. This is true also of many parasites of animal nature.

It is clear, thus, that the process of phagocytosis is a universal response on the part of the body to the invasion of foreign particles of dead material, of alien cells, and of living microorganisms. It remains to be shown upon what basis this process may be regarded as an essential feature in protecting the body against infection.

The numerous researches of Metchnikoff have brought out the important fact that phagocytosis is regularly more active in cases in which the infected animal or human being eventually recovers. In animals, furthermore, which show a high natural resistance against any given microorganism, phagocytosis is decidedly more energetic than it is in animals more susceptible to the same incitant. Thus, experimenting with anthrax infection in rats, Metchnikoff was able to show that, in these animals, a decidedly more rapid and extensive phagocytosis of anthrax bacilli takes place than in rabbits and guinea-pigs and other animals which are delicately .susceptible to this infection. While different interpretations have been attached to this phenomenon, its actual occurrence may be accepted as a proven fact.

In his later investigations, furthermore, Metchnikoff was able to show that a direct parallelism existed between the development of immunity in an artificially immunized animal and the phagocytic powers of its white cells. He showed that rabbits artificially immunized to anthrax, responded to anthrax infection by a far more active phagocytosis than did normal, fully susceptible animals of the same species.

It is quite impossible, in the space allotted, to recount the many similar experiments by which the accuracy of these observations has been confirmed. While few bacteriologists at the present day harbor any doubt as to the truth of these contentions, the fundamental differences between the conclusions drawn from these various phenomena by the school of Metchnikoff and by that of the German workers may be clearly stated as follows: Metchnikoff believes that phagocytosis is the cardinal factor which determines immunity, while Pfeiffer and others maintain that the determining factors upon which recovery or lethal outcome depends, lie in the fluids of the body, the serous exudate and its contents of immune body and complement, while the phagocytosis occurring coincidently, is merely a means of removal of the bacteria after the outcome has already been decided.

In the further developments of his theory, Metchnikoff has claimed that the immune body and complement—the presence of which in blood serum and exudates he by no means overlooks—are derivatives of the leucocytes.

The immune body or "fixator," as Metchnikoff has named it, has been shown by Wassermann and Takaki[1] to be most plentiful in the spleen, lymph nodes, and bone marrow of animals—all of them organs in which large collections of leucocytic elements are found. Metchnikoff's opinions as to the leucocytic origin of the complement, or "cytase," have found support in the experiments of Levaditi,[1] who was able to demonstrate the absence of complement in blood plasma,—*i.e.*, where no destruction of leucocytes had taken place—and in those of Cantacuzène,[2] who showed that cholera-immune guinea-pigs would succumb to intraperitoneal injection of these bacteria when the diapedesis of leucocytes had been prevented by the administration of opium.

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[1] *Wassermann* und *Takaki*, Berl. klin. Woch., 1898.

The chapter of phagocytosis in its relation to bacterial immunity is by no means closed. The problems involved in it are intricate and will require much further study. The subsequent sections upon opsonins, aggressins, and upon leucocyte extract, incorporate the more recent studies which may be said to have followed logically in the footsteps of Metchnikoff's work.

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[1] *Levaditi*, Presse méd., 1900.

[2] *Cantacuzène*, Ann. de l'inst. Pasteur, 1897.

CHAPTER XVIII

OPSONINS, LEUCOCYTE EXTRACT, AND AGGRESSINS

OPSONINS

ALTHOUGH the theories of immunity are, as we have stated, generally classified as the humoral and the cellular or phagocytic theories, the separation has never, even in the minds of the warmest partisans, been an absolute one. Thus, Buchner and his successors looked for the origin, first, of alexin, then of complement, in the leucocytes, and Metchnikoff attributed to immune serum the quality of stimulating the leucocytes (stimulins) to increased phagocytosis. The serum, according to Metchnikoff, acted, not directly upon the bacteria, in the nature of bactericidal or lytic substances, but rather upon the leucocytes, preparing or arming these for the fray. Denys and Leclef[1] were the first definitely to oppose this view. These authors, on the basis of experiments done upon streptococcus immunity in rabbits, came to the conclusion that the serum aided phagocytosis rather by its action upon the bacteria than by its influence upon the leucocytes.

Wright[2] in 1903 and 1904 undertook a systematic study of the relation of the blood serum to phagocytosis, in a series of careful experiments. Using his own modifications of the technique of Leishman,[3] he first determined the direct dependence of phagocytosis upon some substance contained in the blood serum. He further proved conclusively that this serum component acts upon the bacteria directly and not upon the leucocytes, is bound by the bacteria, and renders them subject to phagocytosis. The presence of these substances in sera, furthermore, which appear entirely free from bactericidal or lytic bodies, and the thermolabile character of the substances (60° for ten or fifteen minutes destroys them) seemed to exclude their identity with the immune bodies of other authors.

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[1] *Denys* et *Leclef*, La cellule, xi, 1895.

[2] *Wright* and *Douglas*, Proc. Royal Soc. London, lxxii, 1904.

[3] *Leishman*, Brit. Med. Jour., i, 1902.

Because of their action in preparing the bacteria for ingestion by the leucocytes, he named these bodies "opsonins" (ὀψωνέω, to prepare food).

Neufeld and Rimpau[1] soon after, and independently of Wright, described similar substances in the blood serum of streptococcus and pneumococcus immune animals, which they called bacteriotropins. Because of their greater thermostability it is not yet possible to identify these bacteriotropins absolutely with the opsonins.

The importance of these opsonic substances in immunity was shown by Wright[2] in a series of experiments in which he determined that in persons ill with staphylococcus or tubercle-bacillus infections, the phagocytic powers were relatively diminished toward these microorganisms, but could be specifically increased upon active immunization with dead bacteria or bacterial products.

The results of Wright have been confirmed and elaborated by numerous workers.

The diminished power of leucocytes to take up bacteria without the co-operation of serum was demonstrated, after Wright, by Hektoen and Ruediger,[3] who worked with gradually increasing dilutions of serum. The contention of the Wright school, however, that leucocytes are entirely impotent for phagocytosis without the aid of serum, can not be regarded as proven, in face of the work of Löhlein[4] and others who have observed phagocytosis on the part of washed leucocytes.

The specificity of opsonins and their multiplicity in a given serum were shown mainly by the work of Bullock and Atkin,[5] Hektoen and Ruediger,[6] and Bullock and Western.[7] These authors showed that the opsonic substances in sera could be absorbed out of the sera, one by one, by treatment with various species of bacteria, a procedure analogous to the method of absorption used in the study of agglutinins.

The increase of phagocytic power demonstrated by Wright in immune sera naturally led to the question whether this depended merely upon an increase of the normal opsonins or whether the newly formed immune opsonins were entirely different substances. The greater thermostability of the opsonins in immune sera seemed, at first, to support the latter view. Dean,[1] however, showed that not all of the normal opsonins are thermolabile and that, by absorption experiments, bacteria treated with normal sera could be prevented from taking up opsonins from immune sera. These facts seem to point strongly toward the identity of normal and immune opsonic substances.

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[1] *Neufeld* und *Rimpau*, Deut. med. Woch., xl, 1904.

[2] *Wright* and *Douglas*, Proc. Roy. Soc., London, lxxiv, 1905

[3] *Hektoen* and *Ruediger*, Jour. Inf. Dis., ii, 1905.

[4] *Löhlein*, Ann. de l'inst. Pasteur, 1905 and 1906.

[5] *Bullock* and *Atkin*, Proc. Roy. Soc., London, lxxiv, 1905.

[6] *Hektoen* and *Ruediger*, loc. cit.

[7] *Bullock* and *Western*, Proc. Roy. Soc., loc. cit.

Further study of the opsonins has led to numerous other questions regarding their structure, their relation to other immune bodies, etc., which are largely still in the stage of controversy, and for which the original monographs must be consulted.

The controversial questions may be briefly reviewed as follows:

As stated above, Wright believed originally that the bodies discovered by him in normal sera, the "normal opsonins," in other words, were distinct bodies that could not be identified with either the complement or antibodies present in serum. Neufeld and Hüne,[2] Levaditi and Inmann,[3] and others, on the other hand, maintain that the opsonic action of normal serum, at least, is intimately related to the complement contents of such serum.

They base this contention not only upon the thermolability of normal opsonins, but also upon the fact that opsonin may be removed from normal serum at the same time as complement by the method of complement fixation, detailed in another section (see pp. 245 and 261).[4]

The contention of Wright that the thermostable opsonic substances of immune serum are distinct bodies, not identical with the amboceptors, is supported by the work of Hektoen,[5] Neufeld and Töpfer,[6] and others. The problem, however, can by no means be regarded as finally settled, since other workers, notably Levaditi, are inclined to identify the immune opsonins with lytic amboceptors.

As to the structure of the opsonic substances, moreover, differences of opinion still exist. Hektoen and Ruediger [7] who have investigated the question attribute to opsonins a complex constitution. They believe them to possess a thermostable haptophore group and a thermolabile "opsonophore" group and that heating beyond a definite temperature converts the opsonins into opsonoids by destruction or alteration of the "opsonophore" group. This view is not shared by all workers and has been disputed by Bullock and Atkin.[1]

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[1] *Dean*, Proc. Roy. Soc., London, lxxvi, 1905.

[2] *Neufeld* and *Hüne*, Arb. a. d. kais. Gesundheitsamt, xxv.

[3] *Levaditi* and *Inmann*, Compt. rend. de la soc. de biol., 62, 1907.

[4] *Levaditi*, Presse médicale, 70, 1907.

[5] *Hektoen*, Jour. of Inf. Dis., iii, 1906.

[6] *Neufeld* und *Töpfer*, Cent. f. Bakt., xxxviii, 1905.

[7] *Hektoen* and *Ruediger*, Jour. of Inf. Dis., ii, 1905.

The Technique of Wright.—The three factors necessary for the performance of an opsonic test are (1) the blood serum to be tested; (2) an even emulsion of bacteria, and (3) leucocytes.

(1) Blood serum is obtained by bleeding from the finger and receiving the blood into glass capsules (Fig. 66). These are sealed at both ends; the blood is allowed to clot; and the separation of serum is hastened by a few revolutions of a centrifuge.

(2) The bacterial emulsion is obtained by rubbing up a few loopfuls of a twenty-four-hour slant agar culture with a little physiological salt solution (0.85 per cent) in a watch glass. A very small amount of salt solution is used at first and more is gradually added, drop by drop, as the emulsion becomes more even. The final breaking up of the smaller clumps is best accomplished by cutting off very squarely the end of a capillary pipette, placing it perpendicularly against the bottom of the watch glass, and sucking the emulsion in and out through the narrow chink thus formed. (Fig. 67.)

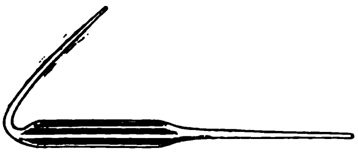

FIG. 66.—WRIGHT'S CAPSULE FOR COLLECTING BLOOD.

Emulsions of tubercle bacilli are more difficult to make. The bacilli filtered off in the manufacture of old tuberculin are commonly used. These are washed in salt solution on the filter, and are then scraped off and sterilized. They are then, in a moist condition, placed in a mortar and thoroughly ground into a paste. While grinding, salt solution 1.5 cent) is gradually added until a thick emulsion appears. This emulsion may be diluted and larger clumps separated by centrifugalization.

(3) The leucocytes are obtained by bleeding from the ear or finger directly into a solution containing eighty-five hundredths per cent to one per cent of sodium chlorid and five-tenths to one and five-tenths per cent of sodium citrate. Ten or fifteen drops of blood to 5 or 6 c.c. of the solution will furnish sufficient leucocytes for a dozen tests. This mixture is then centrifugalized at moderate speed for five to six minutes. At the end of this time, the corpuscles at the bottom of the tube will be covered by a thin grayish pellicle, the buffy coat, consisting

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[1] *Bullock* and *Atkin*, Proc. Royal Soc., lxxiv, 1905.

chiefly of leucocytes. These are pipetted off with a capillary pipette (by careful superficial scratching movements over the surface of the buffy coat).

There being, of course, no absolute scale for phagocytosis, whenever an opsonin determination is made upon an unknown serum, a parallel control test must be made upon a normal serum. This normal is best obtained by a "pool" or mixture of the sera of five or six supposedly normal individuals.

The three ingredients—serum, bacterial emulsion, and leucocytes—having thus been prepared, the actual test is carried out as follows:

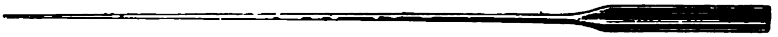

FIG. 67.—PIPETTE FOR OPSONIC WORK.

Capillary pipettes of about six or seven inches in length and of nearly even diameter throughout, are made. These are fitted with a nipple and a mark is made upon them with a grease-pencil about 2 to 3 cm. from the end (Fig. 68). Corpuscles, bacteria, and serum are then successively, in the order named, sucked into the pipette up to the mark, being separated from each other by small air-bubbles. Equal quantities of each having thus been secured, they are mixed thoroughly by repeatedly drawing them in and out of the pipette upon a slide. The mixture is then drawn into the pipette; the end is sealed; and incubation at 37.5° is carried on for an arbitrary time, usually fifteen to thirty minutes.[1] The control with normal serum is treated in exactly

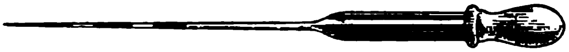

FIG. 68.—PIPETTE WITH THREE SUBSTANCES, CORPUSCLES, BACTERIA, AND SERUM, AS FIRST TAKEN UP.

the same way. After incubation the end of the pipette is broken off, the contents are again mixed, and smears are made upon glass slides in the ordinary manner of blood smearing. Staining may be done by Wright's modification of Leishman's stain, by Jenner's, or by any other of the usual blood stains. In these smears, then, the number of bacteria contained in each leucocyte is counted. The contents of about eighty to one hundred cells are usually counted and an average is taken. This average number of bacteria in such leucocytes is spoken of as the "phagocytic index." The phagocytic index of the tested serum, divided by that of the "normal pool" (control) serum, gives the "opsonic index."

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[1] For the purpose of incubation, specially constructed water baths, marketed under the name of "opsonizers," may be used.

Another method of estimating the opsonic content of a given blood serum has been contributed by Simon, Lamar, and Bispham.[1] These authors employed dilutions both of the patient's serum and of normal serum ranging from one in ten to one in one hundred. With these dilutions, they carry out opsonic experiments with bacterial emulsions and washed leucocytes in the same way as this is done in the Wright method, except that they recommend the employment of thinner bacterial emulsions than are usually employed in the former method. In examining their slides, they do not estimate the number of bacteria found within the leucocytes, but rather the percentage of leucocytes which actually take part in the phagocytic process,[2] *i.e.*, which contain bacteria.

By the same method of dilution, they determine what they have called "the opsonic coefficient of extinction," a phrase which is used to express the degree of dilution of the serum at which no further phagocytosis takes place. They claim for their methods the more delicate determination of variations in opsonic power. The method has not been sufficiently used to permit the expression of an opinion as to its value.

The Vaccine Therapy of Wright.—In connection with his more theoretical work upon opsonins, Wright has laid much stress upon the value of active immunization in the treatment of infectious diseases. Beginning his work with staphylococcus and tubercle-bacillus infections, he has extended his methods, with the aid of many collaborators, to gonococcus, streptococcus, pneumococcus, and a number of other bacterial infections. In all these cases, when possible, he uses for therapeutic purposes a so-called "autogenous vaccine" which is made with the bacteria isolated from the patient himself. In the case of tubercle-bacillus infections, he uses for treatment the new-tuberculin-bacillary-emulsion of Koch. The production of vaccine is, according to Wright, as follows:

Production of Vaccines.—After isolation of the organisms from the patient, cultures are made with a view of obtaining considerable amounts of bacterial growth. In making vaccines with poorly growing organisms, large surfaces must be inoculated. Organisms are best grown for this purpose upon the surface of agar or glucose agar (the enrichment of the agar with sugar or acetic fluid, etc., depending upon the cultural requirements of the organism in question), in square eight-ounce medicine bottles laid upon their sides. This furnishes a large area for inoculation. After sufficient growth has taken place upon the agar, two or three cubic centimeters of sterile normal salt solution are introduced into the bottles with a sterile pipette. With this the growth is gently washed off the surface of the agar, more salt solution gradually being added as necessary. The emulsification may be facilitated by gently scraping the growth off the medium by means of a flexible platinum loop. This thick bacterial emulsion is then pipetted out of the bottles, during which process an equalization of the emulsion can be attained by repeated sucking in and out with the pipette. The emulsion is then placed in a sterile test tube which may then be drawn out at its open end into a capillary opening. It is a point of practical importance that, in preparing such capsules out of a test tube, a few inches of air space should be left above the surface of the emulsion, so that expansion during heating may not blow out the top of the glass tube. A dozen or so of sterile glass beads may be put into these tubes in order to aid in emulsification. Shaking the beads in such a tube will help in breaking up small clumps of bacteria.

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[1] *Simon, Lamar,* and *Bispham,* Jour. Exp. Med., viii, 1906.

[2] *Simon* and *Lamar,* Johns Hopkins Hosp. Bull., xvii, 1906.

The emulsion is then standardized; that is, a numerical estimation of bacteria per cubic centimeter must be made. This standardization is best done before sterilization, because during the latter process a number of bacteria may be broken up, and, while unrecognizable morphologically, are, nevertheless, represented in the emulsion by their products. The standardization may be accomplished by highly diluting a definite volume of the emulsion, planting plates with definite quantities of the dilution, and counting colonies. Wright prefers, as more exact, an enumeration of the bacteria against red blood cells. This is done in the following way:

A little of the emulsion is placed in a watch glass and from it, with a pipette as used in the estimation of the opsonic index, one volume is taken and is mixed with an equal volume of blood from the finger and two or three volumes of salt solution. The salt solution is added in order to dilute the red cells so that they can be conveniently counted and to prevent clotting. These substances are thoroughly mixed in a pipette and spread upon a slide as in making a blood smear, and as even and uniform a smear as possible should be made. They are then stained either by Jenner's or Wright's blood stain.

The preparations are examined with an oil-immersion lens. In order to limit a definite microscopic field, it is convenient to use an Ehrlich diaphragm, or else, in lieu of this, to mark a circle with a blue pencil upon the lens of the eye-piece. The red blood cells and bacteria, in a number of these fields, are counted and the ratio between them is estimated. Knowing the number of red blood cells to the cubic millimeter in the particular blood employed, by previous blood count, and knowing that equal volumes of blood and of bacterial emulsion have been used in the mixture, it is easy from this ratio to ascertain the number of bacteria contained in a cubic millimeter of the original emulsion. Thus, for instance, if in an average of twenty fields bacteria are to red blood cells as two is to one, and the blood employed contains five million red blood cells to each cubic millimeter, then a cubic millimeter of our emulsion contained ten million bacteria, and a cubic centimeter one hundred times as many.

The vaccine, thus produced and standardized, is sterilized by suspension in a water bath at 60° C. for one hour on each of five or six consecutive days. Its sterility is then controlled by culture.

From this stock emulsion small quantities may be drawn off and diluted for therapeutic use.

The initial dose given by Wright in staphylococcus infections, in which the method has been most frequently employed, varies from fifty to one hundred millions of bacteria. In working with the tubercle bacillus, the ordinary tuberculin dosage is adhered to.

Wright, in his work, makes use of the opsonic index in order to estimate changes in the resistance of the patient against the given infection. In other words, he bases his judgment as to whether the patient is improving or not, upon the opsonic power of the patient's serum. In following the opsonic index of a patient during systematic treatment with vaccine, Wright has found definite changes upon the basis of which he constructs a curve of opsonic power. Immediately after the injection of vaccine, he finds that there is a brief period during which the opsonic power of the patient is depressed below its original state. This he calls the negative phase. The length of time occupied by this negative phase depends both upon the condition of the patient and upon the size of the dose given. It is usually completed within twenty-four hours. After this, there is a gradual rise in the opsonic power, at first rapid, later more slow, until a maximum is reached after a varying number of days. This period of rise represents the positive phase. The second inoculation with vaccine should, according to Wright, be made when the opsonic power is again beginning to sink after the highest point of the positive phase.

The facts of Wright's investigations have been given in the preceding pages, purposely without critical considerations. The existence of opsonic or phagocytosis stimulating substances in blood serum may be accepted as fact. It is also of unquestionable value to the science of immunity that renewed vigor has been infused into the investigation of active therapeutic immunization. The far-reaching claims of therapeutic benefit, which have been made by Wright and his school, however, have not yet received sufficient support by clinical observation to be fully accepted, although intelligent application of this treatment in suitable cases has undoubtedly proved its therapeutic value.

LEUCOCYTE EXTRACT

In the foregoing sections upon Phagocytosis and Opsonins, we have discussed the protective action exerted by the living leucocytes against bacterial infection and the relation of these cells to the blood serum. We have seen, furthermore, that, while our knowledge of the blood serum, as developed at present, shows that phagocytes may be aided by this in the ingestion of bacteria, the subsequent digestion of the germs, and possibly the neutralization or destruction of their intracellular poisons, is, as far as we know, largely accomplished by the unaided phagocytic cell. It is an obvious thought, therefore, that, in the struggle with bacterial invaders, the leucocytic defenders might be considerably re-enforced if they were furnished, as directly as possible, with a further supply of the very weapons which they were using in the fight with the microorganisms. With this thought as a point of departure, Hiss [1] conceived the plan of injecting into infected subjects the substances composing the chief cells or all the cells usually found in exudates, in the most diffusible form and as little changed by manipulation as possible; and he also assumed that extracts would be more efficacious than living leucocytes themselves, since if diffusible they would be distributed impartially to all parts of the body by the circulatory mechanism. They would then, as quickly as absorption would permit, relieve the fatigued leucocyte and also protect by any toxin-neutralizing or other power they might possess, the cells of highly specialized functions.

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[1] *Hiss*, Jour. Med. Res., N. S., xiv, 3, 1908.

The method of obtaining these substances as used both in animal experiments and in the treatment of human subjects is at present as follows:

Rabbits, preferably of 1,500 grams weight or heavier, receive intrapleural injections of aleuronat. This is prepared by making a three per cent solution of starch in meat-extract broth, without heating, and adding to this, after the starch has gone into thorough emulsion, five per cent of powdered aleuronat. This is thoroughly mixed, boiled for five minutes, and filled into sterile potato tubes, 20 c.c. into each tube. Final sterilization is done preferably in an autoclave. The rabbit injections are carried out by injecting 10 c.c. into each pleural cavity in the intercostal spaces at the level of the end of the sternum, in the anterior axillary line, great care being exerted to avoid puncturing of the lungs. The rabbits are left for twenty-four hours, at the end of which time a copious and very cellular exudate will have accumulated in the pleural cavities. This is removed, after killing the animals with chloroform, by opening the anterior chest wall under rigid precautions of sterility, and pipetting the exudate into sterile centrifuge tubes. Immediate centrifugalization before clotting can take place then permits the decanting of the supernatant exudate fluid. To the leucocytic sediment is then added about 2 c.c. of sterile distilled water, and the emulsion is thoroughly beaten up with a stiff bent platinum spatula. Smears are now made on slides, stained by Jenner's blood stain, and examined for possible bacterial contamination. It is well also to take cultures. Sterile distilled water is then added to each tube, about twenty volumes to one volume of sediment, and the tubes are set away in the incubator for eight hours. At the end of this time the sterility is again controlled as above, and further extraction in the refrigerator continued until the extract is used.

In experimenting upon animals, Hiss[1] observed that pneumococcus, staphylococcus, streptococcus, meningococcus, and typhoid, dysentery, and cholera infections in rabbits and guinea-pigs were profoundly modified when injections of leucocyte extracts, prepared as above, were administered intraperitoneally or subcutaneously during the course of the infection. In many cases animals were saved by these substances from infections which proved rapidly fatal in untreated control animals, even when the protective injections were made as late as twenty-four hours after intravenous infection.

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[1] *Hiss*, Jour. Med. Res., N. S., xiv, 3, 1908.

In applying this method of treatment, by subcutaneous injections, to infections in man, Hiss and Zinsser observed distinctly beneficial results in cases of epidemic cerebrospinal meningitis, in lobar pneumonia, in staphylococcus infections, and in erysipelas.[1]

In experimenting with the leucocyte extracts *in vitro* the same authors were able to show that precipitates occurred when clear leucocyte extract and the clear extract of various bacteria were mixed.[2]

Further experiments, carried out both in animals and in the test tube, showed that while the leucocytic extracts possessed slight bactericidal powers for a variety of microorganisms, these attributes did not seem sufficient to explain the profound, modifying influences exerted upon bacterial infections by these extracts. Experiments have also shown that the leucocyte extracts possess some distinct power of neutralizing or destroying the poisonous products of typhoid and dysentery bacilli. Whether or not the final explanation of the action of these extracts will be found to lie in these endotoxin-neutralizing properties of the leucocytic substances, can not as yet be determined, and this problem must be left for further research to decide.

That bactericidal substances can be extracted from leucocytes by various methods has been repeatedly shown by Schattenfroh, Petterson, Korschun, and others.[3] The researches of Petterson as well as, more recently, the work of Zinsser, have shown that these "endolysins," as Petterson has called them, have a structure quite different from that of the serum bacteriolysins in that they are not rendered inactive by temperatures under 80° C., but, when once destroyed by higher temperatures, can not be reactivated either by the addition of fresh serum or of unheated leucocyte extracts. The last-named authors, moreover, have shown that these endocellular bactericidal substances are not increased by immunization, the quantity present in each leucocyte being probably at all times simply sufficient for the digestion of the limited number of bacteria which can be taken up by the individual leucocyte.

AGGRESSINS

An extremely obscure chapter in our knowledge of the reaction of animals and man against infection is the one dealing with the questions of varying pathogenicity between different bacterial species and between different races of the same microorganism. We know that certain bacteria may be injected into an animal or human being in considerable quantities, without producing anything more than the temporary local disturbance following the subcutaneous administration of any innocuous material. Other bacteria, on the other hand, such as the bacillus of anthrax or the bacillus of chicken cholera, injected in the most minute dosage, may give rise to a rapidly fatal septicemia. Within the same species, furthermore, fluctuations in virulence may take place which may depend upon a variety of influences which have been discussed in another section and need not be recapitulated. Suffice it to say that variations in the susceptibility of inoculated subjects do not, in any way, furnish a sufficient explanation for these phenomena and we are forced to seek for the key to the problem in the activities of the bacteria themselves.

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[1] *Hiss* and *Zinsser*, Jour. Med. Res., N. S., xiv, 3, 1908; ibid., xv, 3, 1909.

[2] *Hiss* and *Zinsser*, ibid., xiv, 3, 1908.

[3] *Schattenfroh*, Arch. f. Hyg., 1897; *Petterson*, Cent. f. Bakt., I, xxxix, 1905, and ibid., xlvi, 1908; *Korschun*, Ann. de l'inst. Pasteur, xxii, 1908; *Zinsser*, Jour. Med. Res., xxii, 3, 1910.

In an effort to cast light upon this subject, Bail, following in the footsteps of his predecessors, Kruse,[1] Deutsch and Feistmantel,[2] has formulated his so-called "aggressin-theory." In its reasoning, this theory is indirectly an offspring of Metchnikoff's phagocytic theory and is, in many of its phases, antagonistic to the purely humoral conception of immunity.

Bail[3] was first led to the formulation of his theory by extensive researches which he had made in conjunction with Petterson[4] into anthrax immunity. He had noted, as others before him had, that animals, highly susceptible to anthrax, often possessed marked bactericidal powers against this bacillus. When such animals, whose serum should surely be capable of bringing about the death of, at least, a few hundred anthrax bacilli, were injected with doses far less than this number they nevertheless succumbed rapidly and the bacilli multiplied enormously in their bodies. He argued from this that the injected microorganisms must possess some weapon whereby they were enabled to counteract the protective forces of the animal organism. In an anthrax-immune animal, as a matter of fact, no proliferation of bacteria took place and the injected germs were rapidly disposed of by the protective forces, foremost of which was phagocytosis.

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[1] *Kruse*, Ziegler's Beiträge, xii, 1893.

[2] *Deutsch* und *Feistmantel*, "Die Impfstoffe in Sera," Leipzig, 1903.

[3] *Bail*, Cent. f. Bakt. I, xxvii, 1900, and xxxiii, 1902.

[4] *Bail* und *Petterson*, Cent. f. Bakt., I, xxxiv, 1903: xxxv, 1904; xxxvi, 1904.

The theory of Bail[1] as eventually formulated, after extended investigations which need not be outlined, contains the following basic principles:[2]

Pathogenic bacteria differ fundamentally from non-pathogenic bacteria in their power to overcome the protective mechanism of the animal body, and to proliferate within it. They accomplish this by virtue of definite substances given off by them, probably in the nature of a secretion, which acts primarily by protecting them against phagocytosis. These substances (referred to by Kruse as "Lysins") were named by Bail, "Aggressins." The production of aggressins by pathogenic germs is probably absent in test-tube cultures, or, at any rate, is greatly depressed under such conditions, but is called forth in the animal body by the onslaught of the germicidal or other influences encountered after inoculation.

These aggressins can be found, according to Bail, in the exudates occurring about the site of inoculation in rapidly fatal infections. He obtained them, separate from the bacteria themselves, by the prolonged centrifugation and subsequent decanting of edema fluid, and pleural and peritoneal exudates.

Two fundamental experimental observations are brought forward by Bail in support of the truth of his contentions. In the first place, he was able to show that fatal infection could be produced in animals by the injection of sublethal doses of bacteria, when, together with the germs, there was administered a small quantity of "aggressin." He inferred from this experiment that the injected aggressin had served in paralyzing the onslaught of phagocytic and other protective agencies, and had thus made it possible for the bacteria to gain a foothold and to proliferate.

The second experimental support upon which Bail's theory is founded consists in the successful immunization of animals with aggressin. Animals were treated with aggressive exudates, from which all bacteria had been removed by prolonged centrifugalization and which had been rendered entirely sterile by three hours' heating to 60° C. and by the addition of five-tenths per cent of phenol. Animals so treated were not only immune themselves, but contained a substance in their serum which permitted the passive immunization of other untreated animals. Bail explained this by assuming the production of antiaggressins in the treated subjects. His experiments and those of his pupils were conducted with a large variety of microorganisms, among which were the typhoid and dysentery bacilli, the bacilli of chicken cholera and of plague, the cholera spirillum, and various micrococci. According to whether a microorganism is capable of producing an aggressin and consequently of invading the animal body, he divides bacteria into "pure parasites," "half parasites," and "saprophytes."

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[1] *Bail*, Arch. f. Hyg., lii. 1905; liii. 1905; Wien. klin. Woch., xvii. 1905.

[2] *Bail* und *Weil*, Wien. klin. Woch., ix. 1906; Cent. f. Bakt., I, xl, 1906; xlii, 1906.

The theory of Bail has been extensively attacked by a number of authors, chief among whom are Wassermann and Citron,[1] Wolff,[2] and Sauerbeck.[3] The criticism which these investigators make of Bail's views is based upon laborious experimentation and has succeeded in placing the "aggressin" theory upon a very precarious footing. It is claimed by them, in the first place, that much of the "aggressive" character of Bail's exudates is due to their containing liberated bacterial poisons (endotoxins). This they have maintained both because the sterile "aggressin" exudates could be shown to possess a considerable degree of independent toxicity and because the aggressive action of such an exudate could be duplicated by aqueous extracts of bacteria. Citron,[4] furthermore, was able to show, by the Bordet-Gengou method of complement fixation, that the exudates of Bail contained considerable quantities of free bacterial receptors, which, in taking up bacteriolytic immune body, would neutralize any lytic power on the part of the infected animal. By this antilytic action, he believes, Bail's first contention, the virulence-enhancing action of the exudates, can be explained. The nature of the immunity produced in animals by Bail's method of treatment is less easily explained and less exposed to adverse criticism. Bacteriolytic immunity alone probably can not account for the high degree of resistance imparted by a few injections of the aggressins. On the other hand, the establishment of an antiaggressive immunity has not been sufficiently supported to stand as a proven fact. Final judgment must be postponed until further investigation shall have brought a better understanding of the phenomenon.

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[1] *Wassermann* and *Citron*, Deut. med. Woch., xxviii, 1905.

[2] *Wolff*, Cent. f. Bakt., I, xxxviii, 1906.

[3] *Sauerbeck*, Zeit. f. Hyg., lvi, 1907.

[4] *Citron*, Cent. f. Bakt., I, xl, 1905; xli, 1906; and Zeit. f. Hyg., lii, 1905.

CHAPTER XIX

ANAPHYLAXIS OR HYPERSUSCEPTIBILITY

PHENOMENA OF ANAPHYLAXIS

THE phenomena now grouped together under the heading of anaphylaxis and hypersusceptibility have but recently become the subject of systematic experimentation. Nevertheless, manifestations now recognized as belonging to this category, had not escaped the attention of a number of the earlier workers in immunity.

By anaphylaxis is meant the following train of phenomena: When a foreign proteid is introduced by subcutaneous, intraperitoneal, intravenous, or subdural injection (or in some cases by feeding) into the animal body, after a time there will appear a specific hypersusceptibility of the animal for this proteid. After a definite interval, a second injection of the same substance, harmless in itself, will produce violent symptoms of illness and often rapid death in an animal so prepared. The phenomena are not limited to any given class of proteids, but are manifest in the case of animal, vegetable, and bacterial proteids, and within certain limits are specific.

As early as 1893, Behring[1] and his pupils[2] had noticed that animals, highly immunized against diphtheria toxin, with high antitoxin content of the blood, would occasionally show marked susceptibility to injections of small doses of the toxin.

The phenomena observed by them was interpreted as an increased tissue susceptibility to the toxin, and Wassermann, reasoning on the basis of Ehrlich's side-chain theory, formulated the conception that the increased susceptibility was due to toxin receptors, increased in number by immunization, but not yet separated from the cells that had produced them; the cells thereby becoming more vulnerable to the poison. In the same category belongs the observation of Kretz, who noticed that normal guinea-pigs did not show any reaction after injections of innocuous toxin-antitoxin mixtures, but that marked symptoms of illness often followed such injections when made into immunized guinea-pigs. Other phenomena which are now regarded, *a posteriori*, as probably depending upon the principles involved in anaphylaxis, are the tuberculin and mallein reactions, fully described in another place, and the adverse effects often following the injections of antitoxins in human beings, conditions spoken of under the heading of "serum sickness." The last-named condition has been made the subject of an exhaustive study by v. Pirquet and Schick.[1]

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[1] *Behring*, Deut. med. Woch., 1893.

[2] *Knorr*, Dissert., Marburg, 1895; *Behring* und *Kitashina*, Berl. klin. Woch., 1901.

That the injection of diphtheria antitoxin in human beings is often followed, after an incubation time of from three to ten days, by exanthematous eruptions, urticaria, swelling of the lymph glands, and often albuminuria and mild pulmonary inflammations, has been noticed by many clinicians, who have made extensive therapeutic use of antitoxin. It was recognized early that such symptoms were entirely independent of the antitoxic nature of the serum, but depended upon other constituents or properties peculiar to the antitoxic serum. Moreover, symptoms of this description were by no means regular in patients injected for the first time, but seemed to depend upon an individual predisposition, or idiosyncrasy. v. Pirquet and Schick, however, noticed that in those injected a second time, after intervals of weeks or months, the consequent evil effects were rapid in development, severe, and occurred with greater regularity. Many of the phases of such "serum sickness" are still obscure, since experimental conditions can not be controlled, and many modifying factors can not be excluded in observations made upon human beings, and the grouping of the above conditions with the phenomena of anaphylaxis is still tentative.

The fundamental observations from which our present knowledge of anaphylaxis takes its origin are those made in 1898 by Hericourt and Richet,[2] who observed that repeated injections of eel serum into dogs gave rise to an increased susceptibility toward this substance instead of immunizing the dogs against it. Following up the lines of thought suggested by this phenomenon, Portier and Richet[3] later made an interesting observation while working with actino-congestin—a toxic substance which they extracted from the tentacles of Actinia. This substance in doses of 0.042 grams per kilogram produced vomiting, diarrhea, collapse, and death in dogs. If doses considerably smaller than this were given in quantities sufficient to cause only temporary illness, and several days allowed to elapse, a second injection of a quantity less than one-quarter or one-fifth of the ordinary lethal dose would cause rapid and severe symptoms and often death. Similar observations were made soon after this by Richet with mytilo-congestin, a toxic substance isolated from mussels. In these experiments there remained little doubt as to the fact that the first injection had given rise to a well-marked increased susceptibility of the dogs for the poison used.

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[1] *v. Pirquet* and *Schick*, "Die Serum Krankheit," monograph, Leipzig and Wien, 1905.

[2] *Hericourt* and *Richet*, Compt. rend. de la soc. de biol., 53, 1898.

[3] *Portier* and *Richet*, Compt. rend. de la soc. de biol., 1902; *Richet*, Ann. de l'inst. Pasteur, 1907 and 1908.

It was Richet who first applied to this phenomenon the term "anaphylaxis" (ἀνά against, φυλάξις protection), to distinguish it from immunization or prophylaxis.

Soon after Richet's earlier experiments, and simultaneously with his later work, Arthus[1] made an observation which plainly confirmed Richet's observations, though in a somewhat different field. The observation of Arthus is universally spoken of as the "phenomenon of Arthus."

He noticed that the injection of rabbits with horse serum (a substance in itself without toxic properties for normal rabbits) rendered the rabbits delicately susceptible to a second injection made after an interval of six or seven days. The second injection—even of small doses—regularly produced severe symptoms and often death in these animals.

An observation very similar to that of Arthus was made by Theobald Smith[2] in 1904. Smith observed that guinea-pigs injected with diphtheria toxin-antitoxin mixtures in the course of antitoxin standardization, would be killed if after a short interval they were given a subcutaneous injection of normal horse serum.

The fundamental facts of hypersusceptibility had thus been observed, and Otto,[3] working directly upon the basis of Smith's observation, carried on an elaborate inquiry into the phenomenon. Almost simultaneously with Otto's publication there appeared a thorough study of the condition by Rosenau and Anderson.[4]

The researches of Otto, and Rosenau and Anderson, besides confirming the observations of previous workers, brought out a large number of new facts. They showed conclusively that the action of the horse serum had no relationship to its toxin or to its antitoxin constituents, that the "sensitization" of the guinea-pigs by the first injection became most marked after a definite incubation time of about ten days. Sensitization was accomplished by extremely small doses (one one-millionth in one case, usual doses $\frac{1}{250}$ to 1 c.c.). Rosenau and Anderson, furthermore, excluded hemolysin or precipitin action as explanations of the phenomena, and proved that hypersusceptibility was transmissible from mother to offspring, and that it was specific—animals sensitized with horse serum not being sensitive to subsequent injections of other proteids. These authors, Vaughan[1] and Wheeler, Nicolle,[2] and others, furthermore, showed that the reaction was by no means limited to animal sera, but was elicited by proteids in general, pepton, egg albumin, milk, the extract of peas, and bacterial extracts.

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[1] *Arthus*, Compt. rend. de la soc. de biol., 55, 1903.

[2] *Th. Smith*, Jour. Med. Res., 1904.

[3] *Otto*, "Leuthold Gedenkschrift," 1905.

[4] *Rosenau* and *Anderson*, Hyg. Lab. U. S. Pub. Health and Marine Hosp. Serv. Bull.. 29, 36, 1906, 1907.

The typical anaphylactic reaction, then, is obtained when animals, preferably guinea-pigs, are injected with a small quantity of a given proteid, and ten or fifteen days subsequently given a second injection of the same substance employed for the first or sensitizing inoculation. The quantity used for the second injection should be considerably larger than that used for sensitization when the injection is made intraperitoneally or subcutaneously. When given intravenously, intracranially, or intracardially, amounts as small as 0.25 to 0.008 c.c. may suffice. The time at which a second injection gives rise to the most violent symptoms, moreover, is to a large extent dependent upon the size of the sensitizing dose.[3] After extremely small initial quantities (0.005-0.002 c.c.), the anaphylactic state is usually well developed, according to Rosenau and Anderson,[4] after twelve or fourteen days. After larger doses[5] the time required for the development of anaphylaxis is usually longer—extending often over weeks, or even months.

While the sensitizing or first dose may be given subcutaneously, intravenously, intraperitoneally, or intracardially with equal success, Besredka and Steinhardt maintain that no anaphylaxis results if the first dose is given intracranially. This statement, however, has found contradiction in the work of Rosenau and Anderson. The time required for full sensitization, furthermore, depends, according to the last-named authors, also upon the mode of injection of the first dose; on this point, however, no conclusions are, at present, justified.

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[1] *Vaughan*, Assn. Am. Phys., May, 1907.

[2] *Nicolle*, Ann. de l'inst. Pasteur, 2, 1903.

[3] *Besredka*, Ann. de l'inst. Pasteur, 1907.

[4] *Rosenau* and *Anderson*, loc. cit.

[5] *Otto*, Münch. med. Woch., 1907.

At reinjection, the symptoms are more prompt in developing and more severe when the injection is made intraperitoneally, intracardially, or intracerebrally than when the subcutaneous route is chosen.

The symptoms occurring in sensitized animals after the second or anaphylactic injection are usually well-marked and unmistakable. The animals move about restlessly, breathe rapidly, and may cough. Often they stagger about or fall upon one side, and die frequently in convulsions within a time ranging from five minutes to one hour after the injection. During this time there is a rapid fall of temperature and frequently defecation and urination. Animals that recover from the condition after such symptoms, return to normal within a remarkably short time—twelve to twenty-four hours.

Animals dead of anaphylaxis, according to Gay and Southard,[1] show congestion of the serous membranes of peritoneum, pleura, and pericardium, with small hemorrhagic spots on the heart and lungs and the pleura. In some cases there is fatty degeneration in the parenchyma cells of the heart, the muscles, and in the nervous system. Such lesions, however, could not be found by Otto, but were found in some cases by Doerr.[2]

When sensitized animals recover from the second injections, they are thereafter immune—that is, they do not react to subsequent injections of the same substance.

This immunity or "antianaphylaxis" as Besredka[3] and Steinhardt have called it, appears immediately after recovery from the second injection. Antianaphylaxis may also be produced if animals which have received the first or sensitizing dose are injected with comparatively large quantities of the same substance during the preanaphylactic period —or, as it is sometimes spoken of, during the anaphylactic incubation time. This injection should not be done too soon after the first dose, but rather toward the middle or end of the preanaphylactic period.

If given within one or two days after the sensitizing injection, anaphylaxis will develop, nevertheless. Whether or not the antianaphylactic condition is transitory or permanent is not yet fully shown. Besredka and Steinhardt believe that it lasts a long time, while Otto found guinea-pigs immunized in the above manner to lose their antianaphylaxis within three weeks.

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[1] *Gay* and *Southard*, Jour. Med. Res., May, 1907.

[2] *Doerr*, in Krauss and Levaditi, "Handbuch," etc.; 2, Die Antikörper.

[3] *Besredka* and *Steinhardt*, Ann. de l'inst. Pasteur, 1907.

An important development of our knowledge of the phenomena of anaphylaxis was achieved when Nicolle, Otto,[1] Gay and Southard,[2] and others[3] succeeded in showing that the hypersusceptible state could be passively transferred to normal animals by injecting them with the serum of anaphylactic animals. In such experiments the serum of the anaphylactic animal is first injected in quantities of 0.5 c.c. or preferably more, and twenty-four hours later an injection of the specific antigen—that is, the proteid used for sensitization—is given. The animals so treated show typical symptoms of hypersusceptibility and often die.

Simultaneous inoculation of the two substances, either mixed or injected separately, does not, according to Rosenau and Anderson, produce the same effect. On this point, however, there is not complete unanimity, since Weill-Hallé and Lemaire[4] report aphylactic symptoms in guinea-pigs injected simultaneously with horse serum, and the serum of guinea-pigs hypersusceptible to horse serum. Reversal of the procedure originally described, however, may be successfully practiced. Thus Pick and Yamanouchi[5] have recently succeeded in producing anaphylactic symptoms by injecting rabbits first with beef serum, and some time later with anti-beef serum from rabbits. Their experiments, however, are not entirely analogous to those given above, since the antiserum used by them for reinjection was actually a precipitating immune serum. A remarkable fact, observed by Otto, is that the serum of guinea-pigs who have been given the sensitizing or first injection will confer passive anaphylaxis on the eighth or tenth day after injection, before the animals themselves show evidences of being actively hypersensitized. It is also true that occasionally the serum of antianaphylactic animals will possess the power of conferring passive anaphylaxis upon other normal animals.

Anaphylaxis may also be passively transmitted by inheritance. Thus, according to Rosenau and Anderson, the young of anaphylactic guinea-pigs show hypersusceptibility, irrespective of whether the mother became hypersusceptible before or after the beginning of pregnancy.

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[1] *Otto*, loc. cit.

[2] *Gay* and *Southard*, loc. cit.

[3] *Nicolle*, Ann. de l'inst. Pasteur, 1907, 1908.

[4] *Weill-Hallé* and *Lemaire*, Compt. rend. de la soc. de biol., 1907.

[5] *Pick* and *Yamanouchi*, Wien. klin. Woch., xliv, 1908.

Such anaphylaxis has no reference whatever to the condition of the father, and is not transmitted by the milk.

THEORIES CONCERNING ANAPHYLAXIS

Our present knowledge of anaphylaxis is largely empirical. We are not yet in a position to correlate the many data gained experimentally into a theory which offers anything like a satisfactory explanation for all the phenomena observed. Nevertheless, a number of hypotheses have been advanced which deserve serious consideration, since they are experimentally supported and may serve as points of departure for future research.

One of the earliest ideas advanced was based upon the Ehrlich theory of receptor overproduction by tissue cells during immunization. It was suggested that hypersusceptibility might well be due to the stimulation of new specific receptors which as yet remained sessile upon the body cells instead of having been thrown off into the blood stream. As a consequence, the cells, having an affinity for more of the toxic substance of the antigen than they possessed normally, had become more vulnerable. This opinion, however, is hardly tenable, in face of the facts of passive anaphylaxis, in which, we have seen, the hypersusceptibility may be transmitted with the serum of the sensitized individual.

v. Pirquet and Schick,[1] as well as many other observers, have regarded the anaphylactic process as analogous to other immune reactions, and believe that an antigen in the serum first injected produces a specific antibody. The reaction between these two substances following the second injection gives rise to the anaphylactic symptoms. The essential feature of this opinion is the assumption that the substance which sensitizes after the first injection is identical with that which exerts the anaphylactic injury after reinjection.

Wolff-Eisner[2] has expressed a belief which has found much experimental support in the hands of Vaughan and Wheeler.[3] Wolff-Eisner holds that all cells and proteids contain a toxic substance which is characterized by its inability to produce a neutralizing antibody when injected into animals. The first injection produces a lysin for the proteid injected, which possesses the power of liberating such poisons from the complex molecule. A second injection is followed, consequently, by a rapid liberation of the toxic fraction, and injury to the animal results. This view has been expressed in slightly different form by Richet[1] and has been more clearly formulated and experimentally supported by Vaughan and Wheeler[2] who were actually able to extract from various proteids toxic substances which gave rise in animals to a symptom complex not unlike that of typical anaphylaxis. (Extraction with alkalinized seventy-per-cent alcohol.)

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[1] *v. Pirquet* und *Schick*, loc. cit.

[2] *Wolff-Eisner*, Berl. klin. Woch., 1904.

Not entirely unlike these views is the hypothesis advanced by Gay and Southard,[3] who assume that a part of the proteid introduced on first injection is assimilated and removed, but that another part, unassimilable, remains in the circulation and exerts a constant irritation upon the tissue cells, rendering them abnormally susceptible to reinjections of the same substance. They speak of this toxic or irritating, non-assimilable substance as "anaphylactin," and believe that in passive sensitization it is the transference of this element which renders the recipient anaphylactic.

Opposed to the opinions of most other workers is that expressed by Besredka.[4] Besredka believes that the substance which produces sensitization is not identical with that which gives rise to the symptoms on reinjection. According to his conception of the process, the sensitizing injection contains an active element (called by him "sensibilisinogen"), which gives rise in the injected animal to a specific antibody ("sensibilisin"). This sensibilisin circulates in the blood and is stored by the cells of the central nervous system. On reinjection of the same proteid, a reaction takes place between the anchored sensibilisin and a third substance, present in the proteid and not identical with sensibilisinogen, which acts typically upon the nerve cells and gives rise to the symptoms. This third substance he speaks of as "antisensibilisin." That the process of anaphylaxis takes place probably in the nervous system is rendered plausible by the fact that ether narcosis seems to prevent its occurrence (a fact maintained by Besredka but contradicted by Rosenau and Anderson). Furthermore, direct introduction of the second dose into the brain gives rise to more rapid and violent anaphylaxis than when any other route is chosen. Besredka calls attention to the fact, furthermore, that no anaphylactic symptoms occur when the serum of a sensitive animal is introduced into another animal simultaneously with its specific proteid, but only when the serum of the sensitized animal precedes the injection of its antigen. This, he argues, points to an anchorage of the sensitizing elements to the body cells before an anaphylactic injury can occur. If the two substancse, sensibilisin and antisensibilisin, meet in the blood stream, no harm results, the elements neutralize each other and the animal is anti-anaphylactic. His contention that there are two separate elements, sensibilisinogen and antisensibilisin, in the original proteid, is based on the fact that sensitization can be accomplished by sera heated to from 100° to 120° C., but that, after sensitization, no anaphylaxis results if the injected serum be exposed previously to temperatures of 100° C., and the reaction is rendered much less violent even by exposure of sera to temperature of 50 to 60° C.

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[1] *Richet*, Ann. de l'inst. Pasteur. xxi. 1907.

[2] *Vaughan* and *Wheeler*, Jour. Infect. Dis., iv. 1907.

[3] *Gay* and *Southard*, loc. cit.

[4] *Besredka*, Ann. de l'inst. Pasteur. 1907 and 1908.

Recently an attempt has been made to associate the phenomena of anaphylaxis with the formation of precipitates. Hamburger[1] early expressed the opinion that anaphylaxis may be nothing more than the formation of emboli by serum precipitates. This view, however, has found few adherents in face of the facts that we have no positive evidence of the actual occurrence of precipitates in the blood streams of living animals, and that it has been shown by Friedemann[2] that the precipitates produced *in vitro* will, when injected intravenously in animals, pass through the capillaries without harmful effects.

Doerr and Russ,[3] on the other hand, have recently studied carefully the relationship between anaphylaxis and the precipitin reaction and have shown a close parallelism between the two. These observers injected rabbits with precipitating antisera and twenty-four hours later treated the same animals with the antigen employed for the production of these precipitating sera. They found that, in such experiments, the regularity of occurrence and degree of anaphylaxis which ensued, were directly proportionate to the precipitating powers of the serum first injected. They claim, from such results, that precipitable antigen and anaphylactic antigen are identical substances. They conceive the phenomenon of anaphylaxis as a reaction between precipitins, attached to the tissue cells, and the precipitable antigen. In other words, the anaphylactic shock is looked upon as an intracellular precipitin reaction.

Friedberger and Hartoch[4] have recently called attention to another factor which may possibly lead to further elucidation of phenomena of hypersusceptibility. They have shown that, in passive anaphylaxis at least, simultaneously with the occurrence of symptoms, there is a marked diminution of complement in the serum of the treated animal. Intravenous injection of substances which prevent complement absorption *in vitro*—concentrated salt solution, for instance—prevented anaphylaxis in both actively and passively sensitized animals. They suggest that sudden removal of complement from the circulation has a definite causal relationship to anaphylaxis. More work will have to be done along these lines before an opinion can be expressed in regard to the validity of their conclusions.

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[1] *Hamburger*, quoted by U. Friedemann, Zeit. f. Immunitätsforschung, ii, 1909.

[2] *Friedemann*, loc. cit.

[3] *Doerr* and *Russ*, Zeit. f. Immunitätsforschung, iii, 1909.

[4] *Friedberger* und *Hartoch*, Zeit. f. Immunitätsforschung, iii, 1909.

CHAPTER XX

FACTS AND PROBLEMS OF IMMUNITY IN THEIR BEARING UPON THE TREATMENT OF INFECTIOUS DISEASES

WHILE the various facts and theories of immunity and infection have been given in the preceding sections, no systematic attempts have been made to correlate the facts presented, or to determine their bearing on the most vital problem of all—the treatment of infectious diseases.

To understand more fully this point of view, it is necessary briefly to recall certain of the facts which are known about the physiology, metabolism, and composition of the bacteria, and of their ability to neutralize directly or to respond adaptively to the agents directed against them by the invaded animal. Some of these facts are so well understood that passing mention here is sufficient: such, for instance, is the fact that certain microorganisms, especially the bacilli of diphtheria and tetanus, secrete soluble poisons both during artificial cultivation and during their life in the animal body, which poisons are eminently toxic. These poisons are true secretions and are largely independent of the composition of the surrounding medium so long as this favors the physiologic activities and growth of the germs. Such germs, then, once having gained even an insecure foothold in the animal body, by no matter what favoring circumstances, are possessed of a powerful weapon of offense against the sensitive physiologic bases of the host and, possibly, of defense against its more immediate and mobile means of combating the germs themselves. In the case, however, of most other pathogenic bacteria, the secretion, at least in artificial media, of such highly soluble and potent poisons has not been demonstrated satisfactorily, although certain investigations point fairly conclusively to the production of some minor bodies which have been shown to act deleteriously on the red blood cells and on the leucocytes—the hemolytic, leucocidic, and leucolytic substances which are looked on as probably true soluble toxins, like the toxins of diphtheria and tetanus, which give rise in the animal body to the production of true antitoxins: *i.e.*, are neutralized by their antisera, unit for unit, according to the law of multiples.

Other minor poisons may in some instances be demonstrated in culture media, and also may possibly be formed in the animal body by the metabolic activities of the germs. These are either simply waste products of metabolism or bodies due to the decomposition of the nutrient media in which the germs are gowing. These bodies are usually referred to as ptomains, and differ entirely from the true secreted toxins, both in their chemical composition and in their physiologic action, resembling in both of these the alkaloids. They are not known to give rise to antibodies of any kind in animals.

Apart from all the poisons just mentioned; *i.e.*, the toxins, hemolysins, leucocidins, and ptomains, there is supposed to exist a most vitally important and interesting group of poisonous substances, the so-called endotoxins. These, so far as our knowledge goes, are poisons rather firmly seated in the bacterial cell, which are not secreted in our ordinary cultural media, and are supposed by most observers not to be separable in the animal fluids and tissues from the intact bacterial cell. These poisons may be demonstrated in old cultures, in which the bacteria are dead and disintegrating or undergoing autolysis—although Pfeiffer does not consider autolytic products necessarily similar to endotoxins —or they may be obtained by destroying the bacteria mechanically by pressure and grinding, or by breaking them while frozen. In the animal body they are said to become free when the bacteria die and decompose or are disintegrated by the digestive bodies by which they have been attacked. These endotoxins are recognized by the fact that they do not call out true antitoxins which become free in the plasma and serum, but do, nevertheless, lead to the formation of digestive antibodies, these not following, however, the "law of multiples" in protecting infected animals from the poisons. The liberation of these poisons by the destruction of bacteria in the animal body is best illustrated by the so-called phenomenon of Pfeiffer which takes place when cholera vibrios and immune cholera serum are introduced into the peritoneal cavity of a guinea-pig. If specimens are withdrawn from time to time from the peritoneal cavity of an animal so treated, a rapid swelling up, disintegration, and disappearance of the vibrios can readily be demonstrated. The organisms apparently do not multiply in the animal body under these conditions and are almost immediately destroyed. This disintegrating power is also claimed for the body fluids of normal animals and is supposed to be demonstrated by the following experiment. When graded quantities of a fresh cholera culture are introduced into the peritoneal cavity of normal guinea-pigs of equal weight, the following phenomena can be regularly observed: Minimal doses of the culture produce a febrile condition which continues for a few hours with no serious symptoms. Slightly larger doses give rise, after a short interval, during which there is fever, to a marked drop in temperature and definite symptoms of cholera poisoning—muscular weakness, twitching, and general prostration. These symptoms of poisoning then gradually disappear, and after twenty-four hours the guinea-pigs are again normal. If the quantity of cholera culture injected is carefully increased up to the minimal lethal dose, the animal dies with all the symptoms of cholera intoxication, but on autopsy the peritoneum is found to be entirely sterile, or only a few isolated cholera spirilla are found, usually inclosed in pus cells. Finally, if larger quantities of living cholera spirilla are injected, the peritoneal cavity shows a profuse, serous, sometimes hemorrhagic exudate, which contains innumerable actively motile microorganisms. The point of interest in this experiment is the demonstration of the fact that the normal guinea-pigs which receive enough of the cholera vibrios to prove fatal have destroyed the vibrios and presumably died from the poison thus liberated, and not from poisons secreted by living vibrios, or from an overcoming of their systems by the rapid multiplication of the organisms. It is only when the animal system is previously flooded with an overwhelming dose that the vibrios are found alive and multiplying even locally in the peritoneum after death. This does not mean, however, that no multiplication ever goes on hand in hand with the destruction of the germs in the infected animal; on the contrary, such a multiplication is probably the rule rather than the exception, as has been shown fairly conclusively by the experiments of Radziewsky, and was beautifully illustrated by an experiment of Pfeiffer and Wassermann, who after having shown that the blood serum of human beings who have recovered from Asiatic cholera has the power to protect guinea-pigs from ordinarily fatal doses of cholera spirilla, even when used in high dilutions, then proved that this protective power is not an antitoxic one, but depends largely, if not entirely, on the ability of the serum to aid in the immediate dissolution of the vibrios. Thus animals which received only a fraction of a milligram of such a serum were able to bear the injection of a loopful of virulent cholera vibrios, practically without reaction, while control animals succumbed to one-fourth of the dose with typical symptoms. Now, however, if the dose was increased to three or five loopfuls, not even ten thousand times the original amount of the serum would protect the animals against the inoculation. The toxic effects may, in fact, as shown by Pfeiffer, appear with extraordinary rapidity, so that in these animals the temperature may show the lethal drop within two hours after inoculation, while control animals which have received the same quantity of cholera germs without the serum may not show a similar lethal drop in temperature for four to five hours.

An explanation of the results of this experiment is found, probably, in the fact that guinea-pigs are able to withstand a certain quantity of the intracellular cholera poison (endotoxin) which may be represented by one loopful of a fresh culture. If the animals are given smaller quantities without the serum, say one-fourth to one-half loopful, the bacteria may increase for a time without producing marked symptoms. Parallel with the increase, however, the phenomenon of germ destruction is going on and characteristic symptoms of intoxication appear at the moment when the number of vibrios destroyed has become so large that it corresponds to more than one loopful of the cholera culture. An animal will thus withstand a culture of any size when mixed with immune serum, if the dose does not exceed the limit of intoxication before it is entirely destroyed. On the other hand, when guinea-pigs receive the larger dose of three to five loopfuls, the serum, not being antitoxic, is not able to counteract the fatal effects of the liberated cholera poisons, but, on the other hand, enormously increases the rate of destruction of the vibrios, and hence intoxication appears earlier in such treated animals than in the controls receiving the organisms alone.

This classic cholera experiment has been selected because it illustrates the most extreme limit of the endotoxin point of view, and, further, because the cholera organism, standing at one end of the scale, is the most extreme example of pathogenicity by virtue of its own destruction, while the diphtheria bacillus at the other end, as we have seen, is one of the classic examples of pathogenicity by virtue of secreted toxins. Neither of these organisms is truly invasive or highly parasitic, and both are harmful usually by the action of their poisons alone and acting, as it were, from a base of supply on the periphery of the animal system. Between these two extremes stand all grades of pathogenic and infective germs.

These two organisms are typical examples of their kind, but there are few organisms which secrete such highly toxic soluble bodies as do diphtheria bacilli, and there are few so susceptible as the cholera organism to disintegration within the animal body; and yet there are many germs which are extremely pathogenic, and in many cases capable of severely and detrimentally infecting the animal body. In view of this unquestioned fact, the teaching which considers all poisonings as due either to true soluble secreted poisons, or to true endotoxins liberated only on disintegration of the bacterial cell, is probably too narrow; and it would seem not unlikely that many organisms, possibly all, secrete bodies which are not soluble in their condition at secretion in culture media or in the body fluids, but which are susceptible to digestion in the animal body, and may thus become soluble and assimilable, and when toxic act harmfully on the body cells. This question is an important one and will be considered later. Besides these actively poisonous bodies which we have been considering, there are probably bodies such as some at least of the substances called aggressins by Bail, which, while not being toxic in themselves for the animal body, nevertheless are active defensive agents of the bacteria, probably neutralizing certain bodies of the animal economy, which are indirectly injurious to the bacteria. Further than this, certain bacteria may be furnished with envelopes, capable possibly of protecting them either chemically or physically from harmful influences.

Some clarity of conception may, as we have suggested, be gained by comparing some of the products of pathogenic bacteria with bacterial pigments and with insoluble interstitial or intercellular substance, which may be seen accompanying bacteria in cover-glass preparations. Soluble toxic secretions are to be compared to such pigments as the pyocyanin of *Bacillus pyocyaneus*, which is so readily soluble in culture media; endotoxins proper, to pigments confined to the bacterial cell or, at least when secreted, being insoluble in culture media, such, for instance, as the well-known red pigment of *Bacillus prodigiosus*, which may often be seen free among the bacteria in irregular red granules like carmine powder. That bodies such as this latter might be extruded from pathogenic bacteria, and not be soluble in the usual culture fluids, is not improbable, and the fact that more or less insoluble interstitial substances are not infrequent among bacteria is well known. Among pathogenic germs these characters are often more marked in freshly isolated cultures. The sticky, almost slimy character of cultures of meningococcus may be recalled, a character which tends to disappear after a few generations of artificial cultivation, and the highly mucinous capsule of the *Streptococcus mucosus* which tends to decrease under artificial cultivation, as do also the capsules of pneumococci and streptococci.

Now, it seems—and this view has been supported by Walker, Deutsch, Welch, and Eisenberg, and is, in fact, but an axiom which would be recognized immediately by any trained biologist—that all microorganisms will adapt themselves so far as is permitted by their physiologic peculiarities to the stress of the environment, the exact direction which this adaptation will take being determined by the character of the environment, chemical and physical, and the physical, chemical, and physiologic characteristics of the germ involved.

Thus far, in considering the means of offense and defense at the command of the bacteria, we have largely left out of consideration the animal organism against which these are directed, or by the changes in whose functions, metabolism, tissues, cells, and fluids, we are largely made aware of their existence.

The internal defenses of the animal body—and with these alone we are concerned—have largely been elucidated, as we have seen, through morphologic investigation of cellular activities taking place in the animal body or under controlled conditions in the test tube, and by visible reactions taking place in test tubes between the fluids of normal or immunized animals and the bacteria and their products, and, finally, by the more purely physiologic tests of the protecting power and mechanism of action of animal fluids or extracts when introduced into another animal of the same or different species, along with the bacteria or their products.

Such studies have, as is well known, afforded a vast amount of information. Through them the soluble secreted bacterial poisons have been demonstrated and have been found to stimulate the production of neutralizing bodies, the antitoxins; bacteria and their culture filtrates have been shown to call forth bodies which are present in the serum of animals treated with them, and which cause a precipitation of certain bacterial constituents of the filtrate—the precipitins; and injections of animals with bacteria or their products have been found to cause the production of bodies which are present in the serum and which have the power of agglutinating the bacteria when brought into contact with them—the agglutinins; and other bodies are likewise produced which are capable under proper conditions of killing the bacteria—the bactericidal substances—or even of dissolving them as we have seen in some instances—the bacteriolytic substances. All of these bodies may be demonstrated in the serum of certain normal animals and may be shown to be increased during the immunization of these animals with bacteria or their products. The complementing body, however, which is necessary for the activation of the bactericidal and bacteriolytic bodies is not known to be increased during immunization, at least so far as its presence in the serum is concerned.

These facts we have learned from the study of the serum; on the other hand, the morphologic investigations instigated and carried on largely by Metchnikoff and his followers have taught us the great part which the formed elements of the blood and lymph play in the protection against and cure of germ diseases, and the importance of the polymorphonuclear and large mononuclear leucocytes as phagocytes is now widely recognized.

Of these cells, the polymorphonuclear leucocytes take a very active part in the ingestion and destruction of bacteria, while the large mononuclear leucocytes and endothelial cells, especially those lining the blood vessels and body cavities, although also able to ingest bacteria directly, are chiefly active in taking up cells of animal origin, principally those which necessarily, in the normal course of events, belong to the same animal and have probably become injured or have suffered death.

It does not seem, in this connection, a far-fetched idea to suppose that phagocytic cells may use naturally other cells and bacteria as a part of their regular food supply. The polymorphonuclear leucocytes may thus depend to some extent on the ever-entering bacteria and their remains; for, as we know, bacteria are constantly entering along the regular channels of absorption; and it is just as obvious that numbers of blood and tissue cells are constantly dying out and must be disposed of, for such processes are always in evidence in the spleen, and the ingestion of polymorphonuclear leucocytes by the large mononuclears can be observed wherever leucocytes are collected in exudates, due either to infections, poisons, or supposedly benign irritants. The simple fact that these cells retain the basic physiologic activities and an ability to ingest and digest food in its crudest form, which ability was the heritage of their free-swimming ancestors, and that they have not suffered the total specialization and physiologic degeneracy of the fixed tissue cells, seems sufficient evidence to warrant the conclusion that they are most active factors in the protection of the specialized internal tissue cells, which control the general metabolism and higher functions of the animal body. It seems worth mentioning that the leucocytes, alone probably of all the true cells of the body, are entirely independent of the nerve control, and are subject only to the stimulation of their chemical and physical environment, and are thus susceptible of adaptation to and capable of subserving various purposes which would be fatal to the duties of cells controlled by the nerve mechanism for the special functions of the organism at large. Further than this the death of leucocytes does not matter, as would the death of specialized and nerve-controlled cells, for no special metabolic or functional derangement occurs from their destruction.

In considering this independence of the leucocytes it must not be assumed that they have not varied from primitive ameboid cells, for undoubtedly their life and proper functioning are largely determined by the special plasma in which they live, and it may be that their food, although at times crude compared with that of the other body cells, is nevertheless usually prepared for them by processes going on in the plasma.

Questions relating to the independence and to the interrelation of the plasma and leucocytes in their action on invading microorganisms and the action of plasma as compared with serum have been ground for scientific strife for many years, one side contending for the activity of the plasma, the other for the activity of the phagocytes; the humoralist at first neglecting, if not absolutely forgetting, that a fluid can not be self-replenishing, while the supporters of phagocytosis largely overlooked the fact that plasma is not necessarily an inert menstruum such as salt solution.

While these differences have been to some extent adjusted by the theory and work of Ehrlich, an immediate point of contention is still the question of the similarity of action of plasma and serum. The humoral school contends that the alexin of Buchner—complement of later writers—is secreted into the plasma, while the Metchnikoff school claims that it is only given up from injured leucocytes in the body, and to the serum by destruction of leucocytes during coagulation. The Metchnikoff school admits, however, that the amboceptors necessary for bactericidal and bacteriolytic action are formed in excess in the phagocytes, and given off from these to the plasma, yet asserts that they are inactive for lack of the complement which is normally retained in the leucocytes, and that they simply prepare the bacteria for complete digestion in the leucocytes. The relation of the bacteriolytic amboceptors to intracellular digestion is not settled, although it seems illogical for a digestive body to be produced in excess that has not arisen from cells by the stimulation of its use, and, as the leucocytes take up the bacteria, they are the most likely producers and users of this body.

In 1894 a further adjustment of differences took place, when certain phenomena observed by Denys and his pupil Leclef demonstrated that the act of phagocytosis when performed in serum, in some instances at least, was dependent on the presence of certain substances in the serum. Thus, they were able to show that leucocytes removed from normal blood and placed with bacteria in immune serum enulfed the bacteria actively, while leucocytes from immunized animals mixed with bacteria in normal serum took up the organisms no more actively than the normal leucocytes. The bodies inciting the phagocytosis must obviously, then, they concluded, be in the serum. Whether these bodies acted on the leucocyte or on the bacteria was not then determined, but Denys concluded, in 1898, that the bacteria were directly affected. The fact that the action is exerted on the bacteria was recently determined positively by Wright for normal serum, and by Neufeld and Rimpau, independently of Wright, for immune serum. These bodies have been called opsonins by Wright, and bacteriotropins by Neufeld, and have been shown to attach themselves to the bacteria and thus prepare them for ingestion by the phagocytes. It has also been shown by various observers that the more virulent the germ, the less susceptible it is to phagocytosis and the more potent the antisera must be to permit of the ingestion by the cells.

If now, for clarity of conception, we summarize briefly the disease-producing agents possessed by the bacteria and the opposing substances of the serum and processes of the animal body, we find the true toxins, including probably leucocidins and hemolysins, opposed by antitoxins which become free in the plasma; the bacterial bodies and probably the endotoxins opposed by leucocytes, and possibly directly in the plasma by lytic substances formed of amboceptor and complement, which either kill or dissolve the bacteria and free the endotoxins, but do not neutralize them; and, third, we have probably certain secretions which oppose the opsonins, and thus prevent phagocytosis—antiopsonins—bodies which may possibly be the so-called aggressins of Bail, and which are present in exudates and, although not toxic in themselves, increase the infectiousness of the bacteria with which they are injected; and, finally, opposed to bacteria and their broth filtrates we have the agglutinins and precipitins, the activities of which are manifest in serum, but whose relation to immunity is not altogether obvious, as they have not been shown satisfactorily to bring about agglutination or precipitation in the animal body.

While all of these different functions and chemical substances are possessed by animals as a class, it is becoming more and more obvious that these are not always present or active in the same degree, and that there are recognizable differences in the protective mechanism of different animal species—in species, in fact, not far removed from each other in the natural classification. An explanation of reactions to a given infection which applies in the case of one species is not, therefore, obviously applicable in the case of another species. This is true not only of the mechanism of protection as it takes place in the serum of different animals and in their plasma, but also of phagocytosis and phagocytic digestion and the factors which contribute to the perfection of these processes. The constant stumbling-block in the way of a correct interpretation of processes going on in the animal body is our inability, as we have seen, to argue from serum phenomena to phenomena occurring in the plasma. A failure to keep this in mind, although it is fully recognized, has undoubtedly led to many hasty conclusions, particularly connected with the theory of lytic immunity. This may be illustrated by a well-known example: Fresh rabbit serum is actively germicidal for anthrax bacilli, dog serum is not; yet rabbits are extremely sensitive to a true anthrax infection, while dogs are very resistant. Experiment has shown that there are lytic amboceptors in the sera of both these animals, but that the dog's serum does not contain the complement necessary for their action on the bacilli; the complement presumably has remained in the body cells, whereas in the case of the rabbit it has possibly been liberated from the leucocytes during clotting. The reason the dog is insusceptible is, then, not because of a more active plasma destruction of the invading anthrax germs, but probably because of a more perfect adjustment of the cellular mechanism to the infection, although if we simply followed the theory of the bactericidal action of serum and plasma as being coextensive, and the active protective mechanism, the rabbit should have been protected, while the dog should have succumbed. The difference here probably depends upon the possession of all requisites for the perfect performance of phagocytosis, and the complete digestion of the bacteria by the phagocytes of of the dog, while in the rabbit either the mechanism of ingestion is incomplete or the cells fail to cope successfully with their contents after ingestion. This example has been selected because anthrax bacilli have been shown to contain less toxic intracellular bodies—endotoxins—than many other infectious germs, and the likelihood of the rabbit being poisoned by any primary plasma disintegration of the bacilli is not very great, so that if the plasma mechanism had corresponded to that of the serum the animal should have been saved. The validity of such an argument would not have been so apparent if we had substituted cholera vibrios for anthrax bacilli in rabbits, for the bodies liberated from cholera bacilli at their disintegration are very toxic.

Even if the evidence so far in our possession warranted the conclusion that the bactericidal and bacteriolytic bodies which are present in the sera of various animals are present and active against certain microorganisms in the same manner in their plasma, we should, nevertheless, still have a number of microorganisms which are singularly insusceptible to such action of the serum or plasma, even of animals highly immunized against them. The method of resistance against these would have to be explained by a different mechanism, and if this death and destruction are not accomplished in the plasma, then we must look largely to the activities of the leucocytes for their accomplishment.

Now, not only the serum substances which further leucocytosis have, as we have seen, received much attention of late, but the bodies antagonistic to the bacteria which are supposed to be contained in the leucocytes have also been extensively investigated.

Experiments bearing on these questions make it appear extremely probable that bactericidal and bacteriolytic action depend on two processes; one of these is the bacteriolytic action of the serum and plasma, the other the bactericidal action of substances retained in the leucocytes. As an example of the type supposed to depend solely on the bactericidal substances of the serum or plasma, the mechanism of the natural and artificial immunity of guinea-pigs to typhoid and cholera may be cited, since in these animals no one has as yet succeeded in demonstrating that substances derived from the leucocytes by extraction have any bactericidal action on the organisms of these two diseases. This does not mean, however, that the bactericidal action takes place naturally outside of the leucocytes, for the bacteria loaded with amboceptors are probably taken into the leucocyte and there digested. As examples of immunity depending on substances within the leucocytes, the natural and artificial immunity of dogs and cats to anthrax, and the immunity of guinea-pigs to certain strains of proteus, may be cited, for in these cases the leucocyte extract is germicidal, while the serum is not.

Stated impartially, then, our knowledge of immune bodies and processes stands somewhat thus: Bodies which are bactericidal and bacteriolytic may be present in the plasma, and certainly in the serum, wherever this is formed in a pathologic process, which when supplied with complement, either normally present in the plasma or derived from injured leucocytes or other sources, may be active against microorganisms, either killing them or actually breaking them up in some cases and liberating bodies which are then directly poisonous or become so by further digestion. Besides these germicidal bodies, there are other bodies which, while not directly harmful to the bacteria, render them powerless against the phagocyting power of the leucocytes. These bodies are probably present in the plasma, certainly in the serum. They are the opsonins or bacteriotropins.

After phagocytosis has taken place, the germs may be killed and digested. Some of the bactericidal bodies of the phagocytes are bodies differing in character from the lytic bodies of the serum, and are either not given off to the serum or are not active in it; but there is no proof that the lytic amboceptors present in the serum are not normally, in part at least, derived from the leucocytes, and active in intracellular digestion when activated by complement. This is supported by the supposition that guinea-pig leucocyte extracts are not germicidal for cholera and typhoid organisms. Nevertheless, intracellular digestion of these germs does go on; it is possible, therefore, that the amboceptors present in the plasma, whatever their source, attach themselves to the germs and aid in intracellular digestion.

None of the processes just mentioned leads to the formation of antitoxins which become free in the plasma or serum. Now, in view of these facts and suppositions, it may possibly be logical to conceive that nearly all pathogenic germs secrete bodies which are not readily soluble in culture fluids or in the fluids of the animal body; that these bodies are not readily, if at all, assimilable by non-phagocyting cells. These bodies may, however, be broken up by digestive bodies present in the serum, and from them may thus be liberated a poisonous substance, which may then be assimilated by the higher cells of the body, and, when in sufficient quantity, cause death. The more rapid the process of liberation the more quickly death ensues. This plasma digestion is, then, according to this conception, a mechanism which is faulty when applied to bacteria and their products, and if this conception is correct the fault may occur somewhat as follows: Bacteria and their insoluble or non-assimilable products when taken into the phagocyte are subjected to two processes, a primary bactericidal and coagulating one, and then a more leisurely lytic or disintegrating action, during which poisonous products are probably liberated, but slowly enough to be taken care of by destroying or neutralizing bodies. Even if the leucocyte dies, it is usually taken up by a mononuclear cell, and the poisons do not become free in the fluids. Now, in this process the only bodies which are produced in excess and at the same time are capable of escaping from the leucocytes are the lytic bodies; neither the toxin-neutralizing body nor the coagulating body are secreted or given off from the cell. Such lytic amboceptors, then, when present in the plasma and activated by complement, may thus become an active agent for harm by liberating poisonous substances from the bodies of germs which are susceptible to such action, or from the insoluble or non-assimilable products of these or more lysis-resisting members of the invasive organisms; and by the action of these poisons, phagocytosis may be hindered and the specialized cells poisoned. Since the neutralizing or poison-destroying bodies are not present in the plasma, the leucocytes are then poisoned from without, just as are the specialized cells, and the more active the plasma digestion, the more deranged the true protective mechanism becomes.

These are some of the problems of immunity, particularly those relating to the microorganisms which are harmful to the animal body, not so much through their ability to secrete harmful soluble poisons, as through their insistently invasive character, or by the liberation of the toxic products resulting from the destruction of their secretions or of their own bodies. It is the diseases caused by these organisms on which the attention of bacteriologists is now chiefly centered.

The organisms of these diseases undoubtedly belong to two or more classes, in one of which may be placed the typical septicemia producers —anthrax, pneumococcus, streptococcus, etc.—in the other the less invasive organisms, typified by cholera and to some degree by typhoid. Between these two extremes there are all grades.

If the data amassed in the study of these types of microorganisms, and of the processes supposed to be involved in meeting infection and establishing cure and immunity from them, have been made clear, it may be easier to comprehend some of the problems which daily face investigators in their struggle to arrive at a rational method of biologic treatment, and to realize more fully, in the light of this knowledge, why disappointment has so persistently followed in the wake of serum therapy as applied to these infectious diseases. For, in spite of the most persistent attempts to produce curative sera, the results have not been satisfactory and have not led, except in rare instances, to the practical use of such sera in the treatment of disease in man.

The sera, thus produced, have not, except in a very minor way, been antitoxic in the usually accepted sense, and depend, as we have seen, probably, for any protective value they may possess, on their germicidal and bacteriolytic power and on the opsonins they may carry, and thus facilitate phagocytosis. These sera are capable of protecting an animal from an infecting organism, when mixed with it in surprisingly minute quantities; but that consistent curative effects, other than merely local, have been definitely determined as due to their action, after an infection has once been established, is open to serious doubt.

On the other hand, indeed, test and experiment have shown that animals and man suffering from a true infection may and often do themselves furnish sera capable of strong bactericidal and bacteriolytic action (when combined with normal sera containing complement), and yet in spite of this, they succumb or may be subject to severe relapses.

In the light of these and other facts which have been cited, it seems that one might well refrain from attempts to produce beneficial effects by injecting still further amounts of bacteriolytic or similar bodies, and seek further for an explanation of the exact methods and processes of the cure effected in those animals and man who do survive an infection.

Failure to solve these problems on lines hitherto followed should not discourage us, however, while we know that animals and man do recover naturally from such infections. The conclusion that this power must reside in increased digestive and neutralizing or poison-destroying powers of the animal organisms can not well be avoided, and these functions of the animal mechanism will probably be found to take place largely in some group of cells.

The animal body, then, ideally protected in the time of bacterial invasion, may well be one in which some set of cells—phagocytes—are immediately ready and able to take up the bacterial invaders and destroy them, and within their own bodies to neutralize any poisons secreted by such invaders or arising from their destruction by digestion, and this without serious harm to the ingesting cells; or—failing this full immunity from serious harm—it may be that these ingesting cells are, in their turn, taken up and, with their noxious contents, digested by other scavenging cells, with a minimum liberation of the substances which could injure the body cells dedicated to specialized functions. The whole struggle of the infected organism may be summed up as a conflict between the leucocytes and the germs, and that it is an attempt to bring the invading germs within the leucocytes, and is a process with which the system at large often has little or nothing to do, except as an innocent and injured bystander, and that extracellular destruction of bacteria and toxicogenic bodies is an untoward event after the thorough establishment of infection often leading to dire consequences, and depending on the chance occurrence of suitable digestive bodies in the serum which have been thrown off in excess from the cells, and which may thus become a menace to the system at large by liberating poisonous bodies from comparatively harmless compounds.

Thus, in many instances, it seems we are probably dealing with an immunity, a large part of the mechanism of which is intracellular, not only in the sense of phagocytosis and digestion, but in the neutralization or destruction of poisons which arise from the disintegration of the bacteria and their products—a mechanism in which the protecting cells *must* intervene and, largely unaided by antitoxic bodies in the plasma, neutralize or destroy within themselves the poisonous products of the invading microorganisms.

It was this thought which suggested the idea of treating infections with the extract of leucocytes, and thus aiding the phagocytes by furnishing them as directly as possible with the weapons which they use in their fight with invading microorganisms, and also to protect them and the cells of specialized function from destruction and give them an opportunity to recuperate and carry on successfully their struggle against the invading germs.

The treatment of infections with vaccines also is based upon the recognition of the necessity of the direct intervention of phagocytes in the cure of certain bacterial diseases and is, as we have seen, an endeavor to stimulate the production of substances facilitating the ingestion of the organisms by the phagocytes.

Finally, it must be remembered that while animal experiments are necessary, and often extremely instructive, one can, nevertheless, not always argue directly from these to occurrences in man. An *injection disease* is not an *infectious disease,* and we are dealing usually with conditions in man which are at least not entirely analogous to artificial infections in animals. Artificial infections are usually accomplished by an abrupt introduction of a large quantity of infecting germs and their products; the animal powers of resistance are often immediately and severely taxed; the incubation period thus artificially shortened; and the germs themselves, being present in large numbers, are not subjected to such a searching elimination as is usually the case with the few organisms gaining a foothold by the natural channels of infection. This difference is most marked in septicemias, in which, in animal experiments, the organisms have been introduced directly into the circulation in quantities sufficient to bring about a very rapid poisoning and overwhelming of the animal, with probably only a very partial adaptation of the bacteria to the animal agents of resistance. On the other hand, the septicemic invasion in man most often follows the adaptation of the germs in some more favorable *nidus*, and probably has to do with an evolution in the bacterial resistance to the protective powers, rather than a decrease in protective strength on the part of man. Indeed, both of these processes may increase hand in hand, and we may have septicemias extending over weeks, months, and even years. We may have, in fact, an "armed peace" and the prepared bacterial army is not to be routed by the application of means which under other circumstances might prove efficacious, for we have seen how the bacteria may possibly become resistant to the protective agents of the animal body, and may continue to survive attacks which might well prove fatal to less well-adapted members of their species.

Theoretically, then, we are safe in assuming that the infections in man which most closely simulate the usual artificial infection in animals are fresh local infections, and infections of any character, in their earliest stages, before the bacteria have been adapted to carry on their fight with the powers of the infected body.

The point which should be made clear is that the outcome of our attempts to treat infectious diseases is, if we have the real means in our hands, probably more dependent on the degree of adaptation of the germs than the actual powers of resistance of the patient. These latter, of course, determine largely the picture of the disease, but give little information as to the power of the invader. This has been forced on us by the fact that, although we are able to cure positively acute septicemias in animals, the more subacute septicemias of man do not yield readily to our present modes of treatment, whereas even extremely severe acute and chronic localized diseases, due to the same organisms, respond to treatment.

SECTION III

PATHOGENIC MICROORGANISMS

CHAPTER XXI

THE STAPHYLOCOCCI (MICROCOCCI)

THE power to incite purulent and sero-purulent inflammations and localized abscesses in man and animals is possessed by a large variety of pathogenic bacteria. Most infections, in fact, in which the relative virulence of the incitant and the resistance of the infected subject are so balanced that temporary or permanent localization of the infectious process takes place are apt to be accompanied by the formation of pus. The large majority of acute and subacute purulent processes, however, are caused by the members of a well-defined group of bacteria spoken of as the pyogenic cocci. Among these, pre-eminent in importance, are the "*staphylococci*" or "*micrococci.*"

Many of the earlier investigators of surgical infections had seen small round bodies in the pus discharged from abscesses and sinuses and had given them a variety of names. Careful bacteriological studies, however, were not made until 1879 and the years immediately following, when Koch, Pasteur, Ogston,[1] and others not only described morphologically, but cultivated the cocci from surgical lesions of animals and man. Of fundamental importance are the studies published by Rosenbach[2] in 1884, in which the technical methods of modern bacteriology were brought to bear upon this subject for the first time. The group of staphylococci—so named from their growth in irregular, grape-like clusters—is made up of several members, by far the most important of which, pathologically, is the Staphylococcus pyogenes aureus.

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[1] *Ogston*, Brit. Med. Jour., 1881.

[2] *Rosenbach*, "Microorganismen bei Wundinfektion," 1884.

STAPHYLOCOCCUS PYOGENES AUREUS

Morphology and Staining.—This microorganism, the most frequent cause of abscesses, boils, and many surgical suppurations, is a spherical coccus having an average diameter of about 0.8 micra, but varying within the extreme limits of 0.4 to 1.2 micra. Any considerable variation from the average size, however, is rare. The perfectly spherical character may not develop, whenever, as is usually the case, two or more are grouped together, unseparated after cell cleavage. In this case, adjacent cocci are slightly flattened along their contiguous surfaces.

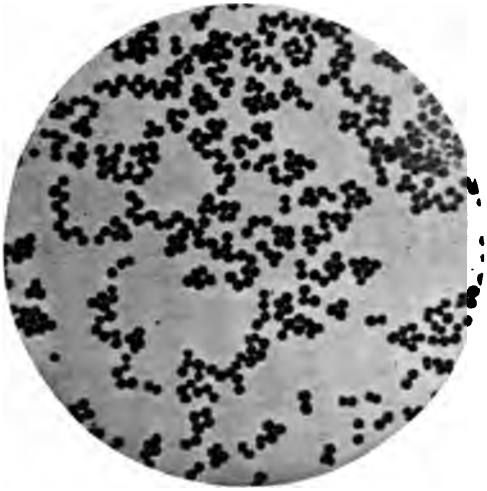

FIG. 69.—STAPHYLOCOCCUS PYOGENES AUREUS. (After Günther.)

Examined in smears from cultures or pus, the staphylococci may appear as single individuals, in pairs, or, most frequently, in irregular grape-like clusters. Occasionally, short chains of three or four may be seen. In very young cultures in fluid media, the diplococcus form may predominate.

The staphylococci stain with all the usual basic aqueous anilin dyes, and, less intensely, with some of the acid dyes. Stained by the method of Gram, they retain the anilin-gentian-violet. Gram's method of staining is excellently adapted for demonstration of these cocci in tissue sections.

Although exhibiting marked Brownian movements in the hanging drop, staphylococci are non-motile and possess no flagella. They are non-sporogenous and form no capsules.

Cultural Characters.—Staphylococci grow readily upon the usual laboratory media. The simpler media, made of meat extract, are quite as efficient for their cultivation as are the freshly made meat-infusion products. The optimum temperature for staphylococcus cultivation lies at or about 30° C., though growth readily takes place at temperatures as low as 15° C., and as high as 40° C. Slow but definite growth has been observed at a temperature as low as 10° C.

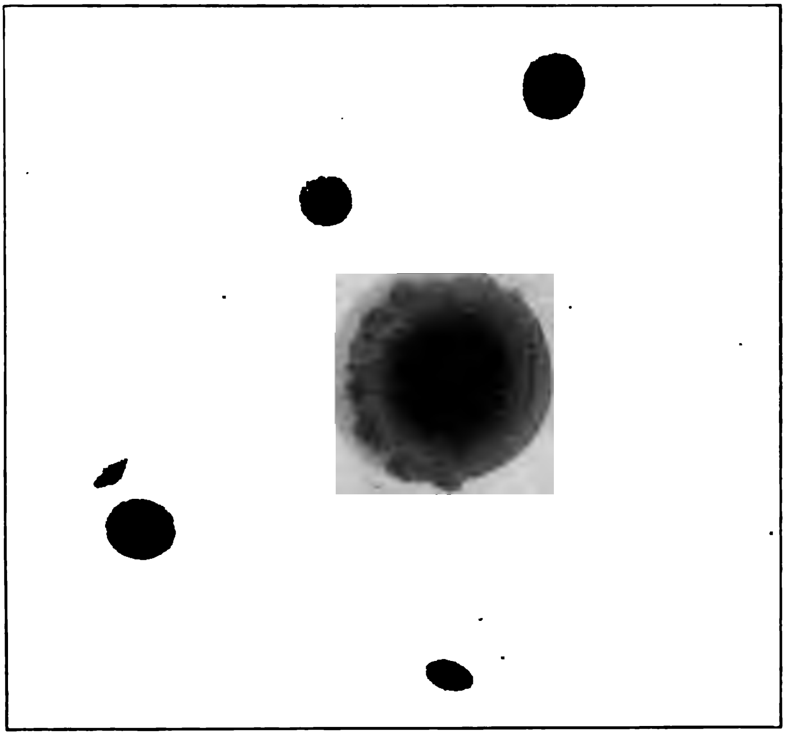

Fig. 70.—Staphylococcus Colonies.

While development is most characteristic and luxuriant under aërobic conditions, staphylococci are facultatively anaërobic on suitable media. They grow readily in an atmosphere of hydrogen.

As to the reaction of media, staphylococcus develops most favorably upon those having a slightly alkaline titer. Moderately increased alkalinity or even moderate acidity of media does not inhibit growth.

On *gelatin* plates, growth occurs readily at room temperature, forming within thirty-six to forty-eight hours, small, shining, pin-head shaped colonies, appearing, at first, grayish-white, and later assuming a yellowish hue, which intensifies into a light brown and often a bronze color as the colony grows older. The intensity of the color differs considerably in different races of staphylococci. Liquefaction of the gelatin occurs, and, shallow, saucer-shaped depressions are formed about the colonies after forty-eight hours or more. These zones of fluidification grow larger as the colonies grow, finally becoming confluent. Microscopically, the colonies themselves, before liquefaction has destroyed their outline, are round, rather finely granular, with smooth edges. They are not flat, but rise from the surface of the medium as the segment of a sphere. In *gelatin stab cultures* in tubes, fluidification leads to the formation of a funnel-shaped depression, with, finally, complete liquefaction of the medium and sedimentation of the bacteria. Liquefaction of gelatin by the staphylococcus is due to a ferment-like body elaborated by it, which is spoken of as "gelatinase." This substance can be obtained apart from the cocci by the filtration of cultures.[1] It is an extremely thermolabile body.

On *agar* plates the characteristics of the growth, barring liquefaction, are much like those on gelatin. Colonies do not show a tendency toward confluence, remaining discrete, and show a rather remarkable difference in the size of the colonies occurring upon the same plate. Upon slanted agar in tubes, rapid growth occurs, at first grayish-white, but soon covering the surface of the slant as a glistening, golden-brown layer.

In *broth*, growth is rapid, leading to a general, even clouding of the medium, and giving rise, after forty-eight or more hours, to the formation of a thin surface pellicle. As growth increases, the bacteria sink to the bottom, forming a heavy, mucoid sediment. The odor of old cultures is often peculiarly acrid, not unlike weak butyric acid.

In *milk*, staphylococcus causes coagulation usually within three or four days, with the formation of lactic and butyric acids.

On *potato*, growth is abundant, rather dry and usually deeply pigmented.

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[1] *Loeb*, Cent. f. Bakt., xxxii, 1902.

Upon coagulated *animal sera*, rapid growth takes place and eventually slight liquefaction of the medium is said to occur.

In *nitrate solutions*, reduction of the nitrates to nitrites is caused.

In *Dunham's broth*, indol is formed.

In media containing the carbohydrates—dextrose, lactose, or saccharose—acidification takes place with the formation chiefly of lactic, butyric, and formic acids. There is no gas formation, however. In proteid media free from sugars, the staphylococcus produces alkali.

The reducing action of staphylococcus is shown by decolorization in cultures of litmus, methylene-blue, and rosanilin.[1]

Pigment Formation.—Differentiation between the various members of the staphylococcus group is based largely upon the formation of pigments. These pigments, so far as we know, seem to be species characteristics. Thus, Staphylococcus pyogenes aureus is recognized primarily by its production of a yellowish-brown pigment, varying in different strains from a pale brown hue to a deep golden yellow. Prolonged cultivation upon artificial media may lead to a diminution in the depth of color produced.[2] It appears only when cultivation is carried on under freely aërobic conditions, anaërobic cultivation resulting in unpigmented colonies. The coloring matter is insoluble in water but soluble in alcohol, chloroform, ether, and benzol.[3] According to Schneider,[4] the pigment belongs to the class of "lipochromes" or fatty pigments, and is probably composed of carbon, oxygen, and hydrogen, without nitrogen. Treatment with concentrated sulphuric acid changes it to a green or greenish-blue.[5]

Resistance.—Although not spore formers, staphylococci are more resistant to heat than many other purely vegetative forms. The thermal death point given for Staphylococcus pyogenes aureus by Sternberg[6] lies between 56° and 58° C., the time of exposure being ten minutes. The same author states that, when in a completely dried state, the coccus is still more resistant, a temperature of from 90° to 100° C. being required for its destruction. Against low temperatures, staphylococci are extremely resistant, repeated freezing often failing to sterilize cultures.

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[1] *Fr. Müller*, Cent. f. Bakt., xxvi, 1899.

[2] *Flügge*, "Die Microorg.," etc.

[3] *Migula*, "System d. Bakt.," Jena, 1897.

[4] *Schneider*, Arb. a. d. bakt. Inst., Karlsruhe, 1, vol. i, 1894.

[5] *Fischer*, "Vorles. über die Bakt.," Jena, 1903.

[6] *Sternberg*, "Textbook," etc., N. Y., 1901, p. 375.

Desiccation is usually well borne, staphylococci remaining alive for six to fourteen weeks when dried upon paper or cloth.[1] On slant agar, staphylococci may be safely left for three or four months without transplantation, and remain alive.[2]

The resistance of staphylococci to chemicals, a question of great surgical importance, has been made the subject of extensive researches, notably by Lübbert,[3] Abbott,[4] Franzott,[5] and many others. According to Lübbert, inhibition of staphylococcus growth is attained by the use of boric acid 1 in 327, salicylic acid 1 in 650, corrosive sublimate 1 in 80,000, carbolic acid 1 in 800, thymol 1 in 11,000. Staphylococci are killed by corrosive sublimate 1 in 1,000 in ten minutes, by carbolic acid 1 per cent in 35 minutes, 3 per cent in 2 minutes (Franzott). Ethyl alcohol,[6] even when absolute, is not very efficient as a disinfectant. Nascent iodin, as split off from iodoform in wounds, is extremely powerful in destroying staphylococci.

Pathogenicity.—Separate strains of Staphylococcus pyogenes aureus show wide variations in relative virulence. The most highly virulent are usually those recently isolated from human suppurative lesions, but no definite rule can be formulated in this respect. The virulence of a given strain, furthermore, may be occasionally enhanced by repeated passages through the body of a susceptible animal. Prolonged cultivation upon artificial media is liable to decrease the virulence of any given strain, though this is not regularly the case. There are, moreover, unquestionably, many staphylococci constantly present in the air, dust, and water, which although morphologically and culturally not unlike the pathogenically important species, may be regarded as harmless saprophytes.

The susceptibility of animals to staphylococcus infection is, likewise, subject to extreme variations, depending both upon differences between species and upon fortuitous individual differences in susceptibility among animals within the same species. Animals on the whole are less susceptible to staphylococcus than is man. Among the ordinary laboratory animals, rabbits are most susceptible to this microorganism. Mice, and especially the white

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[1] *Deslongchamps*, Paris, 1897.

[2] *Passet*, Fort. d. Med., 2 and 3, 1885.

[3] *Lübbert*, "Biol. Untersuch.," Würzburg, 1886.

[4] *Abbott*, Medical News, Phila., 1886.

[5] *Franzott*, Zeit. f. Hyg., 1893.

[6] *Hanel*, Beit. z. klin. Chir., xxvi.

Japanese mice, show considerable susceptibility. Guinea-pigs possess a relatively higher resistance.[1]

Subcutaneous or intramuscular inoculation of a susceptible animal usually results in the formation of a localized abscess with much pus formation and eventual recovery. Intraperitoneal inoculation is more often fatal. Intravenous inoculation of doses of 0.5 c.c., or more, of fresh broth cultures of virulent staphylococci usually leads to pyemia with the production of secondary abscesses, located chiefly in the kidneys and the heart and voluntary muscles, but not infrequently in other organs as well. In the kidney they occur as small foci, situated most often in the cortex, composed of a central, necrotic pus cavity, surrounded by a zone of acute inflammatory exudation. Staphylococcus lesions form histologically the typical "acute abscess." Not infrequently the pyemic condition is accompanied by suppurative lesions in the joints. Intravenous injections of virulent staphylococci preceded by injury to a bone is often followed by the development of osteomyelitis. Mechanical or chemical injury of the heart valves preceding intravascular staphylococcus inoculation may result in localization of the infection on or about the heart valves, leading to "malignant endocarditis." The pyemic conditions following staphylococcus inoculation usually lead to chronic emaciation and death after an interval dependent upon the relative virulence of the microorganism, the amount injected, and the resistance of the infected subject. Large doses of unusually virulent cultures cause death within twenty-four hours, or even less, without abscess formation.

As above stated, the susceptibility of man to spontaneous staphylococcus infection is decidedly more marked than is that of animals. The form of infection most frequently observed is the common boil or furuncle. As Garré,[2] Büdinger,[3] Schimmelbusch,[4] and others have demonstrated by experiments upon their own bodies, energetic rubbing of the skin with virulent staphylococcus cultures may often be followed by the development of a furuncle. Subcutaneous inoculation of the human subject invariably gives rise to an abscess. The pathological lesions which may be produced in man by virulent staphylococci are naturally of great variety, depending upon the mode of inoculation, and upon the relation between the virulence of the incitant and the resistance of the subject. Apart from the formation of localized abscesses, staphylococci are common as the incitants of surgical suppurations and wound infections. The large majority of acute suppurative inflammations of bone (osteomyelitis) are caused by staphylococci. Abscesses of the brain, of the liver, and of the lung may be due to this microorganism. It may give rise to ascending infections of the genitourinary tract, leading to pyelonephritis. Empyema or peritonitis may be caused by its entrance into the serous cavities from the lung or bowel. When gaining access to the circulation from some localized focus, it gives rise to septicemia and may lead to malignant endocarditis and, by secondary localization in the viscera, to general pyemia. As the incitant of septicemia it can frequently be found by blood culture during the life of the patient. Puerperal sepsis is not infrequently a staphylococcus disease. Of recent years several authors have claimed direct etiological relationship for the Staphylococcus pyogenes aureus with acute articular rheumatism.[1] While not unlikely, this claim is not, at present, substantiated by sufficiently exact evidence.

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[1] *Terin*, Ref. in Lubarsch und Ostertag, Ergebnisse, 1896; *Lingelsheim*, "Aetiol. d. Staph. Inf.," etc., Wien, 1900.

[2] *Garré*, Beit. z. klin. Chir., x, 1893.

[3] *Büdinger*, Lubarsch und Ostertag, Ergebnisse, etc., 1896.

[4] *Schimmelbusch*, Ref. by Büdinger.

Apart from the local inflammatory reactions called forth by staphylococcus invasion, all such infections, if severe or prolonged, give rise to profound toxic manifestations evidenced by characteristically irregular temperature (the so-called "septic type"), by headache, nausea, and general malaise, and not infrequently by chills. Prolonged chronic infection with staphylococci may give rise to the so-called amyloid changes in liver, spleen, and kidneys.

Toxic Products.—*Endotoxins.*—The dead bodies of staphylococci injected into animals may occasionally give rise to abscess formation, and,[2] if in sufficient quantity, may cause death. To obtain the latter result, however, large quantities are necessary, the endotoxic substances within the dead cell body of these microorganisms being probably neither very poisonous nor abundant.[3]

That dead cultures of Staphylococcus aureus exert a strong positive chemotaxis for leucocytes was shown beyond question by the experiments of Borissow.[4]

Hemolysins.—In 1900 Kraus[5] noticed the hemolytic action of staphylococci growing upon blood-agar plate cultures. Neisser and Wechsberg[1] then showed that this hemolytic substance, secreted by the staphylococcus, could be demonstrated in filtrates of bouillon cultures. Such *hemolysins* are produced by Staphylococcus aureus, and, to a lesser degree, by Staphylococcus albus. The quantity produced varies enormously with different strains and seems to be roughly proportionate to the virulence of the particular microorganism, though exceptions to this rule are not uncommon. Absolutely avirulent races do not, so far as we know, produce hemolysins. The culture medium most favorable to the formation of these substances is, according to Neisser and Wechsberg, a moderately alkaline beef bouillon. Cultivated at 37.5° C., the bouillon contains the maximum amount of hemolytic substance between the eighth and fourteenth day, and this may be separated from the bacteria by filtration through Berkefeld or Chamberland filters.

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[1] *A. H. Weis*, Inaug.-Diss., Berlin, 1901.

[2] *Schattenfroh*, Arch. f. Hyg., xxxi, 1887.

[3] *v. Lingelsheim*, " Aetiol. u. Therap. d. Staph. Krank.," Wien, 1900.

[4] *Borissow* Zieglers Beitr., xvi, 1894.

[5] *Kraus*, Wien. klin. Woch., iii, 1900.

The hemolytic action may be observed by the general technique for determining hemolysis (given on page 259). It is important to wash the red blood corpuscles used for the experiments, since many animals normally possess small quantities of antihemolysin in their blood-sera (man and horse especially).[2] The red blood corpuscles of rabbits, dogs, and guinea-pigs are extremely susceptible to the action of the staphylo-hemolysin. Those of man are less easily injured by it. The hemolytic action takes place, as Todd[3] and others[4] have shown, not only *in vitro*, but in the living animal as well.

The staphylo-hemolysin is comparatively thermolabile. According to Neisser and Wechsberg, heating it to 56° C. for twenty minutes destroys it. According to some other authors, however, higher temperatures (60° to 80° C.) are required. Reactivation of a destroyed staphylo-hemolysin has so far been unsuccessful. The fact that antistaphylolysin is occasionally present in normal sera has been mentioned above. This antibody is most abundant in the blood of horses and of man. Artificially antistaphylolysin formation is easily induced by subcutaneous inoculation of staphylolysin into rabbits.

Leucocidin.—In 1894, Van de Velde[5] discovered that the pleural exudate of rabbits following the injection of virulent staphylococci showed marked evidences of leucocyte destruction. He was subsequently able to show that the substance causing the death and partial solution of the leucocytes was a soluble toxin formed by the staphylococcus, not only *in vivo*, but *in vitro* as well; for cultures of Staphylococcus pyogenes aureus, grown in mixtures of bouillon and blood serum, contained, within forty-eight hours, marked quantities of this "leucocidin."

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[1] *Neisser* und *Wechsberg*, Zeit. f. Hyg., xxxvi, 1901.

[2] *Neisser*, Deut. med. Woch., 1900.

[3] *Todd*, Trans. London Path. Soc., 1902.

[4] *Kraus*, Wien. klin. Woch., 1902.

[5] *Van de Velde*, La Cellule, x, 1894.

Other workers since Van de Velde have evolved various methods for obtaining potent leucocidin. Bail[1] obtained it by growing virulent staphylococcus in mixtures of one-per-cent glycerin solutions and rabbit serum. Neisser and Wechsberg[2] advise the use of a carefully titrated alkaline bouillon. To obtain the leucocidin free from bacteria, the cultures are passed through Chamberland or Berkefeld filters, after about eight to eleven days' growth at 37° C., at which time the contents in leucocidin are usually at their highest point.

The action of leucocidin upon leucocytes may be observed *in vivo* by the simple method of Van de Velde, of injecting virulent staphylococci intrapleurally into rabbits and examining the exudate. Bail advises the production of leucocytic intrapleural exudates by the use of aleuronat and following this after twenty-four hours by an injection of leucocidin-filtrate. *In vitro* the phenomenon may be observed by direct examination of mixtures of leucocytes and leucocidin in the hanging drop on a warmed stage, or by the "methylene-blue method" of Neisser and Wechsberg. This method is based upon the fact that living leucocytes will reduce methylene-blue solutions and render them colorless, while dead leucocytes have lost this power. Leucocidin and leucocytes are allowed to remain in contact for a given time and to them is then added an extremely dilute solution of methylene-blue. If the leucocytes have been actively attacked by leucocidin, no reduction takes place. This method is particularly adapted for quantitative tests.

All staphylococcus strains do not produce leucocidin to the same degree. Almost all true Staphylococcus pyogenes aureus cultures produce some of this toxin, but one strain may produce fifty- and a hundred-fold the quantity produced by another. Staphylococcus pyogenes albus gives rise to this substance but rarely, and then in small quantity.

Leucocidin seems to be similar to the soluble toxins of other bacteria. It is rapidly destroyed by heat at 58° C., and deteriorates quickly in culture fluids at incubator temperatures. It is distinct from staphylohemolysin as shown by differences in thermostability.

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[1] *Bail*, Arch. f. Hyg., xxxii, 1898.

[2] *Neisser* und *Wechsberg*, Zeit. f. Hyg., xxxvi, 1901.

Soon after Van de Velde's discovery of leucocidin, Denys and Van de Velde[1] produced an antileucocidin by treating rabbits with pleural exudate containing leucocidin. Neisser and Wechsberg[2] later confirmed these results and showed that among staphylococci, leucocidin is not specific, the toxin of all strains of Staphylococcus aureus and albus examined being neutralizable by the same antileucocidin. Antileucocidin is often found in the normal sera of horses and man.[3]

Leucocidin should not be confounded with "leucotoxin," a substance obtained in serum by treatment of animals with leucocytes, a true "cytotoxin," having no connection whatever with the staphylococcus.

Staphylococci, besides the toxic substances already mentioned, give rise to gelatinase, spoken of in the section upon cultivation, and to a proteolytic ferment by means of which albuminous media (Loeffler's serum) may be slightly digested.

Immunization.—Animals can be rendered actively immune by repeated inoculations with carefully graded doses of living or dead staphylococcus cultures.[4] The production of antistaphylolysin and of antileucocidin in the sera of animals so treated, has been alluded to in the preceding sections. The sera of such actively immunized animals possess distinct protective power when administered to other animals, slightly before or at the same time with an inoculation of staphylococci. They do not, however, exhibit very high bactericidal value *in vitro*. The use of immune sera to combat staphylococcus infection has not so far given very encouraging results.[5]

Agglutinins have been demonstrated in staphylococcus immune sera by a number of authors, and have been shown to be of value in differentiating between the several groups of staphylococci.[6] A rather surprising result of these researches has been the recognition that immune sera obtained with pathogenic staphylococci will agglutinate other pathogenic staphylococci, whether belonging to the group of Staphylococcus pyogenes aureus or that of Staphylococcus pyogenes albus, but will not agglutinate any of the non-pathogenic members of either group.[1]

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[1] *Denys* et *Van de Velde*, La Cellule, xi, 1895.

[2] Loc. cit.

[3] *Van de Velde*, Presse médicale, i, 1900.

[4] *Richet* et *Hericourt*, Compt. rend. de l'acad. des sci., cvii, 1888.

[5] *Kolle* und *Otto*, Zeit. f. Hyg., xli, 1902.

[6] *Proscher*, Cent. f. Bakt., xxxiv, 1903; *v. Lingelsheim*, "Aetiol. u. Therap. d Staphyl.," etc., Wien, 1900.

Active immunization of human beings suffering from staphylococcus infections has been extensively practiced by Wright, in connection with his work on opsonins. There can be no question about the fact that the opsonic substances in the blood are increased by the injection of dead staphylococci. The procedure is of therapeutic value in subacute and chronic cases. The work of Hiss on the use of leucocyte extracts in animals infected with Staphylococcus pyogenes aureus has given encouragement for such treatment in human beings. A number of staphylococcus infections in man have been successfully treated with leucocyte extract by Hiss and Zinsser.

STAPHYLOCOCCUS PYOGENES ALBUS

This coccus differs from Staphylococcus pyogenes aureus simply in the absence of the golden yellow coloration of its cultures. Morphologically, culturally, and pathogenically, it is in every way identical with the staphylococcus described in the preceding section, but its toxin- and enzyme-producing powers in general are less developed than those of the aureus variety. Its close biological relationship to aureus is furthermore demonstrated by its agglutination in Staphylococcus pyogenes aureus immune sera.

STAPHYLOCOCCUS EPIDERMIDIS ALBUS

The Staphylococcus epidermidis albus described by Welch is merely one of the non-pathogenic varieties of Staphylococcus pyogenes albus and possibly does not deserve separate classification. It may give rise to unimportant stitch abscesses.

STAPHYLOCOCCUS PYOGENES CITREUS

Staphylococcus pyogenes citreus produces a bright yellow or lemon-colored pigment of distinctly different hue from that of Staphylococcus pyogenes aureus. It may be pyogenic and in every way similar to Staphylococcus pyogenes aureus, but is less often found in contion with pathological lesions than either of the preceding staphylococci.

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[1] *Proscher*, Deut. med. Woch., xi, 1903.

A large number of staphylococci, differing from those described above in one or another detail, have been observed. They are of common occurrence and are met with chiefly as contaminations in the course of bacteriological work. Few of these have any pathological significance and none of them are toxin-producers, so far as we know. Many of them differ, furthermore, in their inability to liquefy gelatin. All of them belong more strictly to the field of botany than to that of pathological bacteriology.

Atypical pathogenic staphylococci have been described by a number of observers. Thus Weichselbaum[1] isolated a staphylococcus from a case of malignant endocarditis which could not be cultivated at room temperature, and grew only in very delicate colonies. Veillon,[2] moreover, has described a strictly anaërobic staphylococcus cultivated from the pus of an intra-abdominal abscess.

MICROCOCCUS TETRAGENUS

In 1881, Gaffky[3] discovered a micrococcus which occurs regularly in groups of four or tetrads. He first isolated it from the pus discharged by tuberculous patients with pulmonary lesions. Observed in smear preparations from pus, the tetrads are slightly larger in size than the ordinary staphylococcus, flattened along their adjacent surfaces, and surrounded by a thick halo-like capsule. Preparations from cultures often lack these capsules. The micrococcus is easily stained by the usual basic anilin dyes. Stained by Gram's method, it is not decolorized, retaining the gentian-violet.

Cultivation.—Micrococcus tetragenus grows on the ordinary laboratory media, showing a rather more delicate growth than do the staphylococci.

On agar, the colonies are at first transparent, later they become grayish-white, but are always more transparent than are staphylococcus cultures.

On gelatin, growth is rather slow and no liquefaction takes place.

Broth is evenly clouded.

On potato there is a white, moist growth which shows a tendency to confluence.

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[1] *Weichselbaum*, Baumgarten Jahresb., 1899, Ref.

[2] *Veillon*, Compt. rend. soc. de biol., 1893.

[3] *Gaffky*, Mitteil. a. d. kais. Gesundheitsamt, i, 1881.

Milk is coagulated and litmus milk indicates acid formation.

Pathogenicity.—Micrococcus tetragenus is especially pathogenic for Japanese mice, which succumb within three or four days to subcutaneous inoculation.[1] Gray mice, rats, guinea-pigs, and rabbits are less susceptible, showing only a localized reaction at the point of inoculation.

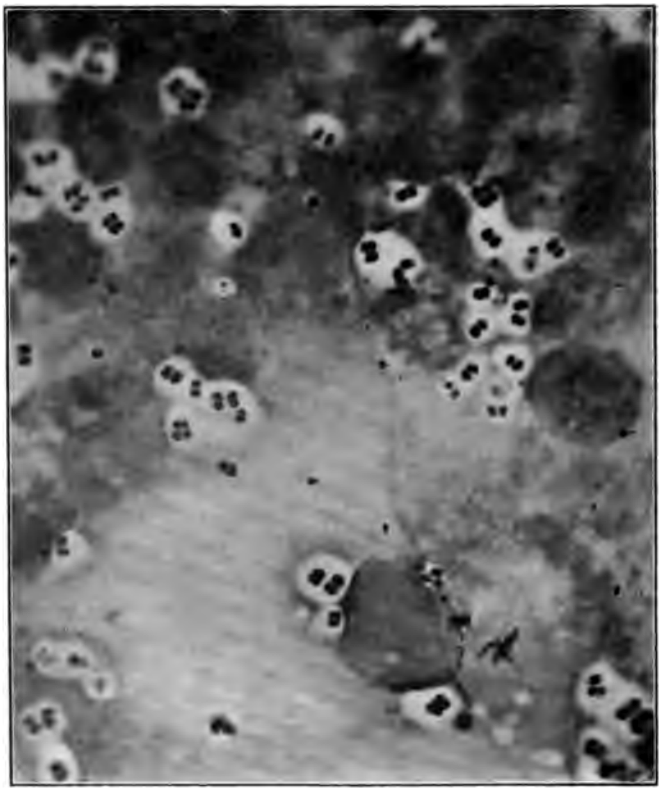

Fig. 71.—Micrococcus Tetragenus. (In spleen of infected mouse.)

The organism has occasionally been isolated from spontaneous abscesses observed in domestic animals.

In man, this microorganism is usually found without any particular pathogenic significance, in sputum or saliva. In isolated cases, however, it has been described as the sole incitant of abscesses.

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[1] *Müller,* Wien. klin. Woch., 17, 1904.

Bezançon[1] has isolated Micrococcus tetragenus from a case of meningitis. A single case of tetragenus septicemia is on record, reported in 1905 by Forneaca.[2]

In America, this microorganism has not been frequently observed in connection with disease. It is often found, however, in considerable numbers, in smears of sputum which are being examined for pneumococci or tubercle bacilli.

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[1] *Bezançon,* Semaine méd., 1898.

[2] *Forneaca,* Rif. med., 1903.

CHAPTER XXII

THE STREPTOCOCCI

Among the pyogenic cocci, there is a large and important group of organisms which multiply by division in one plane of space only, and thus give rise to appearances not unlike chains or strings of beads. The term *streptococcus* or *chain-coccus* is, therefore, a purely morphological one which includes within its limits microorganisms which may differ from each other considerably, both as to cultural and pathogenic properties. Thus, cocci which form chains may be isolated from water, milk, dust, and the feces of animals and man. These may have little but their morphological appearance in common with the pyogenic streptococci which are so important as the incitants of disease. The interrelationship between streptococci from different sources, however, is by no means fully understood, and we are forced at present to content ourselves with the recognition of a large morphological group, in no individual case taking the pathogenic or more special cultural characteristics for granted.

STREPTOCOCCUS PYOGENES

Of paramount importance among the streptococci are those which possess the power of giving rise to disease processes in animals and in man, and which, because of their frequent association with suppurative inflammations, are roughly grouped under the heading of *Streptococcus pyogenes.*

The same researches upon surgical infections which led to the discovery of the staphylococci, laid the basis for our knowledge of the streptococci. The fundamental studies of Pasteur and Koch[1] were followed, in 1881, by the work of Ogston,[2] who was the first to differentiate between the irregularly grouped staphylococci and the chain-cocci.

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[1] *Koch,* "Untersuch. über Wundinfektion," etc., 1878.

[2] *Ogston,* Brit. Med. Jour., 1881.

Pure cultures of streptococci were first obtained by Fehleisen[1] in 1883 and by Rosenbach[2] in 1884. The thorough and systematic researches of the last-named authors, together with those of Passet,[3] were of special influence in placing our knowledge of the pathogenic properties of streptococci upon a scientific basis.

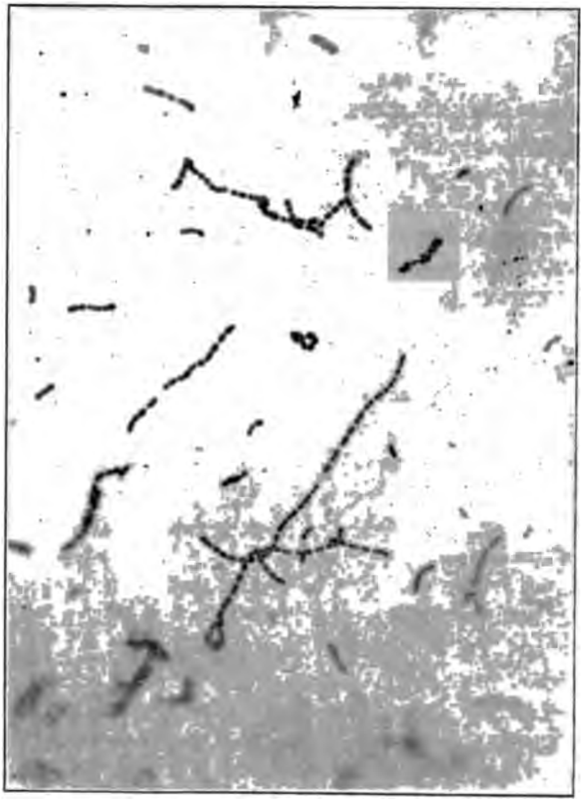

FIG. 72.—STREPTOCOCCUS PYOGENES.

Morphology and Staining.—The individual streptococcus is a spherical microorganism measuring from 0.5 micron to 1 micron in diameter. Since the line of cleavage of cocci, when in chains, is perpendicular to the long axis of the chain, adjacent cocci often show slight flattening of the contiguous surfaces, forming, as it were, a series of diplococci arranged end to end. As a general rule the streptococci pathogenic for man, when grown upon favorable media, have a tendency to form chains made up of at least eight or more individuals, while the more saprophytic, less pathogenic varieties are apt to be united in shorter groups. Upon this basis a rough morphological distinction has been made by v. Lingelsheim,[1] who first employed the terms Streptococcus "longus" and "brevis." A differentiation of this kind can hardly be relied upon, however, since the length of chains is to some degree dependent upon cultural and other environmental conditions. Species which exhibit long and tortuous chains, when grown upon suitably alkaline bouillon, or ascitic broth, may appear in short groups of three or four, or even in the diplo form, when cultivated upon solid media or unfavorable fluid media. Stained specimens often show swelling and enlargement of individual cocci, giving the chains an irregularly beaded appearance. These swollen individuals are probably to be interpreted as involution forms and are seen with especial frequency in old cultures. Streptococci do not form spores, are non-motile, and do not possess flagella. There can be no doubt that certain species of true streptococci may possess capsules, though these are not so regularly demonstrable and are more delicately dependent upon cultural conditions than are the capsules of the pneumococci.[2] The capsulated streptococci will be discussed more comprehensively in the section upon the differentiation of pneumococcus from streptococcus (page 367).

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[1] *Fehleisen*, "Aetiol. d. Erysipelas," Berlin, 1883.

[2] *Rosenbach*, "Mikroorg. bei Wundinfektion," etc., Wiesbaden, 1884.

[3] *Passet*, "Untersuch. über die eitrigen Phlegm.," etc., Berlin, 1885.

Streptococci are easily stained by the usual anilin dyes. Stained by the method of Gram, the pyogenic streptococci are not decolorized and invariably retain the gentian-violet. Certain species found in stools and described as Gram-negative, are rare and are non-pathogenic. Others of the "Streptococcus brevis" variety, and purely saprophytic, may stain irregularly by the Gram method.

Cultivation.—The pyogenic streptococci are easily cultivated upon all the richer artificial media. While meat extract-pepton media may suffice for certain strains, it is usually better to employ those media which have the beef or veal infusion for a basis. For the cultivation of more delicate strains of streptococci, especially when taken directly from the animal or human body, it is well to add to the media animal albumin in the form of whole blood, blood serum, or ascitic or pleural transudates. Glucose, added in proportions of one to two per cent, likewise renders media more favorable for streptococcus cultivation. Prolonged cultivation of all races upon artificial media renders them less fastidious as to cultural requirements. The most favorable reaction of media for streptococcus cultivation is moderate alkalinity (two-tenths to five-tenths per cent alkalinity to phenolphthalein). Growth may be readily obtained, however, in neutral media or even in those slightly acid. The optimum temperature for growth is at or about 37.5° C. Above 43° to 45° C., development ceases. At from 15° to 20° C., growth, while not energetic, still takes place, an important point in the differentiation of these microorganisms from pneumococci. While the free access of oxygen furnishes the most suitable environment for most races of streptococci, complete anaërobiosis does not prevent development in favorable media. Strictly anaërobic streptococci have been cultivated from the human intestinal tract by Perrone[1] and others.

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[1] *v. Lingelsheim.* "Aetiol. u. Therap. d. Streptok. Infek." Beit. z. Exp. Ther., Hft. 1, 1899.

[2] *Pasquale,* Zieglers Beit., xii; *Bordet,* Ann. de l'inst. Pasteur, 1887; *Schottmüller,* Münch. med. Woch., xx, 1903; *Hiss,* Jour. Exp. Med., vi, 1905.

In alkaline bouillon at 37.5° C., pyogenic streptococci grow rapidly, form long and tortuous chains, and have a tendency to form flakes which rapidly sink to the bottom. Diffuse clouding occurs rarely and is a characteristic rather of the shorter so-called *Streptococcus brevis*. When sugar has been added to the broth the rapid formation of lactic acid soon interferes with extensive development. This may be obviated, especially when mass cultures are desired, without sacrifice of the growth-increasing influence of the glucose, by adding to the sugar-broth one per cent of sterile powdered $CaCO_3$.[2]

In milk, Streptococcus pyogenes grows readily with the formation of acid, followed, in most cases, by coagulation of the medium.

On agar-plates at 37.5° C., growth appears within eighteen to twenty-four hours. The colonies are small, grayish, and delicately opalescent. They are round with smooth or very slightly corrugated or lace-like edges, and rise from the surface of the medium in regular arcs, like small droplets of fluid. Microscopically they appear finely granular and occasionally, under high magnification, may be seen to be composed of long intertwining loops of streptococcus chains, which form the lace-like edges. When ascitic fluid or blood serum has been added to agar, growth is more energetic and the colonies correspondingly more rapid in appearance and luxuriant in development. In glucose-ascitic-agar, acid formation from the sugar causes coagulation of albumin with the consequent formation of flaky white precipitates throughout the medium.[1]

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[1] *Perrone*. Ann. de l'inst. Pasteur. xix. 1905.

[2] *Hiss*. Jour. Exp. Med., vi. 1905.

In gelatin stab-cultures growth takes place slowly, appearing after twenty-four to thirty-six hours as a very thin white line, or as disconnected little spheres along the line of the stab. The colonies on gelatin plates are similar in form to those on agar, but are usually more opaque and more distinctly white. The gelatin is not liquefied by the pyogenic streptococci, though certain of the more saprophytic forms may occasionally bring about slow fluidification.

On Loeffler's coagulated blood serum, growth is radip and luxuriant, and may show a slight tendency to confluence if the medium is very moist. Good chain formation takes place on this medium.

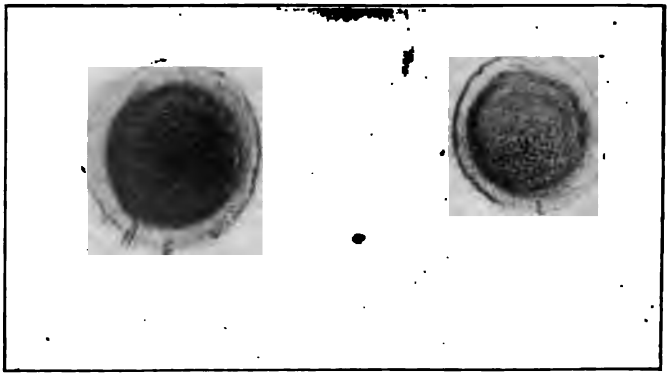

Fig. 73.—Streptococcus Colonies, on Serum Agar

Upon potatoes, growth is said not to take place.[2]

On media containing red blood cells, most pathogenic streptococci cause hemolysis and decolorization (see Fig. 74, p. 346). It is useful to remember this when examining blood-culture plates, for here the yellow transparent halo of hemolysis and decolorization surrounding the colonies may aid in differentiating these bacteria from pneumococci. This is of especial importance since many streptococci, when cultivated directly out of the human blood, do not exhibit chain formation, but appear as diplococci.

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[1] *Libman*, Medical Record, lvii, 1900.

[2] *Frosch* und *Kolle*, in Flügge, "Die Mikroorganismen," 1891.

In the inulin-serum media of Hiss,[1] streptococci do not produce acid and coagulation. The so-called Streptococcus mucosus, a capsule-bearing, inulin-fermenting microorganism, is very probably a sub-species of the pneumococcus (see later section).

Resistance.—Streptococci on the ordinary culture media, without transplantation and kept at room temperature, usually die out within ten days to two weeks. They may be kept alive for much longer periods by the use of the calcium-carbonate-glucose bouillon, if the cultures are thoroughly shaken and the powdered marble thoroughly mixed with the bouillon from time to time.[2] Preservation at low temperatures (1° to 2° C.), in the ice chest, considerably prolongs the life of cultures. Virulence is preserved longest by frequent transplantation upon albuminous media. In sputum or animal excreta, streptococci may remain alive for several weeks.

Streptococci are killed by exposure to a temperature of 54° C. for ten minutes.[3] Low temperatures, and even freezing, do not destroy some races.

The action of various chemical disinfectants has been thoroughly investigated by v. Lingelsheim,[4] who reports among others the following results: Carbolic acid 1 : 200 kills streptococci in fifteen minutes. In the same time, bichlorid of mercury is efficient in a dilution of 1 : 1,500, lysol in a dilution of 1 : 200, peroxid of hydrogen 1 : 35, sulphuric acid 1 : 150, and hydrochloric acid 1 : 150. Inhibition is exerted by carbolic acid 1 : 550, and by bichlorid of mercury 1 : 65,000. Exposure to direct sunlight kills streptococci in a few hours.

Virulence and Pathogenicity.—Different races of pyogenic streptococci show considerable variations in virulence and there are few organisms, pathogenic both for animals and man, which show such peculiarities in virulence. The character or severity of the lesion in man gives little evidence as to the virulence of the organism for animals. Such differences are, to a certain extent, dependent upon inherent individual characteristics, but are rather more likely to be the consequences of previous environment or habitat. Prolonged cultivation upon artificial media usually results in the reduction of the virulence of a streptococcus, while an originally low or reduced virulence may often be much enhanced by repeated passage of the streptococci through animals. It is noteworthy, however, that while the passage of a streptococcus through rabbits will usually enhance its virulence for susceptible animals in general, repeated passages through mice may increase the virulence for these animals only, even occasionally depressing the virulence for rabbits.[1]

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[1] *Hiss*, Jour. Exp. Med., vi, 1905.

[2] *Hiss*, loc. cit.

[3] *Sternberg*, "Textbook of Bact.," 2d ed., 1901; *Hartmann*, Arch. f. Hyg., vii.

[4] *v. Lingelsheim*, "Aetiol. u. Therap. d. Streptoc. Inf.," etc., Beit. z. Exper. Therap., Hft. 1, 1899.

Among the domestic animals, those most susceptible to experimental streptococcus infection are white mice and rabbits. Guinea-pigs and rats are less easily infected, and the larger domestic animals, cattle, horses, goats, cats, and dogs, are extremely refractory. Almost complete immunity toward streptococcus infections prevails among birds.

The nature of the lesions following animal inoculation depends upon the manner of inoculation, the size of the dose given, and most of all, upon the grade of virulence of the inoculated germ. Subcutaneous inoculations, according to the virulence of the inoculated material, may result in a simple localized abscess, differing from a staphylococcus abscess only in the more serous nature of the exudate and the frequent occurrence of edema, or in a severe general septicemia with a hardly noticeable local lesion. Subcutaneous inoculation of mice results almost invariably in general sepsis followed by death within thirty-six to forty-eight hours, or less, and the presence of streptococci in the heart's blood and the viscera. Intrapleural or intraperitoneal inoculation of susceptible animals with virulent streptococci leads usually to a peculiarly hemorrhagic form of exudate, due both to the diapedesis caused by the violent inflammatory process, and to the hemolysis of the red cells by the streptococcic hemolysins. Inoculation of rabbits at the base of the ear with virulent streptococci may result in the formation of a lesion indistinguishable histologically from erysipelas in man.[2] Marbaix[3] has shown that such erysipeloid lesions could be produced in rabbits by streptococci from various and indifferent sources, provided that the virulence of each strain could be sufficiently enhanced. This marked variability of the resulting lesion as determined by the degree of virulence of the incitant, whatever its original source, forms a strong argument in favor of the opinion that all the pyogenic streptococci are members of a single species.

Intravenous inoculation of rabbits with virulent cultures usually results in a rapidly fatal septicemia. An animal which has died of a streptococcus infection usually shows serosanguineous edema about the point of inoculation, multiple hemorrhagic spots upon the serous membranes, and congestion of the viscera. The microorganisms can almost invariably be found in the heart's blood, in the spleen, and in the exudate about the inoculated area. Microscopically, when the process has lasted sufficiently long, parenchymatous degeneration of all the organs may be observed. In the more chronic infections articular and periarticular lesions may occur.[1]

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[1] *Knorr*, Zeit. f. Hyg., xiii.

[2] *Fehleisen*, loc. cit.; *Frankel*, Cent. f. Bakt., vi.

[3] *Marbaix*, La Cellule, 1892.

Spontaneous streptococcus disease seems to occur among some of the larger domestic animals. Thus, a contagious form of inflammation of the respiratory passages of horses has been attributed to streptococcus infection.[2] Among cattle these microorganisms have been found to roduce purulent inflammation of the udder and occasionally postpartum uterine inflammation in cows. Among the smaller laboratory animals, occasional streptococcus infections may be observed in rabbits. Recently an epidemic disease among white mice due to streptococcus was studied by Kutscher.[3] As a rule, however, streptococcus disease is by far more rare among animals than it is among human beings.

In man, a large variety of pathological processes may be caused by streptococci and here again the nature of the infection, whether definitely localized or generally distributed, depends upon the relationship existing between the virulence of the incitant and the resistance of the subject.

The first cultivation of streptococcus from human lesions was made by Fehleisen,[4] who obtained them from cases of erysipelas. It was long believed that the so-called *Streptococcus erysipelatis* was a similar but essentially different species from the common Streptococcus pyogenes. The production of erysipelas in animals with streptococci from other sources, however, has shown definitely that the two groups can not be separated.[5] Superficial cutaneous infections are frequently caused by streptococci and these in the milder cases may be similar to the localized abscesses caused by staphylococci. In severe cases, however, infection is followed by rapidly spreading edema, lymphangitis, and severe systemic manifestations with the development of a grave cellulitis, often threatening life and requiring energetic surgical interference. Invasion of the respiratory organs by streptococci is not rare, and may lead to bronchitis, pneumonia, or empyema. They are frequently present also as secondary invaders in pulmonary tuberculosis.[1] Streptococcus infections of the lungs and pleura not infrequently lead to pericardial involvement.

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[1] *Schütz,* Zeit. f. Hyg., iii; *Hiss,* Jour. Med. Res., xix, 1908.

[2] *Van de Velde,* Monatsheft f. Bakt., Thierheilk., ii.

[3] *Kutscher,* Cent. f. Bakt., xlvi.

[4] *Fehleisen,* loc. cit.

[5] *Marbaix,* La Cellule, 1892; *Petruschky,* Zeit. f. Hyg., xxiii.

Suppurations of bone may be caused by streptococci, and constitute a severe form of osteomyelitis. Such lesions when occurring in the mastoid bone are not infrequently secondary to streptococcus otitis and may lead to a form of meningitis which is in most cases fatal. In the mouth and throat streptococci may give rise to pharyngitis and are one of the most frequent causes of a form of tonsillitis often clinically indistinguishable from diphtheria. The throat inflammation accompanying scarlatina is, almost without exception, referable to streptococcus infection.[2] The occasional presence of the streptococcus in the blood of scarlatina patients, moreover, has led some authors to suggest a possible etiological connection between this microorganism and the disease.[3] This, however, is at present merely conjectural.

In diphtheric inflammations of the throat, a secondary streptococcus infection is a frequent and serious complication. As incitants of disease of the intestines, streptococci have been found in appendicular abscesses[4] and have been described as the cause of some forms of infantile diarrhea.[5] From any of the local processes streptococci may pass into the circulation, causing sepsis. The septicemia occurring during the puerperium is most often caused by this microorganism.

Secondary foci in the viscera may be established, leading to pyemia,[6] or, if these localizations occur upon the heart valves, septic endocarditis may ensue. All such forms of general streptococcus infection, whether running acute or chronic courses, present a high rate of mortality The diagnosis in these cases is usually easy if blood cultures are taken upon suitable media.

Toxic Products.—In spite of extensive researches by many investigators upon the nature of the poisons produced by streptococci, our understanding of these substances is still very incomplete. The grave systemic symptoms so often accompanying comparatively slight streptococcus lesions argue strongly for the production by these microorganisms of a powerful diffusible poison. Toxic filtrates of streptococcus cultures have indeed been obtained by Roger,[1] Marmier,[2] Baginsky and Sommerfeld,[3] Marmorek,[4] and many others; but these have in no case been comparable in potency to the soluble toxins of diphtheria or of tetanus. When injected into young guinea-pigs in sufficient quantity, these filtrates produce rapid collapse and death. The inability to produce strong toxins is generally attributed to the difficulty of obtaining very abundant growth of these bacteria upon fluid media, development being self-limiting, either because of the exhaustion of specific nutritive material (Marmorek[5]), or, more probably, because of the inhibitory effects of the products of growth, chiefly acid formation. This last factor can be partially overcome by the use of the glucose-calcium-carbonate broth mentioned above, in which acid neutralization is constantly taking place. For toxin production, Baginsky and Sommerfeld[6] advise a strongly alkaline reaction of the media; Marmorek[7] has used human blood-serum-bouillon with success. The toxins so produced are relatively thermostable. According to v. Lingelsheim, heating to 60° or 70° C. destroys them in part only. The endotoxins contained within the cell-bodies of streptococci themselves have been found to possess but slight toxic qualities.

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[1] *Cornet*, "Die Tuberkulose," Wien, 1899.

[2] *Baginsky*, Deut. med. Zeit., 1900.

[3] *Baginsky* und *Sommerfeldt*, Berl. klin. Woch., xxvii, 1900.

[4] *Kelly*, "Pathogenesis of Appendicitis."

[5] *Lanz* and *Tavel*, Rev. de Chir., 1904; *Perrone*, Ann. de l'inst. Pasteur, 1905; *Escherich*, Jahrb. f. Kinderheilkunde, 1899.

[6] *Libman*, Cent. f. Bakt., xxii.

Apart from these substances, some streptococci produce a hemolysin which has the power of bringing about destruction of red blood corpuscles. The observation of this phenomenon for streptococci was first made by Marmorek[8] in 1895. According to this author, there is a direct relationship between virulence and hemolytic power. Other investigators, however, notably Schottmüller,[9] believe the hemolytic power to be a constant characteristic of certain strains unchangeable by experimental enhancement or reduction of the virulence. Streptococcus hemolysins may be conveniently observed by cultivation of the organisms upon blood-agar plates. They may be produced in alkaline peptonbroth and obtained separate from the bacteria by filtration—a procedure, however, in which the quantities obtained are never large. Besredka[1] and Schlesinger[2] believe, for this reason, that the hemolytic substances are closely attached to the bacterial bodies. The last-named author, furthermore, has determined that, in contradistinction to the other toxic substances, streptococcus hemolysins are extremely labile, disappearing from culture fluids after standing for from five to seven days at room temperature.

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[1] *Roger*, Rev. de méd., 1892.

[2] *Marmier*, Ann. de l'inst. Pasteur, ix, 1895, p. 533.

[3] *Baginsky* und *Sommerfeld*, Berl. klin. Woch., 1900.

[4] *Marmorek*, Berl. klin. Woch., 1902.

[5] *Marmorek*, Berl. klin. Woch., xiv, 1902.

[6] Loc. cit.

[7] *Marmorek*, Ann. de l'inst. Pasteur, 1895.

[8] *Marmorek*, Ann. de l'inst. Pasteur, 1895.

[9] *Schottmüller*, Münch. med. Woch., 1903.

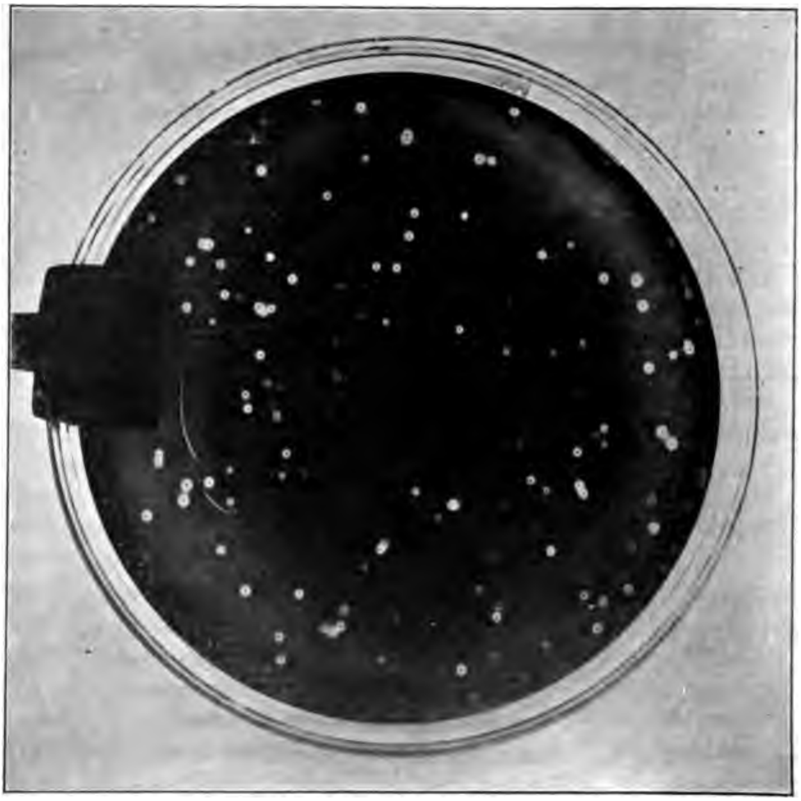

Fig. 71.—Streptococcus Colonies from Blood Culture on Blood-Agar Plate. Showing areas of hemolysis about colonies.

Immunization.—For reasons not wholly understood at present, recovery from streptococcus infection does not to any marked degree produce immunity against these bacteria. Active immunity may, however, be produced in rabbits, goats, horses, and other domestic animals by treatment with gradually increasing doses of streptococcus cultures.[1]

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[1] *Besredka*, Ann. de l'inst. Pasteur, xv, 1901, p. 880.

[2] *Schlesinger*, Zeit. f. Hyg., xxiv, 1903.

In carrying out such immunizations it is necessary to use for the first injection attenuated or dead bacteria. Attenuation may be accomplished by moderate heating or by the addition of chemicals (terchlorid of iodin). Neufeld[2] advises, for the first injection, in immunizing rabbits, the use of ascitic-broth cultures killed by heating to 70° C. This is followed, after ten days, by a second injection of a small quantity of fully virulent cocci. Following this, injections are made at intervals of ten days with constantly increasing doses. Modifications of these general principles are employed in most laboratories.

The sera of animals so treated contain no demonstrable antitoxic or antihemolytic substances.[3] They exert, however, demonstrable bactericidal power both *in vivo* and *in vitro* and distinctly enhance phagocytosis when brought into contact with leucocytes and streptococci. This "opsonic" power has been noticed both intraperitoneally (Bordet[4]) and *in vitro* (Denys and Leclef[5]).

The protective value of streptococcus immune sera for infected animals is considerable, reaching often a potency hardly explicable by the demonstrable bactericidal or opsonic power, and thereby suggesting some other active factor not understood as yet.[6] Aronson[7] has produced immune sera by the treatment of horses with a streptococcus derived from a case of scarlatina, 0.0004 cm. of which sufficed to protect mice from ten times the fatal dose of a streptococcus culture. These high protective values, however, are obtained only when the serum injections are given simultaneously with the bacteria. Given four or six hours after infection, much higher dosage must be employed and protective results are much less regular in occurrence.[8] Other anti-streptococcic sera have been produced by Denys, Menger, Tavel, and others, all showing more or less marked potency in protecting animals.[1]

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[1] *Koch* und *Petruschky*. Zeit. f. Hyg., xxiii, 1896.

[2] *Neufeld*, Zeit. f. Hyg., xliv, 1903.

[3] *Lingelsheim*, Zeit. f. Hyg., x, 1891.

[4] *Bordet*, Ann. de l'inst. Pasteur, 1897.

[5] *Denys* et *Leclef*, Cellule, t. ix.

[6] *Denys* et *Marchand*, "Mecanisme de l'immunité," etc., Brussels, 1896.

[7] *Aronson*, Berl. klin. Woch., xxxii, 1896; ibid., xlii and xliii, 1902; ibid., viii and ix, 1905.

[8] *Denys*, "Le Serum antistreptoc.," Louvain, 1896; *Van de Velde*, Ann. de l'inst. Pasteur, 1896.

Since these sera, while in a general way potent against all streptococci, have been found protective chiefly against the specific microorganism employed for their production, Van de Velde,[2] Denys, Aronson, and others have advised the immunization of the animal with a large variety of streptococcus races, derived from many different human sources. The resulting "polyvalent" serum is more apt to exert equally high protective powers against all streptococcus infections. The therapeutic value of such sera in the treatment of human infections is still *sub judice*. Undeniably favorable reports are published each year in increasing number, but are by no means regular or comparable to results such as those obtained in diphtheria with diphtheria antitoxin. Nevertheless, in mild cases or in those in which the lesions have been distinctly localized, the sera have seemed to be sufficiently useful to justify their use and to necessitate their standardization.

Standardization is accomplished by the methods first devised by Marx [3] for the standardization of swine-plague serum, and depends upon the ability of the serum to protect animals against a measured dose of virulent streptococci. Aronson [4] designates as a "normal serum" one of which 0.01 c.c. will protect a mouse against ten to one hundred times the fatal dose of virulent streptococci. One cubic centimeter of this serum equals one serum unit. Comparisons by animal experiment with this standard serum approximately determine the value of other sera.

Leucocyte extracts have been employed by the writers and others, as advised by Hiss,[5] in various forms of streptococcus infections of man with success in many cases. Very uniformly favorable results have been obtained with these extracts in cases of erysipelas.

The *agglutinins* found in streptococcus immune sera are usually most active toward the race of bacteria employed in the immunization. Other streptococci, however, are also agglutinated, but in relatively higher concentration of the serum. Thus, while a specific group reaction is extremely useful in differentiating streptococci from other species, such as pneumococci, agglutination can not be relied upon to differentiate individual streptococci from one another (Hiss). It has even been found that a serum produced with a streptococcus from one source, contained a higher agglutinating value for some other streptococcus than for the one employed in its production. Agglutinins may be produced by treating animals with dead as well as with the living virulent streptococi. While the technique of the streptococcus agglutination tests is not difficult when we are dealing with strains which grow diffusely and with even clouding in fluid media, the frequency with which these microorganisms clump spontaneously in broth cultures necessitates the use of a special technique. The most simple of these methods, and possibly the best, is the one in which calcium-carbonate-glucose broth is used for cultivation.[1] Growing in this medium and thoroughly shaken once a day, the streptococci are usually found evenly divided in the supernatant fluid after the settling out of the heavier calcium-carbonate powder.

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[1] *Denys* et *Marchand*, Bull. de l'acad. roy. de méd. de Belgique, 1898; *Menger*, Berl. klin. Woch., 1902; *Tavel*, Corr.-Bl. f. Schw. Aerzte.

[2] *Van de Velde*, Arch. de méd. expér., 1897.

[3] *Marx*, Deutsche thierärzt. Woch., vi, 1901.

[4] *Aronson*, Berl. klin. Woch., xliii, 1902; *Otto*, Arb. a. d. königl. Inst., etc., Frankfurt a. M., Heft 2, 1906.

[5] *Hiss*, Jour. Med. Res., xix, 1908.

Precipitins have been found by Aronson[2] in streptococcus immune horse serum. Special methods of extracting the bacteria were employed.

Classification.—Frequently observed differences in the minor cultural characteristics and in the virulence of streptococci obtained from various sources have given rise to much discussion as to the identity of all races of streptococci. The earliest observers were forced to abandon their separation of the streptococci of erysipelas from other streptococci because of the work of Marbaix[3] and others, who produced erysipelas in rabbits with streptococci from non-erysipelatous lesions, after enhancement of their virulence. v. Lingelsheim[4] has proposed a purely morphological differentiation of "longus" and "brevis"; the former class including the streptococci most usually found in pyogenic lesions and having a tendency to form chains of six or more links, the latter designating the short-chained varieties, including, as a rule, the less virulent streptococci. This classification, however, is not scientifically tenable because of the considerable dependence of chain-formation upon reaction, consistency, and nutritive qualities of the media employed for cultivation, and upon the influence of animal fluids if the microorganisms are taken direct from lesions. Schottmüller,[5] who has made a careful study of streptococci, in 1903 proposed a classification based both upon morphology and the appearance of cultures upon human blood agar. By this method he divided streptococci into two main groups as follows: I. *Streptococcus longus seu erysipelatos*, consisting of the most virulent varieties, having a tendency to form long chains, and regularly producing hemolysis upon blood media. II. *Streptococcus mitior seu viridans*, including less virulent strains, with usually shorter chain-formation, and producing green, non-hemolyzing colonies upon blood media. These are the streptococci which he usually obtained from milder or more chronic lesions. A third group which he adds, "*Streptococcus mucosus*," will receive special consideration in a separate section, and is probably more closely related to the pneumococci than to the streptococcus groups.

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[1] *Hiss*, Jour. Exp. Med., vii, 1995.

[2] *Aronson*, Deut. med. Woch., 25, 1903.

[3] *Marbaix*, loc. cit.

[4] *v. Lingelsheim*, "Aetiol. u. Therap. d. Streptokok. Krankh.," etc., Berlin, 1899.

[5] *Schottmüller*, Münch. med. Woch., 1903.

Attempts to separate the streptococci into subdivisions by their powers to ferment various carbohydrates have been made by Hiss, Gordon, and others. These attempts have, so far, been without practical result. Hiss [1] indicated a tentative division of streptococci into those which fermented monosaccharids alone, those which were also able to ferment disaccharids, and those in which the fermentative powers were extended to the polysaccharids, starch, dextrin, and glycogen.

Gordon,[2] after a thorough study of many strains upon seven carbohydrates, found ten different fermentation reactions among twenty pyogenic streptococci examined, and forty-eight different fermentation reactions among two hundred streptococci isolated from saliva. Other work by Andrewes and Horder and by Buerger [3] confirms the irregularity of the fermentation reactions within this group.

Probably the most reliable method of determining the interrelationships existing between bacteria, not only within this group, but in all bacterial classes, is that depending upon their reactions to immune sera. The work of Aronson,[4] Marmorek,[5] and others has shown that streptococcus immune sera produced with any one race of pyogenic streptococci exerted considerable, though variable, protective action against many other strains of streptococci. The same authors, as well as many others, working with the agglutination reaction, have shown that the agglutinins produced with one streptococcus strain were active against many other streptococci. While most active usually against the particular microorganism with which they were produced, this was by no means the rule, a serum produced with a streptococcus from a case of sepsis, in one case, agglutinating a streptococcus from a case of scarlatina more highly than its own microorganism. As with other "group agglutinations," the more highly immune the serum is, the more general is the agglutinating power over the whole group. Thus, while agglutination is practically useless in separating streptococci from one another, it is highly useful in differentiating these organisms from allied groups, such as the pneumococci. The immune reactions, therefore, seem to indicate a very close relationship between streptococci as a class.

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[1] *Hiss*, Cent. f. Bakt., xxxi, 1902; Jour. Exp. Med., vi, 1905.

[2] *Gordon*, Annual Report, Local Govern. Board, 33, London, 1903.

[3] *Andrewes* and *Horder*, Lancet, 1906; *Buerger*, Jour. Exp. Med., ix, 1907.

[4] *Aronson*, Berl. klin. Woch., 1902; ibid., 1903.

[5] *Marmorek*, Berl. klin. Woch., 1902.

Streptococcus mucosus.—This microorganism was first definitely described by Howard and Perkins [1] in 1901, and was subsequently carefully studied by Schottmüller,[2] who isolated it from cases of parametritis, peritonitis, meningitis, and phlebitis. The organism has since been described by many observers as the incitant of a variety of lesions and as an apparently harmless inhabitant of the normal mouth. Morphologically, though showing a marked tendency to form chains, on solid media it often appears in the diplococcus form. It is enclosed in an extensive capsule, which appears with much regularity and persistence. Though very similar in appearance, therefore, to pneumococci, these bacteria do not appear in the typical lancet shape. Upon solid media they show a tendency to grow in transparent moist masses. The regularity with which this microorganism ferments inulin medium, and its agglutinative characters, make it probable that it is more accurate to place it with the group of pneumococci than with that of streptococci.[3] (For agglutinations see section on pneumococcus agglutination, p. 364.)

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[1] *Howard* and *Perkins*, Jour. Med. Res., 1901, N. S., i.

[2] *Schottmüller*, Münch. med. Woch., xxi, 1903.

[3] *Hiss*, Jour. Exp. Med., 1905; *Buerger*, Cent. f. Bakt., I, xli, 1906.

CHAPTER XXIII

DIPLOCOCCUS PNEUMONIÆ

(*Pneumococcus, Diplococcus lanceolatus*)

THE opinion that lobar pneumonia is an infectious disease was held by many far-sighted clinicians long before the actual bacteriological facts had been ascertained. This idea, so well founded upon the nature of the clinical course of the disease, with its violent onset and equally rapid defervescence, led many of the earlier bacteriologists to make it the subject of their investigations—a subject made doubly difficult by the abundant bacterial flora found normally in the upper respiratory passages, and by the fact, which is now recognized, that lobar and other pneumonias are by no means always caused by one and the same microorganisms.

Cocci of various descriptions and cultural characteristics were isolated from pneumonia cases by Klebs,[1] Koch,[2] Günther,[3] Talamon,[4] and many others, which, however, owing to the insufficient differential methods at the command of these investigators, can not positively be identified with the microorganism now known to us as Diplococcus pneumoniæ or the pneumococcus. Although thus unsuccessful as to their initial object, these early investigations were by no means futile, in that they gave valuable information regarding the manifold bacterial factors involved in acute pulmonary disease and incidentally led to the discovery by Friedländer [5] of B. mucosus capsulatus.

Communications upon lance-shaped cocci found in saliva, and capable of producing septicemia in rabbits, were published almost simultaneously by Sternberg [6] and by Pasteur [7] in 1880. These workers beyond reasonable doubt were dealing with the true pneumococcus, but did not in any way associate the microorganisms they described with lobar pneumonia. The solution of this problem was reserved for the labors of A. Fränkel [1] and Weichselbaum [2] who published their results, independently of each other, in 1886, demonstrating beyond question that the *pneumococcus* is the etiological factor in a large majority of cases of lobar pneumonia.

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[1] *Klebs,* Arch. f. exp. Path., 1873.

[2] *Koch,* Mitt. a. d. kais. Gesundheitsamt, Bd. 1.

[3] *Günther,* Deut. med. Woch., 1882.

[4] *Talamon,* Progr. méd., 1883.

[5] *Friedländer,* Virchow's Arch., lxxxvii.

[6] *Sternberg,* Nat. Board of Health Bull., 1881.

[7] *Pasteur,* Bull. de l'acad. de méd., 1881.

Morphology and Staining.—The morphology of the pneumococcus is, in general, one of the most valuable guides to its identity.

When typical, the pneumococcus is a rather large, lancet-shaped coccus, occurring in pairs, and surrounded by a definite and often wide capsule, which usually includes the two approximated cocci without a definite indentation opposite their lines of division. The pneumococci may, however, occur singly or in short chains, and even fairly long chains are not infrequently met with under artificial cultural conditions. This may be chiefly due to the cultural conditions or may be a prominent characteristic of certain strains. Apparently the capsules of organisms making up the chains are continuous; wavy indentations are usually present, however, in the capsule of chains, and at times distinct divisions are observed.

The chief variations from the typical morphology consist either in the assumption of a more distinctly spherical coccus type, or in an elongation approximating the bacillary form. Under certain conditions of artificial cultivation a distinct flattening of the organisms, particularly of those making up chains, may be seen, and even the impression of a longitudinal line of division, characteristic of many streptococcus cultures, is not infrequently gained.

The capsules under certain conditions, especially in artificial media, may be absent or not demonstrable, and in certain strains capsules apparently may not be present under any conditions. Practically any of the described variations may dominate one and the same culture under different or even apparently the same conditions of cultivation, and all grades may occur in capsule development, from its typical formation through all variations, to its total and apparently permanent absence.

The presence or absence of capsules depends, to a large extent, upon the previous environment of the pneumococci under observation. The most favorable conditions for the development or preservation of the pneumococcus capsule are found in the body fluids of man and animals suffering from pneumococcus infection. For instance, capsules may be demonstrated with ease by the usual capsule-staining methods in the blood, serum, and inflammatory exudate of the infected rabbit and white mouse. Capsules may be equally well marked in the fresh sputum of pneumonia patients, especially in the early stages of the disease and in the exudate accompanying such pneumococcus infections as meningitis, otitis media, and empyema. In sputum and the exudates of various localized infections, the organisms are, however, frequently degenerated or under chemical conditions unfavorable for capsule staining, and satisfactory results are not then easily obtained. The same is often true of the scrapings from lungs of patients dead of pneumonia, even in the stage of red hepatization.

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[1] *A. Fränkel*, Zeit. f. klin. Med., x. 1886.

[2] *Weichselbaum*, Med. Jahrbücher, Wien, 1886.

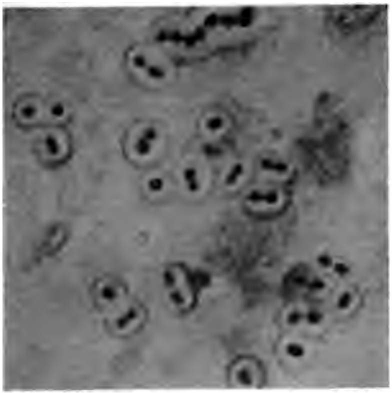

Fig. 75.—Pneumococci, Grown on Loeffler's Serum. (Capsule stain by gentian-violet-potassium-carbonate method.)

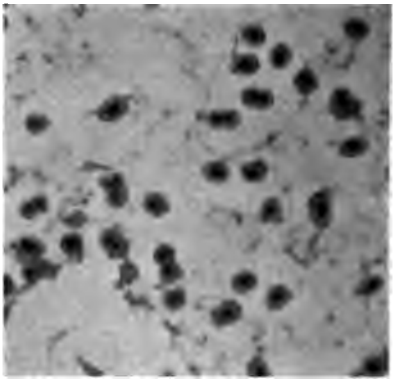

Fig. 76.—Pneumococci, from Rabbit's Heart Blood. (Capsule stain by copper-sulphate method.)

In artificial cultivation, if the nutrient medium is not milk or does not contain serum, capsules can not usually be demonstrated by the ordinary methods of preparing and staining. Capsules may, however, with much regularity be demonstrated on pneumococci, in agar, broth, or on almost all, if not all, artificial media, irrespective of the length of time the organisms have been under artificial cultivation if beef or rabbit serum is used as the diluent, when they are spread on the cover-glass for staining.[1]

The pneumococcus is non-motile and possesses no flagella. Spores are not formed. Swollen and irregular involution forms are common in cultures more than a day old.

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[1] *Hiss*, Cent. f. Bakt., xxxi. 1902; Jour. Exp. Med., vi. 1905.

The pneumococcus is stained readily with all the usual aqueous anilin dyes. Stained by the method of Gram, it is not decolorized. Special methods of staining have been devised for demonstration of the capsule. The ones most generally used are the glacial acetic-acid method of Welch[1] and the copper-sulphate method of Hiss.[2] More recently Buerger[3] has devised a more complicated method for staining capsules, for which he claims differential value. (For methods see section on Technique, p. 98.)

For simple staining of pneumococci in tissue sections, the Gram-Weigert technique is excellent. For demonstration of the capsules in tissue sections, Wadsworth[4] has described a simple method.

Cultivation and Isolation.—The pneumococcus being more strictly parasitic than many other bacteria, presents greater difficulties in its cultivation. On meat-extract media growth does not take place with regularity. On those media, however, which have beef or veal infusion for their basis, growth can be obtained with considerable regularity, although such growth may be sparse and delicate.

Growth takes place most regularly at a temperature of 37.5° C. Development does not usually occur below 25° nor above 41° C.[5] At ordinary room temperature, 18–22° C., the temperature used for gelatin cultivation, growth either does not take place at all or is exceedingly slow and unenergetic. Aërobic and anaërobic conditions are equally favorable for pneumococcus cultivation, there being very little difference in speed or extent of growth along the course of deep stab cultures in favorable media. The most favorable reaction of media for the cultivation of this microorganism is neutrality or moderate alkalinity (two-tenths to eight-tenths per cent alkalinity to phenolphthalein). Slight acidity, however, if not exceeding eight-tenths per cent, does not materially hamper development.

The growth of pneumococci on all media may be considerably enhanced by the addition to these media of animal or human serum or whole blood. Additional substances which, among others, unquestionably have a favorable influence upon pneumococcus growth, are glucose, nutrose, and glycerin. The addition of the latter substances to the media, however, probably because of acid formation, hastens the death of pneumococcus cultures. An increase of the amount of pepton used for the preparation of media is desirable for the cultivation of this microorganism; two to four per cent of pepton may be found advantageous.

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[1] *Welch*, Johns Hopk. Hosp. Bull., xiii, 1892.

[2] *Hiss*, Cent. f. Bakt., xxxi, 1902; Jour. Exp. Med., vi, 1905.

[3] *Buerger*, Medical News, lxxxviii, 1904.

[4] *Wadsworth*, "Studies by the Pupils of W. T. Sedgwick," Chicago, 1896.

[5] *A. Frankel*, Dent. med. Woch., xiii, 1886.

In suitably alkaline, nutrient *broth*, growth is rapid, and within twenty-four hours leads to slight clouding of the fluid. This clouding, as a rule, eventually disappears as the microorganisms, sinking to the bottom of the tube or disintegrating, leave the fluid more or less clear. In broth, pneumococci have a tendency to form short chains. When glucose has been added to the broth, growth is more rapid and profuse, but considerable acid formation causes the cultures to die out rapidly. It is possible, however, to employ glucose as a growth-enhancing element in broth cultures without interfering with the viability of the cultures by adding small quantities (one per cent) of sterile, powdered calcium carbonate. This method of cultivation in broth is especially adapted to the production of mass cultures for purposes of immunization or agglutination.[1] The addition of ascitic fluid or blood serum to broth, in the proportion of one to three, makes an extremely favorable medium in which growth is rapid and profuse.

Upon *agar plates*, pneumococcus growth is not unlike that of streptococcus. The colonies are small, round, and slightly more transparent than those of the streptococci. They appear more moist than streptococcus colonies and often are more flat. Microscopically examined, the colonies are finely granular, with dark centers and slightly corrugated lighter-colored peripheral areas. Under high magnification no such intertwining convolutions can be seen as those noticed under similar magnification in streptococcus cultures. The addition of animal albumin to agar results in the more rapid development, larger size, and deeper opacity of the colonies.

Agar stab cultures show growth within twenty-four to thirty-six hours, which takes place with equal thickness along the entire course of the stab. There is nothing distinctive in these cultures to differentiate them from similar streptococcus cultures.

In *gelatin plate* and *stab cultures* at 22° C., growth, as a rule, does not take place. This, however, is not true of all races of pneumococci. Occasionally strains are met with which will grow fairly abundantly in gelatin at a temperature of 22° C. When the gelatin is rendered sufficiently firm to bear 25° to 26° C. without melting, growth appears slowly and sparsely as minute, grayish-white, transparent colonies. The gelatin is not liquefied by the organisms.

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[1] *Hiss*, Jour. Exp. Med., vii, 1905.

Growth upon *milk* is rapid and profuse, resulting usually in the production of acid and consequent coagulation of the medium. Exceptionally, races are encountered in which this function is suppressed and coagulation in milk is absent or long delayed.

Upon *potato*, a thin, grayish, moist growth occurs, hardly visible to the naked eye, and often indistinguishable from an increased moisture on the surface of the medium.

Upon *Loeffler's coagulated blood serum*, the pneumococcus develops into moist, watery, discrete colonies which tend to disappear by a drying out of the colonies after some days, differing in this from streptococcus colonies, which, though also discrete, are usually more opaque and whiter in appearance than those of the pneumococcus and remain unchanged for a longer time. This medium, as will be seen, is useful in differentiating pneumococci from the so-called Streptococcus mucosus.

Upon a medium made up of mixtures of whole rabbit's blood and agar, the pneumococcus grows with considerable luxuriance, and forms, after four or five days or longer, thick black surface colonies, not unlike small sun blisters on red paint. These colonies are easily distinguished from the hemolyzing colonies of most streptococci, and are in this respect of considerable differential value.[1]

Special media of various descriptions have been devised for pneumococcus cultivation. Thus, Guarnieri[2] has recommended a medium with a pepton-beef-infusion basis rendered semisolid by mixtures of agar and high percentages of gelatin. A modification of this medium has been described by Welch[3] and has been much employed in work with the pneumococcus. Cultivation within eggs and upon egg media[4] has been advised and used by various observers. Wadsworth[5] has recommended a medium composed of ascitic fluid to which three-tenths per cent agar has been added—sufficient to give a soft jelly-like consistency to the medium. He observed prolonged viability and the preservation of the virulence in this medium.

For the purpose of differentiating pneumococci from streptococci,

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[1] *Hiss*, loc. cit.

[2] *Guarnieri*, Att. dell' Acad. di Roma, 1883.

[3] *Welch*, Johns Hopk. Hosp. Bull., iii, 1892.

[4] *Sclavo*, Riv. d'Igiene, 1894.

[5] *Wadsworth*, Proc. N. Y. Path. Soc., 1903.

Hiss[1] devised a medium composed of beef serum one part, and distilled water two parts, to which is added one per cent of inulin (c. p.), and enough litmus to render the medium a clear, transparent blue. By fermentation of the inulin the pneumococcus acidifies this mixture, rendering the limus red and causing coagulation of the serum. Streptococci do not ferment inulin and the medium remains blue and fluid. (For the preparation of special media, see section on Media, p. 132.)

For the *isolation* of pneumococci from mixed cultures or from material containing other species, such as sputum, the most reliable method is to make surface smears of the material containing the bacteria upon plates of neutral glucose-agar or preferably of glucose-serum-agar. According to the number of bacteria present in the infected material from which the isolation is to be made, it may be smeared directly upon the plate, or diluted with sterile broth or salt solution before planting. After incubation for twenty-four hours, the pneumococcus colonies are easily differentiated from all but those of streptococcus. With practice, however, they may be distinguished from these also, by their smoother edges and greater transparency and flatness. Pour-plates, prepared in the usual way, can also be made but are less useful since deep colonies of pneumococci show no distinctive features.

Another method for pneumococcus isolation, useful to eliminate other bacteria, is that of animal inoculation. White mice are inoculated with 0.5 to 1 c.c. of the infectious material by subcutaneous injection, made most easily at the base of the tail. If virulent pneumococci are present in the inoculated material, death from septicemia usually occurs within twenty-four to forty-eight hours. Surface smears should be made on glucose-agar plates with the heart's blood. By this method pure cultures may usually be obtained directly from the mouse blood.

Resistance.—Kept upon artificial media, the viability of the pneumococcus is not great. Cultures upon agar or bouillon should, to be kept alive, be transplanted every third or fourth day, if the cultures are kept at incubator temperatures. In all media in which rapid acid formation takes place, such as glucose media, the death of cultures may occur even more rapidly. In media containing albumin and of a proper degree of alkalinity, preservation for one or even two weeks is possible. The longer the particular race has been kept upon artificial media, the more profuse is its growth, and the greater its viability, both qualities going hand in hand with its diminishing parasitism. The length of life of these bacteria may be much increased by their preservation at a low temperature, in the dark, and by the exclusion of air. By far the best medium for keeping pneumococci alive is the previously mentioned calcium-carbonate-infusion broth. Grown in this medium and kept in the ice-chest, cultures may often remain alive for months.

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[1] *Hiss*, Jour. Exp. Med., vi. 1905.

In sputum the viability of pneumococci seems far to exceed that observed upon culture media. The studies of Guarnieri,[1] Bordoni-Uffreduzzi,[2] and others have shown that pneumococci slowly dried in sputum may remain not only alive but virulent, after from one to four months, when protected from light; and as long as nineteen days when exposed to diffused light at room temperature. Experiments by Ottolenghi[3] have, in the main, confirmed these results; the virulence seems, in Ottolenghi's experiments, to have become considerably attenuated before the death of the cocci occurred. More recent studies by Wood,[4] whose attention was focused chiefly upon pneumococcus viability in finely divided sputum—in a condition, in other words, in which inhalation transmission would be possible—have shown that pneumococci in finely sprayed sputum survive for only about one and one-half hours, under ordinary conditions of light and temperature. Exposed to strong sunlight pneumococci die off within an hour, often within a few minutes.

Low temperatures are well borne by pneumococci, temperatures slightly above zero being even conducive to the prolongation of life and the preservation of virulence.

The resistance of the pneumococcus to heat, on the other hand, is low, 52° C. destroying it within ten minutes.[5] To germicidal agents, carbolic acid, bichlorid of mercury, permanganate of potassium, etc., the pneumococcus is extremely sensitive, being destroyed by weak solutions after short exposures.

The disinfection of sputum, offering considerable difficulties because of the protective coating of the secretions about the bacteria, has been recently made the subject of a special study by Wadsworth.[6] The conclusions reached by this writer indicate that pneumococci in exudates are most rapidly destroyed by twenty per cent alcohol, other and stronger disinfectants being less efficient, probably because of slighter powers of diffusion.

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[1] *Guarnieri*, Att. della R. Acad. Med. di Roma, iv, 1888.

[2] *Bordoni-Uffreduzzi*, Arch. p. l. sc. med., xv, 1891.

[3] *Ottolenghi*, Cent. f. Bakt., xxv, 1889.

[4] *Wood*, Jour. Exp. Med., vii, 1905.

[5] *Sternberg*, Cent. f. Bakt., xii, 1891.

[6] *Wadsworth*, Jour. Inf. Diseases, iii, 1906.

Virulence and Pathogenicity.—The virulence of pneumococci is subject to much variation, depending largely upon the length of time during which the microorganism has been cultivated under artificial conditions. It has been mentioned above that under certain conditions —such as those prevailing in dried sputum or blood [1]—the virulence of pneumococci may be preserved for several weeks. Ordinarily, however, the virulence diminishes gradually as the cocci adapt themselves more saprophytically to life upon artificial media. Upon media containing animal albumin, such as ascitic fluid or blood agar, this attenuation is less rapid than upon the simple meat-infusion preparations.

In the blood of rabbits dead of a pneumococcus infection, taken directly into sterilized tubes, sealed and kept in the dark, Foa[2] has been able to preserve the virulence of pneumococci for as long as forty-five days. Whether or not the virulence of pneumococci is attenuated by sojourn within the human body during disease is a question much discussed but hardly settled. It is a matter of fact, however, that many pneumococci obtained by blood culture from more or less chronic cases of pneumococcus septicemia fail to kill susceptible test animals, even when injected in considerable doses. The attenuation of virulent pneumococci on artificial media may be hastened, according to Fränkel,[3] by cultivation of the organism at or above a temperature of 41° C.

Freshly isolated from the human saliva or pneumonic lesions, the differences in virulence between various strains of pneumococci are not very marked, almost all such strains showing considerable pathogenic powers toward the usual test animals.

The virulence of attenuated cultures may be rapidly enhanced by the passage of the organisms through the bodies of susceptible animals. The extreme virulence of some of these pneumococcus strains may be illustrated by citing the experiments of Eyre and Washburn [4] who possessed cultures of which one millionth of a loopful would kill a mouse within four days.

Among the domestic animals those most susceptible to pneumococcus infection are white mice and rabbits. Guinea-pigs, dogs, rats, and cats are more resistant, but still may be infected with large doses. Young animals are usually more susceptible than adults. Birds are practically immune.

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[1] *Guarnieri*, loc. cit.

[2] *Foa*, Zeit. f. Hyg., iv, 1888.

[3] *Fränkel*, Deut. med. Woch., 13, 1886.

[4] *Eyre* and *Washburn*, Jour. of Path. and Bac., v.

The results of pneumococcus inoculation into susceptible animals vary according to the size of the dose, the virulence of the introduced bacteria, the mode of administration, and the susceptibility of the subject of the inoculation. Subcutaneous inoculation of virulent pneumococci into mice and rabbits usually results in an edematous, often fibrinous exudation at the point of inoculation, which, in all cases in which the dose given has not been extremely small, leads to septicemia and death within twenty-four to seventy-two or more hours. When the dose has been extremely small or the culture unusually attenuated, a localized abscess may be the only result. Intravenous inoculation is usually more rapidly fatal in these animals than the subcutaneous method. Intraperitoneal inoculation in rabbits results in the formation of a rapidly spreading peritonitis in which the inflammatory exudate in many cases exhibits differences from similar exudates produced by the streptococcus. Pneumococcus exudates are apt to be thicker, to be accompanied by a deposit of fibrin, and to lack the transparent red color so often caused by the hemolyzing streptococci. With very virulent strains, these differences are less marked. In almost all of these infections death is preceded by septicemia and the microorganisms can be recovered from the heart's blood of the victims.

After such infections, the animals exhibit a rise of temperature, at times visible depression, and, rarely, diarrhea. General hyperemia of the organs with secondary effusions in the pleural cavities and often hemorrhages upon the serous surfaces may be found at autopsy.

The production in animals of lesions comparable to the lobar pneumonia of human subjects has been the aim of many investigators. Wadsworth,[1] recognizing that such lesions probably depended upon the partial immunity which enabled the infected subjects to localize the pneumococcus processes in the lungs after infection by way of the respiratory passages, succeeded in producing typical lobar pneumonia in rabbits by partially immunizing these animals and inoculating them intratracheally with pneumococci of varying virulence. By this method he actually carried out, for the first time, Koch's postulates in regard to lobar pneumonia.

In man, the most frequent lesion produced by the pneumococcus is acute lobar pneumonia. About ninety per cent of all cases of this disease are caused by the pneumococcus,[1] the remainder being due to streptococci, influenza bacilli, Friedländer's bacilli, and exceptionally to other microorganisms. Lobular pneumonia is caused by the pneumococcus with almost equal regularity. During the course of these diseases the cocci are found in large numbers within the pulmonary alveoli, and in the capillaries and lymph vessels of the lung. Whether or not the pneumococci enter the blood stream in all these cases is a question not yet definitely settled. Fränkel [2] states it as his belief that in most, if not in all, cases, the diplococci at some time during the disease could be found in the circulating blood. Prochaska in a study of ten unselected cases obtained positive blood cultures in every one of them. A review of the literature upon the question indicates positive blood-culture findings in certainly over twenty-five per cent of the cases.

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[1] *Wadsworth*, Amer. Jour. Med. Sci., May, 1904.

In complications of pneumonia, pneumococci are found usually in the pleura where they may cause a simple dry pleurisy or even empyema. Less frequently they may cause pericarditis and endocarditis. Meningitis may be caused by pneumococci, either secondarily to pneumonia or independently. Such cases are extremely grave, almost invariably ending in death. Other lesions which may be caused by pneumococci, either as post-pneumonic processes or without previous pneumonia, are otitis media, osteomyelitis, and arthritis. Cases of pneumococcus peritonitis occur sometimes secondary to appendicular inflammations, occasionally without traceable portal of entry. Severe catarrhal conjunctivitis may be caused by these diplococci, usually during the course of a pneumonia. Ulcerative endocarditis with pneumococcus septicemia, apparently independent of a pulmonary lesion, is not infrequent.

Toxic Products of the Pneumococcus.—Our knowledge of pneumococcus poisons is still very imperfect. Attempts to obtain soluble toxins by the filtration of cultures have been practically unsuccessful in the hands of many careful workers. G. and F. Klemperer,[3] Mennes,[4] Pane,[5] Foa and Carbone,[6] and others failed to obtain pneumococcus filtrates of any marked degree of toxicity, though working with highly virulent strains. Attempts to demonstrate by the production of antitoxin the specific nature of the feeble poisons obtained have also met with failure. Isaeff,[1] though confirming the feeble toxicity of fluid cultures, made the interesting observation that a filtrate of the blood of pneumococcus-infected rabbits contained a poison often more potent than that obtained in culture filtrates. Carnot and Fournier[2] obtained a poison of distinct though feeble potency by dialysis of pneumococcus cultures.

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[1] *Netter*, Compt. rend. de la soc. de biol., 1890.

[2] *Fränkel*, "v. Leyden Festschr.," 1902.

[3] *G.* and *F. Klemperer*, Berl. klin. Woch., xxxiv and xxxv, 1891.

[4] *Mennes*, Zeit. f. Hyg., xxv, 1897.

[5] *Pane*, Rif. med., xxi, 1898.

[6] *Foa* und *Carbone*, Cent. f. Bakt., x, 1899.

The general failure, however, to procure strong soluble poisons from cultures, gives weight to the assumption that the most potent toxic products of pneumococci are in the nature of endotoxins and closely bound to the cell-bodies themselves. This assumption is borne out by the more recent experiments of Macfadyen.[3] This author obtained acutely poisonous substances from pneumococci by trituration of the organisms after freezing, and extracting them with a one 1 : 1,000 caustic potash solution. With the filtrates of these extracts he was able to cause rapid death in rabbits and guinea-pigs by the use of doses not exceeding 0.5 to 1 c.c. He found furthermore, a striking parallelism between the degree of toxicity and the virulence of the extracted culture.

Immunization.—Recovery from a spontaneous pneumococcus infection confers immunity for only a short period. Two and three attacks of lobar pneumonia in the same individual are not unusual, and it is uncertain whether even a temporary immunity is acquired in such infections. Active immunization of laboratory animals may be carried out by various methods. The method usually followed is to begin by injecting attenuated[4] or dead bacteria or bacterial extracts. Subsequent injections are then made with gradually increasing doses of living, virulent microorganisms. Great care in increasing the dosage should be exercised since the loss of an animal after two or three weeks' treatment by a carelessly high dose of pneumococci is not unusual. Wadsworth has recommended the following method for preparing pneumococci for the first injections in immunizing rabbits. Freshly grown pneumococcus cultures are centrifugalized, and the supernatant bouillon is thoroughly decanted. To the pneumococcic sediment a definite quantity of concentrated salt solution is added, and the mixture is allowed to stand over night. At the end of this time, the pneumococci are dead and considerable destruction of the cell-bodies has taken place. Dilution with water until the solution equals 0.85 per cent NaCl now prepares the emulsion for inoculation. Whichever of the various methods is adopted, the intervals of injection should not be shorter than a week, preferably ten days. The animals so immunized will at the end of six or more weeks withstand an inoculation with many times the fatal dose of virulent pneumococci. The sera of animals immunized with pneumococci contain active bacteriolytic and bactericidal substances, easily demonstrable *in vivo* and *in vitro*.

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[1] *Isaeff*, Ann. de l'inst. Pasteur, vii, 1893.

[2] *Carnot* et *Fournier*, Arch. de méd. expér., 1900.

[3] *Macfadyen*, Brit. Med. Jour., ii, 1906.

[4] *Radziewsky*, Zeit. f. Hyg., xxxvii, 1901; *Neufeld*, Zeit. f. Hyg., xi, 1902.

Specific *agglutinins* in pneumococcus immune sera were first thoroughly studied by Neufeld[1] and since then have been made the subject of extensive studies by Wadsworth,[2] Hiss,[3] and many others. In the sera of normal animals and man, pneumococci are rarely agglutinated in dilutions higher than one in ten. In the serum of patients suffering from lobar pneumonia, pneumococci agglutinate in dilutions ranging anywhere from one in ten to one in fifty. In the sera of immunized rabbits, readings up to one in eight hundred are not rare. Such specific agglutinating sera are most reliable, therefore, in differentiating between pneumoccoci and closely allied bacteria and in demonstrating the identity of all pneumococci whatever their source.

The table which follows not only illustrates this uniformly high agglutinative power of various pneumococcus-immune sera upon several races of this microorganism, but shows, as well, the value of such sera for biological differentiation.

The table, furthermore, records the peculiar fact that pneumococci are agglutinated in high dilution by sera obtained by immunization with Streptococcus mucosus, a fact which argues strongly in favor of classifying Streptococcus mucosus more intimately with the pneumococci than with the streptococci of the pyogenes group.

The technique of performing agglutination tests with pneumococci is often made difficult by the tendency to clumping displayed spontaneously by these bacteria in fluid media and by the relative sparsity of their growth. To overcome these difficulties, Wadsworth[4] has proposed centrifugalizing young broth cultures and shaking up the sediment with small quantities of isotonic salt solution. Hiss recommends[5] cultivation in glucose-calcium-carbonate broth in small flasks containing

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[1] *Neufeld*, loc. cit.

[2] *Wadsworth*, loc. cit.

[3] *Hiss*, Jour. Exp. Med., vii, 1905.

[4] *Wadsworth*, Jour. Med. Res., x, 1905.

[5] *Hiss*, loc. cit.

100 to 150 c.c. each. After three or four days at 37° C., the growth is usually at its optimum for agglutination work. The flasks should be thoroughly shaken at least once in twenty-four hours in order to distribute the calcium carbonate thoroughly. About one hour before use the flasks are again shaken and the calcium carbonate and larger clumps are allowed to settle. The sample used for the test should then be pipetted from the upper layers of the fluid.

Organism.	IMMUNE SERA[1]					
	Pneum. 1.	Pneum. 3.	Pneum. 23.	Streptococcus mucosus 7.	Streptococcus mucosus 7 a.	Streptococcus pyogenes.
Pneumo. 1....	400–800	200–800	400–800	200–800	400	0–100
Pneumo. 3....	....	400–800	....	....	200–800	0–100
Pneumo. 23...	....	100–800	200–800	100–200	....	....
Pneumo. 45...	....	400–800	600–200	200–800	100–400	....
Pneum. E 1...	....	100–800	....	....	100–200	....
Pneum. E 32..	....	200–800	....	100 +	....	....
Pneum. E 55..	100–400	....	400–800	200–400	....	....
Pneum. N 7...	200–800	....	800	200–800	200–800	....
Pneum. N 17.	200–800	....	800	200–800	200–800	....
Streptococcus pyog. 1....	....	200–800	....	....	....	800–6400
Streptococcus mucos. 7...	0–10	0–10	....	10–100	10–200	0–50
Streptococcus mucos. 22..	0–10	0–10	....	10–50	0–50	....

Precipitins have been demonstrated in pneumococcus immune sera by Neufeld,[1] Wadsworth,[2] and others. Neufeld obtained precipitates with pneumococcus cultures in which lysis had been produced by the addition of bile. He found that normal rabbit's bile added to pneumococcus cultures (one drop to 1 c.c. of culture) caused the cultures to become perfectly clear and transparent, and no longer contain demonstrable pneumococcus cell bodies. The addition of pneumococcus immune sera to such cultures produced precipitates. Wadsworth eliminated all possibility of participation of the bile in this reaction by obtaining similar precipitates with pneumococcus cultures subjected to treatment with concentrated salt solution as described above (see p. 363).

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[1] *Hiss,* Jour. Exp. Med., vii, 1905, p. 564.

In addition to these antibodies, pneumococcus immune sera contain specific phagocyosis-stimulating substances identical with or similar to the opsonins of Wright and Douglas. The first investigators to describe these substances for pneumococcus sera, Neufeld and Rimpau,[3] separated them from the opsonins on the basis of their greater thermostability and named them bacteriotropins. It is doubtful whether, in view of the described thermostability of some immune opsonins, such differentiation is tenable. Great importance in the mechanism of pneumococcus immunity is attributed to these bodies by some authors. This question has been studied more recently by Park and Williams,[4] however, who were unable to find any distinct parallelism between the opsonic power and the protective value of a serum.

Passive immunization with pneumococcus immune sera has been extensively attempted. Washburn,[5] Mennes,[6] Pane,[7] and many others have succeeded in protecting subsequently infected animals by treatment with pneumococcus immune sera. Occasionally favorable results have been reported when similar sera were used in pneumonia in human beings. All such results, however, have been too irregular to permit, at present, of a hope for the definite solution of the therapeutic problem along these lines. Encouraging results have been obtained by Hiss in the treatment of pneumococcus infection in animals and by Hiss and Zinsser[8] in the treatment of pneumonia in man with aqueous leucocyte extracts.

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[1] *Neufeld*, Zeit. f. Hyg., xi, 1902.

[2] *Wadsworth*, loc. cit.

[3] *Neufeld* und *Rimpau*, Deut. med. Woch., 1904.

[4] *Park* and *Williams*, Jour. Exp. Med., vii, 1905.

[5] *Washburn*, Brit. Med. Jour., 1897.

[6] *Mennes*, Zeit. f. Hyg., 1897.

[7] *Pane*, Rif. med., 1897.

[8] *Hiss* and *Zinsser*, Jour. Med. Res., xix, 1908.

Differentiation of Pneumococcus from Streptococcus.—Pneumococci and streptococci which do not differ in morphology from their classic types can usually be differentiated from each other and identified by their morphological characters without difficulty; but it is equally true that certain cultures of these organisms, either at the time of their isolation or after cultivation on artificial media, approach the type of the other so closely that it may be impossible to identify them by their morphology alone. When such morphological variations occur there are no constant and distinctive cultural or pathogenic characters as yet demonstrated which can with certainty be depended upon as distinguishing marks between these organisms.

This lack of distinct cultural differences between pneumococci and streptococci has not infrequently led to confusion, and that uncertainty should exist and mistakes be made in identification is not surprising when one considers the characters usually depended upon to distinguish pneumococci from streptococci. Chief among these, as has just been implied, are the morphological features which are, in the case of pneumococci, a slightly lancet or elongated form rather than the more typical coccus form characteristic of the streptococci, and an arrangement of such cocci in pairs rather than in chains; added to these features is the possession of a more or less well-defined capsule. All of these characters are subject to variation or may be absent. Compared with the morphological, the cultural characters are of minor importance and are variable. They consist in a more moist and flatter appearance of the pneumococcus colonies on coagulated blood serum and on agar, and in the usual inability of the freshly isolated pneumococcus to develop readily or at all on gelatin at temperatures below 22° C.

The distinctness of the capsule of the pneumococcus in the body fluids of man and animals, and at times when this organism is cultivated artificially on blood serum, milk, or serum agar, has really been depended upon as the chief distinguishing and diagnostic character.

Nevertheless, from time to time, instances have been reported of distinct capsule formation by organisms which had either been previously identified as Streptococcus pyogenes, or at the time of their isolation could not be definitely identified by their discoverers as belonging to either this group or to the pneumococci, but were considered intermediate in their character.[1]

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[1] Brief Description of Organisms Reported as Capsulated Streptococci.—Bordet (*Bordet*, Ann. de l'inst. Pasteur, 1897, xi, p. 177), working with an organism previously

There are occasions, then, both within the animal body and in artificial cultivations, when it is practically impossible to distinguish definitely between some races of pneumococci and races of streptococci. This difficulty is especially heightened when the pneumococcus has become non-virulent, and at the same time no very typical morphology or capsule formation is to be determined and a tendency to chain-formation is marked. Cultures of pneumococci in such condition can not readily be distinguished morphologically from streptococcus cultures.

Under these circumstances recourse must be had to a careful biological study of the organism in question. The following are the criteria mainly relied upon at present for the differentiation of these two groups.

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identified as Streptococcus pyogenes, described such capsule formation occurring in the peritoneal exudate of infected rabbits.

Schuetz' (*Schuetz*, Cent. f. Bakt., Ref. 1, 1887, p. 393) Diplokokkus der Brustseuche der Pferde, Poels and Nolen's (*Poels* und *Nolen*, Fort. d. Med., iv, 1886, p. 217) streptococcus of contagious pneumonia of cattle, and especially the organism described by Bonome (*Bonome*, Ziegler's Beit., viii, 1890, p. 377) as Streptococcus der meningitis cerebrospinalis epidemica, may all be looked upon as organisms differentiated on insecure grounds from either pneumococcus or streptococcus. The first two of these organisms, however, are said to be decolorized by Gram's method, and as suggested by Frosch and Kolle (*Frosch* und *Kolle*, Flügge's "Mikroorganis.," ii, 1896, p. 161), in the case of Schuetz' organism may belong to a group intermediate between Fraenkel's diplococcus and the chicken-cholera group.

Tavel and Krumbein (*Tavel* und *Krumbein*, Cent. f. Bakt., xviii, 1895, p. 547) describe a streptococcus with a capsule, which was isolated from a small abscess on the finger of a child. Capsules were also present in the artificial cultures, and although ordinarily remaining uncolored, could be stained by Loeffler's flagella stain. This organism was said to be differentiated from Fraenkel's diplococcus and also in general from streptococcus (pyogenes) by a rapid and rich growth on gelatin, agar, and potato. A pellicle was formed on broth. The organisms forming this pellicle possessed capsules, but those in the deeper portions of the broth generally lacked the capsule.

In 1897, Binaghi (*Binaghi*, Cent. f. Bakt., xxii, 1897, p. 273) described a capsulated streptococcus isolated from a guinea-pig dead of a spontaneous peribronchitis and multiple pulmonary abscesses. In the pus were found some diplococci and short chains (four to six) surrounded by a capsule, which could be made evident by staining with carbol fuchsin. This organism he proposes to call Streptococcus capsulatus.

Le Roy des Barres and Weinberg in 1899 (*Le Roy des Barres* et *Weinberg*, Arch. d. méd. expér., xi, 1899, p. 399) published an account of a streptococcus with a capsule. This was isolated from a man who had apparently been infected from a horse which had died of an acute intestinal disorder. The patient neglected the infection and died. Diplococci and short chains furnished with a capsule were found in the subcutaneous tissue at the area of infection. The blood, liver, and

Pneumococci ferment inulin, if cultivated in inulin-serum-water medium. Acid formation from the inulin results within two days or more in coagulation of the serum and reddening of the litmus. Streptococci because of their inability to attack the inulin leave the medium unchanged.[1]

Cultivated on whole-blood-agar, streptococci usually cause hemolysis, pneumococci usually do not.[2] In contradistinction to Streptococcus viridans which does not hemolyze, pneumococci have a tendency on these media to form the black, dry, paint-blister colonies.[3]

Neufeld,[4] in 1900, noticed that normal rabbits' bile added in quan-

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spleen also contained these organisms. The capsule in all the preparations remained uncolored, but the authors say that its existence was not to be doubted. Ascitic broth inoculated from the peritoneal exudate of a rabbit dying from the infection gave streptococci in extremely long chains and surrounded by capsules. These were not so distinct as in the case of the organisms in the original smear preparations. All fluid media (bouillon, milk, and ascitic broth) were said to be strongly acid after twenty-four hours. These authors report that Achard and Marmorek have assured them that they have seen capsulated streptococci, and that Marmorek showed them some preparations in which one of his streptococci presented the same characters as that isolated by them.

Although Le Roy des Barres and Weinberg have used the term encapsulated, they believe that it would perhaps be more prudent to call their organism streptocoque aureole, since they were not able to put this capsule definitely in evidence by staining it.

Howard and Perkins (*Howard* and *Perkins*, Jour. Med. Res., 1901, iv, p. 163) have lately described an organism, probably of the foregoing type, which was present in a tubo-ovarian abscess and in the peritoneal exudate, the blood, and some of the organs of a woman dying in the Lakeside Hospital, Cleveland, Ohio. The organisms were biscuit-shaped cocci in pairs, usually arranged in chains of four, six, eight, or twenty elements, and surrounded by a wide and sharply staining capsule. In the artificial cultures special capsule stains, it was noted, failed to stain any definite area, but numerous small deeply stained granules were to be seen within the halo, especially near its outer border. Howard and Perkins propose for the group composed of the streptococci of Bonome, Binaghi, and their own organism, the name Streptococcus mucosus.

Reference to the original descriptions of these various capsulated streptococci will show that, with the exception of a rather poorly staining capsule, the majority of these organisms are separated from the typical Streptococcus pyogenes or from the pneumococcus by exceedingly slight and unstable morphological and cultural characters. The same is true of the difference observed in their pathogenic action in animals.

[1] *Hiss*, Cent. f. Bakt., xxxi, 1902; Jour. Exp. Med., vi, 1905.

[2] *Schottmüller*, Münch. med. Woch.

[3] *Hiss*, Jour. Exp. Med., vii, 1905.

[4] *Neufeld*, Zeit. f. Hyg., 1901.

tities of 0.1 c.c. to each one or two cubic centimeters of a pneumococcus broth culture caused lysis of the bacteria, rendering the culture fluid transparent and clear. This phenomenon does not occur with streptococci, and has been used to differentiate the two species. According to the recent studies of Libman and Rosenthal,[1] great reliance may be placed upon this method.

Finally, decisive differential importance may be attached to the agglutinations of these microorganisms in immune sera (see p. 364).

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[1] *Libman* and *Rosenthal,* Proc. N. Y. Path. Soc., March, 1908.

CHAPTER XXIV

MICROCOCCUS INTRACELLULARIS MENINGITIDIS (MENINGOCOCCUS)

INFECTIOUS processes in the meninges may be caused by many different microorganisms.

Meningitis may be primary or secondary. Secondary meningitis may often occur during the course of pneumonia, when pneumococci, carried to the meninges by the blood stream, give rise to a usually fatal form of the disease. More rarely a similar process may occur as a secondary manifestation of typhoid fever or influenza. Meningitis may also result secondarily by direct extension from suppurative lesions about the skull, such as those occurring in diseases of the middle ear or frontal sinuses or after compound fractures. In such cases the invading organisms are usually staphylococci, streptococci, or pneumococci.

Isolated cases of meningeal infection with B. coli, B. paratyphosus, Bacillus pestis, and Bacillus mallei have been reported. A frequent, more chronic form of the disease is caused by Bacillus tuberculosis.

Primary acute meningeal infection, however, is due chiefly to two microorganisms, Micrococcus intracellularis meningitidis, and the pneumococcus.

A tabulation of the comparative frequency with which the various microorganisms are found in the meninges has been attempted by Marschal.[1] This author estimates that about 69.2 per cent of all acute cases are due to the meningococcus, 20.8 per cent to Diplococcus pneumoniæ, and the remaining 10 per cent to the other bacteria mentioned.

The cases caused by the pneumococcus and the other less frequent incitants usually occur sporadically. When the disease occurs in epidemic form, it is almost always due to the meningococcus.

Diplococcus intracellularis meningitidis was first seen in meningeal exudates by Marchiafava and Celli[2] in 1884. These authors not only described accurately the morphological characteristics now recognized, but also called attention to the intracellular position of the microorganism and to its gonococcus-like appearance. They failed, however, to cultivate it.

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[1] *Marschal,* Diss. Strassburg, 1901, Quoted from Weichselbaum, in Kolle und Wassermann, " Handbuch."

[2] *Marchiafava* and *Celli,* Gaz. degli ospedali, 8, 1884.

Observations confirmatory of the Italian authors were, soon after, made by Leichtenstern.[1] Cultivation and positive identification as a separate species was not accomplished, however, until Weichselbaum,[2] in 1887, reported his observations upon six cases of epidemic cerebrospinal meningitis in which he not only found the cocci morphologically, but was able to study their biological characteristics in pure culture. The researches of Weichselbaum were soon confirmed and extended by elaborate studies[3] which left no doubt as to the specific relationship between the microorganism cultivated by him and the clinical condition.

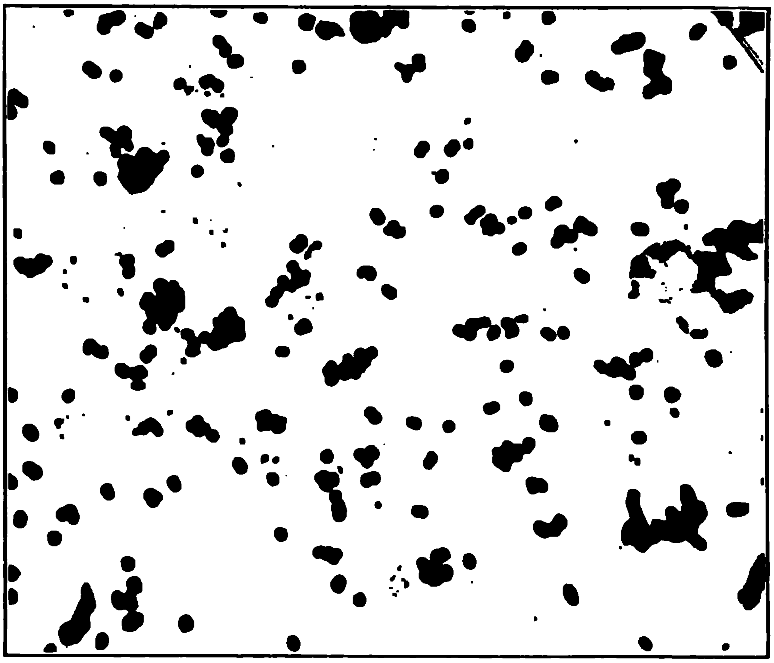

Fig. 77.—Meningococcus, Pure Culture. (Very highly magnified.)

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[1] *Leichtenstern*, Deut. med. Woch., 1885.

[2] *Weichselbaum*, Fort. d. Med., 1887.

[3] *Councilman*, *Mallory*, and *Wright*, Special Rep. Mass. Board of Health, 1898; *Albrecht* und *Ghon*, Wien. klin. Woch., 1901.

Morphology and Staining.—Stained in the spinal fluid from an infected patient, the meningococcus bears a striking similarity to the gonococcus. The microorganisms appear intra- and extracellularly, usually in diplococcus groups, sometimes as tetrads, or even in larger agglomerations. The individual diplo-forms are flattened on the sides facing each other, presenting somewhat the biscuit-form of the gonococcus. The variation in size of the cocci in the same smear is a noticeable feature and of some diagnostic importance. This dissimilarity in size is noticeable also in cultures, which, especially when older than twenty-four hours, contain forms double or even triple the size of the average coccus. These may possibly be involution forms.

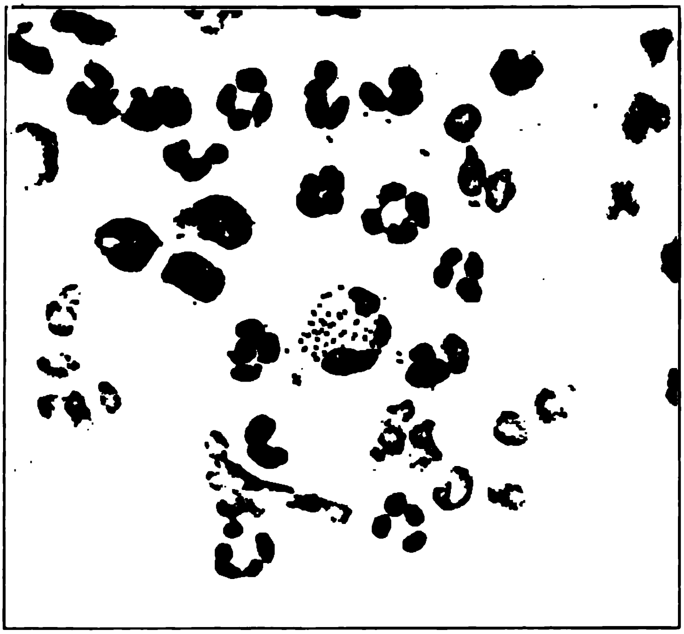

FIG. 78.—MENINGOCOCCUS IN SPINAL FLUID.

The meningococcus is non-motile and non-spore forming. It stains easily with all the usual aqueous anilin dyes. Its behavior toward Gram's stain was long a subject of controversy, owing to the error of Jaeger,[1] who claimed to have found it Gram-positive. There is no question now, however, that the cocci decolorize by Gram's method when this is carefully carried out.

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[1] *Jaeger*, Zeit. f. Hyg., xix, 1895.

In spinal fluid very beautiful preparations may be obtained by staining in Jenner's blood stain. Councilman, Mallory, and Wright[1] were the first to notice that, when stained with Loeffler's methylene-blue, meningococcus stains irregularly, showing metachromatic granules in the center of the cell bodies. These granules can be demonstrated more clearly with the Neisser stain employed for similar demonstration in the case of B. diphtheriæ (see p. 107) and have some value in differentiating meningococcus from gonococcus.

Cultivation.—Micrococcus intracellularis meningitidis grows readily upon all the meat-infusion culture media. It may even be cultivated upon meat-extract media, but growth upon these is not profuse. Upon *agar*, colonies appear within eighteen to twenty-four hours as grayish, glistening spots with smooth edges and raised granular centers. These show a tendency to enlargement and eventual confluence.

Growth is more luxuriant and rapid upon media to which animal proteid in the form of blood serum or ascitic fluid has been added. Coagulated serum is not liquefied. For cultivation of the meningococcus directly from the human body it is wise to use the richer serum or blood media, ability to grow easily upon simple agar being occasionally acquired only after previous cultivation upon richer media. Agar to which whole rabbit's blood has been added forms an excellent medium, both for cultivation and for keeping the organism alive. *Loeffler's blood serum* is also very favorable. It is advisable, too, when cultivating directly from spinal fluid, to plant rather large quantities (1 to 2 c.c.), since many of the cocci in the exudate will fail to develop colonies, possibly because of their prolonged exposure either to the body fluids or to their own products in a closed space.

Upon *broth*, growth is slow and takes place chiefly upon the surface, the sediment consisting mainly of dead bacteria. Glucose added to agar or to broth renders the medium more favorable for rapid growth, but, owing to acid formation, tends to cause a more rapid death of the culture. In flasks of broth containing glucose one per cent, and $CaCO_3$ one per cent, however, cultures have been kept alive for as long as fourteen months (Hiss). On *milk*, growth takes place without coagulation of the casein. *Potatoes* are not a favorable medium, though growth occasionally takes place.

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[1] *Councilman, Mallory,* and *Wright.* Rep. Mass. State Bd. of Health, 1898.

While slight alkalinity or acidity does not inhibit, the most favorable reaction of media is neutrality.

Oxygen is necessary for development. Complete anaërobiosis, while not absolutely inhibitory, is extremely unfavorable, unless proper carbohydrates be present.

While growth may take place at temperatures ranging from 25° to 42° C., the optimum is 37.5° C. Apart from the remarkable viability displayed upon calcium-carbonate broth, the average length of time during which the meningococcus will remain alive without transplantation is rather short. Recently isolated cultures grown on agar or serum-agar may die within two or three days. Accustomed to artificial cultivation through a number of generations, however, the cultures become

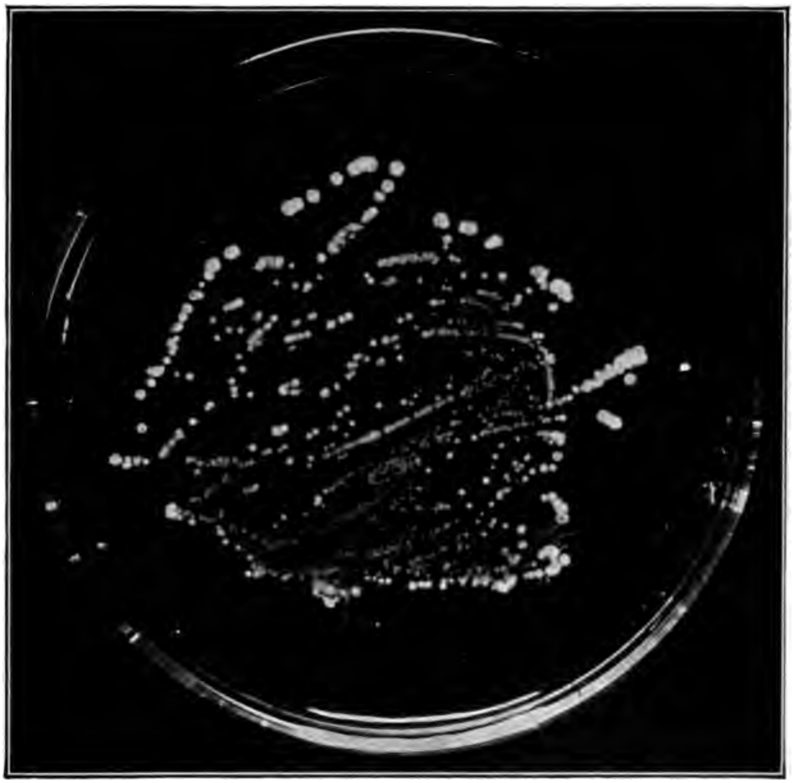

FIG. 79.—MENINGOCOCCUS CULTURE. Streak culture from spinal fluid on serum agar-plate.

more hardy and transplantation may safely be delayed for a week or even longer. Albrecht and Ghon[1] have kept a culture alive on agar for one hundred and eighty-five days. It is a strange fact that after prolonged artificial cultivation some strains of meningococcus may gradually lose their growth energy and finally be lost because of their refusal to develop in fresh transplants. Storage is best carried out at incubator temperatures. At room temperatures or in the ice chest, the diplococcus dies rapidly.[2]

Resistance.—The meningococcus is killed by exposure to sunligh tor to drying within twenty-four hours.[3] It is extremely sensitive to heat and cold and by the common disinfectants is killed in high dilutions and by short exposures. At 0° C. it usually dies within two or three days.

Pathogenicity.—As stated above, the form of meningitis caused by the diplococcus of Weichselbaum occurs usually in epidemics, though isolated sporadic cases are seen from time to time in all crowded communities. Epidemics have been numerous and widespread, and their records far antedate the discovery of their causative agent. As a rule, these epidemics have occurred during the winter and spring months, and have attacked chiefly that part of the population which is forced by poverty to live in crowded unhygienic surroundings. The manner in which the microorganism enters the human body is still a subject for investigation. Weichselbaum,[4] Ghon and Pfeiffer,[5] and, more recently, Goodwin and v. Sholly[6] of the New York Department of Health, have succeeded in demonstrating culturally the presence of the meningococcus in the nasal cavities, not only of patients suffering from the disease, but occasionally in those of healthy subjects as well. Similar findings have been reported by many others; but in many cases morphological examination only was made, which, owing to the danger of confusion with Micrococcus catarrhalis, a frequent inhabitant of the nose, renders such reports valueless. The careful work of the writers mentioned, however, has given ground for the theory that meningeal infection, which is often preceded by nasal catarrh, may take place along the paths of the lymphatics, passing out of the nose and its accessory cavities toward the base of the skull. These facts, together with the low resistance shown by the meningococcus against drying, and the general failure so far to demonstrate it in air, dust, or fomites, would seem to indicate that transmission usually occurs directly from one human being to another.

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[1] *Albrecht* und *Ghon*, Wien. klin. Woch., 1901.

[2] A very thorough biological study of meningococcus and related organisms has recently been made by *Elser* and *Huntoon* (Jour. Med. Res., N. S. vol. xv, 1999), which may be consulted for a more detailed description of cultural characteristics.

[3] *Councilman, Mallory,* and *Wright*, Boston, 1898; *Albrecht* and *Ghon*, loc. cit.

[4] *Weichselbaum*, Fort. d. Med., 1887.

[5] *Ghon* und *Pfeiffer*, Zeit. f. klin. Med., xliv, 1901.

[6] *Goodwin* und *v. Sholly*, Jour. Inf. Dis., Suppl. 2, Feb., 1906.

The disease produced in man consists anatomically in a suppurative lesion of the meninges, involving the base and cortex of the brain and the surface of the spinal cord. The nature of the exudate may vary from a slightly turbid serous fluid to that of a thick fibrinous exudate. In chronic cases encephalitis and dilatation of the ventricles may take place. Apart from their presence in the meninges and in the nasopharynx, meningococci have not been satisfactorily demonstrated in any of the complicating lesions of the disease. Reports of their presence in the conjunctivæ, in the bronchial secretions from broncho- or lobar pneumonia, and in otitis media, have usually been based upon insufficient bacteriological evidence.

The occurrence of this microorganism in the circulating blood of meningitis cases has been definitely proved by Elser,[1] who found it in ten cases.

Animals are not very susceptible to infection with Diplococcus meningitidis. Subcutaneous inoculation is rarely followed by more than a local reaction unless large quantities are used. White mice are rather more susceptible than other species. Intraperitoneal and intravenous inoculation of sufficient quantities usually results in the death of mice, rabbits, guinea-pigs, and dogs. Occasional strains have been found to possess a not inconsiderable degree of toxicity for rabbits, grave symptoms or even death following intravenous injection of but moderate quantities without any traceable development of the microorganisms in the organs of the animals.

Similar observations have been made by Albrecht and Ghon,[2] who succeeded in killing white mice with dead cultures. It would seem therefore that the effect of this coccus upon animals depends chiefly upon the poisonous substances contained in the bacterial bodies (endotoxins). Lepierre[3] has obtained the meningococcus toxin by alcohol precipitation of broth cultures.

Weichselbaum himself succeeded in producing meningeal suppuration and, in one case, brain abscess, by subdural inoculation of dogs. Councilman, Mallory, and Wright[1] produced a disease in many respects similar to the human disease by intraspinous inoculation of a goat. Recently, Flexner[2] has succeeded in producing in monkeys a condition entirely analogous to that occurring in human beings.

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[1] *Elser,* Jour. Med. Res., xiv, 1906.

[2] *Albrecht* und *Ghon.*, loc. cit.

[3] *Lepierre,* Jour. de phys. et de path. gén., v, No. 3.

Agglutination.—Immunization of animals by repeated inoculations of meningococcus[3] results in the formation in the blood serum of agglutinins. Kolle and Wassermann[4] obtained from horses a serum which had an agglutinating value of 1 : 3,000 for the homologous strain, and of as much as 1 : 500 for other true meningococcus strains. Similar experiments by Dunham[5] and others have proved the unquestionable value of agglutination for species identification of this group. Great differences may, however, exist between individual races in their agglutinability in the same immune serum.

Kutscher has recently called attention to the fact that strains which can not be agglutinated in specific sera at 37° C. will often yield positive results when subjected to 55° C., a fact of some practical importance if confirmed.

Elser and Huntoon[6] have shown that in the serum of infected human subjects agglutination of some strains takes place in dilutions as high as 1 : 400.

Serum Therapy of Meningitis.—During recent years, many attempts have been made to treat epidemic cerebrospinal meningitis by injections, subcutaneous and intraspinous, of meningococcus-immune serum. Wassermann,[7] in 1907, reported the results obtained by such treatment in one hundred and two patients, with a recovery of 32.7 per cent. The serum, as manufactured by Wassermann and his associates, was obtained from horses immunized with pure cultures of meningococcus and with toxic meningococcus extracts. More recently Flexner and Jobling[8] have used a similar serum in the United States with apparently excellent results. The serum, in Flexner's cases, is injected intraspinously after a quantity of spinal fluid had been withdrawn. The cases treated by Flexner and Jobling's method have now reached large numbers, both in this and foreign countries and the value of the serum as a therapeutic agent seems firmly established.

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[1] *Councilman, Mallory,* and *Wright,* loc. cit.

[2] *Flexner,* Jour. Exp. Med., 1906.

[3] *Albrecht* and *Ghon,* Wien. klin. Woch., 1901.

[4] *Kolle* und *Wassermann,* Deut. med. Woch., 15, 1906.

[5] *Dunham,* Jour. Inf. Dis., 11, 1907.

[6] *Elser* and *Huntoon,* loc. cit.

[7] *Wassermann,* Deut. med. Woch., 39, 1907.

[8] *Flexner* and *Jobling,* Jour. Exper. Med., x, 1908.

Hiss and Zinsser[1] have treated a number of meningitis patients with subcutaneous injections of leucocyte extracts and believe that they have favorably influenced the course of the disease.

Pseudomeningococcus.—Elser and Huntoon[2] have described a diplococcus very similar to the meningococcus which they differentiated from it only by serum reactions. This diplococcus could be identified only by agglutinin absorption tests. They named it pseudomeningococcus.

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[1] *Hiss* and *Zinsser*, Jour. Med. Res., Nov., 1908.

[2] *Elser* and *Huntoon*, Jour. Med. Res., xxi, 1909.

CHAPTER XXV

DIPLOCOCCUS GONORRHŒÆ (GONOCOCCUS), MICROCOCCUS CATARRHALIS, AND OTHER GRAM-NEGATIVE COCCI

DIPLOCOCCUS GONORRHŒÆ

NEISSER,[1] in 1879, described diplococci which he had found regularly in the purulent secretions of acute cases of urethritis and vaginitis and in the acute conjunctivitis of the new-born. His researches were purely morphological, as were the numerous confirmatory investigations which rapidly followed his announcement.

Cultivation of this diplococcus, now usually spoken of as gonococcus, was not definitely successful until 1885, when Bumm [2] obtained growth upon tubes of coagulated human blood serum. Bumm was not only able to keep the organisms alive by transplantation in pure culture, but produced the disease by inoculation of his cultures upon the healthy urethra.

Morphology and Staining.—The gonococcus is usually seen in the diplococcus form, the pairs being characteristically flattened along the surfaces facing each other. This gives the cocci a peculiar coffee-bean or biscuit shape. The size of the diploforms is about 1.6 micra in the long diameter, about 0.8 micron in width. Stained directly in gonorrheal pus from acute cases, the microorganisms are found both intra- and extracellularly, a large number of them crowded characteristically within the leucocytes. They are never found within the nucleus. The phagocytosis which produces this picture has been shown by Scholtz [3] and others to take place in the free secretions, not in the depth of the tissues. The intracellular position, which is of considerable diagnostic importance, is lost to a great extent in secretions from chronic cases. In smears made from pure cultures the arrangement in groups of two may often be less marked than in pus, clusters of eight or more being common.

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[1] *Neisser*, Cent. f. d. med. Wiss., 1879.

[2] *Bumm*, " Beitr. z. Kenntniss des Gonococcus," Wiesbaden, 1885.

[3] *Scholtz*, Arch. f. Dermat., 1899.

The gonococcus is non-motile and does not form spores. It is easily stained with the usual aqueous anilin dyes. Methylene-blue alone, or eosin followed by methylene-blue, or the neutral red stain of Plato,[1] gives good results. Gram's method of staining, however, is the only one of differential value. With this method the gonococcus is rapidly decolorized and can be counterstained with fuchsin or Bismarck brown. The Gram stain applied to pus from the male urethra, while not absolutely reliable, is, for practical purposes, sufficiently so to make a diagnosis. In exudates from the vagina or from the eye the morphological picture is not so reliable, owing to the frequent presence in these regions of other Gram-negative cocci. The great scarcity of gonococci in very chronic discharges necessitates thorough cultural investigation; negative morphological examination in such cases can not be regarded as conclusive.[2]

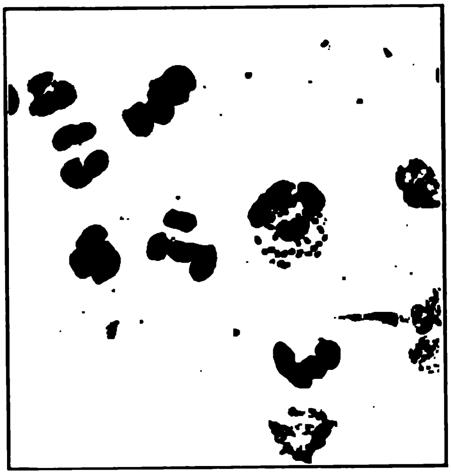

Fig. 80.—Gonorrheal Pus from Urethra, showing the Cocci within a Leucocyte.

Cultivation.—The gonococcus is extremely delicate and is difficult to cultivate. After many failures to grow it upon the ordinary media, Bumm[3] obtained his first growths upon human blood serum which had been heated to partial coagulation.

The medium most commonly used at the present day was introduced by Wertheim,[1] and consists of a mixture of two or three parts of meat infusion-agar with one part of uncoagulated human ascitic fluid, hydrocele fluid, or blood serum. The agar is melted and cooled to 45° before the serum is added. The mixture may then be slanted in the test tube or poured into a Petri plate. This medium may be improved by the addition to the agar of six per cent of glycerin or one per cent of glucose. Cultures in fluid media may be obtained by similar additions of serum to meat-infusion-pepton-broth (pepton, one to two per cent). While human sera may be replaced by animal sera, these in general are not so favorable for growth of the gonococcus. They are useful chiefly in cases where it is difficult to obtain the human serum. Whole rabbit's blood added to agar, or the swine-

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[1] *Plato*, Berl. klin. Woch., 1894. [2] *Heiman*, Medical Record, 1896.

[3] *Bumm*, Deut. med. Woch., 1885.

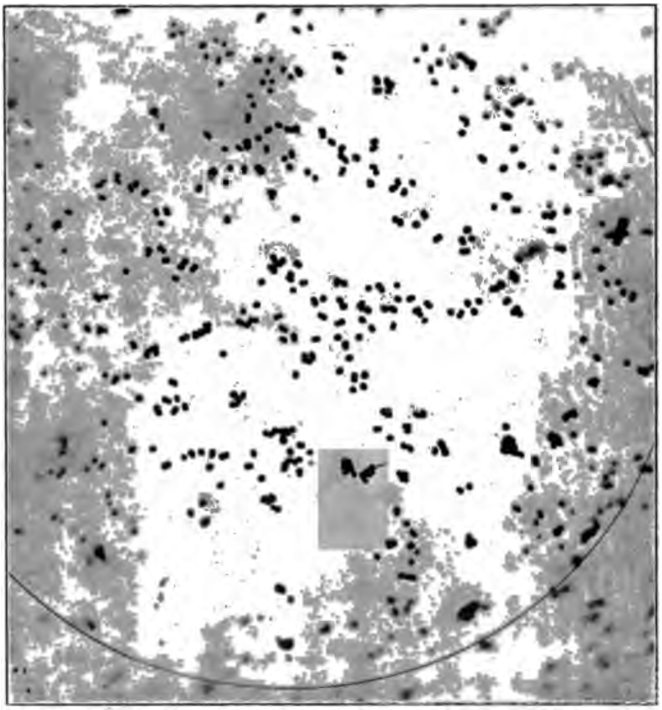

FIG. 81.—GONOCOCCUS. Smear from pure culture.

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[1] *Wertheim*, Arch. f. Gynäkol., 1892.

serum-nutrose medium of Wassermann[1] may occasionally be used with success.

Plates may also be made by smearing for enrichment a drop of blood from the finger over the surface of agar in the manner of Pfeiffer's method for influenza-bacillus cultivation. Inoculations from gonorrheal material are best made by surface smearing upon plates, since the gonococcus grows best in the presence of free oxygen. Growth is more easily obtained and becomes more luxuriant after prolonged cultivation upon artificial media. The most favorable reaction of media is neutrality or slight acidity.

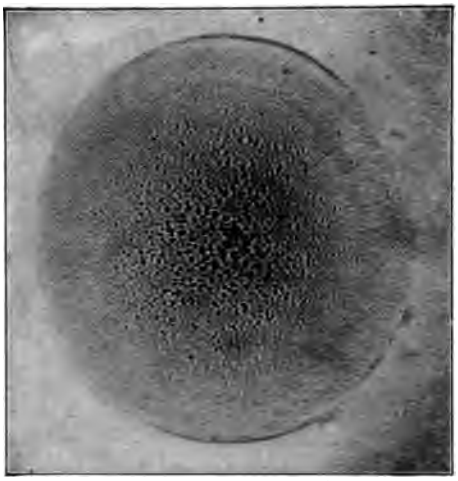

FIG. 82.—GONOCOCCUS COLONY. Low power of magnification. (After Mallory and Wright.)

Whenever the gonococcus has been successfully cultivated from pus upon media without serum additions, the success has probably been due to the substances carried over in the pus.

The gonococcus will develop a sparse growth under anaërobic conditions, but displays a very marked preference for aërobiosis. The optimum temperature for growth is 37.5° C. Growth ceases above 38.5° and below 30°.

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[1] *Wassermann*, Berl. klin. Woch., 1897.

(Fifteen c.c. swine-serum, 35 c.c. of water, 3 c.c. glycerin, with two per cent nutrose. The nutrose is dissolved by boiling and the solution sterilized. This is then added to agar, in equal parts, and used in plates.)

Upon suitable media colonies appear as extremely delicate, grayish, opalescent spots, at the end of twenty to twenty-four hours. The separate colonies do not tend to confluence and have slightly undulated margins. Touched with a platinum loop their consistency is found to be slimy or sticky. In fluid media, growth takes place chiefly at the surface and there is no general clouding.

Resistance.—Cultures of gonococcus, if not transplanted, usually die out within five or six days at incubator temperature. At room temperature they die more rapidly. In the ice chest they may be kept alive for somewhat longer periods. In this they differ from meningococci, which are always killed by temperatures approximating zero C. In these respects, however, individual strains show much variation, some cultures dying out after but a few hours' removal from the incubator.

The resistance of the gonococcus to light and heat is very slight. A temperature of 41° to 42° kills it after a brief exposure. Complete drying destroys it in a short time. Incompletely dried, however, and protected from light (gonorrheal pus) it may live, on sheets and clothing, for as long as eighteen to twenty-four hours.[1]

It is easily killed by most disinfectant solutions [2] even when these are highly diluted and seems to be almost specifically sensitive to the various silver salts, a fact of therapeutic importance.

Pathogenicity.—Gonorrheal infection occurs spontaneously only in man. True gonorrheal urethritis has never been experimentally produced in animals. In human beings, apart from the common seats of the infection in the male and female genital tracts, and in the conjunctivæ, the gonococcus may produce cystitis, proctitis, and stomatitis. It may enter the general circulation, giving rise to septicemia [3] and, secondarily, to endocarditis and arthritis. Isolated cases of gonorrheal periostitis and osteomyelitis have been reported.[4]

The common acute infections of the genito-urinary passages in man are often followed by an indefinitely prolonged chronic infection, which, though quiescent, may for many years be a source of social danger. In children, especially females, the infection is not rare, and may assume epidemic characters, traveling from bed to bed in institutions. Such hospital epidemics can be stopped only by the most rigid isolation. It is advisable, in view of this danger, to examine all female children applying for admission to a hospital, by vaginal smear and, if possible, to keep them in a receiving ward for twenty-four hours in order that the examination may be repeated before admission to the general wards. In the best-equipped institutions, furthermore, separate thermometers, bed linen, and diapers are set aside for each child in order to preclude any possibility of accidental transmission from cases which may have escaped detection by smear examination.

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[1] *Heiman*, Medical Record, 1896.

[2] *Schaeffer* und *Steinschneider*, Kong. Deut. Dermat. Gesells., Breslau, 1894.

[3] Review of cases of Gon. Septicemia, *Faure-Beaulieu*, Thesis, Paris, 1906.

[4] *Ullmann*, Wien. med. Presse, 1900.

While inoculation of animals has never resulted in active proliferation of the gonococcus upon the new host, local necrosis, suppuration, and temporary systemic reactions have been produced by subcutaneous and intraperitoneal inoculation. These are probably referable to the endotoxin contained in the bodies of the gonococci. This toxin has been isolated by Nikolaysen[1] by extraction from the bacterial bodies with distilled water or sodium hydrate solutions. It was found to be resistant to a temperature of 120° and to remain potent after complete drying. The same author found that the isolated toxin and dead cultures were fully as toxic for animals as living cultures, 0.01 gram killing a white mouse.

Specific injury to the nervous system by injections of gonococcus toxin has been reported by Moltschanoff.[2]

The secretion of a true soluble toxin by the gonococcus, asserted by Christmas,[3] is denied by Wassermann,[4] Nikolaysen,[5] and others. The two authors last named, furthermore, do not believe that a general immunity is developed in subjects infected with gonococcus. Christmas[6] on the other hand, and, more recently, Torrey,[7] have reported successful active immunization of animals by repeated injections of whole bacteria. Torrey and others apparantly have successfully treated human cases by injections of the serum of immunized animals.

MICROCOCCUS CATARRHALIS

Micrococcus catarrhalis is a diplococcus described first by R. Pfeiffer,[8] who found it in the sputum of patients suffering from catarrhal inflammations of the upper respiratory tract. It was subsequently carefully studied by Ghon and H. Pfeiffer.[1] According to these authors the pathogenic significance of the micrococcus is slight, though occasionally it may be regarded as the causative factor in catarrhal inflammations. Its chief claim to attention, however, lies in its similarity to the meningococcus and the gonococcus, from neither of which it can be morphologically distinguished. It is decolorized by Gram's stain, appears often in the diplococcus form, and has a tendency, in exudates, to be located intracellularly. Not unlike the two microorganisms mentioned, too, it shows but slight pathogenicity for animals.

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[1] *Nikolaysen*, Cent. f. Bakt., 1897.
[2] *Moltschanoff*, Münch. med. Woch., 1899.
[3] *Christmas*, Ann. de l'inst. Pasteur, 1897.
[4] *Wassermann*, Zeit. f. Hyg., xxvii, 1897.
[5] *Nikolaysen*, Fort. d. Med., xxi, 1897.
[6] *Christmas*, loc. cit.
[7] *Torrey*, Jour. Amer. Med. Assn., xlvi, 1906.
[8] *Flügge*, " Die Mikroorg.," 3d ed., 1896.

Differentiation from gonococcus is extremely simple in that Micrococcus catarrhalis grows easily on simple culture media and shows none of the fastidious cultural requirements of the gonococcus.

From meningococcus the differentiation is less simple and, because of the presence of both microorganisms in the nose, is of great importance.

Distinction between the two is made entirely upon cultural characteristics and agglutination reactions. Culturally, Micrococcus catarrhalis grows more heavily than meningococcus upon the ordinary culture media. The colonies of Micrococcus catarrhalis are coarsely granular and distinctly white in contradistinction to the finely granular, grayish meningococcus colonies.[2] Micrococcus catarrhalis will develop at temperatures below 20° C., while meningococcus will not grow at temperatures below 25° C.[3]

Dunham,[4] who has recently made a comparative study of meningococcus and other Gram-negative diplococci from the nose and throat, states that while some of the supposed Micrococcus catarrhalis cultures are easily distinguished from meningococcus simply by the characteristics of their growths upon two-per-cent glucose agar, others offer great difficulties to differentiation. He recommends as a differential medium a mixture of sheep serum and bouillon containing one per cent of glucose. Upon this medium all true meningococci produce acid, but no coagulation, with twenty-four hours. Cultures from the nose and throat, however, produce acid and coagulation, or else produce an alkaline reaction.

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[1] *Ghon* und *H. Pfeiffer*, Zeit. f. klin. Med., 1902.

[2] *Ghon* und *Pfeiffer*, loc. cit.

[3] *Weichselbaum*, in *Kolle* und *Wassermann*, Bd. iii, p. 269.

[4] *Dunham*, Jour. Inf. Dis., 1907.

OTHER GRAM-NEGATIVE COCCI

Micrococcus pharyngis siccus.—This organism was first described by von Lingelsheim[1] in 1906. It is described by Elser and Huntoon as readily differentiable from meningococcus and other Gram-negative cocci by the firm adherence and dryness of its colonies. It is similar to Micrococcus catarrhalis from which it may, however, be differentiated by fermentation tests.

Diplococcus mucosus.—This organism was also described by von Lingelsheim together with the preceding one. Its colony formation is similar to that of meningococcus, but slightly more sticky and mucoid. Stained by the capsule methods, it is seen to possess a distinct capsule.

Chromogenic Gram-negative Cocci.—These microorganisms all produce a greenish-yellow pigment on the ordinary culture media. When pigment is absent, as is frequently the case when grown upon sugar-free media, these microorganisms can be distinguished from meningococcus only by sugar fermentation and serum reactions.

An exhaustive study of Gram-negative micrococci has recently been made by Elser and Huntoon.[2] These authors, in studying the differential value of sugar fermentation in the diagnosis of these bacteria, have constructed the following table:

Strains Tested.	Strains.	Dextrose.	Maltose.	Levulose.	Saccharose.	Lactose.	Galactose.
Meningococcus	200	+	+	0	0	0	0
Pseudomeningococcus	6	+	+	0	0	0	0
Gonococcus	15	+	0	0	0	0	0
Micrococcus catarrhalis	64	0	0	0	0	0	0
Micrococcus pharyngis siccus	2	+	+	+	+	0	0
Chromogenic group I	28	+	+	+	+	0	0
Chromogenic group II	11	+	+	+	0	0	0
Chromogenic group III	9	+	+	0	0	0	0
Jaeger meningococcus, Kral	1	+	+	+	+	+	+
Diplococcus crassus, Kral	1	+	+	+	+	+	+

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[1] *v. Lingelsheim*, Klin. Jahrb., 15, 1906.

[2] *Elser* and *Huntoon*, loc. cit.

CHAPTER XXVI

BACILLI OF THE COLON-TYPHOID-DYSENTERY GROUP

THE bacilli belonging to this group of microorganisms, while presenting great differences in their pathogenic characteristics, possess many points of morphological and biological similarity which have made their differentiation extremely difficult. Among pathogenic bacilli, they are probably the ones most commonly encountered and because of the fact that some of them are specifically pathogenic, while others are essentially saprophytic and are pathogenic only under exceptional conditions, the necessity of accurate differentiation is a daily occurrence in bacteriological laboratories. It has been through the study of this group particularly that many of the modern differential methods of bacteriology have been developed.

The group includes the colon bacillus and its allies, the typhoid bacillus, the paratyphoid organisms, the several varieties of dysentery bacillus and numerous closely related species, and Bacillus fecalis alkaligenes. Closely related to the group though not properly within it, are Bacillus lactis aërogenes, bacilli of the Friedländer or mucosus capsulatus group, and a number of less important subdivisions of this last group.

All bacilli of the group possess morphological characteristics which, although exhibiting slight differences, are insufficient to permit accurate morphological diagnosis. They are none of them spore-bearing. Stained by Gram's method they are decolorized.

Cultivated upon artificial media, they grow readily both at room and at incubator temperatures. None of them liquefies gelatin. Though showing, often, distinct differences in the speed and luxuriance of growth upon ordinary media, these differences are, nevertheless, too slight to become the basis of differentiation.

In order to distinguish between the individual members of this group, therefore, we are forced to a careful biological and cultural study. This is carried out by the observation of the cultural characteristics upon special media and by the study of serum reactions in specific immune sera. Our mainstays in the accurate differentiation of these bacilli are the observation of their fermentative action upon carbohydrate media, and their agglutinating reactions in immune sera. These points will be alluded to in the description of the individual microorganisms, and will be again summarized in the differential tables given at the end of the chapters dealing with this group.

BACILLUS COLI COMMUNIS AND MEMBERS OF THE COLON BACILLUS GROUP

Under the name of "colon bacilli" are grouped a number of bacterial varieties differing from one another somewhat in minor characteristics, but corresponding in certain cardinal points which stamp them as close relatives and amply warrant their consideration under one heading. While usually living as harmless parasites upon the animal and human body, and capable of leading a purely saprophytic existence, they may, nevertheless, under certain circumstances become pathogenic and thus, both culturally and in their pathological significance, form a link between pure saprophytes like Bacillus lactis aërogenes, on the one hand, and the more strictly pathogenic Gram-negative bacilli of the paratyphoid, typhoid, and dysentery groups, on the other. As a type of the group we may consider in detail its most prominent and thoroughly studied member, Bacillus coli communis.

BACILLUS COLI COMMUNIS

This microorganism was seen and described by Buchner[1] in 1885. It was thoroughly studied in the years immediately following, especially by Escherich,[2] in connection with the intestinal contents of infants.

Morphology.—Bacillus coli communis is a short, plump rod about 1–3 micra long, and varying in thickness from one-third to one-fifth of its length. Under varying conditions of cultivation, it may appear to be more slender than this or shorter and even coccoid in form. In stained preparations, it usually appears singly, but occasionally may be seen in short chains. It stains readily with the usual anilin dyes and decolorizes by Gram's method. Spores are not formed. It is motile, and flagella staining reveals eight or more flagella peripherally arranged. Its motility is subject to wide variations. Young cultures, in the first generation, after isolation from the body, may be extremely motile, while old laboratory strains may show almost no motility. Independent of these modifying conditions, however, separate races may show individual characteristics as to motility, varying in range between a motility hardly distinguishable from Brownian movement and one which is so active as to be but little less than that of the typhoid bacillus. Ordinarily, the colon bacillus possesses a motility intermediate between these two extremes.

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[1] *Buchner*, Arch. f. Hyg., 3, 1885.

[2] *Escherich*, "Die Darmbakt. des Säuglings," Stuttgart, 1886; Cent. f. Bakt., 1, 1887.

Cultivation.—The bacillus is an aërobe capable of anaërobic growth under suitable cultural conditions. It grows well on the simplest media at temperatures ranging from 20° to 40° C., but finds its optimum growth at about 37.5° C. Upon *broth* it grows rapidly, giving rise to general clouding; later to a pellicle and a light, slightly slimy sediment. Within moderate ranges, it is not delicately susceptible to reaction, growing equally well on media slightly acid and on those of a moderate alkalinity.

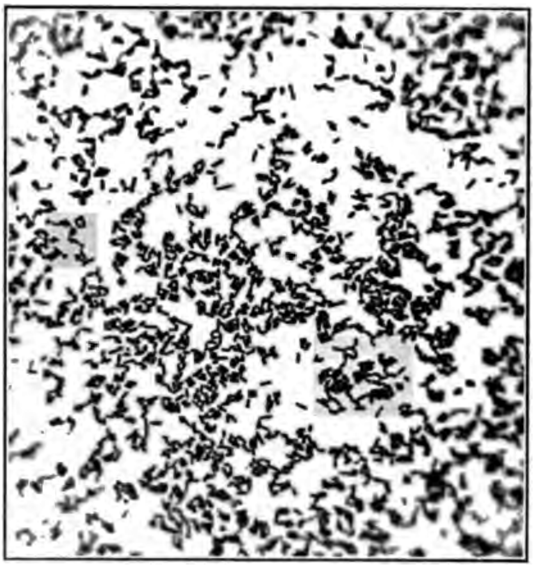

FIG. 83.—BACILLUS COLI COMMUNIS.

Upon *agar*, it forms grayish colonies which become visible within twelve to eighteen hours, gradually becoming more and more opaque as they grow older. The deep colonies are dense, evenly granular, oval, or round. Surface colonies often show a characteristic grape-leaf structure, or may be round and flat, and show a definitely raised, glistening surface. Upon agar slants, growth occurs in a uniform layer.

On *gelatin* the colon bacillus grows rapidly, causing no liquefaction. Surface colonies are apt to show the typical grape-leaf formation. Deep colonies are round, oblong, and glistening. In gelatin stabs growth takes place along the entire line of inoculation, spreading in a thin layer over the surface of the medium.

On *potato*, growth is abundant and easily visible within eighteen to twenty-four hours, as a grayish-white, glistening layer which later turns to a yellowish-brown, and in old cultures often to a dirty greenish-brown color.

In *pepton solution* indol is formed. In *milk* there is acidity and coagulation. In *lactose-litmus-agar* acid is formed, the medium becoming red, and gas-bubbles appear along the line of the stab inoculation.

In *carbohydrate broth*, gas is formed in dextrose, lactose, and mannit, but not in saccharose. Levulose, galactose, and maltose are also fermented with the formation of acid and gas.

Cultures of the colon bacillus are characterized by a peculiar fetid odor which is not unlike that of diluted feces. The acids formed by the colon bacillus from sugars are chiefly lactic, acetic, and formic acids. The gas it produces consists chiefly of CO_2 and hydrogen. The bacillus grows well on media containing urine and on those containing bile. Upon the latter fact some methods for the isolation of the colon bacillus from water and feces have been based.

Isolation of the colon bacillus from mixed cultures is most easily accomplished by plating upon lactose-litmus-agar, the Conradi-Drigalski medium, or the Endo medium after preliminary enrichment of the specimen to be tested in bile or malachite-green broth. (In the case of feces such enrichment is superfluous.)

Distribution.—The colon bacillus is a constant inhabitant of the intestinal canal of human beings and animals. It is also found occasionally in soil, in air, in water, and in milk and is practically ubiquitous in all neighborhoods which are thickly inhabited. When found in nature its presence is generally taken to be an indication of contamination from human or animal sources. Thus, when found in water or milk, much hygienic importance is attached to it. Recently, Papasotiriu[1] and, independently of him, Prescott,[2] have reported finding bacilli apparently identical with Bacillus coli upon rye, barley, and other grains. They believe, upon the basis of this discovery, that Bacillus coli is widely distributed in nature and that its presence, unless it appears in large numbers, does not necessarily indicate recent fecal contamination. These reports, however, have not found confirmation by the work of others, and can not, therefore, be as yet accepted.

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[1] *Papasotiriu*, Arch. f. Hyg., xli. [2] *Prescott*, Cent. f. Bakt., Ref., xxxiii, 1903.

In man, Bacillus coli appears in the intestine normally soon after birth, at about the time of taking the first nourishment.[1] From this time on, throughout life, the bacillus is a constant intestinal inhabitant apparently without dependence upon the diet. Its distribution within the intestine, according to Cushing and Livingood,[2] is not uniform, it being found in the greatest numbers at or about the ileocecal valve, diminishing from this point upward to the duodenum and downward as far as the rectum. Adami [3] and others claim that, under normal conditions, the bacillus may invade the portal circulation, possibly by the intermediation of leucocytic emigration during digestion. After death, at autopsy, Bacillus coli is often found in the tissues and the blood without there being visible lesions of the intestinal mucous membrane.[4] It is probable, also, that it may enter and live in the circulation a few hours before death during the agonal stages.

Extensive investigations have been carried out to determine whether or not the constant presence of this microorganism in the intestinal tract is an indication of its possessing a definite physiological function of advantage to its host. It has been argued that it may aid in the fermentation of carbohydrates. The question has been approached experimentally by a number of investigators. Nuttall and Thierfelder [5] delivered guinea-pigs from the mother by Cesarean section and succeeded in keeping them without infection of the intestinal canal for thirteen days. Although no microorganisms of any kind were found in the feces of these animals, no harm seemed to accrue to them, and some of them even gained in weight. Schottelius,[6] on the other hand, obtained contradictory results when working with chicks. Allowing eggs to hatch in an especially constructed glass compartment, he succeeded in keeping the chicks and their entire environment sterile for seventeen days. During this time they lost weight, did not thrive, and some of them were moribund at the end of the second week, in marked contrast to the healthy, well-nourished controls, fed in the same way, but under ordinary environmental conditions. Although insufficient work has been done upon this important question, and no definite statement can be made, it is more than likely that the function of the Bacillus coli in the intestine is not inconsiderable if only because of its possible antagonism to certain putrefactive bacteria, a fact which has been demonstrated in interesting studies by Bienstock [1] and others.[2]

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[1] *Schild,* Zeit. f. Hyg., xix, 1895; *Lembke,* Arch. f. Hyg., xxvi, 1896.

[2] *Cushing* and *Livingood,* "Contributions to Med. Sci. by Pupils of Wm. Welch," Johns Hopk. Press, 1900.

[3] *Adami,* Jour. of Amer. Med. Assn., Dec., 1899.

[4] *Birch-Hirschfeld,* Ziegler's Beitr., 24, 1898.

[5] *Nuttall* und *Thierfelder,* Zeit. f. Physiol. Chemie, xxi and xxii.

[6] *Schottelius,* Arch. f. Hyg., xxxiv, 1889.

Pathogenicity.—The pathogenicity of the colon bacillus for animals is slight and varies greatly with different strains. Intraperitoneal injections of 1 c.c. or more of a broth culture will often cause death in guinea-pigs. Large doses intravenously administered to rabbits may frequently cause a rapid sinking of the temperature and death with symptoms of violent intoxication within twenty-four to forty-eight hours. Subcutaneous inoculation of moderate doses usually results in nothing more than a localized abscess from which the animals recover. It is likely that, even in fatal cases, death results chiefly from the action of poisons liberated from the disintegrating bacteria and not from the multiplication of the bacilli themselves, for often no living organism can be found unless large doses are given.

In man, a large variety of lesions produced by Bacillus coli have been described. It is a surprising fact that disease should be caused at all, in man, by a microorganism which is so constantly present in large numbers in the intestine and against which, therefore, it is to be expected that a certain amount of immunity should be developed. A number of explanations for this state of affairs have been advanced, none of them entirely satisfactory. It is probable that none of the poisonous products of the colon bacillus is absorbed unchanged by the healthy unbroken mucosa and that, therefore, the microorganisms are, strictly speaking, at all times, outside of the body proper. Under these circumstances, no process of immunization would be anticipated. It is also possible that, whenever an infection with Bacillus coli does occur, the infecting organism is one which has been recently acquired from another host, having no specific adaptation to the infected body. Virulence may possibly be enhanced by inflammatory processes caused by other organisms. Considering the subject from another point of view, colon-bacillus infection may possibly take place simply because of unusual temporary reduction of the resistance of the host. Whether or not altered cultural conditions in the intestine may lead to marked enhancement in the virulence of the colon bacilli can not at present be decided. The opinion has been frequently advanced, however, without adequate experimental support.

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[1] *Bienstock*, Arch. f. Hyg., xxxix. 1901.

[2] *Tissier* and *Martelly*, Ann. de l'inst. Pasteur, 1902.

Septicemia, due to the colon bacillus, has been described by a large number of observers. It is doubtful, however, whether many of these cases represent an actual primary invasion of the circulation by the bacilli, or whether their entrance was not simply a secondary phenomenon occurring during the agonal stages of another condition. A few unquestionable cases, however, have been reported, and there can be no doubt about the occurrence of the condition, although it is probably less frequent than formerly supposed. The writers have observed it on two occasions in cases during the lethal stages of severe systemic disease due to other causes. An extremely interesting group of such cases are those occurring in new-born infants, in which generalized colon-bacillus infection may lead to a fatal condition known as Winckel's disease or hemorrhagic septicemia.[1] Prominent among disease processes attributed to these microorganisms are various diarrheal conditions, such as cholera nostras and cholera infantum. The relation of these maladies to the colon bacillus has been studied especially by Escherich,[2] but satisfactory evidence that these bacilli may specifically cause such conditions has not been brought. While it is not unlikely that under conditions of an excessive carbohydrate diet, colon bacilli may aggravate morbid processes by a voluminous formation of gas, they do not, of themselves, take part in actual putrefactive processes. It is likely, therefore, that in most of the intestinal diseases formerly attributed purely to bacilli of the colon group, these microorganisms actually play but a secondary part.[3]

It is equally difficult to decide whether or not these bacilli may be regarded as the primary cause of peritonitis following perforation of the gut. Although regularly found in such conditions, they are hardly ever found in pure culture, being accompanied usually by staphylococci, streptococci, or other microorganisms, whose relationship to disease is far more definitely established. Isolated cases have been reported, however, one of them by Welch,[1] in which Bacillus coli was present in the peritoneum in pure culture without there having been any intestinal perforation. Granting that the bacillus is able to proliferate within the peritoneum, there is no reason for doubting its ability of giving rise to a mild suppurative process.

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[1] *Kamen*, Ziegler's Beitr., 14, 1896.

[2] *Escherich*, loc. cit.

[3] *Herter*, "Bact. Infec. of Digest. Tract," N. Y., 1907.

Inflammatory conditions in the liver and gall-bladder have frequently been attributed to the colon bacillus. It has been isolated from liver abscesses, from the bile, and from the center of gall-stones. Welch has reported a case of acute hemorrhagic pancreatitis in which the bacillus was isolated from the gall-bladder and from the pancreas.

In the bladder, Bacillus coli frequently gives rise to cystitis and occasionally to ascending pyonephrosis. No other microorganism, in fact, is found so frequently in the urine as this one. It may be present, often, in individuals in whom all morbid processes are absent. The condition is frequently observed during the convalescence from typhoid fever. It may disappear spontaneously, or cystitis, usually of a mild, chronic variety, may supervene.

Localized suppurations due to this bacillus may take place in all parts of the body. They are most frequently localized about the anus and the genitals. They are usually mild and easily amenable to the simplest surgical treatment.

Poisonous Products of the Colon Bacillus.—The colon bacillus belongs essentially to that group of bacteria whose toxic action is supposed to be due to the poisonous substances contained within the bacillary body. Culture filtrates of the colon bacillus show very little toxicity when injected into animals; whereas the injection of dead bacilli produces symptoms almost equal in severity to those induced by injection of the live microorganisms. Corroborative of the assumption of this endotoxic nature of the colon-bacillus poison is the fact that, so far, no antitoxic bodies have been demonstrated in serum as resulting from immunization.

Immunization with the Colon Bacillus.—The injection into animals of gradually increasing doses of living or dead colon bacilli gives rise to specific bacteriolytic, agglutinating, and precipitating substances.

The bacteriolytic substances may be easily demonstrated by the technique of the Pfeiffer reaction. *In vitro* bacteriolysis is less marked than in the case of some other microorganisms such as the cholera spirillum or the typhoid bacillus. Owing probably to the habitual presence of colon bacilli in the intestinal tracts of animals and man, considerable

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[1] *Welch*, Med. News, 59, 1891.

bacteriolysis may occasionally be demonstrated in the serum of normal individuals.

Agglutinins for the colon bacillus have often been produced in the sera of immunized animals in concentration sufficient to be active in dilutions of 1 : 5,000 and over. The agglutinins are produced equally well by the injection of live cultures and of those killed by heat, if the temperature used for sterilization does not exceed 100° C. It is[1] a noticeable fact that the injection of any specific race of colon bacilli produces, in the immunized animal, high agglutination values only for the individual culture used for immunization, while other strains of colon bacilli, although agglutinated by the serum in higher dilution than are paratyphoid or typhoid bacilli, require much higher concentration than does the original strain. The subject has been extensively studied by a number of observers and illustrates the extreme individual

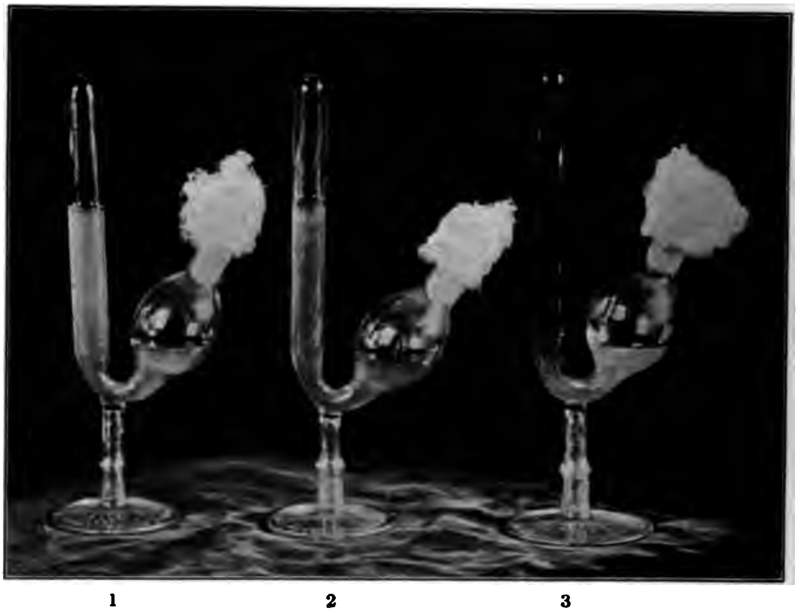

FIG. 84.—BACILLUS COLI COMMUNIS. Grown in: 1. Dextrose, 2. Lactose, 3. Saccharose broth. The bacillus forms acid and gas from dextrose and lactose, not from saccharose. Note the absence of growth in the closed arm of the saccharose tube, in which no acid or gas is formed.

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[1] *Wolff*. Cent. f. Bakt., xxv, 1899.

specificity of the agglutination reaction. Thus a serum which will agglutinate its homologous strains in dilutions of one 1:1,000 will often fail to agglutinate other races of Bacillus coli in dilutions of 1:500 or 1 : 600.

The normal serum of adult animals and man will often agglutinate this bacillus in dilutions as high as 1 : 10 or 1 : 20—a phenomenon possibly referable to its habitual presence within the body. Corroborating this assumption is the observation of Kraus and Löw,[1] that the serum of new-born animals possesses no such agglutinating powers. The fact that agglutinins for the colon bacillus are increased in the serum of patients convalescing from typhoid fever or dysentery is probably to be explained, partly by the increase of the group agglutinins produced by the specific infecting agent, and partly by the invasion of colon bacilli, or the absorption of its products induced by the diseased state of the intestinal mucous membrane.

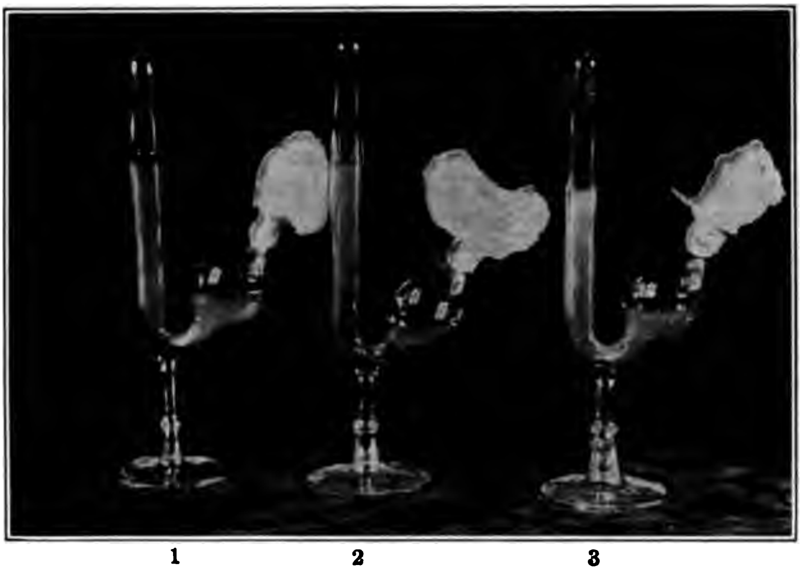

FIG. 85.—BACILLUS COLI COMMUNIOR. Grown in: 1. Dextrose, 2. Lactose, 3. Saccharose broth.

Varieties of the Colon Bacillus.—During the earlier days of bacteriological investigations, a large number of distinct varieties of colon bacilli were described, many of which may now be dismissed as based simply upon a temporary depression of one or another cultural characteristic of Bacillus coli communis, while others can be definitely included within other closely related, but distinct groups.

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[1] *Kraus* und *Löw*, Wien. klin. Woch., 1899.

That secondary features, such as dimensions, motility, and luxuriance of growth upon various media, may be markedly altered by artificial cultivation is a common observation. It has not, however, been satisfactorily shown that cardinal characteristics, such as the formation of indol from pepton, or the power to produce gas from dextrose and lactose, can be permanently suppressed without actual injury or inhibition of the normal vitality of the microorganism. Such alteration is, in fact, contrary to experience, which demonstrates that whenever such changes do occur, they are purely temporary and a few generations of cultivation under favorable environmental conditions will regularly restore the organism to its normal activity.

Bacillus coli communior.—Distinct and constant varieties of Bacillus coli, however, do occur. The most common of these is one which Dunham has named *Bacillus coli communior*, because of the fact that he believes it to be more abundant in the human and animal intestine than is coli communis itself. This bacillus possesses all the cardinal characteristics of the colon group. It is a Gram-negative bacillus, moderately motile, non-sporulating, and morphologically indistinguishable from the *communis* variety. It does not liquefy gelatin, it produces indol from pepton, coagulates and acidifies milk, and grows characteristically upon agar and potato. It differs from Bacillus coli communis in that it produces acid and gas from saccharose as well as from dextrose and lactose, whereas the former does not form acid or gas from saccharose.

CHAPTER XXVII

BACILLI OF THE COLON-TYPHOID-DYSENTERY GROUP
(*Continued*)

THE BACILLUS OF TYPHOID FEVER

(*Bacillus typhosus*, *Bacillus typhi abdominalis*)

TYPHOID fever, because of its wide distribution and almost constant presence in most communities, has from the earliest days been the subject of much etiological inquiry. A definite conception as to its infectiousness and transmission from case to case was formed as early as 1856 by Budd.[1]

But it was not until 1880 that Eberth [2] discovered in the spleen and mesenteric glands of typhoid-fever patients who had come to autopsy, a bacillus which we now know to be the cause of the disease. Final proof of such an etiological connection was then brought by Gaffky,[3] who not only saw the bacteria referred to by Eberth, but succeeded in obtaining them in pure culture and studying their growth characteristics.

Morphology and Staining.—The typhoid bacillus is a short rod from 1–3.5 μ in length with a varying width of from .5 to .8 μ. In appearance it has nothing absolutely distinctive which could serve to differentiate it from other bacilli of the typhoid-colon group, except that it has a general tendency to greater slenderness. Its ends are rounded without ever being club-shaped. Contrary to the descriptions of the earliest observers, typhoid bacilli do not form spores. They are actively motile and have twelve or more flagella peripherally arranged.

The bacilli stain readily with the usual anilin dyes. Stained by Gram's method, they are decolorized.

Cultivation.—Bacillus typhosus is easily cultivated upon the usual laboratory media. It is not delicately susceptible to reaction, but will grow well upon media moderately alkaline or acid. It is an aërobic and facultative anaërobic organism, when the proper nutriment is present. Upon *agar* plates growth appears within eighteen to twenty-four hours as small grayish colonies at first transparent, later opaque. Upon agar slants growth takes place in a uniform layer. There is nothing characteristic about this growth to aid in differentiation.

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[1] *Budd*, "Intestinal Fever," Lancet, 1856.

[2] *Eberth*, Virch. Archiv, 81, 1880, and 83, 1881.

[3] *Gaffky*, Mitt. a. d. kais. Gesundheitsamt, 2, 1884.

In *broth*, the typhoid bacillus grows rapidly, giving rise to an even clouding, rarely to a pellicle.

Upon *gelatin*, the typhoid bacillus grows readily and does not liquefy the medium. In stabs, growth takes place along the entire extent of the stab and over the surface of the gelatin in a thin layer. In gelatin plates the growth may show some distinction from that of other members of this group, and this medium was formerly much used for isolation of the bacillus from mixed cultures. Growth appears within twenty-four hours as small, transparent, oval, round, or occasionally leaf-shaped colonies which are smaller, more delicate, and more transparent than contemporary colonies of the colon bacillus. They do not, however, show any reliable differential features from bacilli of the dysentery group. As the colonies grow older they grow heavier, more opaque, and lose much of their early differential value.

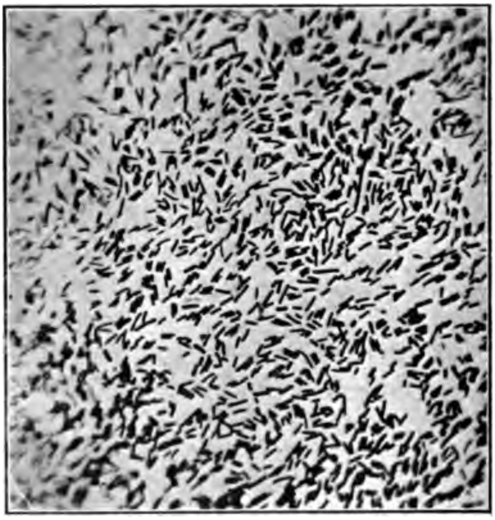

FIG. 86.—BACILLUS TYPHOSUS, from twenty-four-hour culture on agar.

On *potato* the growth of typhoid bacilli is distinctive, and this medium was recommended by Gaffky[1] in his early researches for purposes of identification. On it typhoid bacilli, after twenty-four to forty-eight hours, produce a hardly visible growth, evident to the naked eye only by a slight moist glistening, an appearance which is in marked contrast to the grayish-yellow or even brown and abundant growth of the colon bacilli. If the potato medium is rendered neutral or alkaline, this distinction disappears, the typhoid bacillus growing more abundantly.

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[1] *Gaffky*, loc. cit.

In *milk*, typhoid bacilli do not produce coagulation. In litmus-milk, during the first twenty-four hours, the color is changed to a reddish or violet tinge by the formation of acid from the small quantities of monosaccharid present. Later the color becomes deep blue from the formation of alkali.

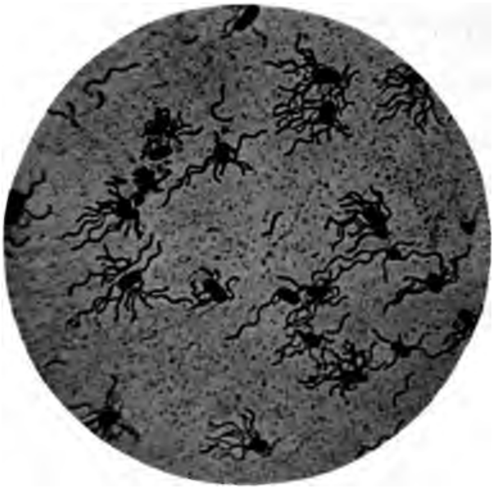

Fig. 87.—Bacillus typhosus, showing flagella. (After Fränkel and Pfeiffer.)

In *Dunham's pepton solution* no indol is produced. According to Peckham, however, continuous cultivation in rich pepton media may lead to eventual indol formation by typhoid bacilli. This fact appears to have no bearing on the value of the indol test, as indol is never formed under the usual cultural conditions.

In *dextrose, mannit, lactose,* and *saccharose broth,* the typhoid bacillus produces no gas. A comparative summary of the action of other bacilli of this group in these sugar media will be given in the final differential table on page 443.

Tested for its power to form acid from sugars commonly used in differential tests, typhoid bacilli give the following reactions:

	Acid formation		Acid formation
Dextrose	+	Maltose	+
Levulose	+	Lactose	–
Galactose	+	Saccharose	–
Mannit	+	Dextrin	+

In the Hiss tube medium (see section on Media, page 133), the typhoid bacillus within eighteen to twenty-four hours produces an even clouding by virtue of its motility, but does not form gas. In contradistinction to this, dysentery bacilli grow only along the line of inoculation, while bacilli of the colon group move in irregular sky-rocket-like figures away from the stab, at the same time breaking up the medium by the formation of gas-bubbles. Some actively motile colon bacilli cloud the medium, but the ruptures caused by the gas are always evident.

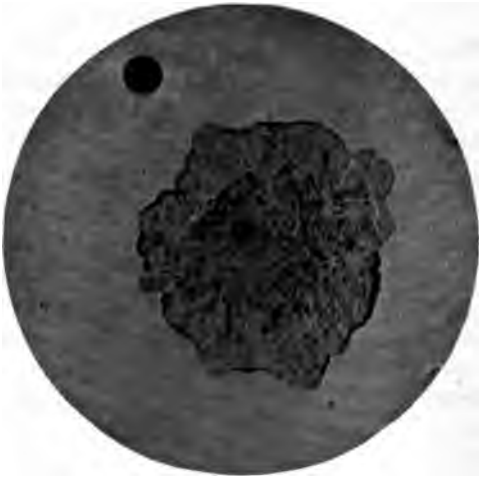

Fig. 88.—Surface Colony of Bacillus typhosus on Gelatin. (After Heim.)

The differentiation of the typhoid bacillus in pure culture from similar microorganisms by means of its growth upon media has been the subject of many investigations. It is neither practicable nor desirable to enumerate all the various media which have been devised and reported.

The aim has been chiefly the differentiation of typhoid bacilli from the bacilli of the colon group, and most of the media have been devised with this end in view. (See section on Media.)

Rothberger[1] has devised a mixture of glucose agar to which is added one per cent of a saturated aqueous solution of neutral-red. Shake-cultures or stab-cultures are made in tubes of this medium. The typhoid bacillus causes no changes in it, while members of the colon group, by reduction of the neutral-red, decolorize the medium and produce gas by fermentation of the sugar.

Utilizing the fact that bile-salts are precipitated in the presence of acids, Macconkey devised a medium composed of sodium glycocholate, pepton, lactose, and agar (the composition of this medium is given on page 138), in which Bacillus typhosus grows without causing much change, but distinct clouding results from the growth of the colon bacillus which, producing acid from the lactose, causes precipitation of the bile-salts.

On Wurtz's lactose-litmus-agar (see page 129) the typhoid bacillus produces no acid, but eventually deepens the purple color to blue; the colon bacillus produces acid and in stab-cultures gas bubbles and the color changes to red.

In Barsiekow's (see page 139) lactose-nutrose-litmus mixture the typhoid bacillus causes no change, while the colon bacillus produces coagulation and an acid reaction.

Especially designed for the isolation of typhoid bacilli from the feces, are the media of Drigalski and Conradi, the agar-gelatin media of Hiss, the medium of Hesse, the fuchsin medium of Endo, and the malachite-green media of Loeffler, and others. These media have all been described in detail in the section on the preparation of media, pages 133–138.

Biological Considerations.—The typhoid bacillus is an aërobic and facultatively anaërobic organism growing well both in the presence and in the absence of oxygen when certain sugars are present, showing a slight preference, however, for well aërated conditions. It grows most luxuriantly at temperatures about 37.5° C., but continues to grow within a range of temperature lying between 15° and 41° C. Its thermal death point, according to Sternberg, is 56° C. in ten minutes. It remains alive in artificial cultures for several months or even years if moisture is supplied. In carefully sealed agar tubes Hiss has found the organisms alive after thirteen years. In natural waters it may remain alive as long as thirty-six days, according to Klein.[1] In ice, according to Prudden,[2] it may remain alive for three months or over. Against the ordinary disinfectants, the typhoid bacillus is comparatively more resistant than some other vegetative forms. It is killed, however, by 1 : 500 bichlorid or five-per-cent carbolic acid within five minutes.

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[1] *Rothberger*, Cent. f. Bakt., xxiv, 1898.

Pathogenicity.—In animals, some early investigators to the contrary, typhoidal infection does not occur spontaneously and artificial inoculation with the typhoid bacillus does not produce a disease analogous to typhoid fever in the human being. Fränkel [3] was able to produce intestinal lesions in guinea-pigs by injection of the bacilli into the duodenum, and recovered the bacteria from the spleens of the animals after death, but the disease produced was in no other respect analogous to typhoid fever in the human being. It is probable that typhoid bacilli injected into animals do not multiply extensively and that most of the symptoms produced are due to the endotoxins liberated from the dead bacteria. In corroboration of this view is the observation that inoculation with dead cultures is followed by essentially the same train of symptoms as inoculation with live cultures.[4] The injection of large doses into rabbits or guinea-pigs intravenously or intraperitoneally is usually followed by a rapid drop in temperature, often by respiratory embarrassment and diarrhea. Occasionally blood may be present in the stools. According to the size of the dose or the weight of the animal, death may ensue within a few hours, or, with progressive emaciation, after a number of days, or the animal may gradually recover. Welch and Blachstein [5] have shown that typhoid bacilli injected into the ear vein of a rabbit appear in the bile and may persist in the gall-bladder for weeks. Typhoid bacilli isolated from different sources may show considerable variations in virulence and toxicity.

In man the overwhelming majority of typhoid infections take the form of the disease clinically known as typhoid fever. For a description of the clinical course and pathological lesions of the disease, the reader is referred to the standard text-books of medicine and pathology. During the course of the disease, and during convalescence, the bacilli may be cultivated from the circulating blood, the rose spots, the feces, the urine, and in exceptional cases from the sputum. At autopsy the bacilli may be obtained from these sources as well as from the lesions in the intestine, the spleen, and often from the liver, kidneys, and from the gall-bladder.

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[1] *Klein*, Med. Officers' Report, Local Govern. Bd., London, 1894.

[2] *Prudden*, Med. Rec., 1887.

[3] *Fränkel*, Cent. f. klin. Med., 10, 1886.

[4] *Petruschky*, Zeit. f. Hyg., xii, 1892.

[5] *Welch* and *Blachstein*, Bull. Johns Hop. Hosp., ii, 1891.

Typhoid Bacilli in the Blood during the Disease.—The investigations of many workers have shown that typhoid bacilli are present in the circulating blood of practically all patients during the early weeks of the disease. Series of cases have been studied by Castellani,[1] Schottmueller,[2] and many others. More recently Coleman and Buxton[3] have reported their researches upon 123 cases, and have at the same time analyzed all cases previously reported. Their analysis of blood cultures taken at different stages in the disease is as follows:

Of 224 cases during first week, 89 per cent were positive.
Of 484 cases during second week, 73 per cent were positive.
Of 268 cases during third week, 60 per cent were positive.
Of 103 cases during fourth week, 38 per cent were positive.
Of 58 cases after fourth week, 26 per cent were positive.

The technique recommended by Coleman and Buxton for obtaining blood cultures is that recommended by Conradi,[4] slightly modified. The blood is taken into flasks each containing about 20 c.c. of the following mixture:

Ox bile	900 c.c.
Glycerin	100 c.c.
Pepton	20 grams.

About 3 c.c. of blood are put into each flask. The ox-bile, besides preventing coagulation, may possibly neutralize the bactericidal substances present in the drawn blood. The flasks are incubated for eighteen to twenty-four hours, at the end of which time streaks are made upon plates of lactose-litmus-agar and the organisms identified by agglutination or by cultural tests.

European workers have generally preferred to make high dilution of the blood in flasks of bouillon, small quantities of blood, 1 to 2 c.c., being mixed with 100 to 150 c.c. of nutrient broth.

Epstein[5] has reported excellent results from mixing the blood in considerable concentration with two-per-cent glucose agar and pouring plates.

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[1] *Castellani*, Riforma medica. 1900.

[2] *Schottmueller*, Deut. med. Woch., xxxii, 1900, and Zeit. f. Hyg., xxxvi, 1901.

[3] *Coleman* and *Buxton*, Am. Jour. of Med. Sci., 133, 1907.

[4] *Conradi*, Deut. med. Woch., xxxii, 1906.

[5] *Epstein*, Proc. N. Y. Path. Soc., N. S., vi., 1906.

The writers in hospital work have had equally good results with the bile medium and with broth in flasks, rather less uniform but still satisfactory results with the plating method. In general it may be said that any one of these methods carried out with reasonable accuracy may be satisfactorily employed.

Typhoid Bacilli in the Stools.—The examination of the stools for typhoid bacilli is performed for diagnostic purposes chiefly in obscure cases. It may, furthermore, furnish information of extreme hygienic importance. Thus Drigalski[1] and Conradi have succeeded in isolating typhoid bacilli from the stools of ambulant cases so mild that they were not clinically suspected. It is by means of such examinations that the so-called typhoid-carriers are detected, cases which, though perfectly well themselves, may be a means of spreading the disease. Such cases have been known to harbor the bacilli for periods as long as several years.

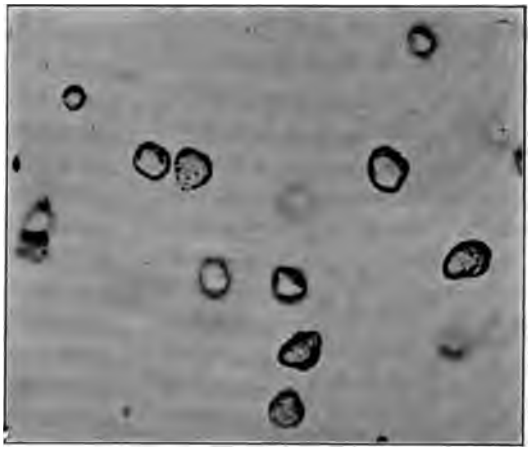

FIG. 89.—BACILLUS COLI. Deep colonies on Hiss plate medium.

The examination itself is fraught with great difficulties, owing to the preponderating numbers of colon bacilli found in all feces and the difficulty of isolating the typhoid bacilli from such mixtures.

Reviewing the data collected by a number of investigators, it seems probable that the bacilli do not appear in the stools, at least in numbers sufficient for recognition, much before the middle of the second week, or, in other words, as pointed out by Hiss, about the time that the intestinal lesions are well advanced and ulceration is occurring. Thus Wiltschour [1] could not determine their presence before the tenth day; Redtenbacher,[2] in reviewing the statistics, states that in a majority of cases the bacilli first appear toward the end of the second week, and Horton-Smith [3] could not find the bacilli before the eleventh day. Hiss,[4] in an investigation of the same subject, obtained the following results:

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[1] *Drigalski* and *Conradi*, Zeit. f. Hyg., xxxix, 1902.

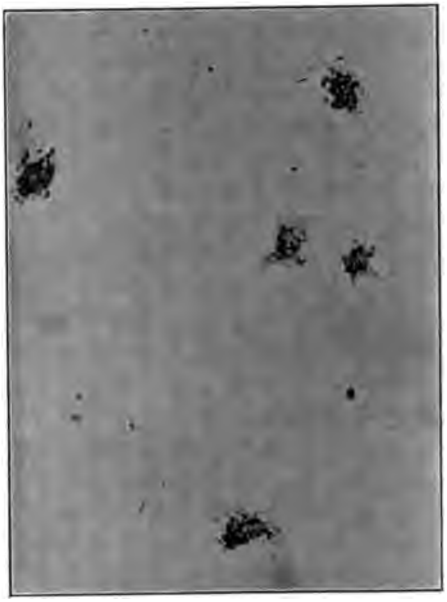

FIG. 90.—BACILLUS TYPHOSUS. Deep colonies in Hiss plate medium.

First to tenth day, inclusive, twenty-eight cases examined; typhoid bacilli isolated from three; percentage of positive cases 10.7 per cent.

Eleventh to twentieth day, inclusive, forty-four cases examined; typhoid bacilli from twenty-two; percentage of positive cases 50 per cent.

Twenty-first day to convalescence, sixteen cases examined; typhoid bacilli isolated from thirteen; percentage of positive cases 81.2 per cent.

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[1] *Wiltschour*, Cent. f. Bakt., 1890.

[2] *Redtenbacher*, Zeit. f. klin. Med., xix, 1891.

[3] *Horton-Smith*, Lancet, May, 1899.

[4] *Hiss*, Med. News, May, 1901.

The difficulties encountered in such examinations have led to the development of a large number of methods. The first method which yielded successful results was that of Elsner,[1] who employed a potato-extract gelatin containing one per cent of potassium iodid, a medium which prevented the growth of many intestinal bacteria, allowing only colon, typhoid, and a few others to develop. This medium is at present rarely used.

Hiss [2] has employed with success an agar-gelatin mixture containing one per cent of glucose, the preparation of which has been described in detail in the section on media. The actual technique of the test is as follows: One to two loopfuls of feces are transferred to a tube of broth, making the broth fairly cloudy. From this emulsion five or six plates are made by transferring in series one to five loopfuls of the emulsion to tubes containing the melted plate medium, and then pouring the contents of these tubes into Petri dishes. These dishes, after the medium has hardened, are placed in an incubator at 37° C., and allowed to remain for eighteen to twenty-four hours, when they are ready for examination. If typhoid bacilli are present they will be found as small, usually glistening colonies with a fringe of threads growing out like flagella from their peripheries (see Figs. 90 and 91). The colonies are smaller and quite distinct from those of colon bacilli, which are heavier and darker and do not display the fringing threads. Suspicious colonies may be fished and transferred to the Hiss tube medium (see page 133) or identified by other reliable methods.

A method which has been found useful, especially in Europe, is that in which smears of diluted feces are made upon large plates of the Conradi-Drigalski medium. (For preparation see page 135.) The principles underlying the use of this medium are the formation of acid from the lactose by the colon bacilli and the inhibition of cocci and many other other bacteria by the crystal-violet. In practice, an emulsion is made of a loopful of feces in a tube of broth. Into this is dipped a bent glass smearing rod, the excess of fluid is allowed to drip off, and smears are made upon plates of the medium, several plates being smeared without redipping the rod. Colonies of the colon bacillus on these plates will appear opaque, comparatively large, and will produce an acid reaction with consequent reddening of the medium. Typhoid colonies will be smaller, transparent, and without acid formation. These colonies are fished and the microorganisms may be identified by agglutination or by stab cultures in the Hiss tube medium.

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[1] *Elsner*, Zeit. f. Hyg., xxi, 1895.

[2] *Hiss*, Jour. of Exp. Med., ii, 1897; Med. News, May, 1901; and Jour. Med. Res., N. S.. iii, 1902.

The malachite-green media of Loeffler and others have found less general use than was originally expected, because of the difficulty in obtaining uniform preparations of malachite-green. Peabody and Pratt [1] have applied the principle of colon-bacillus inhibition by malachite-green, by adding this dye to broth in the manner described in the section on media (page 137), planting the feces directly into this broth, and, after incubation for several hours, making smears from these tubes upon plates of the Conradi-Drigalski medium.

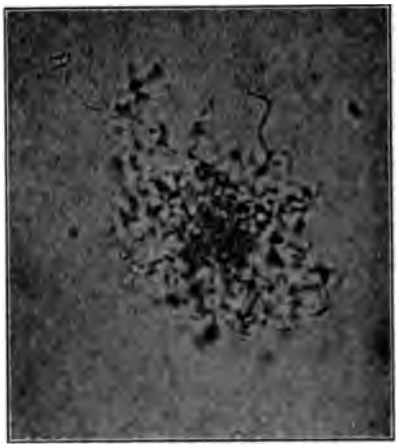

FIG. 91.—BACILLUS TYPHOSUS. Colony in Hiss plate medium, highly magnified.

Marked success has been reported in the isolation of typhoid bacilli from the feces by the use of the Endo fuchsin-agar. Emulsions of feces are made in tubes of ordinary broth in the manner described in the Conradi-Drigalski method, and smears of this emulsion are made upon plates of the fuchsin-agar by means of a glass smearing rod. The colonies of Bacillus coli, after eighteen or more hours of incubation, will be found to have brought back a deep red color to the medium, whereas the typhoid colonies are smaller, more transparent, and have left the medium uncolored.

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[1] *Peabody* and *Pratt*, Boston Med. and Surg. Jour., 1908.

In all cases where plates are prepared from broth emulsions of feces, it is desirable to allow the emulsion to stand at incubator temperature for several hours, or, better, to centrifugalize the emulsion and then allow it to stand without agitation. Subsequent removal of fluid from the upper layers of the medium is likely to bring away a comparatively larger number of the motile organisms.

The methods of isolating typhoid bacilli given above do not exhaust the records of work done upon this problem. Other methods have been devised, but those given are the ones most generally in use. It is not satisfactory to compare any two of these methods as to practical value, since all of them require a considerable amount of working familiarity with organisms and media. In fact, it may be said that all of the methods given are satisfactory if consistently employed by a worker who has become thoroughly accustomed to the peculiarities and variations of the typhoid colonies upon the medium with which he is working.

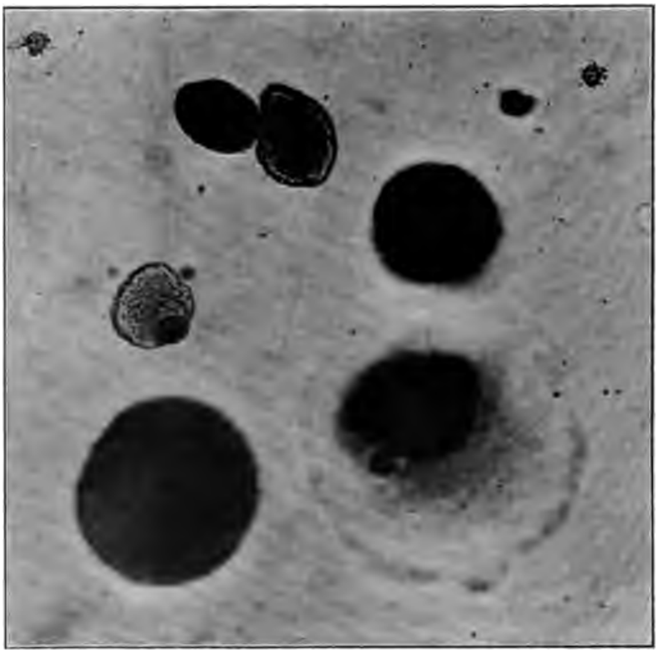

FIG. 92.—COLON AND TYPHOID COLONIES IN HISS PLATE MEDIUM. (Planted from stool. Note the small thread-forming typhoid colonies.)

Typhoid Bacilli in the Urine.—Careful investigation by a number of workers has revealed typhoid bacilli in the urine in about twenty-five per cent of all patients. Neumann[1] discovered the bacilli in eleven out of forty-six cases and Karlinski[2] in twenty-one out of forty-four cases. Investigations by Petruschy,[3] Richardson,[4] Horton-Smith,[5] Hiss,[6] and others have confirmed these results. In general the bacilli have not been found before the fifteenth day of the disease, and examination of the urine, therefore, can be of little early diagnostic value. A series of seventy-five cases examined by Hiss before the fourteenth day of the disease did not once reveal typhoid bacilli in the urine. On the other hand, they have been found to be present for weeks, months, and, in isolated cases, for years after convalescence, the examination thus having much hygienic importance. They are probably present in about twelve per cent of cases during the early days of convalescence. In most of these cases where typhoid bacilli are found, albumin is present in the urine in considerable quantities. The bacilli usually appear and disappear with the albuminuria.

It is not infrequent that an obstinate cystitis caused by typhoid bacilli may follow in the path of typhoid fever. Such cases have been reported by Blumer,[7] Richardson,[8] and others. Suppurative processes in the kidneys are less frequent. It is noteworthy, also, that in the course of, and following, typhoid fever there often occurs voiding of Bacillus coli with the urine. This may obstinately persist for considerabe periods after convalescence. The reasons for this are not entirely clear.

Typhoid Bacilli in the Gall-Bladder.—Typhoid bacilli have been frequently observed in the gall-bladder at autopsy. They have also been found present in this organ, at operations for cholecystitis, months and years after the occurrence of typhoid fever. Miller[9] has reported a case in which typhoid bacilli were present in the gall-bladder seven years after the disease; v. Dungern[10] has cultivated them from an inflamed gall-bladder fifteen years after the disease. Zinsser has had occasion[1] to observe acase in which an operation for gall-stone seventeen years after the occurrence of typhoid fever revealed the presence of the bacilli in the gall-bladder. In such cases typhoid bacilli may be constantly discharged from the intestine with the feces and prove a menace to the health of the community. An extremely interesting example of such a typhoid carrier has been carefully studied and reported by Park.[2]

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[1] *Neumann*, Berl. klin. Woch., xxvii, 1890.
[2] *Karlinsky*, Prag. med. Woch., xv, 1890.
[3] *Petruschy*, Cent. f. Hyg., xxiii, 1898.
[4] *Richardson*, Jour. Exp. Med., 3, 1898.
[5] *Horton-Smith*, Lancet, May, 1899.
[6] *Hiss*, Med. News, May, 1901.
[7] *Blumer*, Johns Hopkins Hosp. Reports, 5, 1895.
[8] *Richardson*, loc. cit.
[9] *Miller*, Johns Hopkins Hosp. Bull., 1898.
[10] *v. Dungern*, Münch. med. Woch., 1897.

Typhoid Bacilli in the Rose Spots.—A number of observers have succeeded in isolating typhoid bacilli from the rose spots. Neufeld,[3] who made an extensive investigation of this question, obtained positive results in thirteen out of fourteen cases. According to his researches and those of Fränkel,[4] the bacilli are localized not in the blood, which is taken when the rose spots are incised, but are crowded in large numbers within the lymph spaces.

Typhoid Bacilli in the Sputum.—In rare cases typhoid bacilli have been found in the sputum of cases complicated by bronchitis, bronchopneumonia, and pleurisy. Such cases have been reported by Chantemesse and Widal,[5] Fränkel,[6] and a number of others. Empyema, when it occurs in connection with such cases, is usually accompanied by a mixed infection. From a hygienic point of view the spread of typhoid fever by means of the sputum must be considered, but is probably of rare occurrence.

Suppurative Lesions Due to Typhoid Bacillus.—In the course of typhoid convalescence or during the latter weeks of the disease, suppurative lesions may occur in various parts of the body. The most frequent localization of these is in the periosteum, especially of the long bones, and in the joints. A large number of such lesions have been described by Welch, Richardson,[7] and others. They usually take the form of periosteal abscesses, often located upon the tibia, occurring either late in the disease or even months after convalescence, and are characterized by very severe pain. Osteomyelitis may also occur, but is comparatively rare. Subcutaneous abscesses and deep abscesses in the muscles, due to this bacillus, have been described by Pratt.[8] Synovitis may also occur.

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[1] *Zinsser*, Proc. N. Y. Pathol. Soc., 1908.

[2] *Park*, "Pathogenic Bacteria," N. Y., 1908.

[3] *Neufeld*, Zeit. f. Hyg., xxx, 1899.

[4] *Fränkel*, Zeit. f. Hyg., xxxiv, 1900.

[5] *Chantemesse* and *Widal*, Arch. de physiol. norm. et path., 1887.

[6] *Fränkel*, Deut. med. Woch., xv and xvi, 1899.

[7] *Richardson*, Jour. Boston Soc. Med. Sci., 5, 1900.

[8] *Pratt*, Jour. Boston Soc. Med. Sci., 3, 1899.

Meningitis, due to the typhoid bacillus, occurs not infrequently, usually during convalescence from typhoid fever. A case of primary typhoid meningitis has been reported by Farnet.[1]

Peritoneal abscesses, due to the typhoid bacillus, have been reported. Zinsser[2] has reported a case in which typhoid bacilli were found free in the peritoneal cavity during typhoid fever without perforation of the gut.

Isolated instances of typhoid bacilli in abscesses of the thyroid and parotid glands and in brain abscesses have been observed.

Typhoid Fever without Intestinal Lesions.—A considerable number of cases have been reported in which typhoid bacilli have been isolated from the organs after death or from the secretions during life of patients in whom the characteristic lesions of typhoid fever have been lacking. Most of these cases must be regarded as true typhoid septicemias. In some cases the bacilli were isolated from the spleen, liver, or kidneys; in others, from the urine or the gall-bladder. In a case observed by Zinsser the bacilli were isolated from an infarct of the kidney removed by operation. In this case the clinical course of the disease had pointed only toward the existence of an indefinite fever accompanied by symptoms referable to the kidneys. The Widal test, however, was positive. An excellent summary of such cases, together with several personally observed, has been given by Flexner.[3]

Hygienic Considerations.—Although typhoid fever is frequently spoken of as an epidemic disease, it is, more truly, endemic in character in almost all parts of the world, but subject to occasional epidemic exacerbations. In the larger communities of the temperate zones these epidemic increases take place chiefly in the autumn and, unlike epidemics of diseases such as influenza, are usually distinctly circumscribed—limited usually by the distribution of a particular water-supply.

Since the disease never occurs except by transmission, directly or indirectly, from a previous case, it is amenable more than most other maladies to sanitary regulation, and it may be said without exaggeration, in the light of our present knowledge, that any extensive prevalence of typhoid fever in a large community is a direct consequence of some defect in the system of sanitation. The disease is acquired by ingestion of the specific bacteria. Infection by any other channel than that of the alimentary tract has not, so far, been satisfactorily demonstrated.

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[1] *Farnet*, Bull. de la soc. méd. des hôp. de P., 3, 1891.

[2] *Zinsser*, Proc. N. Y. Path. Soc., 1907.

[3] *Flexner*, Johns Hopkkins Rep , 5, 1896.

Prophylactic measures in typhoid fever, therefore, should begin with the isolation of the patient and the disinfection of excreta, discharges, linen, and all utensils which have been in contact with the patient. The bacilli leave the body chiefly in the feces and the urine and the dangers of contamination, by these substances, of all objects in immediate contact with the patient are considerable. Excreta should therefore be either mixed with boiling water or chemically disinfected, preferably by means of thoroughly mixing with carbolic acid, lysol, or a solution of freshly slaked lime, and, if possible, destroyed by burning. Linen, tableware, and eating utensils should be soaked in similar solutions and boiled. The observance of such measures, furthermore, should not be discontinued until bacteriological examination has demonstrated the absence of the bacilli from feces and urine. Disregard of this last precaution may well be one of the main causes of the endemic persistence of the disease in large cities—especially considered in the light of our recent knowledge of "typhoid carriers" in whom chronic infection of the gall-bladder leads to the discharge of the bacilli in the feces for months and even years after the cessation of symptoms.

It can hardly be doubted, at the present day, that typhoid fever, in the large majority of cases, is transmitted by the agency of water. In an analysis of six hundred and fifty typhoid epidemics Schüder[1] found four hundred and sixty-two reported, upon reasonable evidence, as originating from water. The technical difficulties attending the isolation of typhoid bacilli from contaminated water have prevented actual bacteriological proof in most epidemics; nevertheless, indirect evidence of pollution of the suspected water-supply, correspondence of the distribution of this supply with that of the disease, and reduction of typhoid morbidity upon the substitution of an uncontaminated supply are sufficiently convincing to remove reasonable doubt. Added to this is our knowledge, from the experiments of Jordan, Russell, and Zeit[2] and others, that typhoid bacilli may remain alive in natural waters for as long as five days. That the bacilli may survive freezing for as long as three months has been demonstrated by Prudden, and dangers of infection from this source are therefore considerable.

Next to water, the most important source of typhoid fever is found in contaminated milk. In the statistical summary by Schüder,[3] quoted above, one hundred and ten of the four hundred and sixty epidemics recorded, were attributable to milk. Actual discovery of Bacillus typhosus in milk by Vaughan, Conradi, and others has been discussed in another section (see page 685). The fact that this bacillus causes no visible modifications in milk makes this source especially insidious. When contamination of milk has occurred, it has often been traceable to the water used in washing the cans or to attendants employed at the dairies, who had been in contact with typhoid cases, or who are convalescing from, or actually suffering from, the infection themselves.

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[1] *Schüder*, Zeit. f. Hyg., xxxviii, 1901.

[2] *Jordan*, *Russell*, and *Zeit*, Jour. of Inf. Dis., 1, 1904.

[3] *Schüder*, loc. cit.

Excluding water and milk, all remaining causes of typhoid dissemination constitute about twelve per cent and are found chiefly in the use of vegetables contaminated from infected soil, and other food products. Recently Conn has called attention to the fact that oysters grown in waters close to sewage discharges may be the means of typhoid transmission. An epidemic occurring at Wellesley College was attributed by him to this cause. Experiments by Foote[2] have actually demonstrated that typhoid bacilli may be found alive within oysters for three weeks or more after they have disappeared from the surrounding water.

Indirect contamination of food and water by the intermediation of flies and other insects has been emphasized by Veeder[3] as one of the methods of typhoid transmission. This observer called attention to the fact that in camps during the Spanish-American War flies in large numbers traveled to and fro between the sinks and the cook-tents, and it is not unlikely that at least some of the typhoid fever occurring at that time may have been caused in this way.

Poisons of the Typhoid Bacillus.—The investigation of the toxic products of the typhoid bacillus has occupied the attention of a large number of workers. The first to do experimental work upon the subject was Brieger[4] soon after the discovery and cultivation of the microorganism. That toxic substances can be obtained from typhoid cultures is beyond question. There is, however, a definite difference of opinion as to whether these poisons are so-called endotoxins only, or whether they are in part composed of soluble toxins comparable to those of diphtheria and tetanus, following the injection of which antitoxic substances may be formed.

The evidence so far seems to bear out the original contention of

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[1] *Conn*, Med. Record, Dec., 1894.

[2] *Foote*, Med. News, 1895.

[3] *Veeder*, Med. Record, 45, 1898.

[4] *Brieger*, Deut. med. Woch., xxvii, 1902.

Pfeiffer,[1] who first advanced the opinion that the poisonous substances are products of the bacterial body set free by destruction of the bacteria by the lytic substances of the invaded animal or human being. These poisons, when injected into animals for purposes of immunization, in Pfeiffer's experiments, did not incite the production of neutralizing or antitoxic bodies, but of bactericidal and lytic substances. That these endotoxins constitute by far the greater part of the toxic products of the typhoid bacillus can be easily demonstrated in the laboratory, by the simple experiment of filtering a young typhoid culture (eight or nine days old) and injecting into separate animals the residue of bacilli and the clear filtrate respectively. In such an experiment there will be little question as to the overwhelmingly greater toxicity of the bacillary bodies as compared with that of the culture filtrate. On the other hand, if such cultures, especially in alkaline media, are allowed to stand for several months and the bacilli thus thoroughly extracted by the broth, the toxicity of the filtrate is found to be greatly increased.

Nevertheless, more recent experiments by Besredka,[2] Macfadyen,[3] Kraus and Stenitzer,[4] and others have tended to show that, together with such endotoxic substances, typhoid bacilli may produce a true toxin which is not only obtainable by proper methods from comparatively young typhoid cultures, but which fulfils the necessary requirement of this class of poisons by producing in treated animals a true antitoxic neutralizing body.

The typhoid endotoxins may be obtained by a variety of methods. Hahn[5] has obtained what he calls "typhoplasmin" by subjecting them to a pressure of about four hundred atmospheres in a Buchner press. The cell juices so obtained are cleared by filtration. Macfadyen has obtained typhoid endotoxins by triturating the bacilli after freezing them with liquid air and extracting in 1 : 1,000 potassium hydrate. Besredka obtained toxic substances by emulsifying agar cultures of bacilli in salt solution, sterilizing them by heating to 60° C. for about one hour, and drying *in vacuo*. The dried bacillary mass was then ground in a mortar and washed in sterile salt solution which was again heated to 60° C. for two hours. The remnants of the bacterial bodies settle out and the slightly turbid supernatant fluid contains the toxic substances.

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[1] *Pfeiffer*, Deut. med.Woch., xlviii, 1894; *Pfeiffer* und *Kolle*, Zeit. f. Hyg., xxi, 1896.

[2] *Besredka*, Ann. de l'inst. Pasteur, 1895, 1896.

[3] *Macfadyen* and *Rowland*, Cent. f. Bakt., I, xxx, 1901; *Macfadyen*, Cent. f. Bakt., I, 1906.

[4] *Kraus* und *Stenitzer*, Quoted from "Handb. d. Tech.,"etc., 1, Fischer, Jena, 1907.

[5] *Hahn*, Münch. med. Woch., xxiii, 1906.

Vaughan [1] has obtained poisons from typhoid bacilli by extracting at 78° C. with a two-per-cent solution of sodium hydrate in absolute alcohol. In this way he claims to separate by hydrolysis a poisonous and a non-poisonous fraction. He claims, moreover, that this poisonous fraction is similar to the poisons obtained in the same way from Bacillus coli and the tubercle bacillus, and other proteid substances, believing that the specific nature of such proteids depends upon the non-toxic fraction.

A simple method of obtaining toxins from typhoid bacilli is carried out by cultivating the microorganisms in meat-infusion broth, rendered alkaline with sodium hydrate to the extent of about one per cent. The cultures are allowed to grow for two or three weeks and then sterilized by heating to 60° C. for one hour, and allowed to stand for three or four weeks at room temperature. At the end of this time the cultures may be filtered through a Berkefeld or Pasteur-Chamberland filter and will be found to contain strong toxic substances.

The accounts concerning the thermostability of the various toxins obtained are considerably at variance. In general, corresponding with other endotoxins, observers agree in considering them moderately resistant to heat, rarely being destroyed at temperatures below 70° C.

Intravenous inoculation of rabbits with typhoid endotoxins, if in sufficient quantity, produces, usually within a few hours, a very marked drop in temperature, diarrhea, respiratory embarrassment, and death. If given in smaller doses or by other methods of inoculation—subcutaneous or intraperitoneal—rabbits are rendered extremely ill, with a primary drop in temperature, but may live for a week or ten days, and die with marked progressive emaciation, or may survive. Guinea-pigs and mice are susceptible to the endotoxins, though somewhat less so than rabbits.

Immunity in Typhoid Fever.—As a rule, one attack of typhoid fever protects against subsequent ones. Although exceptions to this rule may occur, they are so rare that the history of a previous attack of this disease practically excludes its consideration in the diagnosis of any obscure condition.

Animals may be actively immunized by the injection of typhoid bacilli in gradually increasing doses. In actual practice, this is best accomplished by beginning with an injection of about 1 c.c. of broth culture heated for ten minutes at 60° in order to kill the bacilli. After five or six days, a second injection of a larger dose of dead bacilli is administered; at similar intervals, gradually increasing doses of dead bacilli are given and finally considerable quantities of a living and fully virulent culture may be injected without serious consequences to the animal. While this method is convenient and usually successful, it is also possible to obtain satisfactory immunization by beginning with very small doses of living microorganisms, according to the early method of Chantemesse and Widal,[1] and others.

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[1] *Vaughan*, Am. Jour. of Med. Sci., 136, No. 3, 1908.

Such active immunization, successfully carried out upon rabbits and guinea-pigs, within a short time after the discovery of the typhoid bacillus, was believed to depend upon the development of antitoxic substances in immunized animals. This point of view, however, was not long tenable, and was definitely disproven by the investigations of Pfeiffer and Kolle [2] in 1896. These investigators, as well as a large number of others working subsequently, have shown satisfactorily that there are present in the blood serum of typhoid-immune animals and human beings, bacteriolytic, bactericidal, and agglutinating substances, and to a lesser extent, precipitating and opsonic bodies.

Bactericidal and Bacteriolytic Substances.—The bacteriolytic substances in typhoid-immune serum may be demonstrated either by the intraperitoneal technique of Pfeiffer or *in vitro*. In the former experiment a small quantity of a fresh culture of typhoid bacilli is mixed with the diluted immune serum and the emulsion injected into the peritoneal cavity of a guinea-pig. Removal of peritoneal exudate with a capillary pipette and examination in the hanging drop will reveal, within a short time, a swelling and granulation of the bacteria—the so-called Pfeiffer phenomenon. The test *in vitro*, as recommended by Stern and Korte,[3] may be carried out by adding definite quantities of a fresh agar culture of typhoid bacilli to progressively increasing dilutions of inactivated immune serum together with definite quantities of complement in the form of fresh normal rabbit or guinea-pig serum. At the end of several hours' incubation at 37.5° C. definite quantities of the fluid from the various tubes are inoculated into melted agar and plates are poured to determine the bactericidal action. Careful colony counting in these plates and comparison with proper controls will not only definitely demonstrate the presence of bactericidal substances in the immune serum, but will furnish a reasonably accurate quantitative estimation. (For these tests see p. 255.)

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[1] *Chantemesse* and *Widal*, Ann. de l'inst. Pasteur, 1892.

[2] *Pfeiffer* und *Kolle*, Zeit. f. Hyg., xxi, 1896.

[3] *Stern* und *Korte*, Berl. klin. Woch., x., 1904.

Although normal human serum contains in small quantity substances bactericidal to typhoid bacilli, moderate dilution, 1 : 10 or 1 : 20, of such serum will usually suffice to eliminate any appreciable bactericidal action. The bactericidal powers of immune serum, on the other hand, are often active, according to Stern and Korte, in dilutions of over 1 : 4,000 and in one case even of 1 : 4,000,000. The specificity of such reactions gives them a considerable degree of practical value, both in the biological identification of a suspected typhoid bacillus in known serum and in the diagnosis of typhoid fever in the human patient by the action of the patient's serum on known typhoid bacilli. In the publication of Stern and Korte, quoted above, it was found that typhoid patients during the second week often possess a bactericidal power exceeding 1 : 1,000, whereas the blood of normal human beings was rarely active in dilutions exceeding 1 : 50 or 1 : 100. While scientifically accurate, the practical application of bactericidal determinations for diagnosis presents considerable technical difficulties, and gives way to the no less accurate method of agglutination.

Agglutinins.—Agglutinins are formed in animals and man inoculated with typhoid bacilli, and in the course of typhoid fever. It was, in fact, while studying the typhoid bacillus that the agglutinins were first discovered by Gruber and Durham.

In animals, by careful immunization, specific typhoid agglutinins may easily be produced in sufficient quantity to be active in dilution of 1 : 10,000, and occasionally even 1 : 50,000 or over. In the blood of typhoid patients, the agglutinins may often be found in dilutions of 1 : 100 and over. It is interesting to note that irrespective of the agglutinin contents of any given serum, there may occasionally be noted differences in the agglutinability of various typhoid cultures, a point which is practically important in the choice of a typhoid culture for routine diagnosis work. Weeny[1] has called attention to the fact that bacilli which do not readily agglutinate when directly cultivated from the body, may often be rendered more sensitive to this reaction by several generations of cultivation upon artificial media. Walker has noted[2] a loss of agglutinability if the bacilli are cultivated in immune serum. A similar alteration in the agglutinability of typhoid bacilli was noted by Eisenberg and Volk [1] when they subjected the microorganism to moderate heat or to weak acids such as $\frac{N}{4}$ HCl.

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[1] *Weeny*, Brit. Med. Jour., 1889.

[2] *Walker*, Jour. of Path. and Bact., 1892; *Totsuka*, Zeit. f. Hyg., xlv, 1903.

The practical application of agglutination to bacteriological work is found, as in the case of the bactericidal substances, in the identification of suspected typhoid bacilli, and in the diagnosis of typhoid fever.

When it is desired to determine by means of agglutination whether or not a given bacillus is a typhoid bacillus, mixtures may be made of young broth cultures, or preferably of emulsions of young agar cultures in salt solution, with dilutions of immune serum. The tests are made microscopically in the hanging-drop preparation or, preferably, macroscopically in small test tubes. In all cases it is desirable first to determine the agglutinating power of the serum when tested against a known typhoid culture. (For detailed technique, see chapter on Technique of Serum Reactions, p. 250.)

In scientific investigations, specific agglutinations in high dilutions of immune serum constitute very strong proof of the species of the microorganism and may often furnish much information as to the biological relationships between similar species. It is found in immunizing animals with any given strain of typhoid bacilli, that there are formed the "chief" or "major" agglutinins which are specific and active against the species used in immunization, and the "group" or "minor" agglutinins, active also against closely related microorganisms. The following extract from a table will serve to illustrate this point in the case of typhoid and allied bacilli.

	Highly Immune Typhoid Serum.				
	1 : 100	1 : 250	1 : 500	1 : 1,000	1 : 2,500
B. typh.	+	+	+	+	+
B. paratyph. (Schottmüller)	+	+	+	–	–
B. enteritidis	+	–	–	–	–
B. coli communis	+	–	–	–	–

The sera of most adult normal animals and human beings usually contain a small amount of agglutinin for these bacilli. Immunization with the typhoid bacillus, while increasing chiefly the agglutinin for this bacillus itself, also to a slighter extent increases the group agglutinins for other closely allied species. That these group agglutinins are separate substances and not merely a weaker manifestation of the action of the typhoid agglutinin itself upon these other microorganisms, may be demonstrated by the experiments of agglutinin absorption. (See section on Agglutinins, page 234.)

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[1] *Eisenberg* und *Volk*, Zeit. f. Hyg., xlv, 1903.

Immune serum obtained by immunization with one particular typhoid culture usually agglutinates this culture in higher dilutions than it will agglutinate other typhoid strains. This has been noticed in a large number of investigations, but is not always the case.

In the clinical diagnosis of typhoid fever, the phenomenon of agglutination was first utilized by Widal.[1] This observer called attention to the fact that during the last part of the first or the earlier days of the second week of typhoid fever, as well as later in the disease and in convalescence, the blood serum of patients would cause agglutination of typhoid bacilli in dilutions of 1 : 10, or over, whereas the serum of normal individuals usually exerted no such influence. Upon this basis he recommended, for the diagnosis of the disease, the employment of a microscopic agglutination test carried out by the usual hanging-drop technique. The reaction of Widal is, at present, widely depended upon for diagnostic purposes and although not universally successful, owing to irregularities in agglutinin formation in some patients, and because of differences in agglutinability of the cultures employed, it is nevertheless of much value. The original conclusions as to the dilutions of the serum which must be employed, have, however, necessarily been modified. Owing to the fact that Gruber,[2] Stern,[3] Fränkel,[4] and a number of others have found that occasionally normal serum will give rise to agglutination of typhoid bacilli in dilutions exceeding 1 : 10, it has been found necessary, whenever making a diagnostic test, to make several dilutions, the ones most commonly employed being 1 : 20, 1 : 40, 1 : 60, and 1 : 80. The wide application of the method has given rise to the development of a number of technical procedures, all of them devised with a view toward simplification. In ordinary hospital work, it is most convenient to keep on hand upon slant agar, a stock typhoid culture, the agglutinability of which is well known. From this stock culture, fresh inoculations upon neutral bouillon should be made each day, so that a young broth culture may always be on hand to furnish actively motile, evenly distributed bacteria. These bouillon cultures may be grown for from six to eight hours at incubator temperature or for from twelve to eighteen hours at room temperature. The temperatures at which the broth cultures are kept must depend, to a certain extent, upon the peculiarities of the typhoid bacillus employed, since some strains are rather more actively motile and furnish a more suitable emulsion if kept at a temperature lower than 37.5° C. A false clumping in the broth cultures due to a too high acidity of the bouillon or a too prolonged incubation, must be carefully guarded against. It is also possible to use for this test an emulsion of typhoid bacilli prepared by rubbing up a small quantity of a young agar culture in salt solution. Uniformity in the preparation of broth cultures or of emulsions should be observed, since the quantitative relationship between typhoid bacilli and agglutinins will markedly affect the completeness or incompleteness of the reaction. In high dilutions an excess of typhoid bacilli may bring about complete absorption of all the agglutinins present, without agglutinating all the microorganisms.

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[1] *Widal*, Bull. de la soc. méd. des hôpit., vi, 1896; *Widal* et *Sicard*, Ann. de l'inst. Pasteur, xi, 1897.

[2] *Gruber*, Verhand. Congr. f. inn. Med., Wiesbaden, 1896.

[3] *Stern*, Cent. f. inn. Med., xlix, 1896.

[4] *Fränkel*, Deut. med. Woch., ii, 1897.

The blood of the patient to be used for a Widal test may be obtained in a number of ways. The most convenient method is to bleed the patient from the ear or finger into a small glass capsule, in the form of that used in obtaining blood for the opsonin test, or into a small centrifuge tube. About 0.5 to 1 c.c. is amply sufficient. These capsules or tubes, after clotting of the blood, may be placed in the centrifuge which in a few revolutions will separate clear serum from clot. The dilutions of the serum are then made. It is best to use sterile physiological salt solution as a diluent, but neutral broth may be used. The dilutions may be made either by means of an ordinary blood-counting pipette or by means of a capillary pipette upon which a mark with a grease pencil, made about an inch from the tip, furnishes a unit of measure, and upon which suction is made by means of a rubber nipple. It is convenient to have at hand a small porcelain palette such as that used by painters, in which the various cup-like impressions may be utilized to contain the various dilutions. Dilutions of the serum are made, ranging from 1 : 10 to 1 : 50. A drop of each of these dilutions is mixed with a drop of the typhoid culture or emulsion upon the center of a cover-slip and the cover-slip inverted over a hollow slide. A control with normal serum and the same culture should always be made and also one with the culture alone to exclude the possibility of spontaneous clumping. Mixture with the typhoid culture, of course, each time doubles the dilutions so that, for instance, a drop of serum dilution 1 : 10, plus a drop of the typhoid culture, gives the final dilution of 1 : 20. The preparations may be examined with a high power dry lens or an oil immersion lens. In a positive reaction, the bacilli, which at first swim about actively, singly or in short chains, soon begin to gather in small groups and lose much of their activity. Within one-half to one hour, they will be gathered in dense clumps between which the fluid is clear and free from bacteria, and only upon the edges of the agglutinated masses may slight motility be observed. The degree of dilution and the time of exposure at which such a reaction may be regarded as of specific diagnostic value, have been largely a matter of empirical determination. It is generally accepted at present that complete agglutination within one hour in dilutions from 1 : 40 to 1 : 60 is definite proof of the existence of typhoid infection. Exceptions, however, to this rule may occur. Agglutinations of typhoid bacilli in dilutions of 1 : 40, and over, have occasionally been observed in cases of jaundice and of tuberculosis, and these conditions must occasionally be considered, though their importance was formerly exaggerated.

The method of making the Widal test from a drop of whole blood, dried upon a slide, is not to be recommended, as accuracy in dilution by this method is practically impossible.

As stated above, the agglutinin reaction rarely appears in typhoid fever before the beginning of the second week. It may continue during convalescence for as long as six to eight weeks and occasionally, in cases where there is a chronic infection of the gall-bladder, a Widal reaction may be present for years after an attack.

For very exact work, even in clinical cases, the microscopic agglutination method may be replaced by macroscopic agglutination, according to the technique described in another section (page 229).

In order to avoid both the necessity of keeping alive typhoid cultures for routine agglutination tests and also to preclude the danger of infection by the use of living culture, Ficker[1] has recommended the use of typhoid bacilli killed by formalin. This method has no advantages for practical purposes and in scientific bacteriological work it is, of course, not to be considered in comparison with the other exact methods.

Precipitins.—The investigations of Kraus[2] in 1897, by which the precipitins were discovered, revealed specific precipitating substances, among others, also in typhoid immune sera. Since Kraus' original investigation, these substances have been studied by Norris [1] and others.[2]

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[1] *Ficker*, Berl. klin. Woch., xlviii, 1903.

[2] *Kraus*, Wien. klin. Woch., xxxii, 1897.

Opsonins.—A number of observers have shown that opsonins specific for the typhoid bacillus are formed in animals immunized with these organisms. Opsonins are formed also in patients suffering from typhoid fever, but exact opsonic estimations in all these cases are extremely difficult because of the rapid lysis which these bacteria may undergo both in the serum, and intracellularly after ingestion by the leucocytes. Klein [3] has attempted in part to overcome this difficulty by working with dilutions of serum and at the same time using comparatively thick bacterial emulsions and exposures to the phagocytic action not exceeding ten minutes. Chantemesse [4] has claimed that the opsonic index of typhoid patients was increased after treatment with a serum obtained by him from immunized horses, and Harrison [5] has reported similar results in patients treated by a modification of Wright's method of active immunization. Klein claims to have demonstrated that in typhoid-immune rabbits, after five injections, the opsonic contents of the blood were increased to an equal extent with the bactericidal substances. He concludes from this interesting observation that it may well be that the opsonins are quite as important in typhoid immunity as are the latter substances.

For diagnostic purposes in typhoid fever the estimation of the opsonic index, so far, has not been proven to be of great value.

Specific Therapy in Typhoid Fever.—The failure to produce a soluble toxin from typhoid cultures has naturally so far precluded the possibility of an antitoxic therapy, such as that which has been successful in diphtheria. In the light of our present knowledge of the poisonous products of the typhoid bacillus it seems but natural that attempts by earlier investigators to apply the principles of Behring's work to typhoid fever were doomed to fail. Attempts to employ specific bactericidal and bacteriolytic sera for therapeutic purposes in this disease have also been without favorable result.

Active Immunization.—We have seen that work by Pfeiffer and Kolle and subsequently by a large number of others has shown that it is comparatively easy to immunize animals actively against typhoid infection by the systematic injection of graded doses, at first of dead bacilli, later of fully virulent live cultures. Attempts to apply these principles prophylactically have been made recently on a large scale by Wright and his associates upon English soldiers in South Africa, and by German observers in German East Africa.

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[1] *Norris*, Jour. of Inf. Dis., I, 3, 1904.

[2] *Barker* and *Cole*, 22d Ann. Session, Assn. of Amer. Phys., Wash., 1897.

[3] *Klein*, Bull. Johns Hopkins Hosp., 1907.

[4] *Chantemesse*, 14th Internatl. Cong. for Hyg., Berlin, 1907.

[5] *Harrison*, Jour. Royal Army Med. Corps, 8, 1907.

The first recorded experiment of this sort which was done upon human beings was that of Pfeiffer and Kolle,[1] who in 1896 treated two individuals with subcutaneous injections of an agar culture of typhoid bacilli which had been sterilized at 56° C. The first injection was made with two milligrams of this culture. Three or four hours after the injection the patient suffered from a chill, his temperature gradually rose to 105° F., and there was great prostration and headache, but within twenty-four hours the temperature had returned to normal.

This experiment showed that such injections could be practiced upon human beings without great danger.

Simultaneously with the work of Pfeiffer and Kolle, Wright[2] conducted similar experiments on officers and privates in the English army.

The actual number of persons treated directly or indirectly under Wright's[3] supervision in an investigation covering a period of over four years comprised almost one hundred thousand cases. The methods employed by Wright have been modified several times by him and his collaborators in minor details; the principles, however, have remained consistently the same. In the first experiments Wright employed an agar culture three weeks old, grown at 37° C., then sterilized at a temperature below 60° C., and protected from contamination by the addition of five-tenths per cent of carbolic acid. Later, Wright[4] employed bacilli grown in a neutral one-per-cent pepton bouillon in shallow layers or flasks. Great importance is attached both to the virulence of the typhoid strain, which may to a moderate extent be standardized by passage through guinea-pigs, and to care in using low temperatures for final sterilization. The temperature recommended by Harrison,[5] working with Wright's method, is 52° C., after which the cultures are carbolized. For the first dose in a human being, Wright recommends the quantity of bacilli fatal for 100 grams of guinea-pig. The dose may also, according to Wright, be regulated by making numerical counts of the emulsions used, by his usual method of counting against red blood corpuscles, and using for the first injection 750 to 1,000 millions of dead bacteria. The second injection, given after eleven days, should be double this quantity. Usually the first dose is followed by local inflammatory symptoms and the general systemic symptoms of toxemia. These, however, usually disappear after forty-eight hours.

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[1] *Pfeiffer* und *Kolle*, Deut. med. Woch., xxii, 1896; xxiv, 1898.

[2] *Wright*, Lancet, Sept., 1896.

[3] *Wright* and *Semple*, Brit. Med. Jour., 1897; *Wright* and *Leishman*, Brit. Med. Jour., Jan., 1900.

[4] *Wright*, Brit. Med. Jour., 1901; Lancet, Sept., 1902; Brit. Med. Jour., Oct., 1903.

[5] *Harrison*, Jour. Royal Army Medical Corps, 1907.

Although the observations of Wright are extensive, it is nevertheless extremely difficult to tabulate satisfactory statistics from a mass of experiments which must of necessity be observed by a large number of individuals, in all of whom the personal equation modifies the results of the observations. On the whole, however, it seems fair to state that distinctly advantageous results followed the active immunization practiced by Wright. Wright's own estimation, in a careful attempt to present the subject fairly, gives a reduction of the morbidity from typhoid fever in the British army of fifty per cent, and a reduction of the mortality of those who became infected in spite of inoculations of fifty per cent also. Combining these two results, the actual reduction of the death rate by the method of vaccination would appear to amount to at least seventy-five per cent.

The method of Pfeiffer and Kolle, originally used by them in their experiments, has been extensively carried out by German observers upon the army taking part in the late East African campaign.

Roughly, the method consists in the injection of salt-solution emulsions of fresh agar cultures sterilized at 60° C. The results reported from a large material were in general favorable, indicating that the morbidity of all the troops taking part was reduced by the inoculation and that the death rate among the inoculated persons was lower than that among normal individuals. On the whole, it can hardly be doubted that typhoid vaccination has shown definitely favorable results. The degree to which this is true, and the question as to whether the methods in use at present are fully adequate, can not yet be decided.

BACILLUS FECALIS ALKALIGENES

In 1896 Petruschky [1] described a bacillus which is a not infrequent inhabitant of the human intestine, being found chiefly in the lower part of the small intestine and the large intestine. This organism, which he called Bacillus fecalis alkaligenes, is of little pathogenic importance, although Neufeld states that he has seen a case of severe gastroenteritis in which the watery defecations contained this bacillus in almost pure culture. As a rule, however, this organism can not be regarded as pathogenic, and is important chiefly because of the ease with which it may be mistaken for Bacillus typhosus.

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[1] *Petruschky*, Cent. f. Bakt., I, xix, 1896.

Bacillus fecalis alkaligenes is an actively motile, Gram-negative bacillus, possessing, like the typhoid bacillus, numerous peritrichal flagella. On the ordinary culture media it grows like the typhoid bacillus. It does not coagulate milk. It produces no indol, and on sugar media in fermentation tubes produces no acid or gas. On potato, its growth, while somewhat heavier than that of the typhoid bacillus, is not sufficiently so to permit easy differentiation. It differs from Bacillus typhosus in that it produces no acid on any of the sugar media, and is therefore easily differentiated by cultivation upon Hiss serum-water media or on pepton waters containing sugars. On the Hiss semisolid tube-medium Bacillus fecalis alkaligenes, while clouding the medium throughout, grows most heavily on the surface where, eventually, it forms a pellicle.

CHAPTER XXVIII

BACILLI OF THE COLON-TYPHOID-DYSENTERY GROUP
(*Continued*)

BACILLI INTERMEDIATE BETWEEN THE TYPHOID AND COLON ORGANISMS

(*Bacilli of Meat Poisoning and Paratyphoid Fever*)

THERE is an extensive group of Gram-negative bacilli which because of their morphology, cultural behavior, and pathogenic properties, are classified as intermediate between the colon and the typhoid types. The microorganisms belonging to this group have been described, most of them, within the last fifteen years, but few of them have been fully identified with one another. They have been variously designated as the "hog-cholera group," "the enteritidis group," the "paracolon group" or "paratyphoid group," because of the pathological conditions with which the chief members under investigation have been found associated.

Attempts to systematize the group by the comparative study of a large number of its members have been made, notably by Buxton[1] and by Durham,[2] and the work of these writers, based on cultural and agglutinative studies, has added materially to our knowledge of these organisms.

The microorganisms of this group are morphologically indistinguishable from the colon and typhoid bacilli. They are Gram-negative and possess flagella. Their motility is variable, but usually approaches that of the typhoid bacilli in activity. They correspond, furthermore, to the two other groups in their cultural characteristics upon *broth*, *agar*, and *gelatin*. On *potato*, they vary, some of them approaching in delicacy the typhoid growth upon this medium, others more closely approximating the heavy brownish growth of B. coli. *Indol* is rarely formed by them, though this has not been absolutely constant in all descriptions. As a group, they are easily distinguished from Bacillus typhosus on the one hand, and from Bacillus coli on the other, by the following simple reactions tabulated by Buxton.[1]

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[1] *Buxton*, Jour. Med. Res., N. S., iii, 1900. [2] *Durham*, Jour. Exper. Med., v, 1901.

	B. coli.	Intermediates.	B. typhosus.
Coagulation of milk	+	−	−
Production of indol	+	−	−
Fermentation of lactose with gas	+	−	−
Fermentation of dextrose with gas	+	+	−
Agglutination in typhoid-immune serum	−	−	+

The characteristics of the three groups as shown by fermentation tests may be tabulated as follows:

	Gas upon Dextrose.	Gas upon Lactose.	Gas upon Saccharose.
B. typhosus	−	−	−
Intermediates	+	−	−
B. coli communis	+	+	−
B. coli communior	+	+	+

Pathogenically, the bacilli of this "intermediate group" have attracted attention chiefly in connection with meat poisoning, and with protracted fevers indistinguishable from mild typhoidal infections.

In 1888, Gärtner[2] described a bacillus which he isolated from the meat of a cow, the ingestion of which had produced the symptoms of acute gastrointestinal catarrh in fifty-seven people. One of these died of the disease and the bacilli could be demonstrated in the spleen and in the blood of the patient.

This bacillus, called *Bacillus enteritidis* by Gärtner, was actively motile, formed no indol, but produced gas in dextrose media. Acute gastrointestinal symptoms could be induced by feeding the organisms to mice, guinea-pigs, rabbits, and sheep, and the bacilli could be recovered from the infected animals. An interesting observation, which has since become important in characterizing the group of these bacilli concerned in meat poisoning, was the fact that the bacterial bodies themselves were found by Gärtner to be extremely toxic, containing a poison which, in contradistinction to the endotoxins of many other microorganisms, was extremely resistant to heat. Sterilized cultures showed the same pathogenic effects as the living bacilli. Epidemics of meat poisoning similar to the one described by Gärtner, in which similar bacteria were isolated, were those described by Van Ermengem,[1] occurring at Morseele in 1891, the one described by Holst,[2] the Rotterdam epidemic described by Poels and Dhont,[3] the one described by Basenau, and many others.

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[1] *Buxton,* loc. cit.

[2] *Gärtner,* Corresp. Bl. d. Aerzt. Vereins, Turingen, 1888.

Bacillus Morseele of Van Ermengem, *Bacillus bovis morbificans* of Basenau,[4] and the bacilli isolated in similar epidemics by other observers, are, except for slight differences in minor characteristics, almost identical with Gärtner's microorganism.

In 1893, Theobald Smith and Moore,[5] studying the diseases of swine, noted a great similarity between the so-called hog-cholera bacillus, the bacilli of the Gärtner group, and *Bacillus typhi murium* isolated by Loeffler. These observers first used the term "hog-cholera" group for the organisms under discussion.

In 1899 Reed and Carroll [6] called attention to the fact that *Bacillus icteroides*, associated by Sanarelli with yellow fever, was culturally closely similar to the bacillus of hog cholera.

Meanwhile, other observers had been isolating bacilli, similar to those spoken of above, from cases of protracted fevers in human beings, often closely simulating typhoid infections. The first cases of this kind on record were those of Achard and Bensaude.[7]

In 1897, Widal and Nobecourt [8] described a bacillus which they had isolated from an esophageal abscess following typhoid fever, which closely resembled Bacillus psittacosis of Nocard,[9] and which, following a nomenclature previously suggested by Gilbert,[10] they designated the paracolon bacillus. This microorganism, as well as *Bacillus psittacosis*, isolated from a parrot by Nocard, showed a close resemblance to bacilli of the Gärtner group.

In 1898, Gwyn [11] reported a case occurring at the Johns Hopkins

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[1] *Van Ermengem*, Bull. Acad. d. méd. de Belgique, 1892; "Trav. de lab. de l'univ. de Gand," 1892.

[2] *Holst*, Ref. Cent. f. Bakt., xvii, 1895.

[3] *Poels* und *Dhont*, Holland Zeit. f. Tierheilkunde, xxiii, 1894.

[4] *Basenau*, Arch. f. Hyg., xx, 1894.

[5] *Th. Smith* and *Moore*, U. S. Bureau of Animal Industry Bull. vi, 1894.

[6] *Reed* and *Carroll*, Medical News, lxxiv, 1899.

[7] *Achard* and *Bensaude*, Bull. de la soc. d. hôpitaux de Paris, Nov., 1906.

[8] *Widal* et *Nobecourt*, Semaine méd., Aug., 1897.

[9] *Nocard*, Ref. Baumgarten's Jahresb., 1896.

[10] *Gilbert*, Semaine méd., 1895.

[11] *Gwyn*, Johns Hopkins Hosp. Bull., 1898.

Hospital, which presented all the symptoms of typhoid fever, but lacked serum agglutinating power for Bacillus typhosus. From the blood of the patient, Gwyn isolated an organism, with cultural characteristics similar to those of the Gärtner bacillus, which he called a "paracolon bacillus." This bacillus was agglutinated specifically by the serum of the patient.

Cushing,[1] in 1900, isolated a similar microorganism from a costochondral abscess, appearing during convalescence from typhoid fever.

In the same year, Schottmüller [2] reported five cases from which bacilli similar to those previously described were isolated. Careful cultural and agglutination studies of the microorganisms obtained from these cases showed that they could be divided into two similar, yet distinctly different types, one of them, the "Müller" organism, approaching closely to the typhoid type, especially in its growth upon potato; the other, the "Seeman" type, corresponding more closely to the Gärtner enteritidis bacilli. Similar cases were soon after reported by Kurth,[3] Buxton and Coleman,[4] Libman,[5] and others.

Clinically, the diseases caused by the bacteria of this class may be divided into two main groups.

I. Those which fall into the category of meat poisoning, having a sudden and violent onset of gastroenteric symptoms directly following the ingestion of meat, and characterized by profound toxemia; and

II. Those in which the disease simulates a mild form of typhoid fever, differing from this only by the absence of the specific agglutination reaction for typhoid bacilli.

Most of these microorganisms possess pathogenicity for mice, guinea-pigs, and rabbits, which exceeds that of the colon or typhoid bacilli. A number of the bacilli of this group, furthermore, especially those most closely similar to the original B. enteritidis of Gärtner, contain an endotoxin which shows a high resistance to heat, which may explain the fact that illness has occasionally followed the ingestion of infected meat even after preparation by cooking.

Bacteriological correlation of these bacilli has been attempted, as stated above, by Durham and by Buxton, and more recently by

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[1] *Cushing*, Johns Hopkins Hosp. Bull., 1900.

[2] *Schottmüller*, Deut. med. Woch., 1900; Zeit. f. Hyg., xxvi.

[3] *Kurth*, Deut. med. Woch., 1901.

[4] *Buxton* and *Coleman*, Proc. N. Y. Pathol. Soc., Feb., 1902.

[5] *Libman*, Jour. Med. Res., N. S., iii, 1902.

Kutscher and Meinicke.[1] The subject is a difficult one and for ultimate clearness will require much further work. Durham,[2] on the basis of cultural and agglutinative studies, has formulated a classification of the Gram-negative bacilli of the typhoid-colon and allied groups, which, though hardly final, aids considerably in throwing light upon the interrelationships of the various species. Durham's divisions are as follows:

DIVISION I. *Typhoid-like Morphology* (motile).

A. No sugars fermented. Type B. fecalis alkaligenes.

B. Acid in dextrose, but no gas. Type B. typhosus. Agglutination in typhoid serum.

C. Acid in dextrose, but gas only when other constituents are favorable. No acid or gas from lactose or saccharose. No agglutination in typhoid serum. Includes Bacillus "Gwyn" and Bacillus "O" of Cushing.

D. Acid and gas from dextrose. No acid or gas from lactose or saccharose. Grows more rapidly than typhoid. No agglutination in colon-immune serum. Slight reaction with some typhoid sera. Includes Gärtner's B. enteritidis, B. Morseele, Günther's meat-poisoning bacillus, hog cholera bacillus, B. psittacosis, B. morbificans bovis, Durham's Bacillus "A," B. typhi murium.

DIVISION II. *Colon-like Morphology* (motile).

E. Acid and gas from dextrose, none from lactose or saccharose. Rate of growth and colony appearance more like colon than typhoid.

F. Acid and gas from dextrose, and no gas from lactose. Types isolated by Durham.

G. Acid and gas from dextrose; acid, no gas, from lactose. Differ from F in serum reactions.

H. B. coli communis. Acid and gas from dextrose and lactose; none from saccharose.

I. B. coli communior. Acid and gas from dextrose, lactose, and saccharose.

DIVISION III. *Non-motile*. Polysaccharide splitters (starch). Type B. lactis aërogenes. Includes bacilli of mucosus capsulatus group, and Friedländer's bacillus.

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[1] *Kutscher* und *Meinicke*, Zeit. f. Hyg., lii, 1906. [2] *Durham*, loc. cit.

CHAPTER XXIX

BACILLI OF THE COLON-TYPHOID-DYSENTERY GROUP

(Continued)

THE DYSENTERY BACILLI

ALTHOUGH acute dysentery has been an extremely prevalent disease, occurring almost annually in epidemic form in some of the Eastern countries and appearing sporadically all over the world, its etiology was obscure until 1898 when Shiga[1] described a bacillus which he isolated from the stools of patients suffering from this disease in Japan, and established with scientific accuracy its etiological significance. Since the discovery of Shiga's bacillus a number of other bacilli have been described by various workers, all of which, while showing slight biological differences from Shiga's microorganism, are sufficiently similar to it culturally and pathogenically to warrant their being classified together with it in a definite group under the heading of the "dysentery bacilli."

The manner in which Shiga made his discovery furnishes an instructive example of the successful application of modern bacteriological methods to etiological investigation. Many workers preceding Shiga had attempted to throw light upon this subject by isolations of bacilli from dysenteric stools, and by extensive animal inoculation. Shiga, following a suggestion made by Kitasato, approached the problem by searching for a microorganism in the stools of dysentery patients which would specifically agglutinate with the serum of these patients. His labors were crowned with success in that he found, in thirty-six cases, one and the same microorganism which showed uniform serum agglutinations. Further, he found that this bacillus was not present in the dejections of patients suffering from other diseases nor in those of normal men, and that when tested against the blood serum of such people it was not agglutinated.

Morphology.—Shiga's bacillus is a short rod, rounded at the ends, morphologically very similar to the typhoid bacillus, and, like it, inclined to involution forms. The organism generally occurs singly, more seldom in pairs. It is decolorized by Gram's method of staining. With the ordinary anilin dyes it stains easily, showing a tendency to stain with slightly greater intensity at the ends. The organism is an aërobe and facultative anaërobe. Although described at first by Shiga as being motile, its motility has not been satisfactorily proven, and most observers agree in denying the presence of flagella and affirming the complete absence of motility.

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[1] *Shiga,* Cent. f. Bakt., xxiii, 1898; ibid., xxiv, 1898; Deut. med. Woch., xliii, xliv, and xlv, 1901.

Cultural Characteristics.—On *agar* the colonies are not characteristic, resembling those of the typhoid bacillus.

On *gelatin*, the colonies appear very much like typhoid colonies and the gelatin is not liquefied.

On *potato*, the growth, like that of typhoid, is at first not visible, but after about a week turns reddish brown.

In *broth*, there is clouding, with moderate deposits after some days. No pellicle is formed.

Milk is not coagulated. *Litmus milk* shows a slight primary acidity, later again becoming alkaline and taking on a progressively deeper blue color.

Indol is not formed in pepton water by all varieties.

No gas is formed in media containing *dextrose*, *lactose*, *saccharose*, or other carbohydrate.

While not delicately susceptible to reaction, the bacillus prefers slightly alkaline media.

Shiga differentiated his organism from the typhoid bacillus chiefly by supposed differences in colony characters and by the agglutination reaction.

Following the work of Shiga, a large number of investigators turned their attention to the subject of dysentery, with the result that many new forms were discovered and at first a considerable amount of confusion prevailed.

Flexner[1] in 1899 investigated dysentery in the Philippines, and isolated a bacillus which, he considered, corresponded to Shiga's organism.

Strong and Musgrave[2] in 1900 described a bacillus isolated from dysentery cases in the Philippines which was essentially like that of Flexner.

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[1] *Flexner*, Phila. Med. Jour., vi, 1900, and Bull. Johns Hopkins Hosp., xi, 1900.

[2] *Strong* and *Musgrave*, Report Surg. Gen. of Army, Washington, 1900.

Nearly simultaneously with the papers of Flexner and of Strong and Musgrave, Kruse [1] published investigations of an epidemic of dysentery occurring in Germany. His observations were of the greatest importance and largely formed the starting point of the further advances which have been made in the etiology of dysentery.

Kruse's organism was described as forming colonies on gelatin and agar, practically like those of Bacillus typhosus. Like this bacillus, no gas was formed from grape sugar, and the growth in milk and on potato, and even in Piorkowski's urine gelatin, resembled that of Bacillus typhosus. According to Kruse, this organism was absolutely without motility.

In 1901 Kruse [2] contributed a second paper. In this, besides confirming his previous observations, he described another class of organism coming from cases which he designated as "pseudo-dysentery of insane asylums." In the case of one patient, and at two autopsies, he isolated organisms which he could not distinguish morphologically or culturally from the true dysentery bacillus, but which showed differences in their serum reaction. By careful study of the behavior of these bacilli in the serum of patients and in immune serum from animals, he not only showed that they were different from his original cultures from cases of epidemic dysentery which, no matter what their source, were found to be alike, but that they showed differences among themselves and apparently fell into two or more varieties. One of these organisms culturally and by its serum reactions showed itself practically identical with one of the cultures he had received from Flexner.

Spronck [3] in 1901 described an organism isolated in Utrecht from dysentery cases, which showed great similarity to the Shiga-Kruse organism; but, when tested in the serum of a horse immunized against true dysentery bacillus, showed practically no agglutination. He placed this organism in the group designated by Kruse as the "pseudo-dysentery bacilli." His communication is of importance, since it is the first reported instance in which any investigator had recognized and associated the so-called pseudo-dysentery bacilli with dysentery approaching the acute epidemic form in type.

Following this work a number of investigators, including Vedder and Duval,[1] Flexner, and Shiga[2] himself, published communications in which they claimed identity for the various forms previously described.

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[1] *Kruse*, Deut. med. Woch., xxvi, 1900.

[2] *Kruse*, Deut. med. Woch., xxvii, 1901.

[3] *Spronck*, Ref. Baumgarten's Jahresber., 1901.

In 1902 Park[3] and Dunham described an organism which they found in a small outbreak of dysentery occurring in Maine. This organism differed from most of those previously described in that it was found to produce indol in pepton solutions.

In the same year Martini[4] and Lentz published an article in which they attempted to differentiate various dysentery bacilli by means of agglutination. This research is of importance in that it supported the work of Kruse and of Spronck, indicating a difference between the agglutinative character of the Kruse organism and the so-called "pseudo-dysentery" type, in which Flexner's organisms were included. It is of further interest, since it indicated a marked difference between Flexner's Philippine cultures and the Philippine culture of Strong, the Strong organism refusing to agglutinate not only in "Shiga" immune serum, but also in "Flexner" immune serum.

Simultaneously with this article Lentz[5] published the results of comparative cultural researches with dysentery and "pseudo-dysentery" bacilli, in which he made the important observation that the original Shiga-Kruse bacilli did not affect mannit, while the "pseudo-dysentery" bacilli, including Flexner's and Strong's Philippine cultures, fermented mannit, giving rise to a distinct acid reaction in the medium. The Flexner organisms and others of the "pseudo-dysentery" bacilli, however, fermented maltose, while the Shiga-Kruse type, as well as Strong's bacillus, left it unchanged at the end of forty-eight hours.

In January, 1903, Hiss and Russell[6] described a bacillus ("Y") from a case of fatal diarrhea in a child, which by ordinary cultural test and absence of motility was found to resemble the Shiga-Kruse and Flexner bacilli. Immediately upon its isolation, it was found, however, to differ from the Kruse culture by its ability to ferment mannit. This observation was made independently of Lentz's work, which, at that time, had not become known in America. In the comparative study of Hiss and Russell on the fermentative abilities of various dysentery cultures, the serum water media (described on page 132) were used. By the use of these media, it was found that the Kruse culture, a culture of Flexner's bacillus from the Philippines, and Duval's "New Haven" culture fermented dextrose with the production of a solid acid coagulum, but did not affect mannit, maltose, saccharose, or dextrin. The culture of Hiss and Russell, on the other hand, fermented not only dextrose but also mannit with the production of acid and coagulation of the medium. Maltose, saccharose, and dextrin were not fermented. The "Y" bacillus, furthermore, was shown to differ entirely from the cultures of Shiga, Kruse, and "New Haven" in the serum of immunized animals. This serum had for bacillus "Y" a titer of 1 : 500 while the three other above-named organisms did not agglutinate in it at any dilution. In normal beef serum, the Hiss-Russell organism was found to agglutinate as highly at 1 : 320, while the other three cultures gave no reaction in dilutions of over 1 : 10 or 20.

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[1] *Vedder* and *Duval*, Jour. Exp. Med., vi, 1902.

[2] *Shiga*, Zeit. f. Hyg., 41, 1902.

[3] *Park* and *Dunham*, N. Y. Univ. Bull. of Med. Sci., 1902.

[4] *Martini* und *Lentz*, Zeit. f. Hyg., xli, 1902.

[5] *Lentz*, Zeit. f. Hyg., xli, 1902.

[6] *Hiss* and *Russell*, Med. News, Feb., 1903.

Park and Carey,[1] in March, 1903, described an epidemic of dysentery occurring in the town of Tuckahoe, near New York City, and isolated an organism which resembled the Shiga-Kruse bacilli in not fermenting mannit, but produced indol in pepton solution after five days. It corresponded in agglutination with the cultures "New Haven" and "Shiga" when tested in the serum of a goat immunized against the mannit-fermenting culture "Baltimore," *i.e.*, did not react at 1:50, whereas Flexner's "Manila" and "Baltimore" cultures, Park and Dunham's "Seal Harbor" culture, and some New York cultures, all fermenting mannit, agglutinated up to two thousand dilution in the "Baltimore" serum.

The preceding review of a part of the literature, by which our knowledge of the dysentery bacilli was developed, demonstrates sufficiently that we have to deal in this group with a number of different microorganisms. This, as we have seen, was a fact first recognized by Kruse when he spoke of his true dysentery and his pseudo-dysentery strains. In spite of much confusion at first, the careful study of fermentation phenomena, of specific agglutinations, and, more recently, by Ohno [2] and others, of the bacteriolytic phenomena in immune sera, has made it possible to distinguish sharply between a number of groups.

Basing the grouping of these microorganisms upon a careful study of fermentations, Hiss [3] has divided them as follows:

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[1] *Park* and *Carey*, Jour. Med. Res., ix, 1903.

[2] *Ohno*, Philippine Jour. of Sci., 1, ix., 1906.

[3] *Hiss*, Jour. Med. Res., N. S., viii, 1904.

"Shiga" "Kruse," "New Haven"	Ferment dextrose. Group I.
"Y" (Hiss and Russell type) "Seal Harbor" "Diamond" "Ferra"	Ferment dextrose and mannit. Group II.
"Strong" (type)	Ferments dextrose, mannit, saccharose Group III.
"Harris" (type) "Gray" "Baltimore" "Wollstein"	Ferment dextrose, mannit, maltose, saccharose, dextrin. Group IV.

It was noticed, it should be mentioned, however, that in the case of the "Y," "Diamond," and "Ferra" there was usually delayed acid fermentation of maltose, never any of dextrin.

In studying the agglutinative characters of these groups, furthermore, it was found that fermentation tests and agglutinations went hand in hand. The following table will illustrate this point:[1]

SERUM OF RABBIT IMMUNIZED AGAINST GROUP I. (Shiga's culture).

Bacilli of Group I.:	
"Shiga" (homologous)	20,000
"Kruse"	20,000
"New Haven"	20,000
Bacilli of Group II.:	
"Y"	200
"Ferra"	200
"Seal Harbor"	200
Bacilli of Group IV.:	
"Baltimore"	800
"Harris"	800
"Gray"	800
"Wollstein"	800

SERUM OF RABBIT IMMUNIZED AGAINST GROUP II. ("Y" culture, Hiss and Russell).

Bacilli of Group I.:	
"Shiga" less than	100
"Kruse"	100
"New Haven"	100

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[1] *Hiss*, Jour. of Med. Research, 13, N. S., viii, 1904.

Bacilli of Group II.:

"Y" (homologous)	6,400
"Ferra"	6,400
"Seal Harbor	6,400

Bacilli of Group IV.:

"Baltimore"	1,600
"Gray"	1,600
"Harris"	1,600
"Wollstein"	1,600

SERUM OF RABBIT IMMUNIZED AGAINST GROUP IV. ("Baltimore" culture).

Bacilli of Group I.:

"Shiga"	less than 100
"Kruse"	100
"New Haven"	100

Bacilli of Group II.:

"Y"	400
"Ferra"	400
"Seal Harbor"	400

Bacilli of Group IV.:

"Baltimore" (homologous)	3,200
"Harris"	3,200
"Gray"	3,200
"Wollstein"	3,200

In common, all these groups possess an identical morphology, the Gram-negative staining characteristics, the lack of motility with close adherence to the line of inoculation in the Hiss tube medium, the inability to liquefy gelatin, the inability to form acid from lactose, and the inability to produce gas from any carbohydrate media.

Biological Considerations.—The dysentery bacilli in neutral broth or upon agar slants may remain alive without transplantation for periods of several months. They are aërobes and facultative anaërobes when proper sugars are present, preferring, however, the aërobic environment. They are easily destroyed by heat, an exposure to 60° C. killing them usually in a short time (ten minutes). Against cold they show considerable resistance, surviving freezing for a period of several weeks. They show little resistance to the usual strengths of the common chemical disinfectants.

Pathogenicity.—There is practically no doubt at the present time as to the etiological connection between the bacilli of this group and the diseases clinically classified as acute dysentery. A more chronic form of dysentery due to a protozoan, the Amœba coli, though presenting much clinical resemblance to the bacillary dysenteries is, nevertheless, an entirely distinct disease.

Infection takes place, probably, entirely by ingestion of the bacteria with infected water or food contaminated from the feces of dysentery patients. A small epidemic occurring in a hospital in New York City and caused by the bacillus "Y" of Hiss and Russell was indirectly traced to milk by Zinsser.[1]

Endemic in a large part of the world, especially in the warmer climates, the disease most frequently occurs in epidemics of more or less definite localization, usually under conditions which accompany the massing of a large number of human beings in one place, such as those which occur in the crowded quarters of unsanitary towns, in institutions such as insane asylums, or in military camps. The mortality of such epidemics may be very large. According to Shiga,[2] the disease in Japan frequently shows a mortality of over twenty per cent.

The disease in human beings usually begins as an acute gastroenteritis which is accompanied by abdominal pain and diarrhea. As it becomes more severe, the colicky pains and diarrhea increase, the stools lose their fecal character, becoming small in quantity and filled with mucus and flakes of blood. There is often severe tenesmus at this stage, and the bacilli are present in large numbers in the dejecta. Owing to the absorption of toxic products, symptoms referable to the nervous system, such as muscular twitching, may supervene, and if the disease is at all prolonged, there are marked inanition and prostration.

At autopsy in early stages there may be found only a severe catarrhal inflammation of the mucous membrane of the large intestine. In the later stages there are extensive ulcerations, and the bacteria are histologically found lodged within the depths of the mucosa and submucosa. Occasionally they may penetrate to the mesenteric glands, but as far as we know there is no penetration into the general circulation.

Poisonous Products of the Dysentery Bacilli.—The separate types of dysentery bacilli vary exceedingly in their powers to produce toxic substances. Of all the various types which have been described, the strongest poisons have been produced with bacilli of the Shiga-Kruse variety, less regularly active ones with bacilli of the Flexner and of the "Y" type. In fact, investigations carried out with the Shiga bacillus have tended to show that the disease itself is probably a true toxemia, its symptoms being referable almost entirely to the absorption of the poisonous products of the bacillus from the intestine.

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[1] *Zinsser*, Proc. N. Y. Path. Soc., 1907. [2] *Shiga*, Cent. f. Bakt., xxiii, 1898.

The earliest investigations, carried on chiefly upon rabbits, which are more susceptible to this poison than any other animals, showed that even small doses of cultures of this bacillus administered intravenously or subcutaneously would produce death within a very short time. Conradi,[1] Vaillard[2] and Dopter, and others, finding that toxic symptoms were almost as pronounced when dead cultures were given as when the living bacilli were administered, came to the conclusion that the poisons of this bacillus were chiefly of the endotoxin type. More recently Todd,[3] Kraus,[4] and Rosenthal[5] have claimed independently that they were able to demonstrate strong soluble toxins, similar in every way to diphtheria toxin. Kraus and Doerr,[6] moreover, claim to have further corroborated this by producing specific antitoxins with these substances.

It is easy to obtain poisonous substances from dysentery cultures in considerable strength, both by extracting the bacilli themselves and by filtration of properly prepared cultures. It is therefore not unlikely that both types of poison are produced by the bacilli. Neisser and Shiga[7] obtained toxins by emulsifying agar cultures in sterile salt solution, killing the bacilli at 60° C., and allowing them to extract at 37.5° C. for three days or more. The filtrates from such emulsions were extremely toxic. The simplest method of obtaining poisons from these bacilli is to cultivate them for a week or longer upon moderately alkaline meat-infusion broth. At the end of this time, the microorganisms themselves may be killed by heating to 60° and the cultures filtered. According to Doerr,[8] the toxins may be obtained in the dry state by precipitation with ammonium sulphate and re-solution of the precipitate in water.

The action of the dysentery toxin upon animals is extremely characteristic and throws much light upon the disease in man. The injection of a large dose intravenously into rabbits causes a rapid fall in temperature, marked respiratory embarrassment, and a violent diarrhea. This is at first watery, later contains large amounts of blood. If the animals live a sufficient length of time, paralysis may occur, the animal may fall to one side or may drag its posterior extremities. It is a remarkable fact that intravenous inoculation gives rise to intestinal inflammation of a severe nature, unquestionably due to the excretion of the poison by the intestinal mucosa and limited, usually, to the cecum and colon, rarely attacking the small intestine. Flexner,[1] who has experimented extensively upon this question, believes it probable that most of the pathological lesions occurring in the intestinal canal of dysentery patients are referable to this excretion of dysentery toxin, rather than to the direct local action of the bacilli.

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[1] *Conradi*, Deut. med. Woch., 1903.

[2] *Vaillard* et *Dopter*, Ann. de l'inst. Pasteur, 1903.

[3] *Todd*, Brit. Med. Jour., Dec., 1903, and Jour. of Hyg., 4, 1904.

[4] *Kraus*, Monatschr. f. Gesundheit. Suppl. 11, 1904.

[5] *Rosenthal*, Deut. med. Woch., 1904.

[6] *Kraus* und *Doerr*, Wien. klin. Woch., xlii, 1905.

[7] *Neisser* and *Shiga*, Deut. med. Woch., 1903.

[8] *Doerr*, "Das Dysenterietoxin," Jena, 1907.

Toxins from the Shiga-Kruse type are the most potent and those which cause paralysis.

Immunization with Dysentery Bacilli.—The immunization of small animals, such as rabbits and guinea-pigs, against dysentery bacilli, especially those of the Shiga type, is attended with much difficulty. owing to the great toxicity of the cultures. Nevertheless, successful results may be accomplished by the administration of extremely small doses of living or dead bacilli, increased very gradually and at sufficient intervals. Horses may be more easily immunized. The serum of such actively immunized animals contains agglutinins in considerable concentration and of a specificity sufficiently illustrated in the preceding section dealing with the identification of the various species. For diagnostic purposes in human beings, the agglutination reaction, according to the technique of the Widal reaction for typhoid fever, has been utilized by Kruse [2] and others. According to most observers, normal human serum never agglutinates dysentery bacilli in dilutions greater than one in twenty, while the serum of dysentery patients will often be active in dilutions as high as one in fifty.

Bactericidal substances have been demonstrated in the serum of immunized animals as well as in the serum of diseased human beings. These have been determined, *in vitro*, by Shiga,[3] and by the intraperitoneal technique of Pfeiffer by Kruse.[4] Bacteriolysis may take place in high dilutions of the serum, and has recently been used for the differentiation of the types of the dysentery bacilli by Ohno.[5]

True antitoxins in immune sera have been recently described by Kraus and Doerr.[6]

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[1] *Flexner*, Jour. Exp. Med., 8, 1906.

[2] *Kruse*, Deut. med. Woch., 1901

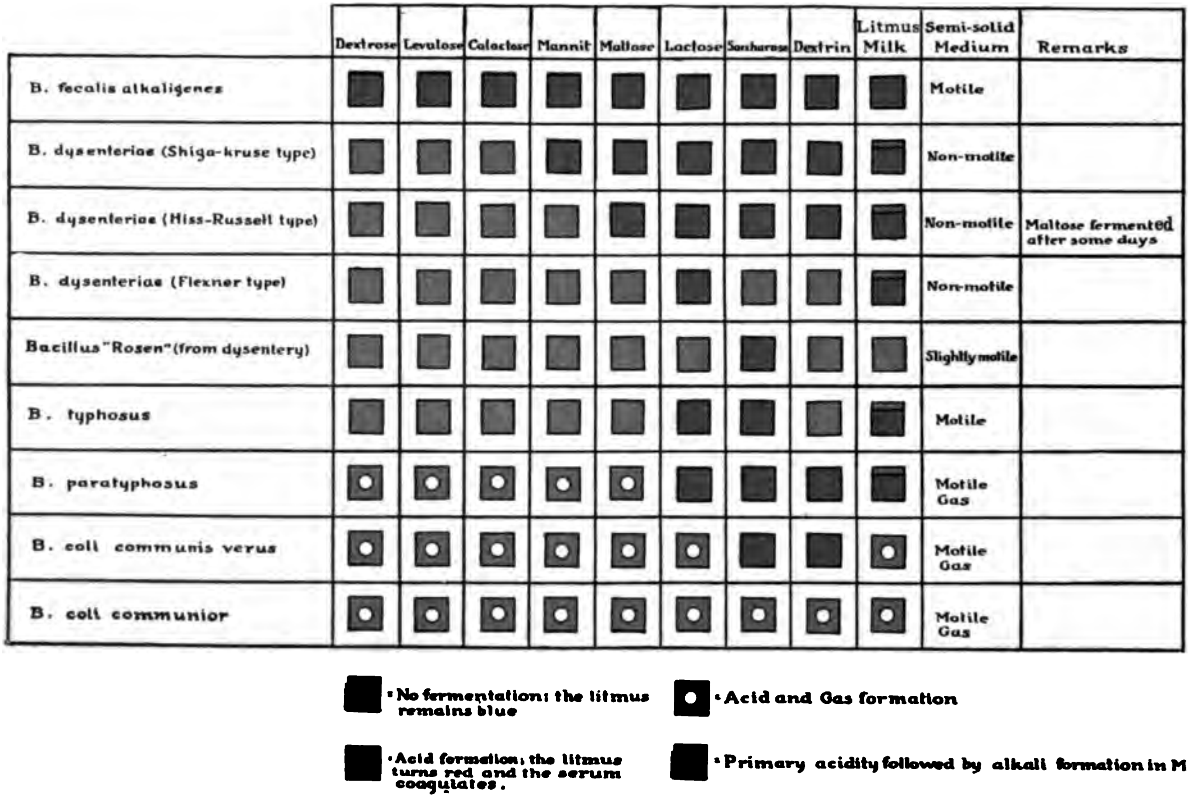
[3] *Shiga*, Zeit. f. Hyg., xli.

[4] *Kruse*, Deut. med. Woch., 1903

[5] *Ohno*, Philippine Jour. of Sci., vol. i, 1906.

[6] *Kraus* und *Doerr*, loc. cit.

FIG. 93.—SCHEME OF THE FERMENTATIONS OF THE DYSENTERY-TYPHOID-COLON GROUP OF BACILLI IN CARBOHYDRATE SERUM-WATER MEDIA.



	Dextrose	Levulose	Galactose	Mannit	Maltose	Lactose	Saccharose	Dextrin	Litmus Milk	Semi-solid Medium	Remarks
B. fecalis alkaligenes	■	■	■	■	■	■	■	■	■	Motile	
B. dysenteriae (Shiga-kruse type)	▨	▨	▨	■	■	■	■	■	⬒	Non-motile	
B. dysenteriae (Hiss-Russell type)	▨	▨	▨	▨	■	■	■	■	⬒	Non-motile	Maltose fermented after some days
B. dysenteriae (Flexner type)	▨	▨	▨	▨	▨	■	▨	▨	⬒	Non-motile	
Bacillus "Rosen" (from dysentery)	▨	▨	▨	▨	▨	▨	■	▨	▨	Slightly motile	
B. typhosus	▨	▨	▨	▨	▨	■	■	▨	⬒	Motile	
B. paratyphosus	▣	▣	▣	▣	▣	■	■	■	⬒	Motile Gas	
B. coli communis verus	▣	▣	▣	▣	▣	▣	■	■	▣	Motile Gas	
B. coli communior	▣	▣	▣	▣	▣	▣	▣	▣	▣	Motile Gas	

■ · No fermentation: the litmus remains blue

▣ · Acid and Gas formation

▨ · Acid formation: the litmus turns red and the serum coagulates.

⬒ · Primary acidity followed by alkali formation in Milk.

Passive immunization of animals and human beings with the serum of highly immunized horses has been variously attempted by Shiga,[1] Kraus,[2] Gay,[3] and others. All these observers have reported distinct benefit to the patients and a reduction of the mortality by the use of such sera. Striking and rapid reductions of temperature and rapid convalescence, after a single injection, have occasionally been observed. The earlier workers were inclined to attribute the beneficial results of these sera entirely to their bactericidal value.

Todd has recently demonstrated that the mixture of such an immune serum with solutions of toxin and exposure of the mixture at 37.5° C. for a half hour would produce almost complete neutralization of the poison, thus demonstrating that at least a large part of the beneficial action of the immune sera was due to a true antitoxic process. Because of the different varieties of dysentery bacilli, polyvalent serum has been recommended. Prophylactic vaccination of human begins with dead dysentery cultures has, so far, led to no practical result.

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[1] *Shiga,* Deut. med. Woch., 1901.

[2] *Kraus,* loc. cit.

[3] *Gay,* Penn. Med. Bull., 1902.

CHAPTER XXX

BACILLUS MUCOSUS CAPSULATUS, BACILLUS LACTIS AËROGENES, BACILLUS PROTEUS

BACILLUS MUCOSUS CAPSULATUS

(*Bacterium pneumoniæ*, *Friedländer's bacillus*, *Pneumobacillus*)

In 1882, Friedländer[1] announced the discovery of a microorganism which he believed to be the incitant of lobar pneumonia and which, in his original communications, he described as a "micrococcus."

A superficial morphological resemblance between Friedländer's microorganism and Diplococcus lanceolatus, now recognized as the most frequent cause of lobar pneumonia, led, at first, to much confusion, and it was not until several years later, owing to the careful researches of Fränkel[2] and of Weichselbaum,[3] that the "micrococcus" of Friedländer was recognized as a short, encapsulated bacillus which occurred in lobar pneumonia exceptionally only. Similar bacilli were subsequently found by other observers, bacilli which, mainly upon morphological grounds, are classified together as the "Friedländer group," or the "group of Bacillus mucosus capsulatus."

Morphology and Staining.—The Friedländer bacillus is a short, plump bacillus with rounded ends, subject to great individual variations as to size. Its average measurements are from 0.5 to 1.5 micra in width and 0.6 to 5 micra in length. Forms approaching both extremes may be met with in one and the same culture. The short, thick forms, frequently found in animal and human lesions, are almost coccoid and account for Friedländer's error in first describing the bacillus as a micrococcus. The bacilli may be single, in diplo-form, or in short chains. They are non-motile and possess no flagella. Spores are not formed.

The bacillus is characteristically surrounded by a well-developed capsule which is most perfectly demonstrated in preparations taken directly from some animal fluid, such as the secretion or exudate from infected areas. It is also seen, however, in smears made from agar or gelatin cultures. The capsule is usually large, twice or three times the size of the bacillus itself. When seen in chains or in groups, several bacilli may appear to be inclosed in one capsule. Prolonged cultivation on agar or gelatin may result in disappearance of the capsule. The bacillus is easily stained with the ordinary dyes, but is decolorized when stained by the Gram-method. Capsules may often be seen when the more intense anilin dyes are employed. They are brought out with much regularity by any of the usual capsule stains.

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[1] *Friedländer*, Virchow's Arch., lxxxvii, 1882; Fort. d. Med., i, 1883; ibid., ii, 1884.

[2] *Fränkel*, Zeit. f. klin. Med., x, 1886.

[3] *Weichselbaum*, Med. Jahrb., Wien, 1886.

Cultivation.—B. mucosus capsulatus is easily cultivated. It grows readily on all the usual culture media, both on those having a meat-infusion basis and on those made with meat extract. Growth takes place at room temperature (18° to 20°) and more rapidly at 37.5° C. A temperature of 60° C. and over kills the bacilli in a short time. The thermal death-point according to Sternberg is 56° C. Growth ceases below 10° to 12° C. Kept at room temperature and protected from drying, the bacillus may remain alive, in cultures, for several months.

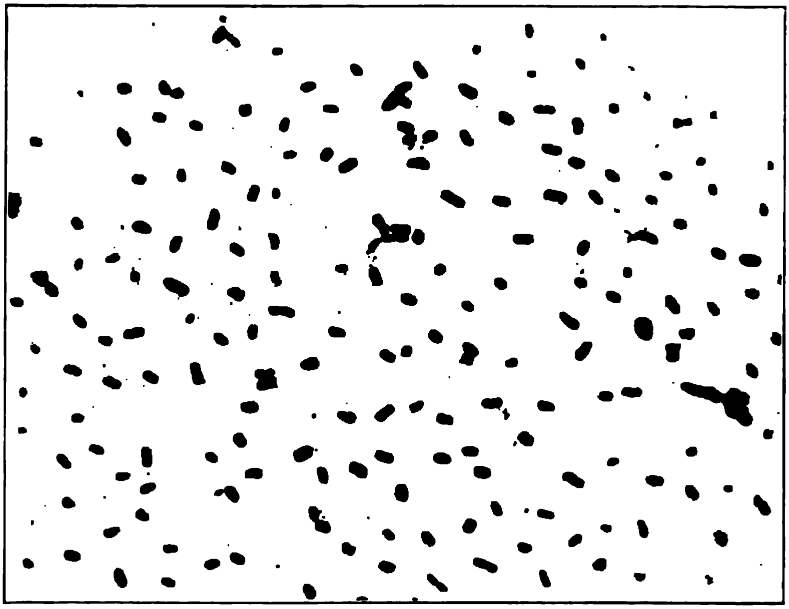

FIG. 94.—BACILLUS MUCOSUS CAPSULATUS.

The bacillus is not very fastidious as to reaction of media, growing equally well on moderately alkaline or acid media. It is aërobic and facultatively anaërobic; growth under anaërobic conditions, however, is not luxuriant.

On *agar*, growth appears in the form of grayish-white mucus-like colonies, having a characteristically slimy and semi-fluid appearance. Colonies have a tendency to confluence, so that on plates, after three or four days, a large part of the surface appears as if covered with a film of glistening, sticky exudate, which, if fished, comes off in a tenacious, stringy manner. It is often possible to make a tentative diagnosis of the bacillus from the appearance of this growth.

In *broth*, there is rapid and abundant growth, with the formation of a pellicle, general clouding, and later the development of a profuse, stringy sediment.

Stab cultures in *gelatin* show, at first, a white, thin line of growth along the course of the puncture. Soon, however, rapid growth at the top results in the formation of a grayish mucoid droplet on the surface, which, enlarging, gives the growth a nail-like appearance. This nail-shape was originally described by Friedländer and regarded as diagnostic for the bacillus. The gelatin is not fluidified. As the culture grows older the entire surface of the gelatin tube may be covered with growth, flowing out from the edges of the nail-head. The gelatin acquires a darker color and there may be a few gas bubbles below the surface. Microscopically, colonies on gelatin plates have a smooth outline and a finely granular or even homogeneous consistency.

On *blood serum*, a confluent mucus-like growth appears.

On *potato*, abundant growth appears, slightly more brownish in color than that on other media.

In *pepton solutions*, there is no indol formation.

In *milk*, there is abundant growth and marked capsule development. Coagulation occurs irregularly.

In considering the general cultural characteristics of the Friedländer bacillus, it must not be forgotten that we are dealing with a rather heterogeneous group, the individuals of which are subject to many minor variations. Capsule development, lack of motility, inability to fluidify gelatin, failure to form indol, and absence of spores, are characteristics common to all. In size, general appearance, gas formation, and pathogenicity, individual strains may vary much, one from the other. Strong [1] has studied various races as to gas formation and concludes that most strains form gas from dextrose and levulose, but that lactose is fermented by some only, other strains forming no gas from this sugar. About two-thirds of the gas formed is hydrogen, the rest CO_2. Acid formation, according to Strong, is also subject to much variation among different races.

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[1] *Strong*, Cent. f. Bakt., xxv, 1899.

Similar studies, made by Perkins,[1] have shown that most of the ordinary cultural characteristics of bacilli of this group are extremely variable and can not serve as a basis for differentiation. Reactions on sugars, however, are more constant and Perkins suggests a tentative division into three classes on this basis, as follows:

I. All carbohydrates fermented with the formation of gas.

II. All carbohydrates, except lactose, fermented with the formation of gas.

III. All carbohydrates, except saccharose, fermented with the formation of gas.

Type I. corresponds to B. aërogenes (Migula),

Type II. to B. Friedländer or Bacterium pneumoniæ (Migula), and

Type III. to Bacillus lactis aërogenes.

Differentiation by means of serum reactions has not proved satisfactory.

Pathogenicity.—When Friedländer first described this microorganism, he assumed it to be the incitant of lobar pneumonia. Subsequent researches by Weichselbaum [2] and others have shown it to be etiologically associated with pneumonia in about seven or eight per cent of all cases. The percentage in this country is probably lower. In such cases the diagnosis can often be made by the presence of the bacilli in the sputum, which has a peculiarly sticky and stringy character. Cases of Friedländer pneumonia are extremely severe and usually end in death. The bacillus has been found in connection with ulcerative stomatitis and nasal catarrh, and by Zinsser in two cases of severe tonsillitis in children. Fränkel and others have frequently found the bacilli in the pus from suppurations in the antrum of Highmore and the nasal sinuses. It has also been demonstrated in cases of fetid coryza (ozena), of which disease it is supposed by Abel [3] and others to be the specific cause. Whether the ozena bacillus represents a separate species or not, can not at present be decided. The bacillus of Friedländer has been found in empyema fluid, in pericardial exudate (after pneumonia), and in spinal fluid.[1] Isolated cases of Friedländer bacillus septicemia have been described.[2]

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[1] *Perkins*, Jour. of Infect. Dis., I, No. 2, 1904.

[2] *Weichselbaum*, loc. cit.

[3] *Abel*, Zeit. f. Hyg., xxi .

Being occasionally a saprophytic inhabitant of the normal intestine, it has been believed to be etiologically associated with some forms of diarrheal enteritis.

B. mucosus capsulatus is pathogenic for mice and guinea-pigs, less so for rabbits. Inoculation of susceptible animals is followed by local inflammation and death by septicemia. If inoculation is intraperitoneal, there is formed a characteristically mucoid, stringy exudate.

The question of immunization against bacilli of the Friedländer group is still in the stage of experimentation. Immunization with carefully graded doses of dead bacilli has been successful in isolated cases. Specific agglutinins in immune serum have been found by Clairmont,[3] but irregularly and potent only against the particular strain used for the immunization.

OTHER BACILLI OF THE FRIEDLÄNDER GROUP

Bacillus of Rhinoscleroma.—This bacillus was discovered by v. Frisch [4] in 1882. It is a plump, short rod, with rounded ends, morphologically almost identical with Friedländer's bacillus; it is non-motile and possesses a distinct capsule. Although at first described as Gram-positive, it has been shown to be decolorized when this method of staining is used. Its cultural characteristics are almost identical with those of B. mucosus capsulatus. It forms similar slimy colonies, has a nail-like appearance in gelatin stab cultures, and in pepton solutions produces no indol. According to Wilde,[5] it differs from B. mucosus capsulatus in forming no gas in dextrose bouillon, in producing no acid in lactose bouillon, and in never coagulating milk.

Pathogenicity.—The bacillus of rhinoscleroma is but moderately pathogenic for animals delicately susceptible to the bacillus of Friedländer. Rhinoscleroma, the disease produced by this bacillus in man, consists of a slowly growing granulomatous inflammation, located usually at the external nares or upon the mucosa of the nose, mouth, pharynx, or larynx. It is composed of a number of chronic, hard, nodular swellings, which, on histological examination, show granulation tissue and productive inflammation. In the meshes of the abundant connective tissue lie many large swollen cells, the so-called "Mikulicz cells."[1] The rhinoscleroma bacilli lie within these cells and in the intercellular spaces. They can be demonstrated in histological sections and can be cultivated from the lesions, usually in pure culture. Rhinoscleroma is rare in America. It is most prevalent in Southeastern Europe. The disease is slowly progressive and comparatively intractable to surgical treatment, but hardly ever affects the general health unless by mechanical obstruction of the air passages.

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[1] *Jäger*, Zeit. f. Hyg., xix.
[2] *Hovard*, Johns Hopkins Hosp. Bull., 1899.
[3] *Clairmont*, Zeit. f. Hyg., xxxix.
[4] *v. Frisch*, Wien. med. Woch., 1882.
[5] *Wilde*, Cent. f. Bakt., xx, 1896.

B. Ozænæ.—The work of Abel[2] and others has shown that ozena, or fetid nasal catarrh, is almost always associated with a bacillus morphologically and culturally almost identical with B. mucosus capsulatus. The bacillus can not be definitely separated from the latter. According to Wilde[3] it forms no gas in dextrose bouillon and is less pathogenic for mice than B. Friedländer. Whether it is a separate species, or merely an atypical form changed by environment, can not be stated at present.

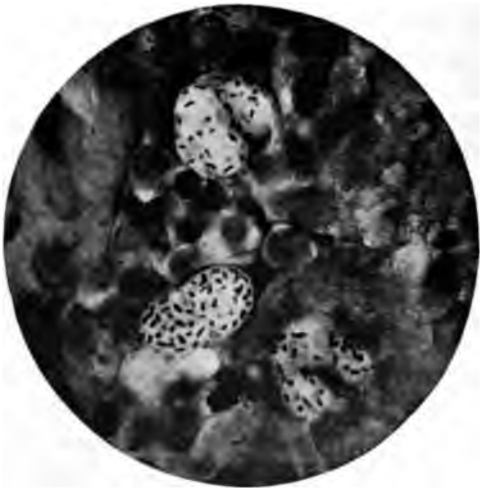

FIG. 95.—BACILLUS OF RHINOSCLEROMA. Section of tissue showing the microorganisms within Mikulicz cells. (After Fränkel and Pfeiffer.)

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[1] *Mikulicz*, Arch. f. Chir., xx, 1876.

[2] *Abel*, Zeit. f. Hyg., xxi

[3] *Wilde*, loc. cit.

BACILLUS LACTIS AËROGENES

Bacillus lactis aërogenes is the type of a group which is closely similar to the colon group and often distinguished from it with difficulty. It was first described by Escherich[1] in 1885 who isolated it from the feces of infants. Since then it has been learned that this bacillus is almost constantly present in milk, and, together with one or two other microorganisms, is the chief cause of the ordinary souring of milk. Apart from its occurrence in milk, moreover, the bacillus is widely distributed in nature, being found in feces, in water, and in sewage. It is distinguishable from the colon bacillus chiefly by the fact that it is non-motile, possesses no flagella, hardly ever forms chains, and, when cultivated upon suitable media, especially milk, it possesses a distinct capsule. It differs from the colon bacillus, furthermore, in that it is capable of fermenting polysaccharids, such as starch, and does not form indol upon pepton media. It is distinguishable from the bacillus of Friedländer (B. mucosus capsulatus), according to Wilde,[2] by its more energetic gas formation in dextrose broth, its ability to produce acid on lactose media, and its invariable coagulation of milk.

The bacillus is about 0.5 to 1 micron in width and 2 to 4 micra in length. It grows easily upon the simplest media, is a facultative anaërobe, and grows most abundantly at a temperature between 25° and 30° C.

Upon *agar* and *gelatin* it grows readily with a heavy white growth, the colonies of which have a tendency to confluence and are distinctly more mucoid in appearance than are those of Bacillus coli.

In *broth*, it causes a general clouding and a pellicle. The cultures have a slightly sour or cheesy odor.

On *potato*, the growth is heavy and gas is formed.

On *milk*, there is rapid coagulation and acid formation. It is characteristic of this bacillus that it is capable of producing a large amount of acid, chiefly lactic, and of being able to withstand these large amounts of acid without being injured by them.

The pathogenicity of Bacillus lactis aërogenes for man is slight. Its chief claims to importance lie in its milk-coagulating properties and its almost constant presence in the human intestine. In infants, it may give rise to flatulence and it has been occasionally observed as the sole incitant of cystitis. Among such cases rare instances have been observed in which it has formed gas in the bladder (pneumaturia). When this occurs the urine is not ammoniacal but remains acid.

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[1] *Escherich*, Fort. d. Med., 16, 17, 1885. [2] *Wilde*, Cent. f. Bakt., xx, 1896.

Different strains of this bacillus vary much in their pathogenicity for animals. Wilde claims that it is more pathogenic for white mice and guinea-pigs than is the bacillus of Friedländer. He speaks of it as the most virulent member of this group. Kraus, writing in Fluegge's "Mikroorganismen," rates its pathogenicity less high.

Closely related to this bacillus, as well as to those of the Friedländer group, is an encapsulated bacillus isolated from a case of bronchopneumonia by Mallory and Wright,[1] which is strongly pathogenic for mice, guinea-pigs, and rabbits.

BACILLI OF THE PROTEUS GROUP

The bacilli of this group have little pathological interest, but are important because of the frequency with which they are encountered in routine bacteriological work. They may confuse the inexperienced because of a superficial similarity to bacilli of the colon-typhoid group. In form they may be short and plump or long and slender, staining easily with anilin dyes and decolorizing with Gram's method. They are actively motile and possess many flagella. The individuals stain irregularly, often showing unstained areas near the center. The type of the group is found in the so-called Bacillus proteus vulgaris described by Hauser[2] in 1885.

Bacilli of this group are widely distributed, being found in water, soil, air, and wherever putrefaction takes place. In fact, proteus is one of the true putrefactive bacteria possessing the power to cause the cleavage of proteids into their simplest radicles.

Bacillus proteus vulgaris grows best at temperatures at or about 25° C. and develops upon the simplest media. It is a facultative anaërobe and forms no spores.

In *broth*, it produces rapid clouding with a pellicle and the formation of a mucoid sediment.

In *gelatin*, the colonies are characteristically irregular, giving the name to this group.

Gelatin is rapidly liquefied. Liquefaction, however, is diminished or even inhibited under anaërobic conditions.

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[1] *Mallory* and *Wright*, Zeit. f. Hyg., xx, 1895.

[2] *Hauser*, "Ueber Fäulniss-Bakt.," Leipzig, 1885.

On *agar* and other solid media, as well as upon gelatin before liquefaction has taken place, characteristic colonies are produced. From the central flat, grayish-white colony nucleus, numerous irregular streamers grow out over the surrounding media, giving the colony a stellate appearance.

On *potato*, it forms a dirty, yellowish growth.

In milk, there is coagulation and an acid reaction at first; later the casein is redissolved by proteolysis.

Blood serum is often liquefied, but not by all races.

The pathogenic powers of proteus bacilli are usually slight. Large doses injected into animals may give rise to localized abscesses. In man proteus infections have been described as occurring in the bladder; in most cases, however, in combination with some other microorganism. The so-called Urobacillus liquefaciens septicus described by Krogius was probably a variety of this group. Epidemics [1] of meat poisoning have been attributed to members of the proteus family by some observers. Thus Wesenberg [2] was able to cultivate a proteus bacillus from putrid meat which had caused acute gastroenteritis in sixty-three individuals. Similar epidemics have been reported by Silberschmidt,[3] Pfuhl,[4] and others. In some of these the bacilli proved to be unusually toxic when injected into animals, but could not be recovered from the organs after death.

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[1] *Schnitzler*, Cent. f. Bakt., viii, 1890. [2] *Wesenberg*, Zeit. f. Hyg., xxviii, 1898.

[3] *Silberschmidt*, Zeit. f. Hyg., xxx, 1899. [4] *Pfuhl*, Zeit. f. Hyg., xxxv, 1900.

CHAPTER XXXI

BACILLUS TETANI

Lockjaw or tetanus, though a comparatively infrequent disease, has been recognized as a distinct clinical entity for many centuries. The infectious nature of the disease, however, was not demonstrated until 1884, when Carlo [1] and Rattone succeeded in producing tetanus in rabbits by the inoculation of pus from the cutaneous lesion of a human case. Nicolaier,[2] not long after, succeeded in producing tetanic symptoms in mice and rabbits by inoculating them with soil. In connection with the lesions produced at the point of inoculation, Nicolaier described a bacillus which may have been Bacillus tetani, but which he was unable to cultivate in pure culture. Kitasato,[3] in 1889, definitely solved the etiological problem by obtaining from cases of tetanus pure cultures of bacilli with which he was able again to produce the disease in animals.

Kitasato succeeded where others had failed because of his use of anaërobic methods and his elimination of non-spore-bearing contaminating organisms by means of heat. His method of isolation was as follows: The material containing tetanus bacilli was smeared upon the surface of agar slants. These were permitted to develop at incubator temperature for twenty-four to forty-eight hours. At the end of this time the cultures were subjected to a temperature of 80° C. for one hour. The purpose of this was to destroy all non-sporulating bacteria, as well as aërobic spore-bearers which had developed into the vegetative form. Agar plates were then inoculated from the slants and exposed to an atmosphere from which oxygen had been completely eliminated and hydrogen substituted. On these plates colonies of tetanus bacilli developed.

Morphology and Staining.—The bacillus of tetanus is a slender bacillus, 2 to 5 micra in length, and 0.3 to 0.8 in breadth. The vegetative forms which occur chiefly in young cultures are slightly motile and are seen to possess[1] numerous peritrichal flagella, when stained by special methods. After twenty-four to forty-eight hours of incubation, the length of time depending somewhat on the nature of the medium and the degree of anaërobiosis, the bacilli develop spores which are characteristically located at one end, giving the bacterium the diagnostic drumstick appearance.

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[1] *Carlo e Rattone*, Giornale d. R. Acad. d. Torino, 1884.

[2] *Nicolaier*, Inaug. Diss., Göttingen, 1885.

[3] *Kitasato*, Deut. med. Woch., No. xxxi, 1889.

As the cultures grow older the spore-bearing forms completely supersede the vegetative ones. Very old cultures contain spore-bearing bacilli and spores only.

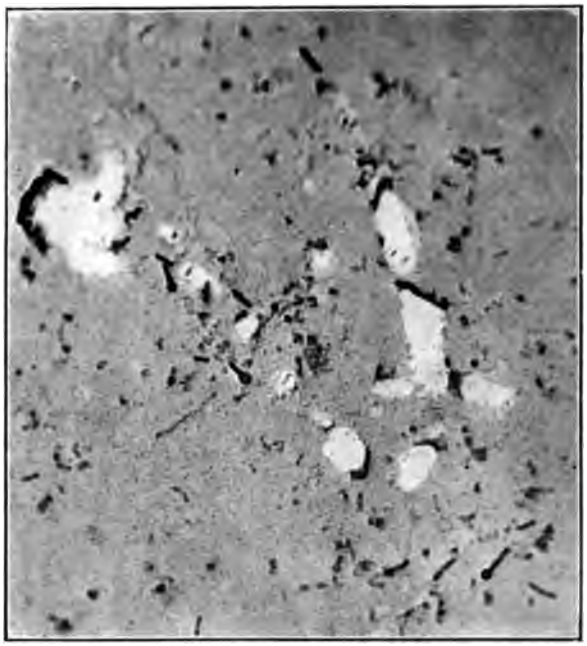

FIG. 96.—BACILLUS TETANI. Spore stain.

The tetanus bacillus is easily stained by the usual anilin dyes, and reacts positively to Gram's stain. Flagella staining is successful only when very young cultures are employed.

Distribution.—In nature, the tetanus bacillus has been found by Nicolaier and others to occur in the superficial layers of the soil. The earth of cultivated and manured fields seems to harbor this organism with especial frequency, probably because of its presence in the dejecta of some of the domestic animals.

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[1] *Vottaler*, Zeit. f. Hyg., xxvii.

Biological Characteristics.—The bacillus of tetanus is generally described as an obligatory anaërobe. While it is unquestionably true that growth is ordinarily obtained only in the complete absence of oxygen, various observers, notably Ferran[1] and Belfanti,[2] have successfully habituated the bacillus to aërobic conditions by the gradual increase of oxygen in cultures. Habituation to aërobic conditions has usually been accompanied by diminution or loss of pathogenicity and toxin-formation. Anaërobic conditions may likewise be dispensed with if tetanus bacilli be grown in symbiosis with some of the aërobic bacteria. The addition to culture media of suitable carbohydrates, and of fresh sterile liver tissue, has also been found to render it less exacting as to absolute anaërobiosis.[3]

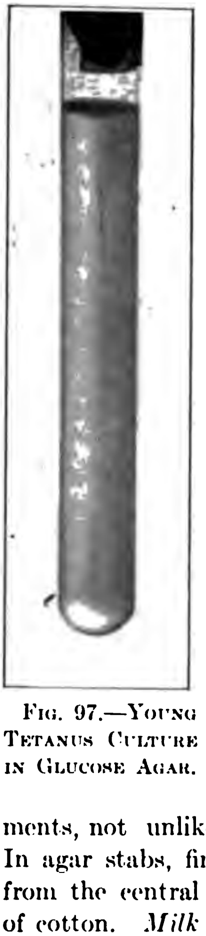

FIG. 97.—YOUNG TETANUS CULTURE IN GLUCOSE AGAR.

Anaërobically cultivated, Bacillus tetani grows readily upon meat-infusion *broth*, which it clouds within twenty-four to thirty-six hours. Anaërobic broth cultures may be simply made by covering the surface of the medium with a layer of albolin or any other oil, and removing the air by boiling.

Upon meat-infusion *gelatin* at 20° to 22° C. the tetanus bacillus grows readily, growth becoming visible during the second or third day. There is slow fluidification of the gelatin.

On *agar*, at 37.5° C., growth appears within forty-eight hours. Colonies on agar plates present a rather characteristic appearance, consisting of a compact center surrounded by a loose meshwork of fine filaments, not unlike the medusa-head appearance of subtilis colonies. In agar stabs, fine radiating processes growing out in all directions from the central stab tend to give the culture the appearance of a fluff of cotton. *Milk* is a favorable culture medium and is not coagulated. On *potato*, growth is delicate and hardly visible.

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[1] *Ferran*, Cent. f. Bakt., xxiv, No. 1.

[2] *Belfanti*, Arch. per le sci. med., xvi.

[3] *Th. Smith, Brown*, and *Walker*, Jour. Med. Res., N. S., ix, 1906.

The most favorable temperature for the growth of this bacillus is 37.5° C. Slight alkalinity or neutrality of the culture media is most advantageous, though moderate acidity does not altogether inhibit growth. All the media named may be rendered more favorable still by the addition of one or two per cent of glucose, maltose, or sodium formate.[1] In media containing certain carbohydrates, tetanus bacilli produce acid. In gelatin and agar, moderate amounts of gas are produced, consisting chiefly of CO_2, but with the admixtures of other volatile substances which give rise to a characteristically unpleasant odor, not unlike that of putrefying organic matter. This odor is due largely to H_2S and methylmercaptan.

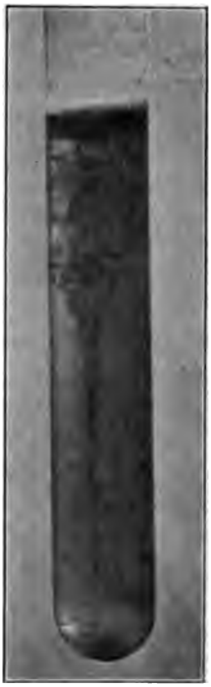

Fig. 98.—Older Tetanus Culture in Glucose Agar.

The vegetative forms of the tetanus bacillus are not more resistant against heat or chemical agents than the vegetative forms of other microorganisms. Tetanus spores, however, will resist dry heat at 80° C. for about one hour, live steam for about five minutes; five per cent carbolic acid kills them in twelve to fifteen hours; one per cent of bichlorid of mercury in two or three hours. Direct sunlight diminishes their virulence and eventually destroys them.[2] Protected from sunlight and other deleterious influences, tetanus spores may remain viable and virulent for many years. Henrijean[3] has reported her success in producing tetanus with bacilli from a splinter of wood infected eleven years before.

Pathogenicity.—The comparative infrequency of tetanus infection is in marked contrast to the wide distribution of the bacilli in nature. Introduced into the animal body as spores, and free from toxin, they may often fail to incite disease, easily falling prey to phagocytosis and other protective agencies before the vegetative forms develop and toxin is formed. The protective importance of phagocytosis was demonstrated by Vaillard and Rouget,[4] who introduced tetanus spores inclosed in paper sacs into the animal body. By the paper capsules the spores were protected from the leucocytes, not from the body fluids. Nevertheless, tetanus developed in the animals. The nature of the wound and the simultaneous presence of other microorganisms seem to be important factors in determining whether or not the tetanus bacilli shall be enabled to proliferate. Deep, lacerated wounds, in which there has been considerable tissue destruction, and in which chips of glass, wood splinters, or grains of dirt have become embedded, are particularly favorable for the development of these germs. The injuries of compound fractures and of gunshot wounds are especially liable to supply these conditions, and the presence in such wounds of the common pus cocci, or of other more harmless parasites, may aid materially in furnishing an environment suitable for the growth of the tetanus bacilli. Apart from its occurrence following trauma, tetanus has been not infrequently observed after childbirth,[1] and isolated cases have been reported in which it has followed diphtheria and ulcerative lesions of the throat.[2]

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[1] *Kitasato*, Zeit. f. Hyg., 1891.

[2] *v. Eisler* und *Pribram*, in Levaditi, "Handbuch," etc., Jena, 1907.

[3] *Henrijean*, Ann. de la soc. méd. chir. de Liège, 1891.

[4] *Vaillard* et *Rouget*, Ann. de l'inst. Pasteur, 1892.

A definite period of incubation elapses between the time of infection with tetanus bacilli and the development of the first symptoms. In man this may last from five to seven days in acute cases, to from four to five weeks in the more chronic ones. Experimental inoculation of guinea-pigs is followed usually in from one to three days by rigidity of the muscles nearest the point of infection. This spastic condition rapidly extends to other parts and finally leads to death, which occurs within four or five days after infection.

Autopsies upon human beings or animals dead of tetanus reveal few and insignificant lesions. The initial point of infection, if at all evident, is apt to be small and innocent in appearance. Further than a general and moderate congestion, the organs show no pathological changes. Bacilli are found sparsely even at the point of infection, and have been but rarely demonstrated in the blood or viscera. Nicolaier succeeded in producing tetanus with the organs of infected animals in but eleven out of fifty-two cases. More recently, Tizzoni[3] and Creite[4] have succeeded in cultivating tetanus bacilli out of the spleen and heart's blood of infected human beings.

Tetanus Toxin.—The pathogenicity of the tetanus bacillus depends entirely upon the soluble toxin which it produces. This toxin is produced in suitable media by all strains of virulent tetanus bacilli, individual strains showing less variation in this respect than do the separate strains of diphtheria bacilli. While partial aërobiosis does not completely eliminate toxin formation, anaërobic conditions are by far more favorable for its development.

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[1] *Baginsky*, Deut. med. Woch., 1893.

[2] *Foges*, Wien. med. Woch., 1895.

[3] *Tizzoni*, Ziegler's Beit., vii.

[4] *Creite*, Cent. f. Bakt., xxxvii.

The medium most frequently employed for the production of tetanus toxin is neutral or slightly alkaline beef-infusion bouillon containing five-tenths per cent NaCl and one per cent pepton. Glucose, sodium formate, or tincture of litmus may be added, but while these substances increase the speed of growth of the bacilli they do not seem to enhance the degree of toxicity of the cultures. Glucose is said even to be unfavorable for strong toxin development. It is important, too, that the bouillon shall be freshly prepared.[1] There does not seem to be any direct relationship between the amount of growth and the degree of toxicity of the cultures. Under anaërobic conditions in suitable bouillon and grown at 37.5° C., the maximum toxin content of the cultures is reached in from ten days to two weeks. After this time the toxin deteriorates rapidly.

Tetanus toxin has been produced without resort to anaërobic methods by several observers, notably by Debrand,[2] by cultivating the bacilli in bouillon in symbiosis with Bacillus subtilis. By this method, Debrand claims to have produced toxin which was fully as potent as that produced by anaërobic cultivation.

The tetanus toxin, in solution in the bouillon cultures, may be separated from the bacteria by filtration through Berkefeld or Chamberland filters. Since the poison in such filtrates deteriorates very rapidly, much more rapidly even than diphtheria toxin, various methods have been devised to obtain the toxin in the solid state. The most useful of these is precipitation of the poison out of solution by oversaturation with ammonium sulphate.[3] Very little of the toxin is lost by this method and, thoroughly dried and stocked in vacuum tubes, together with anhydrous phosphoric acid, it may be preserved indefinitely without deterioration. The precipitate thus formed is easily soluble in water or salt solution, and therefore permits of the preparation of uniform solutions for purposes of standardization.

Brieger and Boer[4] have also succeeded in precipitating the toxin out of broth solution with zinc chloride. Vaillard and Vincent[5] have procured it in the dry state by evaporation *in vacuo*.

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[1] *Vaillard* et *Vincent*, Ann. de l'inst. Pasteur, 1891.

[2] *Debrand*, Ann. de l'inst. Pasteur, 1890, 1902.

[3] *Brieger* und *Cohn*, Zeit. f. Hyg., xv.

[4] *Brieger* und *Boer*, Zeit. f. Hyg., xxi.

[5] *Vaillard* et *Vincent*, Ann. de l'inst. Pasteur, 1891.

Brieger and Cohn,[1] Brieger and Boer,[2] and others have attempted to isolate tetanus poison, removing the proteids from the ammonium sulphate precipitate by various chemical methods. The purest preparations obtained have been in the form of fine yellowish flakes, soluble in water, insoluble in alcohol and ether. Solutions of this substance have failed to give the usual proteid reactions.

The toxin when in solution is extremely sensitive to heat. Kitasato [3] states that exposure to 68° C. for five minutes destroys it completely. Dry toxin is more resistant,[4] often withstanding temperatures of 120° C. for more than fifteen minutes. Exposure to direct sunlight destroys the poison in fifteen to eighteen hours.[5]

Interesting experiments as to the action of eosin upon tetanus toxin have been carried out by various observers. Flexner and Noguchi[6] found that five per cent eosin added to the toxin would destroy it within one hour. This action is ascribed to the photodynamic power of the eosin.

The toxin exerts an extremely low osmotic pressure and is easily destroyed by electric currents.

Tetanus toxin is one of the most powerful poisons known to us. Filtrates of broth cultures, in quantities of 0.000,005 c.c., will often prove fatal to mice of ten grams weight. Dry toxin obtained by ammonium sulphate precipitation[7] is quantitatively even stronger, values of 0.000,001 grams as a lethal dose for a mouse of the given weight not being uncommon. Brieger and Cohn [8] succeeded in producing a dry toxin capable of killing mice in doses of 0.000,000,05 gram.

Different species of animals show great variation in their susceptibility to tetanus toxin. Human beings and horses are probably the most susceptible species in proportion to their body weight. The common domestic fowls are extremely resistant. Calculated for grams of body weight, the horse is twelve times as susceptible as the mouse, the guinea-pig six times as susceptible as the mouse. The hen, on the other hand, is 200,000 times more resistant than the mouse.

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[1] *Brieger* und *Cohn,* loc. cit.

[2] *Brieger* und *Boer,* Zeit. f. Hyg., xxi.

[3] *Kitasato,* Zeit. f. Hyg., x.

[4] *Morax* et *Marie,* Ann. de l'inst. Pasteur, 1902.

[5] *Fermi* und *Pernossi,* Cent. f. Bakt., xv.

[6] *Flexner* and *Noguchi,* "Studies from Rockefeller Inst.," v., 1905.

[7] *Brieger* und *Cohn,* loc. cit.

[8] *Brieger* und *Cohn.,* Zeit. f. Hyg., xv.

After the inoculation of an animal with tetanus toxin there is always a definite period of incubation before the toxic spasms set in. This period may be shortened by increase of the dose, but never entirely eliminated.[1] When the toxin is injected subcutaneously, spasms begin first in the muscles nearest the point of inoculation. Intravenous inoculation,[2] on the other hand, usually results in general tetanus of all the muscles. The feeding of toxin does not produce disease, the poison being passed through the bowel unaltered.

The harmful action of tetanus toxin is generally attributed to its affinity for the central nervous system. Wassermann and Takaki[3] showed that tetanus toxin was fully neutralized when mixed with brain substance. Other organs—liver and spleen, for instance—showed no such neutralizing power. The central origin of the tetanic contractions was made very evident by the work of Gumprecht,[4] who succeeded in stopping the spasms in a given region by division of the supplying motor nerves.

The manner in which the toxin reaches the central nervous system has been extensively investigated, chiefly by Meyer and Ransom, and Marie and Morax. Meyer and Ransom[5] from a series of careful experiments reached the conclusion that the toxin is conducted to the nerve centers along the paths of the motor nerves. Injected into the circulation,[6] the toxin reaches simultaneously all the motor nerve endings, producing general tetanus. In this case too, therefore, the poison from the blood can not pass directly into the central nervous system, but must follow the route of nerve tracts.

These observations have been of great practical value in that they pointed to the desirability of the injection of tetanus antitoxin directly into the nerves and the central nervous system in active cases.

Tetanolysin.—Tetanus bouillon contains, besides the "tetanospasmin" described above which produces the familiar symptoms of the disease, another substance discovered by Ehrlich[7] and named by him "tetanolysin." Tetanolysin has the power of causing hemolysis of the red blood corpuscles of various animals, and is an entirely separate substance from tetanospasmin. It may be removed from toxic broth by admixture of red blood cells, is more thermolabile than the tetanospasmin, and gives rise to an antihemolysin when injected into animals. For the production, standardization, and use of tetanus antitoxin, see p. 220 *et seq.*

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[1] *Courmont* et *Doyen*, Arch. de phys., 1893.

[2] *Ransom*, Deut. med. Woch., 1893.

[3] *Wassermann* und *Takaki*, Berl. klin. Woch., 1898.

[4] *Gumprecht*, Pflüger's Arch., 1895.

[5] *Meyer* und *Ransom*, Arch. f. exp. Pharm. u. Path., xlix.

[6] *Marie* et *Morax*, Ann. de l'inst. Pasteur, 1902.

[7] *Ehrlich*, Berl. klin. Woch., 1898.

CHAPTER XXXII

BACILLUS OF SYMPTOMATIC ANTHRAX, BACILLUS OF MALIGNANT EDEMA, BACILLUS AËROGENES CAPSULATUS, BACILLUS BOTULINUS

BACILLUS OF SYMPTOMATIC ANTHRAX

(*Bacillus anthracis symptomatici, Rauschbrand, Charbon symptomatique, Sarcophysematos bovis*)

SYMPTOMATIC anthrax is an infectious disease occurring chiefly among sheep, cattle, and goats. It is colloquially spoken of as "quarter-evil" or "blackleg." The disease has never been observed in man. It was formerly, and is often to-day, confused with true anthrax, largely because of a superficial similarity between the clinical symptoms of the two maladies. Bacteriologically, the two microorganisms are in entirely different classes.

Geographically, symptomatic anthrax is of wide distribution and infection is usually through the agency of the soil in which the bacillus is present, probably in the form of spores which may retain viability and pathogenicity for several years.

Morphology and Staining.—The bacillus of symptomatic anthrax is a bacillus with rounded ends, somewhat shorter and relatively thicker than the bacillus of malignant edema, being about four to six micra long, and five-tenths to six-tenths micra wide. It is usually seen singly and never forms long chains. The bacillus in its vegetative form is actively motile and possesses numerous flagella placed about its periphery. In artificial media it forms spores which are oval, broader than the rod itself, and placed near, though never actually at, the end of the bacillary body. This gives the bacillus a racket-shaped appearance.

It is readily stained with the usual anilin dyes, but is decolorized by Gram's method of staining.

Cultivation.—The bacillus is a strict anaërobe. It was obtained in pure culture first by Kitasato.[1] Under anaërobic conditions it is easily cultivated upon the usual laboratory media, all of which are more favorable after the addition of glucose, glycerin, or nutrose. In all media there is active gas formation, which, owing to an admixture of butyric acid, is of a foul, sour odor. The bacillus is not very delicate in its requirements of a special reaction of media, growing equally well on those slightly acid or slightly alkaline.

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[1] *Kitasato*, Woch. f. Hyg., 1889.

On *gelatin plates*, at 20° C., colonies appear in about twenty-four hours, usually round or oval, with a compact center about which fine radiating filaments form an opaque halo. The gelatin is fluidified.

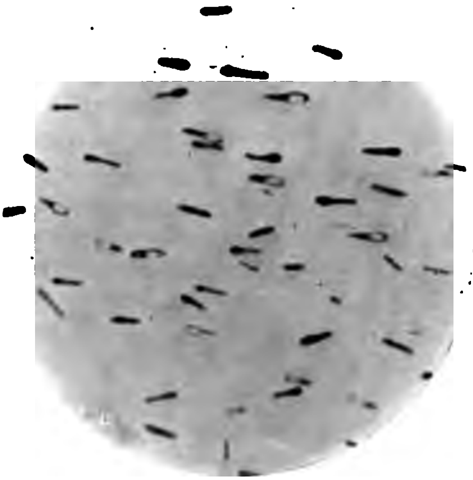

Fig. 99.—Bacillus of Symptomatic Anthrax. (After Zettnow.)

Surface colonies upon *agar plates* are circular and made up of a slightly granular compact center, from which a thinner peripheral zone emanates, containing microscopically a tangle of fine threads.

In *agar stabs*, at 37.5° C., growth appears within eighteen hours, rapidly spreading from the line of stab as a diffuse, fine cloud. Gas formation, especially near the bottom of the tube, rapidly leads to the formation of bubbles and later to extensive splitting of the medium. In *gelatin stab* cultures growth is similar to that in agar stabs, though less rapid.

Pathogenicity.—Symptomatic anthrax bacilli are pathogenic for cattle, sheep, and goats. By far the largest number of cases, possibly the only spontaneous ones, appear among cattle. Guinea-pigs are very susceptible to experimental inoculation. Horses are very little susceptible. Dogs, cats, rabbits, and birds are immune. Man also appears to be absolutely immune. Spontaneous infection occurs by the entrance of infected soil into abrasions or wounds, usually of the lower extremities. Infection depends to some extent upon the relative degree of virulence of the bacillus—a variable factor in this species. Twelve to twenty-four hours after inoculation there appears at the point of entrance a soft, puffy swelling, which on palpation is found to emit an emphysematous crackling. The emphysema spreads rapidly, often reaching the abdomen and chest within a day. The course of the disease is extremely acute, the fever high, the general prostration extreme. Death may result within three or four days after inoculation.

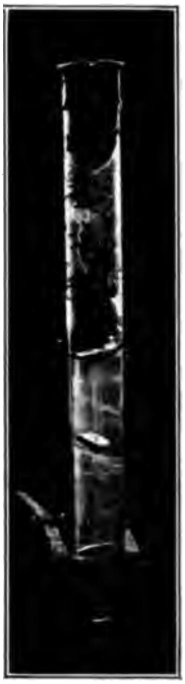

FIG. 100.—BACILLUS OF SYMPTOMATIC ANTHRAX. Culture in glucose agar.

At autopsy the swollen area is found to be infiltrated with a thick exudate, blood-tinged and foamy. Subcutaneous tissue and muscles are edematous and crackle with gas. The internal organs show parenchymatous degeneration and hemorrhagic areas. The bacilli, immediately after death, are found but sparsely distributed in the blood and internal organs, but are demonstrable in enormous numbers in the edema surrounding the central focus.

If carcasses are allowed to lie unburied for some time, the bacilli will attain a general distribution, and the entire body will be found bloated with gas, the organs filled with bubbles. Practically identical conditions are found after experimental inoculation.

Toxins.—According to the investigations of Leclainche and Vallée,[1] the bacillus of symptomatic anthrax produces a soluble toxin. It is not formed to any extent in ordinary broth, but is formed in considerable quantities in broth containing blood or albuminous animal fluids.

The best medium for obtaining toxin, according to the same authors, is the bouillon of Martin,[2] made up of equal parts of veal infusion and a pepton solution obtained from the macerated tissues of the stomachs of pigs. The toxin contained in filtrates of such cultures is quite resistant to heat, but rapidly deteriorates if free access of air is allowed.

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[1] *Leclainche* et *Vallée*, Ann. de l'inst. Pasteur, 1900.

[2] *Martin*, Ann. de l'inst. Pasteur, 1898.

Immunity.—Active immunization against the bacillus of symptomatic anthrax was first accomplished by Arloing[1] and his collaborators by the subcutaneous inoculation of cattle with tissue-extracts of infected animals. The work of these authors resulted in a practical method of immunization which is carried out as follows:

Two vaccines are prepared. Vaccine I consists of the juice of infected meat, dried and heated to 100° C. for six hours. Vaccine II is a similar meat-juice heated to 90° C., for the same length of time. By the heating, the spores contained in the vaccines are attenuated to relatively different degrees. Vaccine I in quantities of 0.01 to 0.02 c.c. is emulsified in sterile salt solutions and injected near the end of the tail of the animal to be protected. A similar quantity of Vaccine II is injected in the same way fourteen days later.

This method has been retained in principle, but largely modified in detail by various workers. Kitt[2] introduced the use of the dried and powdered whole meat instead of the meat juice, and made only one vaccine, heated to 94° C., for six hours. This method has been largely used in this country.[3] Passive immunization with the serum[4] of actively immunized sheep and goats has been used in combination with the methods of active immunization.

BACILLUS OF MALIGNANT EDEMA

(*Bacillus œdematis maligni, Vibrion septique*)

In 1877, Pasteur[5] described a bacillus which he had found in guinea-pigs and rabbits experimentally inoculated with putrefying animal tissues. This bacillus, which he named "Vibrion septique," he succeeded in cultivating only under anaërobic conditions and in an impure state, and described as its pathognomonic characteristics the formation of an extensive edema in and about the point of inoculation.

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[1] *Arloing, Cornevin*, et *Thomas*, "Le Charbon Sympt.," etc., Paris, 1887. Ref. from Grassberger und Schattenfroh, Kraus und Levaditi, "Handbuch," etc., vol. i, pt. 2.

[2] *Kitt*, Ref. from Grassberger und Schattenfroh, loc. cit.

[3] Report of Bureau of Animal Ind., Wash., 1902.

[4] *Arloing, Leclainche*, et *Vallée*, loc. cit.

[5] *Pasteur*, Bull. de l'acad. de méd., 1877, p. 793.

Koch,[1] who studied this infection in connection with his work upon anthrax in 1881, called attention to the fact that the bacillus described by Pasteur did not produce a true septicemia, and suggested the term "Bacillus of malignant edema," which is now in general use.

Gaffky[2] found that, apart from its presence in putrid material, the bacillus occurred in the upper layers of garden soil and in dust. It has since been found to be widely distributed in nature and in the intestines of animals and of man. Its wide distribution is unquestionably due to the great resistance of its spores.

Morphology and Staining.—The bacillus of malignant edema is a long slender rod, not unlike the anthrax bacillus, but decidedly more slender. Its average measurements are 1 micron in thickness and 3 to 8 micra in length. It usually occurs as single rods, but frequently appears in long threads showing irregular subdivisions. Often no subdivisions can be seen and the threads appear as long, homogeneous filaments. These threads are less frequently seen in preparations from solid media than in those from bouillon or edema fluid. The bacilli are motile and possess numerous laterally placed flagella. Their motility is never very marked and is often entirely absent. The bacillus

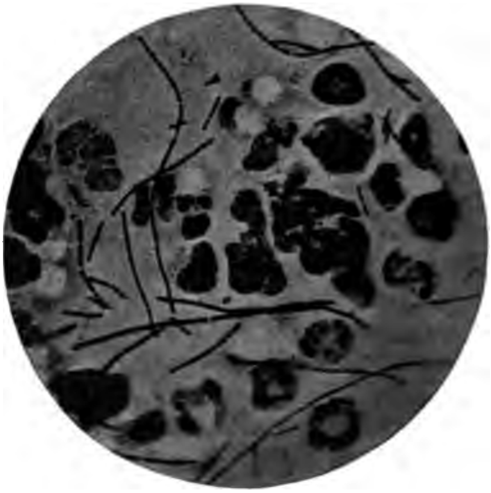

FIG. 101.—BACILLUS OF MALIGNANT EDEMA. (After Fränkel and Pfeiffer.)

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[1] *Koch*, Mitt. a. d. kais. Gesundheitsamt, i, 1881, p. 52 et seq.

[2] *Gaffky*, Mitt. a. d. kais. Gesundheitsamt, 1881.

produces spores at temperatures above 20° C., which are oval, irregularly placed either in the center or slightly nearer one or the other end, and cause a bulging of the bacillary body.

It is readily stained by any of the usual anilin dyes. Stained by Gram's method it is decolorized.

Cultivation.—Bacillus œdematis maligni is strictly anaërobic. Under anaërobic conditions it develops readily upon any of the usual artificial media. The bacillus is not very sensitive to the reaction of media and grows more luxuriantly in all media to which glucose has been added. In all media it forms, by the cleavage of proteids, putridly offensive gases.

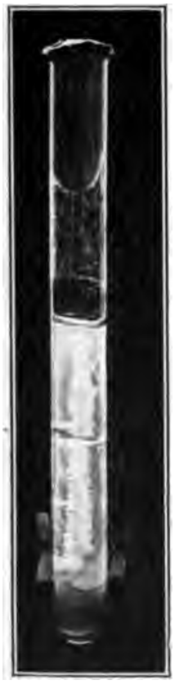

FIG. 102.—BACILLUS OF MALIGNANT EDEMA. Culture in glucose agar.

In *gelatin* at room temperature, colonies develop in about three days as small grayish spherical growths, which microscopically show an arrangement in radial filaments. The gelatin is fluidified.

In *gelatin stab* cultures growth begins as a white column extending to within a centimeter of the top of the medium. Soon irregularly radiating processes develop laterally and gas bubbles appear, breaking up the medium.

Stab cultures in *agar* show growth within twenty-four to thirty-six hours at 37.5° C., appearing at first as a white line, but soon showing a cloud-like lateral extension along the entire line of the stab. If sugar is present bubbles appear throughout the medium.

In *broth* there is general clouding and a granular sediment; no pellicle is formed. *Milk* is slowly coagulated. On blood serum growth is very luxuriant. On *potato*, a medium used in the earliest studies of the bacillus by Gaffky, the bacillus grows readily.

Isolation may be accomplished by any of the ordinary anaërobic plating methods. The bacillus can usually be obtained for subsequent isolation by injection of a susceptible animal with soil, especially that of gardens or manured fields.

Pathogenicity.—The bacillus is pathogenic for mice, guinea-pigs, rabbits, horses, dogs, sheep, pigs, some birds, and man. Cattle were formerly regarded as immune, an opinion which has since been found to be erroneous.

Subcutaneous inoculation of pure culture into a susceptible subject produces, within twenty-four to thirty-six hours, an acute edematous inflammation about the point of inoculation. The edema extends throughout the subcuticular and deeper layers, and consists of thin, slightly bloody fluid. Neighboring lymph nodes become swollen and hemorrhagic. In the mixed infections of accidental inoculation, but more rapidly in experimental inoculations with pure cultures, gas is formed and consequent subcutaneous emphysema. Together with this there are symptoms of general toxemia. In the smaller test animals this disease is usually fatal. At autopsy the bacilli are found in the edema fluid about the local lesion. At autopsies done soon after death, the organisms are not found in the blood or internal organs. Later they may be generally distributed throughout the body. In mice only may the bacilli enter the blood stream before death. The internal organs of animals dead of this infection usually show parenchymatous degeneration and occasionally hemorrhages.

Malignant edema is not a frequent disease. It has been occasionally observed in horses, in cattle, and in sheep. In man the infection usually appears after traumatism or secondarily after compound fractures or upon the site of suppurating wounds. Isolated cases have been described as arising after hypodermic injections. One case has been reported as arising in the uterus after instrumental abortion.

Immunity.—Recovery from an infection with the bacillus of malignant edema produces immunity against subsequent infections.[1] The bacillus in fluid media produces small amounts of a soluble toxin which in bacteria-free filtrates is capable of killing guinea-pigs. Relatively large quantities of filtrate must be employed. Roux and Chamberland,[2] the first to work upon these toxins, were able, by means of them, to immunize guinea-pigs. Similar immunity could be produced by treatment with the toxic, filtered sera of animals dead of the disease.[3]

BACILLUS AËROGENES CAPSULATUS

Bacillus aërogenes capsulatus was first observed by Welch and fully described by Welch and Nuttall[4] in 1892. It is identical with a bacillus later described by Fränkel,[1] and named by him Bacillus phlegmonis emphysematosæ.

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[1] *Arloing et Chauveau*, Ann. de méd. vét., 1884.

[2] *Roux* et *Chamberland*, Ann. de l'inst. Pasteur, 1887.

[3] *Sanfelice*, Zeit. f. Hyg., xiv.

[4] *Welch* and *Nuttall*, Bull. Johns Hopkins Hosp., iii, 1892, p. 81.

Similar, probably identical, bacilli have been found and reported subsequently by other observers, ignorant of the work of Welch and Nuttall. Such are the B. perfringens (Veillon and Zuber), and B. emphysematis vaginæ (Lindenthal, Wien. klin. Woch., 1897), and others.

Welch[2] first obtained the bacillus from the intravascular blood of a case of ruptured aortic aneurysm, autopsied six hours after death, his attention being called to the blood particularly by the existence of air bubbles throughout the vessels.

Apart from its occurrence in infected subjects, the bacillus finds wide distribution in nature, being found in soil, dust, and brackish water, and in the normal intestinal tracts of human beings and mammals.[3]

Morphology and Staining.—Bacillus aërogenes capsulatus appears usually as a straight rod, not unlike the anthrax bacillus, but more variable in length and somewhat thicker in proportion than the latter. Occasionally bacilli are seen which are slightly curved, but these are rare. The bacillus averages 3 to 6 micra in length, but may be three or four times longer than this. More rarely the bacillus may appear so short as to be almost coccoid. In artificial cultures it is usually thicker and shorter than it is in animal tissues. The bacilli are generally single, but are often seen in short chains. Their ends are usually slightly rounded but, especially when in chains, may be almost square. Chain-formation seems to occur chiefly in the blood, long chains never occurring in artificial media. This characteristic is regarded by Welch as a distinguishing feature in differentiating this bacillus morphologically from anthrax. In their first publication, Welch and Nuttall did not describe spores as appearing in these bacilli. Dunham,[4] however, in 1895, found spores in cultures grown upon blood serum. The spores seem to be formed only upon special media, rarely upon plain agar, never in the animal body. The spores are oval, and may be placed centrally or toward one end, one in each bacillus.

The bacillus is non-motile, and does not possess flagella. It possesses a capsule which, however, can not be constantly demonstrated. The capsules are best seen when preparations are made from animal fluids, but can often be demonstrated in those stained from artificial cultures. They are demonstrated best by one or the other of the ordinary capsule stains.

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[1] *Fränkel*, Cent. f. Bakt., xiii, 1893, p. 13.

[2] *Welch*, Bull. Johns Hopkins Hosp., xi, 1900. p. 185.

[3] Although B. aërogenes capsulatus and B. phlegmonis emphysematosæ are separately described in many books, notably Migula's "System d. Bakteriologie," the microorganisms have been shown beyond question to be identical and are acknowledged to be so by Fränkel himself.

[4] *Dunham*, Johns Hopkins Hosp. Bull., viii, 1897, p. 68.

The bacillus is stained easily by the usual anilin dyes. In tissue preparations, the bacilli regularly retain the gentian-violet when stained by Gram's method. In smears from artificial culture media, while most of the bacilli stain by Gram, many will be seen wholly or partially decolorized, owing probably to the rapid production of involution forms.

Cultivation.—Bacillus aërogenes capsulatus is an obligatory anaërobe. The first cultivations by Welch and Nuttall were made in deep agar stabs. It grows well upon all the usual media, preferring a neutral or slightly alkaline reaction. All media are improved for the cultivation of this bacillus by the addition of glucose, lactose, or some other easily fermented carbohydrate.

Upon *agar* or *gelatin* plates, growth appears at 37.5° C. within twenty-four hours, as a flat, grayish translucent round disk. The margins of colonies are slightly irregular and fringed. Gelatin is slowly liquefied by the large majority of cultures, but Welch states that occasionally liquefaction does not occur.

In deep agar stabs or in agar slant cultures, especially in those containing a carbohydrate, there is a rapid formation of gas bubbles, a characteristic which is especially well developed and lends the cultures of this bacillus their chief diagnostic feature.

In *broth*, growth is heavy and abundant. At first there is general clouding. Within forty-eight hours, however, a heavy, white, flocculent sediment is formed. Owing to the formation of gas, broth tubes if undisturbed usually show a light froth of bubbles on the surface.

On *potato*, growth is scanty and the medium possesses no advantages either for cultivation or diagnosis. On *coagulated blood serum*, growth is heavy and rapid and this medium is especially adapted for spore formation. There is slight peptonization of the blood serum. In milk, there is rapid coagulation, rapid acidification, and gas formation.

The carbohydrates, glucose, lactose, and saccharose, are fermented by this bacillus. Mannit is apparently not fermented.

Welch and Nuttall state that the bacillus is capable of producing gas from proteid matter. The gas formed, according to Dunham,[1] consists of

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[1] *Dunham*, loc. cit.

64 per cent of hydrogen, 28 per cent of CO_2, and 8 per cent of a mixture of gases, chiefly nitrogen. The gas from the infected animal body is ignitable and burns with a bluish hydrogen flame.

Biological Considerations.—The bacillus, as stated, is anaërobic. Its anaërobic requirements, however, are less exacting than those of some other anaërobes, and in stab cultures it will often grow up to the surface of the stab. It grows best at 37.5° C., but will also develop at room temperature (20° to 22° C.).

Isolation.—The bacillus may, of course, be isolated by anaërobic plating methods. It is best isolated, however, from mixed cultures by animal inoculation. If, for instance, it is desired to obtain it from a mixed culture or from feces, a suspension of about 1 c.c. of the suspected material is made in 5 c.c. of sterile salt solution. This is thoroughly emulsified and filtered through a sterile paper. One to two c.c. of this suspension is then injected into the ear vein of a rabbit. After four or five minutes the rabbit is killed. It is then placed in the incubator for five to eight hours. At the end of this time, the animal is usually found tensely distended with gas. At autopsy, gas bubbles will be found distributed throughout the organs, most characteristically in the liver, where isolated bubbles are found covering the surface. From these bubbles cultures or smears may be taken for identification. Identification is easily made from its morphology, its capsule, lack of motility, and gas formation.

Pathogenicity.—Bacillus aërogenes capsulatus is highly pathogenic for guinea-pigs, but very slightly for rabbits. Its virulence is subject to great variations, however, some strains showing little if any pathogenicity even for guinea-pigs. In general, its pathogenicity for the ordinary laboratory animals may be regarded as slight. In man,[1] the bacillus has been isolated from numerous cases of so-called "emphysematous gangrene"[2] (gangrène foudroyant). The infection usually occurs upon the extremities and is characterized by a rapidly necrotizing inflammation, with which there occurs extensive subcutaneous emphysema. The infection usually follows traumatism,[3] especially compound fractures, and is extremely grave. The bacillus has also been found in the uterus in puerperal infection,[4] and in the fetus dead *in utero*. It has been found in the blood before death, by Gwyn,[1] in a case of chorea. The bacillus has also been found in infectious processes of various other parts of the body, such as the gastrointestinal and biliary tracts, the lungs, the pleura, and the meninges.

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[1] *Welch* and *Flexner*, Jour. Exp. Med., 1, 1896.

[2] *Mann*, Ann. of Surgery, xix, 1894.

[3] *Bloodgood*, Progressive Med., 1899.

[4] *Dobbin*, Johns Hopkins Hosp. Bull., viii, 1897.

As stated above, this bacillus is frequently present in the normal intestinal contents. Its presence in abnormally high proportions, as indicated by a Gram stain of a smear of the feces, has been associated by a number of observers with various pathological conditions. Herter [2] has recently studied this subject and believes that the abnormal proliferation of the bacillus in the gastrointestinal tract has in some way (probably by toxin absorption) an etiological relationship to pernicious anemia. This assertion, however, can in no way be regarded as conclusively proven.

BACILLUS BOTULINUS

Meat poisoning was formerly regarded as universally dependent upon putrefactive changes taking place in infected meat, resulting in the production of ptomaïns or other harmful products of bacterial putrefaction. It was not until 1888 that certain of these cases were definitely recognized as true bacterial infections, in which the preformed poison probably aided only in establishing the infection. Gärtner, in that year, discovered the Bacillus enteritidis, a microorganism belonging to the group of the paracolon bacilli, and demonstrated its presence both in the infecting meat and in the intestinal tracts of patients. The characteristics of this type of meat poisoning have been discussed more particularly in the section describing the bacillus of Gärtner and its allied forms.

There is another type of meat poisoning, however, which is not only much more severe (ending fatally in almost 25 per cent of the cases), but is characterized by a clinical picture more significant of a profound systemic toxemia than of a mere gastroenteric irritation. The etiological factor underlying this type of infection was first demonstrated by van Ermengem,[3] in 1896, and named Bacillus botulinus. van Ermengem isolated the bacillus from a ham, the ingestion of which had caused disease in a large number of persons. Of the thirty-four individuals who had eaten of it, all were attacked, about ten of them very severely. van Ermengem found the bacilli in large numbers lying between the muscle fibers in the ham, and was able to cultivate the same microorganism from the stomach and spleen of one of those who died of the infection.

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[1] *Gwyn*, Johns Hopkins Hosp. Bull., x, 1899.

[2] *Herter*, "Bacterial Infection of the Intestinal Tract," New York, Macmillan, 1907.

[3] *van Ermengem*, Cent. f. Bakt., xix, 1896; Zeit. f. Hyg., xxvi, 1897.

The results of van Ermengem have been confirmed by Römer,[1] and others.

Morphology and Staining.—Bacillus botulinus is a large, straight rod with rounded ends, 4 to 6 micra in length by 0.9 to 1.2 micra in thickness. The bacilli are either single or grouped in very short chains. Involution forms are numerous on artificial media. The bacillus is slightly motile and possesses from four to eight undulated flagella, peripherally arranged. Spores are formed in suitable media, most regularly in glucose-gelatin of a distinctly alkaline titer. The spores are oval and usually situated near the end of the bacillus, rarely in its center. Spores are formed most abundantly when cultivation is carried out at 20° to 25° C., and are usually absent when higher temperatures are employed.

The bacillus is easily stained by the usual aqueous anilin dyes, and retains the anilin-gentian-violet when stained by Gram. It is necessary, however, in carrying out Gram's stain to decolorize carefully with alcohol since overdecolorization is easily accomplished, leaving the result doubtful.

Cultivation.—The bacillus is a strict anaërobe. In anaërobic environment it is easily cultivated on the usual meat-infusion media. It grows most readily at temperatures about 25° C., less luxuriantly at temperatures of 35° C. and over.

The bacillus is delicately susceptible to the reaction of media, growing only in those which are neutral or moderately alkaline.

In deep stab cultures in one per cent *glucose agar*, growth is at first noticed as a thin, white column, not reaching to the surface of the medium. Soon the medium is cracked and split by the abundant formation of gas. On agar plates, the colonies are yellowish, opalescent, and round, and show a finely fringed periphery.

On *gelatin*, at 20° to 25° C., growth is rapid and abundant, and differs little from that on agar, except that, besides the formation of gas, there is energetic fluidification of the medium. On glucose-gelatin plates, van Ermengem describes the colonies as round, yellowish, transparent, and composed of coarse granules which, along the periphery in the zone of fluidification, show constant motion. The appearance of the surface colonies on glucose-gelatin plates is regarded by the discoverer as diagnostically characteristic.

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[1] *Römer*, Cent. f. Bakt., xxvii, 1900.

In *glucose broth* there is general clouding and large quantities of gas are formed. At 35° C. and over, the gas formation ceases after four or five days, the broth becoming clear with a yellowish-white flocculent sediment. At lower temperatures this does not occur.

Milk is not coagulated and *disaccharids* and *polysaccharids* are not fermented.

The gas formed in cultures consists chiefly of hydrogen and methane. All cultures have a sour odor, like butyric acid, but this is not so offensive as that of some of the other anaërobic organisms.

The bacillus lives longest in gelatin cultures, but even upon these, transplantations should be done every four to six weeks, since the spores of this bacillus show less viability and resistance than do those of most spore-formers.

Pathogenicity.—Botulism or allantiasis, as noticed in human beings, is, as far as we know, always due to ingestion of infected meat, usually of ham, canned meats, or sausages (botulus = sausage). Symptoms appear only after a definite period of incubation which varies from twenty-four to forty-eight hours. The first definite symptoms are chilliness, trembling, and giddiness. These manifestations are soon followed by headache, occasionally by vomiting. In contradistinction to the meat poisonings caused by other microorganisms, those due to Bacillus botulinus may show few or no symptoms directly referable to the intestinal tract. The chief diagnostic characteristics of the disease are a group of symptoms referable to toxic interference with the cranial nerves. Loss of accommodation, dilated pupils, ptosis, aphonia, and dysphagia may occur. Fever is usually absent. Consciousness is rarely lost. The characteristic symptoms may be produced in various animals by injection of living cultures or culture filtrates, *i.e.*, toxins. The most susceptible animals are guinea-pigs. These may be killed by the injection of minute quantities of bouillon cultures or of toxin. Preceding death, which occurs within twenty-four to thirty-six hours, there may be general motor paralysis, dyspnea, and hypersecretion of mucus from nose and mouth. Guinea-pigs may be infected per os as well as by hypodermic injections. Cats, mice, and monkeys are highly susceptible; rabbits are less so, but still favorable subjects for experimental studies. Birds, especially pigeons, are highly resistant, but react typically to large doses. Autopsies upon man or animals dead of botulism show general hyperemia of the organs with much parenchymatous degeneration and many minute hemorrhages.

The bacilli have been found in the spleen after death,[1] but van Ermengem does not believe that they are generally distributed during the course of the disease. It is believed by most of those who have studied this disease that poisoning in the human subject is due to the toxins preformed in the infected meat by this bacillus. Experiments have shown that little or no poison is produced by the bacilli after gaining entrance to the human or animal body.

The Toxin of B. botulinus.—Bacillus botulinus produces disease chiefly by means of a strong soluble toxin secreted by it, and absorbed by the infected subject. This toxin is active in animals and presumably in man, not only when injected subcutaneously, but also when introduced through the gastrointestinal canal. The poison has been particularly studied by Brieger and his collaborators. It is obtained in filtrates of alkaline bouillon cultures. It has been precipitated out of the filtrate by Brieger and Kempner[2] by means of a three per cent zinc chlorid solution (2 volumes of 3 per cent $ZnCl_2$). The toxin thus obtained was sufficiently powerful to kill a 250-gram guinea-pig in fifty hours.

Specific action of the toxin for the nerve-cells of the spinal ganglia has been shown by Marinesco.[3] A specific antitoxin has been produced by Kempner and Pollack.[4]

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[1] *Stricht*, Quoted from van Ermengem, in Kolle und Wassermann.

[2] *Brieger* und *Kempner*, Deut. med. Woch., xxxiii, 1897.

[3] *Marinesco*, Compt. rend. de l'acad. des sci., Nov., 1896.

[4] *Kempner* und *Pollack*, Deut. med. Woch., xxxii, 1897.

CHAPTER XXXIII

THE TUBERCLE BACILLUS

In view of the clinical manifestations of tuberculosis, it is not surprising that the infectious nature of the disease has been suspected for many centuries. Transmission by means of tuberculous material was first successfully accomplished by Klencke, in 1843, and, more elaborately, by Villemin,[1] in 1865. It was not until 1882, however, that Koch[2] succeeded in isolating and cultivating the tubercle bacillus. Baumgarten[3] had previously seen the bacillus in tissue sections, but his researches were limited to purely morphological observations. Koch, in addition to demonstrating the bacillus in tuberculous tissues from various sources, produced characteristic lesions in guinea-pigs and other animals by infecting them with pure cultures, and established beyond doubt the etiological relationship of the bacillus to the disease.

Morphology.—Tubercle bacilli appear as slender rods, 2 to 4 micra in length, 0.2 to 0.5 micra in width. Their ends are usually rounded. The rods may be straight or slightly curved; their diameters may be uniform throughout; more often, however, they appear beaded and irregularly stained. The beaded appearance is due to different causes. Unstained spaces may occur along the body of the bacillus, especially in old cultures. These are generally regarded as vacuoles. The bodies of the bacilli, on the other hand, may bulge slightly here and there, often in three or four places, showing oval or rounded knobs which stain with great depth and are very resistant to decolorization. These thickenings were formerly regarded as spores, but in view of the fact that the bacilli are not more resistant against heat and disinfectants than other vegetative forms, this interpretation is probably incorrect. The bacilli are said to possess a cell membrane which confers upon them their resistance against drying and entrance of stains. This membrane gives a cellulose reaction and is believed to contain most of the waxy substances which can be extracted from the cultures.

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[1] *Villemin*, Gaz. hebdom., 1865.

[2] *Koch*, Berl. klin. Woch., 1882; Mitt. a. d. kais. Gesundheitsamt, 1884.

[3] *Baumgarten*, Virchow's Arch., lxxxii.

Various observers, notably Nocard and Roux,[1] Mafucci,[2] and Klein,[3] have demonstrated branched forms of the tubercle bacillus. These observations, variously extended and confirmed, make it probable that Bacillus tuberculosis is not a member of the family of schizomycetes, but belongs rather to the higher bacteria, closely related to the actinomyces.

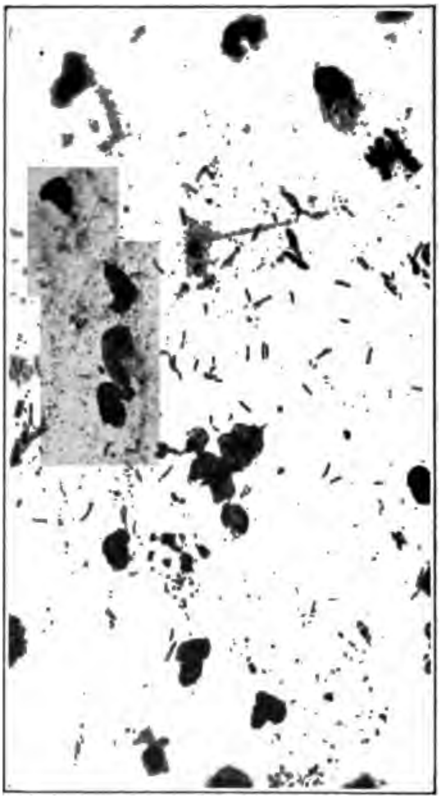

FIG. 103.—TUBERCLE BACILLI IN SPUTUM.

Staining.—Tubercle bacilli do not stain easily with the ordinary anilin dyes; to these they are made permeable only by long exposure or by heating of the staining solution. Once stained, however, the dye is tenaciously retained in spite of treatment with alcohol and strong acids. For this reason, this bacillus, together with some other bacteria to be mentioned later, is spoken of as "acid-fast." The acid-fast nature of the bacillus seems to depend upon the fatty substances contained in it,[1] and has furnished the basis for differential staining methods. All the staining methods devised for the recognition of the tubercle bacillus thus depend upon the use of an intensely penetrating staining solution, followed by vigorous decolorization which deprives all but the acid-fast group of their color. Counterstains of any of the weaker dyes may then be used to stain the decolorized elements. One of the first of the staining solutions to be of practical use was the anilin-water-gentian-violet solution of Ehrlich[2] (11 c.c. saturated alcoholic gentian-violet to 89 c.c. 5 per cent anilin water). This dye, although of sufficient penetrating power, has the disadvantage of deteriorating rapidly and has in practice been almost entirely displaced by Ziehl's[3] carbol-fuchsin solution. (Fuchsin 1 gm. in 10 c.c. alcohol absolute, added to 90 c.c. 5 per cent carbolic.) This staining solution is the one now in general use and is employed as follows: Thin smears, on slides or cover-slips, are covered with the dye and gently heated. In the case of cover-glasses, these may be floated, face downward, in staining dishes filled with the dye. The dye is allowed to act for about three minutes, steaming but not allowed to boil. At the end of this time the preparation is washed either with 5 per cent nitric acid, 5 to 20 per cent sulphuric acid, or 1 per cent hydrochloric acid, until most of the red color has disappeared (a few seconds), and the preparation appears pale pink. This results in decolorization of all microorganisms with the exception of members of the acid-fast group. Thorough washing in 80 to 95 per cent alcohol is now employed to complete the decolorization. The preparation is then rinsed in water and counterstained with 1 per cent aqueous methylene-blue.

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[1] *Nocard* et *Roux*, Ann. de l'inst. Pasteur, 1887. [2] *Mafucci*, Zeit. f. Hyg., ii. [3] *Klein*, Cent. f. Bakt., 1890.

Tubercle-bacillus staining has been further simplified by Gabbett,[4] who combines decolorization and counterstaining. In this method preparations are stained with Ziehl's carbol-fuchsin as in the preceding; they are then rinsed in water and covered with a solution containing methylene-blue 1 gram, concentrated sulphuric acid 25 grams, and distilled water 100 c.c. This is allowed to act for from two to four minutes, at the end of which time all elements in the preparation except the acid-fast bacilli will be decolorized and counterstained.

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[1] *Bienstock*, Fort. d. Med., 1886; *Weyl*, Deut. med. Woch., 1891.

[2] *Ehrlich*, Deut. med. Woch., 1882; *Weigert*, Deut. med. Woch., 1885.

[3] *Ziehl*, Deut. med. Woch., 1883; *Neelsen*, "Lehrb. d. allg. Path.," 1894.

[4] *Gabbett*, Lancet, 1887.

While the acid-fast group of bacteria is composed of a number of organisms to be mentioned later, a few only of these offer difficulties of differentiation from the tubercle bacillus. Those to be considered practically are the bacillus of leprosy and that of smegma. The latter bacillus, because of its distribution, is not infrequently found to contaminate feces, urine, or even sputum, and it is important to apply to suspected specimens one or the other of the stains devised for the differentiation of the smegma bacillus from Bacillus tuberculosis. The one most frequently employed is that of Pappenheim.[1] The preparations are stained in hot carbol-fuchsin as before; the carbol-fuchsin is then poured off without washing and the preparation immersed in a solution made by saturating a 1 per cent alcoholic solution of rosolic acid with methylene-blue and adding 20 per cent of glycerin. In such preparations tubercle bacilli remain red, smegma bacilli appear blue.

Stained by Gram, tubercle bacilli retain the gentian-violet.

Isolation and Cultivation.—Tubercle bacilli are not easily cultivated. Their slowness of growth precludes their isolation by the usual plating methods. The first isolations by Koch[2] were made upon coagulated blood serum from bits of tuberculous tissue smeared over its surface.

Isolation from tuberculous material may be greatly aided by inoculation into guinea-pigs. These animals will often withstand the acute infection which may be produced by the contaminating organisms and succumb at a later date (four to six weeks) to the tuberculous infection. The bacilli may then be obtained, after sterile dissection, by making cultivations from lymph nodes or other tuberculous foci which contain only tubercle bacilli. When isolation from sputum is attempted, whether directly or by means of animal inoculation, the sputum may be rendered comparatively free from contaminating bacteria by a process of washing devised by Koch. The sputum is thoroughly rinsed in running water to free it from its outer covering of pharyngeal mucus. It is then washed in eight or ten changes of sterile water. The material selected for cultivation is taken from the center of the washed mass, if possible from the small flakes of caseous material often visible in such sputum.

On *blood serum* at 37.5° C., colonies usually become visible at the end of eight to fourteen days. They appear at first as small, dry, grayish-white, scaly spots with corrugated surfaces. After three or four weeks' cultivation, these join together, covering the surface of the medium as a dry, whitish, wrinkled membrane. Coagulated dog serum is regarded by Theobald Smith[1] as one of the most favorable media for the growth of tubercle bacilli.

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[1] *Pappenheim*, Berl. klin. Woch., 1898. [2] *Koch*, loc. cit.

Slants of *agar*, to which *whole rabbit's blood* has been added in quantities of from 1 to 2 c.c. to each tube, make an excellent medium for this bacillus, both for isolation and continuous cultivation.

Cultivation methods were simplified by the discovery by Roux and Nocard that growth can be obtained upon media to which glycerin has been added. Upon *glycerin-agar* (glycerin 3 to 6 per cent), at 37.5° C., colonies become visible at the end of from ten days to two weeks, at first as dry, white spots; later, as delicately corrugated membranes.

Glycerin bouillon (made of beef or veal with pepton one per cent, glycerin six per cent, and rendered slightly alkaline) is an extremely favorable medium. It should be filled, in shallow layers, into wide-mouthed flasks, since free access of oxygen is essential for growth. Transplants to this medium should be made by carefully floating flakes of the culture upon the surface. In this medium the bacilli will spread out upon the surface, at first as a thin, opaque, floating membrane. This rapidly thickens into a white, wrinkled, or granular layer, spreading out in all directions, and covering the entire surface of the fluid in from four to six weeks. Later, portions of the membrane sink to the bottom. In old cultures, the membrane assumes a yellowish hue. These cultures emit a peculiar aromatic odor.

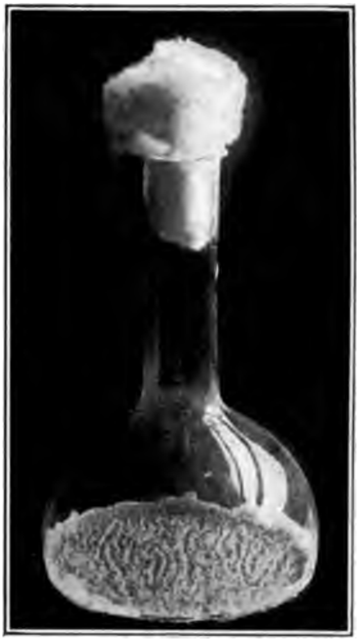

FIG. 104.—CULTURE OF BACILLUS TUBERCULOSIS IN FLASK OF GLYCERIN BOUILLON.

Glycerin potato forms a favorable culture medium for the bacillus.

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[1] *Th. Smith*, Jour. Exp. Med., iii, 1898.

Hesse[1] has devised a medium containing a proprietary preparation known as "Nährstoff Heyden," upon which tubercle bacilli are said to proliferate more rapidly than other bacteria. His method has yielded excellent results in the hands of other observers, both in isolation and in rapid cultivation. It is prepared as follows:

"Nährstoff Heyden"[2]	10 grams
Sodium chlorid	5 "
Glycerin	30 "
Agar	10 "
Normal sodium solution	5 c.c.
Aq. dest.	1,000 "

A variety of other culture media have been devised, none of them, however, possessing any marked advantages over those given.

Biological Considerations.—The tubercle bacillus is markedly dependent upon the free access of oxygen. The optimum temperature for its development is 37.5° C. Temperatures below 30° and above 42° C. inhibit its growth. In fluid media, the bacilli are killed by a temperature of 60° in fifteen to twenty minutes, by one of 80° in five minutes, by one of 90° in one to two minutes. They will withstand dry heat at 100° C. for one hour. They are resistant to cold. The comparatively high powers of resistance of the bacillus are attributed to the protective qualities of the waxy cell membrane.[3]

The natural life of cultures, kept in favorable environment, is from two to eight months, varying to some extent with the nature of the culture medium. The viability of the bacilli in sputum is of great hygienic importance. In moist sputum they may remain alive and virulent for as long as six weeks, in dried sputum for more than two months.[4]

Five per cent carbolic acid kills the bacilli in a few minutes.[5] If used for sputum disinfection, however, where the bacilli are protected by mucus, complete disinfection by this method requires five to six hours. Bichlorid of mercury is not very efficient for sputum disinfection because of the formation of albuminate of mercury.

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[1] *Hesse,* Zeit. f. Hyg., xxxi.

[2] "Nährstoff Heyden" is prepared in Germany. It is a white powder similar to nutrose.

[3] *Th. Smith,* Jour. Exper. Med., 1899; *Grancher et Ledoux-Lebard,* Arch. de méd. expér., 1892; *Galtier,* Compt. rend. de l'acad. des sci., 1887.

[4] *Schell* und *Fischer,* Mitt. a. d. kais. Gesundheitsamt, 1884.

[5] *De Toma,* Ann. di med., 1886.

For room disinfection, formaldehyde gas if thoroughly employed is efficient. Direct sunlight kills tubercle bacilli in a few hours.

Pathogenicity.—The tubercle bacillus gives rise in man and susceptible animals to specific phenomena of inflammation which are so characteristic that a diagnosis of tuberculosis may usually be made on the basis of the histological examination of material, even without the finding of tubercle bacilli. The foci of inflammation known as tubercles have been systematically studied by Baumgarten[1] and many others and descriptions of them may be found in any text-book of pathological anatomy.

In man, tuberculosis is by far the most common of diseases. Naegeli,[2] in a large series of autopsies, found lesions of healed or active tuberculosis in an appalling percentage of cases. His figures are interesting in showing not only the frequency of the disease, but its relation to age. Before one year of age, he finds it very rare. From the first to the fifth year it is rare, but usually fatal when occurring. From the fifth to the fourteenth year, one-third of his cases showed tuberculous lesions; from the fourteenth to the eighteenth year, one-half of the cases. Between the ages of eighteen and thirty, almost all the cases examined showed some trace of tuberculous infection. Three-quarters of these were active, one-quarter healed. Two-fifths of all deaths occurring at these ages were due to tuberculosis. After the age of thirty, active lesions gradually diminished in number, healed lesions increased.

In 1900, at a public hearing of the New York Tenement House Commission, Pryor[3] stated that the average yearly mortality from tuberculosis in New York amounted to 6,000, and that in Manhattan alone there were constantly 20,000 persons suffering from the disease. Cornet[4] estimates that in 1894 the deaths in Germany from all other infectious diseases amounted to 116,705, while those from tuberculosis alone amounted to 123,904. Similar statistics might be chosen at will from the health reports of any large city. While the disease is less common in rural districts than in large towns, the difference is not so striking as is generally supposed.

In man, pulmonary infection is by far the commonest type. Besides this, however, tuberculous processes may be found in the skin, the bones, the joints, the organs of special sense, and the abdominal viscera and peritoneum. No part of the human body is exempt from the danger of infection.

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[1] *Baumgarten*, Berl. klin. Woch., 1901.

[2] *Naegeli*, Virchow's Arch., cix, 1900, p. 462.

[3] *Pryor*, Med. News, lxxvii, 1900.

[4] *Cornet*, "Die Tuberculose," Wien, 1899, p. 1.

Infection in the human subject may take place by inhalation or through the skin or the digestive apparatus. v. Behring[1] has within recent years expressed the belief that a large percentage of all cases of tuberculosis originate in childhood from infection by way of the intestinal tract. He determined, as have others since his publication, that tubercle bacilli may penetrate the intestinal mucosa without causing lesions. Behring's contention has caused a great deal of discussion, and the question he has raised is intimately bound up with the problem of the virulence of bovine tubercle bacilli for human beings, as he assumes that the infection is due to the use of infected milk. In spite of many investigations[2] to settle the points in question, our present knowledge, however, is insufficient to permit a positive opinion upon the subject, except in so far as we may recognize the original sweeping statements of Behring as extravagant. The problem is discussed at greater length in a later section of this chapter. Suffice it to say in this place that the opinion, at the present time, of such investigators as Calmette tends toward the belief that infection by inhalation may take place, but that infection by the path of the digestive tract is probably more common.

Bacillus tuberculosis (typus humanus) is pathogenic for guinea-pigs, less markedly for rabbits, and still less so for dogs. It is slightly pathogenic for cattle, a question spoken of more extensively below.

Chemical Analysis of Tubercle Bacilli.[3]—Diligent efforts by many investigators to isolate the specific toxins which lend tubercle bacilli their pathogenic properties have led to careful chemical analysis of the organisms. About 85.9 per cent of the bacillus consists of water; 20 to 26 per cent of the residue can be extracted with ether and alcohol. This material consists of fatty acids and waxy substances (fatty acids in combination with the higher alcohols). The residue after alcohol-ether extraction is composed chiefly of proteids. These can be extracted with dilute alkaline solutions, and consist chiefly of nucleo-albumins.

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[1] *v. Behring*, Deut. med. Woch., 39, 1903.

[2] *Bartel*, Internat. Tubc. Conferenz, Wien, 1907; *Oehlecker*, Arb. a. d. kais. Gesundheitsamt, H. 7, 1907.

[3] *Hammerschlag*, Cent. f. klin. Med., 1891; *Weyl*, Deut. med. Woch., 1891; *De Schweinitz* and *Dorset*, Jour. Amer. Chem. Soc., 1895; *Hammerschlag*, loc. cit.

A nuclein present in this fraction shows extremely high toxicity and has,[1] therefore, been suspected of being the pathogenic principle of the bacillus. After these extractions the remainder contains "cellulose," supposed to represent the framework of the cell membrane, and an ash rich in calcium and magnesium.

Toxins of the Tubercle Bacillus.—THE TUBERCULINS.—Filtrates of bouillon cultures of Bacillus tuberculosis[2] will occasionally produce slight emaciation when injected into guinea-pigs, and when administered to tuberculous subjects in sufficient quantity will give rise to marked increase of temperature. It is likely, therefore, that the tubercle bacillus actually secretes a soluble toxin.[3]

The chief toxic principles, however, of Bacillus tuberculosis are probably endotoxins or bacterial proteins, bound during cell life to the body of the bacillus. Dead bacilli will produce sterile abscesses when injected into animals. Prudden and Hodenpyl,[4] Straus and Gamaleia,[5] and others,[6] moreover, have shown that the injection of dead and carefully washed cultures of this bacillus will produce lesions histologically similar to those occurring after infection with the living germs, and will often lead to marasmus and other systemic symptoms of poisoning.

The hope of actively immunizing with substances obtained from dead bacilli led Koch to employ various methods of extraction of cultures for the manufacture of tuberculin.

"*Old Tuberculin*"[7](*Koch*) ("T. A. K.").—The first tuberculin made by Koch is produced in the following manner: Tubercle bacilli are grown in slightly alkaline 5 per cent glycerin-pepton-bouillon for six to eight weeks. At the end of this time, growth ceases and the corrugated pellicle of tubercle bacilli, which during growth has floated on the surface, begins, here and there, to sink to the bottom. The entire culture is then heated on a water-bath at about 80° C., until reduced to one-tenth of its original volume. It is then filtered either through sterile filter paper or through porcelain filters. The resulting filtrate is a rich brown, syrupy fluid, containing the elements of the original culture medium and a 50 per cent glycerin extract of the tubercle bacilli. While the glycerin is of sufficient concentration to preserve it indefinitely, 0.5 per cent phenol may be added as an additional precaution. Dilutions of this fluid are used for diagnostic and therapeutic purposes.

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[1] *Behring*, Berl. klin. Woch., 1899.

[2] *Straus* and *Gamaleia*, Arch. méd. exp., 1891.

[3] *Denys*, " Le Bouillon Filtré," Louvain, 1905.

[4] *Prudden* and *Hodenpyl*, N. Y. Med. Jour., June, 1891; ***Prudden***, ibid., Dec. 5.

[5] *Straus* and *Gamaleia*, loc. cit.

[6] *Mafucci*, Cent. f. allg. Path., 1890.

[7] *Koch*, Cent. f. Bakt., 1890; Deut. med. Woch., 1891.

"*New Tuberculin*"[1] (*Koch*) (TA, TO, TR).—Koch believed that the immunity resulting from treatment with the old tuberculin was purely an antitoxic immunity, devoid of all antibacterial action. The use of whole dead tubercle bacilli for immunization purposes, however, was impracticable; because, injected subcutaneously, they were not absorbed, and introduced intravenously they were deposited in the lungs and gave rise to lesions. Koch was led, therefore, to resort to more energetic extraction of the bacilli in the hope of procuring a substance which could be easily absorbed and would at the same time give rise, when injected, to antibodies more definitely bactericidal. By extracting tubercle bacilli with decinormal NaOH, for three days, filtering through paper and neutralizing, he obtained his TA (alkaline tuberculin). This preparation seemed to fulfil some of the hopes of its discoverer, but had the disadvantage of often producing abscesses at the points of injection. Koch then resorted to mechanical trituration of the bacilli. The method he subsequently followed for tuberculin production is now extensively used, and is carried out as follows:[2]

Virulent cultures of tubercle bacilli are dried in vacuo and thoroughly ground in a mortar. Grinding is continued until stained preparations reveal no intact bacilli. (This is done by machinery in all large manufactories.) One gram of the dry mass is shaken up in 100 c.c. of sterile distilled water. This mixture is then centrifugalized at high speed. The supernatant fluid, known as TO (Tuberculin-Oberschicht), contains the water-soluble constituents of the bacillus, gives no precipitate on the addition of 50 per cent glycerin, and has the same physiological action as the old tuberculin. The residue, TR (Tuberculin-Rückstand), after pouring off TO, is again dried and ground up, and again shaken in water and centrifugalized. This process is repeated several times, and eventually, after three or four repetitions, all the TR goes into emulsion. The total volume of water used for these TR extractions should not exceed 100 c.c. All of the TR emulsions are then mixed together. This TR gives a precipitate with 50 per cent of glycerin, and is supposed by Koch to contain substances important in producing an antibacterial immunity. For purposes of standardization, the amount of solid substance in 5 c.c. of the TR is determined by evaporation *in vacuo* and drying. To the rest is added a little glycerin and formaldehyde and enough water to allow each cubic centimeter of the solution to contain 0.002 grams of solid material. Thus the culture and the medium remaining the same, fairly accurate standardization is possible.

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[1] *Koch*, Deut. med. Woch., 14, 1897.

[2] *Ruppel*, Lancet, March 28, 1908.

"New Tuberculin-Bacillary Emulsion." [1]—In 1901, Koch combined "TO" and "TR" by putting forth a preparation referred to as "Bazillenemulsion." This consists of an emulsion of pulverized bacilli 1 : 100 in distilled water. After several days of sedimentation to remove the coarser particles, the supernatant fluid is poured off and fifty per cent volume of glycerin is added to it for purposes of preservation. This preparation contains 5 milligrams of solid substance in each cubic centimeter.

Bouillon Filtré (Denys).[2]—This preparation consists of the filtrate (through Chamberland filters) of 5 per cent glycerin-pepton-bouillon cultures of Bacillus tuberculosis. Phenol 0.25 per cent is added to insure sterility. The filtered bouillon corresponds to the unconcentrated old tuberculin of Koch, but, not having been heated, is supposed by Denys to contain important soluble and possibly thermolabile secretory products of the bacillus.

Tuberculoplasmin (Buchner and Hahn).[3]—Buchner and Hahn, by crushing tubercle bacilli by subjecting them to a pressure of 400 atmospheres, obtained a cell-juice in the form of an amber fluid, to which they attributed qualities closely analogous to those of TR.

Other tuberculins are those of Beraneck,[4] highly recommended clinically by Sahli,[5] that of Klebs,[6] and the tuberculin produced from bovine tubercle bacilli by Spengler.[7]

Diagnostic Use of Tuberculin.—*Subcutaneous Use.*—The preparation usually employed for diagnostic purposes is Koch's "Old tuberculin" (Alttuberculin). This preparation is administered by hypodermic injection of small quantities obtained by means of dilutions. The dilutions are best made with a 0.5 per cent aqueous carbolic acid solution. In practice a 1 per cent solution is made by pipetting 0.1 c.c. of tuberculin into 9.9 c.c. of the 0.5 per cent carbolic solution. A cubic centimeter of this then contains 0.01 c.c. of tuberculin. One c.c. of this solution added to 9 c.c. of 0.5 per cent carbolic acid gives a solution in which each cubic centimeter contains 0.001 c.c., or 1 milligram of tuberculin.

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[1] *Koch*, Deut. med. Woch., 1901.

[2] *Denys*, "Le Bouillon Filtré," Louvain, 1905.

[3] *Buchner* und *Hahn*, Münch. med. Woch., 1897; *Hahn*, ibid.

[4] *Beraneck*, Compt. rend. de l'acad. des sci., 1903.

[5] *Sahli*, Corrbl. d. Schw. Aerzte, 1906.

[6] *Klebs*, Cent. f. Bakt., 1896; Deut. med. Woch., 1907.

[7] *Spengler*, Deut. med. Woch., xxxi, 1904; xxxi and xxxiv, 1905.

The initial dosage in adults in Koch's[1] early work, and as used by Beck[2] on a large number of patients, was 1 milligram. This, according to present opinions, is too high, and most clinicians to-day prefer 0.1 to 0.2 of a milligram. If after three or four days no reaction has occurred, a second dose of 1 milligram is given. In the absence of reaction after three further days, a third dose of 5 mgm. may be given and, under similar conditions, a fourth of 10 mgm. This is the largest dose which should ever be given, and absence of a reaction to this dose may generally be regarded as proof that the patient is free from tuberculosis. Doses larger than 10 mgm. may give reactions in perfectly healthy subjects. Increase in dosage should be carried out only when the preceding dose has been entirely without reaction. In all cases it should be remembered that absolute rules of dosage can not be made and the condition and physique of each patient must be separately judged.

The reaction itself is recognized chiefly by the changes in temperature. In a positive reaction the patient's temperature will begin to increase within six to eight hours after injection, rising sharply within a few hours to 0.5 or 1.5° higher than the temperature before injection. It then sinks more gradually than it rose, the reaction usually being complete within thirty to thirty-six hours. With the temperature there may be nausea, a chill, rapid pulse, and general malaise. Locally visible tuberculous processes, such as lupus, lymph nodes, etc., may become more tender or swollen, and if the tuberculosis is pulmonary, there may be coughing and increased expectoration. The temperatures of persons subjected to the test should be taken regularly for three or four days before tuberculin is used.

Ophthalmo-Tuberculin Reaction.—Wolff-Eisner[3] and, soon after him, Calmette[4] proposed a method of using tuberculin for diagnostic purposes by instillation into the conjunctival sac. In tuberculous patients this process is followed by a sharp conjunctival congestion lasting from one to several days.

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[1] *Koch*, Deut. med. Woch., 1890.

[2] *Beck*, Deut. med. Woch., 1899.

[3] *Wolff-Eisner*, Berl. med. Gesell., May 15, 1907.

[4] *Calmette*, Acad. des sci., June 17, 1907.

The preparation used for this purpose is produced in the following way:

"Old tuberculin" is treated with double the quantity of 95 per cent alcohol, and the precipitate allowed to settle and the alcohol then filtered off through paper. The sediment is washed with 70 per cent alcohol until the filtrate runs clear, then pressed between layers of filter paper to remove excess of moisture, scraped into a dish, dried *in vacuo* over H_2SO_4, and broken up in a mortar under a hood.

Solutions of the powder are made in sterile normal salt solution, 1 per cent by weight, boiled and filtered. The solutions are used in strengths of 0.5 to 1 per cent, a drop of which is instilled into the conjunctival sac.[1]

Cutaneous Tuberculin Reaction.—Von Pirquet[2] has suggested the cutaneous use of tuberculin for diagnostic purposes. A 25 per cent solution of "old tuberculin" is made in the following way:

Tuberculin	1
Salt solution	2
5 per cent carbolic acid in glycerin	1

After sterilization of the patient's forearm, two drops of this solution are placed upon the skin about 6 cm. apart. Within each of these drops scarification is done, and the skin between them is scarified as a control. Within twenty-four to forty-eight hours, in tuberculous patients, erythema, small papules, and herpetiform vesicles will appear. The reaction is irregular and more reliable in children than in adults. According to recent investigations, about 70 per cent of adults show a positive reaction and in such cases it is probable that an old healed tuberculosis may give rise to a positive test where absolutely no active process exists.

Recently, v. Pirquet has modified his procedure by using instead of the 25 per cent solution given above, the pure, undiluted "old tuberculin."

Moro[3] has modified this by simply making a 50 per cent ointment of tuberculin in lanolin and rubbing it into the skin without scarification.

It is more simple and equally efficient to massage into the skin a drop of undiluted "old tuberculin."

The Tuberculin Tests as Applied to Cattle.—In cattle, the symptoms of tuberculosis are not easily detected by methods of physical diagnosis until the disease has reached an advanced stage. In consequence, cows may be elements of danger without appearing in any way diseased to those who handle them. In consequence, routine examination of herds by the tuberculin test has become one of the necessary measures in public sanitation. According to Mohler,[1] an accurate diagnosis may be established in at least 97 per cent of the cases. It is natural that a good deal of objection to the test is encountered on the part of dairy farmers and cattle raisers, and recently it has been publicly claimed that the cattle are injured by the test. There is, however, no scientific basis for this belief, if the test is carried out carefully and intelligently. As a matter of fact, the systematic use of the test would eventually be distinctly advantageous to the owners of the cattle themselves, since it has been shown that cows, even in the early stages of the disease, may expel tubercle bacilli, either during respiration or in the feces, and thus become a menace to healthy members of the herd.

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[1] Method in use at Saranac and kindly communicated by Dr. Baldwin.

[2] *v. Pirquet*, Berl. klin. Woch., xx, 1907; Med. Klinik, xl, 1907.

[3] *Moro*, Münch. med. Woch., 1906, p. 216

The tuberculin test on cattle should be made as follows: (The directions given below are taken directly from the circular sent out from the Bureau of Animal Industry at Washington.)

1. Begin to take the rectal temperature at 6 A.M., and take it every two hours thereafter until midnight.
2. Make the injection at midnight.
3. Begin to take the temperature next morning at 6 A.M., and continue as on preceding day.

To those who have large herds to examine, or are unable to give the time required by the above directions, the following shortened course is recommended:

1. Begin to take the temperature at 8 A.M., and continue every 2 hours until 10 P.M. (omitting at 8 P.M., if more convenient); or take the temperature at 8 A.M., 12 M., and 6 and 10 P.M.
2. Make the injection at 10 P.M.
3. Take the temperature next morning at 6 or 8 A.M., and every 2 hours thereafter until 6 or 8 P.M.

Each adult animal should receive 2 c.c. of the tuberculin as it is sent from the laboratory. (The tuberculin sent out from the central laboratory at Washington is already diluted; 2 c.c. represents 0.25 c.c. of the concentrated old tuberculin of Koch.) Yearlings and two-year-olds, according to size, should receive from 1 to 1.5 cubic centimeters. Bulls and very large animals may receive three cubic centimeters. The injection should be made beneath the skin of the neck or shoulders behind the scapula, after washing the area with a weak carbolic acid solution.

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[1] *Mohler*, Pub. H. and Mar. Hosp. Serv. Bull. 41, 1908.

There is usually no marked local swelling at the seat of the injection.

There are now and then uneasiness, trembling, and the more frequent passage of softened dung. There may also be slight acceleration of the pulse and of the breathing.

The febrile reaction in tuberculous cattle following the subcutaneous injection of tuberculin begins from six to ten hours after the injection, reaches the maximum nine to fifteen hours after the injection, and returns to normal eighteen to twenty-six hours after the injection.

A rise of two or more degrees Fahrenheit above the maximum temperature observed on the previous day should be regarded as an indication of tuberculosis. For any rise less than this a repetition of the injection after four or six weeks is highly desirable.

It is hardly necessary to suggest that for the convenience of the one making the test the animals should not be turned out, but fed and watered in the stable. It is desirable to make note of the time of feeding and watering and of any temperature fall after watering.

The tuberculin should not be used later than six weeks after the date on the bottle, nor if there is a decided clouding of the solution.

Therapeutic Uses of Tuberculin.—Tuberculin was first used therapeutically, shortly after its discovery, by Koch.[1] Hailed with the most optimistic enthusiasm, its possibilities were overestimated and hopeless cases were treated unskilfully, with unsuitable dosage. The consequence was that harm was done, the method was attacked by Virchow and others and the new therapy fell into almost complete neglect. At present, the use of tuberculin has again been revived, but with greater caution and with a thorough understanding of its limitations. The tendency has been toward smaller dosage and the limitation of the agent to early cases. No two institutions use tuberculin in exactly the same manner, and it is, therefore, impossible to do more than outline the general scheme of treatment. It must never be forgotten, however, that all forms of tuberculin treatment consist in an "active immunization" in which, for the time being, the toxemia of the patient is increased rather than neutralized. It is obvious, therefore, that only such cases are at all suitable for treatment in which the process is not a very acute one. The general principle of modern tuberculin-therapy seems to lie in choosing doses so small that no marked general reaction shall follow. The preparations most frequently employed are Koch's "Alttuberculin," his "TR," his "Neu Tuberkulin-Bazillen Emulsion," and the Bouillon filtré of Denys. Initial doses of Alttuberculin range from 0.1 to 0.01 of a milligram. In case of successful avoidance of a reaction, the injection may be repeated, gradually increasing, about twice a week. The occurrence of a reaction should be the signal for a longer interval and a slower advance in the size of the dose.

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[1] *Koch*, Deut. med. Woch., iii, 1891.

The initial dose of "TR" is, as advised by Koch,[1] about 0.002 mgm. This usually causes no reaction. The dose is doubled, at reasonable intervals, up to 1 mgm. After this, further increase is carefully gauged by the clinical indications. The maximum dose is about 20 mgm.

"Neu Tuberkulin-Bazillen Emulsion,"[2] is begun with a dose of 0.001 mgm. Gradual increase as with the other preparations is then practiced. The maximum dose is about 10 mgm.

Bouillon filtré has been used chiefly by Denys[3] and with apparently excellent results. Denys is very emphatic in advising the absolute avoidance of any reaction. He begins with a millionth or even the tenth of a millionth of a cubic centimeter of the bouillon and increases with extreme caution. His dilutions are made with glycerin broth.

Passive Immunization in Tuberculosis.—Numerous attempts have been made to immunize tuberculous subjects with the sera of actively immune animals. The most widely used method of producing such serum is that of Maragliano.

Maragliano's Serum.[4]—Maragliano believes that a toxalbumin is present in tubercle-bacillus cultures which is destroyed by the heating employed in the usual tuberculin production. He procures this substance by filtration of unheated cultures and precipitation with alcohol (tossina præcipitata). He furthermore makes an aqueous extract of the bacillary bodies. With these two substances he immunizes horses. He draws blood from these after four to six months of treatment. The serum is extensively used in Italy. Its value is, at present, very doubtful.

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[1] *Koch*, Deut. med. Woch., xiv, 1897.

[2] *Bandelier* und *Roepke*, "Lehrb. d. spezifisch. Tub. Ther.," Würzburg, 1908; *Koch*, Deut. med. Woch., 1901.

[3] *Denys*, "Le Bouillon filtré," Louvain, 1905.

[4] *Maragliano*, Berl. klin. Woch., 1899; Soc. de biol., 1897.

Marmorek's Serum.[1]—Marmorek claims that the poisons produced by Bacillus tuberculosis depend largely upon the medium on which it is grown. He advanced the view in 1903 that the substances obtained in tuberculin were not the true toxins of the tubercle bacillus, that there was a marked difference between these and the poisons elaborated by a younger (primitive) phase of the bacillus as it occurs only within the animal body or on media composed of animal tissue. He consequently grows his cultures on a medium composed of a leucotoxic serum (produced by inoculating calves with guinea-pig leucocytes) and liver tissue. Such cultures, he claims, contain no tuberculin. To the sera produced by immunization with these cultures he attributes high curative powers.

Bacilli Closely Related to the Tubercle Bacillus.—*The Bacillus of Bovine Tuberculosis.*—Tuberculosis of cattle (Perlsucht) was studied by Koch[2] in connection with his early work on human tuberculosis. Koch did not fail to recognize differences between the reactions to infection in the bovine type of the disease and that of man. He attributed these, however, to the nature of the infected subject rather than to any differences in the infecting agents. This point of view met with little authoritative contradiction, until Theobald Smith[3] in 1898, made a systematic comparative study of bacilli isolated from man and from cattle and pointed out differences between the two types. The opinion of Smith was fully accepted by Koch[4] in 1901.

Since that time, the question, because of its great importance to prophylaxis, has been the subject of many investigations, most of them confirming Smith's original work. Morphologically, Smith[5] found that the bovine bacilli were usually shorter than those of the human type and grew less luxuriantly than these upon artificial media. He determined, furthermore, that, grown upon slightly acid glycerin bouillon, the bovine bacillus gradually reduces the acidity of the culture medium until the reaction reaches neutrality or even slight alkalinity. Fluctuations, after this, do not exceed 0.1 or 0.2 per cent on either side of neutrality. In the case of the human bacillus, on the other hand, there is but slight reduction of the acidity during the first weeks of growth; after this acidity increases and, though subject to fluctuations, never reaches neutrality. This behavior is probably due to action exerted upon the glycerin, since on ordinary bouillon no such differences between the two varieties can be noticed. These observations of Smith were confirmed by Ravenel,[1] Vagedes,[2] and others.

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[1] *Marmorek*, Berl. klin. Woch., 1903, p. 1108; Med. Klinik, 1906.

[2] *Koch*, Arb. a. d. kais. Gesundheitsamt, 11, 1882.

[3] *Th. Smith*, Jour. Exp. Med., 111, 1898.

[4] *Koch*, Deut. med. Woch., 1901.

[5] *Th. Smith*, Jour. Exp. Med., 1905.

The cultural differences between the two types have been studied with especial care by Wolbach and Ernst,[3] and Kossel, Weber, and Heuss.[4] All of these observers bear out Smith's contention that luxuriance and speed of growth are much more marked in the human than in the bovine variety. Marked differences, furthermore, have been shown to exist in the pathogenic qualities of these bacilli toward various animal species.

Guinea-pigs inoculated with the bovine type[5] die more quickly and show more extensive lesions than those infected with human bacilli. The difference in the pathogenicity of the two organisms for rabbits is sufficiently striking to be of diagnostic value. The bovine bacilli usually kill a rabbit within two to five weeks; the human bacilli produce a mild and slow disease, lasting often for six months, and occasionally fail to kill the rabbits at all.

The practical importance of distinguishing between the two types, of course, attaches to the question as to whether the bovine and the human disease are mutually intercommunicable. Extensive attempts to infect cattle with bacilli of the human type have been made,[6] for the most part with very little or no success. Infections of human beings with bovine bacilli, however, have been reported and proved beyond reasonable doubt, by Smith,[7] Ravenel,[8] Kossel, Weber, and Heuss,[9] and others. Most of these infections have been in children. It is likely, therefore, that while cattle are to a considerable degree immune against the bacillus of the human type, human beings do not enjoy the same safeguard in respect to the bovine bacillus. During adult life, the danger of such infection, however, is far less than it is during infancy and early youth.

The Bacillus of Avian Tuberculosis.—A disease resembling in many features the tuberculosis of man is not uncommon among chickens, pigeons, and some other bird species. Koch was the first to discover in the lesions of diseased fowl bacilli much resembling Bacillus tuberculosis. It was soon shown, however, by the studies of Nocard and Roux,[1] Mafucci,[2] and others, that the bacillus of the avian disease represented a definitely differentiable species.

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[1] *Ravenel*, Lancet, 1901; Univ. Penn. Med. Bull., 1902.

[2] *Vagedes*, Zeit. f. Hyg., 1898.

[3] *Wolbach* and *Ernst*, "Studies from the Rockefeller Inst.," 11, 1904.

[4] *Kossel*, *Weber*, und *Heuss*, Arb. a. d. kais. Gesundheitsamt, 1904 and 1905.

[5] *Smith*, loc. cit., and Medical News, 1902.

[6] *Beck*, "Festsch. R. Koch," 1902; *Smith*, loc. cit.

[7] *Smith*, Trans. Assn. Amer. Phys., 1903.

[8] *Ravenel*, Univ. Penn. Med. Bull., 1902.

[9] *Kossel*, *Weber*, und *Heuss*, loc. cit.

Morphologically, and in staining characteristics, the bacillus is almost identical with that of the human disease. In culture, however, growth is more rapid and takes place at a temperature of 41° to 45° C.[3] (the normal temperature of birds), while the human type is unable to thrive at a temperature above 40°.

Guinea-pigs, very susceptible to human tuberculosis, are very refractory to infection with the avian type; while, on the other hand, rabbits which are resistant to the human type, succumb rapidly to infection with avian tuberculosis.[4] Prolonged cultivation and passage through the mammalian body is said to cause these bacilli to approach more or less closely to the mammalian type. Conversely, Nocard[5] succeeded in rendering mammalian tubercle bacilli pathogenic for fowl by keeping them in the peritoneal cavities of hens in celloidin sacs for six months.

Recently Koch and Rabinovitsch[6] have isolated from the spleen of a young man dead of tuberculosis, a microorganism which, culturally, morphologically, and in its pathogenic action upon birds, seemed to belong to the avian type. Löwenstein[7] describes a similar organism cultivated from a human case which seems to be a transitional type. Observations of this order are, however, too few at the present time to be used as the basis of a definite opinion as to the relationship between the two varieties.

Bacillus of Fish Tuberculosis.—This bacillus, isolated by Dubarre and Terre,[8] resembles Bacillus tuberculosis in morphology and in a certain degree of acid-fastness. It grows at low temperatures, 15° to 30° C. It is non-pathogenic for animals, but kills frogs within a month. Except for the acid-fastness it has little in common with Bacillus tuberculosis.

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[1] *Nocard* et *Roux*, Ann. de l'inst. Pasteur, 1887.

[2] *Mafucci*, Zeit. f. Hyg., xi.

[3] *Mafucci*, loc. cit.

[4] *Straus* et *Gamaleia*, Arch. de méd. expér., 1891; *Courmont* et *Dor*, Arch. de méd. exp., 1891.

[5] *Nocard*, Ann. de l'inst. Pasteur, 1898.

[6] *Koch* and *Rabinovitsch*, Virch. Arch., Beiheft to Bd. 190, 1907.

[7] *Löwenstein*, quoted from Koch and Rabinovitsch, loc. cit.

[8] *Dubarre* et *Terre*, Compt. rend. de la soc. de biol., 1897.

Bacillus of Timothy.—Moeller isolated from timothy-grass and fro the dust in haylofts bacilli, which appear like Bacillus tuberculosis an are acid-fast. They grow rapidly on agar, colonies soon showing a dee red or dark yellow color.

Bacillus butyricus (*Butter Bacillus*).—Bacilli morphologically resembling Bacillus tuberculosis and possessing the acid-fast propert though to but a slight degree, have been isolated from milk and butte by Petri,[1] Rabinovitsch,[2] Korn,[3] and others.

These bacilli are easily differentiated from Bacillus tuberculosi culturally. They are slightly pathogenic for guinea-pigs, but not fo man.

Bacillus smegmatis and the bacillus of leprosy will be discussed i separate sections. The differentiation of these organisms by mean of staining reactions has been discussed in the section on stainin methods.

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[1] *Petri,* Arb. a. d. kais Gesundheitsamt, 1897.

[2] *Rabinovitsch,* Zeit. f. Hyg., 1897.

[3] *Korn,* Cent. f. Bakt., 1899.

CHAPTER XXXIV

THE SMEGMA BACILLUS AND THE BACILLUS OF LEPROSY

BACILLUS SMEGMATIS

In 1884, Lustgarten[1] announced that he had succeeded in demonstrating, in a number of syphilitic lesions, a characteristic bacillus, which he declared to be the etiological factor in the disease. The great importance of the subject of Lustgarten's communication caused numerous investigators to take up the study of the microorganisms found upon the genitals of normal and diseased individuals. As a result of these researches the presence of the Lustgarten bacilli upon the genitals of many syphilitics was confirmed; but at the same time bacilli, which in all essential particulars were identical with them, were found in the secretions about the genital organs and anus of many normal persons. The first to throw doubt upon the etiological significance of Lustgarten's bacillus, and to describe in detail the microorganism now recognized as Bacillus smegmatis, were Alvarez and Tavel.[2] Similar studies were made soon afterward by Klemperer,[3] Bitter,[4] and others.

The smegma bacilli are now known to occur as harmless saprophytes in the preputial secretions of the male, about the external genital organs of the female, and within the folds of thighs and buttocks. They are usually found, in these situations, in clumps upon the mucous membrane, and occasionally in the superficial layers of the epithelium, intra- and extra-cellularly.

Morphology.—The smegma bacilli are very similar to tubercle bacilli, but show greater variations in size and appearance than do the latter. In length the individuals may vary from two to seven micra. They are usually straight or slightly curved, but according to Alvarez and Tavel may show great polymorphism, including short comma-like forms, and occasional S-shaped spiral forms.

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[1] *Lustgarten*, Wien. med. Woch., 47, 1884.

[2] *Alvarez* et *Tavel*, Arch. d. physiol. norm. et path., Oct., 1885.

[3] *Klemperer*, Deut. med. Woch., xi, 1885.

[4] *Bitter*, Virchow's Arch., ciii.

They are not easily stained, and though less resistant in this respect than the tubercle bacillus, they yet belong distinctly to the group of acid-fast bacilli. Once stained by the stronger dyes, such as carbol-fuchsin or anilin-water-gentian-violet, they are tenacious of the dye, though less so than tubercle bacilli.

The identification of the smegma bacillus by staining methods has become of great practical importance since Fraenkel,[1] Müller,[2] and others have demonstrated the occasional presence of acid-fast bacilli, probably of the smegma group, in sputum, and in secretions from the tonsillar crypts and throat. The methods of differentiation which have been found most practical are those which depend upon differences in the retention of stain shown by these bacilli. While it may be stated as a general rule that the smegma bacilli are more easily decolorized than tubercle bacilli, it is nevertheless important that a control, as suggested by Wood, be made with known tubercle bacilli whenever a slide of suspected smegma bacilli is examined. For the actual differentiation an excellent method is that of Pappenheim, described in detail in the section on Staining, page 106. This method depends upon the fact that prolonged treatment with alcohol and rosolic acid decolorizes the smegma bacilli but not the tubercle bacilli. Coles[3] has stated that smegma bacilli will resist Pappenheim's decolorizing agent for four hours at the most, while tubercle bacilli will retain the stain, in spite of such treatment, for as long as twenty-four hours.

Although minor differences between the smegma bacillus and that of Lustgarten have been upheld by Doutrelepont[4] and others, nevertheless, the etiological significance of Lustgarten's bacillus in syphilis has been finally discredited, and, if not identical with the smegma bacillus, it at least belongs to the same group.

The smegma bacilli have no pathogenic significance. They are found upon human beings as harmless saprophytes, and all attempts to infect animals have so far been unsuccessful. They are cultivated with great difficulty, first cultivations from man being successful only upon the richer media containing human serum or hydrocele fluid. After prolonged cultivation upon artificial media they may be kept alive upon glucose agar or ascitic agar. Their growth is slow;

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[1] *Fraenkel*, Berl. klin. Woch., 1898.

[2] *Müller*, Deut. med. Woch., 1898.

[3] *Coles*, Jour. of State Med., 1904.

[4] *Doutrelepont*, quoted from Klemperer, loc. cit.

and the colonies, appearing within five or six days after inoculation, are yellowish white, corrugated, and not unlike tubercle-bacillus colonies.

BACILLUS LEPRÆ AND LEPROSY

The bacillus of leprosy was first seen and correctly interpreted as the etiological factor in the disease in 1879, by G. Armauer Hansen,[1] a Norwegian observer. Hansen found the bacilli in the tissues of the nodular lesions of patients, lying in small clumps, intra- and extracellularly, as well as in the serum oozing from the tissue during its removal. Hansen's observation was the fruit of over six years of careful study and as to his priority in making this great discovery, there can be no doubt. Almost simultaneously with his publication, however, Neisser[2] published similar results, obtained by him during a brief stay at Bergen, during the preceding summer. The bacilli described by these workers are now recognized as being unquestionably the cause of the various forms of the disease known as leprosy.

Morphology and Staining.—The leprosy bacillus is a small rod measuring about 5 to 7μ in length and has a close morphological resemblance to Bacillus tuberculosis, except in that it is less apt to display the beaded appearance and is slightly less slender than the latter. It is non-motile, possesses no flagella, and forms no spores.

Like tubercle bacilli, furthermore, the leprosy bacilli belong to the class of so-called acid-fast bacteria, being stained with much difficulty; but when once stained they are tenacious of the color, offering considerable resistance to the decolorizing action of acids. It is necessary for differential diagnosis, however, to note that both the difficulty of staining and the resistance to decolorization are less marked in the case of this microorganism than in the case of Bacillus tuberculosis. It was this peculiar behavior to stains that caused the delay of several years in Hansen's publications, since he failed in obtaining good morphological specimens until the work of Koch upon bacterial staining had supplied him with proper methods. The bacillus is stained most easily with anilin-water-gentian-violet or with carbol-fuchsin solution. Stained by Gram's method, it is not decolorized and appears a deep blue. Differential staining by the Ziehl-Neelsen method shows the bacillus stained red unless decolorization by means of the acid and alcohol are prolonged for an unusual time. A differentiation from tubercle bacilli by virtue of greater ease of decolorization is of value only in the hands of those having much experience with these bacilli, and follows no regular laws of acid-strengths or time of application which can be generally applied by the inexperienced. In tissues, the bacilli are easily stained by the methods used for staining tubercle bacilli. The sections are left in the Ziehl carbol-fuchsin solution either from two to twelve hours at incubator temperature or for twenty-four hours at room temperature. Subsequent treatment is that employed in the case of tuberculous tissue sections (see p. 112).

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[1] *Hansen*, Virch. Arch., 79, 1879.

[2] *Neisser*, Breslauer ärztl. Zeitschr., 20, 1879.

Cultivation.—Cultivation of the leprosy bacillus has not met with success. Hansen and others who have approached the problem with a thorough knowledge of the microorganism, combined with a competent bacteriological training, have failed in all their attempts. Numerous positive results reported by observers have always lacked adequate confirmation. Recently, Rost,[1] of the British Army Medical Corps, has claimed success in cultivation of leprosy bacilli upon salt-free bouillon, his point of departure being the previous observation that salt-free media favored the growth of tubercle bacilli. His results have not been confirmed. In all cases, in fact, in which successful cultivation has been claimed, no positive proof as to the leprous nature of the cultivated organisms has been brought.

Pathogenicity.—Innumerable attempts to transmit leprosy to animals by inoculation have been unsuccessful. Nicolle,[2] however, has recently claimed successful experiments upon monkeys (macacus) in whom inoculation with tissue from infected human beings was followed, in sixty-two days, by the development of a small nodule at the site of inoculation, in which, upon excision, leprosy bacilli were found. In most cases, however, inoculation has given rise merely to a transient inflammatory reaction.

Among human beings, leprosy has been a widely spread disease since the beginning of history, and much evidence is found in ancient literature which testifies to a wide distribution of the disease long before the Christian era and throughout the Middle Ages. At the present day, leprosy is most common in the eastern countries, especially in India and China. In Europe the disease is found in Norway, in Russia, and in Iceland. In other European countries, while the disease occurs, it is not at all common. In the United States, there are, according to Osler, three important centers of leprosy situated in Louisiana, in California, and among the Norwegian settlers in Minnesota. The disease is also present in several provinces of Canada. In all countries in which segregation of lepers is rigidly practiced, the disease is diminishing. In Norway, according to Hansen, proper sanitary measures have reduced the number of lepers from 2,870 in 1856, to 577 in 1900.

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[1] *Rost*, Brit. Med. Jour., 1, 1905.

[2] *Nicolle*, Sem. médicale, 10, 1905.

Clinically, the disease appears in two chief varieties, tubercular leprosy and the so-called anesthetic leprosy. In the former variety, hard nodular swellings appear, usually in the face but often on other parts of the body as well. These lead to frightful disfigurement and are accompanied by a falling-out of hair and a loss of sensation in the affected areas. In the anesthetic form, there is usually at first pain in definite areas of the extremities and the trunk, which is soon followed by the formation of flat or slightly raised pigmented areas, within which there is absolute anesthesia with, later, atrophy and often secondary necrosis in the atrophied parts. The disease is usually chronic in its course.

The bacilli are found in large numbers in the cutaneous lesions. In the knobs of the nodular variety, they lie in clumps between the connective-tissue cells and within the large spheroidal cells which make up the nodules. They are found, also, in advanced cases, in the liver and in the spleen, lying within the cells, and, to a slighter extent, in the intercellular spaces. They have also been found within the kidneys, the endothelium of the blood-vessels, and in the testicles.[1] In the blood, the bacilli have frequently been demonstrated, especially during the febrile attacks which occur during the disease. Westphal and Uhlenhut[2] have found the bacilli within the central nervous system, and these observers, as well as others, have found them lying within the substance of the peripheral nerves, thus explaining the anesthesia. A fact of enormous importance to the question of transmission is the observation made by various observers, more especially by Sticker, that the bacilli are found with great regularity in considerable numbers in the nasal secretions of persons suffering from the disease. Sticker is inclined to regard the nose as the primary path of infection. Whether or not this be true can not, at present, be decided. As a source of infection, however, the nasal mucus and, secondarily, the saliva, are certainly the vehicles by which large numbers of the bacilli leave the infected patient, and. therefore, tend to spread the disease.

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[1] *Sticker*, Münch. med. Woch., 39. 1897.

[2] *Westphal* und *Uhlenhut*, Klin. Jahrb., 1901.

The contagiousness of leprosy is far less than is that of most other bacterial diseases. Physicians and others who come into direct contact with large numbers of leprous patients, observing at the same time the ordinary precautions of cleanliness, rarely contract the disease. On the other hand, intimate contact with lepers without such precautions is the only possible means of transmission. The demonstration of leprosy bacilli in dust, soil, etc., must always be looked upon with suspicion, since, apart from actual human inoculation, there is no method of positively differentiating the bacilli from similar acid-fast organisms. Instances of transmission by contact are on record, not the least famous of which is the case of Father Damien, who contracted the disease while taking care of the lepers upon the island of Molokai. Hansen states that in his knowledge no case of leprosy can be found in which careful examination of the past history will not reveal direct contact with a previous case. Direct inoculation of the human being with material from a leprous patient has been successfully carried out by Arning,[1] upon a Hawaiian criminal. In this case a piece of a leprous nodule was planted into the subcutaneous tissue of the left arm. One month after the inoculation, pain appeared in the arm and shoulder, and four and a half months later a typical leprosy nodule was formed. Four years after the inoculation, the patient was a typical leper.

Although our inability to cultivate the leprosy bacillus, and the lack of success attending animal inoculation, have made it impossible to study more closely the toxic action of this microorganism, there is, nevertheless, some evidence which points toward the production of a poisonous substance of some kind by the bacillus. Rost,[2] who claims to have cultivated the bacillus, manufactured from his cultures, by the technique for the production of "old tuberculin," a substance which he called "leprolin," and which he employed therapeutically in the same manner in which tuberculin is employed in tuberculosis. As stated before, the results of Rost still lack confirmation. Of far greater importance, both in demonstrating the probability of the existence of a definite toxin as well as in indicating the close relationship between the leprosy bacillus and the Bacillus tuberculosis, are the investigations upon the action of tuberculin upon leprous patients. When tuberculin is administered to lepers, a febrile reaction occurs usually twenty-four or more hours after the administration. The fever differs from that produced by the use of the same substance in tuberculous patients in that it is of late occurrence and lasts considerably longer. At the same time, there may be marked redness and tenderness of the nodules. In isolated cases, Babes [1] has noticed alarmingly high and prolonged fever together with systemic symptoms such as nausea, headache, and even unconsciousness, following the injection of tuberculin. The same writer claims to have extracted from the organs of lepers, which contained enormous numbers of bacilli, substances which showed an action similar to that of the tuberculin.

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[1] *Arning*, Vers. d. Naturfor. u. Aerzte, 1886. [2] *Rost*, loc. cit.

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[1] *Babes*, in Kolle und Wassermann, "Handbuch," etc., Erst. Ergänz. Bd., 1907.

CHAPTER XXXV

BACILLUS DIPHTHERIÆ, BACILLUS HOFFMANNI, AND BACILLUS XEROSIS

BACILLUS DIPHTHERIÆ

SINCE 1821, when Bretonneau of Tours published his observations, diphtheria has been an accurately recognized clinical entity. Our knowledge of the disease in the sense of modern bacteriology, however, begins with the first description of Bacillus diphtheriæ by Klebs in 1883. Klebs[1] had observed in the pseudomembranes from diphtheritic throats, bacilli which in the light of more recent knowledge we can hardly fail to recognize as the true diphtheria organism. His work, however, was purely morphological and, therefore, inconclusive. One year after this announcement, Loeffler[2] isolated and cultivated an organism which corresponded in its morphological characters to the one described by Klebs. He obtained it from thirteen clinically unquestioned cases of diphtheria, and, by inoculating it upon the injured mucous surfaces of animals, succeeded in producing lesions which resembled closely the false membranes of the human disease. His failure to find the bacillus in all the cases he examined, his finding it, in one instance, in a normal throat, and his inability to explain to his own satisfaction some of the systemic manifestations of the infection which we now know to be due to the toxin, caused him to frame his conclusions in a tone of the utmost conservatism. The second and third publications of Loeffler,[3] however, and the inquiry into the nature of the toxins produced by the bacillus, published in 1888 by Roux and Yersin,[4] eliminated all remaining doubt as to the etiological relationship existing between this organism and the disease.

Innumerable observations, both clinical and bacteriological, by other workers, have, since that time, confirmed the early investigations.

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[1] *Klebs*, Verh. d. 2. Kongr. f. inn. Medizin, Wiesbaden, 1883.

[2] *Loeffler*, Mittheil. a. d. kais. Gesundheitsamt, 1884.

[3] *Loeffler*, Cent. f. Bakt., 1887 and 1890.

[4] *Roux* and *Yersin*, Ann. de l'inst. Pasteur, 1888 and 1889.

and it is to-day a scientific necessity to find the bacillus of Klebs and Loeffler in the lesion before a diagnosis of "diphtheria" can properly be made.

Morphology and Staining.—While Bacillus diphtheriæ presents certain characteristic appearances which facilitate its recognition, it is, at the same time, subject to a number of morphological variations with all of which it is important to be familiar. These variations are, to a limited extent, dependent upon the age of the culture and upon the constitution of the medium on which it has been grown. These factors, however, do not control the appearance of the organism with any degree of regularity, and any or all of its various forms may occur in one and the same culture. It is likely that these different appearances represent stages in the growth and degeneration of the individual bacilli, but there does not seem to be any just reason for believing that, as several observers have stated, there is definite correlation between its microscopic form and its biological characteristics, such as virulence, toxicity, etc.

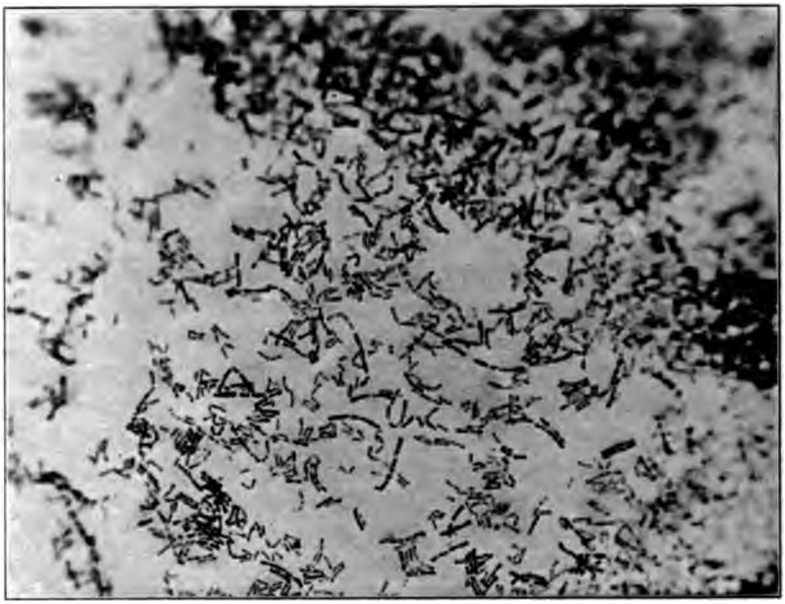

FIG. 105.—BACILLUS DIPHTHERIÆ.

The bacilli are slender, straight, or slightly curved rods. In length they vary from 1.2 micra to 6.4 micra, in breadth from 0.3 to 1.1. As seen most frequently when taken from the throat they are about 4 to 5 micra in length. They are rarely of uniform thickness throughout their length, showing club-shaped thickening at one or both ends. Occasionally they may be thickest at the center and taper toward the extremities. When thickened at one end only, a slender wedge-shape results. Such forms are usually straight, of smaller size than their neighbors, and are more often stained with great uniformity. These are spoken of by Beck[1] as the "ground type," and assumed, for insufficient reasons, to be the young individuals. Branched forms have been described by some investigators. They are rare and probably to be regarded as abnormal or involution forms due to unfavorable environment.

The organisms stain with the aqueous anilin dyes. A characteristic irregularity of staining which is of great aid in diagnosis is best obtained with Loeffler's "alkaline methylene-blue." (For preparation see section on Staining, p. 96.) Stained with this solution for five to ten minutes many of the bacilli appear traversed by unstained transverse bands which give them a striped or beaded appearance. The longer individuals often have a strong resemblance to short chains of streptococci. Others may appear unevenly granular. In cultures which are about eighteen hours old, many of the bacilli may show deeply stained oval bodies situated most frequently at the ends. These are the so-called "polar" or "Babes-Ernst" bodies.[2] Special stains have been devised for the demonstration of these appearances. One of these was originated by Neisser,[3] who claims for it differential value in distinguishing these organisms from pseudodiphtheria and xerosis bacilli.

His method requires two solutions:

1.	Methylene blue (Grübler)	1 gram.
	Alcohol, 96 per cent	20 c.c.
	Glacial acetic acid	50 "
	Water	950 "
2.	Bismarck brown	2 grams.
	Water	1,000 c.c.

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[1] *Beck*, in Kolle und Wassermann, ii, p. 773.

[2] *Babes*, Zeit. f. Hyg., Bd. v, 1889.

[3] *Neisser*, Zeit. f. Hyg., xxiv, 1897.

The cover-slip preparation, after having been fixed, is stained with solution No. 1 for one to three seconds. It is then washed in water and immersed for from three to five seconds in solution No. 2. With this stain the bodies of the bacilli appear brown, the polar granules blue.

Another method which has been extensively used is that of Roux. The solutions required for this are:

1. Dahlia violet	1	gram.
Alcohol, 90 per cent	10	c.c.
Aq. dest	ad 100	"
2. Methyl green	1	gram.
Alcohol, 90 per cent	10	c.c.
Aq. dest	ad 100	"

The two solutions are mixed, one part of 1 being added to three parts of 2. Preparations are stained in this mixture for two minutes. The polar bodies appear a dark violet. Other methods for the staining of polar bodies have been recommended. There is very little advantage in the use of these double stains and most bacteriologists employ for routine work the simple stain with Loeffler's alkaline methylene blue.

The significance of the polar bodies is not well understood. Their discoverer, Ernst, regarded them as bodies analogous to the spores of other organisms. The ease with which they are stained, however, and the low temperatures to which the bacteria succumb make this appear very unlikely. A more probable interpretation seems to be that of Escherich[1] who regards them as chromatic granules.

Stained by Gram's method, the diphtheria bacilli retain the gentian-violet. Care must be used in carrying out this method and strict timing adhered to, since slight carelessness in this respect may lead to irregular results.

In stained smears from the throat or from cultures a characteristic grouping of the bacilli has been observed. They lie usually in small clusters, four or five together, parallel to each other, or at sharp angles. Two organisms may often be seen attached to each other by their corresponding ends while their bodies diverge to form a "V" or "Y" shape.

Biological Characteristics.—The diphtheria bacillus is a non-motile, non-flagellated, non-spore-forming aërobe. Its preference for oxygen is marked, but it will grow in anaërobic environment in the presence of suitable carbohydrates. It does not liquefy gelatin. The bacillus grows at temperatures varying between 19° C. and 42° C., the most favorable temperature for its development being 37.5° C. Temperatures above 37.5°, while not entirely stopping its growth, impede the development of its toxin.

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[1] *Escherich*, "Aetiologie, etc., d. Diphth.," Wien, 1894.

Resistance.—The thermal death point of this organism is 58° C. for ten minutes, according to Welch and Abbott. Boiling kills it in about one minute. Low temperatures, and even freezing, are well borne. Desiccation and exposure to light are not so fatal to this organism as to most of the other pathogenic bacteria. Sternberg[1] has found it alive in dried bits of the pseudomembrane after fourteen weeks. It is easily killed by chemical disinfectants in the strengths customarily employed. H_2O_2 seems especially efficacious in killing the organisms rapidly.

Cultivation.—The diphtheria bacillus grows readily on most of the richer laboratory media. It will grow upon media made of meat extract, but develops more luxuriantly on all those which have a meat infusion as their basis. While it will grow upon both acid and alkaline media, it is sensitive to the extremes of both, the most favorable reaction for its development being probably about 0.5 per cent alkalinity expressed in terms of $\frac{N}{1}$ NaOH. Animal proteids added to the media, in the form of blood serum, ascitic fluid, or even whole blood, increase greatly the rapidity and richness of its growth. Horse serum is supposed by some to be especially favorable.[2]

Loeffler's Medium.—The most widely used medium for the cultivation of this bacillus is the one devised by Loeffler. This consists of:

Beef blood serum	3 parts
One per cent glucose meat-infusion bouillon	1 part

The mixture is coagulated at 70° C. in slanted tubes and sterilized at low temperatures by the fractional method. Upon this medium the diphtheria bacillus in twelve to twenty-four hours develops minute, grayish-white, glistening colonies. These enlarge rapidly, soon outstripping the usually accompanying streptococci. The medium seems to possess almost selective powers for the bacillus and, for this reason, it is especially valuable for diagnostic purposes.

Meat-Infusion Agar.—Upon slightly alkaline meat-infusion agar the bacillus develops readily, though less so than on Loeffler's serum. Organisms which have been on artificial media for one or more generations may grow with speed and luxuriance upon this medium. When planted directly from the human or animal body upon agar, however, growth may occasionally be slow and extremely delicate. Colonies on agar appear within twenty-four to thirty-six hours as small, rather translucent, grayish specks. The appearance of these colonies is quite characteristic and easily recognized by the practiced observer. Surface colonies are irregularly round or oval, showing a dark, heaped-up, nucleus-like center, fringed about by a loose, coarsely granular disk. The edges of these colonies have a peculiarly irregular, torn appearance which distinguishes them readily from the sharply defined chain-fringed streptococcus colonies. For these reasons agar is the medium most commonly used for purposes of isolation. The deep colonies in this medium are dense and sharply outlined.

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[1] *Sternberg,* "Manual Bac.," p. 455.

[2] *Michel,* Cent. f. Bakt., 1897.

The addition of dextrose 1 per cent, nutrose 2 per cent, or glycerin 6 per cent, renders agar more favorable for rapid growth, but unfits it for the preservation of cultures, the organism dying out more rapidly, probably because of acid formation.

Meat-Infusion Broth.—Upon beef or veal broth the diphtheria bacillus grows rapidly, almost invariably forming a pellicle upon the surface, —another expression of its desire for oxygen. The broth remains clear. Broth tubes with such growth, therefore, have a characteristic appearance.

Meat-infusion gelatin is a favorable medium for the Klebs-Loeffler bacillus, but growth takes place slowly because of the low temperature at which this medium must be kept. Gelatin is not fluidified.

Milk is an excellent medium, and for this reason may even occasionally be a vehicle of transmission. There is no coagulation of the milk.

Upon *potato*, B. diphtheriæ will grow only after neutralization of the acid. It is, at best, however, a poor nutrient medium.

Upon the various *pepton solutions* the bacillus of diphtheria produces no indol.

Many special media have been recommended for the cultivation of this organism. The most important of these are the modification of Loeffler's serum devised by Beck,[1] the horse-blood-fibrin cake used by Escherich, and Wassermann's ascitic-fluid-nutrose-agar, called by him "Nasgar." None of these has sufficient advantages over the simpler media, however, to make its substitution desirable.

Isolation.—Because of the comparative ease with which B. diphtheriæ is isolated from mixed cultures, it is not necessary to give in detail the different methods devised for this purpose. The one described below is the one most frequently employed, and is both simple and reliable.

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[1] *M. Beck*, Kolle und Wassermann; Brit. Med. Jour.

Cultures are taken from throats upon Loeffler's blood serum. These are permitted to grow at 37.5° C. for from eighteen to twenty-four hours. At the end of this time about 5 c.c. of bouillon are poured into the tubes and the growth is gently emulsified in the broth with a platinum loop. Two or three loopfuls of this emulsion are then streaked over the surface of glucose agar, serum agar, or nutrose agar. After twenty-four hours' incubation these plates show characteristic colonies which can be easily fished and again transferred to Loeffler tubes or any other suitable medium. The same method

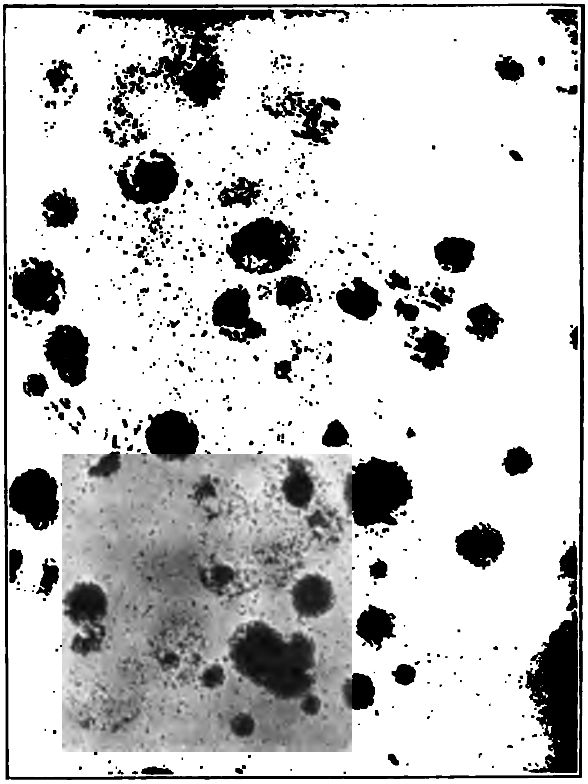

FIG. 106.—COLONIES OF BACILLUS DIPHTHERIÆ ON GLYCERIN AGAR.

is well adapted for the isolation of pseudodiphtheria and xerosis bacilli.

Pathogenicity.—Unlike most other microorganisms, Bacillus diphtheriæ causes a more or less specific local reaction in mucous membranes, which results in the formation of the so-called "pseudo-membranes." When these are characteristically present, infection with this bacillus should always be suspected. The consequent disease depends, in part, upon the mechanical disturbance caused by these false membranes and, in part, upon the systemic poisoning with the toxin which the bacilli produce. Although the diphtheria bacillus has been found after death in the spleen and liver, we have no data which would justify the assumption that a true diphtheria-septicemia may occur during life. It is probable that in those cases which Baginsky [1] has called the septicemic form of diphtheria, Bacillus diphtheriæ has merely opened a path by which accompanying streptococci have gained access to the lymphatics and the blood stream. The most frequent sites of diphtheritic inflammation are the mucous membranes of the throat, larynx, and nose. They have also been found in the ear, upon the mucous membrane of the stomach and the vulva, and upon the conjunctiva and the skin. According to Loeffler, Strelitz,[2] and others, the bacillus may, by extension from the larynx, give rise to a true diphtheritic bronchopneumonia.

For most of the usual laboratory animals the diphtheria bacillus is very pathogenic. Dogs, cats, fowl, rabbits, and guinea-pigs are susceptible. Rats and mice are resistant to all but extremely large doses. False membranes, analogous in every way to those found in human beings, have been produced in many animals of susceptible species, but only after inoculation with the bacillus had been preceded by mechanical injury of the mucosa. The lesions produced in animals by subcutaneous inoculation present many characteristic features which facilitate the bacteriological recognition of the diphtheria bacillus. Small quantities (0.5 to 1 c.c.) of a virulent broth culture, given subcutaneously to a guinea-pig, may produce the gravest symptoms and within six to eight hours the animal may show signs of great discomfort. Death occurs usually within thirty-six to seventy-two hours. Upon autopsy the point of inoculation is soggy with serosanguineous exudate; neighboring lymph-nodes are edematous. Lungs, liver, spleen, and kidneys are congested. There may be pleuritic and peritoneal exudates. Characteristic, and almost pathognomonic, is a severe congestion of both suprarenal bodies. The gastric ulcerations recently described by Rosenau and Anderson [1] may occur, but are by no means regularly found (two out of fifty in our series [2]).

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[1] *Baginsky,* "Lehrbuch d. Kinderkrankheiten."

[2] *Strelitz,* Arch. f. Kinderheilk., 1891.

Diphtheria Toxin.[3]—Animals and man infected with B. diphtheriæ show evidences of severe systemic disturbances and even organic degenerations, while the microorganism itself can be found in the local lesion only. This fact led even the earliest observers to suspect that, in part at least, the harmful results of such an infection were attributable to a soluble and diffusible poison elaborated by the bacillus. The actual existence of such a poison or toxin was definitely proved by Roux and Yersin [4] in 1889. They demonstrated that broth cultures in which B. diphtheriæ had been grown for varying periods would remain toxic for guinea-pigs after the organisms themselves had been removed from the culture fluid by filtration through a Chamberland filter.

METHODS OF PRODUCTION OF DIPHTHERIA TOXIN.—While toxin can be produced with almost all of the virulent diphtheria bacilli, there is great variation in the speed and degree of production, dependent upon the strain of organisms employed and upon the ingredients and reaction of the medium upon which they are grown. Most laboratories possess one or several strains of bacilli which are empirically known to be especially potent in this respect. One of the most extensively used, not only in this country, but in Europe as well, is the strain known as "Culture Americana," or "Park-Williams Bacillus No. 8," an organism isolated by Dr. Anna Williams of the New York Department of Health in 1894. Throughout more than ten years of cultivation this bacillus has retained its great power of toxin production.

Because of the severity of cases of diphtheria in which the diphtheria bacilli were associated with streptococci, many observers were led to believe that the presence of streptococci tended to increase the toxin-producing power of B. diphtheriæ. Experiments by Hilbert,[5] Theobald Smith,[6] and others seem to have given support to this view.

The medium most frequently employed for the production of toxin is a beef-infusion broth. There are minor differences of opinion as to the most favorable constitution of this medium for the production of toxin. All agree, however, in recognizing the importance of pepton, without which, according to Madsen,[1] no satisfactory toxin has yet been produced. This is added in proportions of from one to two per cent. The presence of sugars in the medium is not desirable in that it leads to acid production; L. Martin[2] removes the sugars from the meat by fermentation with yeast. Smith[3] accomplishes the same purpose with B. coli. According to Park and Williams,[4] however, this is superfluous, the quantity of sugar present in ordinary butcher's meat not being sufficient to exert unfavorable influence.

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[1] *Rosenau* and *Anderson*, Journ. Inf. Dis., iv, 1907.

[2] *Zinsser*, Journ. Med. Res., xvii, 1907.

[3] *Loeffler*, Cent. f. Bakt., 1887.

[4] *Roux* and *Yersin*, loc. cit.

[5] *Hilbert*, Zeit. f. Hyg., xxix, 1898.

[6] *Smith*, Medical Rec., May, 1896.

Experience has shown that a primary alkaline reaction offers the most favorable conditions for toxin production. In all cultures of B. diphtheriæ in non-sugar free broth, there is, at first, a production of acid and, while this continues, there is, as Spronk[5] has shown, little or no evidence of toxin elaboration. It is only after this initial acidity has given way to alkalinity that cultures become decidedly toxic. Park and Williams,[6] in an inquiry into the question of reaction, came to the conclusion that the best results are obtained with a broth to which, after neutralization to litmus, $\frac{N}{1}$ NaOH is added in an amount of 7 c.c. to the liter. In such a medium the largest yield of toxin is obtained after about five to eight days' growth at a temperature of 37.5° C. If left at this temperature for a longer period a diminution in the strength of the toxin takes place.

Free access of oxygen to the culture medium during the growth of the organisms has been found to be of great importance. Roux· obtained this by passing a stream of oxygen through the bouillon. The supply is quite sufficient for practical purposes, however, if the medium is distributed in thin layers in large-necked Erlenmeyer flasks.

CHEMICAL NATURE AND PHYSICAL PROPERTIES OF DIPHTHERIA TOXIN.—The chemical composition of diphtheria toxin is not known. Brieger and Frankel,[7] by repeated precipitation with alcohol, succeeded in extracting from toxic bouillon a white, water-soluble powder which possessed most of the poisonous proporties of the broth itself. This, in solution, gave many of the usual proteid reactions, but differed from proteids in failing to coagulate when boiled and in not giving precipitates when treated with magnesium sulphate, sodium sulphate, or nitric acid. It was believed by them to be closely related to the albumoses, bodies representing intermediate phases in the peptonization of albumins. Similar results have been obtained by Wassermann and Proskauer,[1] Brieger and Boer,[2] and others. Uschinsky,[3] on the other hand, has disputed the proteid nature of toxins in general and has succeeded in producing diphtheria toxin by growing the organism upon a medium entirely free from albuminous bodies. Uschinsky believes that the proteid reactions observed by other workers may be due to ingredients of the precipitates other than the toxin. It is not impossible, however, that the organisms may have produced proteid substances by synthesis from the simpler substances in Uschinsky's medium. The production of toxin from such a medium, therefore, is not a conclusive argument against the proteid nature of toxins. Accurate chemical isolation and analysis of diphtheria toxin have not yet been accomplished.

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[1] *Madsen*, Kraus und Levaditi, " Handbuch d. Technic," etc., 1907.

[2] *L. Martin*, Ann. de l'inst. Pasteur, 1897.

[3] *Th. Smith*, Jour. Exp. Med., iv, 1899.

[4] *Park* and *Williams*, Journ. Exp. Med., 1897.

[5] *Spronk*, Ann. de l'inst. Pasteur, 1895.

[6] *Park* and *Williams*, Jour. Exp. Med., 1897.

[7] *Brieger* und *Frankel*, Berl. klin. Woch., xi-xii, 1889.

Diphtheria toxin is destroyed,[4] when in the fluid form, by temperatures of 58° to 60° C. In the dry state, it may resist a temperature of 70° C. and over, without noticeable change. Light and the free access of air produce rapid deterioration. Sealed, protected from light, and kept at almost freezing point, the toxin remains stable for very long periods. Electrical currents passed through toxic broth have little or no effect upon it.

Bacteria Similar to Bacillus Diphtheriæ.—BACILLUS HOFFMANNI (*Pseudodiphtheria bacillus*).—Hoffmann-Wellenhoff,[5] in 1888, and, at almost the same time, Loeffler,[6] described bacilli which they had cultivated from the throats of normal persons and in several instances from those of diphtheritic persons, which were in many respects similar to true B. diphtheriæ, but differed from this chiefly in being non-pathogenic for guinea-pigs. These organisms were at first regarded by some observers as merely attenuated diphtheria bacilli. More recent investigations, however, prove them to be unquestionably a separate species, easily differentiable by proper methods. They differ from B. diphtheriæ in so many important features, moreover, that the term "pseudodiphtheria bacillus" is hardly an appropriate one for them.

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[1] *Wassermann* und *Proskauer*, Deut. med. Woch., 1891, p. 585.

[2] *Brieger* und *Boer*, Deut. med. Woch., 1896, p. 783.

[3] *Uschinsky*, Cent. f. Bakt., xxi, 1897.

[4] *Roux* et *Yersin*, loc. cit.

[5] *Hoffmann-Wellenhoff*, Wien. med. Woch., iii, 1888.

[6] *Loeffler*, Cent. f. Bakt., ii, 1887.

Morphology.—Bacillus Hoffmanni is shorter and thicker than Bacillus diphtheriæ. It is usually straight and slightly clubbed at one end, rarely at both. Stained with Loeffler's blue it occasionally shows unstained transverse bands; unlike B. diphtheriæ, however, these bands hardly ever exceed one or two in number at most. In many cultures the single transverse band gives the bacillus a diplococcoid appearance.

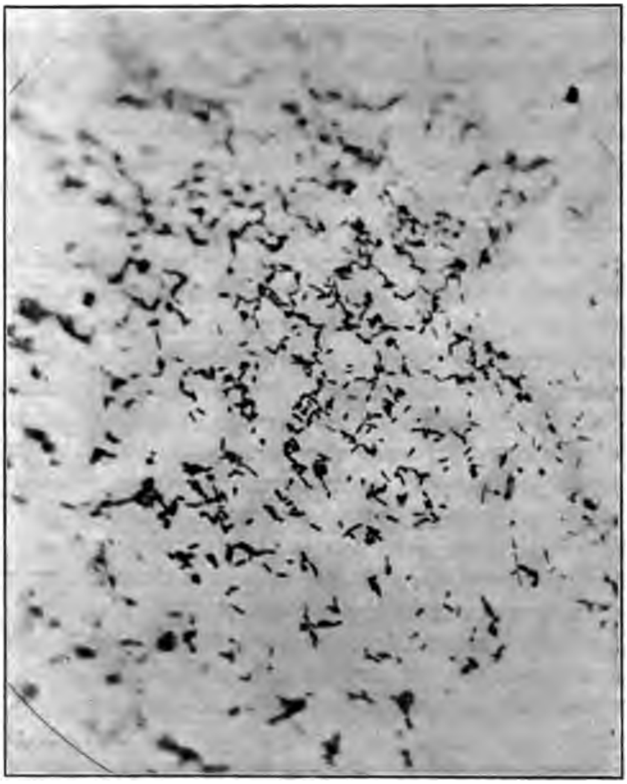

FIG. 107.—BACILLUS HOFFMANNI.

Staining.—Stained by Neisser's or Roux's method, no polar bodies can be demonstrated. The bacillus forms no spores, is non-motile, and possesses no flagella.

Cultivation.—On the usual culture media B. **Hoffmanni** grow more luxuriantly than B. diphtheriæ, developing even in first isol tions from the human body upon the simple meat-extract media. O agar plates its colonies are larger, less transparent, and whiter than a those of true diphtheria bacilli. In fluid media there is even cloudin

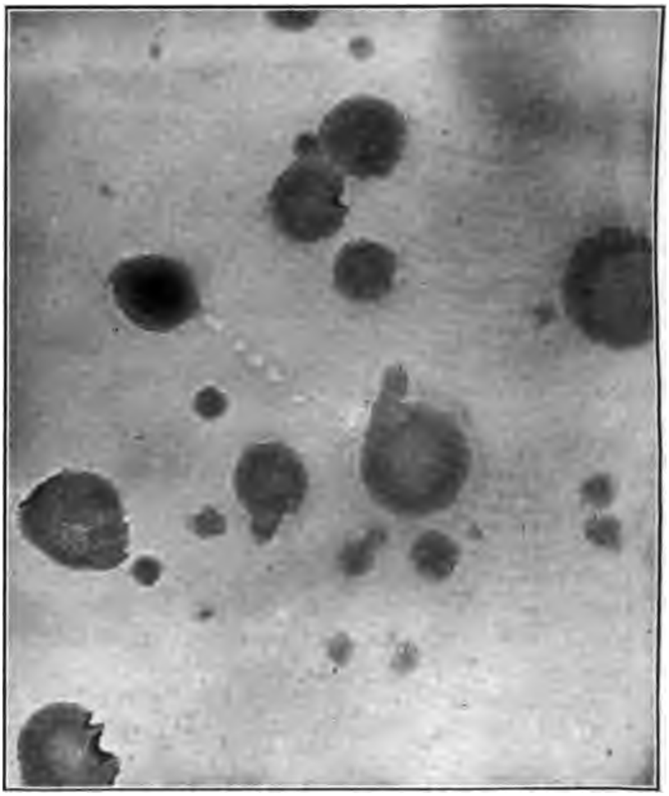

FIG. 108.—COLONIES OF BACILLUS HOFFMANNI ON AGAR.

and less tendency to the formation of a pellicle than with B. diphtheri A positive means of distinction between the two is given by the inabilit of B. Hoffmanni to form acid upon various sugar media. The diffe entiation on a basis of acid formation was first attempted by Cobbett

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[1] *Cobbett*, Cent. f. Bakt., 1898.

and has been recently worked out systematically by Knapp,[1] and confirmed by various observers.[2] The results of this work, carried out with the serum-water media of Hiss to which various sugars were added, show that B. Hoffmanni forms acid upon none of the sugars used, while B. diphtheriæ acidifies and coagulates media containing monosaccharids and several of the more complex sugars, as given in the diagram in the section following, dealing with B. xerosis.

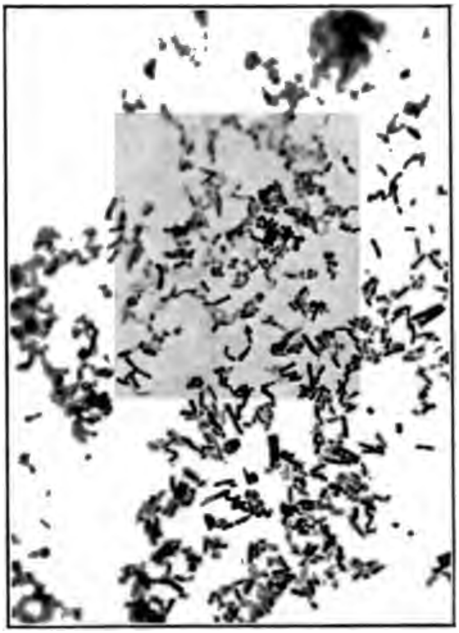

FIG. 109.—BACILLUS XEROSIS.

Differentiation can finally be made on the basis of animal pathogenicity, B. Hoffmanni being entirely innocuous to the ordinary laboratory animals. B. Hoffmanni forms no toxins, and animals immunized with it do not possess increased resistance to B. diphtheriæ.

BACILLUS XEROSIS.—In 1884, Kutschert and Neisser[3] described a bacillus which they had isolated from the eyes of patients suffering from a form of chronic conjunctivitis known as xerosis. This bacillus, which, morphologically, is almost identical with B. diphtheriæ, they believed to be the etiological factor of the disease. The frequency with which it has been isolated from normal eyes, however, precludes this etiological relationship, and it may safely be regarded as a harmless parasite which may indeed be more abundant in the slightly inflamed than in the normal conjunctiva.

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[1] *Knapp*, Jour. Med. Res., vii, 1904.

[2] *Graham Smith*, Jour. of Hyg., vi, 1906; *Zinsser*, Jour. Med. Res., xvii, 1907.

[3] *Kutschert* und *Neisser*, Deut. med. Woch., xxiv, 1884.

Morphology.—B. xerosis resembles B. diphtheriæ closely. It is occasionally shorter than this, but on the whole no absolute morphological differentiation between the two is possible. It forms no spores and is non-motile. Polar bodies may occasionally be seen.

Cultivation.—On *Loeffler's blood serum*, on *agar*, *glycerin agar*, and in *broth*, its growth is very similar to that of B. diphtheriæ, but more delicate throughout. It can not easily be cultivated upon the simple meat-extract media, nor will it grow on gelatin at room temperature. Its colonies on glycerin or glucose agar are microscopically identical with those of B. diphtheriæ.

Differentiation.—It differs from B. diphtheriæ distinctly in its acidifying action on sugar media. These relations were first worked out by Knapp for various sugars and the alcohol mannit, and have been extensively confirmed by others. The differentiations resulting may be tabulated as follows:

	B. Diphtheriæ.	B. Xerosis.	B. Hoffmanni.
Hiss serum-water media plus 1%			
Dextrose	+	+	–
Levulose	+	+	–
Galactose	+	+	–
Mannit	–	–	–
Maltose	+	+	–
Lactose	–	–	–
Saccharose	–	+	–
Dextrin	+	–	–

A reference to the table shows that differentiation may be made by the use of two sugars—saccharose and dextrin. B. diphtheriæ forms acid from dextrin, not from saccharose; B. xerosis from saccharose, not from dextrin; B. Hoffmanni does not form acid from either.

B. xerosis is non-pathogenic to animals and forms no toxin.

Other Bacilli Morphologically Resembling the Diphtheria Bacillus.—Many bacilli have been described which have a slight morphological resemblance to Bacillus diphtheriæ but which have little or no pathological significance. Such organisms are met with in milk, air, and water, and as secondary invaders together with other bacteria in old discharging wounds. These bacilli are usually larger than the diphtheria bacillus and, although transversely striped, rarely show polar bodies. On the various media they grow heavily on even the simpler nutrient substances, with heavy, usually white or yellowish-white colonies. Culturally they show all the qualities of saprophytes. Inoculated into animals they produce at most a mild local reaction. In the literature these organisms have often been loosely spoken of as "Pseudodiphtheria" bacilli, a term which is inappropriate since they have nothing in common with the Klebs-Loeffler bacillus except a certain morphological resemblance. Differentiation is never difficult.

CHAPTER XXXVI

BACILLUS MALLEI

(*Glanders Bacillus*)

GLANDERS is an infectious disease prevalent chiefly among horses, but transmitted occasionally to other domestic animals and to man. The microorganism causing the disease, though seen and described by several earlier authors, was first obtained in pure culture and accurately studied by Loeffler and Schütz [1] in 1882.

Morphology and Staining.—The glanders bacillus or B. mallei is a rather small rod with rounded ends.[2] Its length varies from 3 to 4 micra, its breadth from 0.5 to 0.75 micron. Variation in size between separate individuals in the same culture is characteristic. The rods are usually straight, but may show a slight curvature. The bacillus is non-motile. There are no flagella and no spores are formed. The grouping of the bacilli in smears shows nothing very characteristic. Usually they appear as single bacilli lying irregularly parallel, often in chains of two or more. In old cultures, involution forms appear which are short, vacuolated, and almost coccoid.

While the glanders bacillus stains rather easily with the usual anilin dyes, it is so easily decolorized that especial care in preparing specimens must be observed. Stained in the usual manner with methylene-blue, it shows marked irregularity in its staining qualities; granular, deeply staining areas alternating with very faintly stained or entirely unstained portions. This diagnostically helpful characteristic has been variously interpreted as a mark of degeneration or a preparatory stage for sporulation. It is probably neither of the two, but an inherent irregularity in the normal protoplasmic composition of the bacillus, not unlike that cf B. diphtheriæ. The bacillus is decolorized by Gram's method of staining.

Cultivation.—The glanders bacillus is easily grown on all of the usual meat-infusion media. It is practically indifferent to moderate variations in reaction, growing equally well upon neutral, slightly acid, or slightly alkaline culture media. Glycerin or small quantities of glucose added to media seem to render them more favorable for the cultivation of this bacillus.

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[1] *Loeffler* und *Schütz*, Deut. med. Woch., 1882.

[2] *Loeffler*, Arb. a. d. kais. Gesundheitsamt, 1886.

Upon *agar* the colonies show little that is characteristic. They appear after twenty-four hours at 37.5° C. as yellowish-white spots, at first transparent, later more opaque. They are round, with an even border, and microscopically appear finely granular. The older the cultures are, the more yellow do they appear.

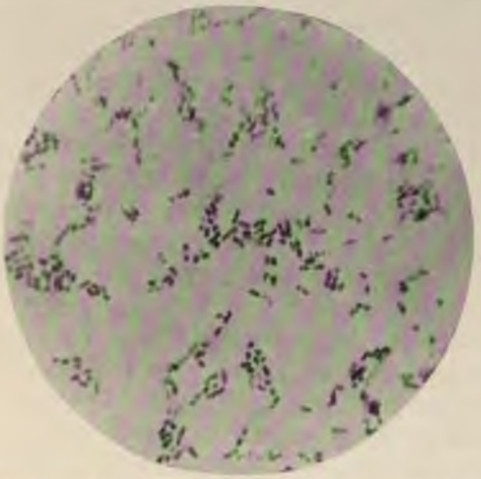

FIG. 110.—GLANDERS BACILLUS. From potato culture. (After Zettnow.)

On *gelatin* at room temperature, growth is slow, grayish-white, and no liquefaction of the gelatin occurs. Growth upon this medium is never abundant.

In *broth*, there is, at first, diffuse clouding, later a heavy, tough, slimy sediment is formed. At the same time the surface is covered with a similarly slimy pellicle. The broth gradually assumes a dark brown color.

In *milk*, coagulation takes place slowly. In litmus milk, acidification is indicated.

The growth upon *potato* presents certain features which are diagnostically valuable. On potatoes which are not too acid growth is abundant and within forty-eight hours covers the surface as a yellowish, transparent, slimy layer. This gradually grows darker until it has assumed a deep reddish-brown hue. In using this feature of the growth diagnostically, it must not be forgotten that a very similar appearance upon potato occurs in the case of B. pyocyaneus.

Biological Considerations.—Bacillus mallei is aërobic.[1] Growth under anaërobic conditions may take place, but it is slow and impoverished. The most favorable temperature for its cultivation is 37.5° C. It fails to develop at temperatures below 22° C. or above 43° C. On artificial media, if kept cool and in the dark, and in sealed tubes, the glanders bacillus will retain its viability for months and years. On gelatin and in bouillon, it lives for a longer time than on the other media. Exposed to strong sunlight it is killed within twenty-four hours. Heating to 60° C. kills it in two hours, to 75° C. within one hour. Thorough drying kills the glanders bacillus in a short time. In water, under the protected conditions that are apt to prevail in watering-troughs, the bacillus may remain alive for over seventy days. The resistance to chemical disinfectants is not very high.[2] Carbolic acid, one per cent. kills it in thirty minutes, bichlorid of mercury, 0.1 per cent, in fifteen minutes.

Pathogenicity.—Spontaneous infection with the glanders bacillus occurs most frequently in horses. It occurs also in asses, in cats, and, more rarely, in dogs. In man the disease is not infrequent and is usually contracted by those in habitual contact with horses. Experimental inoculation is successful in guinea-pigs and rabbits. Cattle, hogs, rats, and birds are immune to experimental and spontaneous infections alike.

Spontaneous infection takes place by entrance through the broken skin, through the mucosa of the mouth or nasal passages. Infection in horses not infrequently takes place through the digestive tract.[3] In all cases, so far as we know, previous injury to either the skin or to the mucosa is necessary for penetration of the bacilli and the development of the disease.

Glanders in horses may occur in an acute or chronic form, depending upon the relative virulence of the infecting culture and the susceptibility of the subject. The more acute form of the disease is usually limited to the nasal mucosa and upper respiratory tract. The more chronic type of the disease is often accompanied by multiple swellings of the skin and general lymphatic enlargement. This form is often spoken of as "farcy."

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[1] *Loeffler*, loc. cit. [2] *Finger*, Ziegler's Beitr., vi, 1889.
[3] *Nocard*, Bull. de la soc. centr. de méd. vét., 1894.

Acute glanders in the horse begins violently with fever and prostration. After two or three days there is a nasal discharge, at first serous, later seropurulent. At the same time there is ulceration of the nasal mucosa and acute swelling of the neighboring lymph nodes. These may break down and form deep pus-discharging sinuses and ulcers. Finally, there is involvement of the lungs and death within four to six weeks.

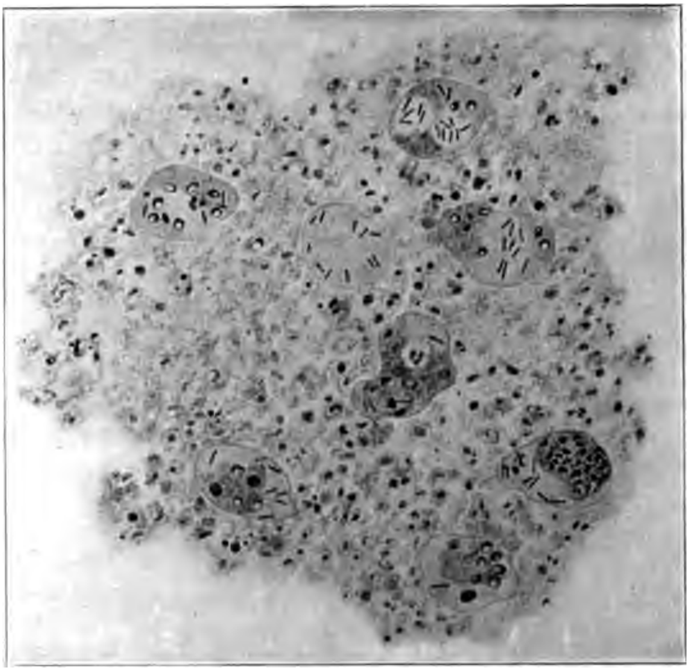

FIG. 111.—GLANDERS BACILLI IN TISSUE. (From a drawing furnished by Dr. James Ewing.)

When the disease takes the chronic form the onset is more gradual. Concomitant with the nasal inflammation there is a formation of subcutaneous swellings all over the body, some of which show a tendency to break down and ulcerate. Together with this the lymphatics all over the body become enlarged. The disease may last for several years, and occasionally may end in complete cure. In horses the chronic form of the disease is by far the more frequent. In man the disease is similar to that of the horse except that the point of origin is more frequently in some part of the skin rather than in the nasal mucosa, and the clinical symptoms differ accordingly. The onset is usually violent, with fever and systemic symptoms. At the point of infection a nodule appears, surrounded by lymphangitis and swelling. A general papular eruption may occur. The papules may become pustular, and the clinical features may thus simulate variola. This type of the disease usually ends fatally in eight to ten days. The chronic form of the disease in man is much like that in the horse, but is more frequently fatal.

The histological appearance of the glanders nodules is usually one of diffuse leucocytic infiltration and the formation of young connective tissue which preponderates more and more as the disease becomes chronic. Virchow has classed these lesions with the granulomata. From the center of such nodules B. mallei may often be obtained in pure culture. The nodules may be generally distributed throughout the internal organs. The bacilli themselves are found, apart from the nodules, in the nasal secretions, and occasionally in the circulating blood.[1]

The *bacteriological diagnosis* of glanders may be made by isolating and identifying the bacilli from any of the above-mentioned sources. When superficial nodules can be opened for the purpose of diagnosis this may prove an easy task. The most diagnostically helpful medium in such cases is potato. In a majority of cases, however, isolation is extremely difficult and resort must be had to animal inoculation. The most suitable animal for this purpose is the male guinea-pig. Intraperitoneal inoculation of such animals with material containing glanders bacilli leads within two or three days to tumefaction and purulent inflammation of the testicles. Such an experiment, spoken of as the "Strauss test,"[2] should always be reinforced by cultural examination of the testicular pus, the spleen, and the peritoneal exudate of the animals employed.

Toxin of Bacillus mallei.—The toxin of B. mallei, or *mallein,* belongs to the class of endotoxins. The toxic products have been invariably obtained by extraction of dead bacilli.[3] Mallein differs from many other bacterial poisons in being extremely resistant. It withstands temperatures of 120° C. and prolonged storage without noticeable loss of strength.[1]

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[1] *Wassilieff,* Deut. med. Woch., 1883.

[2] *Strauss,* Arch. de méd. exp., 1889.

[3] *Kresling,* Arch. d. sci. biol., 1892; *Preuser,* Berl. thierärzt. Woch., 1894.

In its physiological action upon healthy animals, mallein is not a powerful poison. It can be given in considerable doses without causing death. Mallein may be obtained by a variety of methods. Helman and Kalning, the discoverers of this toxin, used filtered aqueous and glycerin extracts of potato cultures. Roux[2] cultivates virulent glanders bacilli in flasks containing 250 c.c. each of 5 per cent glycerin bouillon. Growth is allowed to continue at 35° C. for one month. At the end of this time, the cultures are sterilized at 100° for thirty minutes, and evaporated on a water bath to one-tenth their original volume. They are then filtered through paper. This concentrated poison is diluted ten times with 0.5 per cent carbolic acid before use. Concentration is done merely for purposes of conservation. The diagnostic dose of such mallein for a horse is 0.25 c.c. of the undiluted fluid.

At the Washington Bureau of Animal Industry, mallein is prepared by growing the bacilli for five months at 37.5° C. in glycerin-bouillon. This is then boiled for one hour and allowed to stand in a cool place for one week. The supernatant fluid is then decanted and filtered through clay filters by means of a vacuum pump. The filtrate is evaporated to one-third its original volume on a water bath, and the evaporated volumè resupplied by a 1 per cent carbolic acid solution containing about 10 per cent of glycerin.

Diagnostic Use of Mallein.—The injection of a proper dose of mallein into a horse suffering from glanders is followed within six to eight hours by a sharp rise of temperature, often reaching 104° to 106° F. (40° C. +). The high temperature continues for several hours and then begins gradually to fall. The normal is not usually regained for several days. Locally, at the point of injection, there appears within a few hours a firm, hot, diffuse swelling, which gradually extends until it may cover areas of 20 to 30 centimeters in diameter. The swelling is intensely tender during the first twenty-four hours, and lasts for three to nine days. Together with this there are marked symptoms of general intoxication. In normal animals the rise of temperature following an injection is trifling, and the local reaction is much smaller and more transient. Injections are best made into the breast or the side of the neck.

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[1] *Wladimiroff*, in Kraus und Levaditi, "Handbuch," etc., 1908.

[2] *Roux* et *Nocard*, Bull. d. l. soc. centr. vét., 1892.

The directions given by the United States Government for using mallein for the diagnosis of glanders in horses are as follows:

"Make the test, if possible, with a healthy horse, as well as with one or more affected or supposed to be affected with glanders. Take the temperature of all these animals at least three times a day for one or more days before making the injections.

"The injection is most conveniently made at 6 or 7 o'clock in the morning, and the maximum temperature will then usually be reached by or before 10 P.M. of the same day.

"Use for each horse one cubic centimeter of the mallein solution as sent out, and make the injection beneath the skin of the middle of one side of the neck, where the local swelling can be readily detected.

"Carefully sterilize the syringe after injecting each horse by flaming the needle over an alcohol lamp or, better, use separate syringes for healthy and suspected animals. If the same syringe is used, inject the healthy animals first, and flame the needle of the syringe after each injection.

"Take the temperature every two hours for at least eighteen hours after the injection. Sterilize the thermometer in a 5 per cent solution of carbolic acid, or a 0.2 per cent solution of corrosive sublimate, after taking the temperature of each animal.

"The temperature, as a rule, will begin to rise from four to eight hours after the injection, and reach its maximum from ten to sixteen hours after injection. On the day succeeding the injection take the temperature at least three times.

" In addition to the febrile reaction, note the size, appearance, and duration of any local swelling at the point of injection. Note the general condition and symptoms of the animal, both before, during, and after the test.

"Keep the solution in the sealed bottle and in a cool place, and do not use it when it is clouded or if it is more than six weeks old· when it leaves the laboratory of the Bureau it is sterile."

If the result of first injection is doubtful, the horse should be isolated and retested in from one to three months, when the slight immunity conferred by the first injection will have disappeared. The second injection into healthy horses usually shows no reaction whatever.

Mallein may cause reactions in the presence of other diseases than glanders, such as bronchitis, periostitis, and other inflammatory lesions and is not so specifically valuable as tuberculin for diagnosis.

Immunity.—Recovery from a glanders infection does not confer immunity against a second inoculation.[1] Artificial active immunization has been variously attempted by treatment with attenuated cultures, with dead bacilli, and with mallein, but without convincing results.

The serum of subjects suffering from glanders contains specific agglutinins.[2] These are of great importance diagnostically if the tests are made with dilutions of, at least, 1 in 500, since normal horse serum may agglutinate B. mallei in dilutions lower than this.

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[1] *Finger,* Ziegler's Beiträge, vi, 1899.

[2] *Galtier,* Jour. de méd. vét., 1901.

CHAPTER XXXVII

BACILLUS INFLUENZÆ AND CLOSELY RELATED BACTERIA

THERE is no other epidemic disease which spreads over such enormous territories, and with such speed, as influenza. Epidemics have been numerous and reports of the disease, unquestionably recognizable, are extant even from the most remote times. The last serious epidemic occurred in the years 1889 to 1890, when the disease, spreading from the East, traveled through Russia and, pandemically, attacked all of Europe, then reached America, and eventually, having traveled eastward as well as westward from its point of origin, became prevalent in China, Japan, Australia, and Africa. Hundreds of thousands were attacked and the mortality of this epidemic was high. Its enormous scope and the rapidity of its spread were facilitated probably by the activity of modern international commerce.

The character of the disease pointed so definitely to a bacterial etiology that numerous attempts to isolate a specific microorganism were, of course, made. Pfeiffer[1] finally, in 1892, described the bacillus which is at present definitely recognized as the etiological factor of influenza.

Morphology and Staining.—The bacillus of influenza (Pfeiffer bacillus) is an extremely small organism, about 0.5 micron long by 0.2 to 0.3 micron in width. They are somewhat irregular in length, but show rounded ends. They rarely form chains. They are non-motile, and do not form spores.

Influenza bacilli stain less easily than do most other bacteria with the usual anilin dyes, and are best demonstrated with 10 per cent aqueous fuchsin (5 to 10 minutes), or with Loeffler's methylene-blue (5 minutes). They are Gram-negative, giving up the anilin-gentian-violet stain upon decolorization. Occasionally slight polar staining may be noticed. Grouping, especially in thin smears of bronchial secretion, is characteristic, in that the bacilli very rarely form threads or chains, usually lying together in thick, irregular clusters without definite parallelism.

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[1] *Pfeiffer*, Deut. med. Woch., ii, 1892; Zeit. f. Hyg., xiii, 1892; *Pfeiffer* und *Beck*, Deut. med. Woch., xxi, 1893.

Isolation and Cultivation.—Isolation of the influenza bacillus is not easy. Pfeiffer[1] succeeded in growing the bacillus upon serum-agar plates upon which he had smeared pus from the bronchial secretions of patients. Failure of growth in attempted subcultures made upon agar and gelatin, however, soon taught him that the success of his first cultivations depended upon the ingredients of the pus carried over from the sputum. Further experimentation then showed that it was the blood, and more particularly the hemoglobin, in the pus which had made growth possible in the first cultures. Pfeiffer made his further cultivations

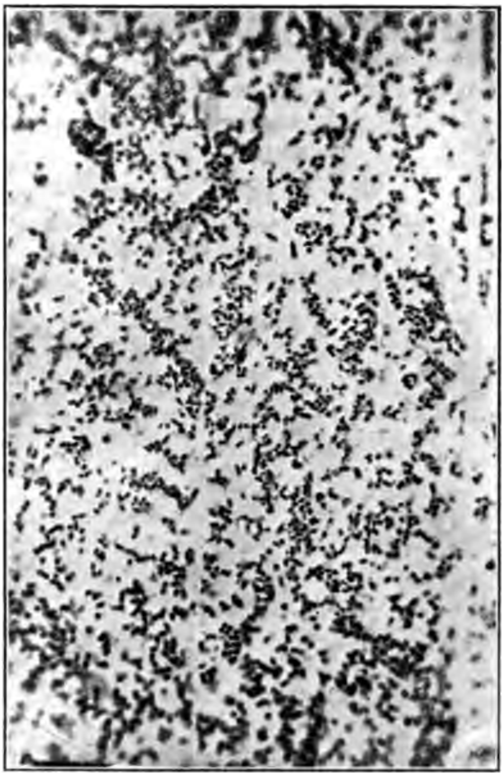

FIG. 112.—BACILLUS INFLUENZÆ. Smear from pure culture on blood agar.

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[1] *Pfeiffer*, loc. cit.

upon agar, the surface of which had been smeared with a few drops of blood taken sterile from the finger. Hemoglobin separated from the red blood cells was found to be quite as efficient as whole blood. This method of Pfeiffer is still the one most frequently employed for isolation and cultivation. Whole blood taken from the finger may be either smeared over the surface of slants or plates, or mixed with the melted meat-infusion agar. In isolating from sputum, only that secretion should be used which is coughed up from the bronchi and is uncontaminated by microorganisms from the mouth. It may be washed in sterile water or bouillon before transplantation, to remove the mouth flora adherent to the outer surface of the little clumps of pus. The blood of pigeons or that of rabbits may be substituted for human blood. The former seems to be the more favorable of the two and even more so than human blood. Pigeons may be easily bled for this purpose from the large veins under the wing. Huber[1] has succeeded in cultivating influenza bacilli upon media containing a soluble hemoglobin derivative known as hematogen. This substance, however, offers some difficulties to sterilization and is not so favorable as whole blood. The absence of oxyhemoglobin from the hematogen, however, is theoretically important in that it shows that hemoglobin is suitable for the growth

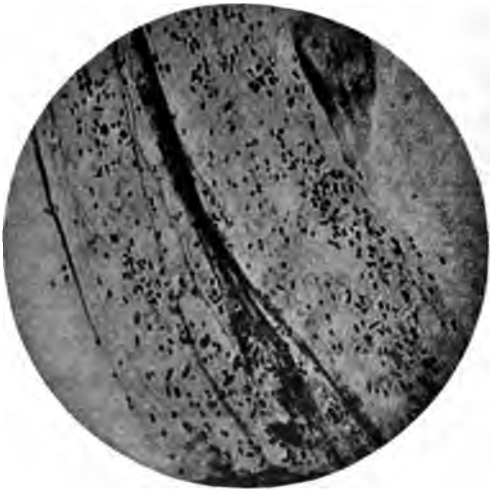

FIG. 113.—BACILLUS INFLUENZÆ. Smear from sputum. (After Heim.)

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[1] *Huber*, Zeit. f. Hyg., xv, 1893.

of this bacillus because of its nutrient qualities and not by virtue of its oxygen-carrying properties. Although the presence of hemoglobin seems to be a necessity for the successful cultivation of the bacillus, the quantity present need not be very large. Ghon and Preyss[1] showed that an amount too small to be demonstrated spectroscopically sufficed for its growth.

Other substances which, added to neutral or slightly alkaline agar, have been used for the cultivation of influenza bacilli are the yolk of eggs[2] (not confirmed) and spermatic fluid.[3] None of these, however, is as useful as the blood media. Symbiosis with staphylococci,[4] too, has been found to create an environment favorable for their development.

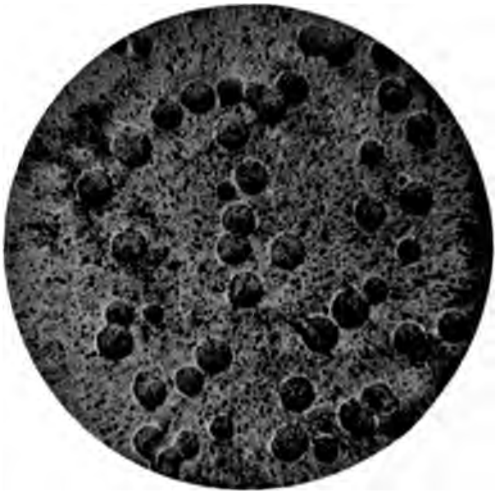

FIG. 114.—COLONIES OF INFLUENZA BACILLUS ON BLOOD AGAR. (After Heim.)

Influenza bacilli do not grow at room temperature. Upon suitable media at 37.5° C. colonies appear at the end of eighteen to twenty-four hours, as minute, colorless, transparent droplets, not unlike spots of moisture. These never become confluent. The limits of growth are reached in two or three days. To keep the cultures alive, tubes should be stored at room temperature and transplantations done at intervals not longer than four or five days.

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[1] *Ghon* und *Preyss*, Cent. f. Bakt., xxxv, 1904.

[2] *Nastjukoff*, Cent. f. Bakt., Ref., xix, 1896.

[3] *Cantani*, Cent. f. Bakt., xxii, 1897.

[4] *Grassberger*, Zeit. f. Hyg., xxv, 1897.

Biology.—The bacillus is aërobic, growing in broth-blood mixtures only upon the surface, hardly at all in agar stab cultures, and not at all under completely anaërobic conditions.

As it does not form spores, it is exceedingly sensitive to heat, desiccation, and disinfectants.[1] Heating to 60° C. kills the bacilli in a few minutes. In dried sputum they die within one or two hours. They are easily killed even by the weaker antiseptics. Upon culture media the bacilli, if not transplanted, die within a week or less, the time depending to some extent upon the medium used.

Pathogenicity.—The relationship between the clinical disease known as influenza or grippe and the Pfeiffer bacillus has been definitely established by numerous investigators.[2] During epidemics, the bacilli are found with much regularity in the nasal passages and bronchial secretions of those afflicted with the malady. The organs most frequently attacked in man are the upper respiratory passages and lungs. Here the disease most frequently takes the form of a broncho- or lobular pneumonia, and sections of the lung tissue of those who have died of the infection show innumerable bacilli upon and within the mucosa of the bronchioles. [Thin sections are stained for one-half to one hour in dilute carbol fuchsin and are then dehydrated in slightly acid alcohol (alcohol absolute ℥i, glacial acetic acid gtt. i–ij).]

Clinically, influenzal broncho-pneumonias are not essentially different from those due to other microorganisms, and it must always be left to the bacteriological examination to make the positive diagnosis. The pulmonary influenzal infection is not infrequently followed by abscess or gangrene of the lung, or may occasionally develop into a chronic interstitial process. Apart from the lungs, the bacilli have been found in the middle ear,[3] in the meninges,[4] and in the brain and spinal cord. Demonstration of the bacilli in the circulating blood has never been satisfactorily accomplished, although the general characters of the symptoms of the infection would suggest the existence of a septicemia. The short incubation period[5] of the disease has been involuntarily determined by Kretz, who became violently ill twenty-four hours after accidentally breaking an agar plate of a pure culture which he was photographing.

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[1] *Kruse*, in Flügge, "Die Mikroorg.," Leipzig, 1896.

[2] *Weichselbaum*, Wien. klin. Woch., 32, 1892; *Baumler*, Münch. med. Woch., 1894; *Huber*, loc. cit.

[3] *Kossell*, Charité-Annalen, 1893.

[4] *Pfuhl*, Berl. klin. Woch., xxxix, 1892.

[5] Quoted from *Tedesco*, Cent. f. Bakt., xliii, 1907.

The bacilli are said to remain in the bronchial secretions of convalescents or even of normal individuals for many years. They are found for long periods in the lungs of those suffering from tuberculosis. To such sources, probably, are attributable the sporadic cases developing constantly in crowded communities. It is not improbable, furthermore, that occasional reactivation of the influenzal infection may often aggravate the condition of phthisical patients. It is a peculiar fact that cases of influenza observed apart from the large epidemics are rarely due to an unmixed Pfeiffer bacillus infection, but that these sporadic cases are usually due to a mixed infection, including with this bacillus, pneumococci, streptococci, and other secondary invaders.[1] This may, in part, account for the frequently atypical courses of such attacks.

Experimental infection of animals has revealed susceptibility only in monkeys. Pfeiffer and Beck[2] succeeded in producing influenza-like symptoms in monkeys by rubbing a pure culture of the bacillus upon the unbroken nasal mucosa. Severe symptoms have been produced in rabbits by intravenous inoculation, but the bacilli do not seem to proliferate in these animals, the reaction produced probably being purely toxic. Dead cultures (killed with chloroform) may produce severe transient toxic symptoms in rabbits.[3]

The immunity produced by an attack of influenza, if present at all, is of very short duration.

Bacteria Closely Related to Influenza Bacillus.—PSEUDO-INFLUENZA BACILLUS: In the broncho-pneumonic processes of children, Pfeiffer[4] found small, non-motile, Gram-negative bacilli, which he was forced to separate from true influenza bacilli because of their slightly greater size, and their tendency to form threads and involution forms. These microorganisms are strictly aërobic and grow, like true influenza bacilla, only upon blood media. They are differentiated entirely by their morphology upon twenty-four-hour-old blood-agar cultures. Wollstein,[5] who has made a careful study of influenza-like bacilli, both culturally and by agglutination tests, has come to the conclusion that these bacilli are so similar to the true influenza organisms that the term pseudo-influenza should be discarded. Strains of similar bacilli isolated from cases of pertussis, while differing from the others in some of their characteristics could not properly be maintained as distinct species.

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[1] *Tedesco*, loc. cit.

[2] *Pfeiffer* und *Beck*, Deut. med. Woch., xxi, 1893.

[3] *Pfeiffer*, loc. cit.

[4] *Pfeiffer*, Zeit. f. Hyg., xiii, 1892.

[5] *Wollstein*, Jour. Exp. Med., viii, 1906.

Koch-Weeks Bacillus.—Koch,[1] in 1883, Weeks[2] and Kartulis, in 1887, described a small Gram-negative bacillus found in connection with a form of acute conjunctival inflammation, which occurs epidemically. The bacillus is morphologically similar to B. influenzæ, but is generally longer than this and more slender. The bacilli grow only at incubator temperature, but, unlike influenza bacilli, can be cultivated upon media of serum or ascitic fluid, without hemoglobin. In fact, growth upon serum-agar is more active than upon hemoglobin media.[3]

Bacillus of Pleuro-Pneumonia of Rabbits.—This is a small Gram-negative bacillus, described by Beck, not unlike that of influenza. These microorganisms are slightly larger than the Pfeiffer bacilli and grow upon ordinary media even without animal sera or hemoglobin.

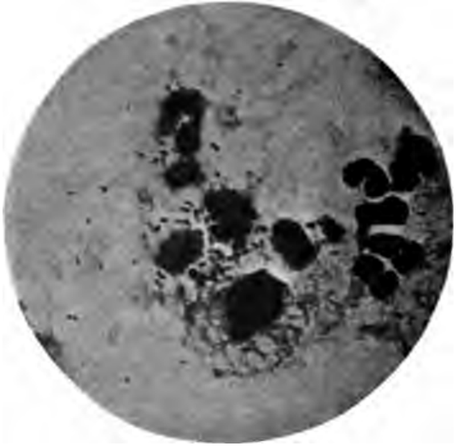

Fig. 115.—Koch-Weeks Bacillus.

Bacillus murisepticus and Bacillus rhusiopathiæ.—While morphologically similar to the microorganisms of this group, these bacilli are culturally easily separated because of their luxuriant growth on simple media. (The last two microorganisms are more closely related to the groups of the bacilli of hemorrhagic septicemia. See page 543.)

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[1] *Koch*, Arb. a. d. kais. Gesundheitsamt, iii; Cent. f. Bakt., 1, 1887.

[2] *Weeks*, N. Y. Eye and Ear Infirmary Rep., 1895; Arch. f. Augenheilk., 1887.

[3] *Kamen*, Cent. f. Bakt., xxv, 1899; *Weichselbaum* and *Müller*, Arch. f. Ophthalm., xlvii, 1899; *Knapp*, Studies from Dept. of Path., Coll. of P. and S., 1903.

CHAPTER XXXVIII

BORDET-GENGOU BACILLUS, MORAX-AXENFELD BACILLUS, ZUR NEDDEN'S BACILLUS, DUCREY BACILLUS

BORDET-GENGOU BACILLUS

(*"Microbe de la Coqueluche," Pertussis bacillus, Bacillus of whooping-cough.*)

In 1900 Bordet and Gengou[1] observed in the sputum of a child suffering from pertussis a small ovoid bacillus which, though similar to the influenza bacillus, showed a number of morphological characteristics which led them to regard it as a distinct species. As they were at first unable to cultivate this organism, their discovery remained questionable until 1906, when cultivation succeeded and the biology of the microorganism was more fully elucidated.

Morphology.—The morphology of this organism is described by them as follows: The organism in the sputum, early in the disease, is scattered in enormous numbers indiscriminately among the pus cells, and at times within the cells. It is extremely small and ovoid, and frequently is so short that it resembles a micrococcus. Often its poles stain more deeply than the center. In general, the form of the organisms is constant, though occasionally slightly larger individuals are encountered. They are usually grouped separately, though occasionally in pairs, end to end.

Compared with the influenza bacillus in morphology, the bacillus of pertussis is more regularly ovoid and somewhat larger. It has, furthermore, less tendency to pleomorphism and involution.

Staining.—The Bordet-Gengou bacillus may be stained with alkaline methylene-blue, dilute carbol-fuchsin, or aqueous fuchsin solutions. Bordet and Gengou recommended as a staining-solution carbolated toluidin-blue made up as follows:

Toluidin-blue	5 gms.
Alcohol	100 c.c.
Water	500 c.c.

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[1] *Bordet* et *Gengou*, Ann. de l'inst. Pasteur, 1906.

Allow to dissolve and add 500 c.c. of 5 per cent carbolic acid in water. Let this stand one or two days and filter.

Stained by the method of Gram, the bacillus of Bordet and Gengou is decolorized.

Cultivation.—Early attempts at cultivation made by the discoverers upon ordinary ascitic agar or blood agar were unsuccessful. They finally obtained successful cultures from sputum by the use of the following medium:

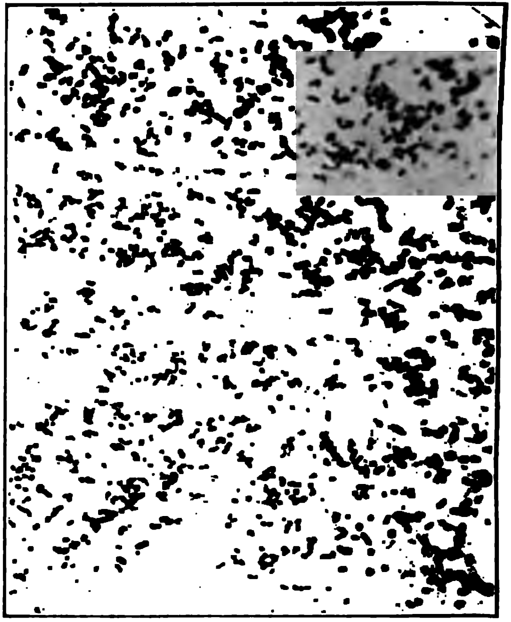

FIG. 116.—BORDET-GENGOU BACILLUS.

One hundred grams of sliced potato are put into 200 c.c. of 4 per cent glycerin in water. This is steamed in an autoclave and a glycerin extract of potato obtained. To 50 c.c. of this extract 150 c.c. of 6-per-cent salt solution and 5 grams of agar are added. The mixture is melted in the autoclave and the fluid filled into test tubes, 2 to 3 c.c. each, and sterilized. To each tube, after sterilization, is added an equal volume of sterile defibrinated rabbit blood or preferably human blood, the substances are mixed, and the tubes slanted.

On such a medium, inoculated with sputum, taken preferably during the paroxysms of the first day of the disease, colonies appear, which are barely visible after twenty-four hours,[1] plainly visible after forty-eight hours. They are small, grayish, and rather thick. After the first generation the organisms grow with markedly greater luxuriance and speed. On the potato-blood medium, after several generations of artificial cultivation, they form a grayish glistening layer which, after a few days, becomes heavy and thick, almost resembling the growth of typhoid bacilli. In these later generations, also, they develop readily upon plain blood agar or ascitic agar and in ascitic broth or broth to which blood has been added. In the fluid media they form a viscid sediment, but no pellicle.

Culturally, the bacillus varies from B. influenzæ in growing less readily on hemoglobin media than the latter, on first cultivation from the sputum. Later it grows much more heavily on such media and shows less dependence upon the presence of hemoglobin than does B. influenzæ. It also grows rather more slowly than the influenza bacillus. It is strictly aërobic and in fluid cultures is best grown in wide flasks with shallow layers of the medium.

The Bordet-Gengou bacillus grows moderately at temperatures about 37.5° C., but does not cease to grow at temperatures as low as 5° to 10° C. On blood agar and in ascitic broth it may remain alive for as long as two months (Wollstein).

Pathogenicity.—As regards the pathogenicity and etiological specificity of this organism for whooping-cough, no positive statement can as yet be made. The fact that it has been found in many cases in almost pure cultures during the early paroxysms, renders it likely that the organism is the specific cause of the disease. However, in early cases true influenza bacilli have often been found, and these latter seem to remain in the sputum of such patients for a longer period and in larger numbers than the bacillus of Bordet and Gengou. Endotoxins have been obtained from the cultures of the bacilli by Bordet and Gengou by the method of Besredka.[2] The growth from slant cultures is washed up in a little salt solution, dried *in vacuo*, and ground in a mortar with a small, measured quantity of salt. Finally, enough distilled water is added to bring the salt into a solution of 0.75 per cent and the mixture is centrifugalized and decanted. One to two c.c. of such an extract will usually kill a rabbit within twenty-four hours after intravenous inoculation. Subcutaneous inoculation produces non-suppurating necrosis and ulceration without marked constitutional symptoms.

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[1] *Wollstein*, Jour. Exp. Med., xi, 1909.

[2] *Bordet*, Bull. de la Soc. Roy. de Brux., 1907.

Inoculation of monkeys with the bacilli themselves by the respiratory path has failed to produce the disease.

Specific agglutinins may be obtained in immunized animals which prove absolutely the distinctness of this organism from Bacillus influenzæ.[1] In the serum of afflicted children the agglutination is too irregular to be of value.

Specific complement fixation with the serum of patients is reported by Bordet and Gengou, but failed in the hands of Wollstein.

MORAX-AXENFELD BACILLUS

In 1896 Morax[2] described a diplo-bacillus, which he associated etiologically with a type of chronic conjunctivitis to which he applied the name "conjonctivite subaigue." Soon after this, a similar microorganism was found in cases corresponding to those of Morax by Axenfeld.[3] The condition which these microorganisms characteristically produce is a catarrhal conjunctivitis which usually attacks both eyes. The inflammation is especially noticeable in the angles of the eye, most severe at or about the caruncle. There is rarely much swelling of the conjunctiva and hardly ever ulceration. The condition runs a subacute or chronic course. Its diagnosis is easily made by smear preparations of the pus which is formed with especial abundance during the night.

Morphology.—In smear preparations from the pus, the microorganisms appear as short, thick bacilli, usually in the form of two placed end to end, but not infrequently singly or in short chains. Their ends are distinctly rounded, their centers slightly bulging, giving the bacillus an ovoid form. They are usually about two micra in length.

They are easily stained by the usual anilin dyes, and, stained by the method of Gram, are completely decolorized.

Cultivation.—The Morax-Axenfeld bacillus can be cultivated only upon alkaline media containing blood or blood serum.

It grows poorly, or not at all, at room temperature.

Upon *Loeffler's blood serum*, colonies appear after twenty-four to thirty-six hours as small indentations which indicate a liquefaction of the medium. Axenfeld states that eventually the entire medium may become liquefied. Upon serum agar delicate grayish drop-like colonies are formed which are not unlike those of the gonococcus.

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[1] *Wollstein*, loc. cit.

[2] *Morax*, Ann. de l'inst. Pasteur, 1896.

[3] *Axenfeld*, Cent. f. Bakt., xxi, 1897.

In *ascitic bouillon* general clouding occurs within twenty-four hours.

Pathogenicity.—Attempts to produce lesions in the lower animals with this bacillus have been universally unsuccessful. Subacute conjunctivitis, however, has been produced in human beings by inoculations with pure cultures.

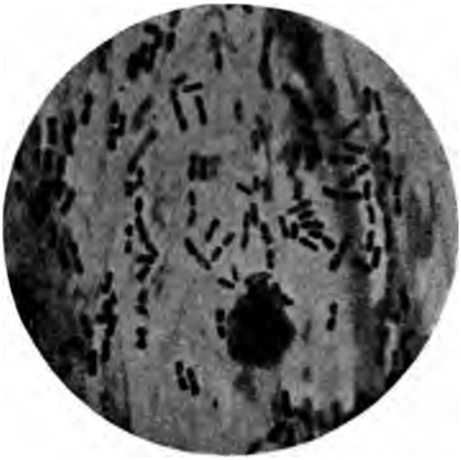

FIG. 117.—MORAX-AXENFELD DIPLO-BACILLUS.

ZUR NEDDEN'S BACILLUS

In ulcerative conditions of the cornea, Zur Nedden has frequently found a bacillus to which he attributes etiological importance.

The bacillus which he has described is small, usually less than one micron in length, often slightly curved, and generally found singly. It may be found in the diplo form but does not form chains. It is stained by the usual dyes, often staining poorly at the ends. Stained by Gram's method it is decolorized. The bacillus is non-motile.

Cultivation.—It is easily cultivated upon the ordinary laboratory media. Upon *agar* it forms, within twenty-four hours, transparent, slightly fluorescent colonies which are round, raised, rather coarsely granular, and show a tendency to confluence.

Gelatin is not liquefied.

Milk is coagulated.

Upon *potato*, there is a thick yellowish growth.

Upon *dextrose* media, there is acid formation, but no gas.

The bacillus forms no indol in *pepton solutions*.

Pathogenicity.—Corneal ulcers have been produced by inoculation of guinea-pigs.

BACILLUS OF DUCREY

The soft chancre, or chancroid, is an acute inflammatory, destructive lesion which occurs usually upon the genitals or the skin surrounding the genitals. The infection is conveyed from one individual to another by direct contact. It may, however, under conditions of surgical manipulation, be transmitted indirectly by means of dressings, towels, or instruments.

The lesion begins usually as a small pustule which rapidly ruptures, leaving an irregular ulcer with undermined edges and a necrotic floor which spreads rapidly. It differs clinically from the true or syphilitic chancre in the lack of induration and in its violent inflammatory nature. Usually it leads to lymphatic swellings in the groin which, later, give rise to abscesses, commonly spoken of as "buboes."

In the discharges from such lesions, Ducrey,[1] in 1889, was able to demonstrate minute bacilli to which he attributed an etiological relationship to the disease, both because of the regularity of their presence in the lesions and the successful transference of the disease by means of pus containing the microorganisms.

Morphology and Staining.—The Ducrey bacillus is an extremely small bacillus, measuring from one to two micra in length and about half a micron in thickness. It has a tendency to appear in short chains and in parallel rows, but many of the microorganisms may be seen irregularly grouped. It is not motile, possesses no flagella, and does not form spores.

Stained by the ordinary anilin dyes, it has a tendency to take the color irregularly and to appear more deeply stained at the poles. By the Gram method, it is decolorized. In tissue sections, it may be demonstrated by Loeffler's methylene-blue method, and in such preparations has been found within the granulation tissues forming the floor of the ulcers. In pus, the bacilli are often found within leucocytes.

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[1] *Ducrey*, Monatschr. f. prakt. Dermat., 9, 1889.

Cultivation and Isolation.—Early attempts at cultivation of this bacillus were universally unsuccessful in spite of painstaking experiments with media prepared of human skin and blood serum. In 1900, Besançon, Griffon, and Le Sourd [1] finally succeeded in obtaining growths upon a medium containing agar to which human blood had been added. They were equally successful when dog's or rabbit's blood was substituted for that of man. Since the work by these authors, the cultivation by similar methods has been carried out by a number of investigators. Coagulated blood, which has been kept for several days in sterile tubes, has been found to constitute a favorable medium. Freshly clotted blood can not be employed, probably because of the bactericidal action of the serum. Serum-agar has occasionally been used with success but does not give results as satisfactory as those obtained by the use of the whole blood.

The best method of obtaining pure cultures upon such media consists in puncturing an unruptured bubo with a sterile hypodermic needle and transferring the pus in considerable quantity directly to the agar. If possible, the inoculation of the media should be made immediately before the pus has had a chance to cool off or to be exposed to light. When buboes are not available, the primary lesion may be thoroughly cleansed with sterile water or salt solution, and material scraped from the bottom of the ulcer or from beneath its overhanging edges with a stiff platinum loop. This material is then smeared over the surface of a number of blood-agar plates.

Upon such plates, isolated colonies appear, usually after forty-eight hours. They are small, transparent, and gray, and have a rather firm, finely granular consistency. The colonies rarely grow larger than pinhead size, and have no tendency to coalesce. At room temperature, the cultures die out rapidly. Kept in the incubator, however, they may remain alive and virulent for a week or more.

On the simpler media, glucose-agar, broth, or gelatin, cultivation is never successful. On moist blood-agar and in the condensation water of such tubes, the bacilli have a tendency to grow out in long chains. Upon media which are very dry, they appear singly or in short chains.

Pathogenicity.—Besançon, Griffon and Le Sourd, and others, have succeeded in producing lesions in man by inoculation with pure cultures. Inoculation of the lower animals has, so far, been entirely without result.

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[1] *Besançon, Griffon,* and *Le Sourd,* Presse méd., 1900.

MICROCOCCUS MELITENSIS (MALTA FEVER)

(*Bacillus melitensis*)

Malta fever is a disease occurring along the Mediterranean coast and its islands. It has been recently found to occur also in South America and in the West Indies. The disease is not very unlike typhoid fever, though more irregular and with a lower mortality. It is accompanied by joint pains, sweating, constipation, and occasionally orchitis. The spleen is almost always enlarged.

The microorganism causing the disease was isolated in 1887 by Bruce,[1] a British army surgeon.

Morphology.—Micrococcus melitensis is a minute bacterium appearing coccoid in smears from agar cultures, in broth cultures assuming the form of a short, slightly wedge-shaped bacillus resembling B. influenzæ. Babes[2] regards it as unquestionably a bacillus. Earlier observers wrongly believed it to be a coccus. It appears in irregularly parallel groups, and occasionally forms short chains.

It is easily stained with the ordinary dyes, and is decolorized by Gram's method.

Cultivation.—It can usually be cultivated from the spleens of those who have succumbed to the disease. It grows on nutrient agar at 37.5° C., forming small, pearly white colonies at the end of two or three days. It grows easily on all of the ordinary laboratory media.

Animal experiments have proved it pathogenic only for monkeys, in whom it produces a disease similar to that occurring in man.[3]

Both in patients and in injected animals, infection with this bacterium produces specific agglutinins which are of great practical aid in diagnosis.[4]

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[1] *Bruce*, Practitioner, 1887.

[2] *Babes*, Kolle und Wassermann, iii, p. 443.

[3] *Hughes*, Ann. de l'inst. Pasteur, 1893.

[4] *Wright* and *Lamb*, Jour. Path. and Bact., v, 1899.

CHAPTER XXXIX

THE BACILLI OF THE HEMORRHAGIC SEPTICEMIA GROUP AND BACILLUS PESTIS.

In many of the lower animals there occur violently acute bacterial infections characterized by general septicemia, usually with petechial hemorrhages throughout the organs and serous membranes and severe intestinal inflammations. These diseases, spoken of as the "hemorrhagic septicemias," are caused by a group of closely allied bacilli, first classified together by Hueppe[1] in 1886. Some confusion has existed as to the forms which should be considered within Hueppe's group of "hemorrhagic septicemia," a number of bacteriologists including in this class bacilli such as Loeffler's Bacillus typhi murium, and Salmon and Smith's hog-cholera bacillus, microorganisms which, because of their motility and cultural characteristics, belong more properly to the "Gärtner," "enteritidis," or "paratyphoid" group, intermediate between colon and typhoid.

The organisms properly belonging to this group are short bacilli, more plump than are those of the colon type, and showing a marked tendency to stain more deeply at the poles than at the center. They are non-motile, possess no flagella, and do not form spores. They grow readily upon simple media, but show a very marked preference for oxygen, growing but slightly below the surface of media. By some observers they are characterized as "obligatory aërobes," but this is undoubtedly a mistake.

While showing considerable variations in form and differences in minor cultural characteristics, the species characteristics of polar staining, decolorization by Gram, immobility, lack of gelatin liquefaction, and great pathogenicity for animals, stamp alike all members of the group. Its chief recognized representatives are the bacillus of chicken cholera, the bacillus of swine-plague (Deutsche Schweineseuche), and the Bacillus pleurosepticus which causes an acute disease in cattle and often in wild game.

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[1] *Hueppe,* Berl. klin. Woch., 1886.

Because of certain cultural and pathogenic characteristics, it seems best to consider the bacillus of bubonic plague with this group.

BACILLUS OF CHICKEN CHOLERA

(*Bacillus avisepticus*)

The bacillus of chicken cholera was first carefully studied by Pasteur[1] in 1880. It is a short, non-motile bacillus, measuring from 0.5 to 1 micron in length. Stained with the ordinary anilin dyes, it displays marked polar staining qualities, which often give it the appearance of being a diplococcus. It is decolorized by Gram's method. It does not form spores, but may occasionally form vacuolated degeneration forms, not unlike those described for Bacillus pestis.

The bacillus is easily cultivated from the blood and organs of infected animals, it grows well upon the simplest media at temperatures varying from 25° to 40° C. In *broth*, it produces uniform clouding with later a formation of a pellicle. Upon *agar* it forms, within twenty-four to forty-eight hours, minute colonies, white or yellowish in color, which are at first transparent, later opaque. Upon *gelatin*, it grows without liquefaction. Upon *milk*, the growth is slow and does not produce coagulation. According to Kruse,[2] indol is formed from *pepton bouillon*. Acid, but no gas, is formed in *sugar broth*.

Among barnyard fowl, this disease is widely prevalent, attacking chickens, ducks, geese, and a large variety of smaller birds. The infection is extremely acute, ending fatally within a few days. It is accompanied by diarrhea, often with bloody stools, great exhaustion, and, toward the end, a drowsiness bordering on coma. Autopsy upon the animals reveals hemorrhagic inflammation of the intestinal mucosa, enlargement of the liver and spleen, and often bronchopneumonia.

The specific bacilli may be found in the blood, in the organs, in exudates, if these are present, and in large numbers in the dejecta. Infection takes place probably through the food and water contaminated by the discharges of diseased birds.[3]

Subcutaneous inoculation or feeding of such animals with pure cultures, even in minute doses, gives rise to a quickly developing septicemia which is uniformly fatal. The bacillus is extremely pathogenic for rabbits, less so for hogs, sheep, and horses, if infection is practiced by subcutaneous inoculation. Infection by ingestion does not seem to cause disease in these animals.

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[1] *Pasteur*, Comptes rend. de l'acad. des sci., 1880.

[2] *Kruse*, in Flügge's "Die Mikroorganismen."

[3] *Salmon*, Rep. of the Com. of Agriculture, 1880, 1881, and 1882.

Historically, the bacillus of chicken cholera is extremely interesting, since it was with this microorganism that Pasteur [1] carried out some of his fundamental researches upon immunity, and succeeded in immunizing chickens with attenuated cultures. The first attenuation experiment made by Pasteur consisted in allowing the bacilli to remain in a broth culture for a prolonged period without transplantation. With minute doses of such a culture (vaccin I) he inoculated chickens, following this, after ten days, with a small dose of a fully virulent culture. Although enormously important in principle, the practical results from this method, as applied to chicken cholera, have not been satisfactory. It was with this bacillus, furthermore, that Pasteur was first able to demonstrate the existence of a free toxin which could be separated from the bacteria by filtration.

BACILLUS OF SWINE PLAGUE

(*Bacillus suisepticus, Schweineseuche*)

This microorganism is almost identical in form and cultural characteristics with the bacillus of chicken cholera. It is non-motile, forms no spores, is Gram-negative, and does not liquefy gelatin. The bacillus causes an epidemic disease among hogs, which is characterized almost regularly by a bronchopneumonia followed by general septicemia. There is often a sero-sanguineous pleural exudate, a swelling of bronchial lymph glands and of liver and spleen. The gastrointestinal tract is rarely affected. The bacilli at autopsy may be found in the lungs, in the exudates, in the liver and spleen, and in the blood. The disease is rarely acute, but, in young pigs, almost uniformly fatal.

It is probable that spontaneous infection usually occurs by inhalation. Experimental inoculation is successful in pigs, both when given subcutaneously and when administered by the inhalation method. Mice, guinea-pigs, and rabbits are also susceptible, dying within three or four days after subcutaneous inoculation of small doses.

Active and passive immunization of animals against Bacillus suisepticus has been attempted by various observers. Active immunization, if carried out with care, may be successfully done in the laboratory.

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[1] *Pasteur*, loc. cit.

Passive immunization of animals with the serum of actively immunized horses has been practiced by Kitt and Mayr,[1] Schreiber,[2] and Wassermann and Ostertag. The last-named observers, working with a polyvalent serum produced with a number of different strains of the bacillus, have obtained results of considerable practical value. The researches of Kitt and Mayr have revealed a fact pointing to the interrelationship of the bacilli of the "hemorrhagic septicemia" group. They were able to show that the serum of horses immunized with chicken cholera bacilli was able to protect, somewhat, against Bacillus suisepticus.

Infection with the bacillus of swine plague, in hogs, is often accompanied by an infection with the hog-cholera bacillus (Schweinepest). The latter, as we have seen, is a microorganism belonging to the enteritidis group, intermediate between Bacillus coli and Bacillus typhosus, and differing from suisepticus in being actively motile, possessing flagella, not showing the polar staining, having a more slender morphology, and producing gas upon dextrose broth. A confusion between the two bacilli frequently occurs because of their nomenclature. Bacteriologically and pathogenically, they are quite distinct. Bacillus suisepticus produces an acute septicemia, accompanied by bronchopneumonia and usually not affecting the gastro-intestinal canal. The bacillus of hog cholera produces an infection localized in the intestinal canal.

BACILLUS PESTIS

(Bacillus of Bubonic Plague)

The history of epidemic diseases has no more terrifying chapter than that of plague.[3] Sweeping, time and again, over large areas of the civilized world, its scope and mortality were often so great that all forms of human activity were temporarily paralyzed. In the reign of Justinian almost fifty per cent of the entire population of the Roman Empire perished from the disease. The "Black Death" which swept over Europe during the fourteenth century killed about twenty-five million people. Smaller epidemics, appearing in numerous parts of the world during the sixteenth, seventeenth, and eighteenth centuries, have claimed innumerable victims. In 1893, plague appeared in Hong Kong. During the epidemic which followed, Bacillus pestis, now recognized as the etiological factor of the disease, was discovered by

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[1] *Kitt* und *Mayr,* Monatsh. f. prakt. Thierheilk., 8, 1897.

[2] *Schreiber*, Berl. tierärztl. Woch., 10, 1899.

[3] *Hirsch.* "Handb. d. histor.-geogr. Path.," 1881.

Kitasato[1] and by Yersin,[2] independently of each other. By both observers the bacillus could invariably be found in the pus from the buboes of afflicted persons. It could be demonstrated in enormous numbers in the cadavers of victims. The constancy of the occurrence of the bacillus in patients, shown in the innumerable researches of many bacteriologists, would alone be sufficient evidence of its etiological relationship to the disease. This evidence is strengthened, moreover, by accidental infections which occurred in Vienna in 1898, with laboratory cultures.

Morphology and Staining.—Bacillus pestis is a short, thick bacillus with well-rounded ends. Its length is barely two or two and a half times its breadth (1.5 to 1.75 micra by 0.5 to 0.7 micron). The bacilli appear singly, in pairs, or, more rarely, in short chains of three or more. They show distinct polar staining. In size and shape these bacilli are subject to a greater degree of variation than are most other microorganisms. In old lesions or in old cultures the bacilli show involution forms which may appear either as swollen coccoid forms or as longer, club-shaped, diphtheroid bacilli. Degenerating individuals appear often as swollen, oval vacuoles. All these involution forms, by their very irregularity, are of diagnostic importance. They appear more numerous in artificial cultures than in human lesions.

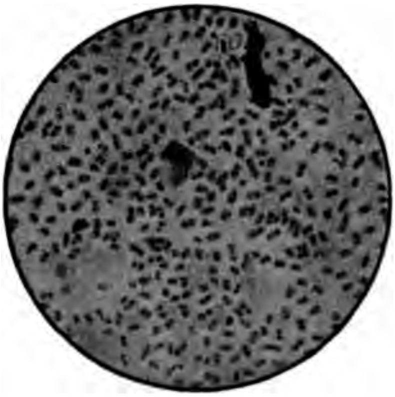

FIG. 118.—BACILLUS PESTIS. (After Mallory and Wright.)

According to Albrecht and Ghon,[3] the plague bacillus may, by special methods, be shown to possess a gelatinous capsule. It does not possess flagella and does not form spores.

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[1] *Kitasato*, Lancet, 1894. [2] *Yersin*, Ann. de l'inst. Pasteur, 1894.

[3] *Albrecht* und *Ghon*, Wien, 1898.

The plague bacillus is easily stained with all the usual anilin dyes. Diluted aqueous fuchsin and methylene-blue are most frequently employed. With these stains the characteristically deeper staining of the polar portions of the bacillus is usually easy to demonstrate. Special polar stains have been devised by various observers. Most of these depend upon avoidance of the usual heat fixation of the preparations, which, in some way, seems to interfere with good polar staining. Fixation of the dried smears with absolute alcohol is, therefore, preferable. The bacillus is decolorized by Gram's method.

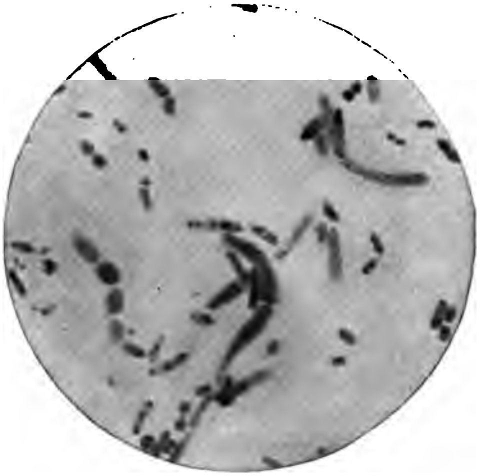

FIG. 119.—BACILLUS PESTIS, INVOLUTION FORMS. (After Zettnow.)

Isolation and Cultivation.—The bacillus is easily isolated in pure culture from the specific lesions of plague patients, during life or at autopsy. It grows readily and luxuriantly upon the meat-infusion media. The optimum temperature for its cultivation is about 30° C. Below 20° C. and above 38° C., growth is sparse and delayed, though it is not entirely inhibited until exposed to temperatures below 12° C., or above 40° C. The most favorable reaction of culture media is neutrality or moderate alkalinity, though slight acidity does not prevent development.

On agar, growth appears within twenty-four hours as minute colonies with a compact small center surrounded by a broad, irregularly indented, granular margin.

On *gelatin*, similar colonies appear after two or three days at 20° to 22° C. The gelatin is not liquefied.

In *bouillon*, the plague bacilli grow slowly. They usually sink to the bottom or adhere to the walls of the tube as a granular deposit and may occasionally form a delicate pellicle. Chain-formation is not uncommon. In broth cultures, moreover, a peculiar stalactite-like growth is often seen, when the culture fluid is covered with a layer of oil. Delicate threads of growth hang down from the surface of the medium into its depths like stalactites.

Milk is not coagulated. In litmus-milk there is slight acid formation. On *potato* and on *blood serum* the growth shows nothing characteristic or of differential value. On *pepton media* no indol is formed.

Biological Considerations.—Bacillus pestis is aërobic. Absence of free oxygen is said to prevent its growth, at least under certain conditions of artificial cultivation. It is non-motile. Outside of the animal body the bacilli may retain viability for months and even years if preserved in the dark and in a moist environment. In cadavers they may live for weeks and months if protected from dryness. In pus or sputum from patients they may live eight to fourteen days. These facts are of great hygienic importance.

Complete drying in the air kills the bacilli within two or three days.[1] Thoroughly dried by artificial means they die within four or five hours.

Dry heat at 100° C. kills the bacillus in one hour.[2] Live steam or boiling water is effectual in a few minutes. The bacilli possess great resistance against cold, surviving a temperature of 0° C. for as many as forty days.

Direct sunlight destroys them within four or five hours. The common disinfectants are effectual in the following strengths: carbolic acid, one per cent kills them in two hours, five per cent in ten minutes; bichlorid of mercury 1 : 1,000 is effectual in ten minutes.

Pathogenicity.—In man, plague is acquired[3] by entrance of the bacillus either through the skin or by the respiratory tract. The period of incubation is about three to seven days. Two distinct clinical types of the disease occur, depending upon the mode of infection. When cutaneous infection has occurred the disease is first localized in the lymph nodes nearest the point of inoculation. If the respiratory tract has been the portal of entrance the disease primarily takes the form of a pneumonia.

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[1] *Kitasato*, Lancet, 1894.

[2] *Abel*, Cent. f. Bakt., xxi, 1897.

[3] *Gottschlich*, Zeit. f. Hyg., xxxv, 1900.

Infection may take place through the most minute lesions, hardly visible to the naked eye. Even the unbroken skin may admit the microorganisms if these are rubbed in with sufficient energy. From the primary lymphatic swellings, the bacilli enter the blood and produce secondary foci. The general symptoms are largely referable to endotoxins.

The pneumonic form of plague usually begins with symptoms not unlike a typical pneumonia and is usually fatal within four or five or even fewer days. This form of the disease is especially menacing as a means of dissemination, because of the enormous numbers of plague bacilli in the sputum.

One of the chief characteristics of the general systemic plague infection is the very marked cardiac depression.

The bacteriological diagnosis during life may be made by finding the bacilli in the sputum or in aspiration fluid from a bubo. The microorganisms are identified morphologically, culturally, by animal experiment, and by agglutination reaction. Blood cultures from plague patients often yield positive results, especially when the blood is well diluted in neutral broth to prevent any inhibiting action of the antibodies in the serum.

At autopsy, in man, the bacilli are found in the primary lesions, in the blood, and in the spleen, the liver, and the lymphatics. There may be hemorrhages into the serous cavities. When pneumonia exists, it usually takes the form of a bronchopneumonia with extensive swelling of the bronchial lymph nodes.

In cases in which the disease is prolonged, there are often tubercle-like foci in the spleen, liver, and lungs. Histologically these foci show central necrosis surrounded by the usual inflammatory cell reactions. In more chronic cases connective-tissue encapsulation may appear.

Bacillus pestis is extremely pathogenic for rats, mice, guinea-pigs, rabbits, and monkeys. The most susceptible of these animals are rats and guinea-pigs, in whom mere rubbing of plague bacilli into the unbroken skin will often produce the disease. This method of experimental infection of guinea-pigs is of great service in isolating the plague bacillus from material contaminated with other microorganisms. For the same purpose, infection of rats subcutaneously at the root of the tail may be employed. Such inoculation in rats is invariably fatal.

The virulence of separate strains of plague bacilli is subject to great variations. Animal passage usually increases it, but prolonged growth upon artificial media often results in gradual reduction of the virulence.

In rats, spontaneous infection with plague is common and plays an important rôle in the spread of the disease. Rats become infected from the cadavers of plague victims or by gnawing the dead bodies of other rats dead of the disease. The pneumonic type of the disease is common in these animals and has been produced in them by inhalation experiments. During every well-observed plague epidemic, marked mortality among the domestic rats has been noticed.

Plague is transmitted either by direct contact or inhalation, or indirectly by clothing, linen, and other objects worn or handled. The rôle in the transmission of the disease played by rats is probably of great importance. The animals vomit, defecate, and die in cellars, storerooms, etc., and thus set free vast numbers of plague bacilli for indirect accidental transmission to human beings. The actual mode in which this transmission takes place is by no means certain. The fact that in countries where plague is prevalent many of the natives go insufficiently shod or barefooted, may account for many infections.

Simond [1] lays great stress upon transmission to man by means of fleas, the Indian rat-flea often being parasitic upon man. His conclusions are probably too far-reaching, though the possibility of such infection can not be denied.[2]

Toxin Formation.—The systemic symptoms of plague are largely due to the absorption of poisonous products of the bacteria. Albrecht and Ghon,[3] Wernicke,[4] and others were unable to obtain any toxic action with broth-culture filtrates and concluded that the poisons of B. pestis were chiefly endotoxins, firmly attached to the bacterial body. Kossel and Overbeck,[5] however, on the basis of a careful investigation, came to the conclusion that, in addition to the endotoxin, there is formed in older broth cultures a definite and important true, soluble toxin.

Immunization.—A single attack of plague usually protects human beings from reinfection. A second attack in the same individual is extremely rare. Immunization in animals produces specific agglutinating and bacteriolytic substances which are of great importance in the bacteriological diagnosis of the bacillus. The agglutinating action of the serum of patients is clinically important in the diagnosis of the disease even in dilutions of one in ten, since undiluted normal human serum has no agglutinating effect upon plague bacilli.

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[1] *Simond*, Ann. de l'inst. Pasteur, 1893.

[2] *Nuttall*, Cent. f. Bakt., xxii, 1897; *Nuttall*, Hyg. Rund., ix, 1899.

[3] *Albrecht* und *Ghon*, loc. cit.

[4] *Wernicke*, Cent. f. Bakt., Ref., xxiv, 1898.

[5] *Kossel* und *Overbeck*, Arb. a. d. Gesundh., xviii, 1901.

Active immunization of animals[1] is accomplished by inoculation of the whole dead bacteria. Haffkine has attempted active immunization in human beings by subcutaneous treatment with sterilized broth cultures of B. pestis. Gaffky[2] and his collaborators recommend, for similar purposes, forty-eight-hour agar cultures of a bacillus of standard virulence, emulsified in bouillon and sterilized at 65° C.

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[1] *Yersin*, *Calmette* et *Roux*, Ann. de l'inst. Pasteur, 1895.

[2] *Gaffky*, Pfeiffer, Sticker und Dieudonné, Arb. a. d. kais. Gesundheitsamt, xvi, 1899.

CHAPTER XL

BACILLUS ANTHRACIS AND ANTHRAX

(*Milzbrand*, *Charbon*)

ANTHRAX is primarily a disease of the herbivora, attacking especially cattle and sheep. Infection not infrequently occurs in horses, hogs, and goats. In other domestic animals it is exceptional. Man is susceptible to the disease and contracts it either directly from the living animals or from the hides, wool, or other parts of the cadaver used in the industries.

The history of the disease dates back to the most ancient periods and anthrax has, at all times, been a severe scourge upon cattle- and sheep-raising communities. Of all infections attacking the domestic animals no other has claimed so many victims as anthrax. In Russia, where the disease is most common, 72,000 horses are said to have succumbed in one year (1864).[1]

In Austro-Hungary, Germany, France, and the Eastern countries, each year thousands of animals and numerous human beings perish of anthrax. In England and America the disease is relatively infrequent. No quarter of the globe, however, is entirely free from it.

Especial historical interest attaches to the anthrax bacillus in that it was the first microorganism proved definitely to bear a specific etiological relationship to an infectious disease. The discovery of the anthrax bacillus, therefore, laid, as it were, the cornerstone of modern bacteriology. The bacillus was first observed in the blood of infected animals by Pollender in 1849, and, independently, by Brauell in 1857. Davaine,[2] however, in 1863, was the first one to produce experimental infection in animals with blood containing the bacilli and to suggest a direct etiological relationship between the two. Final and absolute proof of the justice of Davaine's contentions, however, was not brought until the further development of bacteriological technique, by Koch,[3] had made it possible for this last observer to isolate the bacillus upon artificial media and to reproduce the disease experimentally by inoculation with pure cultures.

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[1] Quoted from *Sobernheim*, Kolle und Wassermann., vol. ii.

[2] *Davaine*, Comptes rend. de l'acad. des sci., lvii, 1863.

[3] *Koch*, Cohn's " Beitr. z. Biol. d. Pflanzen," ii, 1876.

Morphology and Staining.—The anthrax bacillus is a straight rod, 5 to 10 micra in length, 1 to 3 micra in width. It is non-motile. In preparations made from the blood of an infected animal, the bacilli are usually single or in pairs. Grown on artificial media they form tangles of long threads. Their ends are cut off squarely, in sharp contrast to the rounded ends of many other bacilli. The corners are often sharp and the ends of bacilli in contact in a chain often touch each other only at these points, leaving in consequence an oval chink between the ends of the organisms. The appearance of a chain of anthrax bacilli, therefore, has been not inaptly compared to a rod of bamboo. On artificial media the anthrax bacillus forms spores. Oxygen is necessary for the formation of these spores and they are consequently not found

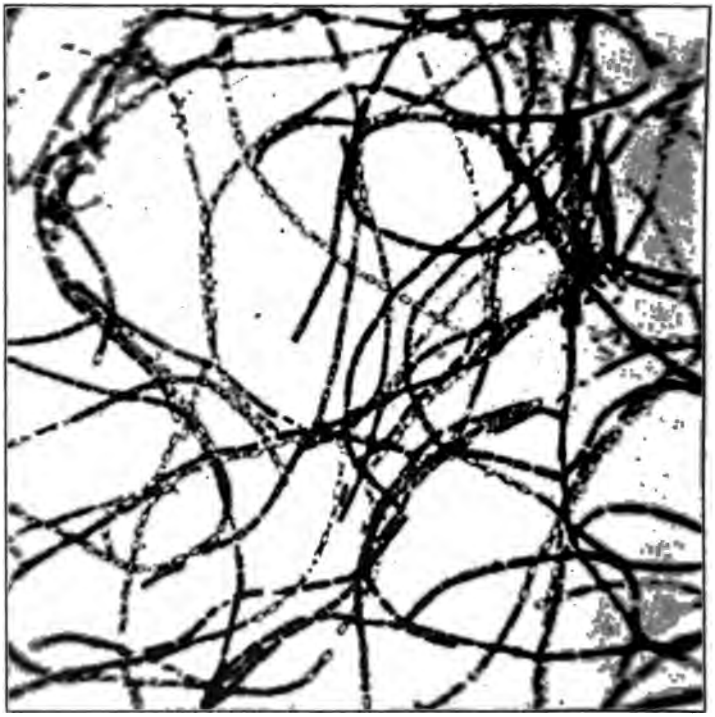

FIG. 120.—BACILLUS ANTHRACIS. From pure culture on agar.

in the blood of infected subjects. The spores are located in the middle of the bacilli and are distinctly oval. They are difficult to stain, but may be demonstrated by any of the usual spore-staining procedures, such as Möller's or Novy's methods. The bacilli themselves are easily stained by the usual anilin dyes, and gentian-violet or fuchsin in aqueous solution may be conveniently employed. They are not decolorized by Gram's method.

In preparations from animal tissues or blood, stained by special procedures, the anthrax bacillus may occasionally be seen to possess a capsule. The capsule is never seen in preparations from the ordinary artificial media. Some observers have demonstrated them in cultures grown in fluid blood serum. In chains of anthrax bacilli, the capsule when present seems to envelop the entire chain and not the individual bacteria separately.

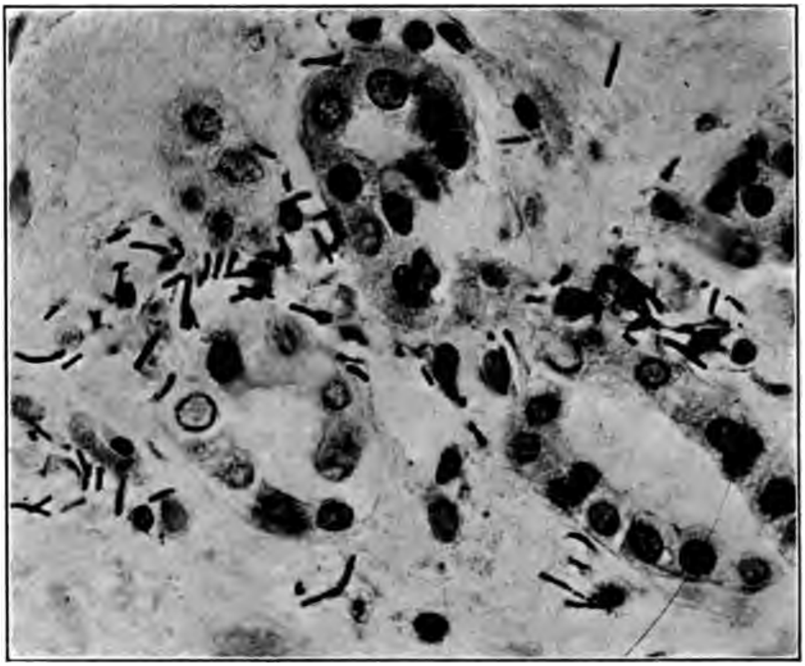

FIG. 121.—BACILLUS ANTHRACIS. In section of kidney of animal dead of anthrax.

Isolation.—Isolation of the anthrax bacillus from infected material is comparatively simple, both because of the ease of its cultivation and because of the sharply characteristic features of its morphological and cultural appearance.

Cultivation.—The anthrax bacillus is an aërobic, facultatively anaërobic bacillus. While it may develop slowly and sparsely under anaërobic conditions, free oxygen is required to permit its luxuriant and characteristic growth.

The optimum temperature for its cultivation ranges about 37.5° C. It is not, however, delicately susceptible to moderate variations of temperature and growth does not cease until temperatures as low as 12° C. or as high as 45° C. are reached. By continuous cultivation at some of the temperatures near either the higher or the lower of these limits, the bacillus may become well adapted to the new environment and attain luxuriant growth.[1]

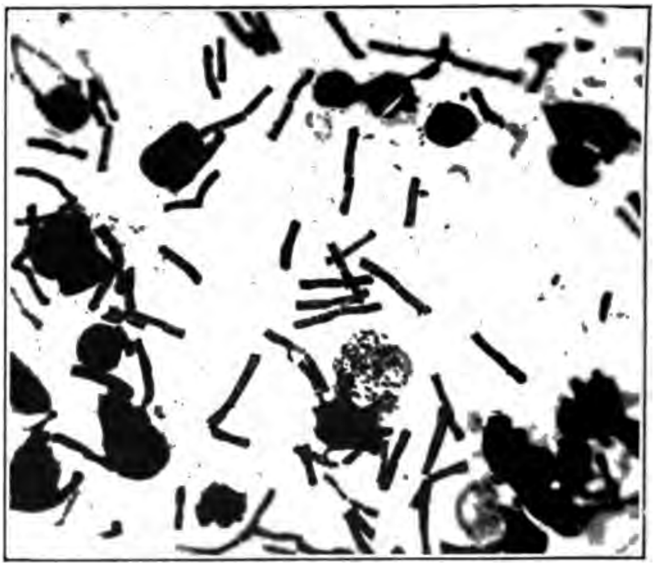

FIG. 122.—BACILLUS ANTHRACIS. In smear of spleen of animal dead of anthrax.

The anthrax bacillus may be cultivated on all of the usual artificial media, growing upon the meat-extract as well as upon the meat-infusion media.

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[1] *Dieudonné*, Arb. a. d. kais. Gesundheitsamt, 1894.

It may be cultivated also upon hay infusion, various other vegetable media, sugar solutions, and urine. While moderate acidity of the medium does not prevent the growth of this bacillus, the most favorable reaction for media is neutrality or slight alkalinity.

On *gelatin plates*, colonies develop within twenty-four to forty-eight hours as opaque, white disks, pin-head in size, irregularly round and rather flat. As the colonies increase in size their outlines become less regular and under the microscope they are seen to be made up of a hair-like tangle of threads spreading in thin wavy layers from a more compact central knot. The microscopic appearance of these colonies has been aptly described as resembling a Medusa head. Fragments of a colony examined on a slide with a higher power show the individual threads to be made up of parallel chains of bacilli.

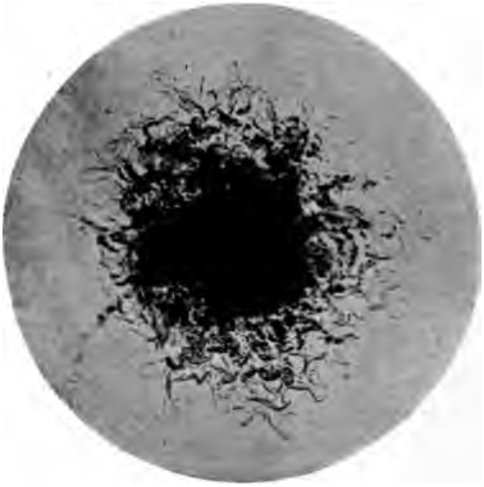

FIG. 123.—ANTHRAX COLONY ON GELATIN. (After Günther.)

After a day or two of further growth, the gelatin about the colonies becomes fluidified.

In *gelatin stab cultures*, growth appears at first as a thin white line along the course of the puncture. From this, growth proceeds in thin spicules or filaments diverging from the stab, more abundantly near the top than near the bottom of the stab, owing to more active growth in well oxygenated environment. The resulting picture is that of a small inverted "Christmas tree." Fluidification begins at the top, at first a shallow depression filled with an opaque mixture of bacilli and fluid.

Later the bacilli sink to the bottom of the flat depression, leaving a clea supernatant fluid of peptonized gelatin.

In *broth*, growth takes place rapidly, but does not lead to an even, general clouding. There is usually an initial pellicle formation at the top where the oxygen supply is greatest. Simultaneously with this a slimy mass appears at the bottom of the tube, owing to the sinking of bacilli to the bottom. Apart from isolated flakes and threads the intervening broth is clear. Shaken up, the tube shows a tough, stringy mass, not unlike a small cotton fluff, and general clouding is produced only by vigorous mixing.

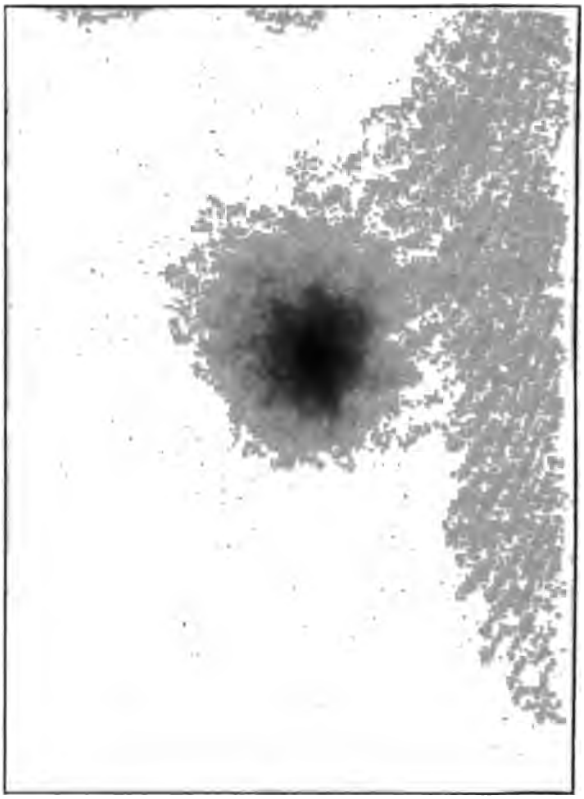

FIG. 124.—ANTHRAX COLONY ON AGAR.

Upon *agar plates*, growth at 37.5° C. is vigorous and colonies appear within twelve to twenty-four hours. They are irregular in outline, slightly wrinkled, and show under the microscope the characteristic tangled-thread appearance seen on gelatin, except that they are more compact than upon the former medium. The colonies are slightly glistening and tough in consistency.

On *agar slants*, the colonies usually become confluent, the entire surface soon being covered by a grayish, tough pellicle which, if fished, has a tendency to come away in thin strips or strands.

On *potato*, growth is rapid, white, and rather dry. Sporulation upon potato is rapid and marked, and the medium is favorable for the study of this phase of development.

Milk is slowly acidified and slowly coagulated. This action is chiefly upon the casein; very few, if any, changes being produced either in the sugars or in the fats of the milk. The acids formed are, according to Iwanow,[1] chiefly formic, acetic, and caproic acids.

Biological Considerations.—The anthrax bacillus is aërobic and facultatively anaërobic. It is non-motile and possesses no flagella. In the animal body it occasionally forms capsules. In artificial cultures in the presence of oxygen, it sooner or later invariably forms spores. The spores appear after the culture has reached its maximum of development. Sporulation never occurs in the animal body, probably because of the absence of sufficient free oxygen. Spores are formed most extensively [2] at temperatures ranging from 20° C. to 30° C. Spore formation ceases below 18° C. and above 42° C. For different strains these figures may vary slightly, as has been shown from the results of various observers. Spores appear most rapidly and regularly upon agar and potato media.

The spore—one in each bacillus—appears as a small, highly refractile spot in the center of the individual bacterium. As this enlarges, the body of the bacillus around it gradually undergoes granular degeneration and loses its staining capacity.[3]

If anthrax bacilli are cultivated for prolonged periods upon media containing hydrochloric or rosolic acid or weak solutions of carbolic acid,[4] cultures may be obtained which do not sporulate and which seem permanently to have lost this power, without losing their virulence to the same degree. Similar results may be obtained by continuous cultivation at temperatures above 42° C. By this procedure, however, virulence, too, is considerably diminished.

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[1] *Iwanow*, Ann. de l'inst. Pasteur, 1892.

[2] *Koch*, loc. cit.

[3] *Behring*, Zeit. f. Hyg., vi and vii, 1889; Deut. med. Woch., 1889.

[4] *Chamberland* et *Roux*, Comptes rend. de l'acad. des sci., xcvi, 1882.

Resistance.—Because of its property of spore formation, the anthrax bacillus is extremely resistant toward chemical and physical environment. The vegetative forms themselves are not more resistant than most other non-sporulating bacteria, being destroyed by a temperature of 54° C. in ten minutes. Anthrax spores may be kept in a dry state for many years without losing their viability.[1] While different strains of anthrax spores show some variation in their powers of resistance, all races show an extremely high resistance to heat. Dry heat at 140° C. kills them only after three hours.[2] Live steam at 100° kills them in five to ten minutes. Boiling in water destroys them in about ten minutes. Low temperatures have but little effect upon them. Ravenel[3] found that, frozen by liquid air, they were still viable after three hours.

The variability shown by different strains of spores in their resistance to heat is even more marked in their behavior toward chemicals.[4] Some strains will retain their viability after exposure to five-per-cent carbolic acid for forty days,[5] while others are destroyed by the same solution in two days. Corrosive sublimate, 1 : 2,000, kills most strains of anthrax in forty minutes.

Direct sunlight destroys anthrax spores within six to twelve hours.[6]

Pathogenicity.—The anthrax bacillus is pathogenic for cattle, sheep, guinea-pigs, rabbits, rats, and mice. The degrees of susceptibility of these animals differ greatly, variations in this respect existing even among different members of the same species. Thus, the long-haired Algerian sheep show a high resistance, while the European variety are highly susceptible; and, similarly, the gray rat is much more resistant than the white rat. Dogs, hogs, cats, birds, and the cold-blooded animals are relatively insusceptible. For man the bacillus is definitely pathogenic, though less so than for some of the animals mentioned above.

While separate races of anthrax bacilli may vary much in their degree of virulence, a single individual strain remains fairly constant in this respect if preserved, dried upon threads or kept in sealed tubes, in a cold, dark place. Virulence may be reduced[1] by various attenuating laboratory procedures which are of importance in that they have made possible prophylactic immunization. Heating the bacilli to 55° C. for ten minutes considerably reduces their virulence. Similar results are obtained by prolonged cultivation at temperatures of 42° to 43° C., or by the addition of weak disinfectants to the culture fluids.[2] Once reduced, the new grade of virulence remains fairly constant. Increase of virulence may be artificially produced by passage through animals.

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[1] *Surmont* et *Arnould*, Ann. de l'inst. Pasteur, 1894.

[2] *Koch* und *Wolffhügel*, Mitt. a. d. kais. Gesundheitsamt, 1881.

[3] *Ravenel*, Medical News, vii, 1899.

[4] *Fränkel*, Zeit. f. Hyg., vi, 1889.

[5] *Koch*, loc. cit.

[6] *Momont*, Ann. de l'inst. Pasteur, 1892.

Experimental infections in susceptible animals are most easily accomplished by subcutaneous inoculations. The inoculation is followed, at first, by no morbid symptoms, and some animals may appear perfectly well and comfortable until within a few hours or even moments before death, when they suddenly become visibly very ill, rapidly go into collapse, and die. The length of the disease depends to some extent, of course, upon the resistance of the infected subject, being in guinea-pigs and mice from twenty-four to forty-eight hours. The quantity of infectious material introduced, on the other hand, has little bearing upon the final outcome, a few bacilli, or even a single bacillus, often sufficing to bring about a fatal infection. Although the bacilli are not demonstrable in the blood until just before death, they nevertheless invade the blood and lymph streams immediately after inoculation, and are conveyed by these to all the organs. This has been demonstrated clearly by experiments where inoculations into the tail or ear were immediately followed by amputation of the inoculated parts without prevention of the fatal general infection. The bacilli are probably not at first able to multiply in the blood. At the place of inoculation and probably in the organs they proliferate, until the resistance of the infected subject is entirely overcome. At this stage of the disease, no longer held at bay by any antagonistic qualities of the blood, they enter the circulation and multiply within it. Autopsy upon such animals reveals an edematous hemorrhagic infiltration at the point of inoculation. The spleen is enlarged and congested. The kidneys are congested, and there may be hemorrhagic spots upon the serous membranes. The bacilli are found in large numbers in the blood and in the capillaries of all the organs.

The mode of action of Bacillus anthracis is as yet an unsettled point. It is probable that death is brought about to a large extent by purely mechanical means, such as capillary obstruction. Neither a true secretory toxin nor an endotoxin has been demonstrated for the anthrax bacillus. The decidedly toxemic clinical picture of the disease, however, in some animals and in man, precludes our definitely concluding that such poisons do not exist. It is a matter of fact, however, that neither culture filtrates nor dead bacilli have any noticeable toxic effect upon test animals, and exert no appreciable immunizing action.

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[1] *Toussaint*, Comptes rend. de l'acad. des sci., xci, 1880; *Pasteur, Chamberland* et *Roux*, Comptes rend. de l'acad. des sci., xcii, 1881.

[2] *Chamberland* et *Roux*, ibid., xcvi, 1882.

Spontaneous infection of animals takes place largely by way of the alimentary canal, the bacilli being taken in with the food. The bacteria are swallowed as spores, and therefore resist the acid gastric juice. In the intestines they develop into the vegetative forms, increase, and gradually invade the system. The large majority of cattle infections are of this type. Direct subcutaneous infection may also occur spontaneously when small punctures and abrasions about the mouth are made by the sharp spicules of the hay, straw, or other varieties of fodder.

When infection upon a visible part occurs, there is formed a diffuse, tense local swelling, not unlike a large carbuncle. The center of this may be marked by a black, necrotic slough, or may contain a pustular depression.

Infection by inhalation is probably rare among animals. Transmission among animals is usually by the agency of the excreta or unburned carcasses of infected animals. The bacilli escaping from the body are deposited upon the earth together with animal and vegetable matter, which forms a suitable medium for sporulation. The spores may then remain in the immediate vicinity, or may be scattered by rain and wind over considerable areas. The danger from buried carcasses, at first suspected by Pasteur, is probably very slight, owing to the fact that the bacilli can not sporulate in the anaërobic environment to which the burying-process subjects them. The disease, in infected cattle and sheep, is usually acute, killing within one or two days. The mortality is extremely high, fluctuating about eighty per cent.

In man the disease is usually acquired by cutaneous inoculation. It may also occur by inhalation and through the alimentary tract.

Cutaneous inoculation occurs usually through small abrasions or scratches upon the skin in men who habitually handle live-stock, and in butchers, or tanners of hides. Infection occurs most frequently upon the hands and forearms. The primary lesion, often spoken of as "malignant pustule," appears within twelve to twenty-four hours after inoculation, and resembles, at first, an ordinary small furuncle. Soon, however, its center will show a vesicle filled with sero-sanguineous, later seropurulent fluid. This may change into a black central necrosis surrounded by an angry red edematous areola. Occasionally local gangrene and general systemic infection may lead to death within five or six days. More frequently, however, especially if prompt excision is practiced, the patient recovers. The early diagnosis of the condition is best made bacteriologically by finding the bacilli in the local discharge.

The pulmonary infection, known as "wool-sorter's disease," occurs in persons who handle raw wool, hides, or horse hair, by the inhalation or by the swallowing of spores. The disease is fortunately rare in this country. The spores, once inhaled, develop into the vegetative forms[1] and these travel along the lymphatics into the lungs and pleura. The disease manifests itself as a violent, irregular pneumonia, which, in the majority of cases, leads to death. The bacilli in these cases can often be found in the sputum before death.

Infection through the alimentary canal may occasionally, though rarely, occur in man, the source of infection being usually ingestion of the uncooked meat of infected animals. This form of infection is rare, because in many cases the bacilli have not sporulated in the animal and the ingested vegetative forms are injured or destroyed by the acid gastric juice. When viable spores enter the gut, however, infection may take place, the initial lesion being localized usually in the small intestine. The clinical picture that follows is one of violent enteritis with bloody stools and great prostration. Death is the rule. The diagnosis is made by the discovery of the bacilli in the feces.

General hygienic prophylaxis against anthrax consists chiefly in the destruction of infected animals, in the burying of cadavers, and in the disinfection of stables, etc. The practical impossibility of destroying the anthrax spores in infected pastures, etc., makes it necessary to resort to prophylactic immunization of cattle and sheep.

Immunity against Anthrax.—Minute quantities of virulent anthrax cultures usually suffice to produce death in susceptible animals. Dead cultures are inefficient in calling forth any immunity in treated subjects. It is necessary, therefore, for the production of active immunity to resort to attenuated cultures. The safest way to accomplish such attenuation is the one originated by Pasteur,[2] consisting in prolonged cultivation of the bacillus at 42° to 43° C. in broth. Non-spore-forming races are thus evolved.

The longer the bacilli are grown at the above temperature the greater is the reduction in their virulence. Koch, Gaffky, and Loeffler,[1] utilizing the variations in susceptibilities of different species of animals, devised a method by means of which the relative attenuation of a given culture may be estimated and standardized. Rabbits are less susceptible than guinea-pigs, and virulent anthrax cultures, grown for two or three days under the stated conditions, lose their power to kill rabbits, but are less virulent for guinea-pigs. After ten to twenty days of further cultivation at 42° C. the virulence for the guinea-pig disappears, but the culture is potent against the still more susceptible mouse. Even the virulence for mice may be entirely eliminated by further cultivation at this temperature.

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[1] *Eppinger*, Wien. med. Woch., 1888.
[2] *Pasteur*, loc. cit.

The method of active immunization first practiced by Pasteur, and still used extensively, is carried out as follows: Two anthrax cultures of varying degrees of attenuation are used as *vaccins*. The *premier vaccin* is a culture which has lost its virulence for guinea-pigs and rabbits, and is potent only against mice. The *deuxième vaccin* is a culture which is still definitely virulent for mice and guinea-pigs, but not potent for rabbits. Forty-eight-hour broth cultures of these strains, grown at 37.5° C., form the *vaccin* actually employed. Vaccin I is subcutaneously injected into cattle in doses of 0.25 c.c., sheep receiving about half this quantity. After twelve days have elapsed similar quantities of Vaccin II are injected.

Pasteur's method has given excellent results and confers an immunity which lasts about a year.

Chauveau[2] has modified Pasteur's method by growing the bacilli in bouillon at 38° to 39° C., at a pressure of eight atmospheres. Cultures are then made of races attenuated in this way, upon chicken bouillon and allowed to develop for thirty days. Single injections of 0.1 c.c. each of such cultures are said to protect cattle.

Active immunization of small laboratory animals is very difficult, but can be accomplished by careful treatment with extremely attenuated cultures.

Passive immunization by means of the serum of actively immune animals was first successfully accomplished by Sclavo.[3]

The subject of passive immunization has been especially investigated and practically applied by Sobernheim.[4] The serum used is produced by actively immunizing sheep. It is necessary to carry immunization to an extremely high degree in order to obtain any appreciable protective power in the serum. This is accomplished by preliminary treatment with Pasteur's or other attenuated vaccines, followed by gradually increasing doses of fully virulent cultures. Treatment continued at intervals of two weeks, for two or three months, usually produces an effective serum. Horses and cattle may also be used for the process, but they are believed by Sobernheim to give less active sera than sheep. Bleeding is done about three weeks after the last injection. The sera are stable and easily preserved.

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[1] *Koch, Gaffky,* und *Loeffler,* Mitt. a. d. kais. Gesundheitsamt, 1884.

[2] *Chauveau,* Comptes rend. de l'acad. des sci., 1884.

[3] *Sclavo,* Cent. f. Bakt., xviii, 1895.

[4] *Sobernheim,* Zeit. f. Hyg., xxv, 1897; xxxi, 1899.

Injections of 20 to 25 c.c. of such a serum have been found to protect animals effectually from anthrax and to confer an immunity lasting often as long as two months. Animals already infected are said to be saved by treatment with 25 to 100 c.c. of the serum.

Neither specific bactericidal nor bacteriolytic properties have, so far, been demonstrated in these immune sera. In fact, these properties are distinctly more pronounced against Bacillus anthracis in the normal sera of rats and dogs. Agglutinins have not been satisfactorily demonstrated in sera, partly because of the great technical difficulties encountered in the active chain-formation of the bacillus in fluid media. An increase of opsonic power of such serum over normal serum has not been satisfactorily demonstrated.

Bacteria Closely Resembling Bacillus anthracis.—In most laboratory collections there are strains of true anthrax bacilli so attenuated that they are practically non-pathogenic. These do not differ from the virulent strains in any morphological or cultural characteristics. Besides such strains there are numerous non-virulent bacteria culturally not identical with Bacillus anthracis, but resembling it very closely.

B. ANTHRACOIDES (*Hueppe and Wood* [1]).—A Gram-positive bacillus, morphologically different from B. anthracis in that the ends are more rounded. Culturally, somewhat more rapid in growth and more rapid in gelatin fluidification. Non-pathogenic. Otherwise indistinguishable from B. anthracis.

B. RADICOSUS (*Wurzel Bacillus*).—Cultivated from water—city water supplies. Morphologically somewhat larger than Bacillus anthracis, and the individual bacilli more irregular in size. Very rapid fluidification of gelatin and growth most active at room temperature. Non-pathogenic.

B. SUBTILIS (*Hay Bacillus*).—Although not very closely related to the anthrax group, this bacillus is somewhat similar and conveniently described in this connection. It is of importance to workers with pathogenic bacteria, because of the frequency with which it is found as a saprophyte or secondary invader in chronic suppurative lesions.

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[1] *Hueppe* und *Wood*, Berl. klin. Woch., xvi, 1889.

Morphology.—Straight rod, 2 to 8 micra long, 0.7 micron wide. Spores formed usually slightly nearer one pole than the other. Grows in long chains and only in such chains are spores found. It does not decolorize by Gram's method. Is actively motile in young cultures in which the bacilli are single or in pairs. In older cultures chains are formed and the bacilli become motionless. Gelatin is liquefied. On gelatin and agar the bacilli grow as a dry corrugated pellicle. Microscopically, the colonies are made up of interlacing threads, being irregularly round with fringed edges. There is a tendency to confluence. The bacillus is found in brackish water, infusions of vegetable matter, etc., and is practically non-pathogenic, occurring only occasionally as a saprophyte in old sinuses and infected wounds.

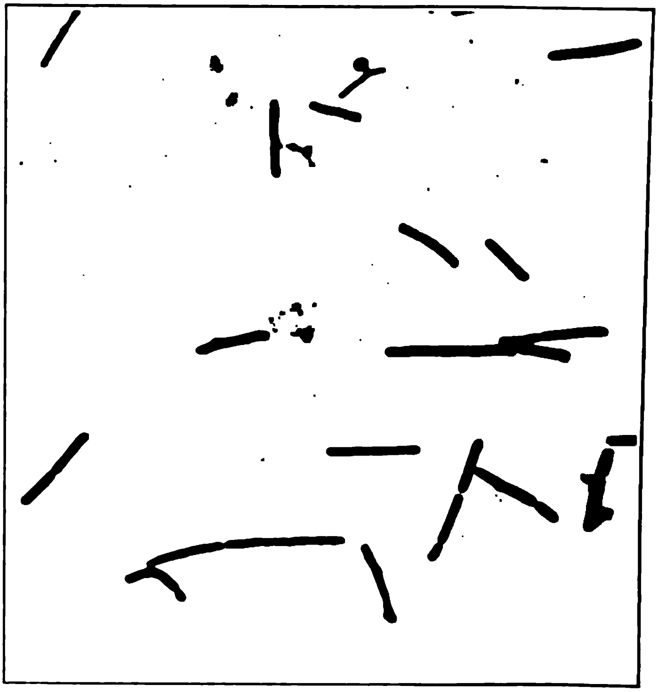

Fig. 125.—Bacillus Subtilis. (Hay Bacillus.)

CHAPTER XLI

BACILLUS PYOCYANEUS

It is a matter of common surgical experience that many suppurating wounds, especially sinuses of long standing, discharge pus which is of a bright green color. The fact that this peculiar type of purulent inflammation is due to a specific chromogenic microorganism was first demonstrated by Gessard [1] in 1882. The bacillus which was described by Gessard has since become the subject of much careful research and has been shown to hold a not unimportant place among pathogenic bacteria.[2]

Morphology and Staining.—Bacillus pyocyaneus is a short rod, usually straight, occasionally slightly curved, measuring, according to Flügge, about 1 to 2 micra in length by about 0.3 of a micron in thickness. The bacilli are thus small and slender, but are subject to considerable variation from the measurements given, even in one and the same culture. While ordinarily single, the bacilli may be arranged end to end in short chains of two and three. Longer chains may exceptionally be formed upon media which are especially unfavorable for its growth, such as very acid media or those containing antiseptics.

Spores are not found. The bacilli are actively motile and possess each a single flagellum placed at one end.

Bacillus pyocyaneus is stained easily with all the usual dyes, but is decolorized by Gram's method. Irregular staining of the bacillary body is common, but is always an indication of degeneration, and not a normal characteristic, as, for instance, in the diphtheria group.

Cultivation.—The pyocyaneus bacillus is aërobic and facultatively anaërobic. It can be adapted to absolutely anaërobic environments, but does not produce its characteristic pigment without the free access of oxygen. The bacillus grows readily upon the usual laboratory media and is not very sensitive to reaction, growing equally well upon moderately alkaline or acid media. Development takes place at temperatures as low as 18° to 20° C., more rapidly and luxuriantly at 37.5° C.

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[1] *Gessard*, Thèse de Paris, 1882.

[2] *Charrin*, "La maladie pyocyanique," Paris, 1889.

On *agar* slants, growth is abundant and confluent, the surface of the agar being covered by a moist, grayish or yellowish, glistening, even layer. The pigment which begins to become visible after about eighteen hours soon penetrates the agar itself and becomes diffused throughout it, giving the medium a bright green fluorescent appearance, which grows darker as the age of the culture increases.

In *gelatin stabs*, growth takes place much more rapidly upon the surface than in the depths. A rapid liquefaction of the gelatin takes place, causing a saucer-shaped depression. As this deepens, pigment begins to form in the upper layers, often visible as a greenish pellicle.

In *gelatin plates*, the colonies have a characteristic appearance. They are round and are composed of a central dense zone, and a peripheral, loosely granular zone, which extends outward into the peripheral fluidified area in a fringe of fine filaments. When first appearing, they are grayish yellow, later assuming the characteristic greenish hue.

In *broth*, growth is rapid and chiefly at the surface, forming a thick pellicle. Below this, there is moderate clouding. The pigment is formed chiefly at the top. In old cultures there is a heavy flocculent precipitate. In fluid media containing albuminous material, strong alkalinity is produced.

On *potato*, growth develops readily and a deep brownish pigment appears, which is not unlike that produced by B. mallei upon the same medium.

Milk is coagulated by precipitation of casein and assumes a yellowish-green hue. In older cultures the casein may again be digested and liquefied

The pigment of Bacillus pyocyaneus has been the subject of much investigation. It was shown by Charrin [1] and others that this pigment had no relation to the pathogenic properties of the bacillus. It is found in cultures as a colorless leukobase which assumes a green color on the addition of oxygen. Conversely, the typical green "pyocyanin," as the pigment is called, may be decolorized by reducing substances. This explains the fact that it is not found in cultures sealed from the air. Pyocyanin may be extracted from cultures with chloroform and crystallized out of such solution in the form of blue stellate crystals. These, on chemical analysis, have been found to belong to the group of aromatic compounds, with a formula, according to Ledderhose,[2] of $C_{14}H_{14}N_2O$.

Besides pyocyanin, Bacillus pyocyaneus produces another pigment which is fluorescent and insoluble in chloroform, but soluble in water.[1] This pigment is common to other fluorescent bacteria, and not peculiar to Bacillus pyocyaneus. The reddish-brown color seen in old cultures[2] and supposed by some writers to be a third pigment, is probably a derivative from pyocyanin by chemical change.

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[1] *Charrin*, loc. cit.

[2] *Ledderhose*, quoted from Boland Cent. f. Bakt., xxv, 1889.

Chloroform extraction of pyocyanin from cultures may serve occasionally to distinguish the pyocyaneus bacilli from other similar fluorescent bacteria. Ernst has claimed that there are two types of B. pyocyaneus, an α-type which produces only the fluorescent, water-soluble pigment, and a β-type which produces both this and pyocyanin.[3]

Pathogenicity.—Bacillus pyocyaneus is one of the less virulent pathogenic bacteria. It is widely distributed in nature and may be found frequently as a harmless parasite upon the skin or in the upper respiratory tracts of animals and men. It has, however, occasionally been found in connection with suppurative lesions of various parts of the body, often as a mere secondary invader in the wake of another incitant, or even as the primary cause of the inflammation. In most cases where true pyocyaneus infection has taken place, the subject is usually one whose general condition and resistance are abnormally low.[4] Thus pyocyaneus may be the cause of chronic otitis media in ill-nourished children. It has been cultivated out of the stools of children suffering from diarrhea, and has been found at autopsy generally distributed throughout the organs of children dead of gastro-enteritis.[5] It has been cultivated from the spleen at autopsy from a case of general sepsis following mastoid operation. The bacillus has been found, furthermore, during life in pericardial exudate and in pus from liver abscesses.[6]

Brill and Libman,[7] as well as Finkelstein,[8] have cultivated B. pyocyaneus from the blood of patients suffering from general sepsis. Wassermann [9] showed the bacillus to have been the etiological factor in an epidemic of umbilical infections in new-born children. Similar examples of B. pyocyaneus infection in human beings might be enumerated in large numbers, and there is no good reason to doubt that, under given conditions, fatal infections may occur. Such cases, however, are still to be regarded as depending more upon the low resistance of the individual attacked than upon the great pathogenicity of B. pyocyaneus.

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[1] *Boland*, loc. cit.

[2] *Gessard*, Ann. de l'inst. Pasteur, 1890, 1891, and 1892.

[3] *Ernst*, Zeit. f. Hyg., ii, 1887.

[4] *Rohner*, Cent. f. Bakt., xi, 1892.

[5] *Neumann*, Jahrb. f. Kinderheilk., 1890.

[6] *Kraunhals*, Zeit. f. Chir., xxxvii, 1893.

[7] *Brill* and *Libman*, Amer. Jour. Med. Sci., 1899.

[8] *Finkelstein*, Cent. f. Bakt., 1899.

[9] *Wassermann*, Virchow's Arch., clxv, 1901.

Many domestic animals are susceptible to experimental pyocyaneus infection, chief among these being rabbits, goats, mice, and guinea-pigs. Guinea-pigs are killed by this bacillus with especial ease. Intraperitoneal inoculation with a loopful of a culture of average virulence usually leads to the death of a young guinea-pig within three or four days.

Toxins and Immunization.—Emmerich and Löw have shown that filtrates of old broth cultures of B. pyocyaneus contain a ferment-like substance which possesses the power to destroy some other bacteria, apparently by lysis. They have called this substance "pyocyanase" and claim that, with it, they have succeeded in protecting animals from anthrax infection. During recent years pyocyanase has been employed locally for the removal of diphtheria bacilli from the throats of convalescent cases. Broth-culture filtrates evaporated to one-tenth their volume *in vacuo* are used for this purpose.

Pyocyanase is exceedingly thermostable, resisting boiling for several hours, and is probably not identical with any of the other toxins or peptonizing ferments produced by B. pyocyaneus.

The toxins proper of B. pyocyaneus have been the subject of much investigation, chiefly by Wassermann.[1] Wassermann found that filtrates of old cultures were far more poisonous for guinea-pigs than extracts made of dead bacteria. He concludes from this and other observations that B. pyocyaneus produces both an endotoxin and a soluble secreted toxin. The toxin is comparatively thermostable, resisting 100° C. for a short time. Animals actively immunized with living cultures of B. pyocyaneus give rise in their blood serum to bacteriolytic antibodies only. Immunized with filtrates from old cultures, on the other hand, their serum will contain both bacteriolytic and antitoxic substances. The true toxin of B. pyocyaneus never approaches in strength that of diphtheria or of tetanus. Active immunization of animals must be done carefully if it is desired to produce an immune serum, since repeated injections cause great emaciation and general loss of strength. Specific agglutinins have been found in immune sera by Wassermann[2] and others. Eisenberg[3] claims that such agglutinins are active also against some of the fluorescent intestinal bacteria.

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[1] *Wassermann*, Zeit. f. Hyg., xxii, 1896. [2] *Wassermann*, Zeit. f. Hyg., 1902.

[3] *Eisenberg*, Cent. f. Bakt., 1903.

Bulloch and Hunter[1] have recently been able to show that old broth cultures of B. pyocyaneus contain a substance capable of hemolyzing the red blood corpuscles of dogs, rabbits, and sheep. This "pyocyanolysin" seems intimately attached to the bacterial body. Prolonged heating of cultures does not destroy it. Heating of hemolytic filtrates, however, destroys it in a short time. The filtration of young cultures yields very little pyocyanolysin in the filtrate. In old cultures, however, a considerable amount passes into the filtrate. Whether or not the hemolytic power is due to a specific bacterial product or is dependent upon changes in the culture fluid, such as alkalinization, etc., can not yet be regarded as certain.

Gheorghiewski[2] claims to have found a leucocyte-destroying ferment in pyocyaneus cultures.

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[1] *Bulloch* und *Hunter*, Cent. f. Bakt., xxviii, 1900.

[2] *Gheorghiewski*, Ann. de l'inst. Pasteur, xiii, 1899.

CHAPTER XLII

ASIATIC CHOLERA AND THE CHOLERA ORGANISM

(*Spirillum choleræ asiaticæ, Comma Bacillus*)

THE organism of Asiatic cholera was unknown until 1883. In this year, Koch,[1] at the head of a commission established by the German government to study the disease in Egypt and India, discovered the "comma bacillus" in the defecations of patients, and satisfactorily determined its etiological significance.

Koch's investigations were carried out on a large number of cases and many investigations have since then corroborated his results. The numerous morphologically similar spirilla which were later found in normal individuals and in connection with other conditions, have been shown by accurate bacteriological methods to be closely related, but not identical.

Apart from the evidence of the constant association of the cholera vibrio with the disease, the etiological relationship has been clearly demonstrated by several accurately recorded accidental infections occurring in bacteriological workers, and by the famous experiment of Pettenkofer and Emmerich, who purposely drank water containing cholera bacilli. Both observers became seriously ill with typical clinical symptoms of cholera, and one of them narrowly escaped death.

Morphology and Staining.—The vibrio or spirillum of cholera is a small curved rod, varying from one to two micra in length. The degree of curvature may vary from the slightly bent, comma-like form to a more or less distinct spiral with one or two turns. The spirals do not lie in the same plane, being arranged in corkscrew fashion in three dimensions. The spirillum is actively motile and owes its motility to a single polar flagellum, best demonstrated by Van Ermengem's flagella stain. Spores are not found. In young cultures the comma shapes predominate, in older growths the longer forms are more numerous. Strains which have been cultivated artificially for prolonged periods without passage through the animal body have a tendency to lose the curve, assuming a more bacillus-like appearance. The spirilla are stained with all the usual aqueous anilin dyes. They are decolorized by Gram's method. In histological section they are less easily stained, but may be demonstrated by staining with alkaline methylene blue.

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[1] *Koch,* Deut. med. Woch., 1883 and 1884.

Cultivation.—The cholera spirillum grows easily upon all the usual culture media, thriving upon meat-extract as well as upon meat-infusion media. Moderate alkalinity of the media is preferable, though slight acidity does not prevent growth.

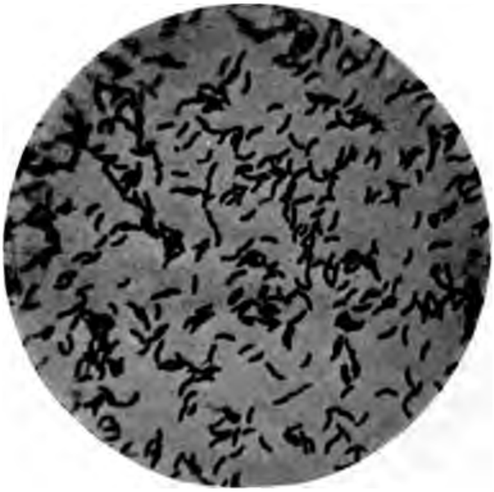

FIG. 126.—CHOLERA SPIRILLUM. (After Fränkel and Pfeiffer.)

In *gelatin plates* growth appears at room temperature within twenty-four hours as small, strongly refracting yellowish-gray, pin-head colonies. As growth increases the gelatin is fluidified. Under magnification these colonies appear coarsely granular with margins irregular because of the liquefaction. Liquefaction, too, causes a rapid development in such colonies of separate concentric zones of varying refractive power. Old strains, artificially cultivated for long periods, lose much of their liquefying power.

In *gelatin stab cultures* fluidification begins at the surface, rapidly giving rise to the familiar funnel-shaped excavation.

Upon *agar plates*, within eighteen to twenty-four hours, grayish, opalescent colonies appear, which are easily differentiated by their transparency from the other bacteria apt to appear in feces. Agar plates, therefore, are important in the isolation of these organisms.

Coagulated blood serum is fluidified by the cholera vibrio. On *potato*, growth is profuse and appears as a brownish coarse layer. In *milk*, growth is rapid and without coagulation. In *broth*, general clouding and the formation of a pellicle result. The rapidity and luxuriance of growth of the cholera spirillum upon *alkaline pepton solutions* render such solutions peculiarly useful as enriching media in isolating this microorganism from the stools of patients. In pepton solution, too, the cholera spirillum gives rise to abundant indol, demonstrated in the so-called "cholera-red" reaction. This reaction has a distinct diagnostic value, but is by no means specific.[1] In the case of the cholera vibrio the mere addition of strong sulphuric acid suffices to bring out the color reaction. This is due to the fact that, unlike some other indol-producing bacteria, the cholera organism is able to reduce the nitrates present in the medium to nitrites, thus itself furnishing the nitrite necessary for the color reaction. The medium which is most suitable for this test is that proposed by Dunham,[2] consisting of a solution of one per cent of pure pepton and five-tenths per cent NaCl in water.

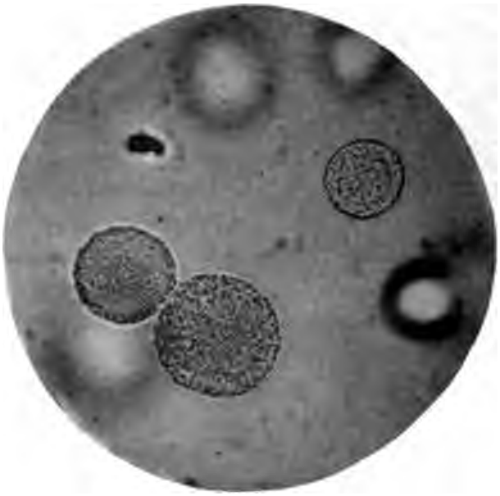

FIG. 127.—COLONIES OF SPIRILLUM CHOLERÆ ON GELATIN PLATE, THIRTY HOURS OLD. (After Fränkel and Pfeiffer.)

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[1] See indol reaction, p. 167.

[2] *Dunham*, Zeit. f. Hyg., ii, 1887.

Isolation.—Isolation of the cholera vibrio from the feces, while easy in many cases, is occasionally attended with some difficulty owing to the large number of other bacteria present. The most satisfactory method of procedure is to inoculate a set of gelatin plates, another of agar plates, and a number of Dunham's pepton-broth tubes, with small quantities of the suspicious material. When the spirilla are numerous they can frequently be fished directly from suspicious colonies in the plates and isolated for further identification. When less numerous, they can usually be found in relatively increased numbers after eight or ten hours at 37.5° C. in the topmost layers of the Dunham broth, which is an almost selectively favorable medium for these organisms. They collect at the surface where free oxygen is readily obtained. From the pepton broth, plate dilutions can then be prepared and colonies fished.[1] Once isolated, the spirilla are identified by their morphology, by the appearance of their colonies, by their manner of growth upon gelatin stabs, by the cholera-red reaction, and, finally, by agglutinative and bacteriolytic tests in immune sera. Owing to the existence of other spirilla morphologically and culturally similar, the serum reactions are the only absolutely positive differential criteria.

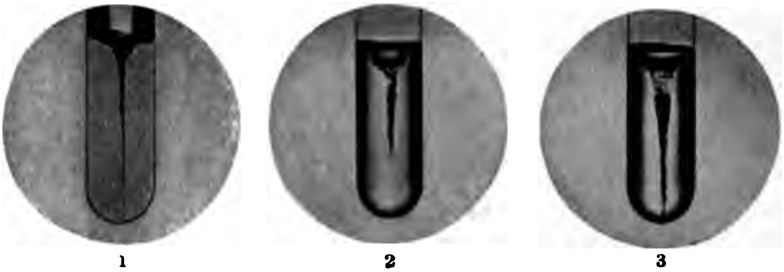

FIG. 128.—CHOLERA SPIRILLUM. Stab Cultures in Gelatin: 1. Two days old. 2. Three days old. 3. Six days old. (After Fränkel and Pfeiffer.)

For isolation of the bacteria from water, it is, of course, necessary to use comparatively large quantities. Flügge [2] and Bitter advise the distribution of about a liter of water in ten or twelve Erlenmeyer flasks. To each of these they add 10 c.c. of sterile pepton-salt solution (pepton ten per cent, NaCl five per cent). After eighteen hours at 37.5° C. the surface growths in these flasks are examined both microscopically and culturally as before.

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[1] *Abel* und *Claussen*, Cent. f. Bakt., xvii, 1895.

[2] *Flügge*, Zeit. f. Hyg., xiv, 1893.

Biological Considerations.—The cholera spirillum is aërobic and facultatively anaërobic. It does not form spores. The optimum temperature for its growth is about 37.5° C. It grows easily, however, at a temperature of 22° C. and does not cease to grow at temperatures as high as 40°. Frozen in ice, these bacteria may live for about three or four days. Boiling destroys them immediately. A temperature of 60° C. kills them in an hour. In impure water, in moist linen, and in food stuffs, they may live for many days. Associated with saprophytes in feces and other putrefying material, and wherever active acid formation is taking place, they are destroyed within several days. Complete drying kills them in a short time. The common disinfectants destroy them in weak solutions and after short exposures (carbolic acid, five-tenths per cent in one-half hour; bichlorid of mercury, 1 : 100,000 in ten minutes; mineral acids, 1 : 5,000 or 10,000 in a few minutes).[1]

Pathogenicity.—Cholera is essentially a disease of man. Endemic in India and other Eastern countries, it has from time to time epidemically invaded large territories of Europe and Asia, not infrequently assuming pandemic proportions and sweeping over almost the entire earth.[2] Five separate cholera epidemics of appalling magnitude occurred during the nineteenth century alone; several of these, spreading from India to Asia Minor, Egypt, Russia, and the countries of Central Europe, reached even to North and South America. The last great epidemic began about 1883, traveled gradually westward, and in 1892 reached Germany where it appeared with especial virulence in Hamburg, and thence, following the highways of ocean commerce, entered America and Africa. During this epidemic in Russia alone 800,000 people fell victims to the disease.

In man the disease is contracted by ingestion of cholera organisms with water, food, or any contaminated material. The disease is essentially an intestinal one. The bacteria, very sensitive to an acid reaction, may often, if in small numbers, be checked by the normal gastric secretions. Having once passed into the intestine, however, they proliferate rapidly, often completely outgrowing the normal intestinal flora. Fatal cases, at autopsy, show extreme congestion of the intestinal walls.

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[1] *Forster*, Hyg. Rundschau, 1893.

[2] *Hirsch*, "Handb. d. histor.-geogr. Path.," 1881.

Occasionally ecchymosis and localized necrosis of the mucosa may be present and swelling of the solitary lymph-follicles and Peyer's patches. Microscopically the cholera spirilla may be seen to have penetrated the mucosa and to lie within its deepest layers close to the submucosa. The most marked changes usually take place in the lower half of the small intestine. The intestines are filled with the characteristically fluid, slightly bloody, or "rice-water" stools, from which often pure cultures of the cholera vibrio can be grown. The microorganisms can be cultivated only from the intestines and their contents, and the parenchymatous degenerations taking place in other organs must be interpreted as being purely of toxic origin.

In animals, cholera never appears as a spontaneous disease. Nikati and Rietsch [1] have succeeded in producing a fatal disease in guinea-pigs by opening the peritoneum and injecting cholera spirilla directly into the duodenum. Koch [2] succeeded in producing a fatal cholera-like disease in animals by introducing infected water into the stomach through a catheter after neutralization of the gastric juice with sodium carbonate. At the same time, he administered opium to prevent active peristalsis. A method of infection more closely analogous to the infection in man was followed by Metchnikoff,[3] who successfully produced fatal disease in young suckling rabbits by contaminating the maternal teat.

Subcutaneous inoculation of moderate quantities of cholera spirilla into rabbits and guinea-pigs rarely produces more than a temporary illness. Intraperitoneal inoculation, if in proper quantities, generally leads to death. It will be remembered that when working with intraperitoneal cholera inoculations the phenomenon of bacteriolysis was discovered by Pfeiffer.[4]

Different strains of cholera spirilla vary greatly in their virulence. The virulence of most of them, however, can be enhanced by repeated passages through animals. Most of our domestic animals enjoy considerable resistance against cholera infection, though under experimental conditions successful inoculations upon dogs, cats, and mice have been reported. Doves are entirely insusceptible.[5]

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[1] *Nikati* und *Rietsch*, Deut. med. Woch., 1884.

[2] *Koch*, Deut. med. Woch., 1885.

[3] *Metchnikoff*, Ann. d. l'inst. Pasteur, 1894 and 1896.

[4] *Pfeiffer*, loc. cit.

[5] *Pfeiffer* und *Nocht*, Zeit. f. Hyg., vii, 1889.

Hygienic Considerations.—The cholera spirillum leaves the body of the infected subject with the defecations only. Infection takes place, so far as we know, only by way of the mouth. From these two facts it follows that the chief source of danger for a community lies in infection of its water supply. As a matter of fact the bacteria have been frequently found in the wells, lakes, rivers, and harbors of afflicted territories and in several cases it has been possible to define the limits of an epidemic almost precisely by the distribution of the contaminated water supply. A classic example of this is that of the Hamburg epidemic, during which Altona, a town as close to Hamburg as Brooklyn is to New York, with unrestricted interurban traffic but with separate water supply, was almost spared, while Hamburg itself was undergoing one of the most virulent epidemics of its history. It has been statistically noted, moreover, chiefly by Koch, that cholera in its spread not infrequently follows the water courses. Apart from infection through the water supply, cholera may be transmitted directly or indirectly by contact with contaminated linen, bedclothes, etc., the organism being conveyed to the mouth by the fingers, or by infected food. Epidemics due to this mode of infection alone, however, are apt to be more narrowly localized and more sporadic in their manifestations. It is probable that this mode of infection is of great importance in countries where the disease is endemic, but its significance in producing epidemics is limited owing to the fortunately low resistance of the spirillum to desiccation. The sudden appearance of cholera in a place far distant from the seat of a prevalent epidemic may be explained by the occasional presence of cholera spirilla in the dejecta of convalescents as late as two or three weeks after apparent recovery from the disease and consequent release from quarantine.

Cholera Toxin.—The absence of the cholera spirilla from the internal organs of fatal cases, in spite of the severe general symptoms of the disease, points distinctly to the existence of a strong poison produced in the intestine by the microorganisms and absorbed by the patient. It was in this sense, indeed, that Koch first interpreted the clinical picture of cholera. Numerous investigations into the nature of these toxins have been made, the earlier ones defective in that definite identification of the cultures used for experimentation was not carried out.

Pfeiffer,[1] in 1892, was able to show that filtrates of young bouillon cultures of cholera spirilla were but slightly toxic, whereas the dead bodies of carefully killed agar cultures were fatal to guinea-pigs even in small quantities. In consequence, he regarded the cholera poison as consisting chiefly of an endotoxin.[1] The opinion as to the endotoxic nature of the cholera poison is not, however, shared by all workers. Metchnikoff, Roux, and Salimbeni,[2] in 1896, succeeded in producing death in guinea-pigs by introduction into their peritoneal cavities of cholera cultures inclosed in celloidin sacs. Brau and Denier,[3] and, more recently, Kraus,[4] claim that they have succeeded not only in demonstrating a soluble toxin in alkaline broth cultures of cholera spirilla, but in producing true antitoxins by immunization with such cultures. It appears, therefore, that the poisonous action of the cholera organisms may depend both upon the formation of true secretory toxins and upon endotoxins. Which of these is paramount in the production of the disease can not be at present definitely stated. In favor of the great importance of the endotoxic elements is the failure, thus far, to obtain successful therapeutic results with supposedly antitoxic sera.

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[1] *Pfeiffer*, Zeit. f. Hyg., xi, 1892.

Cholera Immunization.—One attack of cholera confers protection against subsequent infection. Active immunization of animals may be accomplished by inoculation of dead cultures, or of small doses of living bacteria. In the serum of immunized animals specific bacteriolytic and agglutinating substances are found. The discovery of bacteriolytic immune bodies, in fact, was made by means of cholera spirilla. Both the bacteriolysins and the agglutinins, because of their specificity, are of great importance in making a bacteriological diagnosis of true cholera organisms.

Protective inoculation of man has been variously attempted by Ferran[5] and others. Experiments on a large scale were done, more recently, by Haffkine,[6] who succeeded in producing an apparently distinct prophylactic immunization by the subcutaneous inoculation of dead cholera cultures. Similar immunization with bacterial filtrates has been attempted by Bertarelli.[7]

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[1] *Pfeiffer* und *Wassermann*, Zeit. f. Hyg., xiv, 1893.

[2] *Metchnikoff*, *Roux* et *Salimbeni*, Ann. de l'inst. Pasteur, 1896.

[3] *Brau* et *Denier*, Comptes rend. de l'acad. des sci., 1906.

[4] *R. Kraus*, Cent. f. Bakt., 1906.

[5] *Ferran*, Comptes rend. de l'acad. des sciences, 1885.

[6] *Haffkine*, Bull. méd., 1892.

[7] *Bertarelli*, Deut. med. Woch., 33, 1904.

CHOLERA-LIKE SPIRILLA

The biological group of the vibriones, to which the cholera spirillum belongs, is a large one, numbering probably over a hundred separate species. Most of these are of bacteriological importance chiefly because of the difficulties which they add to the task of differentiation, for while some of them simply bear a morphological resemblance to the true cholera vibrio, others can be distinguished only by their serum reactions and pathogenicity for various animals. Additional difficulty, too, is contributed by the fact that within the group of true cholera organisms occasional variations in agglutinability and bacteriolytic reactions may exist. Certain strains, too, the six El Tor cultures isolated by Gottschlich, while in every respect similar to true cholera spirilla, are considered as a separate sub-species by Kraus,[1] because of their ability to produce hemolytic substances, a function lacking in other cholera strains.

Spirillum Metchnikovi.—This spirillum was discovered by Gamaleia[2] in the feces and blood of domestic fowl, in which it had caused an intestinal disease. Morphologically and in staining reactions it is identical with Spirillum choleræ asiaticæ. It possesses a single polar flagellum, and is actively motile. Culturally it is identical with Vibrio choleræ except for slightly more luxuriant growth and more rapid fluidification of gelatin. It gives the cholera-red reaction in pepton media.

It is differentiated from the cholera vibrio by its power to produce a rapidly fatal septicemia in pigeons after subcutaneous inoculation of minute quantities.[3] It is much more pathogenic for guinea-pigs than the cholera vibrio. It is not subject to lysis or agglutinated by cholera immune sera.

Spirillum Massaua.—This organism was isolated at Massaua by Pasquale[4] in 1891 from the feces of a clinically doubtful case of cholera. Culturally and morphologically it is much like the true cholera vibrio, but in pathogenicity is closer to Spirillum Metchnikovi, in that small quantities produce septicemia in birds. It possesses four flagella. It does not give a specific serum reaction with cholera immune serum.

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[1] *Kraus*, Kraus und Levaditi, "Handbuch," vol. i, p. 186.

[2] *Gamaleia*, Ann. de l'inst. Pasteur, 1883.

[3] *Pfeiffer* und *Nocht*, Zeit. f. Hyg., vii, 1889.

[4] *Pasquale*, Giorn. med. de r. eserc. ed. R. Marina, Roma, 1891

Spirillum of Finkler-Prior.[1]—Isolated by Finkler and Prior from the feces of a case of cholera nostras. Morphologically it is like the true cholera spirillum, though slightly larger and less uniformly curved. Culturally it is much like the cholera vibrio, but grows more rapidly and thickly upon the usual media. It does not give the cholera-red reaction, nor does it give specific serum reactions with cholera immune serum.

Spirillum Deneke.[2]—A vibrio isolated by Deneke from butter. Much like that of Finkler-Prior. It does not give the cholera-red reaction.

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[1] *Finkler* und *Prior*, Ergänz. Hefte, Cent. f. allg. ges. Phys., 1884.

[2] *Deneke*, Deut. med. Woch., iii, 1885.

CHAPTER XLIII

DISEASES CAUSED BY SPIROCHÆTES

THE microorganisms known as spirochætes are slender, undulating, corkscrew-like threads which show definite variations both structurally and culturally from the bacteria as a class. Most important among them are the spirochæte of relapsing fever, Spirochæte pallida of syphilis, the spirillum of Vincent, Spirochæte refringens, Spirillum gallinarum, a microorganism which causes disease in chickens, Spirochæte anserina, which causes a similar condition in geese, and several species which have been found as parasites, both in animals and in man, without having definite etiological connection with disease.

The classification of these various species in one group is rather more a matter of convenience than one of scientific accuracy, since our knowledge of them is not far advanced, and our inability to cultivate almost all of them has not permitted their detailed biological study. Formerly many of these organisms were regarded as bacteria belonging to the general group of the spirilla. Recently Schaudinn,[1] the discoverer of the syphilis spirochæte, has claimed, upon the basis of a careful morphological study, that many of these forms are actually protozoa. He based this claim upon the observation that stained preparations often showed undulating membranes extending along the long axis of the microorganisms and that definite nuclear structures were demonstrable. This observer also claimed that many of the spiral forms reproduce by cleavage along the longitudinal axis. Other observers have not agreed with this view. Laveran,[2] Novy and Knapp,[3] and others asserting that their own observations indicate a close relationship of these microorganisms to the true bacteria. Whatever the final conclusion may be, the question is more or less an academic one, in that our ideas as to the exact line of division between the unicellular animals and the unicellular plants is not by any means founded upon a sound basis. In common with the bacteria, most of these microorganisms have the power of multiplication by transverse fission. They possess flagella and, in the case of some of them at least, definite immune bodies can be demonstrated in the serum of infected subjects similar to those produced by bacteria during infection. The undulating membranes and the definite differentiation between nucleus and cytoplasm claimed for them by some observers have not been uniformly confirmed, and their similarity to the trypanosomes has not therefore been established. On the other hand, none of these microorganisms has so far been successfully cultivated upon artificial media, with the exception of the spirilla which occur in Vincent's angina. For some of the diseases caused by this class of parasites, moreover, transmission by an intermediate host, in which the spirilla undergo multiplication, has been definitely shown, a fact which corresponds with the conditions observed in many protozoan infections. Upon a careful review of these various data, it seems to be fully justified, on the basis of our present knowledge, to group these microorganisms, as Kolle and Hetsch[1] have done, in a class intermediate between bacteria and protozoa.

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[1] *Schaudinn*, Arb. a. d. kais. Gesundheitsamt, 1904.

[2] *Laveran*, Comptes rend. de l'acad. des sci., 1902 and 1903.

[3] *Novy* and *Knapp*, Jour. of Infec. Dis., 3, 1906.

The terms spirochæte and spirillum have been indiscriminately used. In the original classification of Migula the difference between the two groups was based upon the rigidity of the cell body in the case of the spirilla and the sinuous or flexible nature of the cell in the case of the spirochætæ. Although the term spirillum is still colloquially used for some members of this group, merely because of past usage, it would be better to speak of all the microorganisms here grouped together by the term "spirochætæ."

SYPHILIS AND SPIROCHÆTE PALLIDA

The peculiar manifestations of syphilis, its mode of transmission, and the fact that its primary lesion was always located at the point of contact with a preceding case, have always stamped it as unquestionably infectious in nature. Until very recently the microorganism which gives rise to syphilis was unknown. Many bacteriologists had attacked the problem and many microorganisms for which definite etiological importance was claimed had been described. Most of these announcements, however, aroused little more than a sensational interest and received no satisfactory confirmation. A bacillus described by Lustgarten[1] in 1884 seemed, for a time, to have solved mystery. The Lustgarten bacillus was an acid-fast organism very si lar to Bacillus tuberculosis, and found by its discoverer in a large nu ber of syphilitic lesions. The observation, at first, aroused much inter and received some confirmation. Later extensive investigations, ho

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[1] *Kolle* und *Hetsch*, "Die experimentelle Bakt.," Berlin, 1906.

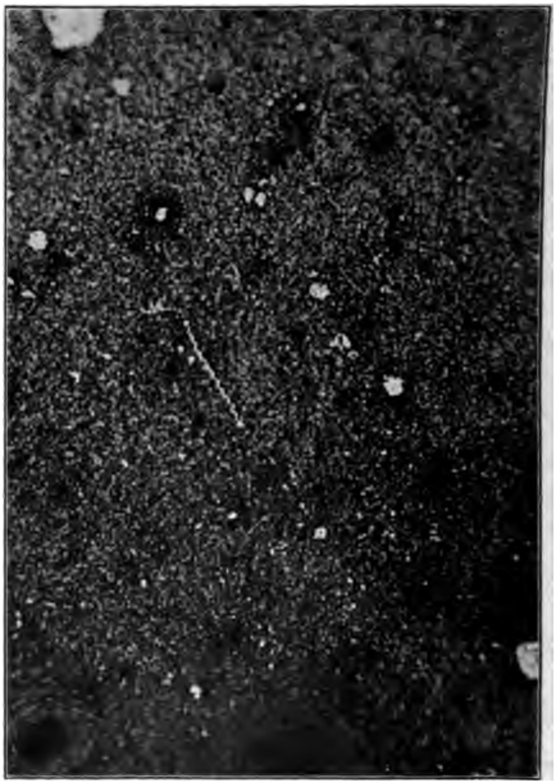

Fig. 129.—Spirochæte pallida. Smear preparation from chancre stain by the india-ink method.

ever, failed to uphold the etiological relationship of this bacillus to disease and practically identified it with the smegma bacillus, so of a saprophyte upon the mucous membranes of the normal genitals.

In 1905, Schaudinn,[2] a German zoologist, working in collaborat with Hoffmann, investigated a number of primary syphilitic indurations and secondarily enlarged lymph nodes, and in both lesions discovered a spirochæte similar to, but easily distinguished from, the spirochætæ already known. He failed to find similar microorganisms in uninfected human beings.

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[1] *Lustgarten*, Wien. med. Woch., xxxiv, 1884.

[2] *Schaudinn* und *Hoffmann*, Arb. a. d. kais. Gesundheitsamt, 22, 1905.

The microorganism described by him as "Spirochæte pallida" is an extremely delicate undulating filament measuring from four to ten micra in length, with an average of seven micra, and varying in thickness from an immeasurable delicacy to about 0.5 of a micron. It is thus distinctly smaller and more delicate than the spirochæte of relasping fever. Examined in fresh preparations it is distinctly motile, its movements consisting in a rotation about the long axis, gliding movements backward and forward, and, occasionally, a bending of the whole body. Its convolutions, as counted by Schaudinn, vary from 3 to 12 and differ from those observed in many other spirochætæ by being extremely steep, or, in other words, by forming acute, rather than obtuse, angles. The ends of the microorganism are delicately tapering and come to a point. In his first investigations, Schaudinn was unable to discover flagella and believed that he saw a marginal undulating membrane similar to that noticed in the trypanosomes. Later observations by this observer, as well as by others, revealed a delicate flagellum at each end, but left the existence of an undulating membrane in doubt. Uncertain, in his later investigations, whether the microorganisms described by him could scientifically be classified with the spirochætæ proper, Schaudinn suggested the name of "Treponema pallidum."

In the same preparations in which Spirochæte pallida was first seen, other spirochætæ were present, which were easily distinguished from the former by their coarser contours, their flatter and fewer undulations, their more highly refractile cell bodies, and, in stained preparations, their deeper color. These microorganisms were not found regularly, and were interpreted merely as fortuitous and unimportant companions. To them Schaudinn gave the name of "*Spirochæte refringens.*"

The epoch-making discovery of Schaudinn and Hoffmann was soon confirmed by many observers, and the etiological relationship of Spirochæte pallida to syphilis may now be regarded as an accepted fact. Although our inability to cultivate the microorganism has made it impossible to carry out Koch's postulates, nevertheless indirect evidence of such a convincing nature has accumulated that no reasonable doubt as to its causative importance can be retained. The spirochætæ have been found constantly present in the primary and secondary lesions of all carefully investigated cases, and, so far, have invariably been absent in subjects not afflicted with syphilis.

Schaudinn himself, not long after his original communication, was able to report seventy cases of primary and secondary syphilis in which these microorganisms were found. Spitzer[1] found them constantly present in a large number of similar cases. Sobernheim and Tomasczewski[2] found the spirochætes in fifty cases of primary and secondary syphilis, but failed to find them in eight tertiary cases. Mulzer,[3] who found the microorganisms invariably in twenty cases of clinical syphilis, failed to find them in fifty-six carefully investigated non-syphilitic subjects. The voluminous confirmatory literature which has accumulated upon the subject can not here be reviewed. The presence of these spirochætæ in the blood at certain stages of the disease has been demonstrated by Bandi and Simonelli[4] who found them in the blood taken from the roseola spots, and by Levaditi and Petresco[5] who found them in the fluid of blisters produced upon the skin.

In tertiary lesions the spirochætæ have been found less regularly than in the primary and secondary lesions, but positive evidence of their presence has been brought by Tomasczewski,[6] Ewing,[7] and others who succeeded in demonstrating them in gummata.

In congenital syphilis, many observers have found Spirochæte pallida in the lungs, liver, spleen, pancreas, and kidneys, and, in isolated cases, in the heart muscle. The organisms were always present in large numbers and practically in pure culture. These results more than any others seem to furnish positive proof of the etiological relationship between the spirochæte and the disease.

Demonstration of Spirochæte pallida.—In the living state the spirochætes have been observed in the hanging drop or under a cover-slip rimmed with vaseline. It is extremely important, in preparing such specimens from primary lesions or from lymph glands, to obtain the material from the deeper tissues, and thus as uncontaminated as possible by the secondary infecting agents present upon the surface of an ulcer, and also as free from blood as possible. An ordinary microscope and condenser may be used, provided that the light is cut down considerably by means of the iris diaphragm. This method is, however, difficult and uncertain. It is better to employ a special device, known as a "condenser for dark-field illumination" (Dunkel-Kammer-Beleuchtung). This apparatus is screwed into the place of the Abbe condenser. The preparation is made upon a slide and covered with a cover-slip as usual. A drop of oil is then placed upon the upper surface of the dark chamber and the slide laid upon it so that an even layer of oil, without air-bubbles, intervenes between the top of the dark chamber and the bottom of the slide. The preparation is then best examined with a high-power dry lens. An arc light furnishes the most favorable illumination. In such preparations the highly refractive cell-bodies stand out against the black background, and the motility of the organisms may be observed.[1]

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[1] *Spitzer*, Wien. klin. Woch., 1905.

[2] *Sobernheim* und *Tomasczewski*, Münch. med. Woch., 1905.

[3] *Mulzer*, Berl. klin. Woch., 1905, and Archiv f. Dermat. u. Syph., 79, 1906.

[4] *Bandi* und *Simonelli*, Cent. f. Bakt., 40, 1905.

[5] *Levaditi* and *Petresco*, Presse méd., 1905.

[6] *Tomasczewski*, Münch. med. Woch., 1906.

[7] *Ewing*, Proc. N. Y. Path. Soc., N. S., 5, 1905.

EXAMINATION IN SMEARS.—The Spirochæte pallida can not be stained with the weaker anilin dyes, and even more powerful dyes, such as carbol-fuchsin and gentian-violet, give but a pale and unsatisfactory preparation. The staining method most commonly used is the one originally recommended by Schaudinn and Hoffmann. This depends upon the use of Giemsa's azur-eosin stain employed in various modifications. The most satisfactory method of applying this solution is as follows:

Make smears upon slides or cover-slips, if possible from the depth of the lesions, as free as possible from blood.

Fix in methyl alcohol for ten to twenty minutes and dry.

Cover the preparation with a solution freshly prepared as follows:

Distilled water	10 c.c.
Potassium carbonate 1 : 1,000	5–10 gtt.

Add to this:

Giemsa's solution (*Für Romanowski Färbung*)	10–12 gtt.

This staining fluid is left on for one to four hours, preferably in a moist chamber.

Wash in running water.

Blot.

By this method Spirochæte pallida is stained characteristically with a violet or reddish tinge.

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[1] For a critical summary of the various methods of dark-field illumination, the reader is referred to an article by *Siedentopf*, Zeit. f. wiss. Mikrosc., xxv., 1908.

A rapid and convenient method for staining such smears consists in the use of azur I and eosin in aqueous solutions as recommended by Wood (see section on Staining, page 109). The smears are fixed in methyl alcohol as before and are then flooded with the azur I solution. The eosin solution is then dropped on the preparation until an iridescent pellicle begins to form. Satisfactory preparations may be obtained by this method after ten or fifteen minutes of staining.

Goldhorn[1] has prepared a stain which gives excellent results and is extremely rapid. He describes the preparation of his staining fluid as follows:

One gram of lithium carbonate is dissolved in 200 c.c. of water. To this are added 2 grams of methylene-blue and the mixture is carefully heated, filtered, and divided into two equal parts. To one of these parts is added 5 per cent acetic acid until acid to litmus. The two parts are then mixed, and a weak solution of eosin is added until a pale blue color is obtained. The fluid is then allowed to stand for a day and the precipitate which is formed is filtered off and allowed to dry without heat. One gram of this precipitate is dissolved in 100 c.c. of methyl alcohol. This stain is applied for five minutes or longer after methyl-alcohol fixation. Excellent results are usually obtained with this stain, but variations due to the difficulty of manufacturing it make it less reliable than the two methods previously mentioned.

Recently a rapid and extremely simple and reliable method for the demonstration of Spirochæte pallida in smears, by the use of India ink, has been described.

Smears are prepared in the following way: A drop of the fluid squeezed out of the syphilitic lesion, as free as possible from blood cells, is mixed, on a slide, with a drop of India ink (best variety is "Chin chin" Günther-Wagner Liquid Pearl ink), and the mixture smeared with the edge of another slide as in making blood smears. When the smear dries, which takes about a minute, it may be immediately examined with an oil-immersion lens. The organisms are seen unstained on a black background. (See Fig. 129, p. 584.)

DEMONSTRATION OF SPIROCHÆTÆ IN TISSUES.—Ordinary histological staining methods do not reveal the spirochætes in tissue sections. It is customary, therefore, to employ some modification of Cajal's silver impregnation. The technique most commonly employed is that known as *Levaditi's method*,[1] which is carried out as follows:

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[1] *Goldhorn*, Proc. N. Y. Path. Soc., N. S., 5, 1905.

The fresh tissue is cut into small pieces which should not be thicker than 2 to 4 millimeters.

Fix in ten-per-cent formalin (four per cent formaldehyde) for twenty-four hours.

Wash in water.

Dehydrate in 96-per-cent alcohol twenty-four hours.

Wash in water.

Place in a 3-per-cent silver-nitrate solution at incubator temperature (37.5° C.) and in the dark for three to five days.

Wash in water for a short time.

Place in the following solution (freshly prepared):

Pyrogallic acid	2–4 grams.
Formalin	5 c.c.
Distilled water	100 "

Leave in this for twenty-four to forty-eight hours at room temperature.

Wash in water.

Dehydrate in graded alcohols.

Embed in paraffin and cut thin sections.

The sections may be examined without further staining, or, if desired, may be weakly counterstained with Giemsa's solution or hematoxylin.

A modification of this method which has been much recommended is that of *Levaditi* and *Manouelian*.[2] The directions given by these authors are as follows:

Fix in formalin as in previous method.

Dehydrate in 96-per-cent alcohol twelve to twenty-four hours.

Wash in distilled water.

Place in a 1-per-cent silver-nitrate solution to which 10 per cent of pyridin has been added just before use.

Leave in this solution for two to three hours at room temperature and from four to six hours at 50° C. approximately.

Wash rapidly in 10-per-cent pyridin.

Place in a solution containing 4 per cent of pyrogallic acid to which 10 per cent of C. P. acetone, and 15 per cent (per volume) of pyridin have been added just before use. Leave in this solution two t three hours.

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[1] *Levaditi*, Comptes rend. de la soc. de biol., 59, 1905.

[2] *Levaditi* and *Manouelian*, Comptes rend. de la soc. de biol., 60, 1906.

Wash in water, dehydrate in graded alcohols, and embed in paraffi by the usual technique.

Examined after treatment by either of these methods, the spir chætæ appear as black, untransparent bodies lying chiefly extracell larly. They are characteristically massed about the blood-vessels of th

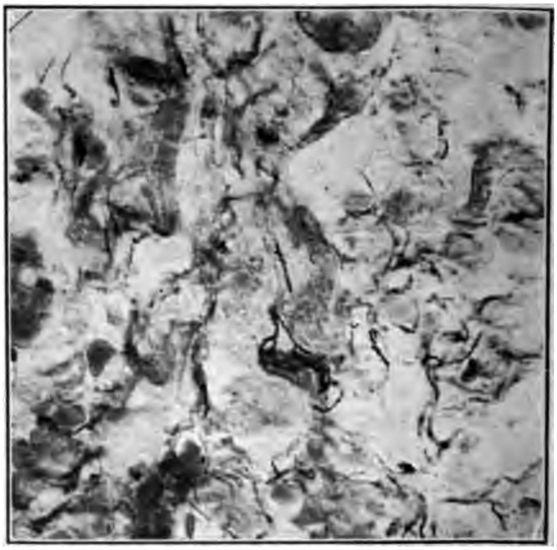

FIG. 130.—SPIROCHÆTE PALLIDA. Spleen, congenital syphilis. (Levaditi method.)

organs and only exceptionally seem to penetrate into the interior o the parenchyma cells.

Attempts at cultivating Spirochæte pallida have not so far met with success. Recently Schereschewsky[1] has reported that he ha succeeded in obtaining multiplication of the organisms on artificial media as follows: Sterile horse serum in centrifuge tubes was coagulated at 60° C. until it assumed a jelly-like consistency. It was then placed in the incubator at 37.5° C. for three days before being used. The cultures were planted by snipping off a small piece of tissue from a syphilitic lesion, dropping it into such a tube, and causing it to sink to the bottom by means of centrifugalization. The tube was then tightly stoppered with a cork. In such anaërobic serum cultures Schereschewsky claims to have grown the organisms for several generations, though not in pure culture.

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[1] *Schereschewsky*, Deut. med. Woch., N. S., xix and xxix, 1909.

Animal Pathogenicity.—Until very recently, all experimental inoculation of animals was unsuccessful. During the year 1903 Metchnikoff and Roux[1] finally succeeded in transmitting the disease to monkeys. The monkey first used by these observers was a female chimpanzee. At the point of inoculation, the clitoris, there appeared, twenty-six days after inoculation, a typical indurated chancre, which was soon followed by swelling of the inguinal glands. Fifty-six days after the inoculation

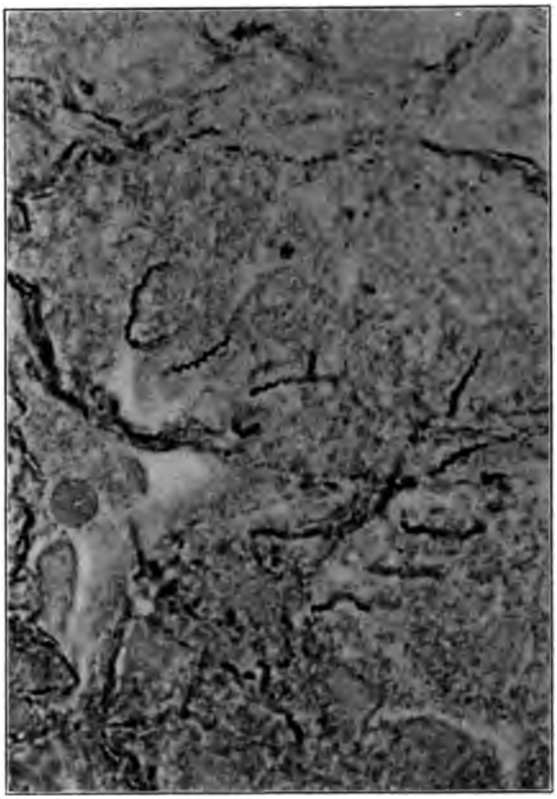

FIG. 131.—SPIROCHÆTE PALLIDA. Liver, congenital syphilis. (Levaditi method.)

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[1] *Metchnikoff* and *Roux*, Ann. de l'inst. Pasteur, 1903, 1904, and 1905.

there appeared a typical secondary eruption, together with swelling of the spleen and of the lymph nodes. Similar successful experiments were made soon after this by Lassar.[1] Soon after the experiments of Metchnikoff and Roux, successful inoculations upon lower monkeys (macacus) were carried out by Nicolle.[2] Since that time, it has been found by various observers that almost all species of monkeys are susceptible. Simple subcutaneous injection is not sufficient to produce a lesion. The technique, which has given the most satisfactory results, consists in the cutaneous implantation of small quantities of syphilitic tissue obtained by excision or curetting of primary and secondary lesions. A small pocket is made under the mucous membrane of the genitals or of the eyebrows and the tissue placed in this under aseptic precautions. The inoculation may be made directly from the human being, but can also be successfully carried out from monkey to monkey for many generations. Attempts at transmission from tertiary lesions have so far been unsuccessful. The spirochætæ can be demonstrated both in the primary lesions of the inoculated animal and in the secondarily enlarged glands. The successful inoculation of rabbits with syphilis has been recently performed by Bertarelli.[3] He obtained ulcerative lesions by inoculation upon the cornea and into the anterior chamber of the eye and was able to prove the syphilitic nature of these lesions by finding the spirochætæ within the tissue. In these animals as well as in the lower monkeys, the disease usually remains localized.

Immunization in Syphilis.—It is a well-known fact observed by clinicians that one attack of syphilis usually protects the infected individual at least from the development of another chancrous lesion. That this immunity develops quite rapidly was shown by Metchnikoff and Roux, who found that reinfection of a monkey was possible if attempted within two weeks of the first inoculation, but was unsuccessful if delayed beyond this period.

On the basis of this knowledge as to the actual development of an immunity, Metchnikoff,[4] Finger and Landsteiner,[5] and others have made extensive attempts to devise some method of active immunization. Working along the line of Pasteur's original attenuation of virus, these observers attempted to attenuate the syphilitic virus by repeated passage through monkeys. These experiments were entirely without success, the last-mentioned observers finding absolutely no attenuation after twelve generations of monkey inoculation.

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[1] *Lassar*, Berl. klin. Woch., xl, 1903.

[2] *Nicolle*, Ann. de l'inst. Pasteur, 1903.

[3] *Bertarelli*, Cent. f. Bakt., xli, 1906.

[4] *Metchnikoff*, Arch. gén. de méd., 1905.

[5] *Finger* und *Landsteiner*, Sitzungsber. d. Wien. Akad. d. Wiss., 1905.

Attempts at passive immunization have been entirely without success.

The experiments of Wassermann [1] and others, made upon the serum of syphilitic patients, have shown apparently that the blood of infected subjects contains an immune body comparable to the antibodies found in the serum of animals and man infected with various bacteria. The antibodies were demonstrated by them by a modification of the Bordet-Gengou method of complement fixation, now spoken of as the Wassermann test. The technique and critical review of this test have been discussed in another place. (See page 262.)

The fact that the syphiltic virus does not pass through a filter has been demonstrated by Klingmüller and Baermann,[2] who inoculated themselves with filtrates from syphilitic material.

THE SPIROCHÆTÆ OF RELAPSING FEVER

The microorganisms causing relapsing fever were first observed in 1873, by Obermeier,[3] who demonstrated them in the blood of patients suffering from this distinct type of fever. Since his time extensive studies by many other observers have proven beyond question the etiological connection between the disease and the organisms.

Morphology and Staining.—The spirochæte of Obermeier is a delicate spiral thread measuring from 7 to 9 micra in length (Novy), and about 1 micron in thickness. While this is its average size, it may, according to some observers, be considerably longer than this, its undulations varying from 4 to 10 or more in number. Compared with the red blood cells among which they are seen, the microorganisms may vary from one-half to 9 or 10 times the diameter of a corpuscle. In fresh preparations of the blood, very active corkscrew-like motility and definite lateral oscillation are observed. In stained preparations no definite cellular structure can be made out, the cell body appearing homogeneous, except in degenerated individuals, in which irregular granulation or beading has been observed. Flagella have been described by various observers.

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[1] *Wassermann, Neisser, Bruck,* und *Schucht,* Zeit. f. Hyg., lv, 1906.

[2] *Klingmüller* und *Baermann,* Deut. med. Woch., 1904.

[3] *Obermeier,* Cent. f. d. med. Wiss., 11, 1873.

Novy and Knapp[1] believe that the organisms possess only one terminal flagellum. Zettnow,[2] on the other hand, claims to have demonstrated lateral flagella by special methods of staining. Norris, Pappenheimer, and Flournoy,[3] in smears stained by polychrome methods, have described long, filamentous tapering ends which they interpreted as bipolar terminal flagella, never observing more than one at each end. Spores are not found.

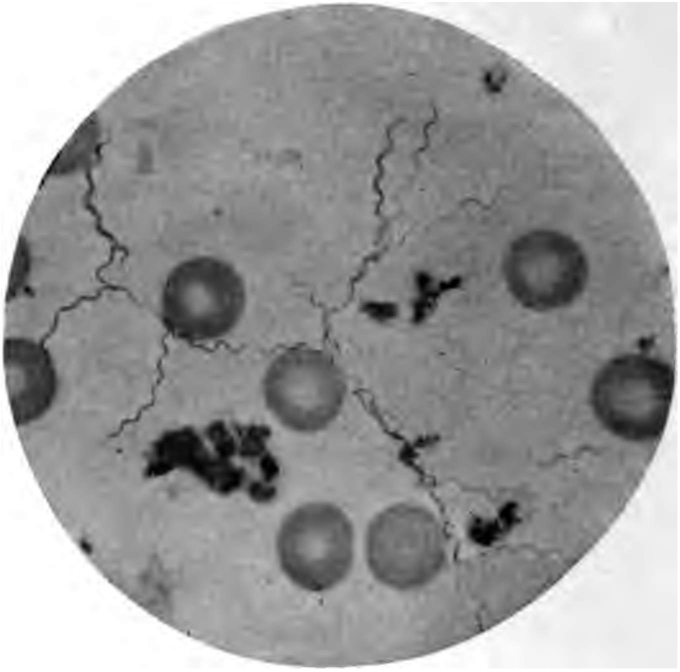

FIG. 132.—SPIROCHÆTE OF RELAPSING FEVER. (After Norris, Pappenheimer, and Flournoy.)

Cultivation.—Innumerable attempts to induce these microorganisms to multiply upon artificial media have been made. Novy and Knapp succeeded in keeping the microorganisms alive and virulent in the original blood for as long as forty days, and call attention to the fact that the length of time for which they may be kept alive depends to a great extent upon the stage of fever at which the blood is removed from the patient. They do not, however, believe that extensive multiplication, or, in other words, actual cultivation, had taken place in their experiments. Norris, Pappenheimer, and Flournoy, on the other hand, have obtained positive evidence of multiplication of the spirochætæ in fluid media. They obtained their cultures by inoculating a few drops of spirochetal rat blood into 3 to 5 c.c. of citrated human or rat blood. Smears made from these tubes, after preservation for twenty-four hours at room temperature, showed the microorganisms in greater number than in the original infected blood. A similar multiplication could be observed in transfers made from these "first-generation" tubes to other tubes of citrated blood. Attempts at cultivation for a third generation, however, failed.

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[1] *Novy* and *Knapp*, Jour. of Infec. Dis., 3, 1906.

[2] *Zettnow*, Deut. med. Woch., 32, 1906.

[3] *Norris*, *Pappenheimer*, and *Flournoy*, Jour. of Inf. Dis., 3, 1906.

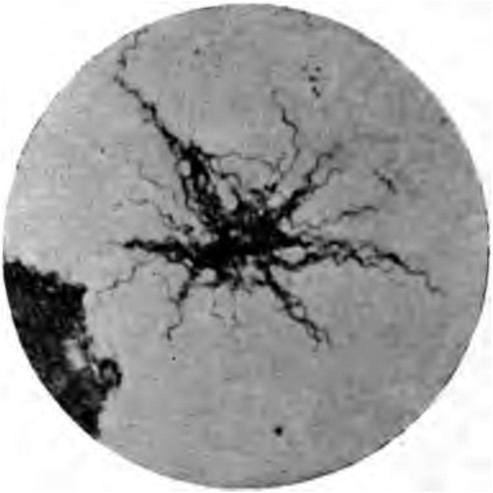

FIG. 133.—SPIROCHÆTE OF RELAPSING FEVER. Citrated normal rat blood. (After Norris, Pappenheimer, and Flournoy.)

Pathogenicity.—Inoculation with blood containing these spirochætæ produces disease in monkeys, rats, and mice. Attempts to transmit the disease experimentally to dogs, rabbits, and guinea-pigs have so far been unsuccessful. The subcutaneous inoculation of monkeys is followed after from two to four days by a rise of temperature which occurs abruptly as is the case in the disease in man and which may last several days. During this time, the spirochætæ can be found in the blood of the animals just as it is found in that of infected human beings.

The temperature subsides after a day or more, when it again rapi returns to normal. As a rule, the paroxysms are not repeated. Oc sionally, however, two or three attacks may supervene before immun is established. In rats, an incubation time of from two to five d occurs. At the end of this time the spirochætæ may be found in la numbers in the blood, and the animals show symptoms of a sev

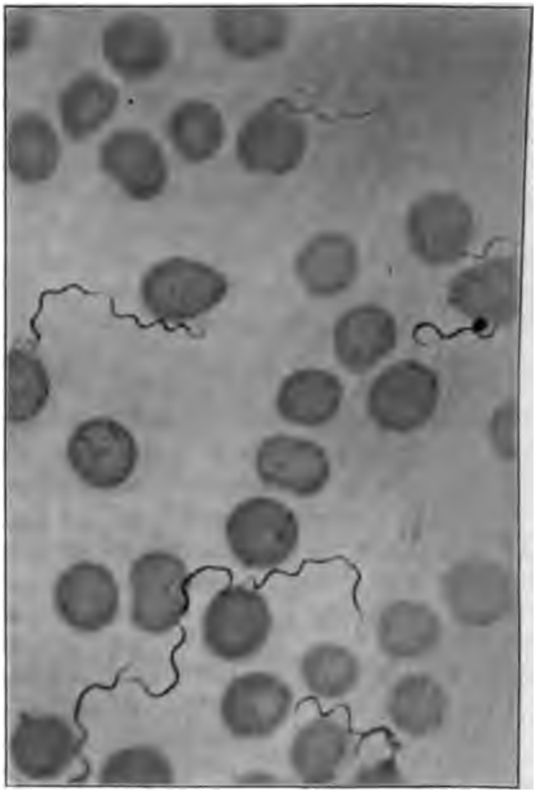

FIG. 134.—SPIROCHÆTE OF RELAPSING FEVER. (From preparation furnishe by Dr. G. N. Calkins.)

systemic infection. The attack lasts from four to five days, at the e of which time the microorganisms again disappear. Occasionally ev in these animals relapses have been observed. Gross pathologic changes are not found, with the exception of an enlargement of t spleen.

In man the disease caused by the spirochæte of Obermeier, commonly known as relapsing fever, is common in India, Africa, and most of the warmer countries. It has, from time to time, been observed epidemically in Europe, especially in Russia, and a few epidemics have occurred in the Southern United States. The disease comes on abruptly, beginning usually with a chill accompanied by a sharp rise of temperature and generalized pains. Together with the rise of temperature, which often exceeds 104°, there are great prostration and occasionally delirium. Early in the disease the spleen becomes palpable and jaundice may appear. The spirochætæ are easily detected in the blood during the persistence of the fever, which lasts usually from three to ten days. At the end of this time the temperature usually drops as suddenly as it rose, and the general symptoms rapidly disappear. After a free interval of from one to three weeks a relapse may occur, which is usually less severe and of shorter duration than the original attack. Two, three, or even four attacks may occur, but the disease is not very often fatal. When patients do succumb, however, the autopsy findings are not particularly characteristic. Apart from the marked enlargement of the spleen, which histologically shows the changes indicating simple hyperplasia, and a slight enlargement of the liver, no lesions are found. The diagnosis is easily made during the febrile stage by examination of a small quantity of blood under a cover-slip or in the hanging-drop preparation.

Several types of relapsing fever have been described. In Africa the disease has long been prevalent in many regions and the investigations of Ross and Milne,[1] Koch,[2] Dutton and Todd,[3] and others have brought to light that many conditions occurring among the natives, formerly regarded as malarial, are caused by a species of spirochæte. Whether or not the microorganisms observed in the African disease are exactly identical with the spirochæte observed by Obermeier is yet a question about which several opinions are held. Dutton and Todd believe that the same microorganism is responsible for both diseases. Koch, on the other hand, believes that the slightly smaller size of the African spirochæte and the milder course of the clinical symptoms indicate a definite difference between the two. Animal experiments made with the African organism, furthermore, usually show a much more severe infection than do similar inoculations with the European variety. The spirochæte found in the African disease is usually spoken of at pre as "Spirochæte Duttoni." Novy and Knapp,[1] after extensive stu with microorganisms from various sources, have come to the conclus that, although closely related, definite species differences exist betw the two types mentioned above, and that these again are definitely tinguishable from similar organisms described by Turnbull [2] as occurr in a similar disease observed in India.

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[1] *Ross* and *Milne*, Brit. Med. Jour., 1904.

[2] *Koch*, Deut. med. Woch., xxxi, 1905.

[3] *Dutton* and *Todd*, Lancet, 1905, and Jour. of Trop. Med., 1905.

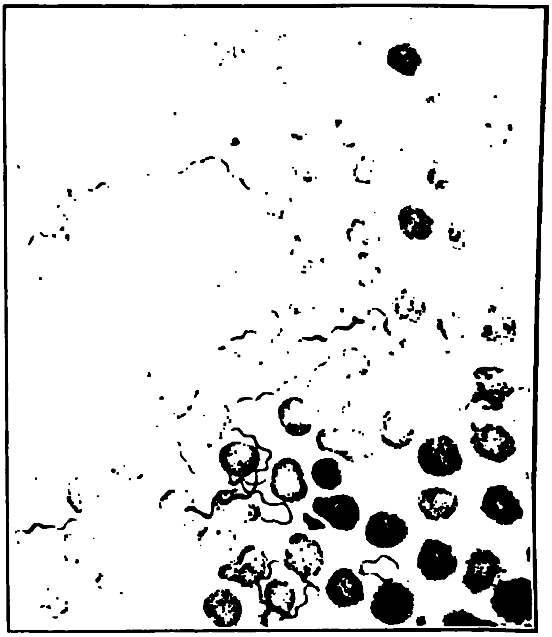

FIG. 135. SPIROCHÆTE OF DUTTON. AFRICAN TICK FEVER. (From prepa tion furnished by Dr. G. N. Calkins.)

The mode of transmission of this disease is not clear for all typ Dutton and Todd, however, were able to show satisfactorily that, in case of the African disease at least, transmission occurs through intermediation of a species of tick. The conditions under which s intermediation occurs have been carefully studied by Koch.[3] T tick (Ornithodorus moubata) infects itself when sucking blood fr an infected human being. The spirochæte may remain alive a demonstrable within the body of the tick for as long as three days. Koch has shown, furthermore, that they may be found also within the eggs laid by an infected female tick. He succeeded in producing experimental infection in monkeys by subjecting the animals to the bites of the infected insects. For the European variety of the disease no such intermediate host has as yet been demonstrated.

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[1] *Novy* and *Knapp*, loc. cit. [2] *Turnbull*, Indian Med. Gaz., 1905.

[3] *Koch*, Berl. med. Woch., 1906.

Immunity.—It has long been a well-known fact that recovery from an attack of relapsing fever usually results in a more or less definite immunity. The blood of human beings, monkeys, and rats which have recovered from an attack of this disease show definite and specific bactericidal and agglutinating substances, and Novy and Knapp have demonstrated that the blood serum of such animals may be used to confer passive immunity upon others.

VINCENT'S ANGINA

The condition known as Vincent's angina consists of an inflammatory lesion in the mouth, pharynx, or throat, situated most frequently upon the tonsils. The disease usually begins as an acute stomatitis, pharyngitis, or tonsillitis, which soon leads to the formation of a pseudomembrane, which, at this stage, has a great deal of resemblance to that caused by the diphtheria bacillus. At later stages of the disease there may be distinct ulceration, the ulcers having a well-defined margin and "punched-out" appearance, so that clinically they have often been erroneously diagnosed as syphilis. Apart from the localized pain, the disease is usually mild, but occasionally moderate fever and systemic disturbances have been observed. Unlike diphtheria and syphilis, this peculiar form of angina usually yields, without difficulty, to local treatment.

The nature of lesions of this peculiar kind was not clear until Plaut,[1] Vincent,[2] and others reported uniform bacteriological findings in cases of this description. These observers have been able to demonstrate in smears from the lesions a spindle-shaped or fusiform bacillus, together with which there is usually found a spirillum not unlike the spirillum of relapsing fever. The two microorganisms are almost always found together in this form of disease and were re-

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[1] *Plaut*, Deut. med. Woch., xlix, 1894.

[2] *Vincent*, Ann. de l'inst. Pasteur, 1896, and Bull. et mém. de la soc. méd. des hôp. de P., 1898.

garded by the first observers as representing two distinct forms dwel
in symbiosis. More recently Tunnicliff,[1] on the basis of experim
work, has claimed identity for the two forms, believing that they re
sent different developmental stages of the same organism.

The *fusiform bacilli* described by Vincent, Plaut, Babes, and oth
are from 3 to 10 micra in length, and have a thickness at the ce
varying from 0.5 to 0.8 micron. From the center they taper gradua

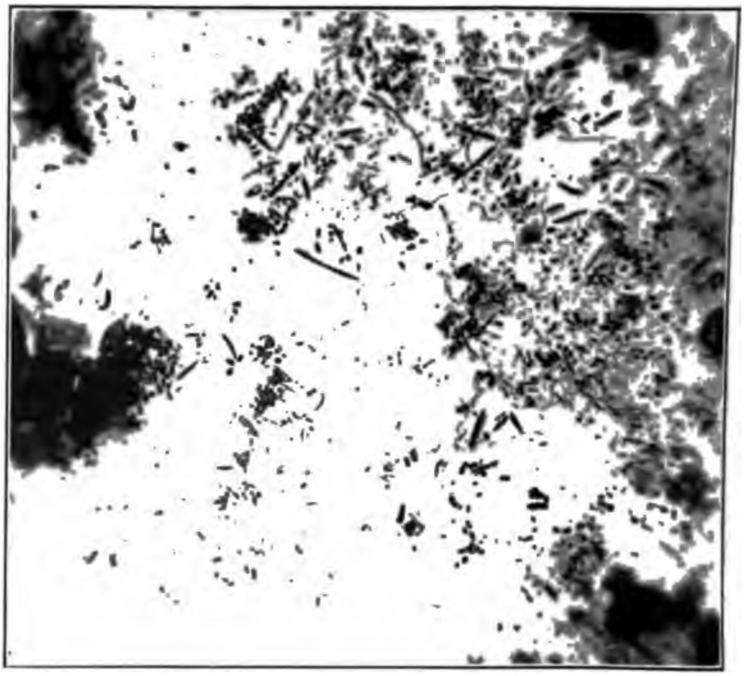

FIG. 136. SMEAR FROM THE THROAT OF A CASE OF VINCENT'S ANGINA. Giemsa Stain.

toward the ends, ending in blunt or sharp points. The length of the
bacilli may vary greatly within one and the same smear preparatio
They are usually straight, sometimes slightly curved. They do not sta
very easily with the weaker anilin dyes, but are readily stained
Loeffler's methylene-blue, carbol-fuchsin, or better, by Giemsa's stai
Stained by Gram, they are usually decolorized, though in this respect
writers have found them to vary. Stained preparations show a chara

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[1] *Tunnicliff*, Jour. of Infec. Dis., 3, 1906.

teristic inequality in the intensity of the stain, the bacilli being more deeply stained near the end, and showing a banded or striped alternation of stained and unstained areas in the central body. Their staining qualities in this respect are not unlike those of the diphtheria bacillus, and according to Babes[1] the dark areas are to be interpreted as metachromatic granules. The bacilli are not motile.

The *spirilla* found in Vincent's angina are usually somewhat longer than the fusiform bacilli, and are made up of a variable number of undulations, shallow and irregular in their curvatures, unlike the more regularly steep waves of Spirochæte pallida. They are stained with even more difficulty than are the bacilli and usually appear less distinct in the preparations. The stain, however, is taken without irregularity, showing none of the apparent metachromatism observed in the bacilli.

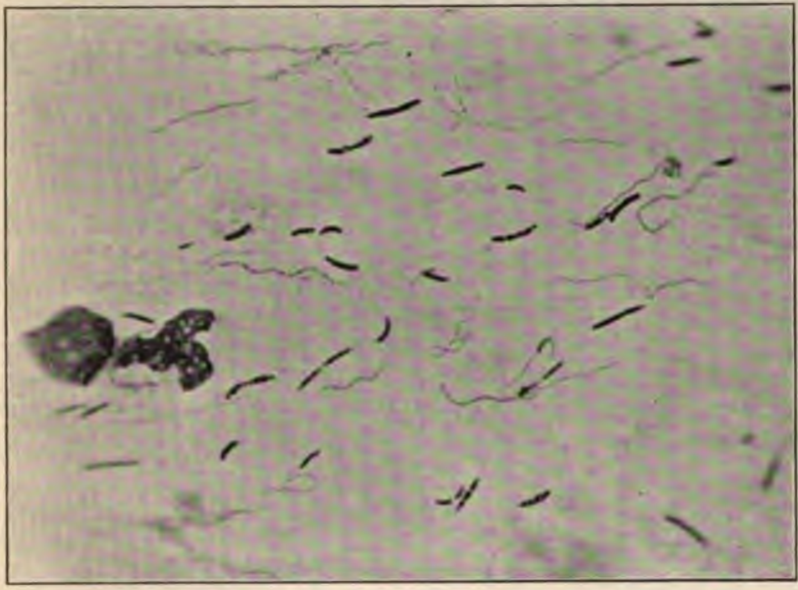

FIG. 137.—THROAT SMEAR, VINCENT'S ANGINA. Fusiform bacilli and spirilla.

By the earlier observers cultivation of these microorganisms was attempted without success. Recently, however, it has been shown that cultivation could be carried out under anaërobic conditions. Tunnicliff[1] has cultivated the organisms anaërobically upon slants of ascitic agar at 37.5° C. This observer found that in such cultures, before the fifth day, bacilli only could be found, that after this time, however, spirilla gradually appeared and finally constituted the majority of the organisms in the culture. It appeared to Tunnicliff from this study that the spirilla might be developed out of the fusiform microorganisms representing the adult form.

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[1] *Babes,* in Kolle und Wassermann, 1. Ergänzungsband, 1907.

The microorganisms of Vincent's angina, when occurring in the throat, are rarely present alone, being usually accompanied by other microorganisms, such as staphylococci, streptococci, and not infrequently diphtheria bacilli. When occurring together with diphtheria, they are said, by some German observers, to aggravate the latter condition considerably. This frequent association with other microorganisms renders it impossible to decide conclusively that the fusiform bacilli and spirilla are the primary etiological factors in these inflammations. It has been frequently suggested that they may be present as secondary invaders upon the soil prepared for them by other microorganisms.

Animal inoculation with these microorganisms has led to little result.

Fusiform Bacilli other than those in Vincent's Angina.—Fusiform bacilli morphologically indistinguishable from those found in the angina of Vincent may frequently be found in smears taken from the gums, from carious teeth, and occasionally among the microorganisms in the pus from old sinuses. Several varieties of these bacilli have been described in connection with definite pathological conditions.

Babes,[2] in 1893, observed spindle-shaped bacilli not unlike those described above but somewhat shorter, in histological sections prepared from tissues from the gums of individuals suffering from scurvy. He found similar bacilli in rabbits intravenously inoculated with material from the patients and was able to cultivate the bacilli for several generations. His descriptions, however, of the microorganisms as found in the secondary cultures vary considerably from those of the original findings in the gums of the patients. His results are not convincing.

In noma, a gangrenous disease of the gums and cheeks, occurring occasionally in individuals who have been severely run down by acute infectious diseases or great hardship, Weaver and Tunnicliff have found spirilla and fusiform bacilli in large numbers. The organisms were present not only in smears from the surface, but were also found by histological methods, in large numbers, lying in the tissues beyond the area of necrosis. Here again it is not entirely certain whether these microorganisms were the primary etiological factors or whether they are to be regarded merely as secondary invaders of a necrotic focus.

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[1] *Tunnicliff*, Jour. of Infec. Dis., 3, 1906.

[2] *Babes*, Deut. med. Woch., xliii, 1893.

SPIROCHÆTE PERTENUIS

In a disease known as "Framboesia tropica," or popularly "Yaws," occurring in tropical and subtropical countries and much resembling syphilis, Castellani,[1] in 1905, was able to demonstrate a species of spirochæte which has a close morphological resemblance to Spirochæte pallida. The microorganism was found in a large percentage of the cases examined both in the cutaneous papules and in ulcerations. Confirmatory investigations on a larger series of cases were later carried out by Vom dem Borne.[2]

The microorganism is from 7 to 20 micra in length with numerous undulations and pointed ends. Examined in fresh preparations, it has an active motility similar to that of Spirochæte pallida. In smears it is easily stained by means of the Giemsa method.

Both the clinical similarity between yaws and syphilis, as well as the similarity between the microorganisms causing the diseases, has opened the question as to the identity of the two microorganisms. According to most clinical observers, however, yaws, which is a disease characterized chiefly by a generalized papular eruption, is unquestionably distinct, clinically, from lues, and experiments of Neisser, Baermann, and Halberstadter,[3] as well as of Castellani[4] himself, have tended to show that there is a distinct difference between the immunity produced by attacks of the two diseases. The disease is transmissible to monkeys, as is syphilis, but it has been satisfactorily shown that monkeys inoculated with syphilitic material, while no longer susceptible to infection with Spirochæte pallida, may still be successfully inoculated with Spirochæte pertenuis.

SPIROCHÆTE GALLINARUM

An acute infectious disease occurring among chickens, chiefly in South America, has been shown by Marchoux and Salimbeni[5] to be caused by a spirochæte which has much morphological similarity to the spirochæte of Obermeier.

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[1] *Castellani*, Brit. Med. Jour., 1905, and Deut. med. Woch., 1906.

[2] *Vom dem Borne*, Jour. Trop. Med., 10, 1907.

[3] *Neisser*, *Baermann*, und *Halberstadter*, Münch. med. Woch., xxviii, 1906.

[4] *Castellani*, Jour. of Hyg., 7, 1907.

[5] *Marchoux* and *Salimbeni*, Ann. de l'inst. Pasteur, 1903.

The disease comes on rather suddenly with fever, diarrhea, and great exhaustion, and often ends fatally. The spirochæte is easily demonstrated in the circulating blood of the animals by staining blood-smears with Giemsa's stain or with dilute carbol-fuchsin.

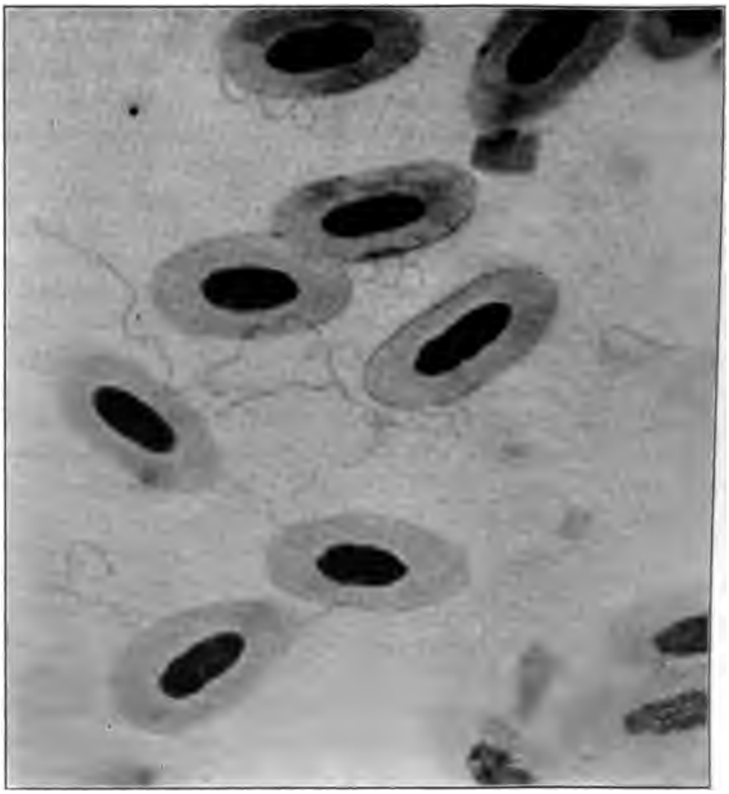

Fig. 138.—Spirochæte gallinarum. (From preparation furnished by Dr. G. N. Calkins.)

Artificial cultivation of the microorganism has not yet been accomplished. Experimental transmission from animal to animal is easily carried out by the subcutaneous injection of blood. Other birds, such as geese, ducks, and pigeons, are susceptible; mammals have, so far, not been successfully inoculated. According to the investigations of

Levaditi and Manouelian,[1] the spirochætæ are found not only in the blood but thickly distributed throughout the various organs.

Under natural conditions, infection of chickens seems to depend upon a species of tick which acts as an intermediate host and causes infection by its bite. The spirochæte, according to Marchoux and Salimbeni, may be found in the intestinal canal of the ticks for as long as five months after their infection from a diseased fowl.

In the blood of animals which have survived an infection, agglutinating substances appear and active immunization of animals may be carried out by the injection of infected blood in which the spirochætæ have been killed, either by moderate heat or by preservation at room temperature. The serum of immune animals, furthermore, has a protective action upon other birds.

It is not impossible that the Spirochæte gallinarum may be identical with the *Spirochœte anserina* previously discovered by Sacharoff.[2] This last-named microorganism causes a disease in geese, observed especially in Russia and Northern Africa, which both clinically and in its pathological lesions corresponds closely to the disease above described as occurring in chickens. The spirochæte is found during the febrile period of the disease in the circulating blood, is morphologically indistinguishable from the spirochæte of chickens, and can not be cultivated artificially. The similarity is further strengthened by the fact that Spirochæte anserina is pathogenic for other birds, but not for animals of other genera.

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[1] *Levaditi* and *Manouelian*, Ann. de l'inst. Pasteur, 1906.

[2] *Sacharoff*, Ann. de l'inst. Pasteur, 1891.

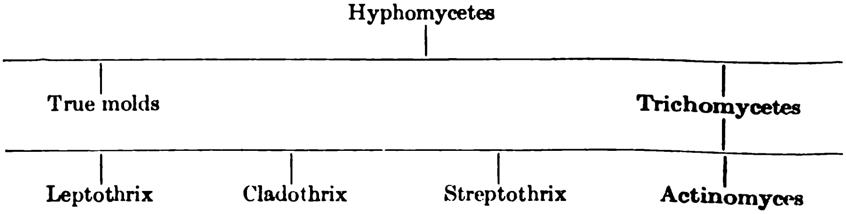
CHAPTER XLIV

THE HIGHER BACTERIA

(*Chlamydobacteriaceæ, Trichomycetes*)

STANDING midway between the true bacteria and the more complex molds or Hyphomycetes, there are a number of pathogenic microorganisms which offer great difficulties to classification. In the classification of Migula most of these forms have been placed in a rather heterogeneous group, the Chlamydobacteriaceæ. By other authors, notably Lachner-Sandoval,[1] Berestnew,[2] and by Petruschky,[3] the close relationship of these forms to the higher hyphomycetes has been emphasized and they have been grouped as a subdivision of the true molds under the family name of Trichomycetes.

Petruschky[4] proposes the following clear schematization, which, even though possibly defective from a purely botanical point of view, is at least serviceable for the purposes of the bacteriologist.



Leptothrix is used to designate those forms which appear as simple threads without branching.

Cladothrix is a thread-like form in which false branching may be recognized. By false branching is meant an appearance resulting from the fragmentation of threads. The terminal cell breaks away from the main stem, is set at an angle by the elongation of the thread itself, and, as both continue dividing, the simulation of true branching is produced.

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[1] *Lachner-Sandoval*, "Ueber Strahlenpilze." Diss. Strassburg, 1898.

[2] *Berestnew*, Ref. Cent. f. Bakt., xxiv, 1898.

[3] *Petruschky*, in Kolle und Wassermann, "Handbuch," etc.

[4] *Petruschky*, loc. cit.

Streptothrix denotes forms with numerous true branches and spores which usually appear in chains.

Actinomyces is of more complicated structure, characterized by the formation of club-shaped ends and the stellate arrangement of its threads.

LEPTOTHRIX

Members of the leptothrix group have been observed in connection with inflammations of the mouth and pharynx by Fränkel,[1] Michelson,[2] Epstein,[3] and others. In many of these cases the organism was identified by morphology chiefly, pure cultures not having been obtained. The disease in none of these cases was accompanied by severe systemic symptoms and it is likely that when found in human beings the organisms may be regarded simply as comparatively harmless saprophytes appearing in connection with some other specific inflammation.

Cultivation of the Leptothrices is not easy and has been successful only in the hands of Vignal[4] and Arustamoff.[5]

CLADOTHRIX

Owing to much confusion in the differentiation of these forms from the streptothrices, it is not possible to determine whether cases of true cladothrix infection have been observed. It is likely that most cases ascribed to microorganisms of this class have really been due to streptothrix infection. The deciding criterion is, of course, the formation of branches and these seem to have been observed in most of the cases described. A closer differentiation, in the future, between true and false branching can alone determine whether or not cases of cladothrix infection proper may occur.

STREPTOTHRIX

Reports of cases of streptothrix infection of various parts of the body, in both animals and man, are abundant in the literature. The earliest observations were made upon microorganisms isolated from th human conjunctiva. Nocard[1] in 1888 described a member of th group as the etiological factor in a disease "farcies du bœuf" occurri among cattle in Guadeloupe. Eppinger[2] found streptothrices in the p of a cerebral abscess. Petruschky,[3] Berestneff,[4] Flexner,[5] Norris a

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[1] *Fränkel*, Eulenburg's "Realencycl. d. gesam. Heilkunde," 1882.

[2] *Michelson*, Berl. klin. Woch., ix, 1889.

[3] *Epstein*, Prag. med. Woch., 1900.

[4] *Vignal*, Ann. de phys., viii, 1886.

[5] *Arustamoff*, Quoted from Petruschky, loc. cit.

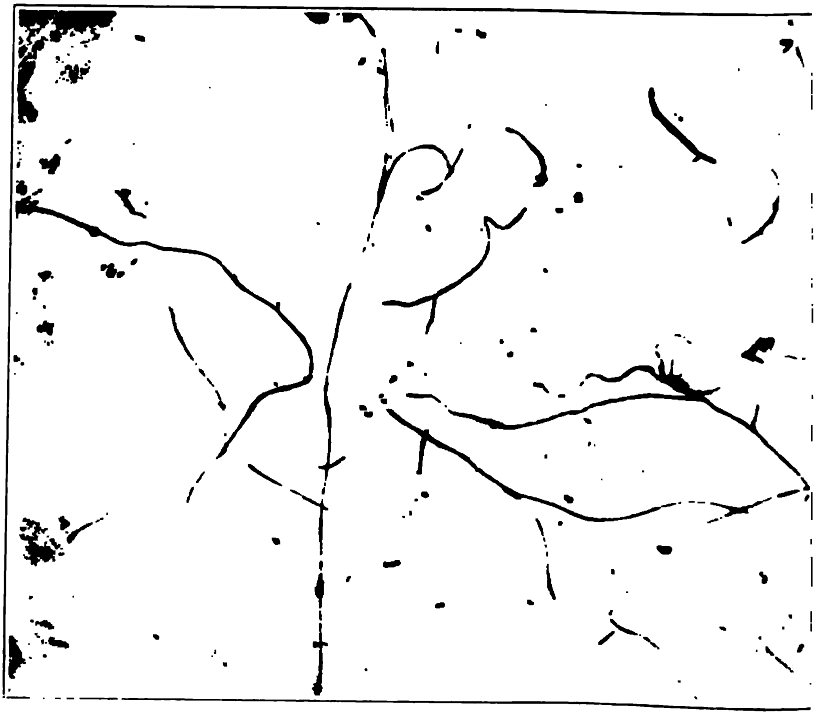

Fig. 139.—Cladothrix, Showing False Branching.

Larkin,[6] and a number of other observers have found these microor- ganisms in cases of pulmonary disease, simulating tuberculosis. Su- purations of bone and of the skin and the intestinal canal have bee reported. The infection, therefore, is not very rare, but the divers experiences of workers who have attempted to cultivate these microrganisms seem to indicate that not all of the incitants described belonged to one and the same variety, but that probably a number of different types may exist.

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[1] *Nocard*, Ann. de l'inst. Pasteur, ii, 1888.

[2] *Eppinger*, Wien. klin. Woch., 1890.

[3] *Petruschky*, Verhandl. d. Kongr. f. innere Mediz., 1898.

[4] *Berestneff*, Zeit. f. Hyg., xxix, 1898.

[5] *Flexner*, Jour. Exp. Med., iii, 1896.

[6] *Norris* and *Larkin*, Proc. of N. Y. Path. Soc., March, 1899.

Morphology.—Morphologically the streptothrices show considerable variation. In material from infectious lesions they have most often appeared as rods and filaments with well-marked branching. Occasionally the filaments are long and interwined, and branches have shown bulbous or club-shaped ends. In Norris and Larkin's case, the young cultures in the first generations seem to have consisted chiefly of rod-shaped forms not unlike bacilli of the diphtheria group, showing marked metachromatism when stained with Loeffler's methylene-blue. They are easily stained with this dye or with aqueous fuchsin. In tissue sections they may be demonstrated by the Gram-Weigert method.

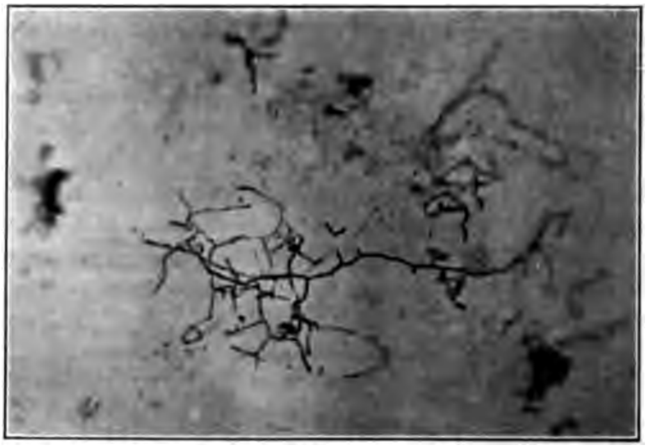

FIG. 140.—STREPTOTHRIX, SHOWING TRUE BRANCHING.

Cultivation.—Direct cultivation upon agar and gelatin plates has occasionally been successful. At the end of four or five days grayish-white, glistening, flat colonies may appear which attain a diameter of several millimeters within two weeks. The colonies later may take on a yellowish hue and begin to liquefy the gelatin. In bouillon flocculent precipitates and surface pellicles of interwined threads may form, without clouding of the medium. Norris and Larkin[1] found much difficulty in cultivating, but finally succeeded by making smears of the infectious material upon fresh, sterile kidney-tissue of rabbits. The microorganisms grew abundantly upon this, but failed to grow on any of the other tissues. After growth of several generations upon this medium, cultures were finally obtained upon agar plates and upon broth.

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[1] *Norris* and *Larkin*, loc. cit.

Inoculation of cultures into rabbits and guinea-pigs have given rise to subcutaneous abscesses, bronchopneumonia, and suppuration, according to the mode of infection.

ACTINOMYCES

Among the diseases caused by the Trichomycetes or higher bacteria, the most important is actinomycosis. Occurring chiefly in some of the domestic animals, notably in cattle, the disease is observed in man with sufficient frequency to make it of great clinical importance. In cattle the specific microorganism which gives ries to the disease was first observed by Bollinger[1] in 1877. In the following year Israel[2] discovered a similar microorganism in human cases.

The parasites appear in the pus from discharging lesions as small granular bodies, plainly visible to the naked eye and somewhat resembling sulphur granules, of a grayish or of a pale yellow color. In size they measure usually a fraction of a millimeter. Ordinarily they are soft and easily crushed under a cover-slip, but occasionally, especially in old lesions, they may be quite hard, owing to calcification.

Microscopically they are most easily recognized in fresh preparations prepared by crushing the granules upon the slide under a cover-slip and examining them without staining. They may be rendered more clearly visible by the addition of a drop or two of 20 per cent potassium hydrate. When the granules are calcareous, the addition of a drop of concentrated acetic acid will facilitate examination. Fresh preparations may be examined after staining with Gram's stain. Observed under the microscope, the granules appear as rosette-like masses, the centers of which are quite opaque and dense, appearing to be made up of a closely meshed network of filaments. Around the margins there are found radially arranged striations which in many cases end in characteristically club-shaped bodies. Inside of the central network there are often seen coccoid or spore-like bodies which have been variously interpreted as spores, as degeneration products, and as separate cocci fortuitously found in symbiosis with the actinomyces. Individually considered, the central filaments have approximately the thickness of an anthrax bacillus and are, according to Babes,[1] composed of a sheath within which the protoplasm contains numerous and different sized granules.

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[1] *Bollinger*, Deutsch. Zeit. f. Thiermed., iii, 1877.

[2] *Israel*, Virch. Arch., 74, 1878, and 78, 1879.

About the periphery of the granules the free ends of the filaments become gradually thickened to form the so-called actinomycosis "clubs." These clubs, according to most observers, must be regarded as hyaline thickenings of the sheaths of the threads and are believed to represent a form of degeneration and not, as some of the earlier observers believed, organs of reproduction. They are homogeneous, and in the smaller and presumably younger granules are extremely fragile and soluble in water. In older lesions, especially in those of cattle, the clubs are more resistant and less easily destroyed.

They appear only in the parasites taken from active lesions in animals or man, or, as Wright [2] has found, from cultures to which animal serum or whole blood has been added. In cultures from media to which no animal fluids have been added, such as glucose agar or gelatin, no clubs are found. In preparations stained by Gram's method the clubs give up the gentian-violet and take counter-stains, such as eosin.

The coccus-like bodies found occasionally lying between the filaments of the central mass, most observers now agree, do not represent anything comparable to the spores of the true hyphomycetes. In many cases they are unquestionably contaminating cocci; in others again they may represent the results of degeneration of the threads.

In tissue sections, the microorganisms may be demonstrated by Gram's method of staining or by a special method devised by Mallory.[3] This is as follows for paraffin sections:

1. Stain in saturated aqueous eosin 10 minutes.
2. Wash in water.
3. Anilin gentian-violet, 5 minutes.
4. Wash with normal salt solution.
5. Gram's iodin solution 1 minute.
6. Wash in water and blot.
7. Cover with anilin oil until section is clear.
8. Xylol, several changes.
9. Mount in balsam.

Cultivation.—The isolation of actinomyces from lesions may be easy or difficult according to whether the pus is free from contamination or whether it contains large numbers of other bacteria. In the l case it may be almost impossible to obtain cultures. The descrip of methods of isolation and of cultural characteristics given by var writers have shown considerable differences. The most exte cultural work has been done by Bostroem,[1] Wolff and Israel, and b H. Wright. Bostroem has described his cultures as aërobic, but W and Israel[2] and Wright[3] agree in finding that the microorganisms

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[1] *Babes*, Virch. Arch., 105, 1886.

[2] *J. H. Wright*, Jour. Med. Res., viii, 1905.

[3] *Mallory*, Method No. 1, Mallory and Wright, "Path. Technique," Phila., 1908.

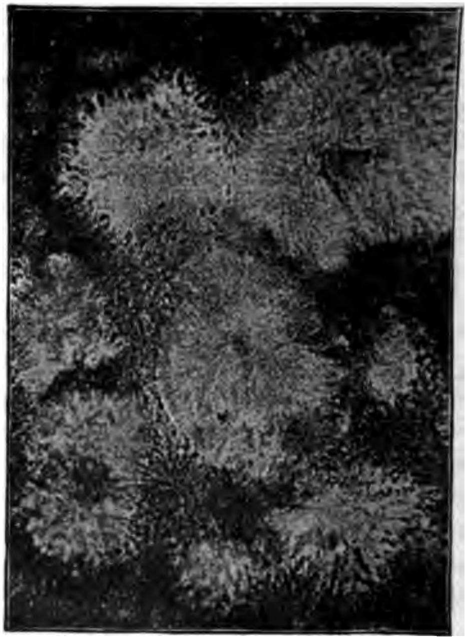

FIG. 141.—ACTINOMYCES GRANULE CRUSHED BENEATH A COVER-GLASS. stained. Low power. Shows radial striations. (After Wright and Brown.

lated by them from actinomycotic lesions grow but sparsely under aër conditions and favor an environment which is entirely free from oxy or at least contains it only in small quantities. The method for isola recommended by Wright is, briefly, as follows: Pus is obtaine possible, from a closed lesion and washed in sterile water or broth. granules are then crushed between two sterile slides and examine esence of filaments. If these are present in reasonable abundance, aterial is distributed in tubes of glucose agar, which are then d to solidify. If these first cultivations show a large number of ninations, Wright recommends the preservation of other washed es in test tubes for several weeks, in the hope that contaminating organisms may thus be killed by drying the actinomyces lose their viability.

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[1] *Bostroem*, Beitr. z. path. Anat. u. z. allg. Path., ix, 1890.

[2] *Wolff* und *Israel*, Virch. Arch., 126, 1891.

[3] *J. H. Wright*, Jour. Med. Res., viii, 1905.

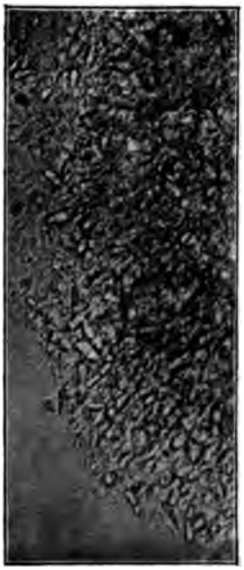

Fig. 142.—Actinomyces Granule Crushed Beneath a Cover-glass. Unstained. The preparation shows the margin of the granule and the "clubs." (After Wright and Brown.)

cultivation is successful colonies will ap- after two to four days at 37.5° C., as minute specks, which, in Wright's cultures, ap- l most abundantly within a zone situated 10 millimeters below the surface of the m. Above and below this zone they are imerous, indicating that a small amount of n furnishes the best cultural environment. the surface of agar slants, growth, if it place at all, is not luxuriant.

alkaline meat-infusion broth growth place in the form of heavy, flocculent s which appear at the bottom of the tubes. e growth and clouding do not take place. lk and potato have been used as culture but are not particularly favorable.

thogenicity.—As stated above, actinomy- occurs spontaneously most frequently ; cattle and human beings. It may also in sheep, dogs, cats, and horses. Its loca- of predilection are the various parts nt to the mouth and pharynx. It occurs however, in the lungs, in the intestinal and upon the skin. When occurring in st frequent location, the lower jaw, the e presents, at first, a hard nodular swell- nich later becomes soft because of central necrosis. It often es the bone, causing a rarefying osteitis. As the swellings down, sinuses are formed from which the granular pus is rged. The neighboring lymph nodes show painless, hard swell- Histologically, about the filamentous knobs or granules, there is a ion of epithelioid cells and a small round-cell infiltration. In cases there may be an encapsulation in connective tissue and a calcification of the necrotic masses, leading to spontaneous cure. As rule, this process is extremely chronic. Infection in the lungs or in th intra-abdominal organs is, of course, far more serious. When deat occurs acutely, it is often due to secondary infection. The disease acquired probably by the agency of hay, straw, and grain. Berestnew has succeeded in isolating actinomyces from straw and hay which h covered with sterile water in a potato jar and placed in the incubato After a few days small white specks looking like chalk powder appear upon the stalks, which, upon further cultivation, he was able to identif as the organism in question.

Animal inoculation, carried out extensively both with pus and wit pure cultures by several observers, has yielded little result. Progressiv

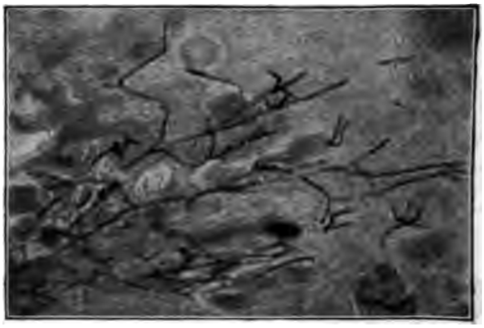

FIG. 143.—BRANCHING FILAMENTS OF ACTINOMYCES. (After Wright and Brown.)

actinomycotic lesions were never obtained, although occasionally sma knobs containing colonies surrounded by epithelioid cells and connectiv tissue were observed, showing that the invading microorganisms wer able to survive and grow for a short time, but were not sufficientl virulent to give rise to an extensive disease process. Transmission from animal to animal, or from animal to man directly, has not been sati factorily proven.

Whether or not there are various forms of actinomyces mu as yet be regarded as an open question. The investigations Wolff and Israel, however, together with those of Wright, who alo observed thirteen different strains, seem to indicate that most, not all, of the cases clinically observed are due to one and the sam microorganism.

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[1] *Berestnew*, Ref. Cent. f. Bakt., 24, 1898.

MYCETOMA (MADURA FOOT)

The disease known by this name is not unlike actinomycosis. It is more or less strictly limited to warmer climates and was first recognized as a clinical entity, in India, by Carter.[1] Clinically it consists of a chronic productive inflammation most frequently attacking the foot, less often the hand, very infrequently other parts of the body. Nodular swellings occur, which break down in their centers, leading to the formation of abscesses, later of sinuses. Often the bones are involved and a progressive rarefying osteitis results. From the sinuses a purulent fluid exudes, in which are found characteristic granular bodies. These may be hard, brittle, and black, resembling grains of gunpowder, or may be grayish-white or yellow and soft and grumous. According to the appearance of these granules, two varieties of the disease are distinguished, the "melanoid" and the "ochroid." Many observers believe that the yellow or ochroid variety is, in fact, actinomycosis. The black variety, which is certainly a distinct disease, is caused by a member of the hyphomycetes group. The parasite has been carefully studied by Wright,[2] from whose description the following points are taken:

The small, brittle granules observed under the microscope show a dark, almost opaque center along the edges of which, filaments, or hyphæ, may be seen in a thickly matted mass. By crushing the granules under a cover-slip in a drop of sodium hypochlorite or of strong sodium hydrate, the black amorphous pigment is dissolved and the structural elements of the fungus may be observed. They seem to be composed of a dense meshwork of mycelial threads which are thick and often swollen, and show many branches. Transverse partitions are placed at short distances and the individual filaments may be very long. Spores were not observed by Wright. In a series of over fifty cultivations on artificial media from the original lesion, Wright obtained growth in a large percentage.

In *broth*, he obtained at first a rapid growth of long hyphæ which eventually formed a structure which he compares in appearance to a powder-puff.

On *agar*, growth appeared within less than a week and spread over the surface of the medium as a thick meshwork of spreading hyphæ of a grayish color. In old cultures black granules appeared amo the mycelial meshes.

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[1] *Carter* on Mycetoma, etc., London, 1874.

[2] *Wright*, Jour. of Exper. Med., 3, 1898.

On *potato*, he observed a dense velvety membrane, centrally of a p brown, white at the periphery. Small brown droplets appeared on t growth in old cultures.

Animal inoculation with this microorganism has so far been successful.

CHAPTER XLV

THE YEASTS

(*Blastomycetes*, *Saccharomycetes*)

THE yeasts or blastomycetes form a distinctive family among unicellular microorganisms, characterized essentially by their method of multiplication by budding. By this, they are sharply separated from the bacteria. Their differentiation from the higher fungi, the hyphomycetes, however, is less definitely established, since the chief characteristic of this latter class, the formation of hyphæ and mycelial threads, has occasionally been described for some of the forms otherwise identified with the yeasts. It is probable that a gradual transition between the two families exists, represented by a number of connecting forms, sometimes spoken of as oïdia. For the practical purposes of the bacteriologist, the yeast family is sufficiently distinct, both morphologically and biologically, to make a separate classification extremely useful.

The yeast cell, as a rule, is oval, but among the wild yeasts, or "torulæ," spherical forms are common. In size, great variations occur, but in general the yeasts are much larger than bacteria, measuring usually from 10 to 20 micra in length with a width of about one-half or two-thirds of the long diameter. They possess a well-defined, doubly-contoured cell-membrane, composed chiefly of cellulose, and their body protoplasm, unlike that of the bacteria, shows definite structure. Within a mass of finely granul arcytoplasm, a number of highly refractive globules and vacuoles may be observed. Some of the globules have been interpreted as fat-droplets. Other granules, revealed by special staining methods, are interpreted as nuclear material.

When budding takes place, the mother cell sends out a small, globular evagination of the cell membrane into which maternal protoplasm flows. This bud gradually enlarges until it has attained approximately the same size as the original cell. Until that time, free intercommunication between the protoplasm of mother and daughter cell exists. Finally, by gradual narrowing of the isthmus connecting the two, the daughter cell becomes complete and free. By some observers definite karyokinetic changes in the nuclear structures have been described as accompanying the budding process. This observation, however, has not been generally confirmed. Under conditions of special stress, such as unfavorable environment or lack of nutrition, most yeasts possess the power of forming spores. These, called "ascospores," are formed within the yeast cell itself, each spore forming a separate membrane of its own, but all of them lying well protected within the original cell-membrane. The number of ascospores formed is constant for each species, and rarely exceeds four.

The yeasts have been studied most extensively in connection with fermentation and are industrially of great importance in the production

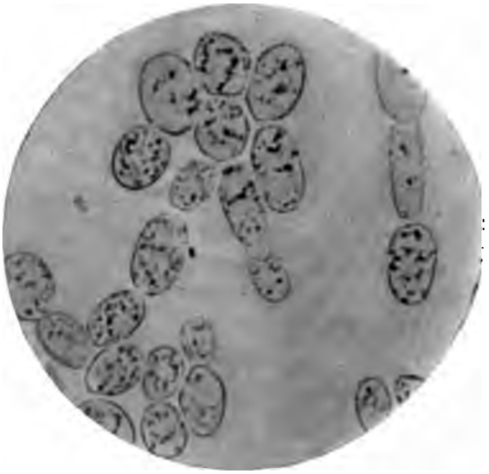

FIG. 144.—YEAST CELLS. Young culture unstained. (After Zettnow.)

of wine and beer. Although Schwann, as early as 1837, recognized the fact that many fermentations could not occur without the presence of yeast, it was not until considerably later that the study of yeast fermentation was put upon a scientific basis. The typical fermentative action consists in the transformation of sugar into ethyl alcohol according to the following formula:

$$C_6H_{12}O_6 = 2C_2H_5OH + 2CO_2$$

The enzyme by which this fermentation is produced is known as "zymase," and is, according to Buchner, in most cases, an endo-enzyme which may be procured from the cell by expression in a hydraulic press. In addition to this, however, the various yeasts also produce other ferments by means of which they may split higher carbohydrates, such as saccharose, maltose, and even starch, and prepare them for action of the zymase. The manner in which this is accomplished, and the by-products which are formed during the process, vary among different species, and it is for this reason that the employment of pure cultures is of such great importance in the wine and beer industries where differences in flavor and other qualities may be directly dependent upon the particular species of yeast employed for the fermentation. It is due to the work chiefly of Pasteur [1] and of Hansen [2] that the beer and wine industries have been carried on along exact and scientific lines.

As the incitants of disease in man, the yeasts have been much studied since 1894, when Busse [3] reported a case of fatal, generalized yeast infection, beginning from a tibial bone abscess. The microorganism which was found in this case he named "Saccharomyces hominis." In morphological and biological characters it appeared to be a typical yeast, grew readily upon most artificial media, and produced active fermentation in sugars. Mycelia were not observed. When inoculated into animals, this yeast proved pathogenic for mice and rats. A peculiarity of Busse's culture, observed since then in the case of many pathogenic yeasts, was the formation of gelatinous capsules, of varying thicknesses, about the individual cells, developing with particular luxuriance in the animal lesions.

In 1896, Gilchrist [4] described a peculiar skin disease, which he spoke of as pseudo-lupus vulgaris, in the lesions of which he demonstrated a large number of round, doubly-contoured bodies which, though differing somewhat from Busse's saccharomyces, were unquestionably members of, or closely related to, the family of blastomycetes.

In the same year, Curtis,[5] in France, isolated a similar form from a myxoma of the leg. Ophüls [6] has described a number of fatal cases occurring in California, which at first were wrongly interpreted as protozoan in origin, but later were determined by him to be caused by a species of blastomycetes. In a case observed by Zinsser [7] similar microorganisms were isolated from an abscess of the back, which in almost all respects corresponded to Gilchrist's cultures. Animal inoculation in rabbits and guinea-pigs proved positive in this case and the organism seemed to show selective action for the lungs and spleen. In the lungs of the animals, especially, lesions were found with surprising regularity even when the inoculation was made intraperitoneally.

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[1] *Pasteur*, "Études sur la bière," Paris, 1876.

[2] *Hansen*, "Prac. Studies in Fermentation," London, 1896.

[3] *Busse*, Cent. f. Bakt., I, xvi, 1894, and Virch. Arch., 140, 1895.

[4] *Gilchrist*, Bull. Johns Hopkins Hosp., vii, 1896.

[5] *Curtis*, Ann. de l'inst. Pasteur, 10, 1896.

[6] *Ophüls*, Jour. Exp. Med., 6, 1901.

[7] *Zinsser*, Proc. N. Y. Path. Soc., vii, 1907.

Cases of blastomycotic infection in man have been reported in large numbers and appear to be less rare than they were formerly believed to be. The clinical course of the disease is by no means uniform. A well-defined clinical picture seems to characterize the cases of blastomycotic dermatitis first described by Gilchrist. The eruption is very chronic and begins usually as a small pimple or papule with moderate induration of the skin. Scabs and pustules then form, which discharge yellowish-white pus. As the lesion slowly spreads, the older areas show a tendency to spontaneous healing. In Gilchrist's[1] case, it took four years for the lesion to spread two inches. When not purely cutaneous, blastomycotic infection takes the form of chronic abscess formation occurring in various parts of the body. In the latter, metastatic lesions in the lungs have been occasionally observed, and in one case cited by Ophüls,[2] the lung seemed to have been the primary focus.

The fact that blastomycetes have frequently been found in tumor tissue has led several Italian observers[3] to assume an etiological relationship between these microorganisms and malignant growths. Absolutely no satisfactory evidence in favor of such a belief has been advanced, however, and the yeasts in these conditions must be regarded as purely fortuitous findings.

In animals, diseases caused by members of the yeast family have been reported by various observers. The most important communication of this kind is by Tokishige,[4] who found these microorganisms in a nodular skin disease occurring among horses in Japan. Sanfelice[5] has isolated similar microorganisms from the lymph glands of a horse which was apparently suffering from a primary carcinoma of the liver. The same author has described a member of this group which he obtained from a cheesy consolidation occurring in the lung of a hog.

Demonstration of the organisms offers little difficulty either in fresh preparations of the pus under a cover-slip, or in smears stained with thionin, methylene-blue, or the polychrome stains. In fresh preparations the addition of a little NaOH in weak solution facilitates the search. When found, the organisms are easily recognized by their size, their highly refractive doubly-contoured cell-membrane, their vacuolated protoplasm, and, most important, by the discovery of budding forms. In tissue sections they are recognizable by the ordinary hematoxylin-eosin technique, but may be better demonstrated by the Loeffler methylene-blue method in use for bacterial tissue-staining. Excellent preparations are obtained by staining frozen sections with thionin, a method well adapted for the demonstration of capsules.

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[1] *Rixford* and *Gilchrist*, Johns Hopkins Hosp. Rep., i, 1896.

[2] *Ophüls*, loc. cit.

[3] *Sanfelice*, Cent. f. Bakt., I, xxxi, 1902.

[4] *Tokishige*, Cent. f. Bakt., I, xix, 1896.

[5] *Sanfelice*, Cent. f. Bakt. I, xviii, 1895, and Zeitschr. f. Hyg., xxi, 1895.

The cultivation of the blastomycetes is comparatively easy after they have once been obtained in pure culture. Their isolation, however, usually is difficult when they occur in material contaminated with bacteria. Growing more slowly than the bacteria, cultures taken from such contaminated material usually show very few yeast colonies. No special methods of facilitating the procedure have been devised, but success will often attend painstaking and oft-repeated plating of the mixed cultures in high dilution. The most favorable medium for this process is glucose agar. When once obtained in pure culture, the blastomycetes can readily be kept alive for indefinite periods by transplantation repeated every two or three months. On *agar* or *glucose agar*, colonies appear after about three or four days as minute, glistening, white hemispherical spots which are not unlike colonies of staphylococcus albus. Planted in agar stab cultures, the microorganisms indicate their preference for a well-oxygenated environment by growing but slightly along the course of the stab, but by heaping up in a thick, creamy layer upon the surface of the medium. This layer in old cultures may be a quarter of an inch high. At first white, the growth, after three or four weeks, may turn distinctly yellow or even brown. In *broth*, the microorganisms form a stringy, gelatinous, and uneven cloud. On *Loeffler's blood-serum* media, and upon *gelatin*, growth is easily obtained. The gelatin is not liquefied. Sugar media are fermented by few of the pathogenic blastomycetes, a fact which places them rather in distinct contrast with the fermenting yeasts used in the industries.

Great and fundamental differences seem to exist between the pathogenic species described by various observers, and attempts at systematizing the various members of the group, such as that by Rickets,[1] have met with almost insurmountable obstacles. Some of the forms described, like that of Busse, have fermented sugars and have not formed mycelia, while organisms like that of Gilchrist did not cause fermentation in carbohydrate media, but, by their formation of mycelia under certain conditions, have indicated their close relationship or possibly their identity with the oïdia, transitional forms between the yeasts and the hyphomycetes. It is thus, in the light of our present knowledge of these microorganisms, quite impossible to establish within this group a distinct classification that is at all reliable.

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[1] *Rickets*, Jour. Med. Res., 6, 1902.

In considering the possible origin of blastomycotic infection in animals and man, it is, of course, important that we should have some knowledge as to the pathogenic properties of the yeast met with and handled in daily life. Rabinowitsch,[1] with this in view, has investigated the pathogenic properties of fifty different species of yeasts obtained from fruit, manure, dough, and other sources, and among them found only seven varieties that had any pathogenicity for rabbits, mice, or guinea-pigs. In most of her successful inoculations, however, the disease produced in the animals had but very little resemblance to the blastomycotic conditions observed in man.

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[1] *Rabinowitsch*, Zeit. f. Hyg., xxi, 1895.

CHAPTER XLVI

HYPHOMYCETES

(*Eumycetes, Molds*)

THE hyphomycetes or molds interest the bacteriologist chiefly because of the frequency with which they appear as contaminants during bacterial cultivation, and because they play the rôle of incitants in a few common diseases of the skin and mucous membranes.

Morphologically they are entirely distinct from and much more complex than the bacteria. To the yeasts they are more closely related, the gap between the two classes being bridged by certain forms often spoken of as "oïdia" which, though usually appearing in the budding yeast-form, may occasionally grow out in mycelial threads.

The characteristic feature of the hyphomycetes as a class is the formation of long, interlacing filaments or threads, known as mycelia. From these, branches come off which are spoken of as "hyphæ." Each mycelial thread possesses a well-marked, doubly-contoured sheath or cell-wall and a finely granular protoplasmic cell-body, which, in some of the forms, is multinucleated.

Two main classes of hyphomycetes are distinguished, the *phycomycetes*, and the so-called higher forms, or *mycomycetes*. The former class is characterized by the fact that no partitions exist within the mycelial threads or hyphæ, the entire meshwork of a single microorganism consisting of one multinucleated cell. This group, furthermore, possesses the power of reproduction by both a sexual and an asexual process. The second class, or the mycomycetes, possess a mycelial meshwork which is divided into numerous partitions, and reproduces usually by the asexual process only.

The process of reproduction, upon the basis of which the separation of groups within this class is determined, is best illustrated by citing a common example of each of the main divisions.

As an example of the phycomycetes, the division most commonly met with upon contaminated gelatin plates, or upon exposed and moist organic matter of any description, is the one spoken of as the *muco-*

rinæ. Most forms belonging to this division appear, gr
light, cotton-like fluff, spreading in a thin fur over the surf
culture medium. Examined with the low power of a micros
may be seen a complicated network of fine *mycelial threads*, w
no septa and from which delicate *hyphal branches* arise. In
tion of the asexual spore organs near the tip of each hypha
appears. The tip of the hypha then gradually enlarges an
spherical capsule which is known as the *sporangium*. The

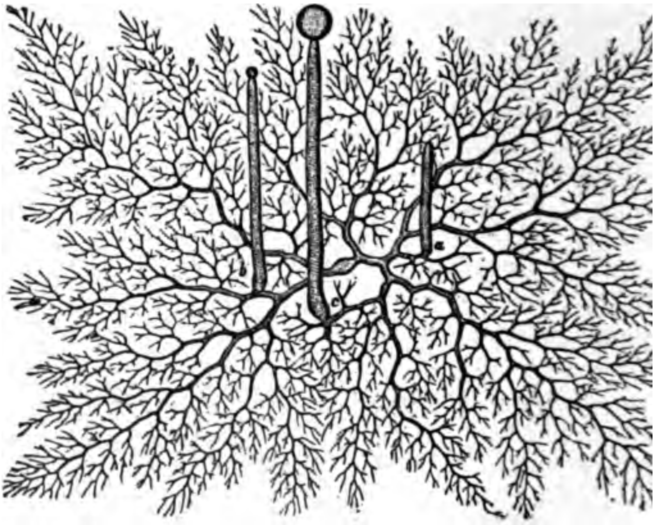

FIG. 145.—MUCOR MUCEDO. Single-celled mycelium with three h
one developed sporangium. (After Kny, from Tavel.)

portion of the hypha which projects into the sporangium is
as the *columella*. Within the sporangium, a large number
round spores are formed. When these are ripe, the wall of
angium bursts and the spores escape. Upon suitable media,
mycelia develop from these spores. The sexual reproduction,
curs in this group, takes place in the following way: From tw
placed in close apposition, lateral branches grow toward e
These are spoken of as *gametophores*. The tips of the gam
soon come in contact and, for a time, their protoplasm fre
communicates. Septa are then formed which cut off from th
hyphæ a central cell, the *zygospore*. This zygospore graduall

and, under favorable conditions, sends out a branch which terminates in a non-sexual sporangium.

Among the higher molds, or mycomycetes, various methods of sporulation occur, but sexual reproduction does not usually take place.

One of the most commonly found genera is that of *Penicillium*. In this form the mycelial threads are partitioned off, by many transverse septa, into a number of separate cells. From these, hyphæ, also septate, are given off. From the ends of these hyphæ, germinating branches arise which are known as *conidiophores*. These conidiophores divide into two or three septate branches, the *sterigmata*. From the ends of these, other sterigmata may be given off and from the tip of each of these a single chain of spores or *conidia* are constricted off. The result is an appearance not unlike a hand in which the wrist represents the conidiophore; the metacarpal bones, the sterigmata; and the fingers, the long streptococcus-like chains of conidia.

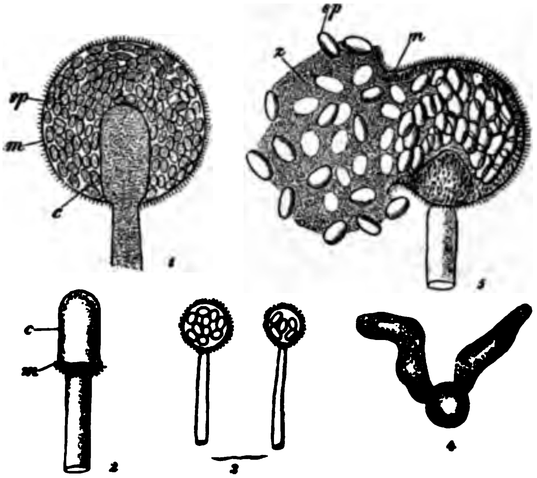

FIG. 146.—MUCOR MUCEDO. 1. Sporangium, *c*. columella, *m*. sporangium capsule, *sp*. spores. 2. Columella, after bursting of sporangium. 3. Poorly developed sporangia. 4. Germinating spore. 5. Emptying of sporangium. (After Brefeld.)

Similar to and even more common than the penicillia are the varieties known as *Aspergillus*. These forms, like the preceding, form delicate mycelial meshworks from which branches or *conidiophores* about 3–10 mm. in length, arise. These develop club-shaped expansions at their free ends and from these club-shaped expansions radially arranged *sterig-*

mata arise. On the ends of these sterigmata spores or *conidia* develop similar to those developed by penicillium.

Other forms of sporulation occur within this group. Thus, tubular spore capsules may be formed within the end segments of the hyphæ, known as *ascospores*. In other cases, within a mycelial thread, a swelling may take place into which protoplasm flows from the neighboring cells, at both ends. In this way, an oval spore case is developed within the course of the mycelial thread. This is known as a *chlamydospore*. The segments on each side of the chlamydospore die out and the spore capsule is liberated from the mycelium.

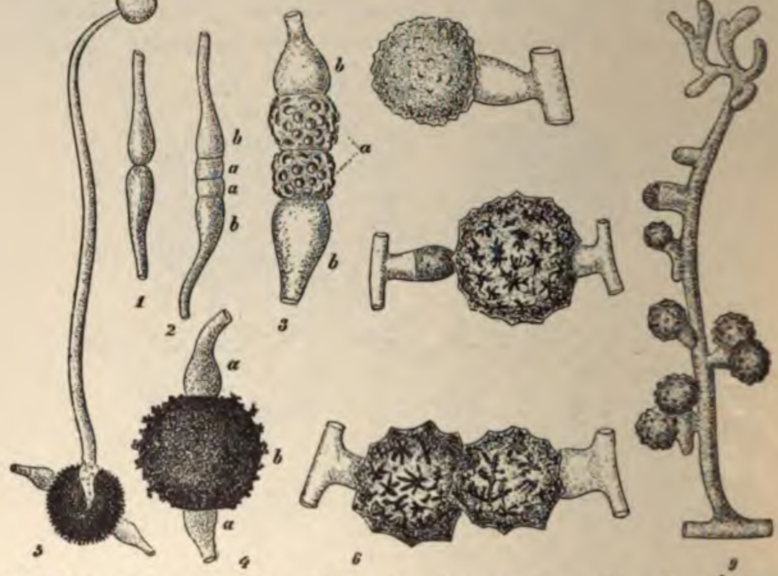

FIG. 147.—MUCOR MUCEDO. Formation of zygospore. 1. Two branches coalescing. 2 and 3. Process of conjugation. 4. Ripe zygospore. 5. Germination of zygospore. 6 and 7. *Mucor erectus*. Azygo sporulation. No two branches meet, but form spores without conjugation. 8 and 9. *Mucor tenuis*. Azygo sporulation. The spores grow out from side branches without sexual union. (1–5 after Brefeld; 6–9 after Bainier, from Tavel.)

The classification of the various divisions of the hyphomycetes is a problem requiring much study and great botanical insight, and can hardly be discussed in a general work on bacteriology.

Upon artificial media, the members of this group are not at all fastidious, growing easily upon organic matter of all kinds, provided moisture is present. In laboratories they are frequently found as contaminants, and in order to procure them for purposes of study it is only necessary to expose agar or gelatin plates in a dusty, dark corner. In households they are frequently found growing in store-rooms upon stale bread, shoes, leather trunks, and on remnants of food. Most of them prefer an acid environment and are dependent upon a free supply of oxygen. At room temperature they grow more readily than at the usual incubator temperature.

DISEASES CAUSED BY HYPHOMYCETES

Pityriasis versicolor (*Microsporon furfur*).—Pityriasis is a disease of the skin observed chiefly among persons living under conditions of uncleanliness, or among those who combine these conditions with a tendency to profuse perspiration. It begins as a small, light brown or yellowish patch upon the skin of the abdomen, breast, or back, is flat and barely raised from the cutaneous surface. It spreads and coalesces with similar spots until the entire area resembles strongly the figures of a map with irregular continents and islands. The disease does not penetrate into the skin itself, but consists, as Plaut has pointed out, of a simple saprophytism of the inciting agent upon the skin.

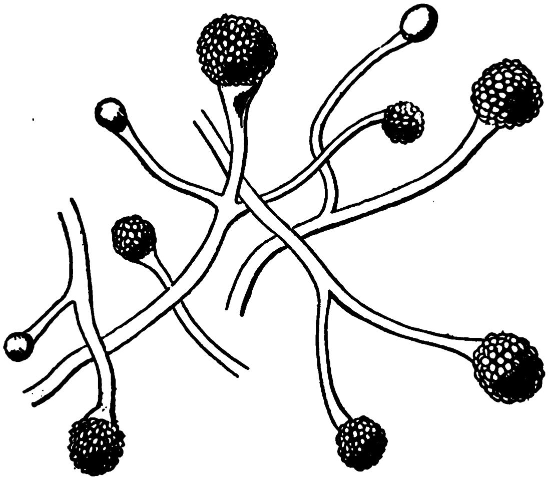

FIG. 148.—MUCOR RAMOSUS. Ripe sporangia on columellæ. (After Lindt.)

The condition is caused by a member of the group of Hyphomycetes, discovered in 1846 by Eichstedt, and later named Microsporon furfur.

The microorganism consists of a dense meshwork of myc from which septate hyphæ arise in large numbers. From these, spores arise in rows, after the manner depicted for (Fig. 149). The hyphæ, according to Unna,[1] show a cl bending at right angles, due to a slight flattening of their Characteristic of the microsporon proper, in preparations

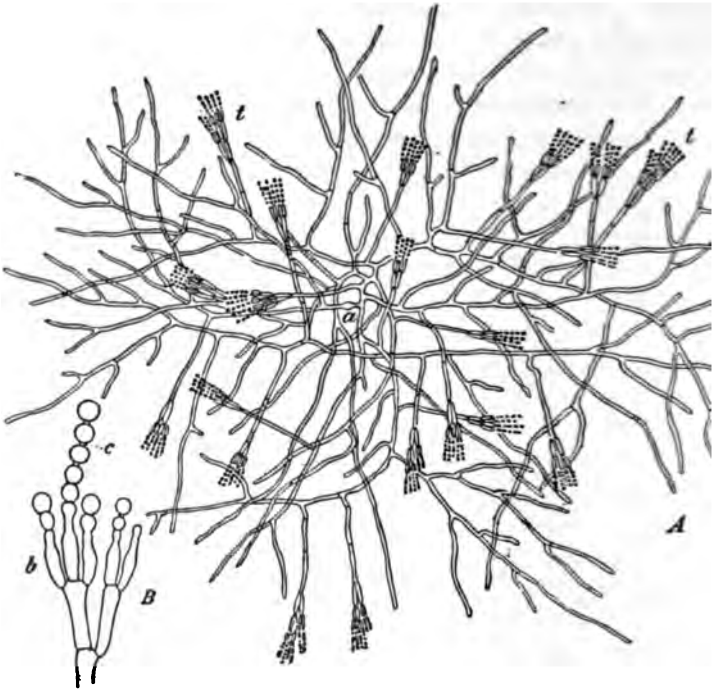

FIG. 149.—PENICILLIUM GLAUCUM. A. Showing septate mycelia. B hypha—branching into two conidiophores, from which are given off the s From the ends of these are developed the round conidia. (After Zopf.)

cutaneous scrapings, are the fragments of bent hyphæ and numbers of free spores.

Cultivation of Microsporon furfur has been successfully out by many observers.[2] Growth is particularly characteris potato, white or yellowish-white colonies appearing within fou days and rapidly spreading over the entire surface of the potat

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[1] *Unna*, "Histopathol. of Skin," transl., N. Y., Macmillan, 1896.

[2] *Kotjar*, Ref. Baumgarten's Jahresbericht, 1892.

Thrush (*Soor or Muguet; Oïdium albicans*).—Thrush is a localized disease of the mouth occurring most frequently in children suffering from malnutrition or it occurs, under conditions of uncleanliness, upon an area of catarrhal inflammation of the mucous membrane.

The microorganism which causes the condition was first described by Langenbeck in 1839, and has, since then, been studied by many observers. It was successfully cultivated by Grawitz[1] in 1886 and recognized by him as belonging to the hyphomycetes. The most careful cultural studies which have been made upon the Oïdium albicans are those of Linossier and Roux.[2]

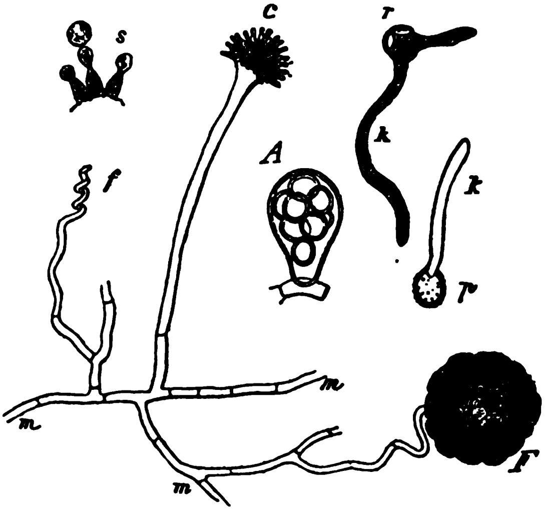

FIG. 150.—ASPERGILLUS GLAUCUS. *m*. Mycelial threads. *s*. Sterigmata. *r*. Ascospore. *p*. Germinating conidium. *A*. Ascus. (After de Bary.)

Morphologically, the oïdium consists of budding cells, resembling those of yeast, which, under certain conditions, can produce mycelia and hyphæ from which spores are developed. Two main varieties are described, that which produces large spores and liquefies gelatin in culture, and that which gives rise to smaller spores and fails to liquefy gelatin. In many cases only the yeast-like budding cells can be found; these, however, when subjected to unfavorable cultural conditions, may be induced to send out hyphæ and form spores. Like yeasts, but to a lesser degree, the Oïdium albicans causes fermentation in sugars. It develops best under slightly acid conditions and in the presence o oxygen, upon gelatin and agar.

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[1] *Grawitz*, Virch. Arch., 1886.

[2] *Linossier* and *Roux*, Comptes rend. de l'acad. des sci., 1889.

Favus (*Achorion Schoenleinii*).—Favus is a disease atta chiefly the hairy portions of the body of man and some domestic ani In man, it is found most frequently in undernourished children up scalp. It is a disease of extremely chronic course and is very res to treatment. Beginning as a small erythematous spot, it soon de into small sulphur-yellow cupped crusts, which are placed usually the base of a hair. These may spread and coalesce. The small i tated crust is spoken of as a scutulum. When such a scutulum moved and examined under a microscope, teased out in a few dr

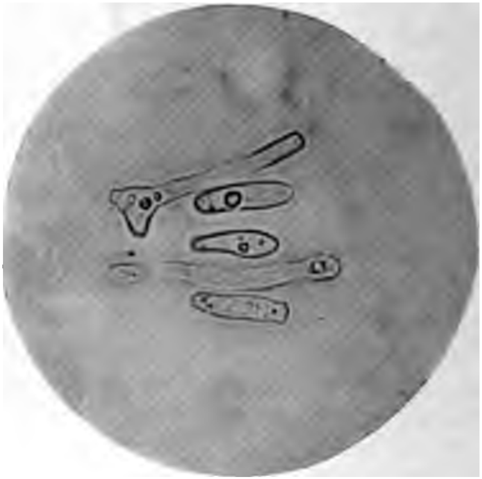

FIG. 151.—THRUSH. Oïdium albicans, stained. (After Zettnow.)

strong sodium hydrate solution (20 per cent), the incitant of the di may be easily recognized and studied. In such a preparation the ter of the scutulum is found to be made up chiefly of small do contoured spores which are irregularly oval or round, and may b ranged in chains, lying scattered among an extremely dense mesh of fine mycelial threads. Toward the periphery of the scutulum, spores are less numerous and the looser arrangement of the mesh permits us to distinguish distinct filaments of mycelia which off hyphæ, the ends of which are often swollen into small kn The interior of the scutulum usually contains a pure culture of fungus.

Many varieties of achorion have been described, but Plaut[1] believes hat, at the present time, it is not possible to separate these from one nother, owing to the fact that selective cultivation has succeeded in ltering many of the characteristics displayed by many of the strains. he same observer recommends the following method for obtaining pure ultures of this microorganism. As much of the material as can be onveniently obtained is gently rubbed up in a sterile mortar with fine and or infusorial earth. The triturated material is then inoculated into luid agar and plates are poured.

Ordinary streaked plates upon agar may also be used with success vith material directly from the centers of scutula.

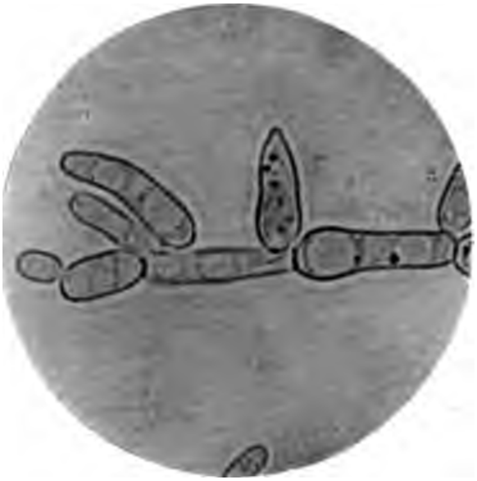

FIG. 152.—THRUSH. Oïdium albicans, unstained. (After Zettnow.)

The achorion grows best upon acid agar at a temperature of 37.5° C. rowth appears within from forty-eight hours to three days as yellowish lisks, which occasionally may be slightly furred with aërial hyphæ.

Ringworm (*Trichophyton tonsurans*).—Ringworm, Tinea circinata, r Herpes tonsurans, is a contagious disease of the skin and hair, occuring most often in children and appearing upon both the haired portions f the body, as well as upon free skin. It is characterized by the formaion of circular scaly patches, within which the hairs fall out.

The disease is caused by several species of the trichophyton, a genus f hyphomycetes. These microorganisms were first recognized as incitants of the disease by Gruby[1] in 1841, and were most thoroug studied later, by Sabouraud.[2] The fungi consist of finely interla narrow septate mycelia, within which characteristic swellings app From these swellings, chlamydospores develop. Hyphæ, both aërial a deep, grow out of the mycelial threads, on the ends of which ascop may develop. In the diseased skin, the fungi grow chiefly within t hair sheath, causing an area of secondary inflammation about the b of the hair. The infection probably begins first in the epidermis s rounding the hairs, from which it then spreads into the hair bulb a thence grows up into the substance of the hair in which mycelial thre

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[1] *Plaut*, in Kolle und Wassermann's "Handbuch," I.

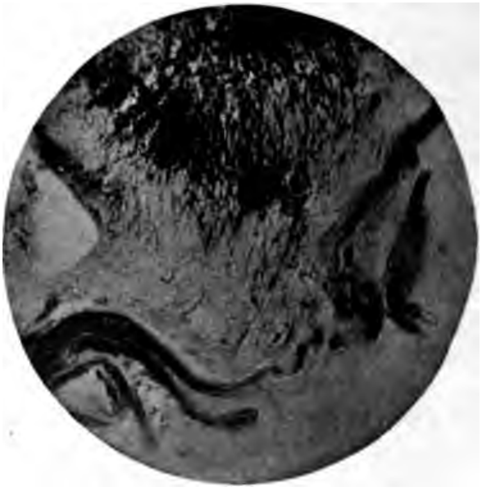

Fig. 153.—Achorion Schoenleinii. Section of favus crust. Stained b Gram. (After Fraenkel and Pfeiffer.)

and spores develop in large numbers. The demonstration of the mi organisms from a case can easily be accomplished by epilating a affected hair, making sure that the hair bulb has been removed. T is then immersed under a cover-slip in a drop of sodium hydrate potassium hydrate solution and examined under the microscope. this way enormous numbers of short mycelial threads and spores be seen to lie within the bulb. Many varieties of these fungi have described from different cases. Their interrelationship is not enti clear. In general, a division is made between those which develop large spores and a more common small-spored variety.

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[1] *Gruby*, Comptes rend. de l'acad. des sci., 13, 1841.

[2] *Sabouraud*, Ann. de dermat. et de syph., 3, 1892, and 4, 1893.

Cultivation is comparatively simple and is best carried out upon acid glucose agar or gelatin. Upon such media, within five or six days, mycelial threads, which are septate and form chlamydospores, may be observed. Pigment, reddish or brown, is occasionally noted. Gelatin is liquefied. The disease may be produced with such cultures upon guinea-pigs. In man, the disease is usually acquired by infection from patient to patient.

Other Diseases in which Hyphomycetes have been Found.—A number of cases have been described in which members of this group have been found at autopsy in the lungs of persons dying of bronchopneumonia.[1] In most of these cases, the fungus found belonged to the aspergillus group and was regarded as a merely secondary invader. A few cases, however, have been reported in which the fungus was regarded as the primary cause of the disease. A single case is on record, in which an intestinal infection with a member of the genus mucor resulted in a generalized infection with pulmonary and secondary cerebral abscesses. In birds, a disease of the lungs has long been known to be due to various species of aspergillus. In many domestic animals, diseases of the skin and hair occur which are caused by microorganisms similar to, or identical with, those occurring in man.

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[1] *Sticker*, Nothnagel, " Spez. Path. u. Ther.," 14, 1900.

SECTION IV

DISEASES OF UNKNOWN ETIOLOGY

CHAPTER XLVII

RABIES

(*Hydrophobia, Rage, Lyssa, Hundswuth*)

RABIES is primarily a disease of animals, infectious for practically all the mammalia, but most prevalent among carnivora, dogs, cats, and wolves. It is said also to occur spontaneously among skunks of the southwestern United States, and is readily inoculable upon guinea-pigs, rabbits, mice, rats, and certain birds, chickens and geese being especially susceptible. Man is subject to the disease. Infection usually occurs as a consequence of the saliva of rabid animals gaining entrance to wounds from bites or scratches. The disease is prevalent to an alarming extent in all civilized countries except England, where the careful supervision of dogs, enforcement of muzzling laws, and rigid legislation regarding the importation of dogs, have caused a practical eradication of the disease in that country. A fair estimate of the prevalence of the disease may be obtained from the statistics of animals dying or killed because of rabies in different countries. In Germany, according to Kolle and Hetsch, during the fifteen years ending in 1901, there were 9,069 dogs, 1,664 cattle, 191 sheep, 110 horses, 175 hogs, 79 cats, 16 goats, 1 mule, and 1 fox affected with rabies. In the eastern United States the disease is not uncommon. The statistics of the New York Department of Health, for a period of six months ending December 31, 1907, show 74 cases of rabies among dogs in the city of New York and vicinity. Among human beings the disease is no longer common in civilized countries, since early preventive treatment is successfully applied in almost all infected subjects.

Experimental infection in susceptible animals is best carried out by injections of a salt-solution emulsion of the brain or spinal cord of an afflicted animal, subdurally, through a trephined opening in the skull, but may also be accomplished by injection into the peripheral nerves, the spinal canal, or the anterior chamber of the eye. Intravenous and intramuscular injections are also successful, though less regularly so.

The time of incubation after inoculation varies with the nature of the virus used, the location of the injection, and the quantity injected. In accidental infections of man and animals the incubation is shortest and the disease most severe when the wounds are about the head, neck, and upper extremities and are deeply lacerated. This is explained by the fact that the poison is conveyed to the central nervous system chiefly by the path of the nerve trunks. This has been experimentally shown by di Vestea and Zagari[1] who inoculated animals by injection into peripheral nerves, and showed that the nerve tissue near the point of inoculation becomes infectious more quickly than the parts higher up; thus the lumbar cord of an animal inoculated in the sciatic nerve is infectious several days before virus can be demonstrated in the medulla.

In man, infected with "street virus," that is, with the virus of a dog or other animal not experimentally inoculated, the incubation period varies from about forty to sixty days. Isolated cases have been reported in which this period was prolonged for several months beyond this.

The virulence of rabic virus may be markedly increased or diminished by a number of methods. By repeated passage of the virus through rabbits, Pasteur[2] was able to increase its virulence to a more or less constant maximum. Such virus which had been brought to the highest obtainable virulence, he designated as "virus fixe." Inoculation of rabbits, dogs, guinea-pigs, rats, and mice with such virus usually results in symptoms within six to eight days. The same animals inoculated with street virus may remain apparently healthy for two to three weeks.

In dogs and guinea-pigs inoculation usually results first in a stage of increased excitability, restlessness, and sometimes viciousness. This is followed by depression, torpor, loss of appetite, inability to swallow, and finally paralysis. In rabbits the disease usually takes the form of what is known as "dumb rabies," the animals gradually growing more somnolent and weak, with tremors and gradual paralysis beginning in the hind legs.

In experimentally infected birds the disease is slow in appearing and may show a course of gradually increasing weakness and progressive paralysis extending over a period of two weeks after the appearance of the first symptoms.

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[1] *di Vestea* and *Zagari*, Ann. de l'inst. Pasteur, iii.

[2] *Pasteur's* work on rabies. Compt. rend. de l'acad. des sciences, 1881, 1882, 1884, 1885, 1886, and Ann. de l'inst. Pasteur, 1887 and 1888.

In man, the disease begins usually with headache and nervous depression. This is followed by difficulty in swallowing and spasms of the respiratory muscles. These symptoms occur intermittently, the free intervals being marked by attacks of terror and nervous depression. Occasionally there are maniacal attacks in which the patient raves and completely loses self-control. Finally, paralysis sets in, ending eventually in death.

Pathological examination of the tissues of rabid animals and human beings reveals macroscopically nothing but ecchymoses in some of the mucous and serous membranes. Microscopically, however, many abnormal changes have been observed and were formerly utilized in histological diagnosis of the condition. Babes[1] has described a disappearance of the chromatic elements in the nerve cells of the spinal cord. This observation has been confirmed by others,[2] but is no longer regarded as pathognomonic of rabies. The same observer has described a marked leucocytic infiltration which occurs about the blood-vessels of the brain and about the ganglia of the sympathetic system. These changes are not found in animals infected with virus fixe and are present only in animals and human beings inoculated with street virus.

The causative agent of rabies is not known. A number of observers have reported the cultivation of bacteria from the central nervous system of infected subjects; none of these claims, however, has found confirmation.

In 1903, Negri[3] of Pavia described peculiar structures which he observed in the cells of the central nervous system of rabid dogs. While present in all parts of the brain, these "Negri bodies" are most regularly present and numerous in the larger cells of the hippocampus major and in the Purkinje cells of the cerebellum. The presence of these structures in rabid animals and man has been confirmed by a large number of workers in various parts of the world and the specific association of these bodies with the disease is now beyond doubt. In consequence, the determination of "Negri bodies" in the brains of suspected animals has become an extremely important method of diagnosis—more rapid and accurate than the methods previously known.

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[1] *Babes*, Virch. Arch., 110, and Ann. de l'inst. Pasteur, 6, 1892.

[2] *Van Gehuchten*, Bull. de l'acad. de méd. et biol., 1900.

[3] *Negri*, Zeit. f. Hyg., xliii and xliv.

The demonstration of Negri bodies in tissues is carried out as follows: A small piece of tissue is taken from the cerebellum or from the center of the hippocampus major (cornu ammonis), and is fixed for twelve hours in Zenker's fluid. It is then washed thoroughly in water and dehydrated as usual in graded alcohols, embedded in paraffin, and sectioned. The sections are best stained by the method of Mann, as follows:

The sections, attached to slides in the usual way, are immersed in the following solution for from twelve to twenty-four hours.

Methylene-blue (Gruebler OO), 1 per cent	35 c.c.
Eosin (Gruebler BA), 1 per cent	35 c.c.
Distilled water	100 c.c.

They are then differentiated in:

Absolute alcohol	30 c.c.
Sodium hydrate, 1 per cent in absolute alcohol	5 c.c.

In this solution blue is given off and the sections become red. After about five minutes the sections are removed from this solution, are washed in absolute alcohol, and are placed in water where they again become faintly bluish. It is of advantage to immerse them, now, in water slightly acidified with acetic acid. Following this they are dehydrated with absolute alcohol and cleared in xylol, as usual.

In preparations made in this way, the nerve cells are stained a pale blue, and in their cytoplasm, lying either close to the nucleus or near the root of the axis-cylinder process, are seen small oval bodies stained a deep pink. The bodies are variable in size, measuring from 1 to 27 micra in diameter. They are round or oval, show a more deeply stained peripheral zone which has been interpreted as a cell membrane, and, in their interior, often show small vacuole-like bodies. There may be more than one, often as many as three or four, in a single cell.

The rapid demonstration of Negri bodies in smears of brain tissue has recently been advocated by many observers and has been extensively used for diagnosis. It is carried out, according to Van Gieson,[1] in the following way: A small pin-head-sized piece of brain tissue from the regions indicated above, is placed on one end of a slide under a cover-glass and the cover is gently squeezed with the finger until the tissue is flattened out into a thin layer. The glass cover is then gently shifted across the slide until the brain tissue is smeared along the entire surface. These smears may be fixed in methyl alcohol and stained by the Giemsa method, as described in the chapter on Spirochæte pallida (see page 587).

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[1] *Van Gieson,* Proc. of N. Y. Pathol. Soc., N. S., iv, 1906.

Stained in this way, the Negri bodies are stained light blue, in contrast to the darker and more violet cell-bodies.

The smears may also be stained by a method originated by Van Gieson, which gives an excellent contrast stain and reveals more clearly the inner structure of the Negri bodies. Van Gieson's stain is prepared as follows:

Distilled water	10 c.c.
Saturated alcoholic solution of rosanilin violet	2 drops.
Saturated aqueous solution of methylene-blue diluted one-half with water	2 drops.

This method has been modified by Williams and Lowden,[1] who add to 10 c.c. of distilled water 3 drops of saturated alcoholic basic fuchsin and 2 c.c. of Loeffler's methylene-blue. The slides are fixed in methyl alcohol, washed in water, and covered with the freshly prepared stain. The slide is held over the flame until the solution steams and is then rinsed in water and dried. The Negri bodies assume a brilliant hue and contain in their interior darkly stained, irregular particles which have been interpreted as chromatin bodies. As to the nature of the Negri bodies opinions are still divided. Their constant presence in rabic brain tissue is unquestioned and their diagnostic significance well established. Cultivation experiments, however, have been uniformly unsuccessful. A number of observers, Negri himself, Calkins,[2] Williams and Lowden,[3] and others, believe these bodies to be protozoa. The last-named authors base this opinion upon the definite morphology of the bodies, and their staining properties, which in many respects are similar to those of protozoa. These observers also claim that the morphology of the bodies shows a number of regular cyclic changes which are found accompanying different stages of the disease; these changes correspond, according to these workers, to similar cycles occurring among known protozoa of the suborders of the class "Sporozoa." Much has been said for and against this view, but, at the present time, the evidence collected does not warrant the positive assertion that the Negri bodies are parasitic in nature. Many pathologists still look upon them as specific degenerations of the nerve-cells similar to the changes observed by Babes.

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[1] *Williams* and *Lowden*, Jour. Inf. Dis., 3, 1906.

[2] *Calkins*, Discussion, Proc. N. Y. Pathol. Soc., N. S., vol. vi, 1906.

[3] *Williams* and *Lowden*, loc. cit.

The Specific Therapy of Rabies.—The treatment which is now prophylactically applied to patients infected with or suspected of infection with rabies has been but little altered either in principle or in technical detail since it was first worked out by Pasteur. In principle it consists of an active immunization with virus, attenuated by drying, administered during the long incubation period in doses of progressively increasing virulence.

By the repeated passage of street virus through rabbits, Pasteur obtained a virus of maximum and approximately constant virulence which he designated as *virus fixe.* By a series of painstaking experiments he then ascertained that such *virus fixe* could be gradually attenuated by drying over caustic potash at a temperature of about 25° C., the degree of attenuation varying directly with the time of drying. Thus, while fresh *virus five* regularly caused death in rabbits after six to seven days, the incubation time following the inoculation of dried virus grew longer and longer as the time of drying was increased, until finally virus dried for eight days was no longer regularly infectious and that dried for twelve to fourteen days had completely lost its virulence.

The method of active immunization, which Pasteur used, consisted in injecting, subcutaneously, virus of progressively increasing virulence, beginning with that derived from cords dried for thirteen days and gradually advancing to a strong virus. Thus the patient was immunized to a potent virus several weeks before the incubation time of his own infection had elapsed. Pasteur successfully proved the efficacy of his method upon dogs and finally upon human beings, the first human case being that of a nine-year-old child,—Joseph Meister.

TECHNIQUE OF RABIES THERAPY.—The technique developed by Pasteur is still, in the main, followed by those who treat rabies to-day.

I. As a preliminary, it is necessary to prepare or obtain *virus fixe.* This may generally be procured from an established laboratory or may be prepared independently by passing street virus through a series of young rabbits (weighing from 700 to 1,000 gms.). According to Högyes,[1] the passage of the virus through twenty-one to thirty rabbits, in this way, will reduce its incubation time to seven or eight days. Babes claims to obtain a *virus fixe* more rapidly by passing the virus alternately through rabbits and guinea-pigs.

For purposes of inoculation, virus is prepared by emulsifying in sterile salt solution, pieces of the medulla or cerebellum of animals dead of a previous inoculation. The brain tissue which is not emulsified may be preserved under sterile glycerin in a dark and cool place for further use.

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[1] *Högyes*, Quoted from Kraus and Levaditi, "Handb.," etc., I.

II. Rabbits are inoculated with *virus fixe* by intracranial injection. A small incision is made in the shaved scalp in the median line, and the skin is retracted. With a small trephine or a round chisel, an opening is made in the skull in the angle between the coronary and sagittal sutures. Through this opening about 0.2 to 0.3 c.c.of the *virus fixe* is injected, either directly into the brain substance or simply under the dura.

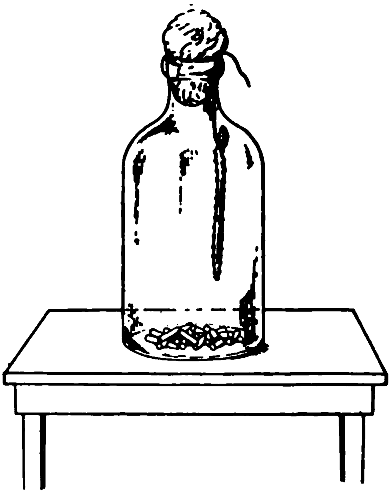

Fig. 154.—Method of Drying Spinal Cord of Rabbit for Purposes of Attenuation.

As soon as a rabbit so inoculated has died it is autopsied. The animal before dissection should be washed in a disinfectant solution—lysol or carbolic acid. The skin is then removed and the animal fastened to a dissecting board, lying on its ventral surface. The spinal canal is then laid open with a pair of curved scissors and the spinal cord carefully removed. This is accomplished by cutting across the cord in the lumbar region, and lifting this with a forceps while the nerve roots are divided from below upward.

The cord is suspended by a sterile thread within a large bottle into the bottom of which pieces of potassium hydrate have been placed. The bottle is then set away in a dark room or closet, the temperature of which is regulated so as to vary little above 25° C. Bacteriological controls as to the sterility of the cord should also be made.

After a suitable period of drying, pieces of the cord are prepared for injection. This is done in various ways at different laboratories. No attempt at exact dosage is made. At the New York Department of Health 1 cm. of the cord is emulsified in 3 c.c. of sterile eight-tenths per cent salt solution, the dose for injection being usually 2.5 c.c. Marx[1] emulsifies 1 cm. of the cord in 5 c.c. of sterile bouillon or salt solution, using 1 to 3 c.c. of this for injection according to the age of the cord. For shipment an addition of 20 per cent of glycerin and 0.5 per cent of carbolic acid is made.

The scheme of treatment is also subject to variations according to the individual customs of various laboratories. The following scheme is the routine of the Pasteur Institute in Paris, as quoted in Kraus and Levaditi, "Handbuch für Immunitätsforschung," Vol. I, p. 713.

Day of Treatment.	Mild Cases.	Dose.	Medium Cases.	Dose.	Severe Cases.	Dose.
	Days of Drying.		Days of Drying.		Days of Drying.	
1	14+13	3 c.c.	14+13	3 c.c.	A.M. 14+13 P.M. 12+11	3 c.c.
2	12+11	3 c.c.	12+11	3 c.c.	A.M. 10+9 P.M. 8+7	3 c.c.
3	10+9	3 c.c.	10+9	3 c.c.	A.M. 7 P.M. 6	2 c.c.
4	8+7	3 c.c.	8+7	3 c.c.	5	2 c.c.
5	6+6	3 c.c.	6+6	3 c.c.	5	2 c.c.
6	5	1 c.c.	5	2 c.c.	4	2 c.c.
7	5	1 c.c.	5	2 c.c.	3	1 c.c.
8	4	1 c.c.	4	2 c.c.	4	2 c.c.
9	3	1 c.c.	3	1 c.c.	3	1 c.c.
10	5	2 c.c.	5	2 c.c.	5	2 c.c.
11	5	2 c.c.	5	2 c.c.	5	2 c.c.
12	4	2 c.c.	4	2 c.c.	4	2 c.c.
13	4	2 c.c.	4	2 c.c.	4	2 c.c.
14	3	2 c.c.	3	2 c.c.	3	2 c.c.
15	3	2 c.c.	3	2 c.c.	3	2 c.c.
16			5	2 c.c.	5	2 c.c.
17			4	2 c.c.	4	2 c.c.
18			3	2 c.c.	3	2 c.c.
19					5	2 c.c.
20					4	2 c.c.
21					3	2 c.c.

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[1] *Marx*, Deut. med. Woch., 1899, 1900.

The treatment at the New York Department of Health is as follows:[1]

Day of Treatment.	Mild Cases.	Dose.	Medium Cases.	Dose.	Severe Cases.	Dose.
	Days of Drying.		Days of Drying.		Days of Drying.	
1	14+13	4 c.c.	10	4 c.c.	A.M. 10+9 P.M. 10+9	4 c.c.
2	12+11	4 c.c.	9	4 c.c.	A.M. 8+7 P.M. 8+7	4 c.c.
3	10+9	4 c.c.	9	4 c.c.	6	4 c.c.
4	8+7	4 c.c.	8+7	4 c.c.	4	4 c.c.
5	6	2 c.c.	6	2 c.c.	3	2 c.c.
6	5	2 c.c.	5	2 c.c.	4	2 c.c.
7	4	2 c.c.	4	2 c.c.	3	2 c.c.
8	3	2 c.c.	3	2 c.c.	2	2 c.c.
9	5	2 c.c.	2	2 c.c.	4	2 c.c.
10	4	2 c.c.	5	2 c.c.	1	2 c.c.
11	3	2 c.c.	4	2 c.c.	4	2 c.c.
12	5	2 c.c.	3	2 c.c.	3	2 c.c.
13	4	2 c.c.	2	2 c.c.	2	2 c.c.
14	3	2 c.c.	4	2 c.c.	4	2 c.c.
15	5	2 c.c.	3	2 c.c.	1	2 c.c.
16	4	2 c.c.	2	2 c.c.	4	2 c.c.
17			4	2 c.c.	3	2 c.c.
18			3	2 c.c.	2	2 c.c.
19			2	2 c.c.	4	2 c.c.
20					3	2 c.c.
21					2	2 c.c.
22					4	2 c.c.
23					3	2 c.c.
24					2	2 c.c.
25					4	2 c.c.
26					3	2 c.c.

The severity or mildness of cases is estimated from the depth and degree of laceration of the wounds, also from their location—bites about the face and upper extremities being the most dangerous.

During the course of such treatment patients may show troublesome erythema about the point of injection and occasionally backache and muscular pains. Treatment need not be omittted unless these symptoms become excessive.

The efficiency of the Pasteur treatment in rabies is no longer problematical. According to Högyes, 50,000 people have been treated within ten years, with an average mortality of 1 per cent.

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[1] Personal communication from Dr. Poor, of the New York Department of Health.

Although the method described above is the one which is extensively used in all established institutes for the treatment of rabies, other methods have been elaborated and used to a slight extent. One of the most important of these is the "dilution method" of Högyes. This method is carried out as follows: A definite quantity of the spinal cord of a rabbit dead of virus fixe is emulsified in 100 c.c. of normal salt solution. Dilutions of this emulsion are made and the patient is injected at first with a dilution of 1 : 1,000, subsequent injections being made of gradually increasing concentration until a concentration of 1 : 100 is reached. This method, so far as it has been used, has been satisfactory, but it has not yet found extensive application.

Attempts to treat active rabies with the sera of immunized animals have so far been unsuccessful.

CHAPTER XLVIII

SMALLPOX

SMALLPOX or variola is one of the most virulent of infectious diseases. Throughout history it has been a severe scourge of mankind, prevailing in China and other Eastern countries many centuries before Christ and sweeping through medieval Europe, especially at the time of the Crusades, in a series of severe epidemics. All races of men are susceptible and no age from childhood to senility is exempt. In modern times the disease is endemic in most uncivilized countries, especially those of the East, and occurs sporadically in all parts of the globe. Owing to rigid enforcement of vaccination and of quarantine laws, however, the disease has been practically eradicated from civilized countries.

The etiological factor which causes smallpox is still unknown. Numerous researches aimed at the discovery of cultivatable microorganisms in the lesions or blood of infected patients have met with uniform failure. Streptococci, though often found in the smallpox vesicles and pustules, and often undoubtedly contributing materially to the fatal outcome of the disease, may be regarded as purely secondary in significance.

Communications which have claimed the discovery of a protozoan incitant of the disease have, on the other hand, been numerous and, in some cases, have seemed plausible. Yet absolute proof has always been lacking. The literature on this question is extensive and some of the earlier contributions, such as those of Grünhagen,[1] of Van der Loeff,[2] and of Pfeiffer,[3] possess historical interest only. The work which, of recent years, has attracted the most serious attention to this subject is that published by Guarnieri[4] in 1892. This observer found, in the deeper cells of the epithelium covering the pustules, both of smallpox lesions and of vaccination lesions, small bodies which were easily stained by hematoxylin, safranin, or carmin. Similar bodies could be observed in the cells of corneal lesions experimentally produced in rabbits. Guarnieri claimed that he distinguished both cytoplasm and nucleus in these bodies and described both binary division and reproduction by sporulation as in the sporozoa. He named the supposed protozoan "Cytoryctes variolæ." At about the same time Monti[1] described similar bodies in the cells of the Malpighian layer of the skin covering smallpox lesions and, a few years later, Clarke[2] confirmed the researches of Guarnieri. Subsequently, many researches were carried out on the same subject in this country, the most notable being those of Councilman,[3] Magrath and Brinckerhoff, and of Calkins.[4] The former authors came to the distinct conclusion that the bodies seen by Guarnieri were parasites, and the latter author even described a distinct life-cycle for these parasites comparable to that of some protozoa.

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[1] *Grünhagen*, Arch. f. Dermat. u. Syph., 1892.

[2] *Van der Loeff*, Monat. f. prakt. Dermat., iv.

[3] *L. Pfeiffer*, Zeit. f. Hyg., xxiii.

[4] *Guarnieri*, Arch. per le sc. med., xxvi, 1892; Cent. f. Bakt., I, xvi, 1894.

These researches, however, are by no means absolutely convincing, and Ewing,[5] while admitting that the vaccine bodies are probably specific for variola, calls attention to the fact that specific cell-degenerations or inclusions are found in diphtheria, measles, glanders, rabies, and other infectious processes, which can not be regarded as in any way related to these diseases etiologically, and suggests the probability of a similar interpretation for the vaccine bodies. Much has been said on both sides of the question since that time, and the problem can not be regarded as settled. The burden of proof, of course, rests upon those who claim the discovery of a specific microorganism, and absolute proof will probably be lacking until our experimental methods are such as will permit of other than purely morphological demonstration.

Whatever the actual causative agent may be, it is certain that the disease is transmitted with extreme ease—actual contact, direct or indirect, with a patient being unnecessary for its transmission. For this reason the disease is often spoken of as being "air borne." While we have no certain knowledge of the portal of entry through which the virus invades the human body, many considerations have made it seem plausible that this may take place through the mucosa of the upper respiratory tract.

Our knowledge of the means of defense against the malady is fortunately more advanced than is that of its etiology. It has been known for centuries that one attack of smallpox protects against subsequent attacks. This knowledge was made use of by the physicians of ancient China and India, who, during mild epidemics, exposed healthy children to infection, hoping that mild attacks would result which would confer immunity. While dangerous in the extreme, such "variolation," nevertheless, was not without some benefit and was even introduced into Europe in the eighteenth century by Lady Mary Wortley Montagu.

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[1] *Monti*, Cent. f. Bakt., I, xvi.

[2] *Clarke*, Brit. Med. Jour., 2, 1894.

[3] *Councilman*, *Magrath*, and *Brinckerhoff*, Jour. Med. Res., xi, 1904.

[4] *Calkins*, Jour. Med. Res., xi, 1904.

[5] *Ewing*, Jour. Med. Res., xiii, 1905.

Such practices, however, were made unnecessary by the classical investigations of Jenner[1] published in 1798. Jenner, as a student, had been impressed with the fact that country-people who had been infected with a disease known as cowpox, were usually immune against smallpox. His studies and observations came to a practical issue when, in 1796, he inoculated a boy, James Phipps, with pus from a cowpox lesion on the hand of an infected dairy-maid. Two months later the same boy was inoculated with material from a smallpox pustule without subsequent disease. With this experiment the principles of vaccination as in use at the present time were founded.

The question as to the identity of cowpox and smallpox has been the basis of a long controversy. Many observers claimed from the beginning that the two diseases, though closely related to each other, were essentially different. Others, on the contrary, and this seems to be the prevailing opinion among scientists at the present day, maintain that cowpox or vaccinia, as it is called when inoculated into a human being, represents merely an altered and attenuated variety of variola. This latter view is based on the following considerations, which we take from Haccius as quoted by Paul.[2]

1. Variola is invariably transmissible to cattle, when proper methods of inoculation are employed.
2. Variola carried through several animals, in the above way, becomes altered in character, approaching in nature typical vaccinia or cowpox.
3. Such virus, reinoculated into man, gives rise to purely local lesions which are mild and unlike smallpox.
4. Inoculation with such virus protects both man and animals against subsequent inoculation with cowpox, and, in the case of man, against smallpox as well.

It has been claimed, moreover, that cowpox originally was transmitted to cattle by human beings affected with smallpox. This seems likely both because of the comparative rarity of the former disease and because of its spontaneous occurrence almost invariably upon the teats of cows, although both males and females are equally susceptible to experimental inoculation.

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[1] *Jenner*, "Inquiry into the Causes and Effects of the Variola-Vaccinæ." London, 1798.

[2] *Paul*, "Vaccination"; Kraus and Levaditi, "Handbuch," etc., I.

The relationship of variola to chicken-pox or varicella has been more easily determined. Chicken-pox does not protect against smallpox nor is this the case *vice versa.* The two diseases are unquestionably quite distinct.

The Production of Vaccine.—During the early days of vaccination, it was customary to inoculate human beings with the matter obtained from the pustules of those previously vaccinated. While this method was perfectly satisfactory for the immediate purposes in view, practical difficulties and the occasional accidental transmission of syphilis have rendered this practice undesirable. In consequence, at all institutes at which vaccine is produced for use upon man, the virus is obtained from animals. Horses and mules, both extremely susceptible to vaccine, have been employed, and goats have, at times, been chosen because of their insusceptibility to tuberculosis. Rabbits have also been used more recently by Calmette and Guerin.[1]

The animals almost exclusively employed at the present day, however, are calves, preferably at ages of from six months to two years. Very young suckling calves are unsuitable because of the great speed of development and small size of the lesions produced. The animals should be healthy and at some institutes (Dresden) are subjected, before use, to the tuberculin test; although, according to Paul,[2] this produces a hypersusceptibility to the vaccine, and can be omitted without danger when careful supervision is observed. Some observers prefer to use light-colored animals rather than dark-skinned or black ones, both for reasons of greater ease of cleanliness and because the former are supposed to be more susceptible than the latter. This contention is denied by others. The sex of the animals seems to be immaterial.

During the period of use, the calves are fed, according to age, with either an exclusive milk diet, or they are given, in addition, fresh hay. The greatest cleanliness in regard to the bedding and stalls must be observed and separate stables should be available for the animals under treatment and those under observation before treatment. These stables, if possible, should be so built that they can be easily scoured and flushed with water, and stalls should be disinfected after occupation. If possible, stables should be artificially heated and a comfortable temperature maintained. Halters and fastenings should be so arranged that the animals can not lick the scarified surfaces. Careful veterinary control before vaccination and during the period of treatment must be observed in order to eliminate animals with systemic disease or other complications.

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[1] *Calmette* and *Guerin*, Ann. de l'inst. Pasteur, 1902.

[2] *Paul*, loc. cit.

The calves may be vaccinated with material taken from previously vaccinated animals. They may, on the other hand, be inoculated with "seed virus" obtained from the vesicles of human vaccinia. This method of using humanized virus for the inoculation of calves for vaccine production is preferred by many workers and is spoken of as "retrovaccination."

Actual vaccination of the animals is done as follows: Calves which have been kept under observation for at least a week are thoroughly washed and cleaned and the abdomen is clipped and shaved over an area extending from the ensiform cartilage to the pubic region, including the entire width of the belly and the inner folds of the thighs. It is best to shave the animal a day of two before vaccination so as to avoid fresh scratches and excoriations. Just before actual operation the animal is strapped to a specially constructed operating table in such a way as to allow free access to the shaved area. This area is now thoroughly washed with soap and water followed by alcohol, or, in some institutes, by a weak solution of lysol. If the latter is used, the field of operation must again be thoroughly rinsed with sterile water. About a hundred small scarifications are made in this area, preferably by crossed scratches, covering for each scarification an area of about 3-4 square centimeters. Into these areas the virus is rubbed, using for each small area a quantity about sufficient to vaccinate three children. Two to three centimeter spaces are left between the lesions. The lesions are then allowed to dry and may be covered with sterile gauze or, as in Vienna,[1] with a paste made up of beeswax, gum arabic, zinc oxid, water, and glycerin. In some institutes the lesions are left entirely uncovered.

Ordinarily within about twenty-four hours after vaccination a narrow pink areola appears about the scratches. Within forty-eight hours the scratches themselves become slightly raised and papular, and within four or six days typical vaccinia vesicles have usually developed.

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[1] *Paul,* loc. cit.

To obtain the vaccine from such lesions, the entire operative field is carefully washed with warm water and soap, followed by sterile water. In some cases two per cent lysol is employed, but must again be thoroughly removed by subsequent washing with sterile water. Crusts, if present, are then carefully picked off and the entire contents of the vesicle, sticky serum, and pulpy exudate removed by the single sweep of a spoon-curette. The curetted masses are caught in sterile beakers or tubes and to them is added four times their weight of a mixture of glycerin fifty parts, water forty-nine parts, and carbolic acid one part.[1] German workers prefer a mixture of glycerin eighty parts, and water twenty parts, omitting the use of carbolic acid. The glycerinated pulp is allowed to stand for three or four weeks in order to allow bacteria, which are invariably present, to die out. After preservation for such a length of time, moreover, thorough emulsification is obtained more easily than when this is attempted immediately after curettage. At the end of three or four weeks, the glycerinated pulp is thoroughly triturated, either with mortar and pestle or by means of specially constructed triturating devices. Pulp so prepared should remain active for at least three months if properly preserved in sealed tubes in a dark and cool place.

From the serum oozing from the bases of the lesions, after curettage, bone or ivory slips may be charged for vaccination with dry virus. The glycerinated pulp is put up in small capillary tubes, sealed at both ends, and distributed in this form. Park states that a calf should yield about 10 grams of pulp (which when made up should suffice to vaccinate one thousand five hundred persons), and, in addition, about two hundred charged bone slips.

The virus may be tested for its efficiency by a variety of methods. Calmette and Guerin[2] inoculate rabbits upon the inner surfaces of the ears and estimate the potency of the virus from the speed of development and extensiveness of the resulting lesions. Guerin[3] has estimated the potency of virus quantitatively by a method depending upon the inoculation of rabbits with a series of dilutions. Beginning with a mixture containing equal weights of glycerin and vaccine pulp, dilutions are made with sterile water ranging from 1 in 10 to 1 in 100. Rabbits are shaved over the skin of the back and 1 c.c. of each of these dilutions is rubbed into the shaved areas. Fully potent virus should cause closely approximated vesicles in a dilution of 1 in 500, and numerous isolated vesicles in a dilution as high as 1 in 1,000.

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[1] *Huddleston*, quoted in Park, "Pathogenic Bacteria," N. Y., 1908.

[2] *Calmette* and *Guerin*, Ann. de l'inst. Pasteur, 1902.

[3] *Guerin*, Ann. de l'inst. Pasteur, 1905.

Quantitative estimations of the bacteria in the glycerinated virus should be made by the plating method and the vaccine used only when after several weeks of preservation the numbers of the bacteria have been greatly diminished. In glycerinated pulp the bacteria will often disappear entirely in the course of a month. The vaccine should also be tested for the possible presence of tetanus bacilli, by the inoculation of white mice.[1]

Vaccination of human beings is performed by slightly scarifying the skin of the arm or leg with a sharp sterile needle or lancet and rubbing into the lesion potent vaccine virus. The virus was formerly dried upon wood, bone, or ivory slips and moistened with sterile water before the operation. At the present day the glycerinated pulp is almost universally employed.

That vaccination is of incalculable benefit to the human race is no longer a question of opinion, and opposition to the practice is explicable only on the basis of ignorance. Statistical compilations upon this point are very numerous. It may suffice to select from the voluminous literature a single example, taken from Jürgensen, which embodies the statistics of death from smallpox in Sweden, during the periods immediately preceding and following the introduction of vaccination. In that country the first vaccination was done in 1801. By 1810 the practice was generally in use but not enforced. In 1816 it was legally enforced. The years from 1774 to 1855 can thus be divided into three periods.

1. Prevaccinal period, 1774–1801 (25 years). Deaths smallpox per million inhabitants	2,050
2. Transitional period, 1801–1810 (9 years)	680
3. Vaccination enforced, 1810–1855 (35 years)	169

Prevaccinal period death rate 20.00 per mille.
Vaccinal period death rate 0.17 per mille.

In considering the benefit of vaccination it must not be forgotten that revaccination is quite as important as the first vaccination, which confers immunity only for from seven to ten years. A child should therefore be vaccinated soon after birth or at least before the eighth month, and the process should be repeated every seven years thereafter.

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[1] *Paul*, loc. cit.

CHAPTER XLIX

ACUTE ANTERIOR POLIOMYELITIS

THE disease known as acute anterior poliomyelitis has long been recognized as an acute infectious condition, both because of the characteristics of its clinical manifestations and of its epidemic occurrence. For these reasons it was classified with acute infectious diseases by Marie and by Strümpell long before any experimental evidence of infection was obtainable.

Its contagiousness, while not a proven fact, seemed very likely from the evidence of its mode of spreading and has been removed from the sphere of mere conjecture by the careful study of a Swedish epidemic, comprising one thousand cases, made by Wickman.[1]

While acute anterior poliomyelitis is almost exclusively a disease of childhood, it is assumed by clinicians that it is etiologically closely related to, possibly identical with, certain diseases of the adult, characterized by bulbar paralysis and acute encephalitis. Into this category, also, some observers place the condition known as "Landry's paralysis." The basis for the identification of these conditions with poliomyelitis lies chiefly in the similarity of the pathological lesions and upon the fact that the last-named diseases occur most often during the course of poliomyelitis epidemics.

In consequence of the emphatically expressed opinion as to the infectious nature of acute poliomyelitis, the efforts to isolate specific microorganisms from cases have been many, and numerous microorganisms have been described as the causative agents of this disease. The outcome of all these investigations has been purely negative and the infectious agent of acute poliomyelitis still remains undiscovered.[2]

An important advance in the study of this disease was made in 1908 when Landsteiner and Popper[3] succeeded in transmitting it to two monkeys (Cyanocephalus hamadryas and Macacus rhesus). The transmission was accomplished by intraperitoneal injections of a saline emulsion of the spinal cord of a child that had died during the fourth day of an attack of infantile paralysis—during the stage of acute fever. The first monkey injected became severely ill six days after the injection and died on the eighth day. The second animal became paralyzed seventeen days after the injection and was killed two days later. Cultural experiments with the substance injected were negative, as were also inoculation experiments carried out upon guinea-pigs, rabbits, and mice. The histological lesions produced in the inoculated monkeys were similar to those occurring in children afflicted with the disease.

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[1] *Wickman*, quoted from Landsteiner and Popper, Zeit. f. Immunitätsforch., ii, 1909.

[2] For literature, see Landsteiner and Popper, loc. cit.

[3] Loc. cit.

An attempt to transmit the disease to another monkey with spinal-cord substance of the animal that was killed resulted negatively.

Soon after the successful experiments of Landsteiner and Popper, a similar result was recorded by Knoepfelmacher.[1] An attempt to transmit the disease from monkey to monkey was again negative.

Similar positive inoculation results were published, a little later than this, by Flexner and Lewis[2] in November, 1909, and by Strauss and Huntoon[3] in January, 1910.

Flexner and Lewis, in their work, moreover, succeeded in transmitting the disease through several inoculation-generations of monkeys, proving thereby that successful inoculation did not depend merely upon the transfer of an unorganized toxic body, but was due to a true infection. The same workers[4] have ascertained that inoculation may be successfully applied not only by the intraperitoneal route but intracerebrally, subcutaneously, intravenously, and by the path of the larger nerves. They also proved that not only the brain and cord of afflicted animals contains the virus, but that this may be found, during the early days of the disease at least, in the spinal fluid, the blood, the nasopharyngeal mucosa, and lymph nodes near the site of inoculation.

Landsteiner and Levaditi,[5] meanwhile, experimenting with the virus independently, succeeded in transferring the disease from one animal to others, demonstrated that the virus could pass through the pores of a Berkefeld filter, and showed that the virus was present in the salivary glands—a fact which may prove of great importance in possibly establishing a clew to the mode of contagion among human beings. The same authors, as well as Flexner and Lewis, were able to show that the virus was preservable under glycerin for as long as ten days and retained its virulence for from seven to eleven days when dried.

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[1] *Knoepfelmacher,* Mediz. Klinik, v, 1909.

[2] *Flexner* and *Lewis,* Jour. Am. Med. Assn., 53, 1909.

[3] *Strauss* and *Huntoon,* N. Y. Med. Jour., Jan., 1910.

[4] *Flexner* and *Lewis,* Jour. Exp. Med., 12, 1909.

[5] *Landsteiner* and *Levaditi,* Comptes rend. de la soc. de biol., Nov., 1909, and Dec., 1909.

According to Flexner and Lewis the virus remains active, when frozen, for as long as forty days, but is extremely sensitive to heat, being destroyed by a temperature of from 45° to 50° C. maintained for thirty minutes.

Experiments aimed at the isolation or even morphological detection of a parasite in the virulent material have been entirely without success.

We are, likewise, ignorant of any phenomena which throw light upon possible immunity to the disease. Repeated attacks of the disease in the same human being have not been noted; but this, as Flexner and Lewis point out, may be due to the fact that the epidemics are rare, and individuals once afflicted have passed beyond the susceptible age by the time of the second epidemic. As a matter of fact, however, these workers have not succeeded in reinfecting monkeys that had recovered, and incline to the belief that one attack protects against subsequent infections.

Up to the present time monkeys only have responded to experimental inoculation; numerous attempts made upon a variety of other animals have been without success.

CHAPTER L

YELLOW FEVER

YELLOW fever is an acute infectious disease which prevails endemically in the tropical countries of the Western Hemisphere, but occurs also along the western coast of Africa and has exceptionally appeared, in epidemic invasions, in the north temperate United States and Europe. Guiteras, as quoted by Osler, classifies the distribution of the disease into three areas of infection.

1. The area in which the disease is never absent, including tropical South American ports and Havana.
2. The area of periodic epidemics, including sea-ports of the tropical Atlantic in America and Africa.
3. The area of accidental epidemics, extending from parallel 45° north latitude to 35° south latitude. In the United States severe epidemics have frequently occurred in Louisiana, Mississippi, and Alabama, and occasional but severe epidemics have occurred in Philadelphia and Baltimore.

The disease occurs spontaneously only in man, and experimental inoculation of lower animals has been successful only in the chimpanzee in a single case reported by Thomas.[1]

In man afflicted with the malady the clinical picture is one of a rapidly developing fever with severe gastrointestinal symptoms, vomiting of blood, albuminuria, and often active delirium. The mortality is usually high, often reaching eighty per cent or more in the severe epidemics.

Etiology and Method of Transmission.—The actual infective agent which causes yellow fever is, as yet, unknown. Numerous researches have been aimed at the elucidation of the problem, and microorganisms, for which etiological significance was claimed, have been isolated from the dejecta, the vomitus, and the secretions of afflicted patients. None of these claims has been supported by convincing proof and none of them has found subsequent confirmation.

A few of these claims only have historical importance because of the widespread interest they aroused among bacteriologists. Cornil and Babes,[1] in 1883, described chained cocci to which they attributed etiological significance, but their contentions have remained entirely unconfirmed. Sternberg,[2] in 1897, described a colon-like organism, "bacillus X," for which he made very conservative claims, which he himself, later, withdrew.

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[1] *Thomas*, Brit. Med. Jour., 1, 1907.

The most active discussion was aroused by the announcement of Sanarelli,[3] in 1897, that he had discovered, in the blood and tissues of patients dead of yellow fever, a Gram-negative bacillus, which he believed to be the etiological agent of the disease. He based his contention upon the facts that he had isolated the organism from seven cases of yellow fever, had produced symptoms similar to the disease of the human being by the inoculation of pure cultures into dogs, and had obtained agglutination of the bacillus in the serum of convalescent patients. Later he inoculated five human beings subcutaneously with sterilized cultures of this "Bacillus icteroides," and obtained symptoms which he believed simulated closely those of yellow fever. The claims of Sanarelli at first found much apparent confirmation, but later work by Durham and Myers,[4] Otto,[5] Agramonte,[6] and others has definitely refuted his original claims, and there is to-day no scientific basis for the assumption that the Bacillus icteroides has any etiological relationship to the disease. Protozoan incitants, also, have been described by Klebs,[7] Schüller,[8] Thayer,[9] and others, without bringing conviction or even justifying extensive investigation of their claims.

While thus the causative agent of yellow fever remains undiscovered, some of its biological properties are known. Reed, Carroll, Agramonte, and Lazear[10] were able to show that the infecting agent is present in the blood serum of patients during the first three days of the disease and that it could pass through the pores of Berkefeld filters. Such filtered serum remained infectious for human beings—a fact which demonstrates that the incitant is extremely small and possibly ultra-microscopic. Blood serum, filtered or unfiltered, becomes non-infectious when heated to 56° C. for ten minutes.

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[1] *Cornil* and *Babes*, Comptes rend. de l'acad. des sci., 1883.

[2] *Sternberg*, Cent. f. Bakt., I, xxii, 1897.

[3] *Sanarelli*, Ann. de l'inst. Pasteur, 1897, and Cent. f. Bakt., I, xxii, xxvii, and xxix.

[4] *Durham* and *Myers*, Thompson Yates Laboratory Reports 3 1902.

[5] *Otto*, Vierteljahrsch. f. gericht. Medizin, etc., 27, 1904.

[6] *Agramonte*, N. Y. Med. News, 1900.

[7] *Klebs*, Jour. Am. Med. Assn., April, 1898.

[8] *Schüller*, Berl. klin. Woch., 7, 1906.

[9] *Thayer*, Med. Record, 1907.

[10] *Reed*, *Carroll*, *Agramonte*, and *Lazear*, Phila. Med. Jour., 1900.

Mode of Transmission.—Until comparatively recent years the mode of transmission of yellow fever was not understood and many erroneous theories were prevalent. It was supposed that yellow fever was contagious, and transmitted from person to person by direct or indirect contact with those afflicted or by fomites. The first to make the definite assertion that yellow fever was transmitted by the agency of mosquitoes was Carlos Finlay. Finlay,[1] as early as 1881, advanced the theory that mosquitoes were responsible for the transmission of this disease and, furthermore, recognized "Stegomyia fasciata" or "Stegomyia calopus" as the guilty species. Finlay's opinion, although later proved to be correct, was at first based only upon such circumstantial evidence as the correspondence of the yellow-fever zones with the distribution of this species of mosquito and the great prevalence of mosquitoes at times during which epidemics occurred. His theory was, therefore, received with much skepticism and was neglected by scientists until its revival in 1900, when the problem was extensively investigated by a commission of American army surgeons.

Reed, Carroll, Agramonte, and Lazear were the members of this commission. The courage, self-sacrifice, and scientific accuracy which characterized the work of these men have made the chapter of yellow fever one of the most brilliant in the annals of American scientific achievement.

Their work was much facilitated by the experience of Gorgas[2] and others, who had demonstrated the absolute failure of ordinary sanitary regulations to limit the spread of yellow fever.

They began their researches by investigating carefully the validity of Sanarelli's claims as to the etiological significance of his "Bacillus icteroides." The results of this work yielded absolutely no basis for confirmation.

They then proceeded to investigate the possibility of an intermediate host.

In August, 1900, the commission began its work on this subject by allowing mosquitoes,[3] chiefly those of the stegomyia species, to suck blood from patients, later causing the same insects to feed upon normal susceptible individuals. The first nine experiments were negative. The tenth, of which Carroll was the subject, was successful. Four days after being bitten by the infected insect Carroll became severely ill with an attack of yellow fever, by which his life was endangered, and from the effects of which he died several years later.

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[1] *Finlay*, Ann. Roy. Acad. d. Havana, 1881.

[2] *Gorgas*, Jour. of Trop. Med., 1903.

[3] *Reed, Carroll, Agramonte*, and *Lazear*, Phila. Med. Jour., Oct., 1900; also Am. Pub. Health Assn. Rep., 1903; *Agramonte*, N. Y. Med. News, 1900; *Reed*, Jour. of Hyg., 1902; *Reed, Carroll*, and *Agramonte*, Am. Medicine, July, 1901. Boston Med.

On the 13th of September, Lazear, while working in the yellow-fever wards, noticed that a stegomyia had settled upon his hand, and deliberately allowed the insect to drink its fill. Five days later he became ill with yellow fever and died after a violent and short illness.

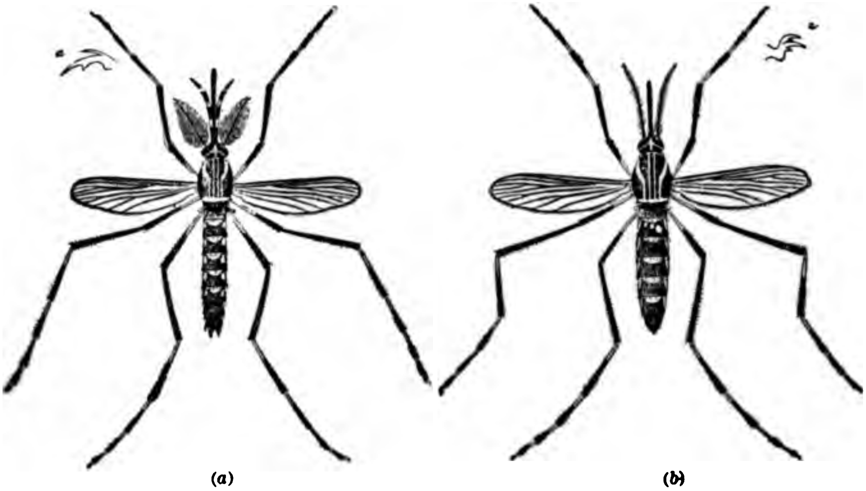
(a) (b)

FIG. 155.—STEGOMYIA FASCIATA. (a) Female. (b) Male. (After Carroll.)

With these experiences as a working basis, the commission now decided upon a more systematic and thoroughly controlled plan of experimentation.

In November of the same year, 1900, an experiment station, "Camp Lazear," was established in the neighborhood of Havana, about a mile from the town of Quemados. The camp was surrounded by the strictest quarantine. Volunteers from the army of occupation were called for, and twelve individuals were selected for the camp, three immunes and nine non-immunes. Two of the latter were physicians. The immunes

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and Surg. Jour., 14, 1901; *Carroll*, Jour. Am. Med. Assn., 40, 1903; *Carrol*, "Yellow Fever" in Mense, " Handbuch der Tropen-Krankheiten," ii.

and the members of the commission only were allowed to go in and out. All non-immunes who left the camp were prohibited from re-entering and their places taken by other non-immune volunteers. During December, five of the non-immune inmates were successfully inoculated with yellow fever by means of infected mosquitoes. During January and February five further successful experiments were made. Clinical observations were made by experienced native physicians, Carlos Finlay among them, and the patients, as soon as they were unquestionably ill with yellow fever, were removed to a yellow-fever hospital. This was done to prevent the possibility of the disease spreading within the camp itself. The mosquitoes used for the experiments were all cultivated from the larva and kept at a temperature of about 26.5° C.

A further important experiment was now made A small house was erected and fitted with absolutely mosquito-proof windows and doors. The interior was divided by wire mosquito netting into two spaces. Within one of these spaces fifteen infected mosquitoes were liberated. Seven of these had fed upon yellow-fever patients four days previously; four, eight days previously; three, twelve days previously; and one, twenty-four hours previously. A non-immune person then entered this room and remained there about thirty minutes, allowing himself to be bitten by seven mosquitoes. Twice after this the same person entered the room, remaining in it altogether sixty-four minutes and being bitten fifteen times. After four days this individual came down with yellow fever.

In the other room two non-immunes slept for thirteen nights without any evil results whatever.

It now remained to show that mosquitoes were the sole means of transmission and to exclude the possibility of infection by contact with excreta, vomitus, or fomites. For this purpose another mosquito-proof house was constructed. By artificial heating its temperature was kept above 32.2° C. and the air was kept moist by the evaporation of water. Clothing and bedding, vessels, and eating utensils, soiled with vomitus, blood, and feces of yellow-fever patients were placed in this house and three non-immune persons inhabited it for twenty days. During this time they were strictly quarantined and protected from mosquitoes. Each evening, before going to bed, they unpacked and thoroughly shook clothing and bedding of yellow-fever patients, and hung and scattered these materials about their beds. They slept, moreover, in contact with linen and blankets soiled by patients. None of these persons contracted yellow fever. The same experiment was twice repeated by other non-immunes, in both cases with like negative results.

All of the non-immunes taking part in these experiments were American soldiers. Four of them were later shown to be susceptible to yellow fever by the agencies of mosquito infection or blood-injection.

The results obtained by the investigations of this commission may be summarized, therefore, as follows:

Yellow fever is acquired spontaneously only by the bite of the Stegomyia fasciata. It is necessary that the infecting insect shall have sucked the blood of a yellow-fever patient during the first four or five days of the disease, and that an interval of at least twelve days shall have elapsed between the sucking of blood and the reinfection of another human being. Sucking of the blood of patients advanced beyond the fifth day of the disease does not seem to render the mosquito infectious, and at least twelve days are apparently required to allow the parasite to develop within the infected mosquito to a stage at which reinfection of the human being is possible.

The results of the American Commission were soon confirmed by Guiteras [1] and by Marchoux, Salimbeni, and Simond.[2] These latter observers, moreover, confirmed the fact that infection could be experimentally produced by injections of blood or blood serum taken from patients during the first three days of the disease. They showed that blood taken after the fourth day was no longer infectious: that 0.1 c.c. of serum sufficed for infection and finally that no infection could take place through excoriations upon the skin. They furthermore confirmed the observation of Carroll that the virus of the disease could pass through the coarser Berkefeld and Chamberland filters,—passing through a Chamberland candle " F " but held back by the finer variety known as " B."

The fundamental factors of yellow-fever transmission thus discovered, we are in possession of logical means of defense. The most important feature of such preventive measures must naturally center upon the extermination of the transmitting species of mosquito.

Stegomyia fasciata or calopus is a member of the group of "Culicidæ." It is more delicately built than most of the other members of the group culicidæ, is of a dark gray color, and has peculiar thorax-markings which serve to distinguish it from other species. The more detailed points of differentiation upon which an exact zoological recognition depends are too technical to be entered into at this place. Briefly described, they consist of lyre-like markings of the back, unspotted wings, white stripes and spots on the abdomen, and band-like white markings about the metatarsi and tarsi of the third pair of legs. The peculiar power of transmitting yellow fever possessed by this species is explained by Marchoux and Simond[1] by the fact that Stegomyia fasciata is unique among culicidæ in that the female lives for prolonged periods after sucking blood. Among other species —Culex fatigans, Culex confirmatus, and most others—the female lays its eggs within from two to eight days after feeding on blood and rarely lives longer than the twelfth day—the time necessary for the development of the yellow-fever parasite.

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[1] *Guiteras*, Rev. d. méd. trop., Jan., 1901, and Am. Med., 11, 1901.

[2] *Marchoux*, *Salimbeni*, and *Simond*, Ann. de l'inst. Pasteur, 1903.

The limitation of yellow fever to tropical countries[2] is explained by the fact that stegomyia develops only in places where high temperatures prevail. The optimum temperature for this species lies between 26° and 32° C. At 17° C. it no longer feeds, and becomes practically paralyzed at 15° C. In order to thrive, the species requires a temperature never going below 22° C. at night and rising regularly above 25° C. during the day. The females only are dangerous as sources of infection. The insect, like Anopheles, has the peculiarity of feeding chiefly at night.

Experiments done by Reed, Carroll, Agramonte, and Lazear,[3] to ascertain whether the power of infecting was hereditarily transmissible from the mosquito to following generations, were negative. A positive result, however, has been reported by Marchoux and Simond.[4] This question must still await more extensive research.

Immunity.—Natural immunity against yellow fever was formerly assumed to exist in the negro race. More recent investigations have not borne out this assumption. The negro soldiers of the American army in Cuba were afflicted equally with the white troops. The relative immunity of dark-skinned races, however, is explained possibly by the fact that the stegomyia prefers to attack light-colored surfaces.

A single attack seems to protect against subsequent infection throughout life.

Artificial immunization has, so far, been unsuccessful. Relative immunity was produced, however, by Marchoux, Salimbeni, and Simond, by injections of the serum of convalescents, serum heated to 55° C., and of defibrinated blood preserved for eight days in vessels sealed with vaseline.

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[1] *Marchoux* and *Simond*, Ann. de l'inst. Pasteur, 1906.

[2] *Otto*, in Kolle und Wassermann, "Handbuch," etc., 11, Ergänzungsband.

[3] Loc. cit.

[4] *Marchoux* and *Simond*, Comptes rend. de la soc. de biol., 59, 1905.

CHAPTER LI

MEASLES, SCARLET FEVER, AND FOOT-AND-MOUTH DISEASE

MEASLES

THE causative agent of measles is unknown to the present day, and it would be a thankless task to review the literature of the many attempts to isolate microorganisms from this disease, none of which has resulted in throwing any light on the etiology.

Attempts to produce the disease experimentally have frequently been made, the earliest recorded being those of Home of Edinburgh, published in 1759.[1] Home took blood from the arms of patients afflicted with measles, and caught it upon cotton, and inoculated normal individuals by placing this blood-stained cotton on to wounds made in the arm. Home claimed that in this way he produced measles of a modified and milder type in fifteen individuals. Home's results, however, while at first accepted, were assailed by many subsequent writers and it is by no means certain that the disease produced by him was really measles.

A number of other observers after Home attempted experimental inoculation of this disease, and positive results were reported by Stewart of Rhode Island (1799), Speranza of Mantua (1822), Katowa of Hungary (1842), and McGirr of Chicago (1850).

The experiments of all these early writers, however, are unsatisfactory, owing to the necessarily unreliable technique of their methods.

In 1905, Hektoen[2] succeeded in experimentally producing the disease in two medical students by subcutaneous injection of blood taken from measles patients at the height of the disease (fourth day). The experiments were carefully carried out and the symptoms in the subjects were unquestionable. They demonstrated beyond doubt that the virus of the disease is present in the blood. Attempts at cultivation carried out with the same blood were entirely negative. It was also shown by Hektoen's experiments that the virus of measles may be kept alive for at least twenty-four hours when mixed with ascitic broth.

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[1] *Home,* "Medical Facts and Experiments," Edinburgh, 1759.

[2] *Hektoen,* Jour. Inf. Dis., ii, 1905.

SCARLET FEVER

(*Scarlatina*)

The etiology of scarlet fever, like that of measles, is still obscure. Streptococci have been found with striking regularity in the throats of scarlet-fever patients, and a large number of investigations have seemed to furnish evidence for the etiological relationship of these microorganisms with the disease. According to von Lingelsheim, Crooke as early as 1885 demonstrated the presence of streptococci in the cadavers of scarlet-fever victims. Baginsky and Sommerfeld [1] in 1900 examined a number of scarlatina cases with reference especially to streptococcus infection, and reported the presence of streptococci in the heart's blood of eight patients who had died after a very acute and short illness. They expressed the belief that the acuteness of the illness and the rapidity of death in these cases precluded the possibility of the streptococci being merely secondary invaders. A large number of other observers have expressed similar opinions, but we can not, as yet, justly conclude that streptococci are actually the etiological agents in this disease.

Class [2] in 1899 described a diplococcus which he cultivated from a large number of scarlatina patients and with which he was able to produce exanthemata and acute fever in pigs. Subsequent investigations seem to show that Class was really working with a streptococcus.

Moser,[3] working in Escherich's clinic, has recently reported the very favorable influence upon the course of scarlet fever of polyvalent streptococcus antisera. This is not really very strong evidence in favor of the streptococcus etiology of the disease, since there is, of course, no doubt that streptococcus infection complicates the disease, and it is to be expected that antistreptococcus serum should, therefore, benefit the patient's condition by combating this complication.

Mallory [4] in 1904 published observations on four scarlatina cases on which he bases the belief that scarlatina is caused by protozoa. In the skin, between the epithelial cells, he found small bodies which were easily stained with methylene-blue and which because of their arrangement and form he interpreted as parasites not very unlike the plasmodium of malaria. Subsequent investigations of Field[1] and others have failed to substantiate Mallory's conclusions.

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[1] *Baginsky* and *Sommerfeld*, Berl. klin. Woch., 1900.

[2] *Class*, Phila. Med. Jour., iii, 1899.

[3] *Moser*, quoted by Escherich, Wien. klin. Woch., xxiii, 1903.

[4] *Mallory*, Jour. Med. Research, x, 1904.

FOOT-AND-MOUTH DISEASE

This malady occurs chiefly in cattle, sheep, and goats, more rarely in other domestic animals. It is characterized by the appearance of a vesicular eruption localized upon the mucosa of the mouth and upon the delicate skin between the hoofs. In the females similar eruptions may appear upon the udders. With the onset of the eruption there may be increased temperature, refusal of food, and general depression. Usually the disease is mild; the vesicles go on to the formation of small ulcers and pustules, and gradually heal with a disappearance of systemic symptoms. Occasionally, however, the disease is complicated by catarrhal gastroenteritis or an inflammation of the respiratory tract, and death may ensue.

The disease is unquestionably transmitted from animal to animal by means of virus contained in the vesicular contents. It is also held that infection may take place through the agency of milk. It has been claimed, moreover, though on the basis of insufficient proof, that infection may take place through the air, without actual contact, direct or indirect, with lesions.

On rare occasions the disease may be transmitted to man. Such infection, when it does take place, occurs usually among the milkers and attendants in dairies, and is transmitted by direct contact. The course of the disease in man is usually very mild. Mohler states that the disease may be transmitted to man through the consumption of milk from infected animals. He[2] adds, however, that in the United States the disease has been practically eradicated.

The causative agent of foot-and-mouth disease is unknown. A number of organisms have been cultivated from the vesicles and mucous membranes of afflicted animals, but none of these could be shown to have etiological significance. Loeffler and Frosch,[3] moreover, have demonstrated that the virus contained in the vesicles may pass through the pores of a Berkefeld filter. It must be assumed that the causative agent of this disease is too small to be within the range of vision (microscopes.

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[1] *Field*, Jour. Exper. Med., vii, 1905.

[2] *Mohler*, Bull. No. 41, U. S. Pub. Health and Mar. Hosp. Serv., Wash., 1908.

[3] *Loeffler* und *Frosch*, Cent. f. Bakt., 1, 1908.

The virus of the disease is easily destroyed by heating to 60° (by complete desiccation.

It has been observed that one attack of foot-and-mouth diseas tects against subsequent attacks. This immunity in most cases la years, though rare cases of recurrence within a single year have reported. On the basis of such naturally acquired immunity, L has actively immunized horses and cattle with graded doses of obtained from vesicles and with the sera of such animals has pro passive immunity in normal subjects.

SECTION V

BACTERIA IN AIR, SOIL, WATER, AND MILK

CHAPTER LII

BACTERIA IN THE AIR AND SOIL

BACTERIA IN THE AIR

BACTERIA reach the air largely from the earth's surface, borne aloft by currents of air sweeping over dry places. Their presence in air, therefore, is largely dependent upon atmospheric conditions; humidity and a lack of wind decreasing their numbers, dryness and high winds increasing them. Multiplication of bacteria during transit through the air probably does not take place.

Apart from these considerations the presence of bacteria in air also depends upon purely local conditions prevailing in different places. They are most plentiful in densely populated areas and within buildings, such as theaters, meeting halls, and other places where large numbers of people congregate. On mountain tops, in deserts, over oceans, and in other uninhabited regions, the air is comparatively free from bacteria. A classical illustration of this fact is found in the experiments which Pasteur carried out in his refutation of the doctrine of spontaneous generation. Tyndall also, in working upon the same subject, demonstrated this fact. From the surface of the ground and other places where bacteria have been deposited, they reach the air only after complete drying. It is a fact of much importance, both in bacteriological work and in surgery, that bacteria do not rise from a moist surface. From dry surfaces they may rise, but only when the air is agitated either by wind or by air-currents produced in other ways. In closed rooms, therefore, even when bacteria are plentiful and the walls and floors are perfectly dry, there is little danger of the inhalation of bacteria unless the air is agitated in some way. The most favorable conditions for the occurrence of many bacteria in air are the existence of a prolonged drought followed by a dry wind. Under such conditions, even the dark places and unlighted corners of streets and habitations are thoroughly dried out, and bacteria are taken up and carried about together with particles of dust. At such times the dangers from inhalation are much multiplied. By experiments made in balloons, it has been found that bacteria are plentiful below altitudes of about fifteen hundred feet and may be present, though much reduced in numbers, as high up as a mile above the earth's surface. The species of bacteria found in the air are, of course, subject to great variation, depending upon locality. Molds and spore-forming bacteria, being more regularly resistant to the effects of sunlight and drying than bacteria possessing only vegetative forms, are naturally more generally distributed.

Out of air thus laden with bacteria, they may again settle when the wind subsides and the air becomes quiescent. The process of settling, however, is extremely slow, since the weight of a bacterium is probably less than a billionth of a gram, and it may be held in suspension in air for considerable periods. Rains, snow, or even the condensation of moisture from a humid atmosphere, hastens this process considerably, and large quantities of bacteria may settle out from air, in a comparatively short time, in ice chests, in operating rooms, or in other places in which much condensation of water vapor takes place.

The importance of the air as a means of conveying disease is still a problem upon which much elucidation is needed. The importance of this manner of conveyance in smallpox, in measles, in scarlet fever, and in other exanthemata, can not be denied. As regards the diseases of known bacterial origin, conveyance by air is of importance in the case of tuberculosis, where infection by inhalation may take place, and in the case of anthrax, where inhaled anthrax spores may give rise to the pulmonary form of the disease. The importance of air conveyance for any great distance in pneumonia, in influenza, in diphtheria, and in meningitis is by no means clear and requires much further study. The expulsion of bacteria from the lungs and naso-pharynx does not take place during simple expiration, since an air-current passing over a moist surface is not sufficient to dislodge microorganisms. Expulsion of bacteria in these conditions must take place together with small particles of moisture carried out in sneezing, coughing, or any forced expiration. The bacteria thus discharged are then subject to the process of drying and often are exposed to direct sunlight for a considerable period before they are again taken up in the air.

The methods of estimating the bacterial contents of the air are not entirely satisfactory. The simple exposure of uncovered gelatin or agar plates for a definite length of time, and subsequent estimation of the colonies upon the plates, yield a result which is variable according to the air-currents and the degree of moisture in the atmosphere, and furnish no volume standard for comparative results. The methods which are in use at the present time depend upon the suction of a definite quantity of air by means of a vacuum-pump through some substance which will catch the bacteria. One of the first devices used for this purpose was that of Hesse, who sucked air through a piece of glass tubing, about 70 cm. long and about 3.5 cm. in diameter, the inner surface of which had been coated with gelatin in the manner of an Esmarch roll tube. This method is not efficient, since a large number of the bacteria may pass entirely through the tube without settling upon the gelatin. One of the most satisfactory methods at present in use is that in which definite volumes of air are sucked through a sand-filter. Within a small glass tube, a layer of sterilized quartz sand, about 4 cm. in depth, is placed. The sand is kept from being dislodged by a small wire screen. After the air has been sucked through the filter the sand is washed in a definite volume of sterile water or salt solution, and measured fractions of this are planted in agar or gelatin in Petri plates. The colonies which develop are counted. Thus, if two liters of air have been sucked through the filter, and the sand has been washed in 10 c.c. of salt solution, and 1 c.c. of this is planted, with the result of fifteen colonies, then the two liters of air have contained one hundred and fifty bacteria.

BACTERIA IN SOIL

Besides the normal bacterial inhabitants of the soil, bacteria reach the soil from the air, in contaminated waters, in the dejecta, excreta, and dead bodies of animals and human beings, and in the substance of decaying plants. It is self-evident, therefore, that the distribution of bacteria in soil depends largely upon the density of population and the use of the soil for agricultural or other purposes. Thus, bacteria are most plentiful in the neighborhood of cess-pools or in manured fields and gardens. Such conditions, however, may be regarded as abnormal. Even in uncultivated fields there is a constant bacterial flora in the soil which is of great importance in its participation in the nitrogen cycle, a phase of the bacteriology of soil which has been discussed in detail in another section. (See page 40.) There are, thus, regular and normal inhabitants of the soil which fulfil a definite function and may be found wherever plant life flourishes. In addition to these, innumerable varieties of saprophytes and pathogenic germs may be present, which vary in species and in number with local conditions. Numerous investigations into the actual numerical contents of the soil have been made. Houston[1] found an average of 1,500,000 bacteria per gram in garden soil, and about 100,000 bacteria per gram in the arid soil of uncultivated regions. Fraenkel,[2] in studying the horizontal distribution of bacteria in the earth, has found that they are most numerous near the surface, a gradual diminution occurring down to a depth of about two yards. Beyond this, the soil may be often practically sterile.

Pathogenic bacteria may at times be found in the surface layers, and these are often of the spore-bearing varieties. Most important among them from the medical standpoint are the bacillus of tetanus, of malignant edema, and the Welch bacillus. If a guinea-pig is inoculated subcutaneously with an emulsion of garden soil, death will result almost invariably with enormous bloating and swelling of the body due to gas production. This is due to the fact that the spore-bearing, gas-producing anaërobic bacilli are commonly present and are actively pathogenic for these animals. The frequent occurrence of tetanus in persons sustaining wounds of the bare feet and hands in fields and excavations, is a matter of common knowledge. Anthrax, also, may be easily conveyed by soil in localities where animals are suffering from this infection. It is not probable that pathogenic germs which are not spore-bearers survive in the soil for any great length of time. Unless the soil is specially prepared by the presence of defecations or other other organic material, the nutrition at their disposal is not at all suitable for their needs, since rapid decomposition of organic materials by saprophytes is always going on in the upper layers. Furthermore, in the deeper layers the conditions of temperature and possibly oxygen supply are not at all favorable for the growth of most pathogenic bacteria. Within a short distance from the surface the temperature of the soil usually sinks below 14° or 15° C. An interesting series of experiments by Fraenkel[3] have demonstrated this point. This investigator buried freshly inoculated agar and gelatin cultures of cholera spirilla and of typhoid and anthrax bacilli at different levels, and examined them for growth after two weeks had elapsed.

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[1] *Houston*, Report Med. Officer, Local Govern. Bd., London, 1897.

[2] *Fraenkel*, Zeit. f. Hyg., ii, 1887.

[3] *Fraenkel*, Zeit. f. Hyg., xi, 1887.

The anthrax bacilli hardly ever showed growth at a depth below about two yards, and cholera and typhoid developed colonies at these depths only during the summer months. Under natural conditions it must be remembered that, at these levels, suitable nutritive material is not found.

A consideration of practical importance in this connection is the possibility of infection by means of buried cadavers. An elaborate series of experiments has been carried out upon this subject in Germany, with results which demonstrate that the danger from the burial of persons dead of infectious diseases was formerly much exaggerated. Experiments[1] usually failed to reveal the presence of cholera and typhoid bacilli within two to three weeks after burial, and tubercle bacilli were never found after three months had elapsed. It was only in the case of sporulating microorganisms, such as the anthrax bacillus, that the living incitants could be found for as long as two years after burial. The dangers of infection of human beings through the agency of soil, therefore, are chiefly those arising from the spore-bearing bacteria which are able to remain alive in spite of the unfavorable cultural conditions. It has been found by some observers,[2] however, that, under special conditions, non-sporulating bacteria, more especially the typhoid bacillus, may remain alive in soil for several months. Although these bacteria, as well as those of cholera, diphtheria, etc., can not proliferate under the conditions found in the soil, the fact that they can remain viable for such prolonged periods in the upper layers suggests the possibility of danger from the use of unwashed vegetables, such as lettuce or radishes or other soil and sewage contaminated food products. The examination of soil for colon bacilli, while demonstrating the presence or absence of manure or sewage contamination, has no practical value, since colon bacilli are found in the dejecta of animals.

Examination of specimens of soil for their numerical bacterial contents is extremely unsatisfactory because the bacteria there found can hardly ever all be cultivated together under one and the same cultural environment. A large number are anaërobic, others again thrive at low temperatures, while again another class may require unusually high temperatures. When such examinations are made, however, specimens of the soil from the surface layer may be taken in a sterile platinum spoon. When taken from the lower levels, a drill, such as that devised by Fraenkel, may be used. This consists of an iron rod the lower end of which is pointed. Just above the point a movable collar is fitted. This collar has a slit-like opening. The rod beneath the collar has a deep longitudinal groove corresponding to the slit in the collar. A flange on the collar permits opening and closing of the groove while the instrument is below the ground. The drill is forced into the earth to the desired depth, the groove is opened and earth is forced into the chamber by twisting the rod. In the same manner the groove may be closed. The soil obtained in this way is taken out of the chamber and a definite quantity, say one gram, is dissolved and washed thoroughly in a measured volume of sterile water or sterile salt solution. Fractions of this are then mixed with the culture medium, plated, and cultivated aërobically or anaërobically as desired.

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[1] *Petri*, Arb. a. d. kais. Gesundheitsamt, vii.

[2] *Firth* and *Horrocks*, Brit. Med. Jour., Sept., 1902.

CHAPTER LIII

BACTERIA IN WATER

ALL natural waters contain a more or less abundant bacterial flora. This fact, combined with our knowledge that the incitants of several epidemic diseases and a number of minor ailments of a diarrheal character are water borne, gives the bacteriological investigation of water a place of great importance in hygiene. In nature, there are very few sources of water supply which do not contain bacteria of one or another description. While pathogenic bacteria are usually not present except in those waters which are directly contaminated from human sources, a thorough understanding of the quantitative and qualitative bacterial contents of all natural waters is necessary in order that we may intelligently gather comparative data as to the fitness of any given water for human consumption.

The gross appearance of water is rarely, if ever, an indication of its danger. The turbid waters of running streams in sparsely populated agricultural districts may be safe, while perfectly clear well waters subjected to the dangers of contamination from neighboring sinks or cess-pools may contain large numbers of pathogenic germs.

The diseases which are known to be more directly connected with water supply are typhoid fever and cholera.

Typhoid germs discharged from the bowel or from the urine of typhoid patients or convalescents may be carried by the sewage or from the neighboring soil into a river or lake and lead to infection of the population deriving its drinking water from this source. There are a great many investigations on record in which severe typhoid epidemics have been traced to such sources.

In the case of cholera, where the germs are discharged from the bowels in enormous numbers, conveyance of the disease by water is even more apparent, and the discoverers of the cholera germ themselves, in their early work in Egypt and India, were able to isolate the bacteria from contaminated water supplies.

In regard to the less clearly understood diarrheal diseases, dysentery, cholera infantum, etc., the direct relation to water supply has not been so definitely proven, and can be deduced only from the diminution of such infections after the substitution of pure water for the previously used impure supply. It is thus seen that water bacteriology is one of the most important branches of the science of hygiene, and has led, and is constantly leading, to enormous diminution of the death rate in all communities where an intelligent study of the conditions has been made.

The bacterial purity of natural waters, although dependent upon special and local conditions in relation to possible contamination, differs widely, according to the source from which such waters are derived.

Rain water and snow water are usually contaminated with bacteria by the dust which they gather on their way to the ground, and are especially rich in bacteria when taken during the first few hours of a rain or snow storm when the air is still dusty and filled with floating particles. During the later hours of prolonged storms, rain water and snow water may be comparatively sterile. Miquel,[1] who made extensive experiments in France on the bacterial contents of rain water, found that in country districts, where the air is less dusty, rain water contained an average of about 4.3 bacteria to the cubic centimeter.

The bacterial counts of snow water are usually somewhat higher than those of rain.

The waters of streams, ponds, and lakes are usually spoken of as surface waters, and these of all natural supplies contain the largest number of bacteria. In each case, of course, the quantitative and qualitative bacterial flora of such waters is intimately dependent upon the conditions of the surrounding country, the density of the population, and the relation of these waters to sewage. It is also, and to no less important degree, dependent upon weather conditions, the influence of light and temperature, and the food supply contained within the waters in the form of decayed vegetation. In all such surface waters there is constantly going on a process of self-purification. The chief factor in this process is sedimentation. In stagnant ponds and lakes with but sluggish currents there is a constant sedimentation of the heavier particles, which gradually but steadily leads to a diminution of the number of bacteria in the upper layers of the water. In rivers where sedimentation is to a certain extent prevented by rapidity of current, the effectiveness of such sedimentation is, of course, entirely dependent upon the speed of the current.

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[1] *Miquel,* Revue d'hyg., viii, 1886.

The influence of light in purifying surface waters is important chiefly in ponds, lakes, and sheets of water which expose a large surface to the sunlight, and where the surroundings are such that the sun has free access throughout the day. According to the researches of Buchner,[1] the bactericidal effects of light penetrate through water to a depth of three feet.

The effects of temperature in purifying surface waters under natural conditions are probably not great. There is, however, a general tendency toward diminution of the bacterial flora as the temperature of such waters becomes lower.

The presence of protozoa in natural waters as purifying agents has recently been emphasized by Huntemüller,[2] who claims that these organisms by phagocytosis greatly diminish the number of bacteria in any given body of water. It is self-evident that the number of bacteria in any of these waters is never constant, since all factors which tend to a diminution or increase in volume, such as drying up of tributary streams or the occurrence of heavy rains, would lead to differences of dilution which would materially change numerical bacterial estimations. The influence of rains, furthermore, may be a twofold one. On the one hand, heavy rain-falls, by washing a large amount of dirt into the rivers and lakes from the surrounding land, have a tendency to increase the bacterial flora. This influence would be especially marked in all bodies of water which are surrounded by cultivated land where manured fields and grazing-meadows supply a plentiful source of bacteria. On the other hand, in regions where arid, uninhabited lands surround any given river or lake, the rain would carry with it very little living contamination and would act chiefly as a diluent and diminish the actual proportion of bacteria in the water.

Another and extremely important source of water supply is that spoken of technically as "ground water." The "ground waters" include the shallow wells employed in the country districts, springs, and deep or artesian wells. The shallow wells that form the water supply for a large proportion of farms in the eastern United States are usually very rich in bacteria and are by no means to be regarded as safe sources, except in cases where great care is observed as to cleanliness of the surroundings. In such wells the filtration of the water entering the well may be subject to great variation according to the geological conditions of the surrounding ground. The proximity of barns and sinks may lead to dangerous contamination of such waters.

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[1] *Buchner*, Arch. f. Hyg., xvii, 1895. [2] *Huntemüller*, Arch. f. Hyg., liv, 1905.

Examinations by various bacteriologists have shown that such wells frequently contain as many as five hundred bacteria to the cubic centimeter.

Perennial spring waters are usually pure. Examinations by the Massachusetts State Board of Health [1] in 1901 showed an average of about forty bacteria per cubic centimeter. As sources of water supply for general consumption, however, springs can hardly be very important because of the insignificant quantities usually derived from them.

Of much greater practical importance are deep artesian wells, which, under ordinary conditions, are largely free from bacterial contamination.

Quantitative Estimations of Bacteria.—The quantitative estimation of bacteria in water is of necessity inexact, because of the difficulty of always securing fair average samples from any large body of water, and because of the large variations in cultural requirements of the flora present in them. All these methods depend upon colony enumeration in plates of agar or gelatin, preferably of both. For the sake of gaining some basis of comparison for results which, at best, can never be entirely accurate, an attempt has been made by the American Public Health Association [2] to standardize the methods of analysis.

Water for analysis should always be collected in clean, sterile bottles, preferably holding more than 100 c.c. If water is to be taken from a running faucet or a well supplied with piping, it is important that it should be allowed to run for some time before the sample is taken, in order that any change in bacterial content occurring inside of the pipes may be excluded. It is obvious that in water pipes through which the flow is not constant, bacteria may find favorable conditions for growth and such a sample would not represent fairly the supply to be tested.

When the water is taken from a pond, lake, or cess-pool, the bottle may be lowered into the water by means of a weight, or may be plunged in with the hand, great care being exercised not to permit contamination from the fingers to occur. A number of devices for collecting water have been originated, a very excellent one for small samples, by Sternberg,[3] consisting of a small glass bulb with a capillary neck which is sealed while the bulb is hot. This is attached to a rod, and a wire noose is fastened to the neck of the bulb. When immersed in water the neck may be broken off by means of the wire, and water will be forced into the bulb to satisfy the vacuum.

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[1] Mass. State Bd. of Health, 33d Annual Report for 1901.

[2] *Fuller*, Trans. Amer. Public Health Assn., xxvii, 1902. Report of Com. on Standard Methods of Water Analysis. Jour. Inf. Dis., Suppl. 1, 1905.

[3] *Sternberg*, "Manual of Bact."

After the water has been collected it is important to plate it before the bacteria in it have a chance to increase. The changes taking place during transportation, even when packing in ice has been resorted to, have been found by Jordan and Irons [1] to be considerable. It is imperative, therefore, that plating of the water, if possible, shall not be delayed for longer than one or two hours after collection.

Before plating, the bottle containing the sample should be shaken at least twenty-five times in order to distribute the bacterial contents evenly. The quantities to be plated will depend to a certain extent upon the probability of there being a large or small number of bacteria. If less than two hundred are suspected, 1 c.c. of the water should be taken out of the bottle with a sterile pipette and placed in a sterile Petri dish. To this is added 10 c.c. of gelatin at a temperature of about 30°C., or of agar at a temperature of not over 40° C. The water is thoroughly mixed with the medium by repeated tilting of the plate, and finally allowed to harden in the regular way. If unusual pollution or other data lead to a suspicion that the bacterial count is apt to be extremely high, it is advisable to dilute the sample of water with sterile water before plating. The reason for mixing water and medium in the Petri dish, rather than in the tube, as was formerly done, is the fact that in the pouring of the mixture from the tube a certain amount of residuum is left which naturally leads to a diminution in the actual number of colonies developing in the plate. The gelatin is incubated at 20° C., the agar at 37.5° C.

The gelatin and agar which are used should be made according to the standard methods recommended by the American Public Health Association. The gelatin should be made of meat infusion and not of meat extract, and should contain one per cent of Witte's pepton and ten per cent of the best so-called French brand of gelatin. It should not soften when kept at a temperature of 25° C. The agar medium should also be made of meat infusion and of the highest grade of commercial thread agar. For general purposes the standard reaction of media should be one per cent acidity, but for long-continued work on water from the same source the optimum reaction should be ascertained and adhered to, and differences from the standard reaction should be mentioned in the report.

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[1] *Jordan* and *Irons*, Reports of the Amer. Pub. Health Assn., xxv, 1889.

Incubation of the gelatin should be continued for forty-eight hours in an atmosphere saturated with moisture. When agar is used, incubation for twenty-four hours is usually sufficient, and it is advantageous to employ Petri dishes supplied with porous earthenware covers.[1] Simple inversion of the Petri dishes when placed in the incubator obviates the necessity of using the porous covers.

In counting, the ordinary counting plates divided into 1 cm. squares may be used, but, whenever possible, all the colonies in a plate should be counted.

The value of the quantitative estimation of bacteria in water is only a comparative one, and no arbitrary standards can be established for the purity of water on this basis. In general it may be said that water containing one hundred bacteria to the cubic centimeter or less is apt to be from a deep source and comparatively pure; that water containing five hundred bacteria to the cubic centimeter or over is open to suspicion, and that any water containing over one thousand to the cubic centimeter is probably from a polluted source. At the same time it is quite impossible to draw any direct conclusions from numerical colony counts, and all such results must be carefully weighed in the balance with qualitative analyses and chemical tests, and knowledge of environmental conditions.

Qualitative Bacterial Analyses of Water.—Of far greater importance than quantitative analysis is the isolation of bacteria either distinctly pathogenic, such as the cholera spirillum and the typhoid bacillus, or of other species probably emanating from contaminating sources, such as a B. coli. Unfortunately there are no reliable methods by which typhoid and cholera germs can be isolated from water with any degree of regularity or certainty. Although frequently the isolation of such organisms is possible, a negative result in these cases is by no means eliminative of their presence.

The isolation of typhoid bacilli from water is very difficult, chiefly because of the great dilution which contaminations undergo upon entering any large body of water. The difficulty of isolating typhoid bacilli, even from the stools of infected patients, makes it clear that such difficulties are enhanced when a considerable dilution of the excreta takes place. Furthermore, water is by no means a favorable medium for the typhoid bacillus. Russell and Fuller[2] have shown that typhoid bacilli may die in water within five days, and it is unquestionable that the rate of increase of these bacteria is by no means equal to that of many other microorganisms for which polluted water at the temperature encountered in streams and lakes forms a much more favorable medium.

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[1] *Hill*, Jour. Med. Res., xiii, 1904.

[2] *Russell* and *Fuller*, Jour. Inf. Dis., Suppl. 2, 1908.

It is thus clear that even in infected waters the number of typhoid bacilli encountered can never be very great.[1]

A large number of methods for the isolation of the typhoid bacillus from water have been devised. Most of the media used are identical with those employed for the isolation of these bacteria from the stools. These media have been discussed in the chapter dealing with the typhoid bacillus.

Drigalski[2] has reported a method for which he claims considerable success in isolating typhoid bacilli from water, which depends upon the motility of the organisms. One- to two-liter samples of water are taken and allowed to stand at room temperature in high jars for one or two days. Small quantities are then removed from the surface and planted on Wurtz's lactose litmus agar. The method depends upon the probability of the settling out of non-motile organisms and the possibility, therefore, of getting motile organisms only in the plates.

Parietti[3] and others have attempted to eliminate other organisms by adding phenol and hydrochloric acid to neutral broth, in the hope that the high acidity and the antiseptic qualities of the phenol will destroy more delicate organisms than the typhoid bacillus. Inasmuch as B. coli, however, withstands these reagents as well as B. typhosus, or even better, these methods have not met with great success.

A method which has proved useful in the hands of Adami and Chapin[4] is one which depends upon the phenomenon of agglutination. These authors collect water in two-liter specimens and to each two liters add 20 c.c. of one per cent glucose broth. These samples are incubated at 37.5° C. for twenty-four hours, and at the end of this time quantities of 10 c.c. are withdrawn and placed in test tubes. To each of these tubes potent typhoid serum, preferably diluted 1 : 60, is added, and whenever agglutination occurs the flocculi are washed and plated on various media for identification.

Vallet and others have attempted to precipitate typhoid bacilli out of water by chemical means. The purpose of these methods has been to entangle the bacteria in an inert precipitate, and thus concentrate the bacteria in water for purposes of cultivation. Vallet's method is as follows: To two liters of water add 20 c.c. of a 7.75 per cent solution of sodium hyposulphite and 20 c.c. of a 10 per cent solution of lead nitrate. When the precipitate has settled, the clear supernatant fluid is decanted and the precipitate dissolved in a saturated sodium hyposulphite solution. This clear solution is then plated. Willson[1] has modified this method by adding to the water 0.5 gms. of alum to each liter. A precipitate is formed which may either be allowed to settle or may be brought down by centrifugalization. The supernatant fluid is removed and the precipitate plated.

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[1] *Laws* and *Anderson*, Rep. of Med. Officer, London County Council, 1894.

[2] *Drigalski*, Arb. a. d. kais. Gesundheitsamt, xxiv, 1906.

[3] *Parietti*, Rev. d'igiene e san. pub., 1890.

[4] *Adami* and *Chapin*, Jour. Med. Res., xl, 1904.

In actual work many of the methods which are aimed purely at B. coli may lead to success in the isolation of B. typhosus, because of the similarity of the two organisms in their reaction to definite media. Thus, the method of Jackson,[2] who employs one per cent of lactose in pure ox-bile for the isolation of B. coli, has occasionally led to the simultaneous isolation of B. typhosus.

The isolation of the vibrio of cholera is less difficult than that of B. typhosus, primarily because of the much greater numbers of these microorganisms discharged into sewage. The number of cholera spirilla in the excreta of cholera patients is enormously higher than is that of B. typhosus in the stools of typhoid-fever patients. It is not infrequent, therefore, that the source of a cholera infection may be directly traced to the water supply. Koch,[3] the discoverer of the cholera vibrio, has indicated a method which has frequently found successful application.

To 100 c.c. of the infected water are added one per cent of pepton and one per cent of salt. This mixture is then incubated at 37.5° C. and after ten, fifteen, and twenty hours, specimens from the upper layers are examined microscopically and are plated upon gelatin. Upon the weak pepton solution cholera spirilla increase very rapidly at incubator temperatures and then when plated in gelatin the detection of characteristic colonies is comparatively easy.

Because of the great difficulties outlined above in isolating specific pathogenic germs from polluted waters, bacteriologists have attempted to form an approximate estimate of pollution by the detection of other microorganisms which form the predominating flora of sewage.

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[1] *Willson*, Jour. of Hyg., v, 1905.

[2] *Jackson*, Journ. of Inf. Dis., Suppl. 2, 1907.

[3] *Koch*, Zeit. f. Hyg., xiv, 1893.

Chief among these is B. coli. The isolation and numerical estimation of B. coli in polluted water has been for a long time one of the criteria of pollution. This so-called colon test, however, should always be approached with conservatism and should never be carried out qualitatively only. Careful quantitative estimation should be made in every case.

B. coli in water is by no means always the result of human contamination, since this bacillus is found in great abundance in the intestines of domestic animals. According to Poujol, B. coli does not even always point to fecal contamination, since this author was able to find the bacillus in the water of a number of wells where no possible contamination of any sort could be traced. Prescott [1] explains this, as well as similar cases, by the fact that organisms of the colon group may occasionally be parasitic upon plants.

The opinions of hygienists are widely at variance as to the value of the colon test. While the discovery of isolated bacilli of the colon group may therefore be of little value, it is nevertheless safe to follow the opinion of Houston,[2] who states that the discovery of B. coli in considerable numbers invariably points to sewage pollution, and that the absolute absence of B. coli is, as a rule, reliable evidence of purity.

For the purpose of isolating B. coli from water, a large number of methods have been devised. In examining sewage or other polluted waters in which the number of colon bacilli is comparatively large, the direct use of lactose litmus agar plates yields excellent results. Varying quantities of water may be added to this medium and the development of red colonies at incubator temperatures usually indicates the presence of bacilli of this species. These colonies may be fished and further identified. Copeland [3] has proposed the addition of two-tenths per cent of phenol to this medium in order to inhibit other bacteria.

In water less grossly polluted, some method of enrichment must be employed in order to increase the number of bacteria so that they may be found in plates. For this purpose glucose bouillon in fermentation tubes, according to the method of Theobald Smith, may be employed.[4] In this medium, at a temperature of 37.5° C., the colon bacilli grow with great speed and transplants to plating media may be taken after eight or more hours' incubation.

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[1] *Prescott*, Science, xv, 1903.

[2] *Houston*, Rep. Medical Officer, Local Gov. Board, London, 1900.

[3] *Copeland*, Jour. Boston Soc. Med. Sciences, 1901.

[4] *Prescott*, Science, xvi, 1902.

A medium which has found successful application is that proposed by Jackson.[1] This medium, as stated above, consists of undiluted ox-bile, to which has been added one per cent of lactose.

For quantitative estimation of colon bacilli in water, Theobald Smith[2] has proposed the use of dextrose bouillon in fermentation tubes, to which are added varying quantities of water, ranging from 0.001 to 1 c.c. The appearance of gas in any of these tubes would indicate the presence of B. coli, and the number can be approximately computed from the smallest quantity of water by which gas formation has been produced.

According to Irons,[3] the presence of B. coli in such fermentation tubes may be determined without actual isolation and cultivation of the organism, by estimating the comparative amount of carbon dioxide in the gas. Whenever carbon dioxide forms approximately thirty-three per cent of the gas present, Irons concludes that B. coli is present.

Jackson[4] believes when lactose ox-bile is used that twenty-five per cent of gas within seventy-two hours may be regarded as positive for B. coli.

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[1] *Jackson*, Jour. Inf. Dis., Suppl. 2, 1907.

[2] *Th. Smith*, 13th Ann. Rep. N. Y. S. Board of Health.

[3] *Irons*, Trans. Amer. Pub. Health Assn., xxvi, 1900.

[4] *Jackson*, "Biol. Studies of Pupils of W. T. Sedgwick," Boston, 1906.

CHAPTER LIV

BACTERIA IN MILK AND MILK PRODUCTS, BACTERIA IN THE INDUSTRIES

BACTERIA IN MILK

THE universal use of cows' milk as a food, especially for the nourishment of infants, has necessitated its close study by bacteriologists and hygienists. It furnishes an excellent culture medium for bacteria and is, therefore, pre-eminently fitted to convey the germs of infectious disease. The many changes which take place in milk, furthermore, and which add or detract from its nutritive value, are due largely to bacterial growth and have been elucidated by bacteriological methods.

Within the udder of the healthy cow, milk is sterile. If pyogenic or systemic diseases of bacterial origin exist in the cow, the milk may, under certain circumstances, be infected even within the mammary glands. In the milk ducts and in the teats, however, even in perfectly healthy animals, a certain number of bacteria may be found. For this reason, even when all precautionary measures are followed, the milk as received in the pail is usually contaminated. As a matter of fact, the anatomical location of the udder and the mechanical difficulties of milking make it practically impossible to collect milk under absolutely aseptic conditions, and, under the best circumstances, from 100 to 500 microorganisms per c.c. may usually be found in freshly taken milk. Withdrawn under conditions of ordinary cleanliness, the bacterial contents of milk are considerably higher than this. After the process of milking, in spite of all practicable precautions, the chances for the contamination of milk are considerable; but even could these be eliminated, the bacterial contents of a given sample would ultimately rapidly increase because of the rich culture medium which the milk provides for bacteria. Whether large increases shall take place or not depends, in the first place, upon the temperature at which milk is kept, and, in the second place, upon the length of time which intervenes before its consumption. Though fresh milk possesses slight bactericidal powers,[1] these are by no means sufficient to be of practical importance in the inhibition of bacterial growth. Kept at or about freezing-point, the bacterial contents of milk do not appreciably increase. At higher temperatures, however, a rapid propagation of bacteria takes place which, especially during the summer months, speedily leads to enormous numbers. In a case reported by Park,[1] where milk, containing at the first examination 30,000 microorganisms per cubic centimeter, was kept at 30° C. (86° F.) for twenty-four hours, the count at the end of this time yielded fourteen billions of bacteria for the same quantity.

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[1] *Rosenau* and *McCoy*, Jour. Med. Res., 18, 1908.

It is of much importance, therefore, that the cleanliness of dairies, of cattle, and in the handling of milk should be reinforced by the utmost care in chilling and icing during shipment and before sale.

Because of its great importance, especially for the health of the children in large cities during the summer months, the milk question has, of recent years, received much attention from health officers. In the city of New York, the question has been made the subject of many careful studies by Park[2] and his associates. Commissions, working in Chicago,[3] Boston,[4] and other large towns, have placed the sale of milk under more or less exact bacteriological supervision. Park has determined that the milk, as sold in New York stores during the cold weather, not infrequently averages seven hundred and fifty thousand bacteria per cubic centimeter; during the hot summer months, the bacterial contents of similar milk not infrequently average one million and more, for the same quantity.[5] In consequence of these and other researches, large dairies have introduced bacteriological precautions into their method of milk production. They have attempted the reduction of the bacterial contents of milk by scrupulous cleanliness of the barns and of the udders and teats of the cow, by the elimination of diseased cattle, by sterilization of the vessels in which the milk is received, and of the hands of the milker; also by the immediate filtering and cooling of the milk and the packing of the milk cans in ice, where they remain until delivered to the consumer. In consequence of such measures, it is possible for cities to be supplied with milk containing no more, and often less, than fifty thousand bacteria to the cubic centimeter. A standard of cleanliness has been established in various towns by the introduction of the so-called "certified milk," which, by the New York Milk Commission, is required to contain no more than thirty thousand bacteria per cubic centimeter. Great stress is laid upon such numerical counts simply in that they are approximate estimates of cleanliness. Most of the bacteria, however, contained in milk are non-pathogenic, and numbers much larger than the maximum required for certified milk may be present without actual disease or harm following its consumption.

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[1] *Park, W. H.*, "Pathogenic Bacteria," New York, 1905, p. 463.

[2] *Park*, Jour. of Hygiene, 1, 1901.

[3] *Jordan* and *Heinemann*, Rep. of the Civic Federation of Chicago, 1904.

[4] *Sedgwick* and *Batchelder*, Bost. Med. and Surg. Jour., 126, 1892.

[5] *Escherich*, Fort. d. Medizin, 16 and 17, 1885.

The various species of bacteria which may be found in milk include almost all known varieties. Whether there are special, so-called milk bacteria or not is a question about which investigators have expressed widely differing opinions. It is probable that many of the species, formerly regarded as specifically belonging to milk, are there simply by virtue of their habitual presence in fodder, straw, or bedding, or upon cattle. It is likely, furthermore, that some of these species are found with great regularity because of their power to outgrow other species under the cultural conditions offered them in milk.

Under normal conditions, milk always undergoes a process which is popularly known as souring and curdling. This is due to the formation of lactic acid from the milk sugar and is the result of the enzymatic activities of several varieties of bacteria commonly found in milk. Most common among these bacteria is the so-called Bacillus lactis aërogenes, an encapsulated bacillus closely related to the colon-bacillus group. (See page 451.) The transformation of the lactose into lactic acid may occur either directly by hydrolytic cleavage:

$$C_{12}H_{22}O_{11} + H_2O = 4\ C_3H_6O_3;$$

or indirectly through a monosaccharid,

$$C_{12}H_{22}O_{11} + H_2O = 2\ C_6H_{12}O_6 = 4\ C_3H_6O_3.$$

Other microorganisms which may cause lactic-acid fermentation in milk are the so-called Streptococcus lacticus, the common pyogenic streptococcus, the Staphylococcus aureus, Bacillus coli communis and communior, and many other species. Most commonly concerned in lactic-acid production, however, according to Heinemann,[1] are the two first-mentioned, Bacillus lactis aërogenes and Streptococcus lacticus. The secret of the regularity with which some of these bacteria are present in sour milk is probably found in the ability of these varieties to withstand a much higher degree of acidity of the culture medium than other species.

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[1] *Heinemann*, Jour. of Inf. Dis., 3, 1906.

In consequence, they are able to persist and develop when cultural conditions are absolutely unsuited to other bacteria.

Consequent upon acidification of the milk by lactic-acid formation, there is coagulation of casein. Casein precipitation, however, may also be due to a non-acid coagulation caused by a bacterial ferment. Casein precipitated in this way may be redissolved by a bacterial trypsin or casease, produced by the same or other bacteria, the milk again becoming entirely liquid, transparent, and of a yellowish color. The casein precipitated by lactic-acid formation, however, is never thus redissolved, because the high acidity does not permit the proteolytic ferments to act.[1]

Butyric-acid fermentation in milk, a common phenomenon, is also an evidence of bacterial growth. As a rule, it is produced by the anaërobic bacteria, and is a process developing much more slowly than other fermentations. A large number of bacteria have been described which are capable of producing such changes, the chemical process by which they are produced being, as yet, not entirely understood. It is probable that the process takes place after hydrolysis of the disaccharid somewhat according to the following formula:

$$C_6H_{12}O_6 = C_4H_8O_2 + 2\,CO_2 + 2\,H_2.$$

Special bacteria have been described in connection with this form of milk fermentation,[2] most of them non-pathogenic. It is unquestionable, however, that many of the well-known pathogenic bacteria, such as Bacillus aërogenes capsulatus, Bacillus œdematis maligni, possess the power of similar butyric-acid formation. While less commonly observed in milk, because milk is rarely kept long enough to permit of the action or development of these enzymes, the butyric-acid fermentation is of importance in connection with butter, where it is one of the causes producing rancidity.

Alcoholic fermentation may take place in milk as a result of the activities of certain yeasts. Upon the occurrence of such fermentations depends the production of kefyr, koumys, and other beverages which have been in common use for many years, especially in the region of the Caucasus. The characteristic quality of these beverages is contributed by the feeble alcoholic fermentation produced by members of the saccharomyces group, but side by side with this process lactic-acid formation also takes place. Beijerinck,[1] who has carefully studied the so-called kefyr seeds, used for the production of kefyr in the East, has isolated from them a form of yeast similar in many respects to the ordinary beer yeast, and a large bacillus to which he attributes the lactic-acid formation.

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[1] *Conn*, Exper. Stat. Rep., 1892.

[2] *Schattenfroh* und *Grasberger*, Arch. f. Hyg., 37, 1900.

Occasional but uncommon changes which occur in milk lead to the formation of the so-called "slimy milk," yellow and green milk, and bitter milk. These may be due to a number of bacteria. A microorganism which is commonly found in connection with the slimy changes in milk is the so-called Bacillus lactis viscosus. According to the researches of Ward,[2] this microorganism is frequently derived from water and it is the water supply which should attract attention whenever such trouble occurs in dairies.

The so-called blue, green, and yellow changes are usually due to chromogenic bacteria, such as Bacillus cyanogenes, Bacillus prodigiosus, and others.

"Bitter milk," a condition which has occasionally been observed epidemically, is also the consequence of the growth of microorganisms. Conn,[3] in 1891, isolated from a specimen of bitter cream a diplococcus which occasionally forms chains and which in sterilized milk develops rapidly, producing an extremely bitter taste. The organism of Conn differs from a similar diplococcus described by Wagmann [4] in that it possesses the ability of producing butyric acid.

Milk in Relation to Infectious Disease.—As a source of direct infection, milk is second only to water, and deserves close hygienic attention. A large number of infectious diseases have been traced to milk, although the actual proof of the etiological part played by it in such cases has often been difficult to adduce and has necessarily been indirect. Nevertheless, even when indirect proof only has been brought, it has been sufficiently convincing to necessitate the most careful investigation into milk supplies whenever epidemics of certain infectious maladies occur.

Typhoid-fever epidemics have been frequently traced to milk infection, and, in this disease, milk is, next to water, the most frequent etiological factor. Schüder,[5] in an analysis of six hundred and fifty typhoid epidemics, found four hundred and sixty-two attributed to water, one hundred and ten to milk, and seventy-eight to all other causes.

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[1] *Beijerinck*, Cent. f. Bakt., vi. 1889.

[2] *Ward*, Bull. 165, Cornell Univ. Agri. Exp. Stat., 1899.

[3] *Conn*, Cent. f. Bakt., ix. 1891.

[4] *Wagmann*, Milchztg., 1890.

[5] *Schüder*, Zeit. f. Hyg., xxxviii. 1901.

Trask[1] compiled statistics of one hundred and seventy-nine typhoid epidemics supposed to have been caused by milk, in various parts of the world. In all such epidemics the origin of infection was generally traceable to diseased or convalescent persons employed in dairies, to contaminated well water used in washing milk utensils, or to the use of cans and bottles returned from dwellings where typhoid fever had existed. Actual bacteriological proof of the infectiousness of milk by the isolation of Bacillus typhosus is rare, but has been accomplished in isolated instances. In the case of one epidemic, Conradi[2] isolated the bacillus from the milk on sale at a bakery at which a large number of the infected individuals had purchased their milk. The examination of market milk at Chicago, through a period of eight years, revealed the presence of typhoid bacilli but three times.

In spite of the few cases in which actual bacteriological proof has been brought, it is not unlikely that careful and systematic researches would reveal a far greater number, since many writers have shown that typhoid bacilli may remain alive in raw milk for as long as thirty days,[3] and may actively proliferate in the milk during this time. One peculiarity of epidemics which may aid in arousing the suspicion that they have originated in milk is that, in such cases, women and children are far more frequently attacked than men.[4]

A feature which adds considerably to the dangers of milk infection is the unfortunate absence of any gross changes, such as coagulation, by the growth of typhoid bacilli.

Scarlet fever,[5] though as yet of unknown etiology, has in many cases been traced indirectly to milk infection. Trask has collected fifty-one epidemics of scarlet fever presumably due to milk. In one epidemic occurring in Norwalk, Conn.,[6] twenty-nine cases were distributed among twenty-five families living in twenty-four different houses. The individuals affected did not attend the same school, and were of entirely different social standing, the only factor common to all of them being the milk supply.

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[1] *Trask*, Bull. No. 41, U. S. Pub. Health and Mar. Hosp. Serv., Wash.

[2] *Conradi*, Cent. f. Bakt., I, xl, 1905.

[3] *Heim*, Arb. a. d. kais. Gesundheitsamt, v.

[4] *Wilckens*, Zeit. f. Hyg., xxvii, 1898.

[5] *Trask*, loc. cit.

[6] *Herbert E. Smith*, Rep. Conn. State Bd. of Health, 1897.

Diphtheria has been frequently traced to the use of infected milk. In most of the epidemics reported as originating in this way, the proof has been necessarily indirect. In two out of twenty-three epidemics reported by Trask, however, Bacillus diphtheriæ was isolated from the milk directly. The ability of the Klebs-Loeffler bacillus to proliferate and remain alive for a long while in raw milk has been demonstrated by Eyre [1] and others.

Whether or not cholera asiatica may be transmitted by means of milk has been a disputed question. Hesse [2] claims that cholera spirilla die out in raw milk within twelve hours. This statement, however, has not been borne out by other observers.[3] Unquestionable cases of direct transmission of cholera by means of milk have been reported by a number of writers, notably by Simpson.[4]

The relation of milk to the diarrheal diseases of infants has, of late years, received a great deal of attention. In large cities, during the summer months, numerous cases of infantile diarrhea among bottle-fed babies occur, which, in many instances, are attributed to feeding with contaminated milk. Park and Holt,[5] who have made extensive researches upon this question in New York City, have come to the conclusion that the harmful effects of contaminated milk upon babies can not be ascribed to any given single microorganism in the milk. Specifically toxic properties were found by these writers for none of the one hundred and thirty-nine different species of bacteria isolated from unsterilized milk. It is unlikely, therefore, that the diarrheal diseases among babies have a uniform bacteriological cause. Whether or not these diarrheal conditions depend entirely upon the bacterial contents of milk or, in a large number of cases at least, upon the inability of the child to digest cows' milk because of chemical conditions, must be left undecided. Park and Holt, in analyzing their extensive data, conclude that milk containing "over one million bacteria to the cubic centimeter is certainly harmful to the average infant."

The significance of the presence of streptococci in milk, as an element of danger, has recently received much attention in the literature. Heinemann,[6] who has made a careful comparison of Streptococcus lacticus

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[1] *Eyre*, Brit. Med. Jour., 1899.

[2] *Hesse*, Zeit. f. Hyg., xvii, 1894.

[3] *Basenau*, Arch. f. Hyg., xxiii, 1895.

[4] *Simpson*, Indian Med. Gaz., 1887.

[5] *Park* and *Holt*, Arch. of Ped., Dec., 1903.

[6] *Heinemann*, Jour. Inf. Dis., 3, 1906.

(formerly spoken of as Bacillus acidi lactici [Kruse]), with other streptococci, has shown that, essentially, this streptococcus does not differ from streptococci from other sources, and is practically indistinguishable by cultural methods from Streptococcus pyogenes. Similar comparisons made by Schottmüller,[1] Müller,[2] and others have led to like results. Since streptococci may be found in milk from perfectly normal cows and are almost regularly associated with lactic-acid fermentation, it is unlikely that these microorganisms hold any specific relationship to disease.

The presence of pus cells and leucocytes in milk, together with streptococci, was also formerly regarded as of great importance. Enumerations of leucocytes in milk were first made by Stokes and Weggefarth.[3] Their method of enumeration consisted in centrifugalizing a definite volume of milk, spreading the entire sediment over a definite area on a slide, and counting the leucocytes found in a number of fields. Calculations from this may then be made as to the number of leucocytes per cubic centimeter. This method, and modifications of it, have been used by a large number of observers, but the value of the conclusions drawn from them has been much exaggerated. Normal milk may contain leucocytes in moderate numbers, and importance may be attached to such leucocyte counts only when their number largely exceeds that present in other specimens of perfectly normal milk. Whenever such high leucocyte counts are found, of course, a careful veterinary inspection and examination for pyogenic disease should be made upon the cows.

Foot-and-mouth disease, an infectious condition prevailing among cattle, characterized by a vesicular rash on the mouth and about the hoofs, has, in a number of cases, been definitely shown to be transmitted to man through the agency of milk. Notter and Firth [4] reported an epidemic occurring among persons supplied with milk from a single dairy in which foot-and-mouth disease prevailed among the cows. In this epidemic, two hundred and five individuals were affected with vesiclar eruptions of the throat, with tonsillitis and swellings of the cervical lymph nodes. Similar cases have been reported by Pott.[5]

Although anthrax has never been definitely shown to have been conveyed by milk, Boschetti[1] has succeeded in isolating living anthrax bacilli from a sample of milk examined two weeks after its withdrawal from the cow.

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[1] *Schottmüller*, Münch. med. Woch., 1903.

[2] *Müller*, Arch. f. Hyg., lvi, 1906.

[3] *Stokes* and *Weggefarth*, Med. News, 91, 1897.

[4] *Notter* and *Firth*, quoted from Harrington, "Theory and Practice of Hygiene."

[5] *Pott*, Münch. med. Woch., 1899.

Milk and Tuberculosis.—The question of the conveyance of tuberculosis by means of milk is a subject which, because of its great importance, has been extensively investigated by bacteriologists. A large number of observers have succeeded in proving the presence of tubercle bacilli in the milk of tuberculous cows by intraperitoneal inoculation of rabbits and guinea-pigs with samples of milk. Such positive results have been obtained by Bang,[2] Hirschberger,[3] Ernst,[4] and many others. A number of these observers, notably Ernst, have shown that tubercle bacilli may be present in the milk without tuberculous disease of the udders. In an examination of the milk supply of Washington, D. C., by J. G. Anderson,[5] six and seventy-two hundreths per cent of the samples of milk examined contained tubercle bacilli.

The path of entrance of the bacilli from the cow into the milk has long been a subject of controversy. That the bacilli may easily enter the milk, when tuberculous disease of the udder is present, stands to reason and is universally conceded. It is now believed also, on the basis of much experimentation, that in systemically infected cows tubercle bacilli may pass through the mammary glands into the milk, without evidence of local disease in the secreting gland. An experiment performed by the Royal British Tuberculosis Commission[6] illustrates this point. A cow, injected subcutaneously with tubercle bacilli behind the shoulder, began to discharge tubercle bacilli in the milk within seven days after inoculation and continued to do so until death from generalized tuberculosis.

Milk may become indirectly contaminated, furthermore, with tubercle bacilli emanating from the feces of cows. Schroeder and Cotton[7] have shown that tubercle bacilli may be present in the feces of cattle at a stage so early in the disease that diagnosis can be made only by a tuberculin test.

Whether or not contaminated milk is common as an etiological factor in human tuberculosis, must be considered at present as an unsettled question. Behring, at the Congress of Veterinary Medicine, at Cassel, in 1903, advanced the view that pulmonary tuberculosis in adults may be a late manifestation of a milk infection contracted during infancy. He stated as his own opinion, moreover, that most cases of tuberculosis in man are traceable to this origin. The problem is as difficult of solution as it is important. In bottle-fed infants, infection by means of milk unquestionably occurs with considerable frequency. Smith,[1] Kossel, Weber, and Huess,[2] and others, have isolated tubercle bacilli of the bovine type from the mesenteric lymph nodes of many infected children. Animal experimentation has, furthermore, revealed that lesions in the mesenteric nodes, as well as later in the bronchial lymph nodes, may occur as a consequence of feeding tubercle bacilli, without any demonstrable lesions in the intestinal mucosa. It is thus certain that infection by the ingestion of tuberculous milk may occur, especially among young children who, as is well-known, are comparatively susceptible to bacilli of the bovine type. Whether or not such infection will account for many cases of tuberculosis in adults is a question which, for final solution, will require much more investigation. The sole reliable method of approaching it lies in determining the type, human or bovine, of the bacilli present in a large number of cases. Experience thus far seems to indicate that the bovine type is comparatively rare in the pulmonary disease of adults.

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[1] *Boschetti*, Giorn. med. vet., 1891.

[2] *Bang*, Deut. Zeit. f. Tierchem., xi, 1884.

[3] *Hirschberger*, Deut. Arch. f. klin. Med., xliv, 1889.

[4] *Ernst, H. C.*, Amer. Jour. Med. Sci., xcviii, 1890.

[5] *Anderson*, Bull. No. 41, U. S. Pub. Health and Mar. Hosp. Serv., Wash., 1908.

[6] Quoted from *Mohler, P. H.*, and Mar. Hosp. Serv. Bull. 41, 1908.

[7] *Schroeder* and *Cotton*, Bull. Bureau Animal Industry, Wash., 1907.

The value of the tuberculin reaction for diagnosis, and the elimination of all cattle showing a positive reaction, for the prevention of tuberculosis, can not be overestimated. The failure of the test in diseased animals is rare, and an accurate diagnosis can be established in over 90 per cent of diseased animals.[3] The assertion that the cattle are permanently injured by tuberculin injections is without scientific basis. If this test were conscientiously carried out, and infected cattle eliminated, the dangers from bovine bacillus infection would be practically eliminated, for there are but few instances in which science has been able to furnish such definite information for absolute protection. It is needless to say, however, that the carrying out of such precautions is subject to great expense and great difficulties of organization.

Dairy inspection is practiced in the vicinity of many of our larger cities, and the movement is daily gaining ground. Until fully established, however, upon a financial basis which brings the best products within the means of the poorer classes, other inexpensive measures to render milk safe must often be resorted to.

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[1] *Smith*, Trans. Assn. Amer. Physic., 18, 1903.

[2] *Kossel*, *Weber*, and *Huess*, Tuberkul. Arb. a. d. kais. Gesundheitsamt. 1904. 1905. Hft. 1 and 3.

[3] *Mohler*, loc. cit.

Sterilization by high temperatures is objected to by pediatricians because of the physical and chemical changes produced in the milk which are said to detract from its nutritive value.

The development of scurvy and rickets in infants has often been attributed to the use of such milk. These objections, however, do not apply to the use of milk which has been subjected to the process of "pasteurization." By this term is meant the heating of any substance to 60° C. for twenty to thirty minutes. The process, first devised by Pasteur for the purpose of destroying germs in wine and beer in which excessive heating was supposed to injure flavor, brings about the death of all microorganisms which do not form spores—in other words, of all the bacteria likely to be found in milk which can give rise to infection per os. At the same time the chemical and physical constitution of the milk is not appreciably changed, at least not to an extent which renders it less valuable as a food. Statistics by Park and Holt[1] have shown strikingly the advantages of pasteurized over raw milk in infant feeding. Of fifty-one children fed with raw milk during the summer months, thirty-three had diarrhea, two died, and only seventeen remained entirely well. Of forty-one receiving pasteurized milk, but ten had diarrhea, one died, and thirty-one remained entirely well throughout the summer. The actual diminution of the living bacterial contents of milk by pasteurization is enormous, the milk so treated often containing not more than one thousand, usually less than fifteen thousand, living bacteria to each cubic centimeter.

Methods of Estimating the Number of Bacteria in Milk.—In estimating the number of bacteria in milk, colony counting in agar or gelatin plates is resorted to. Great care must be exercised in obtaining the specimens. If taken from a can, the contents of the can should be thoroughly mixed, since the cream usually contains many more bacteria than the rest of the milk. The specimen is then taken into a sterile test tube or flask. If the milk is supplied in an ordinary milk bottle, this should be thoroughly shaken before being opened, and the specimen for examination taken out with a sterile pipette. Dilutions of the specimen can then be made in sterile broth or salt solution. If an initial dilution of 1 : 100 is made, quantities ranging from 1 c.c. to 0.1 c.c. of this will furnish 0.01 c.c. to 0.001 c.c. of the milk, respectively. Inoculation of properly cooled tubes of melted neutral agar and gelatin, with varying quantities of these dilutions, are then made and plates poured. After twenty-four to forty-eight hours at room temperature or in the incubator, colony counting is done as described upon page 161, and the proper calculation is made. In samples in which few bacteria are expected, direct transference of 1/20 or 1/40 of a c.c. of the whole milk into the agar may be made. This saves time but is less accurate than the method given above.

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[1] *Park* and *Holt*, loc. cit.

Bacteria and Butter.—Butter is made from cream separated from milk either by standing or by centrifugalization. After this, the cream is agitated by churning, which brings the small fat-globules into mutual contact, allows them to adhere to each other and form clumps of butter. It has been a matter of common experience, however, that unless the cream is allowed to "ripen" for a considerable period before churning, the resulting butter lacks the particular quality of flavor which gives it its market value. The interval of ripening, at first a necessity upon small farms where cream must be collected and allowed to accumulate, has now been recognized as an essential for the production of the best grades of butter, and it has been shown that the changes taking place in the cream during this period are referable to the action of bacteria. Cream, which before the ripening process contains but 50,000 bacteria to each cubic centimeter, at the end of a period of "ripening" will often contain many millions of microorganisms. At the same time, the cream becomes thick and often sour.

The species of bacteria which take part in this process and which, therefore, must determine to a large extent the quality of the end product, are various and, as yet, incompletely known. Usually some variety of lactic-acid bacilli is present and these, as in milk, outgrow other species and, according to Conn,[1] are probably essential for "ripening."

It would be of great practical value, therefore, if definite pure cultures of the bacteria which favor the production of agreeable flavors could be distributed among dairies. In Denmark this has been attempted by first pasteurizing the cream and then adding a culture of bacteria isolated from "favorable" cream. These cultures, delivered to the dairyman, are planted in sterilized milk, in order to increase their quantity, and this culture is then poured into the pasteurized cream. In most cases, these so-called "starters" are not pure cultures, but mixtures of three or more species derived from the original cream.

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[1] *Conn*, "Agricultural Bacteriology," Phila., 1901.

Adverse accidents in the course of butter-making, such as "souring" or "bittering" of butter, are due to the presence of contaminating, probably proteolytic, microorganisms in the cream during the process of "ripening."

As a means of transmitting infectious disease, butter is of importance only in relation to tuberculosis. Obermüller,[1] Rabinowitch,[2] Boyce,[3] and others, have repeatedly found tubercle bacilli in market butter, and Mohler,[4] Washburn, and Rogers have recently shown that these bacilli could remain alive and virulent for as long as five months in butter kept at refrigerator temperature. The acid-fast butter bacillus, described by Rabinowitch as similar to the true Bacillus tuberculosis, shows decided cultural and morphological differences from the latter.

Bacteria and Cheese.—The conversion of milk products into cheese consists in a process of proteid decomposition which, by its end products, leucin, tyrosin, and ammonia compounds, largely determines the cheese-flavors. The production of cheese, therefore, is due to the action of proteolytic bacterial enzymes[5] and the variety of a cheese is largely determined by the microorganisms which are present and by the cultural conditions prevailing. The sterilization of cream, or the addition of antiseptics, absolutely prevents cheese production.

The organisms which are concerned in such processes have been extensively studied and attempts have been made, with moderate success, to produce a definite flavor with pure cultures.

In the production of cheese the two varieties, hard and soft cheeses, depend not so much upon the bacterial varieties as upon the differences in the treatment of the curds before bacterial action has begun. In the former case, a complete freeing of the curds from the whey furnishes a culture medium which is comparatively dry and of almost exclusively proteid composition; in the latter, retention of whey gives rise to cultural conditions in which more rapid and complete bacterial action may take place. The holes, which are so often observed in some of the hard cheeses, are due to gas production during the process of "ripening."

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[1] *Obermüller*, Hyg. Rundschau, 14, 1897.

[2] *Rabinowitch*, Zeit. f. Hyg., xxvi, 1897.

[3] *Boyce* and *Woodhead*, Brit. Med. Jour., 2, 1897.

[4] *Mohler*, U. S. P. H. and Mar. Hosp. Serv. Bull. 41, 1908.

[5] *Freudenreich*, Koch's Jahresbericht, etc., 135, 1891.

As to the varieties of microorganisms present in various cheeses, much careful work has been done. Duclaux[1] attributed the "ripening" of some of the soft cheeses to a microorganism closely related to Bacillus subtilis. V. Freudenreich[2] in part substantiated this, but laid particular stress upon the action of Oïdium lactis, a mold, and upon several varieties of yeast. Conn,[3] more recently, in a bacteriological study of Camembert cheese, has demonstrated that the production of this cheese depends upon the united action of two microorganisms, one an oïdium, like the Oïdium lactis of Freudenreich, which is found chiefly in the interior softened areas, the other a mold belonging to the penicillium variety, found in a matted felt-work over the surface and penetrating but a short distance. In spite of the scientific basis upon which the work of these men and of others has seemed to place cheese production, attempts at uniformity in cheese production have met with almost insuperable obstacles because of the presence of a variety of adventitious microorganisms which, depending in species and proportion upon the local conditions under which the various cheeses have been produced, have added minor characteristics of flavor which have determined market value. Occasional failure of good results in cheese production[4] is due to contamination with other chromogenic or putrefactive bacteria.

In its relationship to the spread of infectious disease, cheese is relatively unimportant except in regard to tuberculosis. Typhoid and other non-spore forming pathogenic germs can not survive the conditions existing during cheese-ripening for any length of time. Tubercle bacilli, both of the human and bovine types, have been found in cheese by Harrison[5] and others, and Galtier has shown experimentally that tubercle bacilli may remain alive and virulent in both salted and unsalted cheese for as long as ten days.

THE LACTIC-ACID BACILLI AND METCHNIKOFF'S BACTERIOTHERAPY

A problem which has occupied clinical investigation for many years is that of gastrointestinal autointoxication. There are a number of conditions occurring in man, in which symptoms profoundly affecting the nervous system, the circulation, and, in a variety of ways, the entire body, can be clinically traced to the intestines, and can, in many cases, be relieved by thorough purgation and careful diet. In some of these conditions, specific microorganisms can be held accountable for the diseases (B. enteritidis, B. botulinus, etc.). In other cases, however, etiological investigations have met with but partial success because of the large variety of microorganisms present in the intestinal tract and because of the complicated symbiotic conditions thereby produced. Intestinal putrefaction, recognized as the cardinal feature of such maladies, has been attributed to Bacillus proteus vulgaris,[1] to Bacillus aërogenes capsulatus, to Bacillus putrificus,[2] and to a number of other bacteria, but definite and satisfactory proof as to the etiological importance of any of these germs has not yet been advanced. The fact remains, however, that, whatever may be the specific cause, the disease itself, a grave and often fatal affliction, may be clinically traced, in a number of cases, to the absorption of poisons from the intestinal canal, and it is more than likely that these poisons are the products of bacterial activity. Reason dictates, furthermore, that the bacteria primarily responsible for the production of these toxic substances do not belong to the varieties which attack carbohydrates only, but must belong to that class of aërobic and anaërobic germs which possess the power of breaking up proteids—in other words, the bacteria of putrefaction.

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[1] *Duclaux,* "Le Lait," Paris. 1887.

[2] *V. Freudenreich,* Cent. f. Bakt., II, i, 1895.

[3] *Conn,* Bull. Statis. Agri. Exp. Stat. 35, 1905.

[4] *Beijerinck,* Koch's Jahresber, etc., 82, 189.

[5] *Harrison* and *Galtier,* quoted from *Mohler,* U. S. Pub. H. and Mar. Hosp. Serv., Hygiene Lab. Bull. 41, 1908.

On the basis of the mutual antagonism existing in culture between many acid-producing bacteria and those of putrefaction—a phenomenon recognized by some of the earliest workers in this field, many investigators have suggested the possibility of combating intestinal putrefaction by adding acid-forming bacteria together with carbohydrates to the diet of patients suffering from this condition. The first to suggest this therapy was Escherich [3] who proposed the use, in this way, of Bacillus lactis aërogenes; with the same end in view, Quincke,[4] a little later, suggested the use of yeasts—Oïdium lactis. The reasoning underlying these attempts was meanwhile upheld by experiments carried out both *in vitro* and upon the living patient. Thus Brudzinski [5] was able to demonstrate that Bacillus lactis aërogenes, in culture, inhibited the development of certain races of the proteus species and succeeded in obtaining markedly favorable results by feeding pure cultures of Bacil lactis aërogenes to infants suffering from fetid diarrhea. Similar periments[1] carried out with the Welch bacillus (aërogenes capsulat and Bacillus coli, however, had no such corroboratory results, since t anaërobe possesses a considerable resistance against an acid reacti In considering the difficulties of the problems involved in this questi

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[1] *Lesage*, Rev. de méd., 1887.

[2] *Tissier*, Ann. de l'inst. Pasteur, 1905.

[3] *Escherich*, Therapeut. Monatshefte., Oct., 1887.

[4] *Quincke*, Verhandl. des Congress f. Inn. Med., Wiesbaden, 1898.

[5] *Brudzinski*, Jahrbuch f. Kinderheilkunde, 52, 1900 (Ergänzungsheft).

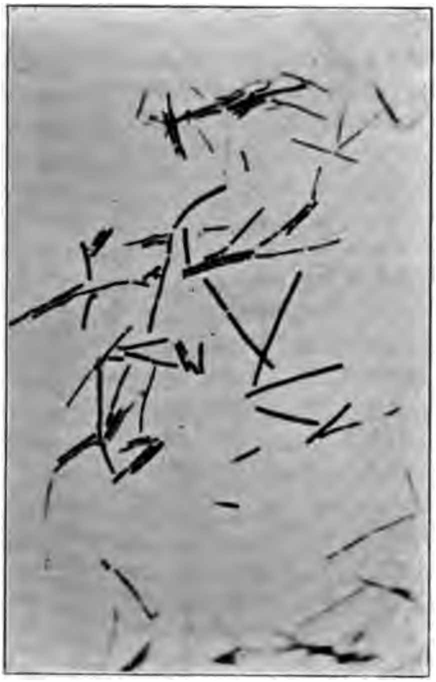

FIG. 156.—BACILLUS BULGARICUS.

it occurred to Metchnikoff[2] that much of the practical failure of thera based upon the principles stated above, might be referred to insuffici powers of acid production on the part of Bacillus coli, Bacillus la aërogenes, and other germs previously used. In searching for more p erful acid producers, his attention was attracted to Bacillus bulg cus, isolated from milk by Massol [1] and Cohendy [2] in 1905. This bacillus, according to the researches of Bertrand and Weisweiller,[3] produces as much as 25 grams of lactic acid per liter of milk. In addition to this, it manufactures, from the same quantity of milk, about 50 centigrams of acetic and succinic acids and exerts no putrefactive action upon proteids. Added to these characters, it is especially adapted to therapeutic application by its complete lack of pathogenicity.

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[1] *Tissier* and *Martelly*, Ann. de l'inst. Pasteur, 1906.

[2] *Metchnikoff*, "Prolongation of Life," G. P. Putnam's Sons, N. Y.; also in "B tériothérapie," etc. "Bibliothèque de thérapeutique," Gilbert and Carnot, Pa 1909.

The administration of the bacillus to patients suffering from intestinal putrefaction, first suggested by Metchnikoff in 1906, has, since that time, been extensively practiced and often with remarkable success. In spite of sharp criticism, especially by Luersen and Kühn,[4] who deny much of the antiputrefactive activity of the bacillus, the treatment of Metchnikoff has found many adherents, upon the basis of purely clinical experiment. It is not possible to review completely the already extensive literature. Among the more valuable contributions may be mentioned the articles by Grekoff,[5] by Wegele,[6] and by Klotz.[7] In Metchnikoff's experiments and in the work of his immediate successors, the bacillus was used either in milk culture or in broth in which it was induced to grow in symbiosis with other microorganisms.

Recently, North [8] has suggested the use of Bacillus bulgaricus in parts of the body other than the digestive tract. His work was made feasible by the discovery that the bacillus could be cultivated in dextrose-pepton broth to which calcium carbonate has been added, after the manner recommended by Hiss. With such cultures, applied in the form of a spray, inflammations of the ear, nose, throat, genitourinary tract, etc., have been treated, many of them with success.

BACTERIA IN THE INDUSTRIES

Bacteria and Tobacco.—In the manufacture of tobacco, the harvested leaves are first dried and then heaped up in large masses in which the tobacco undergoes fermentation. During this fermentation, which goes on at temperatures varying from 50° C. to 60° C., carbohydrates are split up and much nicotin is destroyed.[1] The end products consist largely of CO_2 and various organic acids, butyric, formic, succinic, etc. During the fermentation, bacteria of many varieties are found in the heaps of tobacco leaves and many attempts have been made to determine flavors artificially by inoculating tobacco leaves of a poorer quality with cultures obtained from the finer Havana grades. Suchsland[2] and others, who have attempted this, claim to have obtained marked improvements in domestic products by this method. The bacteria found in tobacco fermentation belong to many varieties. Some of these are closely related to the proteus and subtilis groups. Others are distinctly thermophilic, an attribute required by the high temperatures attained in the fermenting tobacco leaves. It is probable that the tobacco flavors can not be regulated by bacteriological methods alone, since it has been shown by Loew[3] that an important factor in the tobacco fermentation is contributed by the leaf-enzymes, which, of course, depend intimately upon soil and climatic conditions.

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[1] *Massol*, Revue médicale de la Suisse romande, 1905.

[2] *Cohendy*, Comptes rend. de la soc. de biol., 60, 1906.

[3] *Bertrand* and *Weisweiller*, Ann. de l'inst. Pasteur, 1906.

[4] *Luersen* and *Kühn*, Cent. f. Bakt., II, xx, 1908.

[5] *Grekoff*, "Observations cliniques sur l'effet du lact. agri.," etc., St. Petersburg, 1907.

[6] *Wegele*, Deut. med. Woch., xxxiv, 1908.

[7] *Klotz*, Zentralbl. f. innere Med., 1908.

[8] *North*, Med. Record, March, 1909.

Opium Productions.—In the preparation of opium for smoking purposes, the raw product is subjected to a prolonged period of fermentation by which the carbohydrates in the material are destroyed. According to various observers, the process is carried out in most cases by a species of aspergillus.

Indigo Production.—Indigo, which is obtained from the plants "Isatis tinctoria" and "Indigofer tinctoria," is not present, as such, in the plants. In some of these it is found in the form of indican, in others, as indoxyl. It has been shown by Alvarez and others that the oxidation of indican and indoxyl into indigo-blue is carried out largely by bacterial oxydases. Sterilized indigo plants do not produce the blue color. Alvarez[4] has isolated a bacillus closely related to the Bacillus mucosus capsulatus group, to the action of which he attributes this oxidation.

Bacteria in the Tanning of Hides.—Raw animal hides are subject to decomposition until treated by a process known as tanning. This consists first in the depilation of the dried and salted skins, either by partial putrefaction in an atmosphere saturated with water vapor or by chemical treatment with solutions of milk of lime. After this, the tanning proper consists in subjecting the skins to prolonged immersion in solutions made up according to a large variety of formulæ—the principle of all of which, however, seems to be found in the mixing of various organic ingredients, such as bran-mash, oak-bark, and often dried animal excreta, in which fermentation and acid production occurs. According to Haenlein [1] this acidification is the essential process by which the leather is sterilized and rendered soft and pliable. This author has described a microorganism, Bacillus corticalis, which he found regularly present in fir-tree bark and to which he ascribes the acid fermentation occurring in tanning liquors in which this ingredient is employed. Wood,[2] who has worked extensively upon the subject, has attempted with some success to substitute pure cultures for the old uncertain chance mixtures employed. In spite of these investigations, however, while we must acknowledge the probable importance of bacteria in the tanning process, the subject is by no means upon a scientific or exact basis.

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[1] *Behrens*, quoted from Flügge, "Die Mikroorganismen," Bd. 1, Leipzig, 1896.

[2] *Suchsland*, Ber. der Deut. botan. Ges., ix.

[3] *Loew*, Rep. U. S. Dep. Agriculture, 59, 1899.

[4] *Alvarez*, Comptes rend. de l'acad. des sci. vol. 105.

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[1] *Haenlein*, Cent. f. Bakt. II, i, 1895.

[2] *Wood*, Jour. Soc. Chem. Industry, 1895, 1899.

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